BEST FOR SPORT, SKY & STREAMING

MORE CHANNELS THAN ANY OTHER TV MAG!

22-28 FEBRUARY 2025

TV & Satellite Week

NEW

Toxic Town

Shocking real-life scandal starring **Rory Kinnear, Jodie Whittaker** and **Robert Carlyle**

NEW

BERGERAC

The Jersey detective gets a reboot

NEW

SMALL TOWN, BIG STORY

Mad Men's **Christina Hendricks** in an Irish mystery

HotList This week's 28

Saturday 22

Champions Trophy

***CRICKET** Sky Sports Cricket & Sky Sports Main Event, play starts 9am*

Jos Buttler (above) and England come up against old foes Australia in their opening game of the white-ball tournament, which takes place at Lahore's Gaddafi Stadium.

Six Nations

***RUGBY UNION** BBC1 & ITV1*

It will be a tough test for Wales as they face Ireland today (k-o 2.15pm, BBC1) without Warren Gatland, who has left his role as Welsh coach. Later, England play Scotland (k-o 4.45pm, ITV1). *See Sport Week, p28*

Britain's Got Talent

***ENTERTAINMENT** ITV1, 7pm*

Ant and Dec (both pictured) return with the nationwide talent search, meeting acts auditioning with dreams of taking to the stage at the Royal Variety Performance. *See feature, page 12*

Dope Girls

***DRAMA** BBC1, 9.15pm (box set, iPlayer)*

No-holds-barred drama set in the post-World War One period, following widowed mother Kate (*Paradise*'s Julianne Nicholson), who opens a nightclub in Soho. *See feature, page 6*

Full listings start on **p35**

Sunday 23

1923

***WESTERN** Paramount+*

The *Yellowstone* prequel with Harrison Ford and Dame Helen Mirren (both pictured) as Jacob and Cara Dutton returns for a second run. A brutal winter brings new challenges. *See Your Watchlist, page 16*

Snowpiercer

***SCI-FI** ITVX*

The first three series originally aired on Netflix in the UK, but now viewers will finally get the chance to catch up, with Season 4 of the dystopian thriller now available on ITVX, along with Series 1-3.

Premier League

***FOOTBALL** Sky Sports Main Event & Sky Sports Premier League*

Two big clashes in the top flight today: first, it's Newcastle v Nottingham Forest (kick-off 2pm), then it's Manchester City v Liverpool (kick-off 4.30pm).

David Frost Vs

***DOCUMENTARY** Sky Documentaries & Sky Showcase, 9pm (box set, Sky Box Sets/NOW)*

Looking back at some of the historic interviews conducted by David Frost, starting with his meetings with members of The Beatles. *See Documentaries, p20*

Full listings start on **p45**

Monday 24

No Taste Like Home

***COOKERY** Disney+*

Take *Who Do You Think You Are?*, add some tasty food, and you get this show in which *Queer Eye* culinary expert Antoni Porowski takes guests through their family histories. *See Your Watchlist, page 16*

The Baldwins

***REALITY** Discovery+*

Hollywood star Alec Baldwin, his wife Hilaria and their seven children allow cameras into their home to highlight the ups and downs of life in the spotlight. The opener also includes a birthday celebration.

The White Lotus

***COMEDY DRAMA** Sky Atlantic, 9pm*

As the guests in the Thai resort attempt to relax, cracks are starting to show in some relationships, including that of Chelsea (Aimee Lou Wood, above) and her irascible older man Rick. *See feature, page 7*

Dave Gorman: Modern Life Is Goodish

***COMEDY** U&Dave, 9pm (box set, U)*

The quick-witted comic (above) returns with his series after a seven-year hiatus, casting his unique eye over modern life. *See feature, page 12*

Full listings start on **p55**

Tuesday 25

Full Swing

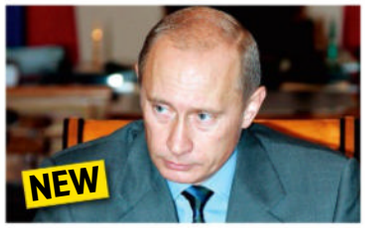
***DOCUMENTARY** Netflix*

The fly-on-the-wall (or should that be 'fly-on-the-green'?) documentary returns, following the ups and downs of the PGA Tour, including Rory McIlroy's emotional rollercoaster of a season.

Premier League

***FOOTBALL** TNT Sports*

All of this week's midweek games are available on TNT Sports, so you are spoilt for choice. Tonight's coverage includes Crystal Palace v Aston Villa (k-o 7.30pm) and Chelsea v Southampton (k-o 8.15pm).



Kursk: 10 Days That Shaped Putin

***DOCUMENTARY** Sky History & Sky Showcase, 9pm (box set, Sky Box Sets/NOW)*

Looking at the events that took place following an explosion on a Russian submarine. *See Documentaries, page 21*

The Battle for Laikipia

***DOCUMENTARY** BBC4, 10pm*

Storyville special looking at how historical injustices and climate change have raised the stakes in the conflict between indigenous pastoralists and white landowners in Laikipia, Kenya.

Full listings start on **p65**

HOW TO ORDER AND ACCESS BACK ISSUES: IF YOU ARE AN ACTIVE SUBSCRIBER, YOU HAVE INSTANT ACCESS TO BACK ISSUES THROUGH YOUR iOS OR ANDROID DEVICES. YOU WILL ONLY BE ABLE TO ACCESS THE DIGITAL BACK ISSUES AS LONG AS YOU ARE AN ACTIVE SUBSCRIBER. TO PURCHASE SINGLE BACK ISSUES (PRINT FORMAT ONLY), VISIT: MAGAZINESDIRECT.COM (CLICK ON 'SINGLE ISSUES' TAB), OR EMAIL: HELP@MAGAZINESDIRECT.COM. MAGAZINESDIRECT.COM IS OWNED AND OPERATED BY FUTURE PUBLISHING LIMITED

Facebook.com/TVSatelliteWeekMagazine

best shows

NEW SUBSCRIPTION OFFER
GET SIX ISSUES FOR £1!
Visit tvsatsubs.co.uk/D67K

Wednesday 26

Berlin ER

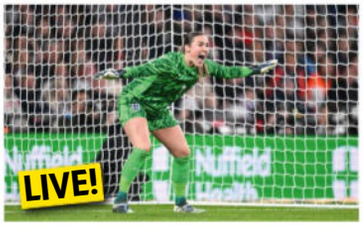
DRAMA Apple TV+

This medical drama is written by a former doctor, so we're expecting less soap (à la *Grey's Anatomy*) and more grit. Haley Louise Jones (above) plays a doctor taking charge of a chaotic ER. *See Your Watchlist, p14*

Premier League

FOOTBALL TNT Sports

Tonight's top-flight games are Brentford v Everton, Nottingham Forest v Arsenal, Spurs v Man City and Man Utd v Ipswich (all k-os 7.30pm), plus Liverpool v Newcastle (k-o 8.15pm).



Women's Nations League

FOOTBALL ITV4, kick-off 8pm

England face Spain at Wembley, the first time the sides have come up against each other since the World Cup final in 2023, when Spain won 1-0. Can the Lionesses make up for that heartbreak tonight?

Surgeons: At the Edge of Life

DOCUMENTARY BBC2, 9pm

The medical documentary returns, this time following the work of surgeons in Edinburgh. A 21-year-old woman has a life-saving operation to remove her pancreas.

■ Full listings start on **p75**

Thursday 27

Toxic Town

DRAMA Netflix

Inspired by true events, this drama tells the story of a group of mothers fighting for justice in the wake of an environmental scandal in the town of Corby in the 1990s. *See feature, page 4*

Running Point

COMEDY Netflix

Sports comedy, co-written by Mindy Kaling, starring Kate Hudson as a woman who is appointed the president of her family's pro-basketball team when her brother steps down. *See Your Watchlist, page 17*

Small Town, Big Story

COMEDY DRAMA Sky Atlantic & Sky Max, 9pm (box set, Sky Box Sets/NOW)

Paddy Considine and Christina Hendricks (both pictured) star as old flames whose secrets are unearthed when a film crew arrives in a rural Irish town. *See feature, p8*

Bergerac

CRIME DRAMA U&Drama, 9pm (box set, U)

Jersey detective Jim Bergerac has a new lease of life with Damien Molony (above) stepping into John Nettles' shoes, as the iconic series is reimagined for a new era. *See feature, page 11*

■ Full listings start on **p85**

Friday 28

Doubters to Believers Liverpool FC: Klopp's Era

DOCUMENTARY Prime Video

Looking at the impact manager Jürgen Klopp (above) had on Premier League club Liverpool, from taking charge in 2015 to his shock resignation in 2024.

Fight or Flight

ACTION Sky Premiere, 10.15am & 8pm

Josh Hartnett (above) stars in this action film as a mercenary tasked with tracking a high-value target on a flight, but he soon realises there are assassins onboard who want to kill them both. *See review, p27*

Around the World in First Class

TRAVELOGUE Channel 5, 8pm

Josie Gibson (above) lives it up in this new series that sees her jet around the world in the lap of luxury. First up is Dubai, where treats include a seafood feast.

The Graham Norton Show

CHAT SHOW BBC1, 10.40pm

While Graham Norton takes time out to go on tour in Australia, Claudia Winkleman (above), host of *The Traitors*, will be stepping in to fill his shoes and chat to celebrity guests.

■ Full listings start on **p95**

22-28 FEBRUARY 2025

4 Cover story
Jodie Whittaker heads the cast in Netflix factual drama *Toxic Town*

6 TV Week
Julianne Nicholson in BBC1 drama *Dope Girls*, Sky's new comedy drama *Small Town, Big Story* stars Christina Hendricks, plus Damien Molony in a reboot of Jersey-based detective drama *Bergerac* on U&Drama

9 Soap Diary
This week's top stories

14 Your Watchlist
Including Apple TV+'s medical drama *Berlin ER*

20 Documentaries
Including *David Frost Vs* and *Kursk: 10 Days That Shaped Putin*

22 Films
Action comedy *Thelma*

28 Sport
Six Nations rugby

35 TV guide
Day-by-day TV listings

105 Kids' TV, Puzzle

106 Coming Soon

ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: COURTESY OF NETFLIX, UKTV, SKY. HOTLIST WORDS: LYNETTE BRIGHTON, RACHEL PRICE. HOTLIST PHOTOS: ALAMY, GETTY, SHUTTERSTOCK, DISNEY+, TLC

DON'T MISS AN ISSUE!
Download a digital issue to your tablet or phone
Available on iPad, iPhone and Android devices
You can also subscribe to the magazine at magazinesdirect.com

Women of STEEL

Jodie Whittaker plays an ordinary mum fighting for justice in a powerful true story

NEW FROM NETFLIX

NEW DRAMA

Toxic Town

From Thursday 27 February, Netflix

Susan talks to a journalist

Reminiscent of award-winning ITV drama *Mr Bates Vs the Post Office*, new Netflix series *Toxic Town* dramatises one of the UK's biggest environmental scandals, which saw devastating limb defects in babies born in the Northamptonshire steel town of Corby during the 1990s.

Written and created by *This Is England* and *His Dark Materials* writer Jack Thorne, the compelling four-part series stars *Doctor Who*'s Jodie Whittaker as tough yet fragile Susan McIntyre, who's left blaming herself when her son, Connor, is born with no fingers on his left hand. But as Connor suffers a series of painful operations, Susan begins to twig that his condition isn't an isolated case, and she is eventually compelled to take on what becomes a fight for justice over several years.

JOINING THE DOTS

'Susan meets several mothers whose kids have been born with limb differences like Connor, and it just doesn't seem right,' explains Whittaker. 'Then she's contacted by a journalist who has started to see similarities, too. It's pre-internet, pre-Facebook, so it happens slowly by word of mouth, but she starts to connect the dots.'

Banding together with fellow Corby mums Tracey (Aimee Lou Wood), Pattie (Karla Crome) and Maggie (Claudia Jessie), Susan hires lawyer Des Collins (Rory Kinnear), who believes that Corby Borough Council mishandled toxic waste while cleaning up the town's former steelworks, affecting the unborn children of some mothers.

LEGAL BATTLE

As the story unfolds, the council, led by Roy Thomas (Brendan Coyle), fights back, making for a long, hard legal battle.

'Des is originally from Corby and he understands what coming from that area does to you in terms of your psyche,' says *The Diplomat* star Kinnear. 'Also, his background as a lawyer comes from holding powerful companies to account for the things they've done wrong.

'The energy, the fire and the passion comes from Susan and the other mothers, but Des is there to unpick a particularly difficult lock.'

Maggie Mahon
Claudia Jessie
Maggie's son Sam is born with a foot defect. But her husband works as a driver for the council contractor and fears for his job if Maggie joins the women's fight for the truth.

WORDS: HANNAH DAVIES. PHOTOS: NETFLIX, SHUTTERSTOCK

As well as a cracking 1990s soundtrack, the dream cast also includes Ben Batt (*Domina*), Joe Dempsie (*Game of Thrones*), Michael Socha (*This Is England*) and *Trainspotting* and *The Full Monty* favourite Robert Carlyle as councillor turned whistle-blower Sam Hagen.

FIGHTING SPIRIT

Yet Whittaker says that, at its heart, the drama is an inspirational story about young mothers fighting tirelessly for their children.

'You see their emotional journey and the toll the pursuit of the truth takes on them,' she explains. 'What struck me most is that I'd never heard of this story before. But I wanted to pay tribute to this group of women who had to fight so hard for justice. They didn't give up despite how long it took and how heartbreaking the fight was.'

WHO'S WHO

Des Collins
Rory Kinnear

The dogged lawyer refuses to give up on the case, despite countless setbacks, including essential evidence being burnt in a fire.

Roy Thomas
Brendan Coyle

Panicked by unemployment rates, the council leader is determined to regenerate the town of Corby.

Sam Hagen
Robert Carlyle

The local councillor's drive for the truth becomes essential to the mothers as the Corby case reaches court.

Pattie Walker
Karla Crome

Barmaid Pattie's baby is also born with limb differences, and her testimony becomes instrumental in the case against the council.

Tracey Taylor
Aimee Lou Wood

Tracey and her husband are left reeling when their newborn daughter Shelby dies following a number of developmental defects. After bumping into Susan, the two team up to take on the council.

Susan McIntyre
Jodie Whittaker

Susan blames herself when her second child, Connor, is born with missing fingers. But after learning of similar cases, she becomes a ringleader in the battle for justice.

The real Susan McIntyre with her son Connor in 2009

Billie Cassidy
Umi Myers
The racy dancer has a tricky relationship with estranged mother Kate but helps set up her nightclub.

Violet Davies
Eliza Scanlen
Headstrong and haunted by the past, the pioneering female cop goes undercover in Soho.

Kate Galloway
Julianne Nicholson
The determined widow joins the Soho underworld to provide for daughter Evie, but trouble brews.

Dancing in the dark

A widowed mother opens a nightclub in London's **shadowy criminal underworld**

NEW DRAMA
Dope Girls
Saturday, 9.15pm, BBC1 (box set, BBC iPlayer)

An industrial estate in Bridgend, South Wales, has been transformed into the vibrant world of London's Soho in 1918, with cobbled streets, market stalls and busy nightclubs, as *TV&Satellite Week* visits the set of BBC1's uncompromising period drama *Dope Girls*.

Inspired by Marek Kohn's non-fiction book of the same name, the *Peaky Blinders*-style six-parter begins just as World War One is ending, and details the era's London nightlife, criminal underworld and burgeoning drugs trade.

At the heart of the drama is spirited Kate Galloway, played by Julianne Nicholson, who is evicted from her countryside home following her husband's death. With nowhere else to go, cash-strapped Kate and her unsettled teenage daughter Evie (Eilidh Fisher), who has been at boarding school, head to London to stay with Kate's estranged eldest child, flamboyant Billie Cassidy (Umi Myers), a dancer at an underground Soho nightclub.

Billie and Kate

NEW START

'I've never been given the opportunity to play a role like Kate with all that she gets to do,' teases *Paradise* and *Mare of Easttown* star Nicholson, 53, as she joins us during a break in filming.

'When she comes to London, it's about survival and keeping Evie safe, and Billie's the one person she can reach out to. They have a complicated relationship, but they need each other. And then things happen that require her to stay…'

As Kate is drawn further into the Soho underworld and its heady melting pot of class, race, sexuality and illicit after-hours drinking, she sets up her own nightclub, The 33, catering for those who are eager to party and forget the harrowing days of war. But crime family the Saluccis, led by ruthless matriarch Isabella (Geraldine James), spell danger.

'The presence of the Saluccis is scary, but Soho's also exciting for Kate. Being in a place with colour, life and creativity stirs something in her that's not been there for decades. This is a path to a different life – one she could thrive in,' shares Nicholson.

'At her club, everyone's welcome.

WORDS: CAREN CLARK, STEVEN PERKINS. PHOTOS: BBC, SKY, HBO

Evie Galloway
Eilidh Fisher
As she struggles after the death of her father, the teenager's new London life brings risks.

WHO'S WHO

Isabella Salucci
Geraldine James
The terrifying matriarch of a Soho crime family will do anything to protect her empire.

Eddie Cobb
Michael Duke
Billie's friend, an unconventional fellow performer, joins her at Kate's new club.

Damaso Salucci
Dustin Demri-Burns
Isabella's eldest son and heir is rocked by a family crisis, but he is intrigued by Kate.

Frederick Asquith-Gore
Will Keen
The father of one of Evie's pals, the Minister for Policing wants to tackle vice.

Frank Turner
Ian Bonar
Brutal and heartless, the cop is training the first women officers and oversees Violet's work.

Silas Huxley
Nabhaan Rizwan
The charming medium and occultist catches Evie's eye as she tries to process her loss.

It's a business venture but also an artistic, creative place. A lot comes her way that she has to deal with and there are questions as to whether the club will work. But I love the idea of her eventually gaining success and dominating the city.'

SUCKED IN

As Kate battles to establish her club, she also needs to evade the police, who are determined to stop drugs and vice spreading through Soho, and, in a radical experiment, the first female officers are recruited. Troubled Violet Davies (Eliza Scanlen), one of the initial intake, is sent undercover as part of an investigation, but when she, too, gets sucked into this hedonistic world, she faces difficult choices.

'The first female police officers are the gentle arm of the law – they weaponise their femininity as part of the war on drugs,' explains *Little Women*'s Scanlen, 26. 'After World War One, everyone's high on elation and liberation – but London's unravelling.

'Violet lost her sister to drugs and wants to do good. But when she's undercover, she finds herself identifying with this motley crew of women more than she anticipated, and a conflict develops within her.'

With the drama taking an imaginative and heightened look at life in Soho at the time, the cast enjoyed shining a spotlight on the often forgotten role of women of that era.

'To see women take over the nightlife back then has been fascinating,' reflects Nicholson. 'It's turning this period upside down.'

Aimee Lou Wood as Chelsea

Walton Goggins as Rick

Spa wars

Aimee Lou Wood on the growing tensions in Thailand

COMEDY DRAMA
The White Lotus
Monday, 9pm, Sky Atlantic

Most actors would give their back teeth to land a role in hit comedy-drama anthology *The White Lotus* – and *Sex Education* star Aimee Lou Wood was no exception.

Winning the part of hotel guest Chelsea was a dream come true for Wood, who was a huge fan of the show. But she admits that when the opportunity to audition came along, her nerves almost got the better of her.

'I'd never experienced auditioning for something that I was already a fan of before, and I was overwhelmed,' she recalls. 'I was really scared, but then I went for it – and luckily it all happened quite quickly. I think if it had stretched out over a long time, I would have gone mad!'

Charlotte Le Bon as Chloe

UNCONVENTIONAL

In this week's episode, cracks are already starting to form in some relationships as the guests attempt to relax into holiday mode. After befriending cool model Chloe (Charlotte Le Bon), eternal optimist Chelsea is looking at her relationship with irascible older boyfriend Rick (Walton Goggins) in a slightly different light.

'Chelsea truly believes that fate has brought them together,' says Wood, 30. 'As an actor, I had to just be completely from her point of view and not judge her relationship at all. But they do go on a real journey together, which I think will be surprising. I'm excited to see what people think of their relationship.'

The experience of filming on location in Thailand more than lived up to Wood's expectations, and there was one particular element of the show that she was excited to get stuck into.

'My favourite scenes were the breakfasts and dinners, because they are so iconic,' she says. 'I used to love watching those scenes with all the subtext and passive aggression and simmering tension.

'So sitting opposite Walton and doing those scenes was the most "pinch me" moment. It was so exciting to be one of those actors getting to do Mike White's incredible dialogue.'

Séamus and Wendy confront their past

Close encounters

Paddy Considine and Christina Hendricks are old flames who were once abducted by aliens

NEW COMEDY DRAMA

Small Town, Big Story

Thu, 9pm, Sky Atlantic & Sky Max (box set, Sky Box Sets & NOW)

***Mad Men* star** Christina Hendricks plays a woman who returns to her Irish home town to face an astonishing secret that's haunted her for decades in Sky's warm-hearted comedy drama *Small Town, Big Story*.

Created by *The IT Crowd* and *Moone Boy* star Chris O'Dowd, the six-part series begins when hotshot LA-based producer Wendy Patterson (Hendricks) heads back to the small town of Drumbán to film a *Game of Thrones*-style fantasy TV series. However, the arrival of the big-budget production also throws a spotlight on the town and a mysterious extraterrestrial event that has been kept secret for 25 years.

Soon after returning home, Wendy bumps into an old flame, local doctor Séamus Proctor (Paddy Considine), who was with her on the night of the millennium when they were both abducted by aliens – an event that changed Wendy's life for ever.

Chris O'Dowd as author Jack

LAUGHING STOCK

'Séamus completely denied that this alien abduction ever happened,' says Hendricks, 49. 'He betrayed Wendy in front of her family and the whole town and made her a laughing stock.

'Now that she's back, she says to him, "I feel like I've been going crazy for years. Everyone thinks I'm nuts. You're the only one who can help me out of this crisis."'

Disturbingly, other-worldly things are occurring in Drumbán once again. However, the locals are far more interested in the glitz and glamour of the Hollywood production than the birds that are mysteriously falling from the sky…

PRODUCTION PRESSURE

'I've seen the impact that these big productions can have on small towns first-hand. Initially, everything is fantastic for the residents. It's exciting and a buzz. Then, eventually, it's, "Argh, they're blocking my driveway again,"'

There are strange events in the town

WORDS: SEAN MARLAND, ALISON SLADE PHOTOS: BBC, ITV, SKY

'I was trapped in this little room during lockdown and I wanted something cosmic'
CHRIS O'DOWD

smiles O'Dowd, 45, who filmed the series in his home town of Boyle – which was also used as a location for three seasons of his sitcom *Moone Boy*.

'The thing I found funny during filming was that people from the town would walk around in their best clothes with more make-up on than usual – just in case they got caught by the camera.'

The starry cast also includes Eileen Walsh as Séamus' wife, Catherine, who is having an affair with fellow teacher Matt (Peter McGann). Meanwhile, *The Wire*'s Clarke Peters plays Hollywood boss Chet, who has entrusted Wendy with one of the studio's biggest projects, and Tim Heidecker is Wendy's producer colleague Brad, who wonders if Wendy has allowed her heart to rule her head when choosing Drumbán as a filming location.

O'Dowd, who has a cameo role in the series as fantasy author Jack E. McCarthy, wrote the series a few years ago while he was working in Toronto on a film that was held up during lockdown.

'The production had stopped, so I was trapped in this little room all day and taking walks in a snow-swept ravine, which reminded me of where I'd grown up in Ireland,' he reveals. 'I was bored out of my skull, feeling very untethered and I wanted to feel something cosmic – so I suppose all of that went into this story.'

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Daisy is tense at her scan

CORONATION STREET

Daisy's babyfather is revealed, but a new secret emerges...

» **When Daisy is** offered a job as an au pair in Paris, it sparks a conversation with Jenny that leads to the pregnant pint-puller telling her former stepmum the results of a DNA test she recently had done to find out the identity of her baby's father. Will it be newly single ex-fiancé Daniel, with whom Daisy had a one-night stand before Christmas, or is former flame DS Kit Green going to be the one changing nappies?

Possible dad: Daniel

Finally, the big mystery is resolved – but this isn't the end of the matter. Daisy, as we know, has a somewhat duplicitous side. And although she's straight with Jenny, other interested parties might not get the same treatment…

The mum-to-be is soon feeling the heat, and the sorry saga takes the shine off her 12-week ultrasound scan – she's guilt-ridden when faced with the blurry image on the monitor, and ends up bolting from the room. What has she done *now*? And when – and how – will she be found out?

» **PLUS** Ken collapses as his suspicions mount over Cassie, Todd learns the reason for Julie's return, Dylan is sentenced to a stint in a secure training centre, Kevin is given more bad news, and David is set up by 'pal' Andy.

whattowatch.com/soaps

ALSO IN THE SOAPS THIS WEEK...

EASTENDERS

» Grant learns of Nigel's dementia diagnosis (above), Denise introduces her new partner to the family, a resident is overheard confiding a secret to a friend, and there's drama when the grieving locals gather at Harry's Barn.

EMMERDALE

» Ross threatens Joe over Noah (above), the group hiding Anthony's murder implodes, April struggles as she returns to school, Manpreet receives mysterious text messages, and a vigil is held following the fatal limo crash.

assistive bathing

Walk-in baths and showers

SALE
NOW ON!
20% OFF*

Trustpilot
We're rated **"Excellent"**

AS SEEN ON TV

Hurry! Sale ends 28th February.

Walk-in, safe, easy bathing!

- Wide range of walk-in showers and baths available
- Free no-obligation design visit
- Low level easy safe access
- Non-slip comfort flooring available
- Design, project management and fitting inclusive
- All showers and baths are designed and made in the UK

TVSAT18/02/25

Call today for a **free** brochure
0800 085 5585

or see the full range at
assistivebathing.co.uk

*Applies to selected lines only. Cannot be used in conjunction with any other offer. See website for full details. Offer ends 28/02/25.

Jersey boy

Damien Molony stars in a reboot of *Bergerac*

NEW CRIME DRAMA
Bergerac
Thursday, 9pm, U&Drama (box set, U)

***Brassic*'s Damien Molony** takes on the role of Jersey detective Jim Bergerac this week in a hotly anticipated reboot of the 1980s BBC1 cop drama.

The six-part series, penned by *Being Human* creator Toby Whithouse, finds the detective struggling with alcoholism following his wife's death. However, after his teenage daughter Kim (Chloé Sweetlove) moves in with her grandmother Charlie (Zoë Wanamaker) for more stability, Jim realises his life needs to change.

A lifeline comes along in the form of a high-profile case when the daughter-in-law of wealthy tycoon Arthur Wakefield (Philip Glenister) is murdered, and Jim asks to be assigned to the investigation – much to the frustration of lead detective Barney Crozier (Robert Gilbert).

TV&Satellite Week joined Molony, who turns 41 on 21 February, to find out more…

Was there any pressure in taking on such an iconic role? I was just excited to get started. I wasn't trying to re-create anything that John Nettles had done, but I did have the privilege of driving the iconic Triumph Roadster. We couldn't have reimagined this series without paying homage to the original, and the car beautifully bridges the two.

How does your Jim Bergerac differ from the original? In the original series, Jim and his wife are divorced, but in our version, he's a bereaved widower who's hit rock bottom and is masquerading as a functioning human being. It's a cop show with a fantastic whodunnit, but at its core, it's about a heartbroken dad who can't look after his daughter.

How was filming the series on location in Jersey? Everyone was so happy that it was back. People had such wonderful memories – the amount of times I'd get into a taxi and they'd say, 'Let me tell you about the time I had John Nettles in the back of my cab…' And Jersey is beautiful. I loved my time there.

Did you reach out to John Nettles after accepting the role? I didn't touch base with John until after we had shot it. He did such an unbelievable job for 10 years. He told me, '*Bergerac* has been incredibly good to me; I hope it is as good to you' – which I thought was a really lovely sentiment.

With the iconic Triumph Roadster

BEING BERGERAC

Running from 1981 to 1991, the original series starred John Nettles as Jim Bergerac, a detective working in the fictional Bureau des Étrangers, and later as a private investigator, who returned to Jersey after a period of recuperation in England following an accident caused by his alcoholism. It was an instant hit with BBC1 viewers and made Nettles, now aged 81, a household name.

John Nettles in the original show

You liked…

Secrets of the Octopus
on National Geographic (currently on Disney+)

Narrated by Paul Rudd and executive-produced by James Cameron, this 2024 series explored the behaviour of different octopus species across the globe, from their social groups to their amazing ability to camouflage themselves.

Now try this…

Secrets of the Penguins
on National Geographic

This upcoming wildlife series is the latest in the Secrets franchise. It will feature Antarctica's emperor penguins as they battle climate change, African and little blue penguins as they negotiate living in cities and deserts, and the macaronis and chinstraps of wild South Georgia.

WORDS: RICHARD MCCLURE. STEVEN PERKINS. PHOTOS: NATIONAL GEOGRAPHIC, BBC, U&DRAMA, ©2025 DISNEY & ITS RELATED ENTITIES

Look Who's Back...

A familiar face appearing in a new show this week

Alec Baldwin

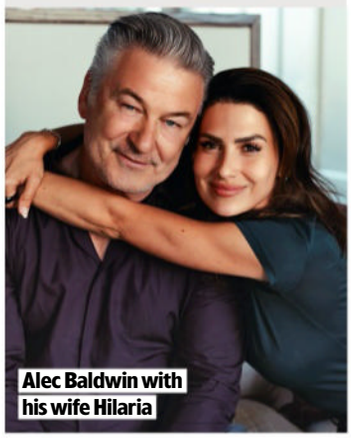
NEW **The Baldwins**

From Mon 24 Feb, Discovery+ (released weekly)

A member of the fraternal acting dynasty, Alec Baldwin's first leading role was as Jack Ryan in 1990's *The Hunt for Red October* (inset). His other film credits include *Pearl Harbor*, *The Royal Tenenbaums*, *The Departed* and Mission: Impossible movies *Rogue Nation* and *Fallout*. On TV, he won acclaim playing Jack Donaghy in the hit comedy *30 Rock*, and for his portrayal of Donald Trump on *Saturday Night Live*.

HIS NEW SHOW

This week, the 66-year-old actor opens his home to cameras in new reality series *The Baldwins*, which follows his movie-star lifestyle with wife Hilaria and their seven children, but it's set against the backdrop of Baldwin's trial for involuntary manslaughter following an accidental shooting on the set of his western film *Rust*. 'We are doing the [reality] show in place of doing a movie or a play,' says Baldwin. 'This way I get to spend time with my family.'



Alec Baldwin with his wife Hilaria

Checking back in

Plaid-wearing comic **Dave Gorman** returns with more mirth-filled musings

NEW COMEDY

Dave Gorman: Modern Life Is Goodish

Mon, 9pm, U&Dave (box set, U)

It's been seven years since we were last treated to Dave Gorman's sideways observations on the world, but now the stand-up is back with a new series of *Modern Life Is Goodish*.

This sixth outing will again see Gorman armed with his TV screen and 'clicker' as he uses PowerPoint presentations and his unique brand of comedy to assess the pros and cons of modern life – all while dressed in a trademark checked shirt.

Here, Gorman, who turns 54 next month, tells us more…

What's it like to be back after seven years? Like putting on a pair of comfy slippers – and I'm back in my checked shirts, too. I didn't wear one for the final episode of the last series! But now, about 60% of the audience turn up in them. However, if I'm on tour, I can quickly change into a T-shirt and walk through a 2,000-strong audience, and no one notices me. It's like a disguise.

So, what topics will you be covering in the new series? Artificial intelligence, Christian

Guest judge KSI (second from right) with the gang

Talent team

Internet sensation **KSI** joins the *BGT* judges

WORDS: HANNAH DAVIES, TESS LAMACRAFT, ELAINE PENN, VICTORIA WILSON. PHOTOS: ALAMY, BBC, TLC, ITV, U&DAVE

'It's always a potpourri of stuff'
DAVE GORMAN

magic acts and those weird meeting kiosks that have been polluting our motorway service stations. It's always a complete potpourri of stuff.

In the first episode, the studio lights go out. Have you ever had a live mishap? In the first series, I fainted! It was the last recording of two shows, and I hadn't had enough to eat or drink. I had a little break and then carried on.

It's also your 54th birthday in March. Do you have any special plans? I don't but, weirdly, if I ever do a gig on my birthday, everyone seems surprised that I'm working. But nobody else in any job has the day off because it's their birthday.

Actually, some companies do give employees time off for their birthdays... No, they don't! When did that happen!? Right, well the world's gone mad. That's a new source for my stand-up material and I shall be looking into that…

NEW ENTERTAINMENT

Britain's Got Talent

Saturday, 7pm, ITV1

Get ready to marvel at more sensational singers, awe-inspiring acrobats and pole-dancing seagulls (yes, really!) as ITV1's long-running entertainment show *Britain's Got Talent* returns for a new run.

This time, auditions for the 18th series move to Blackpool, where hosts Ant McPartlin and Declan Donnelly will be waiting in the wings as hopefuls try to impress the judges with their skills.

'The audiences in Blackpool have been really vocal – they really get behind the acts, cheering, asking for Golden Buzzers, and booing the judges,' smiles McPartlin. 'They've been like a fifth judge.'

BGT performances have amassed over 24 billion views on YouTube, and internet sensation KSI – who will be taking the place of judge Bruno Tonioli for some of the audition shows – knows better than most how to create that viral moment.

'It takes a lot to impress me,' says KSI. 'Being able to get an audition is a huge step, then being on TV is another big step, but you've got to make a statement. There's got to be a reason for people to want to see you – that's what makes things go viral.'

Once again, the judges and the hosts will get to hit the Golden Buzzer, each sending an act straight through to the live semi-finals.

All the hopefuls want to follow in the footsteps of last year's winner, singer Sydnie Christmas, and bag a spot at the Royal Variety Performance. And, as always, viewers should expect the unexpected...

'Sometimes you'll see the acts backstage and it's such an eclectic and contrasting mix of performers,' says Donnelly. 'We look at each other and say: "Only on *Britain's Got Talent*!"'

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

Unforgotten

Sunday & Monday, 9pm, ITV1

As the crime drama reaches its finale, there's a breakthrough in the cold-case murder for Jess (Sinéad Keenan) and Sunny (Sanjeev Bhaskar, pictured with Keenan) when a new witness reveals he saw suspicious activity at the marshland where the victim's body parts were found. Suspects Marty and Asif are taken into custody while acerbic history lecturer Juliet is determined her daughter, Taylor, should not speak to the police. What is Juliet hiding?

LAST ONE

Grantchester

Wednesday, 9pm, ITV1

The current run ends as Geordie and Alphy investigate charismatic preacher Sam White (Elliot Warren, left), who has acquired cult-like status in Grantchester. But is Sam all that he seems? 'Geordie and Alphy investigate what looks like a suicide,' reveals Robson Green, who plays Geordie. 'Evidence leads them to Sam and opens up a whole can of worms with explosive consequences.'

Extraordinary Portraits with Bill Bailey

Friday, 7.30pm, BBC1

This week, host Bill Bailey asks sculptor Hywel Pratley to capture the likeness of former paratrooper Christian Lewis (far left, with Bailey and Pratley), who walked 19,000 miles around the UK coastline, raising more than £500,000 for SSAFA, the Armed Forces charity that helped him when he was at his lowest.

The Apprentice

Thursday, 9pm, BBC1

Easter comes early for the remaining candidates as they have a crack at creating and branding a new chocolate Easter egg, then pitching it to industry buyers. Baroness Karren Brady and Tim Campbell will have their beady eyes on the challenge and report back to Lord Alan Sugar (centre, with Brady and Campbell) on who's been egg-ceptional. But who will be told to hop off?

Haley Louise Jones and Slavko Popadić as Suzanna Parker and Ben Weber

Dr Parker faces tough challenges

The series shows the chaos of a busy ER department

A **hard-hitting medical drama** follows doctors in a struggling German hospital

State of emergency

DOCTOR'S ORDERS

Berlin ER has been co-created by British writer Samuel Jefferson, drawing on his background as a one-time A&E doctor.

'Because of the trauma of the job, I'd never wanted to write a medical show. But I had all these stories,' he says. 'The experience I'd had in the emergency room in the UK was shared by doctors we met in Germany and I wanted to show the reality of that life.

'Some medical series see doctors and nurses as superheroes, but medicine is less glamorous and shiny. It's about human beings struggling with themselves.'

Berlin ER

NEW *Available: Wednesday 26 February*
Genre: Drama Season: 1 Episodes: 8
(first two episodes from Wed 26 Feb, then weekly)

Life and death in a pressurised, underfunded and run-down emergency department is brought into the spotlight in Apple TV+'s fast-moving, unflinching German-language drama *Berlin ER*.

The eight-part series, which has English subtitles, centres on dedicated but troubled doctor Suzanna Parker (Haley Louise Jones), who causes a stir when she arrives to head up the ER at a busy hospital in a diverse and challenging area of the German capital.

Trying to make a fresh start after her old life in Munich imploded, Suzanna faces a baptism of fire when she realises that the department is juggling a multitude of harrowing cases without sufficient back-up or resources. And even though her plans for bringing about change are not well-received by her exhausted staff, as they work together through traumatic shifts, she begins to bond with them.

'This is like a hospital drama on steroids. It gets your pulse going,' reveals Jones, whose credits include the German version of crime drama *Professor T*. 'Suzanna loves her job and has high hopes for her new position. Things don't go as planned, but she has grit, resilience and determination. She's by the book, but from this team, she learns a new way of doing things.'

Among Suzanna's equally harassed new colleagues is talented, hard-living Dr Ben Weber (Slavko Popadić), who initially clashes with Suzanna over their different approaches to their work.

FULLY COMMITTED

'Ben's self-destructive and a rebel, but a brilliant surgeon. He's driven by his passion to help, but his passion also destroys him,' says Popadić. 'He does things his own way and has inner demons as he moves through moral grey zones, but I want the audience to go with him.'

To prepare for their roles and ensure authenticity, the cast underwent intensive training with real-life medics.

'The creators want viewers to really feel the pace and the chaos,' explains Popadić. 'So we spoke to a lot of doctors and nurses and we had a medical boot camp where we were shown the basics and also things like how you would speak to a patient.'

'We even learnt how to put on a glove with sweaty hands and make it look natural. It was challenging, but fun,' adds Jones, who has come away with a profound respect for the medical profession.

'I've got nurses in my family, so I had appreciation for their work already, but that has tripled. We still don't fully fathom the price they pay and how, out of a pure desire to help other people, they dedicate their lives to this job. We hope that this can shed a light on that.'

What we're watching...

The shows being enjoyed by the *TVSW* team

Paradise

Genre: Thriller Season: 1 Eps: 8 (released weekly)

This Is Us star Sterling K. Brown and its creator Dan Fogelman reunite for a stylish thriller brimming with tension and twists. Brown plays Secret Service agent Xavier Collins, who comes under suspicion when American President Cal Bradford (*Dead to Me*'s James Marsden) is found murdered in his home in the apparently idyllic city of Paradise. One of the President's top advisers, Samantha Redmond (*Mare of Easttown*'s Julianne Nicholson), takes charge of the investigation while Xavier also seeks answers in a city that is not what it seems.

Vietnam: The War That Changed America

Genre: Documentary
Season: 1 Episodes: 6

Ethan Hawke narrates an unflinching look at the Vietnam War, which combines first-hand accounts and archive footage of the conflict.

American Manhunt: O.J. Simpson

Genre: Documentary
Season: 1 Episodes: 4

A new docuseries about the murders of Nicole Brown Simpson and Ron Goldman delves into mistakes by the LAPD and the DA's office in what looked like a clear-cut case against O.J. Simpson.

Now in production...

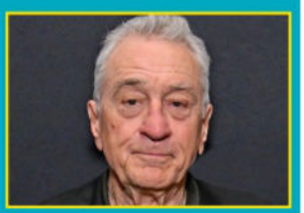
Three upcoming shows to look out for soon

Apex

Eric Bana (above) is joining the cast of Netflix's thriller about a bereaved woman (Charlize Theron) who takes a trip into the hostile Australian wilderness, but ends up fighting for survival as a terrifying serial killer is on her tail. Taron Egerton also appears.

Star City

Anna Maxwell Martin (above) and Rhys Ifans will star in Apple TV+'s *For All Mankind* spin-off, exploring an alternate version of the space race. The series will focus on the USSR, where cosmonauts and intelligence officers work together on an ambitious space programme.



The Whisper Man

Based on Alex North's novel and starring Robert De Niro (above), Netflix's drama follows a crime writer who reaches out to his estranged father, a retired cop, after his son is abducted. But links emerge to a former case involving a convicted killer.

WORDS: CAREN CLARK; JUDY EWENS. PHOTOS: APPLE TV+, ©2025 DISNEY & ITS RELATED ENTITIES, GETTY

Porowski with Florence Pugh

Family feasts

Queer Eye's **Antoni Porowski** takes Hollywood stars on culinary journeys

Tucking into stuffed Yorkshire puddings

Disney+ No Taste Like Home with Antoni Porowski

NEW *Available: Monday 24 February Genre: Cookery Season: 1 Episodes: 6*

Imagine a cross between Stanley Tucci's cookery travelogues and *Who Do You Think You Are?* and you'll get a flavour of Antoni Porowski's new Disney+ series *No Taste Like Home*.

'Food can tell you more about who you are and where you come from than you could ever imagine,' says *Queer Eye* food-and-wine expert Porowski, 40. 'So in this series we go back to celebrities' countries of origin and explore their family history through the lens of food. Then we introduce them to family ancestors they didn't necessarily know about.

'The whole series is a sensory overload in the best way. You get to explore different countries, cultures and dishes.'

Also airing weekly on National Geographic (Wed, 10pm), the series begins with Porowski joining *Little Women* actor Florence Pugh for a UK tour. Starting in Oxford, they share a lunch of shepherd's pie with Pugh's mum and grandma, then travel to Thirsk for roast hogget and Yorkshire puddings, to Whitby for kipper sandwiches and then London for oysters.

Later in the series, James Marsden explores the culinary traditions of Germany, and Justin Theroux discovers his family history in Italy. There's also an emotional trip to South Korea with comedian, actor and rapper Awkwafina.

'Her Korean mother passed away when she was four and she hadn't been back to South Korea since,' says Porowski. 'At one point on our trip, she tastes traditional seaweed soup. She immediately remembers it from when she was a child when her mum used to make it.'

Porowski was born in Canada, the son of Polish immigrants, and says there's one Polish dish that will always be a taste of home for him.

'It's called *leniwe* or lazy pierogi, which are cheese and flour dumplings steamed until they bubble up into these beautiful little pillows,' he says. 'My parents would make them for dinner when I was a kid whenever they were going out, as a way of saying, "Sorry, we're not going to be here." They were my favourite.'

Porowski and Awkwafina in South Korea

Jacob and Cara Dutton

Frontier spirit

Storm clouds gather in the *Yellowstone* prequel

Paramount+ 1923

NEW *Available: Sun 23 Feb Genre: Western Season: 2 Episodes: 7 (released weekly)*

Wealthy Montana patriarch John Dutton, played by Kevin Costner, was laid to rest at his beloved ranch last year in Season 5 of modern-day western saga *Yellowstone*. But the harsh realities of frontier life continue for his forebears as prequel series *1923*, starring Harrison Ford and Dame Helen Mirren as Jacob and Cara Dutton, returns for a second run.

A dramatic end to the first season saw Jacob's big-game-hunter nephew Spencer (Brandon Sklenar) being separated from his new bride Alexandra (Julia Schlaepfer) after throwing her ex-fiancé Arthur over the side of a boat off the coast of Italy. And he'll face further obstacles as he attempts to return home and save the ranch.

EPIC VOYAGE

'Spencer encounters strong resistance at pretty much every turn, and deals with that the way he knows best,' says Sklenar. 'It's a lot of fun to finally take him to those places in the second season, and let the lion out of the cage.'

While Jacob and Cara eagerly await the return of war hero Spencer, will his young wife be reunited with him in Montana, as promised in her parting words shouted from the ship?

'I would love for Alex to make it to the ranch,' teases Schlaepfer. 'I hope we get to see some of her strength come out now that she's on her own.'

WORDS: HANNAH DAVIES, NATASHA HOLT, IAN MACEWAN. PHOTOS: BBC, C4, CHANNEL 5, ©2025 DISNEY & ITS RELATED ENTITIES, ITV, NETFLIX, PARAMOUNT+, NATIONAL GEOGRAPHIC

HOOP dreams

Kate Hudson plays a female basketball boss in a male-dominated world

Kate Hudson as Isla Gordon

NETFLIX Running Point

NEW *Available: Thursday 27 February Genre: Comedy*
Season: 1 Episodes: 10

Kate Hudson stars in Netflix's new comedy *Running Point* as the newly appointed president of a world-famous basketball team.

She plays ambitious but underappreciated Isla Gordon, who is forced to take over the family business and become the boss of the Los Angeles Waves when her brother is embroiled in a scandal.

However, Isla not only has to prove her mettle to the outside world, but as the only sister in a family full of competitive brothers, she must also show her own siblings that she deserves her place at the head of the table.

'Isla is a strong female figure who's navigating a male-dominated industry, and I like that the story explores sibling dynamics, which adds depth and relatability,' says Hudson, 45, whose credits include 2001 movie *Almost Famous* and TV series *Glee*.

SIBLING RIVALRY

Isla's appointment instantly puts her at odds with her brothers Sandy and Ness, played by Drew Tarver and Scott MacArthur, who have always overlooked their sister's abilities.

Hudson, who's the daughter of actor Goldie Hawn, says the storyline mirrored her upbringing in a sports-mad household.

'I sometimes felt like I was shooting my own life story with three brothers and the only girl – that's how I grew up,' she says. 'Basketball has always been one of my favourite sports, and this show has deepened my appreciation for it.'

The series is co-created by Mindy Kaling and inspired by the story of Jeanie Buss, the CEO and controlling owner of the Los Angeles Lakers basketball team. Buss was one of the executive producers on *Running Point* and was keen for Hudson to take on the lead role.

'I have known Jeanie since I was a teenager, and I felt a unique connection to the character,' says Hudson. 'Jeanie's career in the male-dominated world of professional basketball is inspiring, and her willingness to let us explore a comedic version of that world was liberating.

'The show is not a direct portrayal of her life but rather a fictionalised, humorous take on the challenges and triumphs she might face. We were able to focus on the heart and passion of a woman striving to succeed.'

Ness (left), Isla and Sandy

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

ITVX Unforgotten

DI Sunny Khan (Sanjeev Bhaskar) and DCI Jess James (Sinéad Keenan) battle to identify a body found on marshland in the return of ITV1's cold-case drama. But a surprising link to one of Sunny's past investigations comes to light...

BBC iPLAYER Virdee

BBC1's Bradford-set crime drama sees troubled detective Harry Virdee (Staz Nair) turn to his drug-boss brother-in-law to find a missing teen as gang warfare is brewing, while there's also a tense meeting with his estranged father.

4 Big Boys

As the third series of the C4 sitcom kicks off, Danny (Jon Pointing) and Jack (Dylan Llewellyn) are entering their final year at uni. First, Jack's raucous cousin takes everyone on holiday to Greece, where Jack gets spectacularly sunburnt.

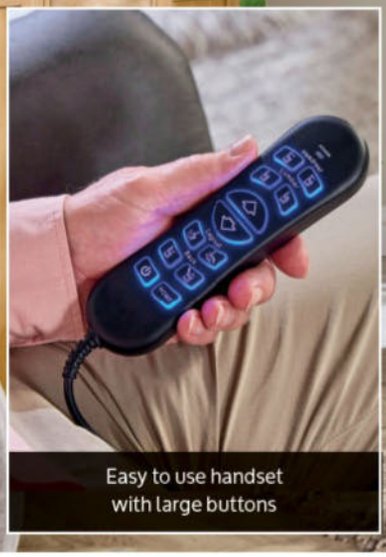
5 James May's Great Explorers

In Channel 5's history show, the presenter boards a boat to find out more about the technology Christopher Columbus used to sail to the Americas, and also cooks food the crew would have eaten.

CareCo

The UK's leading mobility retailer

THE BIG NEW YEAR SALE



Easy to use handset with large buttons

QUATTRO Riser Recliner

- Big button remote
- 4 Motor adjustment for maximum comfort
- Extendable leg rest for improved pressure relief
- Quality craftsmanship for lasting luxury

HALF PRICE

WAS £1999.99

NOW ONLY **£999.99** ex VAT

SAVE **£1000**

XGO Proceed Travel Scooter

Up to 10 miles range

Fits in your car boot

- Easy disassembly for transportation & storage
- Convenient off board charging
- Padded seat for extra comfort

WAS £899.99

NOW ONLY **£599.99** ex VAT

SAVE **£300**

Cielo Stroller

A helping hand for your everyday

Compact folding frame for easier storage

- 4-wheel design that offers more stability
- Foam padded seat with backrest for a comfortable place to perch
- Fitted with two bags

WAS £149.99

NOW ONLY **£99.99** ex VAT

SAVE **£50**

Boston Riser Recliner

Riser helps you to stand and sit with ease

Generous padding in the back and leg rests

- Single Motor Riser Recliner
- Comfortable and stylish
- Simple position set-up thanks to the big-button handset

WAS £699.99

NOW ONLY **£349.99** ex VAT

SAVE **£350**

Find your local showroom | Open 7 days a week

EAST OF ENGLAND

Ipswich, Crane Boulevard IP3 9SQ
Norwich, 8 Marriott Close NR2 4UX
Peterborough, 11 Bourges View Pk PE1 2FG
Stevenage, Roebuck Retail Park SG1 1XZ

LONDON & SOUTH EAST

Camberley, 52 London Road GU17 0AA
Canterbury, Simmonds Road CT1 3RH
Croydon, 230 Thornton Road CR0 3EU
Hayes, Hayes Road UB2 5BE
Maidstone, 48 Upper Stone St ME15 6HA
Milton Keynes, Erica Road MK12 6HS
Romford, Gallows Corner RM3 0BX

MIDLANDS

Brierley Hill, Dudley Road DY5 1HR
Coventry, Swallow Road CV6 4QY Now Open
Leicester, St Georges Way LE1 1SH
Lincoln, Bishops Trade Park LN2 4JZ
Nottingham, Castle Park NG2 1AH
Stoke, Tunstall Trade Park ST6 4SE

NORTH

Hull, Anlaby Trade Park HU10 6RJ
Leeds, Spence Lane LS12 1EF
Newcastle, Blaydon Trade Park NE21 5TR
Preston, 74-76 Blackpool Road PR2 6NY
Sheffield, Unit 3 Burton Street S6 2HH
Warrington, Gemini Trade Park WA5 7YF

SOUTH COAST

Bournemouth, Vulcan Way BH21 7PT
Brighton, 75 Upper Brighton Rd BN15 0JQ
Eastbourne, Hillier Garden Cntr BN24 5BS
Southampton, Romsey Road SO16 9GJ

SOUTH WEST

Bristol, Taurus Road, Patchway BS34 6FB
Cheltenham, Kingsditch Rtl Park GL51 9LX
Exeter, Bridford Rd EX2 8QX

SCOTLAND

Glasgow, 324 Battlefield Road G42 9JD

WALES

Cardiff, Hadfield Road CF11 8AQ

Opening Times

Mon - Sat: 9am – 6pm
(Eastbourne: 9am – 5:30pm)

Sunday: 10am – 4:30pm
(10am - 10:30am viewing only)

* PLEASE NOTE: Prices exclude VAT and are available to those with a long term medical condition.

For expert mobility advice over a cuppa visit your local CareCo showroom today

Trustpilot ★★★★★ Rated Excellent over 50,000 reviews

Call now on **0333 015 5000**
Mon - Fri: 8am to 7pm Sat & Sun: 8am to 6pm

Visit our website **www.careco.co.uk**

Vist our nationwide **Showrooms**

Pick of the new releases

The best new shows to enjoy this week on streaming services...

1923

Sunday 23 February

In the second season of the *Yellowstone* prequel, a brutal winter brings new challenges for Jacob (Harrison Ford) and Cara Dutton (Dame Helen Mirren), while Spencer (Brandon Sklenar) has been separated from Alexandra (Julia Schlaepfer) after a tumultuous voyage. See feature, page 16.

Snowpiercer

Sunday 23 February

All four seasons of the dystopian thriller previously shown on Netflix. Seven years after the world has become a frozen wasteland, the survivors live on a perpetually moving train that circles the globe. Daveed Diggs and Jennifer Connelly star.

The Wrong Track

The Baldwins

Monday 24 February

Reality series following Hollywood star Alec Baldwin, his wife Hilaria and their seven children, as they tackle family life while in the public eye.

Total Control

Monday 24 February

In the third season of the Australian political drama, indigenous senator Alex Irving (Deborah Mailman) is now a powerful figure in politics, but what she's about to discover tests her like never before. With Rachel Griffiths.

No Taste Like Home with Antoni Porowski

Monday 24 February

Canadian chef and *Queer Eye* food-and-wine expert Antoni Porowski guides his celebrity guests on a journey to discover their past by exploring their ancestors' food traditions, techniques and culinary experiences. His guests include *Oppenheimer*'s Florence Pugh and *Paradise*'s James Marsden. See feature, page 16.

Screen Actors Guild Awards

Monday 24 February

The Substance's Demi Moore, *Wicked*'s Cynthia Erivo, *Conclave*'s Ralph Fiennes and *The Brutalist*'s Adrien Brody are among the nominees at this year's ceremony, streamed live from Los Angeles from 1am.

Full Swing

Tuesday 25 February

The third season of the docuseries follows professional golfers as they compete in the Masters, the PGA Championship, the US Open and The Open Championship as well as the Presidents Cup. Among the players featured are Scottie Scheffler, Rory McIlroy and Ludvig Åberg.

Berlin ER

Wednesday 26 February

German medical drama set in the emergency room of a busy Berlin hospital. Dr Parker (Haley Louise Jones) is seeking a fresh start in the city after her private life implodes, but when she tries to implement reforms, the underpaid, poorly equipped and chronically fatigued medical staff resist. See feature, page 14.

Abbott Elementary

Wednesday 26 February

The US comedy returns for a fourth season. What happened after 'will they, won't they?' couple Janine (Quinta Brunson) and Gregory (Tyler James Williams) kissed in the third season finale?

Doubters to Believers Liverpool FC: Klopp's Era

Friday 28 February

Docuseries about German football manager Jürgen Klopp's nine years in charge of Liverpool including unprecedented behind-the-scenes access to his final six months as boss in 2024.

Squad 36

Friday 28 February

French crime-thriller film. Forced out of his elite unit, a troubled cop probes into the mysterious deaths of two former colleagues and the disappearance of another, exposing a bitter feud within the police force.

House of David

Thursday 27 February

Biblical drama recounting the story of David (Michael Iskander). The young shepherd becomes a hero after he kills Goliath and goes on to become the most celebrated king of Israel.

Toxic Town

Thursday 27 February

Jodie Whittaker and Rory Kinnear star in a drama based on the true story of one of the UK's biggest environmental scandals. A group of mothers fight for justice after their children are born with deformities caused by toxic dust from a former steelworks in Corby, Northamptonshire. See feature, page 4.

Running Point

Thursday 27 February

Comedy from Mindy Kaling starring Kate Hudson as Isla Gordon, who takes over the family business – running the LA Waves basketball team – when a scandal forces her brother (Justin Theroux) to resign. But the players, sports commentators and her two other brothers don't think she is up to the job. See feature, page 17.

Demon City

Thursday 27 February

Japanese crime-action film. Framed for his family's murder and left for dead, an ex-hitman will stop at nothing to exact revenge on those responsible for ruining his life.

The Wrong Track

Thursday 27 February

Norwegian drama. After hitting a new low, a chaotic single mother (Ada Eide) is persuaded by her brother to try to get back on track by competing in a cross-country ski marathon.

Counterstrike

Friday 28 February

Mexican action film. A captain and his team of crack soldiers are ambushed by a ruthless drug cartel.

Aitana: Metamorphosis

Friday 28 February

Spanish docuseries in which 25-year-old Barcelona-born singing sensation Aitana reflects on her journey from ordinary teen to international pop star and offers unprecedented access to her daily life.

Arctic Circle

Friday 28 February

The third season of the Finnish-German crime drama sees Nina Kautsalo (Iina Kuustonen) return to Ivalo as the new police chief. There, together with her old partner Niilo Aikio (Janne Kataja), she investigates the murder of a local pharmacist.

WORDS: JUDY EWENS. PHOTOS: GETTY; NETFLIX

Touch of Frost

David Frost's extraordinary archive of interviews gets a fascinating new airing

The Beatles' 1968 performance

NEW FACTUAL

David Frost Vs

Sunday, 9pm, Sky Documentaries & Sky Showcase (box set, Sky Box Sets/NOW)

During his 50-year career, David Frost conducted more than 10,000 TV interviews with pop icons and sports stars, as well as eight British prime ministers and seven US presidents. His infamous 1977 audience with the disgraced Richard Nixon following the Watergate scandal is arguably the biggest televised political interview in history.

Now, in Sky's new series *David Frost Vs*, made in collaboration with his son, Sky News presenter Wilfred Frost, we get to witness some of his eye-opening archive interviews with Muhammad Ali, Jane Fonda and The Beatles, starting with a rare chat with a young Paul McCartney in 1964.

GOLDEN YEARS

'Dad died 12 years ago this summer and we wanted to celebrate his legacy,' says Wilfred, 39. 'He had a front-row seat at the most important moments as the post-war world unfolded, so this is a series about those moments in history.

'There was a 48-year span from Dad's first interview with Paul McCartney in 1964 and the last one he did with Paul in 2012, just a few months before Dad died. There was nobody he interviewed further apart than Paul.'

The opening episode also spotlights the broadcaster's remarkable 1967 interview with John Lennon and George Harrison, who appeared on *The Frost Programme* to talk about taking LSD and practising transcendental meditation. There are also three particularly bizarre chat-show exchanges with John Lennon and Yoko Ono in 1968, 1969 and 1973.

Interviewing George Harrison and John Lennon

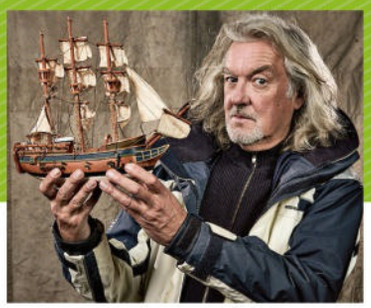
MUSICAL HIGH

But perhaps the most extraordinary moment is the world TV premiere of *Hey Jude* on *Frost on Sunday* in 1968, which turned out to be The Beatles' last-ever TV performance.

'Dad had epic live music performances on his chat shows. But *Hey Jude* being introduced to the world on *Frost on Sunday* is one of the most euphoric moments in the entire series and something I didn't even know about before I started making the documentary,' says Wilfred.

'Dad did 15 interviews with The Beatles and, like everyone he interviewed, he made them feel heard. He never had an agenda or sought confrontation for the sake of it. He didn't make an interview about him – he was there to make it about the guest. He genuinely had a fascination with whoever he was talking to – and you can't fake that.'

WORDS: HANNAH DAVIES, NATASHA HOLT, IAN MACEWAN. PHOTOS: ALAMY, BBC, CHANNEL 5, GETTY, SHUTTERSTOCK, SKY, FOUR SEASONS



James May's Great Explorers

Thursday, 9pm, Channel 5

Captain James Cook charted a third of the globe in his 18th-century voyages, bringing huge advances in science, geography and navigation. In this week's final episode, James May (above) delves into the life of the farmer's son who became a divisive British hero dubbed, in some parts of the world, 'Captain Crook'.

Edward: 60 Years a Prince

Saturday, 9.30pm, Channel 5

A profile of the late Queen's youngest son (above), now 60, who was ridiculed for pursuing his interest in the performing arts, and oversaw a much-mocked 1987 variation on slapstick TV game show *It's a Knockout* in which his royal relatives competed alongside celebrities in a charity fundraiser.

Surgeons: At the Edge of Life

Wednesday, 9pm, BBC2

The close-up surgery series returns with consultants at The Royal Infirmary of Edinburgh taking on a pioneering transplant as 21-year-old Sania, who suffers from acute pancreatitis, agrees to a high-risk op to remove her pancreas. Meanwhile, 61-year-old Ed has a procedure to remove a kidney tumour.

Inside the Four Seasons Park Lane

Sunday, 9pm, Channel 5

A look inside the five-star hotel near London's Hyde Park Corner, which was formerly owned by a Saudi prince before being bought by the royal family of Bahrain. Facilities, for those who can afford it, include a limousine service, Michelin-starred restaurant and spa, plus impressive views over the capital.

Loch Ness: They Created a Monster

Friday, 9pm (not Wales), BBC2

This documentary looks back at the decades-long search for Nessie by people from around the world, including a group led by a Japanese pop promoter and solo monster-hunter Frank Searle (above), who lived by the loch and vanished in mysterious circumstances.

● ***Previously shown on BBC Scotland***

Vladimir Putin's response was widely criticised

Left to die

A two-part documentary recalls the *Kursk* submarine disaster

NEW FACTUAL

Kursk: 10 Days That Shaped Putin

Tue, 9pm, Sky History & Sky Showcase (box set, Sky Box Sets/NOW)

In August 2000, shortly after Vladimir Putin was elected Russia's President, its navy was carrying out a series of training exercises in the Barents Sea. But after explosions on board, the nuclear submarine *Kursk* sank to the bottom of the Arctic waters with 118 submariners trapped inside.

Now, this two-part documentary shows how Putin ignored the West's offers of help for five days and then deliberately scuppered rescue missions, preferring to let the men die rather than expose his country's secrets.

'I just wanted to help him save their lives,' recalls Bill Clinton, US President at the time, who features in the documentary. 'But Putin knew that if we went down there, there were things we would learn about their technology.'

The series speaks to those on all sides of the disaster, including the families of the victims and the British, American and Norwegian operatives who tried in vain to rescue them.

'We were waiting for some information from the Russians but we had nothing,' says Commander Alan Hoskins of the Royal Navy's submarine rescue service. 'It's strange that having said, "Please help us," there wasn't an openness that followed. The Russians were just wasting time.'

COVERED UP

The documentary shows that Putin refused to speak publicly about the tragedy – and when one submariner's mother criticised the government's response live on camera, she was tranquillised in front of the world's press.

'The coverage made Putin look heartless,' says Clinton. 'I think that intensified his determination to seize control of the media.'

However, despite the incident's tragic end, many of those involved in the documentary want to ensure the victims aren't forgotten.

'They were fathers, husbands,' says Captain Mark Breor of the USS *Memphis*. 'Every one of those sailors has a story to be told and it should be heard.'

Kursk was one of the Russian navy's largest submarines

Films Our pick of this

Thelma

A deliriously amusing **June Squibb** is an OAP out to retrieve her stolen cash

ACTION COMEDY

Saturday, 10.10am & 8pm, Sky Premiere ★★★★

An audacious action comedy in slo-mo, *Thelma* has lots to say about ageing and ageism, and does it in a terrifically entertaining way. It gives June Squibb, 93 when this was made, her first leading role after being an actor for more than 60 years, and she shines as an elderly but fiercely determined woman on a mission.

After being caught in a phone scam, Squibb's Thelma dodges her overly protective family (daughter Parker Posey and her husband Clark Gregg, along with kindly slacker grandson Fred Hechinger) to track down the criminals who took her money. She's aided by her cautious friend Ben (Richard Roundtree in his final role) and, with the help of his electric scooter, they dash around – at about 20mph – to nab the perps.

Shot as a typical actioner accompanied by a pulsating score, this comedy never patronises but hilariously showcases the upsides and downswings of getting older. Squibb delivers a wonderful, fully rounded character who learns that asking for help isn't the end of the road and her team-up with Roundtree makes for a cracking adventure.

Essentially, though, this is an incredibly sweet-natured film that has family and the importance of its bonds at its core. A fabulous film, it works by being both breezy and sharp as a tack. 2024, 12, 98MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, JORDAN FARLEY, NIGEL PIZEY, KATE STABLES

More premieres and Day by Day planner >>>

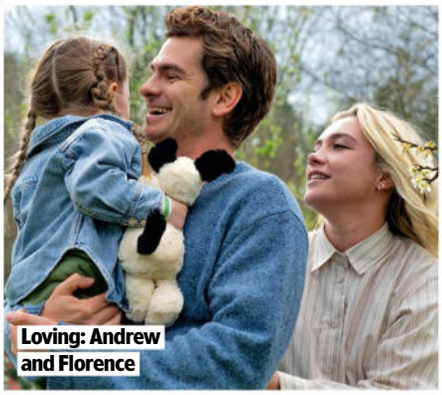
week's Best Movies

DRAMA

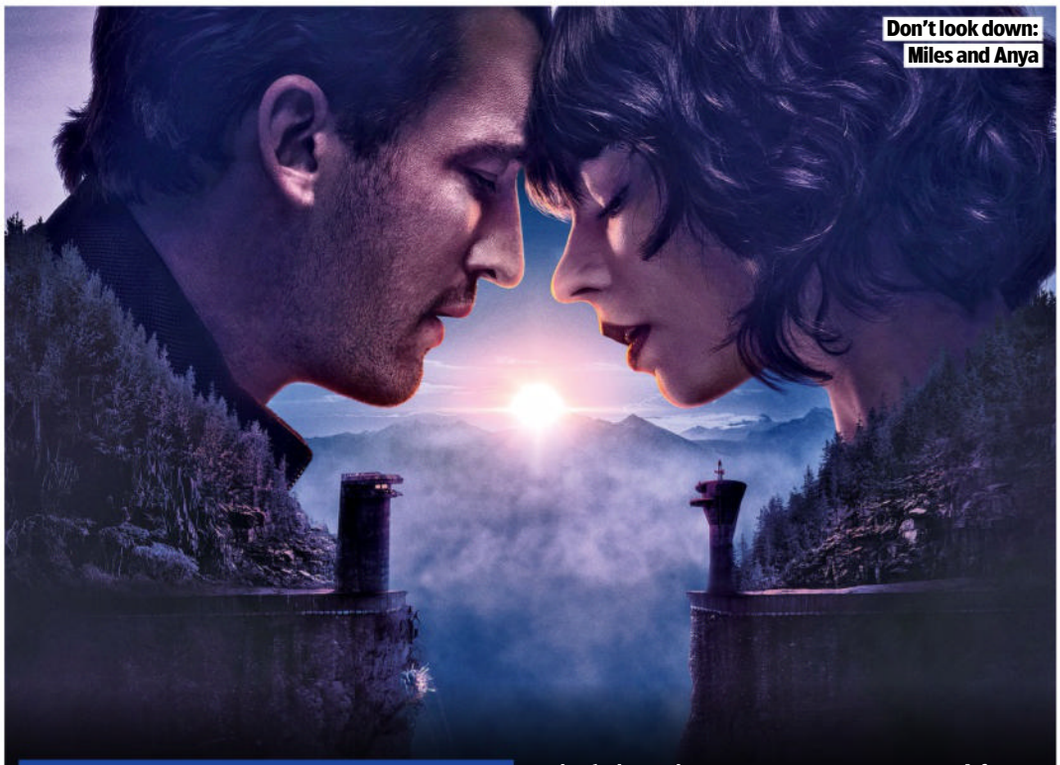
We Live in Time

Available now, to buy or rent from digital stores including Sky Store, Prime Video and others ★★★★

Anchored by superb performances from Andrew Garfield and Florence Pugh, this superior weepie slickly combines elements of romantic comedy and tearjerking tragedy while jumping back and forward in time to tell its decade-spanning story. The stars anchor the choppy narrative and they keep us invested in the romance of Garfield's Tobias, a breakfast cereal marketer, and Pugh's brilliant chef Almut, from their initial meeting by chance through to the birth of their daughter (Grace Delaney) and her diagnosis with stage three ovarian cancer. Just don't expect the film's director, John Crowley (*Brooklyn*) and screenwriter, award-winning playwright Nick Payne, to put things in this order. 2024, 15, 107MIN



Loving: Andrew and Florence



Don't look down: Miles and Anya

CREATURE FEATURE

The Gorge

Available now, Apple TV+ ★★★

Two elite soldiers, one drafted from the West, American Levi (Miles Teller), the other from the East, Lithuanian Drasa (Anya Taylor-Joy), are sent to opposing outpost towers to guard against something gnarly in a remote, fog-shrouded gorge. The place has been protected for decades, but what's down there now wants to come up... A fun big-budget B-movie with surprisingly classy actors ably equipped to shoulder what is effectively a two-hander, this may be fairly generic but it manages to throw in a few entertaining curveballs to keep things interesting. Director Scott Derrickson (*Doctor Strange*, *The Black Phone*) keeps the visuals engaging and inventive, while maintaining just enough mystery to have you occasionally scratching your head. 2025, 15, 127MIN

Hunted: Julia, Matilda and Christopher

HORROR

Wolf Man

Available now, to buy or rent from digital stores including Sky Store, Prime Video and others ★★★

The whiskery 1941 horror classic is the latest Universal monster movie to get a makeover from director Leigh Whannell, maker of 2020's superb *The Invisible Man*. *Wolf Man* isn't in that league, but it's a solid addition to the genre. Christopher Abbott returns with his journalist wife (Julia Garner) and daughter (Matilda Firth) to his childhood home in the remote woods of Oregon. Naturally, it isn't long before a terrifying encounter leaves Abbott with a beast of an infection... The script lacks bite but the acting is top notch. 2024, 15, 103MIN

ACTION COMEDY

Polite Society

From Friday, Netflix ★★★★

Suburban schoolgirl and wannabe stunt performer Ria (Priya Kansara) is the hero of this action comedy centred on a ferocious sibling bond. Ria's idolised elder sister Lena (Ritu Arya) has fallen rapidly for a wealthy doctor, so Ria is determined to torpedo their upcoming marriage – launching 'Operation Wifehunter' to dig up dirt and smear him. Propelled by a wildly inventive approach, mashing up Jackie Chan-style combat and high-school comedy with Bollywood spectacle, this is a charm-bomb of a movie. 2023, 12, 100MIN

Sisterhood: Ritu and Priya

Films

Askew view: Colin and Brendan

BLACK COMEDY

The Banshees of Inisherin

Saturday, 9pm, C4 ★★★★

Writer-director Martin McDonagh's follow-up to *Three Billboards Outside Ebbing, Missouri* is another darkly amusing and heartbreakingly sad character drama from a modern master of shifting tones. A bit of an *In Bruges* (see p27) reunion, it reunites McDonagh with his debut's leads, Colin Farrell and Brendan Gleeson.

It's set in 1923 on Inisherin, a fictional island off Ireland's west coast. Farrell's Pádraic is 'one of life's good guys': dutiful keeper of farmyard animals and best friends with Gleeson's more cultured Colm. Or so he thinks.

As the film opens, Colm puts an abrupt end to their friendship for seemingly nebulous reasons. The baffled Pádraic persists, eventually leading Colm to lay down a drastic ultimatum: every time Pádraic speaks to him he'll cut off one of his own fingers with a pair of shears.

It's McDonagh's typically twisted take on the break-up movie, albeit with deep empathy for those on both sides. Farrell and Gleeson are brilliant, while Barry Keoghan lends scene-stealing support as the son of an abusive copper who befriends Pádraic. It's another wildly accomplished outing for McDonagh that's worth shouting about. 2022, 15, 114MIN

Hidden gems Great movies you might have missed...

MURDER MYSTERY

A Haunting in Venice

Disney+ ★★★★

Nimbly mixing opulent staging with eerie tingles and laughs, director-star Kenneth Branagh's fine third Agatha Christie foray is very enjoyable. His sleuth Hercule Poirot is living a quiet life in post-World War Two Italy, when a writer (Tina Fey) coaxes him into attending a seance hosted by a medium (Michelle Yeoh) in a palazzo, where the mood soon turns murderous. The solution to the puzzle is bemusing, but there's plenty to savour en route. 2023, 12, 103MIN

COMEDY DRAMA

Tetris

Apple TV+ ★★★★

This true story about the race to secure the global rights to the legendary videogame is an unexpected treat. It's 1988, the Soviet Union is on the verge of collapse, but the underdog heroes we are rooting for are Henk Rogers (Taron Egerton), a Dutch-born entrepreneur, and Alexey Pajitnov (Nikita Efremov), the game's unassuming Russian inventor. There are twists and turns and double crosses galore before we reach the rousing climax. 2022, 15, 117MIN

CRIME DRAMA

Woman of the Hour

Netflix ★★★★

Making her directorial debut, Anna Kendrick also stars in this acutely observed true story as an aspiring actor who appears on *The Dating Game* (America's *Blind Date*) – along with serial killer Rodney Alcala (Daniel Zovatto). He's an unnerving presence; able to turn on the charm, but never far from dropping the mask and revealing the predator underneath. Snappily edited, this zips along, making its points and leaving a lasting impact. 2023, 15, 95MIN

Saturday 22 February

COMEDY DRAMA

Magic Mike's Last Dance

From 19 February, Prime Video ★★★

Sex ●●● Violence ●●● Language ●●●

Channing Tatum's back as Mike for the third time and is reluctantly persuaded to give a scorching, room-roaming lap dance to Salma Hayek Pinault's wealthy socialite. Then she whisks him to London to revitalise her dull theatre with a red-hot male-stripper show. The love story element fails to ignite, but director Steven Soderbergh constructs a good-looking, fun romp. It swaggers through its cute show-staging plot in a succession of athletic audition montages, sweeping up street dancers from London's pavements to form Mike's new troupe – while Tatum's steamy on-stage duet delivers the raunchy delight we've been waiting for. 2023, 15, 112MIN

Pinky promise: Salma and Channing

FAMILY ADVENTURE

Secret Headquarters

11.05am, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

There's a likeable, innocent charm to this spirited, if modest, adventure that sees a band of plucky kids outwitting a bunch of nefarious grown-ups. Mousy teen hero Charlie (Walker Scobell) feels let down by his absentee dad (Owen Wilson), little realising that his father is do-gooding superhero The Guard. Then Charlie and his friends stumble upon Dad's secret HQ and discover the potent extraterrestrial orb that gives him his hi-tech powers. But slimy tycoon Michael Peña's ruthless mercenaries are on the trail of the orb... 2022, PG, 104MIN

SURVIVAL DRAMA

The Revenant

11.35pm, C4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Leonardo DiCaprio is on Oscar-winning form in a gripping tale of survival and revenge based on the ordeals of real-life mountain man Hugh Glass. On a fur-trapping trip in the 1820s, he is mauled by a grizzly and left for dead. But, with staggering reserves of grit, he hauls himself through the frozen wastes to get revenge on the men (Tom Hardy, Domhnall Gleeson and Will Poulter) who left him. Director Alejandro González Iñárritu and cinematographer Emmanuel Lubezki convey Glass' gruesome trials with terrifyingly immersive realism. 2015, 15, 156MIN

CLASSIC COMEDY

Whisky Galore!

1pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

A keenly drawn gallery of clever and canny folk come into their own when a cargo ship laden with whisky runs aground on a small Scottish island in 1943. This, one of the best and most famous of the Ealing comedies, was loosely based on a true story and benefits greatly from location filming on the island of Barra. Lots of clever bottle hiding is the gist of the fun, Basil Radford is the chap out to uphold the law, while the various enterprising locals include James Robertson Justice, Joan Greenwood, John Gregson and Gordon Jackson. 1949, U, 80MIN

ACTION

21 Bridges

12m't, BBC1 (1.15am Scot) ★★★

Sex ●●● Violence ●●● Language ●●●

Manhattan's 21 bridges are closed to prevent two cop killers escaping the city. But as the dragnet closes in on the pair, Chadwick Boseman's trigger-happy NYPD detective realises that a far wider conspiracy is afoot – and his best shot is to keep the culprits alive... It's easy to see where this is heading, but it's an entertaining ride all the same. Boseman is good, as are Sienna Miller's hard-bitten narcotics cop and JK Simmons' veteran police chief, and the plentiful action scenes are slick. 2019, 15, 99MIN

■ Full listings start on p35

Sunday 23 February

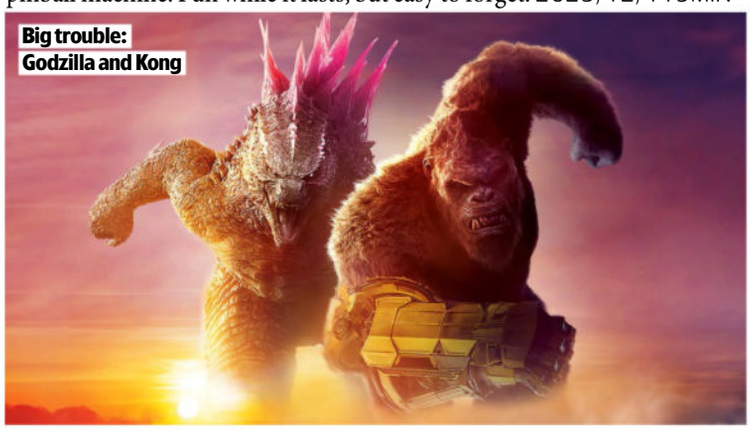
MONSTER MOVIE

Godzilla x Kong: The New Empire

8pm, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

The uneasy alliance forged between the big boys in *Godzilla vs Kong* is tapped again in returning director Adam Wingard's film that picks up after the destruction of Mechagodzilla and Kong's departure to subterranean Hollow Earth. Despite a sluggish set-up and the likes of Rebecca Hall, Brian Tyree Henry and Dan Stevens spouting exposition-heavy dialogue, the global monster action, when it arrives, is impressive. Take your pick from some *Planet of the Apes*-esque monkey business, a literal dust-up at the pyramids and a neon battle of the monsters that's like being inside a 1980s pinball machine. Fun while it lasts, but easy to forget. 2023, 12, 115MIN



Big trouble: Godzilla and Kong

COMEDY

The Devil Wears Prada

4.05pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Despite knowing nothing about fashion, scruffy would-be journalist Anne Hathaway talks her way into a 'dream' job as second assistant to Meryl Streep – the editor-from-hell of a prestigious New York fashion magazine. Oscar-nominated Streep is superb as she throws her weight and posh designer gear around, Hathaway is charming (though perhaps takes too readily to her vacuous new life) and Emily Blunt is a scene-stealer as Streep's neurotic first assistant. Packed with great one-liners and funny situations, this is a well-dressed joy. 2006, PG, 109MIN

THRILLER

Internal Affairs

12m't, Sky Assassins ★★★★

Sex ●●● Violence ●●● Language ●●●

Richard Gere is so good as the monstrously corrupt LA cop at the heart of this noirish crime thriller that you wish he had chosen to play villainous roles more often. Andy Garcia is also at his best as the newcomer to Internal Affairs who becomes obsessed with Gere's dodgy activities. With scalding film-making style, British director Mike Figgis turns this from being just a straight action film into one with great intelligence and dramatic power. Also making an impact are Nancy Travis, William Baldwin and Laurie Metcalf. 1990, 18, 117MIN

CLASSIC DRAMA

All the President's Men

10pm, BBC2 (not NI) ★★★★★

Sex ●●● Violence ●●● Language ●●●

The tortuous trail that leads from the bungled 1972 burglary of the Watergate building all the way back to the White House is doggedly uncovered by *Washington Post* reporters Bob Woodward and Carl Bernstein. Dustin Hoffman and Robert Redford ably fill the lead roles, but it's the slippery story itself that's the real star. Telephone calls are invested with a terrific tension and real archive footage of President Nixon is incorporated in a fascinating re-creation of the biggest political scandal of the 1970s. An explosive testament to the power of the press. 1976, 15, 138MIN

DRAMA

After Love

12.15am, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

With a stunning performance of subtlety and nuance, Joanna Scanlan is sensational in this quietly devastating but ultimately wonderful drama. After her ferry captain husband dies, Scanlan – who converted to Islam for him – discovers he had another life in France. She goes to confront her counterpart (an equally excellent Nathalie Richard), only to discover more secrets. Writer-director Aleem Khan avoids melodrama, allowing a truthfulness and genuine humanity to emerge. 2020, 12, 89MIN

■ Full listings start on p45

Weekday movies over page

Monday 24 February

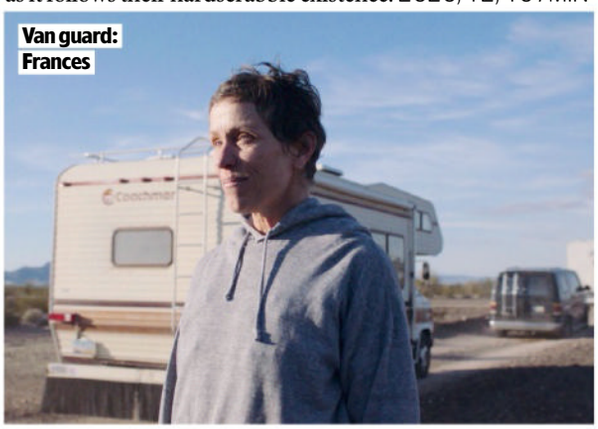
DRAMA

Nomadland

6.50pm, Film4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

In the most unadorned performance of her career, Frances McDormand is excellent as a widow travelling the US Midwest in her van, picking up seasonal work and finding camaraderie with other transient folk. The 2008 financial crisis led many older Americans to take to the road and director Chloé Zhao's terrific, vividly told film – which brims with empathy and tenderness and features many real-life nomads – makes no attempt to take the scenic route as it follows their hardscrabble existence. 2020, 12, 107MIN



Van guard: Frances

MUSICAL DRAMA

The Color Purple

8.15am, Sky Hits ★★★

Sex ●●● Violence ●●● Language ●●●

This latest adaptation of Alice Walker's tale of a black girl's coming of age in early 20th-century Georgia is based on the Broadway musical. Fantasia Barrino reprises her stage role as Celie, who's abused by cruel Mister (Colman Domingo), until a lifeline arrives in the form of Taraji P Henson's jazz singer. It's a feast for the eyes, but there's a disconnect between its harrowing subject matter and upbeat song-and-dance numbers. 2023, 12, 141MIN

WORLD CINEMA

Corsage

11.20pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE In a neat biopic that handles history with impish disrespect, Vicky Krieps is riveting as Empress Elisabeth of Austria, the 1800s royal trapped in a loveless marriage and denied both voice and agency. With persuasive results, she revolts, not only against the diktats of monarchy but also those of her century, leaving her husband (Florian Teichtmeister) and son (Aaron Friesz) fearing for her sanity. Subtitled. 2022, 15, 114MIN

CRIME DRAMA

The Outfit

11.10pm, BBC1 (11.40pm Wales, 12.05am NI, 12.10am Scotland) ★★★★

Sex ●●● Violence ●●● Language ●●●

This taut but stagey Mob drama unrolls in a tailor's in 1950s Chicago. Mark Rylance's meek English Savile Row veteran is pulled into a twisting night of shootings, chicanery and stitch-ups, kicked off by Dylan O'Brien and Johnny Flynn. Zoey Deutch and Simon Russell Beale also star, but it's Rylance's virtuoso turn that shapes the film as confidently as he conjures up a bespoke suit. 2022, 15, 106MIN

WORLD CINEMA

Battle Royale

12m't, Sky Assassins ★★★★

Sex ●●● Violence ●●● Language ●●●

In Japan, 42 15-year-old schoolkids are taken to a remote island, given a variety of weapons and told they have 72 hours to wipe each other out. Such is Battle Royale, a 'final solution' adopted by the toppling government to deal with juvenile delinquency and mass unemployment. Despite the non-stop violence, the film is remarkably humane. Subtitled. 2000, 18, 113MIN

■ Full listings start on p55

Tuesday 25 February

COMEDY FANTASY

Everything Everywhere All at Once

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Anything and everything goes in this glorious fable about what-ifs. At its core is a stellar turn from Oscar-winning Michelle Yeoh as Chinese-American Evelyn, who runs a launderette with her caring, put-upon husband Waymond (Ke Huy Quan). But a fraught visit to the tax office sets off a series of wild events in which Evelyn must connect with other parts of herself from a multitude of multiverses in order to save existence itself. Outlandish, often hysterical and, most importantly, big-hearted, this is fab. 2022, 15, 139MIN

Getting a grip: Michelle

CLASSIC COMEDY

The Ladykillers

6.40am & 2.40pm, Sky Greats ★★★★★

Sex ●●● Violence ●●● Language ●●●

Dominated by Alec Guinness' enormous toothy grin, this is delightfully eccentric and possibly Ealing Studios' funniest comedy. Guinness is the leader of a bunch of crooks (Cecil Parker, Peter Sellers, Herbert Lom and Danny Green) who pose as a string quintet while taking up residence in little old Katie Johnson's boarding house. They plot to kill her, but instead end up turning on each other. 1955, U, 97MIN

COMEDY

Bowfinger

4.20pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

Steve Martin's exploitation film-maker is desperate to get top action star Kit Ramsey (Eddie Murphy) to star in his latest trashy movie. So, with the help of the actor's nerdy brother (Murphy again), he simply starts filming Ramsey incognito and inserting the 'stolen' footage into the movie. Fresh and funny, this works both as a sly satire of the movie business and a hysterically funny farce. 1999, 12, 97MIN

THRILLER

The Accountant

2pm, Sky Assassins ★★★

Sex ●●● Violence ●●● Language ●●●

This ludicrous but entertaining thriller stars Ben Affleck as an autistic accountant who's a whiz at maths and a dab hand at killing people, too. But with suspicious US treasury agents on his tail, he takes a legitimate job for a robotics company, only for the gig to turn deadly after Anna Kendrick's chipper clerk finds a multi-million-dollar hole in the books. Before long, it's not just the numbers but also the bodies that are being counted. 2016, 15, 128MIN

BIOPIC

The Eyes of Tammy Faye

11.45pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Jessica Chastain celebrates kindness and inclusivity in this biopic of TV evangelist Tammy Faye Bakker. Chastain goes for broke as she charts Tammy's rise from humble 1950s beginnings to 1980s wealth and fame and fall when husband Jim (Andrew Garfield) was found guilty of fraud. The tone wavers, but it's genuinely uplifting. 2021, 12, 126MIN

■ Full listings start on p65

Wednesday

BIOPIC

Oppenheimer

4.55pm, Sky Drama ★★★★★

Sex ●●● Violence ●●● Language ●●●

Part first-person drama, part historical enquiry, part courtroom drama, writer-director Christopher Nolan's intense biopic of J Robert Oppenheimer (Cillian Murphy) is a colossal achievement. As periods of

Man with a plan: Cillian

DRAMA

Whiplash

8am & 4am, Sky Awards Season ★★★★★

Sex ●●● Violence ●●● Language ●●●

An electrifying battle of wills unfolds as Miles Teller's ambitious jazz drummer and JK Simmons' demanding teacher clash at an elite New York conservatory. This exhilarating rites-of-passage drama conveys the rigours and perils of the pursuit of excellence with sizzling immediacy and the result is a compelling cautionary tale driven by percussive editing and tightly wound acting. 2014, 15, 106MIN

DRAMA

Lion

6.40pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Based on an extraordinary true story, this drama sends your mind reeling. In 1986 India, a boy falls asleep on a train and ends up in Calcutta, with no idea of where he's from. After some harrowing scrapes, he's adopted by Nicole Kidman and David Wenham's saintly Australian couple and grows up into Dev Patel. Then the taste of an Indian sweet triggers a remarkable, needle-in-a-haystack search for his home village. 2016, PG, 118MIN

26 February

his life criss-cross, between student years and the 1950s when he's accused of Communist sympathies, his ambition to bring peace to wartime with the atom bomb changes the world. Oscar-winning Murphy has never been better, but Robert Downey Jr, Emily Blunt, Matt Damon and Florence Pugh also give outstanding turns. 2022, 15, 180MIN

COMEDY

Asteroid City

9.50pm, Sky Awards Season ★★★★

Sex ●○○ Violence ○○○ Language ●○○

Writer-director Wes Anderson's playful romp offers a wry exploration of life's mysteries set in a sun-kissed town in the US southwest where Junior Stargazers (and their parents) visit a meteor-crater site to display their inventions. As usual, there's a starry ensemble cast, including Scarlett Johansson, Jason Schwarztman and Tom Hanks – and no end of invention and drollery on show. 2023, 12, 105MIN

WORLD CINEMA

Ema

1am, C4 ★★★★

Sex ●●● Violence ●○○ Language ●●○

First seen with a flamethrower, Mariana Di Girolamo's dancer is a dangerously combustible presence in this fascinating film by Chilean director Pablo Larraín. And she sets fire to quite a few lives as she tries to win back the adopted child she previously rejected. It is hard at first to piece this oddity together, but Di Girolamo and its sheer vibrancy hold the attention. Subtitled. 2019, 15, 107MIN

■ Full listings start on p75

Thursday 27 February

MUSICAL DRAMA

A Star is Born

8pm, Sky Awards Season ★★★★★

Sex ●○○ Violence ●○○ Language ●●●

Thanks to electrifying performances from Lady Gaga and director and co-writer Bradley Cooper, this bittersweet showbiz saga – previously filmed in 1937, 1954 and 1976 – is still as fresh as ever. Bringing the story up-to-date, Cooper plays a hard-drinking country-rock star and Lady Gaga a struggling singer-songwriter who fall in love – but as her career takes off his begins to slide, with tragic results… The film was nominated for eight Oscars and won for best song, *Shallow*. A triumph. 2018, 15, 136MIN

Hi note: Bradley and Lady Gaga

WORLD CINEMA

The Worst Person in the World

Available now, C4 ★★★★★

Sex ●●○ Violence ○○○ Language ●●○

Endearingly flighty Julie (the sublime Renate Reinsve) is impulsive and indecisive, flirting with careers with the same alacrity with which she exchanges her sexual partners. Then she's thrust into the orbit of laid-back Eivind (Herbert Nordrum). Teetering merrily on the borders of good taste, this film is deeply human, with all the messiness that entails. It is stunningly good. Subtitled. 2021, 15, 128MIN

BIOPIC

The Colour Room

7.10am, Sky Drama ★★★★

Sex ○○○ Violence ○○○ Language ○○○

Phoebe Dynevor stars as ceramicist Clarice Cliff. In 1919, she's decorating pottery in a Stoke factory, but harbours grander ambitions with her own designs. One day owner Colley Shorter (Matthew Goode) sees her creations and from there it's a formulaic but satisfying climb through a male-dominated world. The period is beautifully evoked, Dynevor makes an engaging lead and Goode is charming. 2021, PG, 108MIN

DRAMA

She Came to Me

8.20am & 2.25am, Sky Awards Season ★★★★

Sex ●○○ Violence ○○○ Language ●●○

Depressed opera composer Peter Dinklage is in the midst of a creative block, so his wife (and ex-shrink) Anne Hathaway suggests walking around to find inspiration, which leads him into a bizarre one-night stand with tugboat captain Marisa Tomei. Trouble is, Tomei's not done with him... This oddball film travels down unexpected paths, with a sharp wit and keen eye for the idiocy and importance of love. 2023, 15, 102MIN

ADVENTURE

The Mission

9pm, Film4 ★★★★

Sex ○○○ Violence ●○○ Language ○○○

Roland Joffé's film of Spanish and Portuguese oppression in 18th-century South America is breathtakingly spectacular, packed with action and thought-provoking dialogue. Jeremy Irons plays the leader of a Jesuit group sent to convert a remote jungle tribe, and Robert De Niro plays a ruthless slave trader who, seeking atonement, joins the order. 1986, PG, 125MIN

■ Full listings start on p85

Friday 28 February

THRILLER

Nightmare Alley

9pm, Film4 ★★★★

Sex ●○○ Violence ●●○ Language ●●●

Leaving behind a body and a burning house, Bradley Cooper's Stan holes up at Willem Dafoe's carnival. There, he falls for Rooney Mara's Molly and finds a flair for fraudulent mentalism, which ferries him to fame in the city and fatefully into the orbit of sharp-eyed analyst Dr Lilith Ritter (Cate Blanchett). Ever the grifter, Stan sniffs out a scam, but is he up to it? Guillermo del Toro's lavish, wonderful-looking movie boasts a fabulous cast and a gripping story with a sting in its tail. 2021, 15, 150MIN

Something to hide: Bradley and co

CRIME COMEDY

In Bruges

Available now, Prime Video ★★★★

Sex ○○○ Violence ●●● Language ●●●

A botched job sees bickering Irish hit men, sulky Colin Farrell and cultivated Brendan Gleeson, sent by London boss Ralph Fiennes to hide out in Bruges, Belgium. Farrell and Gleeson make a hilarious double act and Fiennes is also a hoot in writer-director Martin McDonagh's sharp-witted debut. Gleeson and Farrell reunited to great effect in McDonagh's latest, *The Banshees of Inisherin* (see p24). 2007, 18, 107MIN

ACTION COMEDY

Fight or Flight

10.15am & 8pm, Sky Premiere ★★★

Sex ○○○ Violence ●●● Language ●●●

PREMIERE A knockabout, blood-spewing action comedy, what this really has going for it is a terrific Josh Hartnett. He's an ex-Special Service agent on a plane from Bangkok to San Francisco who must identify an elusive hacker and keep them safe from half the passengers who are actually assassins. It's beyond daft, but fun thanks to charming Hartnett and Charithra Chandran as a sassy flight attendant. 2025, 15, 101MIN

DRAMA

Pretty Red Dress

11.05pm, BBC2 ★★★★

Sex ●●○ Violence ●○○ Language ●●●

PREMIERE 'I like being pretty sometimes!' shrugs ex-con Travis (Natey Jones) after his teen daughter Kenisha (Temilola Olatunbosun) walks in on him wearing the beaded dress he's bought for her mum Candice (Alexandra Burke). With ace performances, authentic south London locations and a sizzling selection of Tina Turner covers, this appealing drama makes for a smart, seductive Brit-flick that's anything but a drag. 2022, 15, 110MIN

DRAMA

The Last Letter from Your Lover

Available now, Studiocanal Presents & 11.30pm, BBC1 (12.20am NI, 1am Scot) ★★★

Sex ●○○ Violence ○○○ Language ●●○

Felicity Jones' modern-day journalist unpicks a torrid 1960s affair between married Shailene Woodley and Callum Turner's hack. This entertaining version of Jojo Moyes' bestseller is well acted with an evocative period setting, steamy chemistry and even steamier locations on the French Riviera. 2021, 12, 109MIN

■ Full listings start on p95

Sport week

Your guide to the best of the week's live action

THE MAIN EVENT

Scotland's Duhan van der Merwe (left) and England's Fin Smith

Six Nations

Can **Scotland** make history in the Calcutta Cup showdown?

LIVE RUGBY UNION

Saturday & Sunday, BBC1 & ITV1

The third round of Six Nations matches take place over the weekend, with undefeated defending champions Ireland topping the table on 10 points, with England and France both on six. Here, we look ahead to all the action…

Scotland's Jamie Ritchie with the Calcutta Cup

Wales v Ireland

Saturday, kick-off 2.15pm, BBC1 & S4C

Cardiff coach Matt Sherratt faces a baptism of fire as he takes over as Wales' interim head coach following the departure of Warren Gatland after a record 14 successive Test match defeats.

Following a record drubbing by France and a first defeat in Italy for 18 years, Wales are bottom of the table and will need a near-miracle against Ireland to avoid a ninth successive defeat in the Six Nations.

By contrast, Ireland have a maximum 10 points from the opening two matches and are the only nation with a chance to claim the Grand Slam. With Sam Prendergast impressing in the number 10 jersey, victory over Wales would see Simon Easterby's champions claim the Triple Crown.

Wales' Jac Morgan (left) and Ireland's Sam Prendergast

England v Scotland

Saturday, 4.45pm, ITV1

Gregor Townsend's men will be out to make history at the Allianz Stadium in Twickenham, with a fifth Calcutta Cup triumph in a row – a feat never achieved by the Scots in the 146 years of the world's oldest international rivalry. Last year, Duhan van der Merwe became the first Scotland player to score a Calcutta Cup hat-trick and the powerful winger will be out to add to his career tally of six against the old enemy.

Meanwhile, England fans are still buzzing after the dramatic late win over France when Elliot Daly's try, converted by man of the match Fin Smith, secured a 26-25 victory. Steve Borthwick's options for the rest of the championship could be boosted by the imminent return of injured duo Immanuel Feyi-Waboso and George Furbank.

WORDS: RICHARD MCCLURE. PHOTOS: ALAMY, GETTY

LIVE MOTORCYCLING

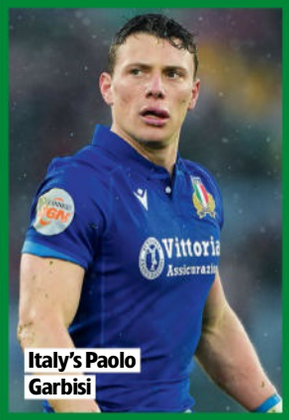
Superbike World Championship

Saturday, TNT Sports 2

Rev your engines as the Superbikes season starts with the traditional curtain-raiser at Philip Island, Australia. Turkish rider Toprak Razgatlioğlu is targeting a third world title after a sensational 2024 which saw the BMW racer set a record of 13 consecutive wins. Britain's Alex Lowes, who claimed two race victories for Kawasaki in Australia last year, is switching to Bimota machinery in 2025, while his identical twin brother Sam starts a second season at Ducati. It could be a make-or-break year for six-time world champion Jonathan Rea, who finished 13th in the standings in his first season with Pata Yamaha – the first winless campaign of his career. 'It was a dark year in many ways,' says the 38-year-old, who considered retirement from the sport. 'But I want to right the wrongs.'

Reigning world champion Toprak Razgatlioglu

Jonathan Rea


Italy's Paolo Garbisi

Italy v France

Sunday, kick-off 3pm, ITV1

Last year's fixture saw a thrilling contest finish 13-13, the first draw in the sides' Six Nations encounters, as Italy were denied a first championship victory in Paris when Paolo Garbisi's injury-time penalty hit the post. The fly-half has impressed again so far this year, along with Tommaso Allan, who's currently scored the most points in the championship (31). The Azzurri have defeated France twice before in Rome, in 2011 and 2013.

For Les Bleus, Louis Bielle-Biarrey is currently the leading try scorer in this year's tournament, having scored a brace in each of the opening two rounds, while superstar Antoine Dupont will want to be back to his inspirational best after a disappointing display against England.

France's Louis Bielle-Biarrey

Daniel Dubois

LIVE BOXING

Daniel Dubois v Joseph Parker

Sat, 4pm, Sky Sports Box Office, TNT Sports Box Office & DAZN

After stopping Anthony Joshua in five rounds in September, Britain's Daniel Dubois defends his IBF heavyweight world title against New Zealand's former champion Joseph Parker in Riyadh. Parker has earned a shot at the title thanks to a run of four victories, including wins over Deontay Wilder and Zhilei Zhang. Also on the card, Artur Beterbiev will defend his undisputed light-heavyweight crown in a mouth-watering rematch with fellow Russian Dmitry Bivol.

England's Mary Earps (left) and Spain's Jenni Hermoso

LIVE FOOTBALL

England v Spain

Wednesday, kick-off 8pm, ITV4

The Lionesses play their first home fixture of 2025 on Wednesday when England face Spain in a repeat of the 2023 World Cup final at Wembley. It's the nations' first meeting since Spain became world champions in Sydney with a 1-0 victory. Sarina Wiegman's squad for the Nations League Group A3 clash includes several players from that match including Lucy Bronze, Ella Toone and Mary Earps, who memorably saved a penalty.

England's Tom Banton

LIVE CRICKET

Champions Trophy

Saturday, play starts 9am, Sky Sports Cricket & Sky Sports Main Event

Lahore's Gaddafi Stadium is the venue as England take on rivals Australia in their opening match of the 50-overs tournament – and Jos Buttler's men will need to improve their performances following an ODI series whitewash in India. Somerset batter Tom Banton has replaced an injured Jacob Bethell in Brendon McCullum's squad which also faces Afghanistan at the same venue on Wednesday.

GOODBYE EUROSPORT

There's a big change to your sports viewing this week when Eurosport and TNT Sports channels are integrated.

Eurosport will no longer transmit from Friday 28 February and its content – including Grand Slam tennis and Grand Tour cycling – will instead be viewable on TNT Sports and Discovery+.

AWARD-WINNING **YACHT CRUISES**

Explore Croatia on a Riviera Travel Yacht Cruise

Embark on an expedition across Croatia, splitting your time between relaxing onboard our luxury yacht cruises and exploring the natural beauty of the Dalmatian Coastline. From the carpeted pine forests of Mljet to the picturesque islandic town of Korcula, discover the enchanting nature of Croatia and its magnificent coastline on a luxury yacht cruise.

All cruises include

- Return flights from a choice of regional airports
- Seven nights on the four-star yacht in your choice of cabin
- Daily breakfast, plus other meals, and the Captain's Dinner
- Services of our experienced Tour Manager
- Complimentary Wi-Fi on board
- All port charges, airport taxes and overseas transfers

Dubrovnik, Split & Jewels of the Dalmatian Coast

8 days from £2,249PP

July & August 2025

Your experiences

- Eight guided tours and visits, including guided tours of Dubrovnik, Split and the Emperor Diocletian's Palace, Hvar and Korcula, and visits to Mljet and the islet of St Mary's, Pucišca and Stari Grad
- Swim stops in secluded, idyllic island locations

Split, Rab & Undiscovered Islands of the North

8 days from £1,999PP

May to September 2025

Your experiences

- Eight guided tours and visits,split including guided tours of Trogir, Split and the Emperor Diocletian's Palace, Zadar and Šibenik, and visits to Rab, Vodice and Telašcica, plus cruise through the Kornati National Park
- Swim stops in unspoilt, idyllic island locations

Your next adventure starts here...

For more information or to book, visit us online or call our experienced team

rivieratravel.co.uk/tvs | **01283 901 418** quoting code TVS

Which? Recommended Provider

RIVIERA TRAVEL

TERMS & CONDITIONS: Additional entrance costs may apply. Prices are per person, based on two sharing and subject to finite availability. Images used in conjunction with Riviera Travel. Offer operated by and subject to the booking conditions of Riviera Travel Ltd, ABTA V4744, ATOL 3430, a company wholly independent of TV & Satellite Week, published by Future Plc. Prices correct at time of going to print. See website for full details.

ABTA ABTA No. V4744

Sport week A-Z GUIDE

BASKETBALL

LIVE Chicago Bulls v Phoenix Suns
Sat 10pm TNT Sports 4

LIVE Denver Nuggets v Los Angeles Lakers
Sat 1.30am TNT Sports 4

LIVE NC State Wolfpack v Notre Dame Fighting Irish
Sun 5pm Sky Sports Mix

LIVE Boston Celtics v New York Knicks
Sun 6pm TNT Sports 2

LIVE Louisville Cardinals v North Carolina Tar Heels
Sun 7pm Sky Sports Mix

LIVE Golden State Warriors v Dallas Mavericks
Sun 8.30pm TNT Sports 2

LIVE Minnesota Timberwolves v Oklahoma City Thunder
Sun 2.30am TNT Sports 1

LIVE Orlando Magic v Cleveland Cavaliers
Tue 12.30am TNT Sports 1

LIVE Los Angeles Lakers v Dallas Mavericks
Tue 3am TNT Sports 1

LIVE Auburn Tigers v Ole Miss Rebels
Wed 12m't Sky Sports Mix

LIVE New York Knicks v Philadelphia 76ers
Wed 12m't TNT Sports 1

LIVE Duke Blue Devils v North Carolina Tar Heels
Thu 12m't Sky Sports Mix

LIVE Milwaukee Bucks v Denver Nuggets
Thu 12.30am TNT Sports 1

LIVE Phoenix Suns v New Orleans Pelicans
Thu 3am TNT Sports 1

LIVE VCU Rams v Davidson Wildcats
Fri 12m't Sky Sports Mix

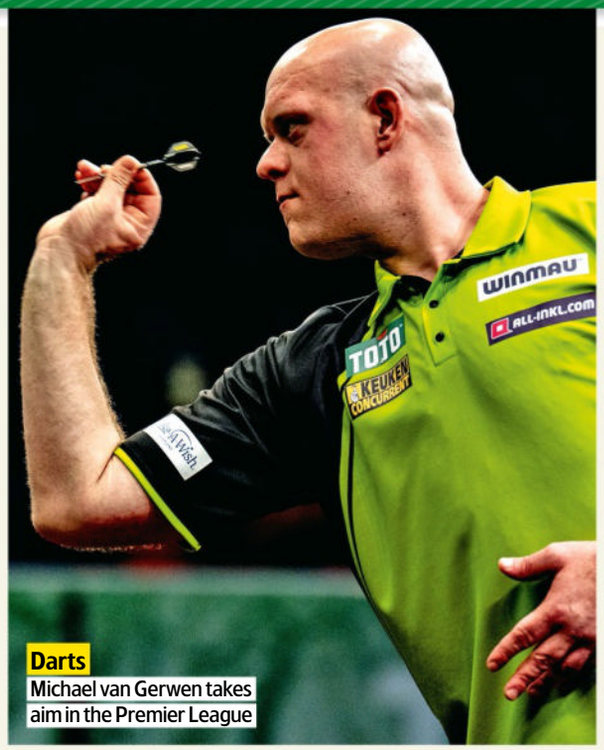
LIVE Boston Celtics v Cleveland Cavaliers
Fri 12.30am TNT Sports 1

LIVE Los Angeles Lakers v Los Angeles Clippers
Fri 3am TNT Sports 1

BOXING

LIVE Artur Beterbiev v Dmitry Bivol and Daniel Dubois v Joseph Parker
Sat 4pm Sky Sports Box Office & TNT Sports Box Office
From Kingdom Arena. See p29.

SUBSCRIPTION OFFER
6 issues for £1*
ONLY 17p AN ISSUE
visit: tvsatsubs.co.uk/D67K
Terms and Conditions: *Offer closes 31 October 2025. After your first six issues, your subscription will continue on at £31.25 every three months. For full T&Cs, visit magazinesdirect.com/terms.



Darts
Michael van Gerwen takes aim in the Premier League

LIVE Junto Nakatani v David Cuellar Contreras
Mon 8am Sky Sports Action

COMBAT SPORTS

LIVE UFC Fight Night
Sat 12m't TNT Sports 1

LIVE Henry Cejudo v Song Yadong
Sat 2am TNT Sports 1
From Climate Pledge Arena, Seattle.

CRICKET

LIVE Australia v England
Sat 8.30am Sky Sports Main Event & Sky Sports Cricket
The ICC Champions Trophy Group B match staged in Lahore. See p29.

LIVE Delhi Capitals v UP Warriorz
Sat 1.50pm Sky Sports Mix

LIVE Pakistan v India
Sun 8.30am Sky Sports Main Event & Sky Sports Cricket

LIVE Bangladesh v New Zealand
Mon 8.30am Sky Sports Main Event & Sky Sports Cricket

LIVE Royal Challengers Bengaluru v UP Warriorz
Mon 1.50pm Sky Sports Mix

LIVE Australia v South Africa
Tue 8.30am Sky Sports Main Event & Sky Sports Cricket

LIVE Delhi Capitals v Gujarat Giants
Tue 1.50pm Sky Sports Mix

LIVE Afghanistan v England
Wed 8.30am Sky Sports Main Event & Sky Sports Cricket
The ICC Champions Trophy match.

LIVE Mumbai Indians v UP Warriorz
Wed 1.50pm Sky Sports+

LIVE Pakistan v Bangladesh
Thu 8.30am Sky Sports Main Event & Sky Sports Cricket

LIVE Royal Challengers Bengaluru v Gujarat Giants
Thu 1.50pm Sky Sports+

LIVE Afghanistan v Australia
Fri 8.30am Sky Sports Main Event & Sky Sports Cricket

LIVE Delhi Capitals v Mumbai Indians
Fri 1.50pm Sky Sports+

CYCLING

LIVE Men's UAE Tour
Sat & Sun 10.50am Euro2

LIVE Tour of Andalucia
Sat & Sun 12.30pm Euro2

LIVE Tour of Algarve
Sat & Sun 3pm Euro2

LIVE Tour of Galicia
Wed-Fri 2.30pm TNT Sports 1; Wed 2.30pm Euro2; Thu 2.30pm Euro1

DARTS

LIVE World Seniors Championships
Sat 1pm & 7pm TNT Sports 2
The fourth day in Purfleet, Essex.

LIVE Premier League
Thu 7pm Sky Sports Main Event & Sky Sports Action
Night four at Westpoint Arena, Exeter.

LIVE UK Open
Fri 11.45am & 7pm ITV4
The first day at Butlin's Minehead.

GOLF

LIVE LPGA Thailand
Sat & Sun 6am Sky Sports Golf; Sun 6.15am Sky Sports Main Event
Days three and four in Pattaya.

LIVE Kenya Open
Sat 9.30am & Sun 9am Sky Sports Golf
Days three and four in Nairobi.

LIVE Mexico Open
Sat & Sun 2pm Sky Sports Golf; Sat 8.30pm & 8pm Sky Sports Main Event; Sun 6pm Sky Sports+
Coverage of days three and four at VidantaWorld in Vallarta, Mexico.

LIVE Los Angeles v New York
Mon 10pm Sky Sports Golf & 10.30pm Sky Sports Main Event
Coverage of the TGL game in Florida.

LIVE Boston Common Golf v Atlanta Drive Golf Club
Mon 2am Sky Sports Golf
The TGL match in Florida.

LIVE The Bay v Jupiter Links
Tue 2am Sky Sports Golf
Coverage of the TGL game.

LIVE Women's World Championship
Wed-Fri 2.30am Sky Sports Golf
Days one to three from Singapore.

LIVE South African Open Championship
Thu & Fri 11am Sky Sports Golf
Days one and two in Durban.

LIVE Cognizant Classic
Thu & Fri 4pm Sky Sports Golf; Fri 5.30pm Sky Sports Main Event
Days one and two from Florida.

HORSE RACING

LIVE Kempton Park, Newcastle and Southwell
Sat 1.30pm ITV1

ICE HOCKEY

LIVE Nashville Predators v Colorado Avalanche
Sat 11pm Premier Sports 2

LIVE Los Angeles Kings v Utah Hockey Club
Sat 2am Premier Sports 1

LIVE Tampa Bay Lightning v Seattle Kraken
Sun 11pm Premier Sports 1

LIVE Calgary Flames v San Jose Sharks
Sun 1am Premier Sports 2

LIVE Winnipeg Jets v San Jose Sharks
Mon 12.30am Premier Sports 2

LIVE Los Angeles Kings v Vegas Golden Knights
Mon 3.30am Premier Sports 1

LIVE Boston Bruins v Toronto Maple Leafs
Tue 12m't Premier Sports 2

LIVE Nashville Predators v Florida Panthers
Tue 1am Premier Sports 1

LIVE Ottawa Senators v Winnipeg Jets
Wed 12m't Premier Sports 2

LIVE Colorado Avalanche v New Jersey Devils
Wed 2.30am Premier Sports 1

LIVE Tampa Bay Lightning v Calgary Flames
Thu 12m't Premier Sports 2

LIVE Florida Panthers v Edmonton Oilers
Thu 12.30am Premier Sports 1

LIVE New York Rangers v Toronto Maple Leafs
Fri 12m't Premier Sports 2

LIVE Colorado Avalanche v Minnesota Wild
Fri 2am Premier Sports 1

MOTORCYCLING

LIVE Superbike World Championship
Sat 1.45am & 3.15am TNT Sports 2
Round one at Phillip Island Grand Prix Circuit in Australia. See p29.

LIVE MotoGP
Thu 2am, Fri 6am & 1.30am TNT Sports 2

MOTORSPORT

LIVE V8 Supercars Championship
Sat 8.30am TNT Sports 2 & 5am TNT Sports 4

LIVE Formula 1
Wed-Fri 6.50am Sky Sports Main Event; Wed-Fri 6.50am & 11.55am Sky Sports F1 & Sky Sports Mix

LIVE FIA World Endurance Championship
Fri 10.30am TNT Sports 2

LIVE Indycar
Fri 9.30pm Sky Sports F1

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 1

RUGBY LEAGUE

LIVE Brisbane Broncos v Canterbury-Bankstown Bulldogs
Sat 6.30am Sky Sports Main Event & Sky Sports Action

LIVE Dolphins v Gold Coast Titans
Sat 8.30am Sky Sports Action

LIVE Sydney Roosters v Newcastle Knights
Sat 4.15am Sky Sports Main Event & Sky Sports Action

LIVE Melbourne Storm v North Queensland Cowboys
Sun 6.15am Sky Sports Action

LIVE Leigh Leopards v Huddersfield Giants
Sun 2.15pm BBC2 (kick-off 2.30pm)
Coverage of the Super League game.

LIVE Leigh Leopards v Catalans Dragons
Fri 7.30pm Sky Sports Action & Sky Sports+ (kick-off 8pm)

RUGBY UNION

LIVE Highlanders v Blues
Sat 6am Sky Sports Mix

LIVE Brumbies v Western Force
Sat 8.30am Sky Sports Mix

LIVE Bulls v Lions
Sat 11.55am Premier Sports 1

LIVE Wales v Ireland
Sat 1.15pm BBC1, 1.30pm S4C (kick-off 2.15pm)
The Six Nations clash. See p28.

LIVE La Rochelle v Racing 92
Sat 3.25pm Premier Sports 2

LIVE England v Scotland
Sat 4pm ITV1 (kick-off 4.45pm)
Coverage of the Six Nations match staged at Twickenham. See p28.

LIVE Rugby Sevens
Sat 6.30pm, Sun 6.45pm & 10.15pm TNT Sports 3

LIVE Toulouse v Bayonne
Sat 8pm Premier Sports 2

LIVE Italy v France
Sun 2.15pm ITV1 (kick-off 3pm)
Coverage of the Six Nations match from Stadio Olimpico. See p28.

LIVE Bordeaux v Clermont Auvergne
Sun 8pm Premier Sports 2

LIVE Moana Pasifika v Highlanders
Fri 6am Sky Sports Action

Sport A-Z and football planner >>>

DON'T MISS OUT... IT'S THE PERFECT TIME FOR PLANTING!

5 Premium Quality, Highly Fragrant 'Old English' Roses

Flowering non-stop for 6 months each year! SAVE AN INCREDIBLE £30.00!

- ✔ Each variety will give you waves of classically perfumed, goblet-shaped, fully double blooms for up to six months each year
- ✔ The roses are very similar to the Chelsea Flower Show winning varieties that are so expensive in garden centres
- ✔ Give them pride of place in your borders, pots and containers or grow in a cut flower garden
- ✔ Supplied as 5 premium-quality, bare-root bushes

"Great bare root roses – nice shape to them, good price, delivered safely with care." **Denise, *Trusted Customer*** feefo ★★★★★

Expertly bred using modern techniques for summer-long flowers, beautiful fragrance AND superb garden performance!

These wonderful new roses have been expertly bred using the latest techniques to give you summer-long displays, superb fragrance – and simply brilliant garden performance! Each lovely new variety will give you waves of breathtaking fully double blooms for up to six months each year, each fully loaded with delicate petals and exquisite fragrance too! Height 1m (3ft).

Classic 'Old English' Rose Collection

5 premium bare root bushes in 5 colours. ITEM: 530022

SAVE £30.00 Now **£19.95** SAVE **£30.00**

EXTRA BONUS OFFER SAVE £13.00

Twin Pack 40 Litre Professional Compost

Simply the best premium compost that you can buy, now delivered direct to your door for ultimate convenience free of charge!

Item: 100064

ONLY £23.97

SAVE £13.00!

'Old English' Rose Collection

SAVE £30.00!

5 BARE ROOT ROSES

ONLY £19.95 + P&P

SAVE £30.00

in association with TV&Satellite week

TOTALLY WINTER HARDY

10 YEARS of provable Trusted Service 2024 feefo

Just £3.99 each

Your collection contains 1 of each colour below

Premium-quality 'Old English' shrub roses – very similar to Chelsea Flower Show winning varieties and normally incredibly expensive...

Now yours for only £3.99 each!

FREE

ULTIMATE ROSE 'BLOOM-BOOSTER' COMPLETE FERTILISER 100G

Roses like you've never seen before! WORTH £4.99!

SCAN HERE With your camera phone to order now!

YOUGARDEN DOUBLE GUARANTEE

We've got you covered with the YOUGARDEN DOUBLE GUARANTEE

1 Unhappy with your order? Return it within 30 days and we'll replace or refund in full.

2 Should any winter hardy plants perish thereafter, we'll replace for free, you just pay the P&P.

★★★★★ **10 YEARS TRUSTED SERVICE with 136,000+ reviews** feefo

3 EASY WAYS TO ORDER

0844 502 0050

Calls cost 5p per min plus your network's access charge.

USE CODE TVSW383

Shop online anytime: www.YouGarden.com/TVSW383

or by post using coupon opposite to:

Offer TVSW383, YouGarden, PO Box 1468, Peterborough, PE1 9XL

DON'T MISS THESE LIMITED OFFERS

PLEASE SEND TO: **Offer TVSW383, YouGarden, PO Box 1468, Peterborough, PE1 9XL**

YOUR ORDER DETAILS

Item	Description	Price	Qty	Subtotal
100198	**Ultimate Rose 'Bloom-Booster' Fertiliser 100g** FREE with every order WORTH £4.99!	FREE		
530022	**Classic 'Old English' Rose Collection** 5 grower-quality bare-root bushes SAVE £30	£19.95		
	These special offers go perfectly with your 'Old English' Roses			
100196	**Ultimate Rose 'Bloom-Booster' Complete Fertiliser** 750g Bag SAVE £2!	£12.99		
100064	**Twin pack 40L Professional Compost** 40L Twin Pack FREE P&P! SAVE £13	£23.97		
	Orders despatched within 5-7 working days. Offer subject to availability and in the event that this offer is oversubscribed, we reserve the right to send suitable substitutes. Delivery to UK only and a £3.00 surcharge will apply to the following postcode areas: AB, DD8-11, GY, HS, IM, IV, JE, KA27-28, KW, PA20-80, PH19-50, TR21-25 & ZE. Following Brexit there are a number of changes that prevent us from trading in N. Ireland. For further details please visit www.yougarden.com for full terms & conditions.	P&P	£6.99	
		TOTAL ORDER		

YOUR PAYMENT DETAILS I enclose a cheque/Postal Order payable to YouGarden (name & address on back) for £ _____

Or charge my Visa / Mastercard:

Card No. ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐ Issue No. ☐☐

Start Date ☐☐☐☐ Exp Date ☐☐☐☐

DELIVERY DETAILS

Mr/Mrs/Ms/Miss _____ Initial _____ Surname _____

Address _____

Postcode _____

Email _____

Tel _____

If you do not wish to receive catalogues & offers from us, please tick here ☐. We think you'd enjoy some of the latest products and selected offers by post from other trusted retailers, charities, finance, travel, FMCG and utility companies. If you do not wish to receive these, please tick here ☐. Full details at YouGarden.com/Privacy.

you garden — gardening for everyone

YOU MUST USE OFFER CODE TVSW383 TO GET THESE EXCLUSIVE PRICES!

Football planner

LIVE NSW Waratahs v Fijian Drua
Fri 8.30am Sky Sports Action

LIVE Zebre v Dragons
Fri 7.15pm Premier Sports 2 & 7.30pm BBC2 Wales

LIVE Musselburgh v Watsonians
Fri 7.30pm BBC Alba

LIVE Premiership Rugby Cup
Fri 7.30pm TNT Sports 1

LIVE Munster v Edinburgh
Fri 7.30pm Premier Sports 1

LIVE Chiefs v ACT Brumbies
Fri 3.30am Sky Sports Action

SKIING

LIVE Ski Mountaineering
Sat 7.55am Euro1

LIVE Alpine Skiing
Sat 9am. Sun 9.30am Euro1
From Crans Montana in Switzerland.

LIVE Alpine Skiing
Sat 10am & 12.45pm, Sun 8.15am & 11.15am Euro1
Coverage from Sestriere, Italy.

LIVE Biathlon
Sat 11am & 2pm, Sun 12.15pm & 2.50pm Euro1

LIVE Freestyle Skiing
Sat 5.50pm Euro1

LIVE Cross Country Skiing
Wed 12.30pm & 2.30pm, Thu 9am & 11.30am TNT Sports 4; Thu 9am Euro 1; Thu 11.15am Euro2
Coverage from Trondheim, Norway.

LIVE Nordic Combined Skiing
Thu 1.45pm & 3.50pm Euro 2; Thu 2pm & 4pm, Fri 11am & 3pm TNT Sports 4

LIVE Alpine Skiing
Fri 9.30am TNT Sports 1
Coverage from Kvitfjell, Norway.

SNOOKER

LIVE World Open
Sun 6am Euro2; Sun-Fri 6am & 11.30am TNT Sports 3; Mon-Thu 6am & 11.30am Euro1
Days one to six from Yushan, China.

TENNIS

LIVE ATP Doha Open final
Sat 3pm Sky Sports+

LIVE WTA Dubai Championships final
Sat 3pm Sky Sports Tennis

LIVE ATP Rio de Janeiro Open
Sat 8pm & Sun 8.30pm Sky Sports Tennis
The semi-finals and final in Brazil.

LIVE ATP Dubai Championships
Mon 10am & 2.30pm, Tue & Wed 10am, Thu 10am & 3pm, Fri 1pm Sky Sports Tennis
Coverage of days one to four.

WATER SPORT

LIVE E1 World Championship
Sat 1pm ITV4

WINTER SPORTS

LIVE Snowboarding
Sat 4.50pm & 7.20pm Euro1

LIVE Ski Jumping
Sun 1.30pm Euro1
From Hinzenbach, Austria.

LIVE Ski Jumping
Thu 7.25pm Euro2; Thu 7.30pm & Fri 1pm TNT Sports 4
Coverage from Trondheim, Norway.

Saturday 22

LIVE Central Coast Mariners v Western Sydney Wanderers
6am TNT Sports 1 (kick-off 6am)

LIVE Melbourne Victory v Melbourne City
8.30am TNT Sports 1

LIVE Perth Glory v Sydney FC
10.45am TNT Sports 2

LIVE Sunderland v Hull City
11am Sky Sports Football (kick-off 12.30pm)
The Championship match.

LIVE Everton v Manchester United
11am TNT Sports 1 (kick-off 12.30pm)
Coverage of the Premier League match staged at Goodison Park.

LIVE Hibernian v Celtic
12noon Premier Sports 2 (kick-off 12.30pm)
The Scottish Premiership match.

LIVE Derby County v Millwall
12.25pm Sky Sports+ (kick-off 12.30pm)
The Championship match.

LIVE Aston Villa v Chelsea
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm)
Coverage of the Premier League match staged at Villa Park.

LIVE Stenhousemuir v Arbroath
5.20pm BBC Alba (kick-off 5.30pm)
The SPFL League One match.

LIVE Borussia Dortmund v FC Union Berlin
5.20pm Sky Sports Football & Sky Sports+ (kick-off 5.30pm)

LIVE Valencia v Atletico Madrid
5.25pm Premier Sports 1

LIVE Inter Milan v Genoa
7.30pm TNT Sports 1

LIVE Las Palmas v Barcelona
7.55pm Premier Sports 1 (kick-off 8pm)

Sunday 23

LIVE Western United v Adelaide United
6am TNT Sports 1 (kick-off 6am)

LIVE St Johnstone v Hearts
11am Sky Sports Football (kick-off 12noon)
The Scottish Premiership match.

LIVE Watford v Luton Town
11.50am Sky Sports+ (kick-off 12noon)
The Championship match.

LIVE Athletic Bilbao v Real Valladolid
12.55pm Premier Sports 1 (kick-off 1pm)

LIVE Newcastle United v Nottingham Forest
1pm Sky Sports Main Event & Sky Sports Premier League (kick-off 2pm)
Coverage of the Premier League match staged at St James' Park.

LIVE RB Leipzig v FC Heidenheim 1846
2.30pm Sky Sports Football (kick-off 2.30pm)

LIVE PREMIER LEAGUE

Everton v Manchester United

Saturday, kick-off 12.30pm, TNT Sports 1

David Moyes' return to Goodison Park has sparked an improvement in the Toffees' fortunes. The former United boss will want to add to his ex-club's disarray, with Rasmus Højlund and Joshua Zirkzee both struggling to find the net.

LIVE PREMIER LEAGUE

Newcastle United v Nottingham Forest

Sunday, kick-off 2pm, Sky Sports Main Event & Sky Sports Premier League

As Magpies fans look forward to next month's EFL Cup final, Forest are aiming for a first top-four finish since 1994-95. Can Chris Wood beat Stan Collymore's 22-goal record haul from that season?

LIVE PREMIER LEAGUE

Manchester City v Liverpool

Sunday, kick-off 4.30pm, Sky Sports Main Event & Sky Sports Premier League

It's a crucial week for the Reds as they visit the champions, who they brushed aside at Anfield in December with goals from Cody Gakpo and Mo Salah, then host Newcastle United (Wed, 8.15pm, TNT Sports 1).

LIVE Mansfield Town v Wrexham
2.50pm Sky Sports+ (kick-off 3pm)
The League One game at Field Mill.

LIVE Real Madrid v Girona
3.10pm Premier Sports 1 (kick-off 3.15pm)

LIVE Manchester City v Liverpool
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm)
Coverage of the Premier League match staged at Etihad Stadium.

LIVE Bayern Munich v Eintracht Frankfurt
4.30pm Sky Sports Football (kick-off 4.30pm)

LIVE Getafe v Real Betis
5.25pm Premier Sports 1

LIVE TSG 1899 Hoffenheim v VfB Stuttgart
6.30pm Sky Sports Football (kick-off 6.30pm)

LIVE Cagliari v Juventus
7.30pm TNT Sports 1 (kick-off 7.45pm)

LIVE Real Sociedad v Leganes
7.55pm Premier Sports 1 (kick-off 8pm)

Monday 24

LIVE Sheffield United v Leeds United
7pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The Championship match.

LIVE Sevilla v Mallorca
7.55pm Premier Sports 1 (kick-off 8pm)

Tuesday 25

LIVE Wolverhampton Wanderers v Fulham
6.30pm TNT Sports 4 (kick-off 7.30pm)
Premier League match at Molineux.

LIVE Chelsea v Southampton
6.30pm TNT Sports 1 (kick-off 8.15pm)
Coverage of the Premier League match from Stamford Bridge.

LIVE Crystal Palace v Aston Villa
6.30pm TNT Sports 2 (kick-off 7.30pm)
Coverage of the Premier League match staged at Selhurst Park.

LIVE Brighton & Hove Albion v Bournemouth
6.30pm TNT Sports 3 (kick-off 7.30pm)
Premier League fixture.

LIVE Wales v Sweden
7pm BBC1 (Wales only) & BBC iPlayer (kick-off 7.15pm)
Women's UEFA Nations League.

LIVE Celtic v Aberdeen
7.15pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The Scottish Premiership match.

LIVE Scotland v Netherlands
7.30pm BBC Scotland & BBC iPlayer (kick-off 7.30pm)
The UEFA Women's Nations League fixture at Hampden Park.

LIVE Stoke City v Middlesbrough
7.35pm Sky Sports+ (kick-off 7.45pm)
The Championship match.

LIVE RB Leipzig v VfL Wolfsburg
7.40pm Premier Sports 2 (kick-off 7.45pm)

LIVE Inter Milan v Lazio
7.55pm Premier Sports 1 (kick-off 8pm)

Wednesday 26

LIVE Manchester United v Ipswich Town
6.30pm TNT Sports 4 (kick-off 7.30pm)
Coverage of the Premier League match staged at Old Trafford.

LIVE Liverpool v Newcastle United
6.30pm TNT Sports 1 (kick-off 8.15pm)
Premier League match at Anfield.

LIVE Nottingham Forest v Arsenal
6.30pm TNT Sports 2 (kick-off 7.30pm)
Coverage of the Premier League match from The City Ground.

LIVE Tottenham Hotspur v Manchester City
6.30pm TNT Sports 3 (kick-off 7.30pm)
The Premier League match from Tottenham Hotspur Stadium.

LIVE Wrexham v Peterborough United
7pm Sky Sports+ (kick-off 7.30pm)
The EFL Trophy semi-final.

LIVE Kilmarnock v Rangers
7.15pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The Scottish Premiership match.

LIVE England v Spain
7.15pm ITV4 (kick-off 8pm)
UEFA Women's Nations League game staged at Wembley. See p29.

LIVE Juventus v Empoli
7.55pm Premier Sports 1 (kick-off 8pm)

Thursday 27

LIVE West Ham United v Leicester City
7pm TNT Sports 1 (kick-off 8pm)
Coverage of the Premier League match from the London Stadium.

LIVE Barrow v Carlisle United
7.30pm Sky Sports Football (kick-off 8pm)
Coverage of the League Two game.

LIVE Central Coast Mariners Women v Western Sydney Wanderers Women
5.45am TNT Sports 4

Friday 28

LIVE Wellington Phoenix v Melbourne City
6.30am TNT Sports 1

LIVE Central Coast Mariners v Western United
8.30am TNT Sports 4

LIVE VfL Stuttgart v Bayern Munich
7.20pm Sky Sports Mix (kick-off 7.30pm)

LIVE FA Cup
7.30pm ITV1
Coverage of a fifth-round match.

LIVE Partick Thistle v Livingston
7.30pm BBC Scotland (kick-off 7.45pm)
The Scottish Championship game.

LIVE Sheffield Wednesday v Sunderland
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The Championship match.

LIVE Auckland FC v Adelaide United
4am TNT Sports 3 (kick-off 4am)

LIVE Canberra United Women v Melbourne City Women
5am TNT Sports 4 (kick-off 5am)

PHOTOS: GETTY

6 issues for £1

NEW DIGITAL ACCESS** included with your subscription

4 easy ways to subscribe

MAIL coupon below **VISIT** tvsatsubs.com/D67J **CALL** 0330 333 1113 **SCAN** QR code

Complete this coupon and send to: FREEPOST Future Publishing Limited (No further address needed. No stamp required – for UK only)

☐ ***YES!*** *I would like to subscribe to TV & Satellite Magazine*

CODE D67J

CHOOSE FROM TWO EASY PAYMENT OPTIONS:

1. UK DIRECT DEBIT: 6 issues for £1*, followed by £31.25 every 3 months (12 issues), saving 28%†

For office use only: Originator's Reference – 173594

Name of bank:

Address of bank:

Postcode:

Name of account holder:

Sort code: ☐☐-☐☐-☐☐ Account no: ☐☐☐☐☐☐☐☐

DIRECT Debit *Instruction to your bank or building society: Please pay Magazines Direct from the account detailed on this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with Magazines Direct and, if so, details will be passed electronically to my bank or building society.*

Signature *(I am over 18)*

Date:

THE DIRECT DEBIT GUARANTEE · This Guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits. If there are any changes to the amount, date or frequency of your Direct Debit, Magazines Direct will notify you 3 working days in advance of your account being debited or as otherwise agreed. If you request Magazines Direct to collect a payment, confirmation of the amount and date will be given to you at the time of the request. If an error is made in the payment of your Direct Debit by Magazines Direct or your bank or building society, you are entitled to a full and immediate refund of the amount paid from your bank or building society. If you receive a refund you are not entitled to, you must pay it back when Magazines Direct instructs. You can cancel a Direct Debit at any time by simply contacting your bank or building society, please notify us in advance as written confirmation may be required

2. CREDIT/DEBIT CARD/CHEQUE/POSTAL ORDER/CASH *(Circle Option)*

PLEASE TICK OFFER THAT APPLIES:

☐ **UK 1-year** Pay Only £134.49 for 12 months, saving 23%†

☐ **UK 2-year** Pay Only £249.99 for 24 months, saving 28%†

PAYMENT DETAILS

☐ Payment Enclosed: £ _____

☐ Charge My *(please circle)*

Visa / Mastercard / Amex :£ _____ Only

Card no: ☐☐☐☐-☐☐☐☐-☐☐☐☐-☐☐☐☐

Expiry date ☐☐/☐☐

Signature *(I am over 18)*

Date:

TERMS AND CONDITIONS: Offer closes 31 October 2025. Offer open to new UK subscribers only. Direct Debit offer is available to UK subscribers only. *After your first 6 issues, your subscription will continue at £31.25 payable every 3 months (12 issues) by UK Direct Debit. †Savings based on single copy price, 51 issues per year. The subscription rate includes postage and packaging. If the magazine ordered changes frequency per annum, we will honour the number of issues paid for, not the term of the subscription. Price is guaranteed for the first 6 months, please allow up to 6 weeks for the delivery of your first subscription issue (up to 8 weeks overseas). Payment is non-refundable after the 14-day cancellation period. **Access to the digital library will end with your subscription. For full terms and conditions, visit www.magazinesdirect.com/terms. For UK enquiries please call: +44 (0) 330 333 1113. Lines are open Monday-Friday 8:30am-7pm, Saturday 10am-3pm UK Time (excluding Bank Holidays) or email: help@magazinesdirect.com. Calls to 0330 numbers will be charged at no more than a national landline call, and may be included in your phone provider's call bundle.

SHIPPING DETAILS OF SUBSCRIPTION *(yourself or gift recipient)*
To give more than one subscription, please give address details on a separate sheet.

Mrs/Miss/Ms/Mr *(please circle)*

Forename:

Surname:

Address:

Postcode:

BILLING DETAILS

Mrs/Miss/Ms/Mr *(please circle)*

Forename:

Surname:

Address:

Postcode:

Home Telephone: *(inc area code)*

Mobile:

E-mail:

☐ *Please keep me up to date with special offers and news just by email from carefully selected companies. Your personal details will not be shared with those companies - we send the emails and you can unsubscribe at any time.*

*By submitting your information, you agree to our Privacy Policy available at www.futureplc.com/privacy-policy/. Please keep me up to date with special offers and news from **TV & Satellite** and other brands within the Future Publishing Ltd Group by ☐ email, ☐ post, ☐ telephone and/or ☐ SMS. You can unsubscribe at any time.*

Saturday

22 February

Evening Planner

Cricket

Champions Trophy
Sky Sports Main Event & Sky Sports Cricket, play starts 9am
England face their old rivals Australia in their opening game of the tournament.

Rugby Union

Six Nations
BBC1 & ITV1
Round two starts with a tough game for Wales against Ireland, before England face Scotland in the Calcutta Cup match.

Entertainment

Britain's Got Talent
ITV1, 7pm
The nationwide search for an act worthy to perform in front of royalty begins, with KSI joining the panel as a guest judge.

Drama

Dope Girls
BBC1, 9.15pm (box set, BBC iPlayer)
Julianne Nicholson stars in this period drama, about a group of women working in a Soho nightclub in post-WW1 London.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 6.40 Michael McIntyre's...	7.40 The Weakest Link		8.25 Casualty		9.15 Dope Girls	10.10 News	10.30 Match of the...
	102 BBC2	‹ 6.40 Flog It!	7.25 The Balkans: Europe's Forgotten Frontier		8.25 Fleetwood Mac at the BBC		9.25 Fleetwood Mac's Songbird – Christine McVie		
	103 ITV1	7.00 Britain's Got Talent			8.25 The 1% Club		9.30 The Jonathan Ross Show		10.30 News
	104 CHANNEL 4		7.15 Our Farm Next Door: Amanda, Clive...	8.15 All Aboard! Scotland's Poshest Train			9.15 Film: The Banshees of Inisherin		
	105 CHANNEL 5	7.00 Secrets of the Royal Borough...		8.00 Clarence House: A Royal Residence			9.30 Edward: 60 Years a Prince		10.30 When...
	106 SKY SHOWCASE	7.00 Landscape Artist of the Year		8.00 A League of Their Own		9.00 The Simpsons	9.30 Film: Fast & Furious 5		
ENTERTAINMENT	115 BBC3	7.00 Film: Puss in Boots			8.20 EastEnders		9.20 EastEnders...	9.50 Two Pints of Lager and a Packet of Crisps	
	116 BBC4	7.00 Ulster...	7.20 All Creatures Great and Small			9.00 An t-Eilean (The Island)			
	118 ITV2		7.10 Film: Johnny English Strikes Again			9.00 Film: The Hitman's Bodyguard			
	136 MORE4	‹ 6.55 Four in a Bed		7.55 999: On the Front Line		9.00 24 Hours in A&E			
	135 E4	7.00 Film: Home Alone 3				9.00 Celebrity Gogglebox		10.05 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare				9.00 Elsbeth		10.00 Blue Bloods	
	108 SKY ATLANTIC	‹ 6.35 Gangs of London						10.00 The White Lotus	
	110 U&GOLD	‹ 6.30 Only Fools and Horses							
	111 U&DAVE	‹ 6.40 Mortimer & Whitehouse: Gone...		8.00 Special Ops: Crime Squad UK		9.00 Not Going Out			
	119 ITV3	7.00 Midsomer Murders				9.00 Vera			
	120 ITV4	‹ 6.40 Sharpe				9.00 English Football League Highlights			10.30 Film: The Blues...
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: This Is the End			
	139 SKY SCI-FI	7.00 Star Trek: Voyager				9.00 Film: LA Apocalypse			
	113 SKY MAX	7.00 NCIS: Los Angeles		8.00 A League of Their Own		9.00 Strike Back: Vengeance		10.00 The Walking Dead: The Ones Who Live	
	109 U&ALIBI	7.00 Father Brown		8.00 Shakespeare & Hathaway: Private Investigators				10.00 Death in Paradise	
	130 SKY ARTS	7.00 Electric Light Orchestra: Live...		8.00 ELO Live at Wembley 1978			9.20 The Moody Blues Live at the Isle of Wight		
	132 U&W	7.00 Outnumbered				9.00 Gavin & Stacey			
DOCUMENTARY	125 DISCOVERY	7.00 Gold Divers		8.00 Harpoon Hunters		9.00 Marooned with Ed Stafford		10.00 Mystery at Blind Frog Ranch	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Guardians of Rescue		9.00 Animal Cops Houston		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Draining the Thames: What Lies...		9.00 Camden			
	123 SKY HISTORY	7.00 Greatest Heists with Pierce Brosnan				9.00 The UnBelievable with Dan Aykroyd			
	155 U&YESTERDAY	7.00 Cornwall with Simon Reeve				9.00 Simon Reeve's Return to Cornwall			10.20 'Allo 'Allo!
	121 SKY DOCS	7.00 Yacht Rock: A Dockumentary				9.00 Super/Man: The Christopher Reeve Story			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 The Watched		8.00 Thelma				10.00 Furiosa: A Mad Max Saga	
	302 AWARDS SEASON	‹ 5.00 The Lord of the Rings...		8.00 The Lord of the Rings: The Two Towers					
	303 HITS	‹ 5.50 The Fall Guy		8.00 Dune: Part Two					
	304 GREATS	‹ 6.00 Beverly Hills Cop		8.00 Beverly Hills Cop II				10.00 Beverly Hills Cop 3	
	305 ANIMATION	‹ 6.20 Over the Hedge	7.45 Boonie Bears: Guardian Code				9.25 Scarygirl		
	306 FAMILY	‹ 5.50 Bean	7.25 Mr Bean's Holiday			9.00 Zathura – A Space Adventure			
	307 ACTION	‹ 5.55 Meg 2: The Trench		8.00 Justice League				10.05 The Green Hornet	
	308 COMEDY	‹ 6.05 Dumb and Dumber To		8.00 Wimbledon				9.45 Sasquatch Sunset	
	309 ASSASSINS	‹ 5.30 Bad Boys II		8.00 Bad Boys: Ride or Die				10.00 A Sacrifice	
	310 DRAMA	‹ 5.40 Spotlight		8.00 A Star Is Born					10.20 The Girl on the Train
	311 SCI-FI	‹ 6.25 Paranormal Activity: The Ghost...		8.00 Interstellar					
	313 FILM4	‹ 6.10 Transformers				9.00 The Godfather Part II			
SPORT	401 MAIN EVENT	‹ 5.00 SNF – Live: Aston Villa v Chelsea (Kick-off 5.30)			8.30 PGA Tour Golf – Live: The Mexico Open At Vidantaworld				
	402 PREMIER LEAGUE	‹ 5.00 SNF – Live: Aston Villa v Chelsea (Kick-off 5.30)			8.30 Game of the Day				10.30 PL Highlights
	403 FOOTBALL	‹ 5.20 Bundesliga...	7.30 EFL – Live: Sunderland v Hull City				9.30 EFL Highlights		
	404 CRICKET	7.00 ICC Champions Trophy Cricket		8.00 WPL		9.00 ICC Champions Trophy Cricket		10.00 WPL	
	410 TNT SPORTS 1	7.00 UEFA Highlights	7.30 Serie A – Live: Inter Milan v Genoa (Kick-off 7.45)					10.00 Superbike...	10.30 Rise of the UFC
	411 TNT SPORTS 2	7.00 World Seniors Darts Championships – Live: Coverage from the evening session on day four of the tournament							

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Saturday

BBC1

101 | 101 | 1 | 101 | 101

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With author Marian Keyes. (S)
11.30 **Rick Stein's Cornwall** Rick boards the ferry in Penzance to take him to the Isles of Scilly. (S)(R)(AD)
12.00 NOON **Football Focus** (S)
1.00 PM **BBC News** (S)
1.15 LIVE **Rugby Union: Six Nations** Wales v Ireland: Coverage of the match from the third round of fixtures, which takes place at Principality Stadium. Kick-off is at 2.15. *See feature, page 28.* (S)
4.30 **Final Score** Results round-up. (S)
5.20 **BBC News** (S)
5.30 **Local News** (S)
5.40 **Gladiators** New edition 5/11. In the final heats, the daughter of a British boxing icon faces Comet on the infamous Duel podium. (S)(AD)

6.40 Michael McIntyre's Big Show

6 PM

6.40 Michael McIntyre's Big Show Series finale 6/6. Holly Willoughby plays Remember Me, Perrie Edwards is awoken for a Midnight Gameshow, and an Unexpected Star of the Show gets the surprise of their life. Featuring music from Busted vs McFly. (S)

7 PM

7.40 The Weakest Link New edition With Karen Hauer, Barry McGuigan, Joe Thomas, Tomasz Schafernaker, Elaine C Smith, Vikkstar, Katie Thistleton and Shivi Ramoutar. (S)

8 PM

8.25 Casualty *Brace, Brace, Brace:* A plane crashes at Holby, and with Dylan unavailable, Stevie is placed in charge of the ED, while Siobhan is stunned when Rich is brought in from the site of the disaster. (S)(AD)

9 PM

9.15 NEW SERIES **Dope Girls** 1/6. Drama about female gangs running the illicit drugs trade and London's nightclubs in the years following World War One. Stars Julianne Nicholson and Eliza Scanlen. *See feature, page 6.* (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.10 BBC News (S)
10.30 Match of the Day Gary Lineker presents highlights of the latest Premier League matches, including Arsenal v West Ham United. (S)
■ *Match of the Day 2* is on tomorrow at 10.30pm
12.00 M'T **FILM 21 Bridges** Thriller with Chadwick Boseman. An NYPD detective is thrust into a citywide manhunt for two cop killers. (S)(AD) (2019, 15, 95min) ★★★
1.35 AM **Weather for the Week Ahead**
1.40 **to 6.00** AM **BBC News** (S)

BBC2

102 | 102 | 2 | 102 | 102

6.25 AM **Children's Programmes**
9.00 **Gardeners' World** (S)(R)
10.00 **Our Coast** (S)(R)
11.00 **Sort Your Life Out with Stacey Solomon** (S)(R)(AD)
12.00 NOON **Nadiya's Simple Spices** (R)
12.30 PM **Raymond Blanc's Kitchen Secrets** Eggs and cheese. (S)(R)
1.00 FILM **Whisky Galore!** Ealing comedy starring Basil Radford. (S) (1949, b/w, U, 80min) ★★★★★
2.20 FILM **Passport to Pimlico** Ealing comedy starring Stanley Holloway and Margaret Rutherford. (S)(AD) (1949, b/w, U, 85min) ★★★★★
3.45 **Natural World: Moose in the Glen** Documentary. (S)(R)(AD)
4.35 FILM **Mary, Queen of Scots** Historical drama starring Vanessa Redgrave and Glenda Jackson. (S) (1971, 12, 125min) ★★

9.25 Fleetwood Mac's Songbird

6.40 Flog It! The team value antiques at Blackpool Tower Circus, where a glass bowl and a diamond and pearl necklace come under scrutiny by the experts. (S)(R)

7.25 The Balkans: Europe's Forgotten Frontier 2/2. BBC Europe Editor Katya Adler discovers a battle for power taking place with the West, Russia and China all wanting Serbia to be in their sphere of influence. (S)(R)(AD)

8.25 Fleetwood Mac at the BBC Archive performances by the band, charting their development from a blues group performing *Albatross* and *Oh Well* in the 1960s to pop rock fame in the 1980s. (S)(R)

9.25 Fleetwood Mac's Songbird: Christine McVie The late singer, songwriter and keyboard player reflects on her career in Fleetwood Mac, for whom she wrote or co-wrote hits including *Don't Stop, Little Lies* and *Everywhere*. (S)(R)

10.55 Fleetwood Mac: The Dance A 1997 live performance by the band, featuring tracks including *The Chain, Dreams, Big Love, Go Your Own Way, Rhiannon, Tusk* and *Don't Stop*. (S)(R)

12.40 AM **Fleetwood Mac: A Musical History** Celebrity admirers including KT Tunstall, Fran Healy, Toyah Willcox and Emma Dabiri pay tribute to the band. (S)(R)
1.40 FILM **The Macaluso Sisters** Italian drama starring Alissa Maria Orlando. Five sisters living in Palermo have their lives torn apart when one of them dies. Subtitled. (2020, 15, 85min) ★★★★
3.05 **to 6.30** AM **Previews** (S)

ITV1

103 | 103 | 803 | 103 | 3 | 103 | 103 | 103

6.00 AM **Dancing on Ice** (S)(R)
7.25 **Love Your Garden** (S)(R)(AD)
8.20 **Judi Love's Culinary Cruise** (S)(R)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition (S)
11.40 **Nisha Katona's Home Kitchen** New edition Featuring a recipe for a mushroom monsoon curry. (S)
12.40 PM **James Martin's French Adventure** Jura. (S)(R)(AD)
1.10 **ITV News** (S)
1.20 **Local News** (S)
1.30 LIVE **Racing** From Kempton Park, Newcastle and Southwell. (S)
4.00 LIVE **Rugby Union: Six Nations** England v Scotland: Coverage of the match from the third round of fixtures at Allianz Stadium, Twickenham. Kick-off is at 4.45. *See feature, page 28.* (S)(AD)

9.30 The Jonathan Ross Show

LIVE Rugby Union: Six Nations (started at 4.00pm)

7.00 NEW SERIES **Britain's Got Talent** Ant and Dec host the nationwide talent search, which sees a wide variety of acts compete for the chance to win a cash prize and a slot at the Royal Variety Performance. *See feature, page 12.* (S)

8.25 The 1% Club New edition Quiz show hosted by Lee Mack in which the questions are all about logic and common sense, with 100 contestants in every show having a chance of winning up to £100,000. (S)(AD)

9.30 The Jonathan Ross Show New edition With Gordon Ramsay, Danny Dyer, Vanessa Williams, Keely Hodgkinson and Harris Dickinson. Plus, music from Joan Armatrading. (S)

10.30 ITV News (S)

10.45 The Murder of Bianca Devins: Social Media Murders When a young woman in upstate New York is murdered, her family are forced to battle social media platforms to remove the evidence from the internet. (S)(R)(AD)

11.45 English Football League Highlights The latest EFL action, including Sunderland v Hull City and Portsmouth v QPR. (S)
1.05 AM **Teleshopping**
3.00 **Next Level Chef USA** (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **The Royal Beat** (S)(R)

+1 hour | 203 | 303 | 35 | 112

CHANNEL 4

104 | 104/108 | 804 | 108 | 4 | 104 | 104/106

5.45 AM **Cheers** 8-10/22. (S2) (S)(R)
7.00 **Everybody Loves Raymond** (S)(R)
8.15 **Frasier** (S8) (S)(R)(AD)
10.05 **The Simpsons** (S)(R)(AD)
11.05 FILM **Secret Headquarters** Sci-fi comedy adventure starring Owen Wilson and Walker Scobell. (S) (2022, PG, 120min) ★★★
1.05 PM **A Place in the Sun** (S)(R)
2.05 **Grand Designs** 2/11. (S)(R)(AD)
3.05 **Four in a Bed** The contest begins at Greenhills Hotel in Tenby. (S)(R)
3.40 A visit to the Three Cliffs Bay Holiday Park in Gower. (S)(R)
4.10 The third visit of the week is to The Tal-y-Cafn in Conwy. (S)(R)
4.40 The final visit is to Cambrian House B&B in Carno, Powys. (S)(R)
5.15 The payments are revealed and the winners announced. (S)(R)
5.45 **News** (S)

6.15 New Life in the Country

6.15 Sarah Beeny's New Life in the Country Series finale 8/8. After an expert reveals that their soil may well be suited to growing grapevines, Sarah and Graham decide to plant a vineyard in an attempt to create their own sparkling wine. (S)(AD)

7.15 Our Farm Next Door: Amanda, Clive and Kids 3/5. As Christmas looms, Amanda and family face re-roofing Anty John's during a fearsome Dales winter, which follows a wet autumn. (S)(R)(AD)

8.15 All Aboard! Scotland's Poshest Train 3/4. Alan is given a tour of the *Royal Scotsman*'s plush cabins, and pays a visit to Culloden, immersing himself in the battle that had a profound impact on Scottish history. (S)(R)(AD)

9.15 FILM PREMIERE **The Banshees of Inisherin** Martin McDonagh's black comedy drama starring Colin Farrell and Brendan Gleeson. Two lifelong friends find themselves at an impasse when one abruptly ends the relationship. With Kerry Condon and Barry Keoghan. (S)(AD) (2022, 15, 140min) ★★★★ *See review, page 24.*
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.35 FILM **The Revenant** Western starring Leonardo DiCaprio and Tom Hardy. A frontiersman left for dead by his hunting party goes on a gruelling journey through the wilderness seeking revenge. (S)(AD) (2015, 15, 160min) ★★★★★
2.15 AM **Ramsay's Hotel Hell** (S)(SL)(R)
3.05 **Location, Location, Location** (R)
4.00 **The Simpsons** (S)(R)(AD)
5.40 **to 6.10** AM **Frasier** (S)(R)(AD)

+1 hour | 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 | 105 | 105 | 105

5.40 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (R)
9.00 **Entertainment News** (S)
9.10 **Friends** 1/24. (S1) (S)(R)(AD)
9.30 **Cruising with Jane McDonald** Triple bill of the series. (S)(R)
12.30 PM **The Weekend Travel Show** New edition 7/8. Featuring advice on airport protocols. (S)
2.00 **Susan Calman's Grand Day Out** The comedian sets out to explore the historic city of Oxford and the Chilterns. (S)(R) **3.00** Susan heads to the county of Cumbria. (S)(R)
4.00 **Happy Campers: The Caravan Park** Tencreek Holiday Park's entertainment team prepare for a special 1980s night. (S)(R) **5.00** Night staff at Tencreek face some noisy campers. (S)(R)

9.30 Edward: 60 Years a Prince

6.00 **Supermarket Own Brands: The Big Taste Test** How supermarkets are attempting to produce cakes and bakes that can compete with the big brands. (S)(R)
6.55 **News** (S)
7.00 **Secrets of the Royal Borough: Kensington & Chelsea** 1/4. Documentary delving into the lives of the inhabitants of the wealthiest district in Britain. (S)(R)
8.00 **Clarence House: A Royal Residence** A look at the home of King Charles and Queen Camilla, a stately Georgian mansion on The Mall that is tucked away from the tourist trail and surprisingly unknown by the public. (S)(R)
9.30 **NEW Edward: 60 Years a Prince** Profile of Queen Elizabeth II's youngest son, who grew up vilified by the press but thanks to years of diligent service, has become a cornerstone of the monarchy. (S)
10.30 **When Saturday Night TV Goes Horribly Wrong** Les Dennis narrates a compilation of Saturday primetime mishaps. (S)(R)
12.30 AM **Car Pound Cops** The work of vehicle recovery crews. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **FILM Star Trek: Generations** Sci-fi adventure starring Patrick Stewart and William Shatner. (S) (1994, PG, 110min) ★★★
4.50 **Wildlife SOS** (S)(SL)(R)
5.10 **House Busters** (S)(SL)(R)
5.30 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 | 355

6.00 AM **The Very Small Creatures**
6.05 **My Little Pony: Friendship is Magic** Double bill. (S)(R)
6.55 **Where's Wally** (S)(R)
7.45 **Dig Detectives** (S)(R)
8.00 **Monkey Life** (S)(R)(AD)
9.00 **Big Cat Country** (S)(R)
12.00 NOON **The Simpsons** Five episodes, including at: **1.30** PM *Game Done Changed*: Bart discovers a profitable glitch in an online game. (S)(R) **2.00** *My Life As a Vlog:* The rise and fall of the family vlog. (S)(R)
2.30 **Dubois v Parker Countdown** A preview of the bout between Daniel Dubois and Joshua Parker.
3.00 **Gillette Labs Soccer Saturday** Updates on today's football.
5.00 **Secrets in the Ice** A wolf preserved for 44,000 years. (R)

9.30 Fast & Furious 5

6.00 **Mayhem! The Secret Lives of the Georgian Kings** 3/4. The life of George III, whose reign was rocked by revolution in the American colonies, and a litany of family scandals and losses. (R)
7.00 **Landscape Artist of the Year** Stephen Mangan hosts the fifth heat from Llanberis Slate Quarry, with judges Tai Shan Schierenberg, Kate Bryan and Kathleen Soriano. (S)(R)
8.00 **A League of Their Own** 7/8. Former Everton manager Sean Dyche, retired boxer Tony Bellew and comedian Alan Carr join the regulars on the sports-based comedy quiz. (R)
9.00 **The Simpsons** *The Very Hungry Caterpillars:* A plague of insects shuts down Springfield. (S)(R)
9.30 **FILM Fast & Furious 5** Action thriller sequel starring Vin Diesel, Paul Walker and Jordana Brewster. A trio of car thieves assemble a crack team to steal a Rio de Janeiro drug lord's money. (S) (2011, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.50 **An Idiot Abroad** 4/8. Karl Pilkington travels to Mexico and immerses himself in the country's culture, before heading for Chichén Itzá, home to temples built between the ninth and 12th centuries. (S)(R)(AD)
12.50 AM **The Office (US)** (S8) (S)(R)
2.10 **Road Wars** Double bill. (R)
4.00 **to 6.00** AM **Nothing to Declare** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
4.30-5.20pm Open All Mics (S) **12.00m't** Sportscene: Premiership Highlights (S)(R) **1.15am** **FILM** 21 Bridges (S)(AD) (2019, 15, 95min) ★★★ **2.50** Weather for the Week Ahead (S) **2.55-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
11.30am-12.00noon The Six Nations Greatest Moments (S)(R)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
6.40pm Richard Osman's House of Games New edition (S) **7.10** Robson Green's Weekend Escapes New edition (S)(AD) **7.40-8.25pm** Flog It! (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Priodas Pum Mil **11.00** Bois y Pizza: Chwe' Gwlad (AD) **11.30** Cysgu O Gwmpas (AD) **12.00noon** Ffermio **12.30pm** Cartrefi Cymru **1.00** Cartrefi Cymru **1.30** Clwb Rygbi Rhyngwladol **4.45** Bwyd Epic Chris New edition **4.55** Dan Do **5.05** Gwladfa: Gwilym Bowen Rhys Series finale **7.15** Newyddion a Chwaraeon **7.30** Noson Lawen New edition **8.30** Am Dro! (AD) **9.30** Grav **11.00-11.35pm** Bois y Pizza: Chwe' Gwlad (AD)

BBC3

115/117/121 | 107/113 | 23 | 107 | 107

BBC3 programmes start at 7.00pm

7.00 PM **FILM Puss in Boots** Animated comedy featuring the voices of Antonio Banderas and Salma Hayek. (2011, U, 90min) ★★★★
8.20 **EastEnders** Billy and Honey prepare to tie the knot, and Phil makes a tough decision. **8.50** A shocking return changes everything.
9.20 **EastEnders: Secrets from the Square** Stacey Dooley is joined by Jessie Wallace and Lacey Turner.
9.50 **Two Pints of Lager and a Packet of Crisps** 5/8. Louise makes a shocking discovery about Corinthian. **10.20** 6/8. Janet is given 24 hours to save her home from repossession. (S7)
10.50 **Two Pints of Lager and a Packet of Crisps** (S7)
11.50 **Boarders** 6/6. (S2)
12.35 AM **Hire Me: Competing for a Dream Job**
1.05 **EastEnders: Secrets from the Square** As 9.20pm.
1.35 **Two Pints of Lager...**
3.35 **to 4.00** AM **My Mate's a Bad Date**

BBC4

116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Ulster in Focus** A look at the 1970s redevelopment of the Belfast district which is known as the Market.
7.20 **All Creatures Great and Small** *A Dog's Life:* James tries to help a cow through a difficult labour. **8.10** *Merry Gentlemen:* A pampered dog falls ill.
9.00 **An t-Eilean (The Island)** New episode 3/4. Kat still believes the Macleans are hiding something. **9.50** Series finale 4/4. It's Kat's last chance to catch the killer. Partly subtitled. (S1)
10.40 **FILM PREMIERE Godland** Danish drama starring Ingvar Sigurdsson. In the 19th-century, a Danish priest's faith is tested when he travels to Iceland to oversee a new church. Subtitled. (2022, 12, 142min) ★★★★
1.00 AM **Going Straight** Fletch gets a new job.
1.30 **As Time Goes By**
2.00 **All Creatures Great and Small** Double bill.
3.40 **to 4.00** AM **Ulster in Focus**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **George Clarke's Amazing Spaces**
9.55 **Ugly House to Lovely House with George Clarke**
11.00 **George Clarke's Old House, New Home**
12.00 NOON **Four in a Bed**
2.40 PM **Come Dine with Me**
5.20 **Four in a Bed** The contest gets under way at Acqua Beach in Weymouth. **5.50** From Langmead Guest House in Ramsgate. **6.20** The third visit is to the Big Green Bus in Lewes.
6.55 **Four in a Bed** A visit to The Pheasant, Buckinghamshire. **7.25** The owners gather to find out the winner.
7.55 **999: On the Front Line** Paramedics in Bromsgrove come to the aid of a 52-year-old man suffering sudden, severe headaches.
9.00 **24 Hours in A&E** A doctor shares his story of leaving his family and newborn during lockdown to keep them safe. **10.00** A rugby player is scanned for spinal damage following a collision during a match, and talks about her struggles with mental health as she awaits the results.
11.05 **Emergency Helicopter Medics** A kite drags a teenager into the air.
12.10 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **The Goldbergs**
9.00 **Lego Masters Australia**
10.15 **Modern Family**
12.15 PM **Ramsay's Kitchen Nightmares USA**
3.15 **FILM Hotel Transylvania 2** Animated sequel with the voice of Adam Sandler. (2015, U, 89min) ★★★
5.00 **The Big Bang Theory** Four episodes, including at: **6.00** 5/24. Sheldon's old adversary returns. **6.30** 6/24. Sheldon's mother comes to visit. (S5)
7.00 **FILM Home Alone 3** Comedy sequel starring Alex D Linz as an eight-year-old boy who foils foreign spies searching for a top-secret computer chip hidden in a remote-control toy car. With Haviland Morris and Olek Krupa. (1997, PG, 102min) ★
9.00 **Celebrity Gogglebox** Famous faces appraise *The Nevermets*, *Beat the Chasers*, *A Quiet Place*, *Outrageous Homes* and *King of Collectibles*.
10.05 **Gogglebox** Opinions on *Anton & Giovanni's Adventures in Spain*, *Hunted* and *Married at First Sight Australia*.
11.05 **Gogglebox** Appraisals of *The Underdog: Josh Must Win* and *Bridge of Lies*.
12.10 AM **First Dates**
2.15 **Gogglebox** Double bill.
4.15 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hour 235/236 | 306 | 30 | 123

Saturday primetime

Saturday primetime

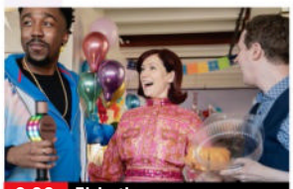
SATURDAY Entertainment

Saturday

Sky Witness

107 807 110 341 356

6.00 AM **Send in the Dogs**
8.00 **Motorway Patrol**
9.00 **Highway Patrol**
10.00 **Border Patrol**
12.00 NOON **Border Security: Canada's Front Line** A traveller's textbooks teach him an unexpected lesson. **12.30** Officers add charges to a woman's lengthy rap sheet.
1.00 PM **UK Border Force** A man from Pakistan is refused entry into Britain.
2.00 **Nothing to Declare** Ten editions of the documentary.


9.00 Elsbeth

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Nothing to Declare** Double bill of the series accessing the world of national security at Australia's biggest airports.

9 PM
9.00 **Elsbeth** *Something Blue:* 7/10. A country club wedding ends in death of the groom. Guest stars Keegan-Michael Key. (S1)

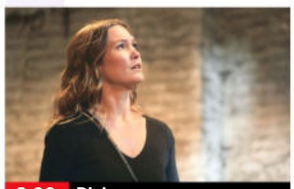
10 PM
10.00 **Blue Bloods** *Be Smart or Be Dead:* 6/20. Frank assigns Jamie to guard Danny after a hit is put on him. (S12)
11.00 **Chicago Fire** 15/22. Kidd, Seager and Carver investigate a fire at the city stables. (S11)
12.00 M'T **The Rookie** 13/14. (S3)
1.00 AM **The Good Doctor** (S3)
2.00 **For Life** 11/13. (S1)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 808 342 357

6.00 AM **Urban Secrets**
8.50 **Winning Time: The Rise of the Lakers Dynasty** (S1)
11.00 **True Blood** 6-9/12. (S1)
3.00 PM **Riviera** 7/8. Alex and Cesar are both injured. **4.00** 8/8. Georgina and Gabriel try to stop Alex as she begins to trial her drug. (S3)
4.55 **Gangs of London** 1/9. First episodes of the crime drama with Sope Dirisu and Joe Cole. **6.35** 2/9. Kurdish gang leader Lale decides to hit a shipment of heroin. (S1)


3.00 Riviera

7.40 **Gangs of London** 3/9. Lale is asked to make an impossible decision, Sean enacts a dangerous plan, and Elliot takes on a new foe. **8.50** 4/9. Elliot's loyalty is tested, and Sean throws a dinner to unite the two families. Meanwhile, Alexander is asked to meet with an old contact. (S1)

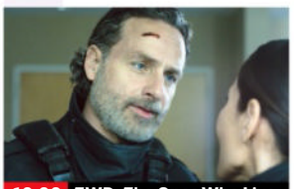
10.00 **The White Lotus** *Same Spirits, New Forms:* 1/8. Return of the comedy drama. New luxuries await in Thailand. (S3)
11.10 **Game of Thrones** 1/10. Jon Snow finds himself on trial. **12.15** AM 2/10. The day of King Joffrey's wedding to Margaery Tyrell arrives. **1.15** 3/10. Dontos spirits Sansa out of King's Landing. **2.20** 4&5/10. (S4)
4.20 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 813 111 346 361

6.00 AM **The Flash** 9-13/18. (S7)
11.00 **Grimm** Four episodes. (S1&2)
3.00 PM **NCIS: Los Angeles** 4/22. Kilbride enlists NCIS to help find a truckload of stolen guns. **4.00** 5/22. A mission to protect a compromised undercover agent goes awry. **5.00** 6/22. Sam negotiates and Rountree goes undercover when a man hijacks a bus. **6.00** 7/22. The team investigate the apparent suicide of a US Navy intelligence officer. (S13)


10.00 TWD: The Ones Who Live

7.00 **NCIS: Los Angeles** *A Land of Wolves:* 8/22. Kensi is attacked and kidnapped by a mysterious militia group. (S13)
8.00 **A League of Their Own** With former Everton manager Sean Dyche, retired boxer Tony Bellew and comedian Alan Carr.
9.00 **Strike Back: Vengeance** 8/10. Stonebridge takes refuge in a local prison with Walter's would-be assassin. (S3)
10.00 **The Walking Dead: The Ones Who Live** *The Last Time:* 6/6. The CRM plan to eliminate survivor communities. (S1)
11.05 **An Idiot Abroad** 4/8. Karl Pilkington travels to Mexico and immerses himself in the country's culture.
12.05 AM **Warrior** 10/10. Ah Sahm chooses between his brothers and a future with Yan Mi. (S3)
1.15 **The Force: Manchester**
2.15 **Road Wars** Double bill.
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 816 115 6 113

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records**
9.50 **Secret Crush**
10.50 **Deal or No Deal**
1.50 PM **The Masked Singer**
3.20 **Wheel of Fortune**
4.20 **Celebrity Catchphrase**
5.25 **FILM Ice Age: Continental Drift** Animated comedy adventure sequel with the voice of Ray Romano. A mammoth, a sloth and a sabre-toothed tiger find themselves adrift at sea. (2012, U, 90min) ★★

5.25 Ice Age: Continental Drift

7.10 **FILM Johnny English Strikes Again** Spy comedy sequel starring Rowan Atkinson. A sinister cyber attack sees the hapless secret agent sent on an adventure in the south of France. (2018, PG, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 **FILM The Hitman's Bodyguard** Comedy thriller starring Ryan Reynolds and Samuel L Jackson. A man is hired to protect a hitman about to testify at the International Criminal Court. With Gary Oldman. (2017, 15, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 **Family Guy** 2/18. Peter's parents get a divorce. (S5) **11.50** 4/30. Meg is convinced she's unattractive to boys. (S4)
12.20 AM **American Dad!** (S1)
1.15 **The Sex Lives of College Girls** 5&6/10. (S3)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 117 10 115

6.00 AM **Bless This House**
6.30 **Inspector Morse**
10.55 **FILM That Riviera Touch** Comedy starring Eric Morecambe and Ernie Wise. (1966, PG, 98min) ★★
12.55 PM **Rosemary & Thyme**
3.00 **Agatha Christie's Marple** *By the Pricking of My Thumbs:* The sleuth investigates the mystery of a murdered child.
5.00 **Midsomer Murders** *The Sleeper Under the Hill:* A farmer is discovered dead at a local sacred stone circle.

11.00 Van Der Valk

7.00 **Midsomer Murders** *The Oblong Murders:* Jones infiltrates a cult to investigate a woman's disappearance, but he and Barnaby soon start digging into an old case involving the death of a couple in a boat explosion.
9.00 **Vera** *Protected:* The son of a prominent local family is found murdered on the beach at Whitley Bay, and a second death leaves Vera facing some puzzling questions and mounting pressure to crack the case.
11.00 **Van Der Valk** *Freedom in Amsterdam:* 1/3. The murder of a free-running star reveals corruption in the sport. (S3)
12.55 AM **Joanna Lumley's Spice Trail Adventure**
1.50 **Bless This House**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 180 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** The latest top-flight action, including Hibernian v Celtic.
8.30 **Icons of Football** The career of Rose Reilly.
9.00 **The Agency: Unfiltered** 1/6. The agency launches a contest to find a new influencer. **9.30** 2/6. Amy and Kirsten overhear Livi say she doesn't want to be an influencer.
10.00 **Mrs Brown's Boys** 1/6. The family await the fruits of their fraud. (S2)
10.30 **Two Doors Down** 1/6. Christine receives a PPI refund windfall. (S2)
11.00 **Best of Chewin' the Fat** Series highlights.
11.30 PM **to 12.00** M'T **T in the Park: Best Bits** With The Killers and KT Tunstall.

Sky Comedy

114/115 814 112 347 362

8.00 AM **The Conners**
10.00 **Hung** (S1&2)
12.55 PM **Entourage** (S8)
2.40 **Bored to Death** (S1)
5.50 **Curb Your Enthusiasm**
6.30 **The Office (US)** 1/24. Robert California becomes Dunder Mifflin Sabre's CEO. **7.00** 2/24. Robert challenges the staff to double their sales. **7.30** 3/24. The warehouse crew win the lotto jackpot. **8.00** 4/24. Andy throws a garden party. **8.30** 5/24. Erin struggles to pull off the ultimate Halloween party. (S8)
9.00 **Bill Maher: Is Anyone Else Seeing This?**
10.20 **Entourage** 1&2/12. (S6)
11.30 **Kevin Hart: Reality Check** Stand-up comedy.
12.40 AM **The Righteous Gemstones** (S1)
2.05 **In the Long Run** (S2)
3.05 **to 5.00** AM **The Comeback**

Sky Arts

130/131 826 123 36 143 365

6.00 AM **Arts Uncovered**
6.15 **Tosca: Orchester der Wiener Staatsoper**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **FILM The Pink Panther Strikes Again** Crime caper sequel. (1976, PG, 103min) ★★
3.05 **Landscape Artist of the Year** From Llanberis.
4.05 **The Rolling Stones: Grrr Live!** From 2012.
7.00 **Electric Light Orchestra: Live – The Early Years**
8.00 **ELO Live at Wembley 1978** A selection of hits.
9.20 **The Moody Blues Live at the Isle of Wight**
10.50 **Genesis: Three Sides Live** From 1981.
12.40 AM **Emerson, Lake and Palmer: Pictures at an Exhibition – Live in London** From 1970.
2.35 **Led Zeppelin: In the Light**
3.50 **Greatest Albums Live**
5.30 **to 6.00** AM **Discovering**

Sky Mix

151 135 11 141

6.00 AM **Nothing to Declare**
8.00 **Madagascar: A Little Wild** Animation.
8.25 **Alvinnn!!! and the Chipmunks** Double bill.
8.50 **Pooch Mooch**
9.00 **Nothing to Declare**
11.00 **Highway Cops**
11.30 **Monkey Life**
2.00 PM **City Wildlife Rescue**
3.00 **Wildest New Zealand**
4.00 **Australia's Hidden Islands** Christmas Island.
5.00 **Battle of the Alphas**
6.00 **Macaque Island**
7.00 **Whale with Steve Backshall** The naturalist reveals the ingenious hunting strategies of whales and dolphins.
8.00 **Caught on Dashcam**
9.00 **Made for Murder**
10.00 **Sex and the City** (S2)
12.15 AM **Caught on Dashcam**
1.10 **Brit Cops: Rapid Response** Documentary.
2.00 **Nothing to Declare**
4.00 **to 6.00** AM **Highway Patrol**

ITV Be

131/132 119 28 119

7.30 AM **Unwind**
7.40 **Backyard Builds** New edition DIY series.
8.10 **The Real Housewives of Jersey** Reality series.
9.10 **Fletchers' Family Farm**
10.10 **Scott's Vacation House Rules** Triple bill.
1.00 PM **Abbey Clancy: Celebrity Homes**
2.00 **The Only Way Is Essex**
6.00 **Celebrity Dinner Date** Diags from *TOWIE* chooses three dates. **7.00** Featuring *TOWIE* star Bobby Norris. **8.00** With Jess Wright.
9.00 **Olivia Attwood's Bad Boyfriends** The boyfriends are tested by the girlfriends' questions. **10.00** The boys must hand over their phones.
11.05 **Kavos Weekender**
12.05 AM **The Real Housewives of Miami**
1.00 **to 1.30** AM **Backyard Builds**

+1 hour 319

GREAT! tv

157 170 50

8.00 AM **Highway to Heaven**
1.00 PM **Highway to Heaven** Eight episodes of the series, including at: **7.00** *The Monster – Part Two:* 11/24. Jonathan and Mark help Scotty deal with his problems. **8.00** *The Good Doctor:* 12/24. Jonathan and Mark begin to worry that a local doctor is dealing drugs. (S2)
9.00 **The Novel Murders: Garage Sale Mysteries** Crime drama starring Lori Loughlin, Steve Bacic and Eva Bourne.
10.55 **Guilty Until Proven Innocent: Garage Sale Mysteries** Crime drama starring Lori Loughlin and Lindsay Maxwell.
12.50 AM **The Avengers**
3.00 **Randall and Hopkirk (Deceased)** 17/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 118 26 117

6.00 AM **World of Sport**
6.20 **The Protectors**
6.50 **The Professionals**
7.50 **Memoirs of Sherlock Holmes**
8.55 **Leaders of the Pack**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.25 **Cadfael**
1.00 PM **LIVE E1 World Championship: Doha**
2.35 **The Car Years**
3.05 **The Motorbike Show**
4.05 **FILM The Cowboys** Western adventure with John Wayne. (1971, 12, 128min) ★★★

3.05 The Motorbike Show

6.40 **Sharpe** *Sharpe's Gold:* 1/3. The hero sets out to rescue British deserters captured by Spanish rebel El Casco. Along the way, he crosses swords with a fellow officer and comes to the aid of a damsel in distress. (S3)

9.00 **English Football League Highlights** Recent action, including Sunderland v Hull City and Swansea City v Blackburn Rovers

10.30 **FILM The Blues Brothers** Comedy starring John Belushi and Dan Aykroyd as delinquent brothers who get their old band back together to save the orphanage that was their childhood home. (1980, 15, 135min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Auto Mundial**
1.30 **Motorsport Mundial**
1.55 **to 3.00** AM **Minder**

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 22-26/26. (S3)
4.00 PM **Star Trek: Voyager** 20/26. Neelix hears Paris plans to leave Starfleet. **5.00** 21/26. The ship stalls in a plasma cloud during a desperate attempt to escape pursuing Vidiian vessels. **6.00** 22/26. Tuvok helps three colonist children who believe they are being pursued by a monster. (S2)

11.00 The Walking Dead

7.00 **Star Trek: Voyager** *The Thaw:* 23/26. Torres and Kim respond to a bizarre distress call.

8.00 **Star Trek: Voyager** *Tuvix:* 24/26. Tuvok and Neelix merge into a composite being. (S2)

9.00 **FILM LA Apocalypse** Sci-fi thriller starring Gina Holden and Christopher Judge. A man searches for his kidnapped girlfriend in a city that is about to be destroyed by volcanic activity. (2014, 15, 80min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Walking Dead** 12/16. The prison-based survivors are forced to admit they are heavily outgunned by the Woodbury faction. **12.00** M'T 13/16. Rick and the Governor meet to arrange a peace treaty. (S3)
1.00 AM **The Walking Dead** (S3)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 809 114 343 358

7.10 AM **Murdoch Mysteries** (S9)
10.00 **Hudson & Rex** 13-16/16. (S6)
2.00 PM **Inspector George Gently**
4.00 **Father Brown** *The Standing Stones:* The priest investigates when a body is found at the stone circle in a polio-stricken village, leading him to conclude that dark forces are involved. **5.00** *The Paradise of Thieves:* A man is found dead inside a locked bank vault. **6.00** *The Owl of Minerva:* A surprising fugitive takes sanctuary in St Mary's.

9.00 Shakespeare & Hathaway

7.00 **Father Brown** *The Mask of the Demon:* The priest investigates the murder of a movie director.

8.00 **Shakespeare & Hathaway: Private Investigators** 1/10. Frank and Lu help to expose a mole in a tech company.

9.00 **Shakespeare & Hathaway: Private Investigators** 2/10. The duo enter the world of ballroom dancing. (S4)

10.00 **Death in Paradise** *Pilot of the Airwaves:* 1/9. A TV news presenter is found dead and suspicion falls on her co-host. (S10)

11.00 **Alaska Daily** 7/11. The stakes are high when Eileen is taken hostage in the newsroom. (S1)
12.00 M'T **Evil** 7/10. (S3)
1.00 AM **The Diplomat** 6/6. Laura puts herself in danger to uncover the truth. (S1)
2.00 **to 4.00** AM **Hudson & Rex**

+1 hour 209/210 314

U&Gold

110/111 810 124 344 359

7.10 AM **The Green Green Grass**
7.40 **The Good Life**
8.10 **The Vicar of Dibley**
9.30 **Only Fools and Horses**
12.50 PM **Only Fools and Horses** Six episodes, including at: **4.25** Del becomes a yuppie, and Rodney begins attending a course at night school. **5.25** Del gets his hands on a consignment of self-inflating rubber dolls, which turn out to be filled with explosive gas. **6.30** A retired jeweller offers Del the deal of a lifetime.

7.40 Only Fools and Horses

7.40 **Only Fools and Horses** Rodney wins a holiday at a five-star hotel in Majorca, but cannot understand why the trip is for three people. **8.50** Del Boy's beloved mum apparently makes contact during a seance at the Nag's Head, inspiring him to visit the doctor to seek treatment for stomach cramps.

10.05 **Only Fools and Horses** Rodney ties the knot with Cassandra, while Del tries to dodge a bashing over some mobile phones.

11.20 **Paul Whitehouse's Sketch Show Years** A journey through the comedy legend's favourite British sketch shows.
12.00 M'T **The Power of Parker**
1.20 AM **The Fast Show**
2.45 **to 4.00** AM **The Power of Parker**

+1 hour 210/211 324

U&Dave

111/112 811 127 19 157

7.15 AM **Anthony Bourdain: Parts Unknown** New Mexico.
8.00 **Extreme Salvage Squad**
10.00 **Repair Lot**
12.00 NOON **Eddie Eats America**
12.25 PM **Guy Martin's Spitfire**
2.00 **Guy Martin: Proper Jobs**
3.00 **Robson's Extreme Fishing Challenge** Double bill.
5.00 **Simon Reeve's South America**
6.00 **Mortimer & Whitehouse: Gone Fishing** The duo fish for the predatory perch. **6.40** Paul and Bob fly to Enniskillen to fish for pike.

5.00 South America

7.20 **Mortimer & Whitehouse: Gone Fishing** Paul and Bob fish for grayling on the River Ure in the Yorkshire Dales.

8.00 **Special Ops: Crime Squad UK** Detectives investigate a multi-million-pound footwear scam in Manchester.

9.00 **Not Going Out** Lee worries that he is losing his memory. **9.40** Lee tries to find out who smashed a vase that belonged to Lucy's grandmother. **10.20** Lee oversees the building work being done in his kitchen.

10.55 **QI XL** With Bill Bailey, Colin Lane and Desiree Burch.
11.55 **Have I Got a Bit More News for You** Double bill.
1.55 AM **Richard Ayoade's Question Team** With Sue Perkins and Reginald D. Hunter.
2.55 **to 4.00** AM **QI XL**

+1 hour 211/212 327 74

Saturday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 143 49 127

9.00 AM **A New Life in the Sun** Five editions.
2.05 PM **A Place in the Sun** Six editions, including at: **7.00** A holiday home in Mojácar in Spain.
8.00 **Kirstie and Phil's Love It or List It** A couple in Stevenage need help deciding whether to sell up or renovate.
9.00 **Grand Designs** A couple planning to build a volumetric modular home.
10.00 **8 Out of 10 Cats Does Countdown** Joe Wilkinson and Rob Beckett take on Sarah Millican and Jamali Maddix in the game.
11.05 **Sarah Millican: Chatterbox Live** Stand-up show from the Bloomsbury Theatre.
12.10 AM **Gogglebox**
2.15 **First Dates**
3.20 **24 Hours in A&E**
4.15 **to 4.45** AM **Four in a Bed**

5USA

141/169 120/162 21 129

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S1&5)
1.05 PM **NCIS** Eight episodes of the series, including at: **7.00** *In the Zone:* 15/19. Tony investigates the murder of a Marine. **8.00** *Recoil:* 16/19. Ziva becomes involved with a murder suspect. (S5)
9.00 **Criminal Minds** *Protection:* 22/23. The BAU track a vigilante who wants to avenge the murder of his mother. **10.00** *The Hunt:* 23/23. Kate's niece is kidnapped by traffickers who sell women to killers. (S10)
11.00 **Law & Order: Special Victims Unit** *Internal Affairs:* 4/24. An officer accuses his former colleagues of fraud. (S15)
12.00 M'T **Law & Order: Special Victims Unit**
2.50 AM **The Good Wife**
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

8.00 AM **Dogs Behaving (Very) Badly**
10.55 **Nightmare Tenants, Slum Landlords**
3.55 PM **FILM What Women Want** Romantic comedy starring Mel Gibson and Helen Hunt. (2000, 12, 127min) ★★★
6.35 **FILM About Time** Romantic comedy fantasy with Domhnall Gleeson. A young man inherits the ability to time-travel into his past. (2013, 12, 120min) ★★★
9.00 **FILM Fifty Shades Darker** Adult drama sequel starring Dakota Johnson and Jamie Dornan. Anastasia and Christian Grey continue their relationship. (2017, 18, 118min) ★
11.20 **Adults Only: Hurts So Good**
12.20 AM **Swingers: Couples Wanted!**
1.20 **to 4.00** AM **Skin A&E**

+1 hour 228/229 326 140

5Action

150 130 33 132

9.00 AM **Car Pound Cops**
9.30 **Outback Truckers**
10.30 **Police Interceptors**
1.30 PM **FILM Death of a Gunfighter** Western with Richard Widmark. (1969, PG, 100min) ★★
3.30 **FILM 55 Days at Peking** Historical drama starring Charlton Heston. (1962, U, 154min) ★★★
6.35 **FILM The Glenn Miller Story** Musical biopic starring James Stewart as the trombonist and bandleader. (1954, U, 116min) ★★★★★
9.00 **FILM The Fugitive** Action thriller starring Tommy Lee Jones and Harrison Ford. (1993, 15, 128min) ★★★★★
11.40 **FILM Out for Justice** Martial arts thriller starring Steven Seagal. (1991, 18, 91min) ★
1.35 AM **Police Interceptors**
2.35 **Trucking Hell**
3.35 **to 4.00** AM **Car Pound Cops**

U&W

132/133 827 125 25 156

6.10 AM **The Bill**
11.00 **Tipping Point**
3.00 PM **My Family**
5.05 **Outnumbered** Six episodes, including at: **7.40** Auntie Angela flies over from America when Grandad falls ill. **8.20** The children cause chaos when Sue loses her car keys.
9.00 **Gavin & Stacey** The Shipmans drive to Wales for a wedding fayre. **9.35** Gavin embarks on two stag nights. **10.15** The day of the wedding arrives.
10.55 **Emily Atack: Adulting** The actor examines whether a better work-life balance could solve her problems.
11.55 **Wedding Valley**
12.55 AM **Jo Frost: Nanny on Tour** Documentary.
1.55 **to 3.00** AM **Emily Atack: Asking for It?**

+1 hour 232/233 325

U&Drama

143 116 20 158

7.35 AM **Classic EastEnders**
2.00 PM **Kingdom**
3.00 **Father Brown**
5.00 **The Brokenwood Mysteries** *Good as Gold:* 5/6. A woman is shot while gold panning in the Brokenwood River. **7.00** *Four Fires and a Funeral:* 6/6. The charred remains of a body are discovered in a burned out rural shed. (S8)
9.00 **Father Brown** *The Kembleford Dragon:* The local stationmaster is found murdered.
10.00 **Harlots** 1/8. Period drama starring Natascha McElhone. (S1)
11.00 **Hotel Portofino** 1/6. Drama starring Natascha McElhone. (S1)
12.15 AM **The Heart Guy**
1.15 **Rebus**
2.40 **The Upper Hand**
3.05 **to 4.00** AM **Sister Boniface Mysteries**

+1 hour 243 316 60

SATURDAY Entertainment

Really
142 128 17 145

6.00 AM **Fantasy Homes by the Sea** From Turkey.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
9.00 **Salvage Hunters Celebrity Special**
10.00 **The Yorkshire Auction House** Triple bill.
1.00 PM **Celebrity Antiques Road Trip** Five editions.
6.00 **Alex Polizzi: The Fixer** A troubled furniture store in West Yorkshire. **7.30** Alex helps a failing family-run garage in Ashton under Lyne.
9.00 **The Repair Shop** The experts fix a pair of running shoes worn at the 1936 Olympics. **10.00** Restoring a pair of wooden roller skates. **11.00** A satchel owned by a prisoner of war.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Fantasy Homes by the Sea**

Challenge
145 139 48 142

7.00 AM **The Chase**
9.00 **Bruce's Price Is Right**
1.00 PM **Cash Trapped** Double bill of the quiz hosted by Bradley Walsh.
3.00 **The Chase Celebrity Special** With Adam Garcia, Carol Decker, Holly Walsh and Rylan. **4.00** Russell Kane, Leonie Elliott, Kevin Clifton and Bonnie Langford take part. **5.00** Sally Lindsay, Shaun Williamson, Barry McGuigan and Jenny Frost compete.
6.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
9.00 **The Family Chase** The Telfers from Milton Keynes take part.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Ten editions of the darts-based quiz.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action
323 426 42

8.00 AM **Wild West...**
8.30 **Wanted: Dead or Alive**
9.00 **War Machines**
10.10 **FILM Silverado** Western with Kevin Kline. (1985, PG, 132min) ★★★
1.00 PM **Wanted: Dead or Alive** Triple bill.
2.30 **FILM Decision at Sundown** Western. (1957, PG, 77min) ★★
4.15 **FILM Johnny Guitar** Western. (1953, PG, 110min) ★★★★
6.40 **FILM Jesse James** Western adventure. (1939, U, 106min) ★★★
9.00 **FILM Battle: Los Angeles** Adventure. (2011, 12, 116min) ★★★
11.30 **FILM Surrogates** Sci-fi thriller. (2009, 12, 88min) ★★★★
1.30 AM **FILM Storm Cell** Sci-fi disaster movie. (2008, 12, 90min) ★
3.30 **to 5.00** AM **Wild West Chronicles**
+1 hour 324

GREAT! movies
321 425 34

9.10 AM **Perception**
10.20 **FILM Reflections** Thriller. (2008, 15, 94min) ★★
12.30 PM **FILM Lost Letter Mysteries: The Vows We've Made** Drama. (2021, PG, 86min) ★★
2.30 **FILM Garage Sale Mystery** Crime drama. (2013, PG, 90min) ★★
4.25 **FILM Just Like Heaven** Romantic fantasy. (2005, PG, 95min) ★★★★
6.40 **FILM Sweet Home Alabama** Comedy. (2002, 12, 109min) ★★★
9.00 **FILM Last Knights** Action adventure. (2015, 15, 112min) ★★
11.25 **FILM The Double** Thriller starring Richard Gere. (2011, 12, 94min) ★★
1.35 AM **FILM Alpha Dog** Fact-based drama. (2006, 15, 117min) ★★
4.00 **to 6.00** AM **FILM Pretty Little Stalker** Thriller. (2018, PG, 87min) ★★
+1 hour 322

GREAT! romance
319 424 52

8.10 AM **FILM Paris, Wine and Romance** Drama. (2019, PG, 84min) ★★
10.10 **FILM Appetite for Love** Comedy. (2016, U) ★★
12.05 PM **FILM The Vows We Keep** Romantic drama. (2021, U, 84min) ★★
2.00 **FILM My Boss's Wedding** Drama. (2021, PG, 85min) ★★
4.00 **FILM The Wedding Fix** Drama. (2022, PG) ★★
6.05 **FILM Made for You, with Love** Drama. (2019, U, 85min) ★★
8.00 **FILM Perfect Wedding** Comedy. (2015, PG) ★★
9.55 **FILM Cupids on Beacon Street** Comedy. (2021, U, 90min) ★★
11.55 **FILM The Best Version of Love** Comedy. (2023, PG, 86min) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM As Gouda As It Gets** Drama. (2020, PG, 90min) ★★
+1 hour 320 63

Rewind TV
182 95

6.00 AM **Huckleberry Finn and His Friends** (S1)
8.30 **Monkey** 8/26. (S1)
9.30 **I Dream of Jeannie**
10.30 **The Zoo Gang**
1.30 PM **Watching** (S7)
4.00 **Bubblegum & Cheese**
5.00 **Stereo Underground**
6.00 **I Dream of Jeannie** (S1)
7.00 **The Charmer** 1/6. (S1)
8.00 **Bust** 1/6. (S2)
9.00 **Married... with Children** 11/13. Marcy has a recurring dream. **9.30** 12/13. Al arrives at a crossroads in his life. **10.00** 13/13. Al and Peggy eat at their favourite place. (S1)
10.30 **Police Woman** *The Beautiful Die Young:* 2/22. Sgt Crowley and Pepper investigate a modelling agency. (S1)
11.30 **The Zoo Gang** (S1)
2.30 AM **The Charmer** (S1)
3.30 **That's My Dog**
4.30 **to 6.00** AM **Married... with Children**

DMAX
159 169 39 147

6.00 AM **Deadliest Catch**
10.00 **Aussie Gold Hunters**
2.00 PM **Outback Opal Hunters** Five editions.
7.00 **Mysterious Creatures with Forrest Galante** Forrest searches for an elephant that has been destroying local villages. **8.00** Forrest heads to Africa's Zambezi River to team up with an old friend to stop killings and save a croc.
9.00 **The Face Doctors** Peter undergoes surgery to try to rebuild his nose after losing it to cancer. **10.00** A simple toothache leads to a deadly flesh-eating infection in Terry's eye, while Anita makes a heart-breaking decision.
11.00 **Body Bizarre** Triple bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**
+1 hour 259 369 153

Food Network
140/141 190 43 148

6.00 AM **Giada Entertains**
11.00 **James Martin's American Adventure**
3.00 PM **Gok Wan's Easy Asian** Twelve editions of the series, including at: **8.00** Gok shares recipes that will not leave you feeling stuffed. **8.30** Gok shares three Asian dishes that centre around rice.
9.00 **Man v Food with Casey Webb** Casey visits Richmond for a lesson on savoury pies. **9.30** Casey samples an iconic Italian hot dog. **10.00** Casey ventures to Roswell for a UFO-inspired sandwich. **10.30** Casey visits Hartford for a sweet and savoury burger.
11.00 **Man v Food**
11.30 **Man v Food with Casey Webb** Triple bill.
1.00 **to 3.00** AM **Cake Boss**
+1 hour 240/241 154

Legend
148 149 41 137

7.00 AM **The Twilight Zone**
8.00 **FILM Jetstream** Sci-fi disaster movie. (2012, 12, 88min) ★★
10.00 **T.J. Hooker** (S3&4)
3.00 PM **FILM The Conqueror** Biopic. (1955, PG, 107min) ★
5.10 **FILM The Lone Ranger** Western drama. (1956, U, 86min) ★★★
6.55 **FILM Vendetta for the Saint** Mystery starring Roger Moore. (1968, PG, 94min) ★★★
9.00 **FILM Welcome to the Punch** Crime thriller starring James McAvoy and Mark Strong. (2013, 15, 98min) ★★★
11.00 **FILM Driven to Kill** Crime action thriller. (2009, 18, 94min) ★★
12.55 AM **FILM Hammer of the Gods** Adventure. (2013, 18, 94min) ★
2.55 **to 5.00** AM **FILM Rabid** Horror chiller. (2019, 18, 108min) ★★★

Legend Xtra
317 171 69 138

6.00 AM **FILM 2021: War of the Worlds** Sci-fi thriller. (2021, 12, 78min) ★★
8.00 **FILM Stormageddon** Thriller with Joseph Gatt. (2015, PG, 90min) ★★
10.00 **FILM Monster Island** Thriller with Eric Roberts. (2019, PG, 90min) ★★
12.00 NOON **FILM Sinbad and the Clash of the Furies** Action adventure. (2016, 12, 90min) ★
2.00 PM **FILM Against a Crooked Sky** Western. (1976, PG, 85min) ★★
4.00 **Farscape** 2-6/22. (S2)
9.00 **FILM Backtrace** Thriller with Sylvester Stallone and Ryan Guzman. (2018, 15, 92min) ★★★
11.00 **FILM Boiling Point** Thriller starring Wesley Snipes, Dennis Hopper and Valerie Perrine. (1992, 15, 89min) ★★★
1.00 **to 3.00** AM **FILM Backtrace** As 9.00pm.
+1 hour 318 371 139

Blaze
164 174 64 161

6.00 AM **Storage Wars**
8.00 **Swamp People**
10.00 **Wicked Tuna**
11.00 **Blown Away**
12.00 NOON **A Cut Above**
1.00 PM **Weird or What? With William Shatner**
3.00 **Ancient Aliens**
7.00 **Ancient Aliens** A countdown of the top 10 apparent cover-ups.
8.00 **In Search of Aliens** Experts contemplate whether an advanced civilisation of giants built Malta's megaliths.
9.00 **On the Trail of UFOs: Dark Sky** Film-maker Seth Breedlove and paranormal researcher Shannon LeGro search for the truth behind the enigma of UFOs.
11.00 **The Proof Is Out There**
12.00 M'T **Strange Evidence**
1.00 AM **Court Cam**
2.00 **Container Wars**
3.00 **to 6.00** AM **Hardcore Pawn**

5SELECT
153 138 46 133

9.00 AM **Secrets of the Royal Palaces**
12.00 NOON **Murder, She Wrote** Five episodes.
5.00 PM **World War II in Colour** Double bill.
7.00 **Nazi Megastructures** A look at the rail network of Nazi Germany, and Hitler's personal train. **8.00** Examining the defensive lines built by the Nazis across Italy.
9.00 **Nazi Megastructures: Russia's War** How the Nazis faced a vast Soviet army bent on revenge.
10.00 **Buried Secrets of WWII** The team investigate the Hurtgen Forest in Germany.
11.00 **The Battle of Britain: 3 Days That Saved the Nation** The story of 15 September 1940.
12.00 M'T **Britain's Greatest Bridges** Four editions.
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 191 44 149

7.00 AM **Man v Food**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **My Dream Derelict Home** Four editions.
7.00 **My Dream Derelict Home** Transforming a Georgian mansion. **8.00** A couple convert a run-down eight bedroom Victorian mansion in Hartlepool. **9.00** A couple try to transform a cottage into a dream home without going over their budget. **10.00** Creating a retirement property out of a pigsty and hen coop. **11.00** Transforming an Edwardian property into a family home. **12.00** M'T A couple renovate a Methodist chapel in Derbyshire.
1.00 AM **100 Day Dream Home** Property series.
2.00 **to 4.00** AM **Home Town**
+1 hour 258/262 391

TLC
133/134 828 165

7.00 AM **Curvy Brides Boutique** Reality series.
8.00 **Say Yes to the Dress: Atlanta** Four editions.
10.00 **Outdaughtered: Busby Quints** Double bill.
12.00 NOON **Extreme Cheapskates**
1.00 PM **My 600lb Life**
5.00 **Too Large**
6.00 **Say Yes to the Dress: Atlanta** Double bill.
7.00 **Baylen Out Loud** Baylen learns what Colin's work relocation means for their relationship.
8.00 **The Bad Skin Clinic**
9.00 **Dr Pimple Popper** Triple bill of editions.
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Cheapskates**
2.00 **Love Off the Grid**
3.00 **Sex Sent Me to the ER**
4.00 **I am Shauna Rae**
5.00 **to 6.00** AM **Curvy Brides Boutique**
+1 hour 233/234 365

Comedy Central
112/113 812 132 345 360

8.00 AM **Whose Line Is It Anyway? USA**
10.00 **Friends** 11-24/24. (S5)
5.00 PM **Michael McIntyre's Big Show** With Al Porter.
6.00 **Friends** Six episodes of the sitcom, including at: **8.00** 5/25. Joey is mistaken for the owner of a Porsche. **8.30** 6/25. Chandler and Joey celebrate their last night as flatmates. (S6)
9.00 **FILM This Is the End** Action comedy starring James Franco, Jonah Hill and Seth Rogen. (2013, 15, 106min) ★★★★
11.05 **Kevin Bridges Live in Glasgow** Stand-up.
12.05 AM **Comedy Central Live** Featuring Sikisa.
1.05 **Teachers** (S3)
1.35 **Beavis and Butt-Head**
2.35 **Whose Line Is It Anyway? USA**
3.30 **Lee Evans: Roadrunner**
4.15 **to 5.00** AM **Guessable?**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 154

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** With Olly Murs.
10.00 **Home Improvement**
1.00 PM **Michael McIntyre's Big Show** As 9.00am.
2.00 **Impractical Jokers**
6.00 **Whose Line Is It Anyway? USA**
9.00 **Friends** 1/25. Joey and Phoebe embark on a cross-country adventure. **9.30** 2/25. Monica and Chandler decide to move in together. **10.00** 3/25. Ross makes a dramatic decision about Rachel. **10.30** 4/25. Ross tries his hand at teaching. (S6)
11.00 **Friends** 5-14/25. (S6)
3.45 AM **Andy Parsons: Live & Unleashed – But Naturally Cautious**
4.30 **Al Murray: The Only Way Is Epic** Stand-up.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 156

7.00 AM **Motorway Patrol**
8.00 **Motorway Patrol**
9.00 **Customs UK**
11.00 **Nothing to Declare**
2.00 PM **MacGyver** Five episodes, including at: **5.00** *No-Go & High-Voltage & Rescue:* 20/22. Two Americans go missing while taking part in a scavenger hunt. **6.00** *Treason & Heartbreak & Gum:* 21/22. Matty's ex-husband Ethan asks her for help.(S3)
7.00 **The Flash** *Heart of the Matter – Part Two:* 18/18. Barry enlists a host of speedster allies to end the war. (S7)
8.00 **Customs UK** Eight editions of the series.
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** Double bill.
3.00 **to 6.00** AM **Four Weddings**

MTV
126/127 824 134

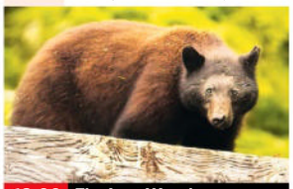
6.00 AM **The Hills**
6.20 **16 and Pregnant**
7.10 **Teen Mom: The Next Chapter** Double bill.
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: Catch of the Day** Reality series.
2.00 **Catfish: The TV Show**
3.00 **Catfish: Catch of the Day** Reality series.
4.00 **Catfish: The TV Show** Five editions of the series, including at: **7.00** Joey thought he had found the perfect woman in Marissa, but she has almost emptied his bank account. **8.00** Kay needs help finding out the truth about Tyreek.
9.00 **Badass Brides**
10.00 **Ink Master** Double bill.
12.00 M'T **Geordie Shore**
1.00 AM **True Life Crime**
2.00 **Catfish: The TV Show**
2.45 **Catfish: Teams**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **How It's Made**
12.00 NOON **The Last Woodsmen** Six editions, including at: **2.00** PM Jared needs to move $1,000,000 of wood down a treacherous river to market. **3.00** Jared fights to get a fat truck running at Grizz. **4.00** As fire season approaches, Jared races to save as many logs as he can. **5.00** Jared is under pressure to get all his product out of the woods before it turns to ash.
6.00 **Gold Rush** Rick gambles all of his profits on a risky cut.


12.00 The Last Woodsmen

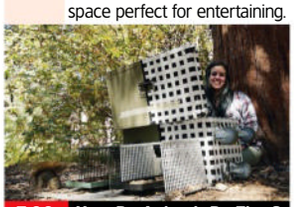
7.00 **Gold Divers** Vernon's crew attempt their first dive, but tempers explode. Zeke revisits a mining spot from his past.
8.00 **Harpoon Hunters** All bets are off when a legend joins the derby, and Emmett struggles until his dad harpoons a giant.
9.00 **Marooned with Ed Stafford** Ed is trapped on an island off the coast of Panama, unless he braves shark-infested waters.
10.00 **Mystery at Blind Frog Ranch** After finding a hidden cave below a lake, Chad trains in Florida to dive into the cavern.
11.00 **Moonshiners** Mark and Digger recruit Patti Bryan.
12.00 M'T **Caught!** Law enforcement take down menacing drivers. **12.30** AM Elite police units execute daring raids.
1.00 AM **Moonshiners**
4.00 **to 5.00** AM **How Do They Do It?**

+1 hour 225/226 377

Animal Planet

162/175 178

8.00 AM **Insane Pools: Off the Deep End** A palatial pool.
9.00 **Life at Vet University**
10.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Insane Pools: Off the Deep End** A dream pool.
1.00 PM **Life at Vet University**
2.00 **Monster Croc Invasion**
3.00 **Pit Bulls & Parolees**
5.00 **Alaska: Homestead Rescue**
6.00 **Insane Pools: Off the Deep End** A small backyard is transformed into a luxurious space perfect for entertaining.


7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** How hyenas can eat pretty much anything. **7.30** A squirrel's ability to hide up to 10,000 nuts.
8.00 **Guardians of Rescue** Brian and Face help a woman whose neighbour is provoking her dog.
9.00 **Animal Cops Houston** Investigators face a legal battle to win custody of an injured dog before they are able to treat it.
10.00 **Alaskan Bush People** Ami prepares for a critical medical check-up, while a rogue bear destroys Bam's new beehives.
11.00 **I Was Prey** A 12-year-old dragged from a tent by a wolf. **12.00** M'T A woman attacked by a crocodile during a swim.
1.00 AM **Alaskan Bush People**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Insane Pools: Off the Deep End**

+1 hour 262/275 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation**
11.00 **Mutant Weather**
12.00 NOON **Mysterious Islands**
1.00 PM **Drain the Oceans: Deep Dive** Marine archaeologists shine a new light on graves long lost to the depths.
2.00 **Car S.O.S** Triple bill.
5.00 **Apocalypse: The Rise of Hitler** 1/2. Charting the dictator's rise to power. **6.00** 2/2. Hitler becomes chancellor in 1933 after the German economy collapses.

9.00 Camden

7.00 **Air Crash Investigation** A C-130 firebomber crashes while battling an epic Australian wildfire.
8.00 **Draining the Thames: What Lies Beneath** Exploring London's history through relics found under the Thames.
9.00 NEW SERIES **Camden** Documentary about the London borough, known for being an alternative cultural melting pot.
10.00 **Camden** New edition Following in the footsteps of The Clash, Oasis and The Libertines become the rebels of Camden.
11.00 **Plane Crash Recreated** A Boeing 777 that crashed short of the Heathrow runway.
12.00 M'T **Border Protection Spain**
2.00 AM **Money Meltdown**
2.55 **Food Factory USA**
3.45 **Lords of War** Double bill.
4.35 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **Dirty Old Cars**
6.30 **Storage Wars** Five editions.
9.00 **The Curse of Oak Island**
10.00 **Pawn Stars** Triple bill.
1.00 PM **Clash of Ancient Warriors** Focusing on the Battle of Hastings in 1066. **2.00** The Battle of Marathon. **3.00** The Battle of Agincourt. **4.00** The Battle of Gergovia.
5.00 **Mayhem! The Secret Lives of the Georgian Kings** A look at the life of George III.
6.00 **Secrets in the Ice** A wolf preserved for 44,000 years.

9.00 The UnBelievable

7.00 **Greatest Heists with Pierce Brosnan** A look back at the Dunbar Armored Depot Heist of September 1997.
8.00 **Greatest Heists with Pierce Brosnan** The actor explores the Gardner Museum Heist, which took place in 1990.
9.00 **The UnBelievable with Dan Aykroyd** The team explore stories including a headless chicken that lived for over one year.
10.00 **The UnBelievable with Dan Aykroyd** The eccentric and strange innovations that have graced the battlefield.
11.00 **Prison Chronicles** The history of Leavenworth prison. **11.30** The history of Dannemora prison, New York's third-oldest such institution.
12.00 M'T **Forged in Fire**
2.00 AM **Pawn Stars** Triple bill.
5.00 **to 6.00** AM **Greatest Heists with Pierce Brosnan**

+1 hour 223/224 331

U&Yesterday

155 846 129 27 159

6.10 AM **The Buildings That Fought Hitler** Triple bill.
9.00 **The World at War**
11.00 **Bangers & Cash** Triple bill.
2.00 PM **The Boat That Guy Built** Six editions, including at: **4.30** Guy Martin shows off the renovated boat at a party.
5.00 **Guy Martin's Lancaster Bomber** Guy trains in all seven crew positions on the aircraft.
6.00 **Speed with Guy Martin: F1 Challenge** Guy joins a Formula One pit crew during the 2017 Belgian Grand Prix.

7.00 Cornwall with Simon Reeve

7.00 **Cornwall with Simon Reeve** Simon travels through Cornwall as the county emerged from the first COVID-19 lockdown.
8.00 **Cornwall with Simon Reeve** Investigating the environmental challenges facing Cornwall and the rest of the country.
9.00 **Simon Reeve's Return to Cornwall** The explorer goes back to the county as the energy and cost-of-living crisis began to take its toll.
10.20 **'Allo 'Allo!** Michelle enlists Rene to set up a mobile radio station to broadcast propaganda.
11.00 **'Allo 'Allo!** Herr Flick gives Helga a truth drug to discover the location of the painting. **11.40** Rene's birthday celebrations end with a bang.
12.20 AM **Bangers & Cash**
1.20 **Dream Car Fixers**
2.15 **to 3.00** AM **Make It at Market**

+1 hour 255 329

Saturday

7 PM
8 PM
9 PM
10 PM

Quest

144 834 137 12 150 144

6.00 AM **World's Greatest Motorcycle Rides**
8.00 **Wheeler Dealers**
2.00 PM **Shed and Buried: Classic Cars** Double bill.
4.00 **Shed and Buried**
6.00 **Salvage Hunters**
8.00 **Salvage Hunters: Georgian House Restoration** Drew needs to raise urgent funds for his house restoration.
9.00 **Massive Engineering Mistakes** Double bill of the series. Experts analyse what went wrong with building mistakes around the world.
11.00 **Opal Hunters: Red Dirt Road Trip** The race to reach $40,000 each goes down to the wire for Rod and JC.
12.00 M'T **Mystery at Blind Frog Ranch**
1.00 AM **Legend of Croc Gold**
3.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 151

Quest Red

149 168 40 146

6.00 AM **Say Yes to the Dress: Bridesmaids**
7.00 **Say Yes to the Dress: Lancashire**
8.00 **Curvy Brides Boutique**
9.00 **Say Yes to the Dress**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Bride Killa**
4.00 **Dates from Hell**
4.30 **Who the (Bleep) Did I Marry?** Vernon Pierce.
5.00 **Forbidden: Dying for Love** Double bill.
7.00 **Love, Honor, Betray**
9.00 **Devil in the Ozarks** A vicious sexual assault.
10.00 **Murder Under the Friday Night Lights** New edition A football coach is shot in front of dozens of witnesses.
11.00 **Faking It: Tears of a Crime** Triple bill.
2.00 AM **Murder Comes to Town** Megan Sharpton.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Facing Evil** Femmes fatales Britney Gulley and Jeremisha Adams. **6.30** The murder of Patrice LaBlanc.
7.00 **Bloodline Detectives** Delving into the murder of a child in 1964.
8.00 **Murder She Solved** A detective goes undercover to catch the person responsible for poisoning a mother and her two sons.
9.00 **Snapped: Killer Couples** A socialite is found dead in her home. **10.00** A complicated love affair fuelled by obsession and jealousy.
11.00 **Real Detective: North of the Border**
12.00 M'T **Real Detective**
1.00 AM **To Catch a Killer**
3.00 **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 172 68 134

9.00 AM **48 Hours**
2.00 PM **Medical Detectives** The joyous atmosphere of a July 4th weekend soon turns to tragedy. **2.30** A family mourn the unexpected death of a beloved grandmother. **3.00** A true-crime hobbyist links a Utah Jane Doe to an Ohio missing persons case. **3.30** A mother vanishes on Thanksgiving Day. **4.00** An 18-year-old mysteriously disappears. **4.30** The clerk of an Atlanta smoke shop is shot during a robbery.
5.00 **Donal MacIntyre: Unsolved** Revisiting the case of Penny Bell.
6.00 **Judge Judy** Real-life small-claims cases.
2.00 AM **The Day I Should Have Died** Double bill.
4.00 **Citizen Detective**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 820 121 349 364

6.00 AM **Road Wars**
8.00 **Highway Patrol**
9.00 **Brit Cops: Law & Disorder** Documentary.
10.00 **Stop, Search, Seize**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Killer Siblings**
2.00 **The Killer Within**
3.00 **Murders That Shocked the Nation** Double bill.
5.00 **Murdered at First Sight**
6.00 **Killer in My Village**
7.00 **Britain's Most Evil Killers**
8.00 **Forensics: Catching the Killer** True-crime.
9.00 **How I Caught the Killer**
10.00 **The Real Manhunter**
11.00 **I'll Be Gone in the Dark**
12.10 AM **What the Killer Did Next** Joy Morgan.
1.10 **Love You to Death**
2.00 **Twisted Killers**
3.00 **An Unexpected Killer**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 187 84 155

8.00 AM **Beautiful Serengeti**
8.30 **Armenia, My Home**
9.40 **Hitler's Power**
1.00 PM **Beautiful Serengeti**
1.30 **Chivalry and Betrayal: The Hundred Years War**
5.25 **Hitler's Power** Triple bill of editions, including at: **7.40** How Hitler went from emphasising his will for peace to starting a war of extermination.
8.45 **The Wheelchair President** 1/2. David Reynolds exposes the cover up of American president Franklin Roosevelt's failing health. **9.45** 2/2. David pieces together the story of Franklin Roosevelt's leadership throughout World War Two.
10.50 **Armenian Genocide** Delving into the Armenian genocide.
12.00 M'T **Armenia, My Home**
1.15 **to 2.00** AM **Beautiful Serengeti**

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD EE HD

Sky Documentaries

121/122 819 188 352 367

6.00 AM **Discovering: Harrison Ford**
7.00 **Discovering: Meryl Streep**
8.00 **The Directors**
9.00 **Mama's Boy: A Story from Our Americas** Documentary.
11.00 **Faye** Documentary.
12.50 PM **My Icon: Pam Cookey**
1.00 **Jackie Stewart**
3.00 **Williams & Mansell: Red 5**
4.50 **My Icon: Linford Christie**
5.00 **I Am Richard Pryor**
6.50 **My Icon: Shaun Gayle**
7.00 **Yacht Rock: A Dockumentary** Chronicling the rise of soft rock.
9.00 **Super/Man: The Christopher Reeve Story** Profile of the actor.
11.00 FILM **The Alpinist** The story of climber Marc-André Leclerc. (2021, 12, 92min) ★★★★
12.50 AM **Surveilled** Documentary.
2.00 NEW SERIES **David Frost Vs** 1/3. Recalling some of the journalist's most famous interviews, beginning with Paul McCartney of The Beatles. *See feature, page 20.*
■ Entire series on Box Sets
3.00 **Klitschko: More Than a Fight**
5.00 **to 6.00** AM **The Directors**

Sky Nature

124/125 822 189 354 369

6.00 AM **Tales from Zambia**
8.00 **The Predator's Playbook**
9.00 **Big Cat Country**
12.00 NOON **Woodpeckers: The Hole Story** Documentary.
1.00 PM **Planet Weird**
2.00 **Uptown Otters**
4.00 **Wild Family Ties**
6.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 1/2. Exploring the evolution of vertebrates. **7.00** 2/2. How mammals came to dominate the natural world.
8.00 **Africa's Hunters** Documentary following the life of an ageing leopard in the Luangwa Valley.
9.00 **Africa's Claws and Jaws** Documentary following the people dedicated to learning about the sharks along the coast of southern Africa.
10.00 **In for the Kill** Footage of predators claiming their prey.
11.00 **The Predator's Playbook**
12.00 M'T **Africa's Hunters**
1.00 AM **Africa's Claws and Jaws**
2.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 840 186

6.00 AM **Ancient Aliens**
9.00 **Combat Ships**
10.00 **Combat Trains**
11.00 **Combat Machines**
12.00 NOON **Ancient Aliens**
2.00 PM **What on Earth?**
3.00 **Hitler: Uncovering His Fatal Obsession** The story of Hitler's invasion of Russia in 1941.
4.00 **Looting History**
5.00 **Life After People**
7.00 **Greatest Prison Escapes with Billy Hayes** A look back at audacious jail and prison breaks.
8.00 **Holy Marvels with Dennis Quaid** Stonehenge and the Moai statues of Easter Island. **9.00** How ancient cultures provoked fear with curses.
10.00 **Hitler's Secret Sex Life** Disputed historical accounts of Hitler's sexual psychology.
11.00 **Ancient Aliens** Triple bill.
2.00 AM **8 Days That Made Rome**
3.00 **The UnXplained with William Shatner** Documentary.
4.00 **Inside the Tower of London**
5.00 **to 6.00** AM **Britain's Greatest Obsessions**

Crime+Investigation

156 837 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
9.00 **Court Cam** Four editions.
11.00 **My Strange Arrest**
12.00 NOON **Killer in Plain Sight**
1.00 PM **Murder by Medic**
4.00 **An Hour to Kill** Triple bill.
7.00 **The Real Murders of Atlanta** A tech mogul is found murdered in his lavish home.
8.00 **A Perfect Scam** Exploring the world of scams and how con artists manipulate their victims.
9.00 **Murder at the Motel** Police find a body at the New Falls Motel.
10.00 **Cops Gone Bad with Will Mellor** A look at cases of police officers taking advantage of their positions to commit crimes, beginning with Adam Provan.
11.00 **West End Murders**
12.00 M'T **Robbie Coltrane's Critical Evidence** Double bill.
2.00 AM **Murder at the Motel**
3.00 **Murder by Medic**
4.00 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 256 333

WILD

165 841 182

8.00 AM **Fish Tank Kings**
9.00 **Secrets of the Zoo: Tampa**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Wild Cats of India**
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Savage Kingdom** The cheetah cubs get a harsh lesson in survival, and wild dogs try to drive hyenas from their territory, but internal conflict threatens to tear the pack apart.
8.00 **The Incredible Dr Pol** New editions The Pol family pets go under the knife, and the clinic hustles to keep up with an onslaught of patients. **9.00** The vet gets behind the wheel of a race car.
10.00 **Predator Bloodlines** Folllowing five lionesses and their offspring as they overcome challenges through teamwork.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 181

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: Classic Cars** A Jensen Interceptor Mark III proves to be the boys' biggest rebuild yet. **4.00** With iconic Peugeot 205 GTIs more in demand than ever and prices rocketing, Drew and Paul gamble on restoring an insurance write-off. **5.00** Drew and Paul get their hands on a Porsche 914.
6.00 **The Mummy Detective** Dr Bob Brier investigates the story of the biblical Magi. **7.00** Specialists exhume the bodies of the Medici. **8.00** Exploring an ancient text revealing a murderous tale.
9.00 **Storm Chasers** Team TIV score a victory on Reed's turf. **10.00** A tornado threatens havoc for Team Dominator.
11.00 **Aircrash Confidential**
1.00 AM **Disasters at Sea**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 176 57 160

9.00 AM **Bahama Blue**
1.00 PM **Bahama Blue**
5.00 **The Bill** *Waste:* The body of a homeless woman is discovered on a building site. **5.30** *The Strong Survive:* Carver and Dashwood have a chemist shop under observation. **6.00** *Loving Care:* Carver investigates a burglary and finds an unconscious girl at the scene. **6.30** *Back on the Streets:* Lines and Carver fail to capture a wanted man.
7.00 **Pointless** Double bill of the quiz show hosted by Alexander Armstrong and Richard Osman.
9.00 **Lucan** 1/2. Drama based on the life of flamboyant aristocrat Lord Lucan, whose children's nanny was bludgeoned to death in the basement of his home. Stars Rory Kinnear.
10.30 **The Bill** Four episodes.
12.30 AM **Pointless** Double bill.
2.30 **Great British Railway Journeys**
3.00 **Bahama Blue** Triple bill.
5.30 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 166

8.00 AM **Evil Stepmothers**
10.00 **Real Time Crime** Double bill.
12.00 NOON **To Catch a Killer**
2.00 PM **I Almost Got Away with It**
4.00 **A Crime to Remember**
6.00 **Evil Lives Here: Shadows of Death** The murders of two girls at a remote lookout point at first seem random, but police uncover a web of secrets among their network of friends. **7.00** Lisa Reeves meets a charming Arkansas man in uniform, who turns out to be anything but what she wanted.
8.00 **Blood Relatives** How a once-happy family became frayed by anger and jealousy.
9.00 **Evil Lives Here** Tonja Balden doesn't know the charming man she meets at a bar hides a twisted secret.
10.00 **Hostage 911** True-crime series.
11.00 **Murder in the Heartland**
12.00 M'T **Britain's Deadliest Kids**
2.00 AM **Southern Fried Homicide**
4.00 **to 6.00** AM **Unravelled: Countdown to a Kill**

+1 hour 254 366

Discovery Turbo

161/172 180

6.00 AM **Vintage Voltage**
9.00 **How Do They Do It?**
11.00 **Goblin Works Garage**
12.00 NOON **Motor Pickers**
5.00 PM **Kindig Customs**
8.00 **Head 2 Head** Jonny and Jethro compare the 2018 Maserati Quattroporte GTS and the 2018 Jaguar XJR575. **8.30** Jonny and Jethro pit the 2018 Porsche Panamera Turbo Sport Turismo against the 2018 Mercedes-AMG E63 S 4Matic. **9.00** Jethro and Jonny compare the Aston Martin Vantage and the Audi R8 RWS. **9.30** Jonny and Jethro pit Chevy's and Dodge's modern muscle cars against each other. **10.00** Jethro and Jonny examine the Audi TT RS and the Porsche 718 Cayman GTS. **10.30** Jonny and Jethro go on a road trip from LA to Las Vegas.
11.00 **Ant Anstead Master Mechanic**
1.00 AM **Incredible Engineering Blunders: Fixed**
2.00 **to 5.00** AM **Texas Metal**

+1 hour 261/272

Films

Sky Cinema Premiere

301 401 501 515

6.15 AM **Rob Peace** As 2.05pm.
8.25 **The Garfield Movie** (2024)
10.10 PREMIERE **Thelma** (2024)
11.55 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★
2.05 PM **Rob Peace** Biopic. (2024, 15, 120min) ★★★
4.15 **The Garfield Movie** Animation with the voice of Chris Pratt. (2023, U, 101 min) ★★★
6.00 **The Watched** Horror starring Dakota Fanning and Olwen Fouere. (2024, 15, 102min) ★★

8.00 Thelma

8.00 PREMIERE **Thelma** Comedy with June Squibb. After a 93-year-old woman is conned by a phone scammer, she embarks on a risky journey across LA with only one thing on her mind – revenge. (2024, 12, 98min) ★★★★ *See review, p22.*
SEX ●●● VIOLENCE ●●● LANG ●●●

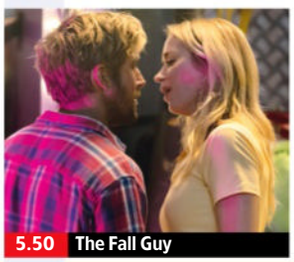
10.00 **Furiosa: A Mad Max Saga** Fantasy adventure prequel starring Anya Taylor-Joy and Chris Hemsworth. A warrior seeks vengeance against a biker horde led by the crazed Dementus. (2024, 15, 148min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Watched** As 6.00pm.
2.25 **A Place Called Silence** Chinese thriller with Eric Wang. Subtitled. (2024, 15, 119min)
4.35 **to 6.15** AM **The Last Stop in Yuma County** Crime thriller starring Jim Cummings. (2023, 15, 100min) ★★★★

Sky Cinema Hits

303 403 503 517

6.35 AM **Arcadian** As 5.10am.
8.25 **57 Seconds** As 3.20am.
10.15 **Gran Turismo** Action drama. (2023, 12, 123min) ★★★
12.30 PM **Mission: Impossible – Dead Reckoning Part One** Thriller starring Tom Cruise. (2023, 12, 163min) ★★★★
3.25 **Fast X** Action adventure. (2023, 12, 141 min) ★★★★
5.50 **The Fall Guy** Comedy starring Ryan Gosling and Emily Blunt. (2023, 12, 126min) ★★★★


5.50 The Fall Guy

8.00 **Dune: Part Two** Sci-fi drama sequel starring Timothée Chalamet, Zendaya, Austin Butler and Rebecca Ferguson. Freedom fighters Paul and Chani galvanise the Fremen to strike down conspirators against the Atreides dynasty. (2024, 12, 166min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Mad Max: Fury Road** Action thriller starring Tom Hardy and Charlize Theron. (2015, 15, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Shazam! Fury of the Gods** Superhero adventure sequel starring Zachary Levi. (2023, 12, 130min) ★★★
3.20 **57 Seconds** Revenge thriller. (2023, 15, 99min) ★★★
5.10 **to 7.00** AM **Arcadian** Horror.

Sky Cinema Drama

310 410 510 524

6.10 AM **Monsoon** As 12.15am.
7.45 **Finding You** As 5.05am.
9.50 **Aisha** Drama with Letitia Wright. (2022, 12, 94min) ★★★★
11.35 **Lost in Translation** Bittersweet romantic comedy drama. (2003, 15, 102min) ★★★★★
1.20 PM **Defiance** Action drama. (2008, 15, 137min) ★★★★
3.45 **Dunkirk** World War Two drama. (2017, 12, 106min) ★★★★★
5.40 **Spotlight** Fact-based drama starring Mark Ruffalo, Michael Keaton and Rachel McAdams. (2015, 15, 129min) ★★★★★
8.00 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper, who also directed. A fading music star falls in love with a nightclub singer-songwriter. (2018, 15, 136min) ★★★★★
10.20 **The Girl on the Train** Thriller based on the novel by Paula Hawkins, starring Emily Blunt. (2016, 15, 107min) ★★★★
12.15 AM **Monsoon** Drama. (2019, 12, 85min) ★★★★
1.45 **Calvary** Comedy drama. (2014, 15, 99min) ★★★★
3.35 **The Swimmer** Israeli drama. Subtitled. (2021, 18, 84min) ★★★
5.05 **to 7.10** AM **Finding You** Drama. (2021, PG, 119min) ★★

Sky Cinema Sci-fi/Horror

311 411 511 525

6.05 AM **The Purge: Election Year**
8.00 **Star Trek: Generations** Sci-fi adventure with Patrick Stewart. (1994, PG, 118min) ★★★
10.00 **It** Horror with Bill Skarsgård. (2017, 15, 135min) ★★★★
12.20 PM **The Nun** Horror thriller. (2018, 15, 96min) ★★★
2.00 **Minority Report** Steven Spielberg's sci-fi action thriller. (2002, 12, 145min) ★★★★
4.30 **Star Trek: First Contact** Sci-fi adventure with Patrick Stewart. (1996, 12, 110min) ★★★★
6.25 **Paranormal Activity: The Ghost Dimension** Horror thriller sequel starring Chris J Murray. (2015, 15, 88min) ★
8.00 **Interstellar** Sci-fi drama with Matthew McConaughey Anne Hathaway and Michael, Caine. (2014, 12, 166min) ★★★★
10.50 **Night Swim** Horror starring Wyatt Russell and Kerry Condon. (2024, 15, 98min) ★
12.35 AM **The Purge: Election Year** Action horror sequel with Frank Grillo. (2016, 15, 108min) ★★★
2.30 **Resident Evil** Sci-fi horror thriller starring Milla Jovovich. (2002, 15, 100min) ★★★
4.20 **to 6.25** AM **Riddick** Thriller sequel. (2013, 15, 122min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 406 506 520

6.10 AM **The Adventures of Sharkboy and Lavagirl in 3-D**
7.45 **Hot Dog Derby** As 12.30am.
9.10 **A Tiger's Tail** As 2.00am.
10.40 **Small Soldiers** Fantasy. (1998, PG, 99min) ★★★★
12.35 PM **Zathura: A Space...**
2.25 **Cats & Dogs** Comedy fantasy. (2001, PG, 87min) ★★★★
4.00 **IF** Fantasy. (2024, U) ★★★
5.50 **Bean** Comedy. (1997, PG) ★★★
7.25 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★

7.25 Mr Bean's Holiday

Mr Bean's Holiday (film started at 7.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Zathura: A Space Adventure** Sci-fi fantasy starring Josh Hutcherson. Two brothers plunge into a series of adventures when they play a unique board game. (2005, PG, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy adventure starring Taylor Lautner. (2005, U, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Hot Dog Derby** Family comedy. (2013, U, 82min) ★★
2.00 **A Tiger's Tail** Family drama. (2014, U, 81min) ★★★
3.30 **Batteries Not Included** Drama. (1987, PG, 105min) ★★★★
5.25 **to 7.15** AM **It Takes Two** Comedy. (1995, U, 97min) ★

Sky Cinema Action

307 407 507 521

6.00 AM **Rampage** Adventure. (2018, 12, 107min) ★★★
7.50 **Kick-Ass 2** Thriller sequel. (2013, 15, 99min) ★★★
9.40 **The Green Hornet** (2011)
11.45 **Wonder Woman** Adventure. (2017, 12, 121min) ★★★★
2.10 PM **Hancock** Action comedy. (2008, 12, 92min) ★★★
3.45 **Godzilla** Thriller remake. (2014, 12, 118min) ★★★
5.55 **Meg 2: The Trench** Thriller sequel. (2023, 12, 115min) ★★★

5.55 Meg 2: The Trench

8.00 **Justice League** Sci-fi adventure starring Ben Affleck, Gal Gadot and Henry Cavill. Bruce Wayne enlists the help of Cyborg, Wonder Woman, Aquaman and The Flash in the fight against supervillain Steppenwolf. (2017, 12, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

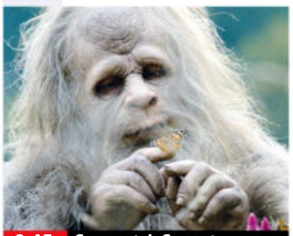
10.05 **The Green Hornet** Fantasy action comedy starring Seth Rogen, Jay Chou and Cameron Diaz. A wealthy playboy reinvents himself as a masked crime-fighter. (2011, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Shrapnel** Action thriller. (2023, 15, 89min) ★★
1.45 **Bloodshot** Sci-fi thriller. (2020, 12, 109min) ★★
3.40 **Bullet to the Head** Thriller. (2012, 15, 89min) ★★★
5.20 **to 7.20** AM **Knights of the Zodiac** Fantasy starring Sean Bean. (2023, 12, 112min) ★★

Sky Cinema Comedy

308 408 508 522

7.05 AM **In & Out** (1997, 12) ★★★
8.40 **Daddy Day Care** Comedy. (2003, PG, 92min) ★★★
10.20 **Couples Retreat** Comedy. (2009, 15, 113min) ★★★
12.20 PM **About Last Night** Comedy remake. (2014, 15, 98min) ★★
2.10 **The Heartbreak Kid** Comedy. (2007, 15, 115min) ★
4.10 **Pixels** Comedy. (2015, 12) ★★
6.05 **Dumb and Dumber To** Comedy sequel starring Jim Carrey. (2014, 15, 107min) ★★


9.45 Sasquatch Sunset

8.00 **Wimbledon** Romantic comedy with Paul Bettany and Kirsten Dunst. A lowly ranked British tennis player enjoys an unexpected winning streak at Wimbledon. (2004, 12, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

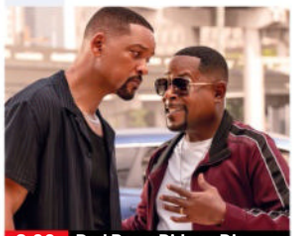
9.45 **Sasquatch Sunset** Action comedy starring Jesse Eisenberg and Riley Keough. In the forests of North America, a family of human-like creatures face a terrifying future. (2024, 15, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **LaRoy, Texas** Comedy crime caper starring Steve Zahn. (2023, 15, 112min) ★★★★
1.20 AM **Paint** Comedy with Owen Wilson and Michaela Watkins. (2023, 12, 96min) ★★★
3.00 **Jules** Comedy drama. (2023, 12, 87min) ★★★
4.40 **to 6.40** AM **The Heartbreak Kid** As shown at 2.10pm.

Sky Cinema Assassins

309 409 509 523

6.35 AM **Green Zone** As 3.30pm.
8.35 **The Killer** As 2.00am.
10.50 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
1.05 PM **The Day of the Jackal** Thriller starring Edward Fox. (1973, 15, 142min) ★★★★★
3.30 **Green Zone** Action thriller. (2010, 15, 110min) ★★★★
5.30 **Bad Boys II** Action comedy thriller sequel starring Martin Lawrence and Will Smith. (2003, 15, 147min) ★★★


8.00 Bad Boys: Ride or Die

8.00 **Bad Boys: Ride or Die** Action comedy sequel starring Will Smith and Martin Lawrence. Miami cops Mike Lowrey and Marcus Burnett go on the run to clear their late captain's name. With Vanessa Hudgens. (2024, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **A Sacrifice** Drama starring Eric Bana and Sylvia Hoeks. A social psychologist investigates a local cult connected to an unnerving event. (2024, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Monkey Man** Thriller starring Dev Patel and Sharlto Copley. (2024, 18, 121min) ★★★★
2.00 AM **The Killer** Action thriller starring Nathalie Emmanuel. (2024, 15, 126min) ★★★★
4.15 **Sky Cinema Preview**
5.15 **to 7.15** AM **Absolution** Action thriller starring Liam Neeson. (2024, 15, 112min) ★★★

Film4

313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **Rango** Animation. (2011, PG, 103min) ★★★★
1.10 PM **Sister Act 2: Back in the Habit** Musical comedy sequel. (1993, PG, 107min) ★★
3.20 **Howards End** Merchant-Ivory drama with Anthony Hopkins. (1991, PG, 142min) ★★★★★
6.10 **Transformers** Sci-fi adventure starring Shia LaBeouf, Tyrese Gibson and Josh Duhamel. (2007, 12, 144min) ★★★★

11.00 Rango

Transformers (film started at 6.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Godfather Part II** Francis Ford Coppola's epic gangster sequel starring Al Pacino and Robert De Niro. Having escaped to America following his mother's murder by a Mafia don, Sicilian Vito Corleone rises to prominence as a feared gangster. Fifty years later, his son Michael consolidates his position as the head of his late father's empire. (1974, 18, 200min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 **to 3.50** AM **Die Hard** Action thriller with Bruce Willis, Alan Rickman and Bonnie Bedelia. (1988, 15, 131min) ★★★★★

+1hour 314 430 47 301

8 PM
9 PM
10 PM
11 PM

Sky Cinema Awards Season

302 402 502 516

6.45 AM **Dallas Buyers Club** Drama. (2013, 15, 114min) ★★★★
8.55 **The Hobbit: An Unexpected Journey** Fantasy adventure. (2012, 12, 165min) ★★★
11.45 **The Hobbit: The Desolation of Smaug** Fantasy adventure. (2013, 12, 161min) ★★★★
2.30 PM **The Hobbit: The Battle of the Five Armies** Fantasy. (2014, 12, 144min) ★★★

5.00 **The Lord of the Rings: The Fellowship of the Ring** Fantasy starring Elijah Wood, Ian McKellen and Viggo Mortensen. (2001, PG, 178min) ★★★★★
8.00 **The Lord of the Rings: The Two Towers** Fantasy adventure sequel starring Elijah Wood, Ian McKellen and Viggo Mortensen. As the power of the evil Sauron continues to grow, threatening to overwhelm Middle Earth, the fellowship of the ring dissolves. (2002, 12, 179min) ★★★★★

11.05 **The Lord of the Rings: The Return of the King** Fantasy adventure starring Elijah Wood. (2003, 12, 201min) ★★★★★
2.35 AM **Chinatown** Mystery thriller. (1974, 15, 131min) ★★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Greats

304 404 504 518

6.30 AM **I'm All Right, Jack** (1959)
8.30 **Brewster's Millions** As 4.10pm.
10.25 **Black Joy** Comedy drama. (1977, 15, 109min) ★★★
12.20 PM **King Ralph** As 11.50pm.
2.10 **Junior** As shown at 1.35am.
4.10 **Brewster's Millions** Comedy. (1985, PG, 97min) ★★★
6.00 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★

8.00 **Beverly Hills Cop II** Comedy thriller sequel with Eddie Murphy. Detective Axel Foley is on the trail of a gang led by a six-foot blonde. (1987, 15, 99min) ★★★
10.00 **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy and Judge Reinhold. Street-smart Detroit cop Axel Foley discovers that an LA theme park is a front for a gang. (1994, 15, 104min) ★★
11.50 **King Ralph** Comedy with John Goodman. (1991, PG, 97min) ★

1.35 AM **Junior** Comedy starring Arnold Schwarzenegger, Danny DeVito and Emma Thompson. (1994, PG, 110min) ★★★
3.35 **I'm All Right, Jack** Comedy. (1959, b/w, U, 105min) ★★★
5.30 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Animation

305 412 500 514

6.30 AM **Lego DC Comics Super Heroes: Justice League vs Bizarro League** (2015, U) ★★★
7.30 **Mummies** (2023, U) ★★★
9.15 **Rugrats in Paris** Animation. (2000, U, 79min) ★★★
10.50 **Over the Hedge** As 6.20pm.
12.30 PM **The Super Mario Bros Movie** Animated adventure. (2022, PG, 92min) ★★★
2.20 **Minions** (2015, U) ★★★★

4.00 **Spider-Man: Across the Spider-Verse** Animation. (2023, PG, 140min) ★★★★
6.20 **Over the Hedge** Animation. (2006, U, 83min) ★★★★
7.45 **Boonie Bears: Guardian Code** Animation. (2023, PG) ★★★
9.25 **Scarygirl** Animated adventure. (2023, PG, 90min) ★★★
11.00 **The Adventures of Tom Thumb and Thumbelina** Animated fantasy. (2002, U, 72min) ★★
12.25 AM **Batman Unlimited: Animal Instincts** (2015, PG) ★★

1.45 **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** (2022, PG) ★★★
3.10 **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** (2021) ★★★
4.35 **to 6.05** AM **Megamind vs the Doom Syndicate** (2024) ★★★

Movies 24

312 419

7.00 AM **Perfect Harmony** Romantic comedy. (2022, PG, 84min) ★★
9.00 **His and Hers** Romantic drama. (2024, PG, 90min) ★★
11.00 **Destination Love** Romantic comedy. (2021, PG, 90min) ★★
1.00 PM **Heartstrings Attached** Romantic drama with Morgan Bradley. (2024, PG, 90min) ★★
3.00 **Scented with Love** Romantic drama. (2022, PG, 83min) ★★

5.00 **Flowers and Honey** Romantic drama. (2021, PG, 90min) ★★
7.00 **Planning for Joy** Comedy starring Chelsey Reist. A woman promoting her company's new product turns to a TV presenter for help. (2022, PG, 86min) ★★
9.00 **Pumpkin Everything** Romantic comedy drama starring Taylor Cole. A novelist crosses paths with a man from her past while looking after her grandfather and his pumpkin-themed store. (2022, PG, 84min) ★★

11.00 **The Professional Bridesmaid** Drama. (2023, PG, 90min) ★★
1.00 AM **Moriah's Lighthouse** Comedy. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **Fourth Down and Love** Drama. (2023, PG) ★★

Movies 24+ 315 420

Talking Pictures

328 445 82 306

6.00 AM **The Case of Charles Peace** Biopic. (1948, b/w, 12, 88min) ★★
7.45 **What's On TPTV with Noel**
7.55 **Black Saddle** 15/24. (S2)
8.25 **Stingray** 11/39. (S1)
9.00 **Batman** 5/60. (S2)
9.30 **Space Patrol** 37/39. (S1)
10.00 **Joey's No Ass** Short film.
10.15 **The Salvage Gang** (1958) ★★
11.20 **Looney Tunes**
11.30 **The Adventures of Robin Hood**

12.00 NOON **Voyage to the Planet of Prehistoric Women** (1968) ★★
1.35 PM **A Lifetime Ago with the Baim Collection**
2.10 **Dick Barton: Special Agent**
2.25 **Fireball XL5**
3.00 **Captain Scarlet and the Mysterons** 7/32. (S1)
3.35 **Devil Girl from Mars** (1954) ★
5.10 **Look at Life** Documentary.
5.25 **Paper Gallows** (1950, 12) ★★
6.45 **Look at Life** Documentary.
7.00 **Z Cars** 28/31. (S10)
8.00 **A Family at War** 1/13. (S1)

9.05 **Red King, White Knight** (1989)
11.15 **Allan Quatermain and the Lost City of Gold** (1986, PG) ★
1.20 AM **A Night in Casablanca** Comedy. (1946, b/w, U) ★★★
3.05 **Human Desire** (1954, 12) ★★★
4.55 **The Detectives** 6/35. (S2)
5.30 **to 6.00** AM **Out of Town**

Saturday

Sky Sports Main Event

401 511 501 419 439

6.00 AM **Sky Sports News**
6.30 LIVE **NRL Brisbane Broncos v Canterbury-Bankstown Bulldogs.** Coverage of the pre-season match at Kayo Stadium in Redcliffe. Kick-off 6.30am.
8.30 LIVE **ICC Champions Trophy Cricket Australia v England.** Coverage of the Group B match at Gaddafi Stadium. Australia had a disappointing tournament when it last took place in 2017, as they were knocked out at the group stage, although they did have two 'no results' thanks to the weather. England finished top in their group at the last tournament, winning all of their group matches before losing to Pakistan in the semi-final.
5.00 PM LIVE **SNF Aston Villa v Chelsea.** Coverage of the Premier League match staged at Villa Park. Kick-off is at 5.30pm.
8.30 LIVE **PGA Tour Golf** Coverage of day three of the Mexico Open from VidantaWorld in Vallarta.
11.00 **Sky Sports News**
4.15 **to 6.15** AM LIVE **NRL Sydney Roosters v Newcastle Knights.** Coverage of the pre-season game from Industree Group Stadium.

Sky Sports Premier League

402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **The Big Interview**
9.30 **FNF** Leicester City v Brentford.
10.00 **Saturday Social**
11.00 **Premier League Stories**
11.30 **FNF** Leicester City v Brentford.
12.00 NOON **Gillette Soccer Saturday: Build-Up**
3.00 PM **Gillette Soccer Saturday**
5.00 LIVE **SNF Aston Villa v Chelsea.** Coverage of the Premier League match from Villa Park. Goals by Nicolas Jackson, Enzo Fernandez and Cole Palmer gave the Blues an impressive 3-0 win in December's reverse fixture at Stamford Bridge. However, the sides shared the spoils in an entertaining 2-2 draw when they met here in the league last season, with Chelsea fighting back from 2-0 down. Kick-off 5.30pm.
8.30 **Game of the Day**
10.30 **Premier League Highlights**
12.00 M'T **SNF** Aston Villa v Chelsea.
12.30 AM **Premier League Highlights**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 513 503 421 441

6.00 AM **EFL Highlights**
6.15 **EFL Cup Retro** The 2012 final.
9.00 **EFL Greatest Games**
9.45 **EFL Highlights** Championship.
10.00 **Saturday Social**
11.00 LIVE **EFL Sunderland v Hull City.** Coverage of the Championship match staged at the Stadium of Light, as the Black Cats continue their push for automatic promotion and a return to the Premier League for the first time since 2017. Wilson Isidor's goal gave Sunderland a 1-0 win in October's reverse fixture at MKM Stadium, but many of Hull's best results this term have come on their travels. Kick-off 12.30pm.
3.00 PM **Gillette Soccer Saturday**
5.00 **Gillette Soccer Saturday: Reaction** Post-match analysis.
5.20 LIVE **Bundesliga Borussia Dortmund v FC Union Berlin.** Coverage of the German top-flight match at Signal Iduna Park. Union Berlin claimed the victory in the reverse fixture back in October. Kick-off is at 5.30pm.
7.30 **EFL** A chance to see Sunderland v Hull City at Stadium of Light.
9.30 PM **to 6.00** AM **EFL Highlights**

Sky Sports Cricket

404 514 504 422 442

6.00 AM **Best of ICC WT20**
6.30 **WPL** Recent T20 highlights.
7.30 **ICC Champions Trophy Cricket**
8.30 LIVE **ICC Champions Trophy Cricket Australia v England.** Coverage of the Group B match at Gaddafi Stadium, as the rivals go head to head once again. Australia had a disappointing tournament when it last took place in 2017, as they were knocked out at the group stage, although they did have two 'no results' thanks to the English weather. England finished top in their group at the last tournament, winning all three of their group matches before losing to Pakistan in the semi-final.
5.30 PM **Best of ICC WT20**
6.00 **ICC Champions Trophy Cricket**
8.00 **WPL** Delhi Capitals v UP Warriorz from M. Chinnaswamy Stadium.
9.00 **ICC Champions Trophy Cricket** Australia v England in the Group B match staged at Gaddafi Stadium.
10.00 **WPL** Delhi Capitals v UP Warriorz.
11.00 **ICC Champions Trophy Cricket**
1.00 AM **WPL** Another chance to see Delhi Capitals v UP Warriorz.
4.40 **Ashes Greats** Player profiles.
5.00 **to 6.00** AM **IPL**

Sky Sports Golf

405 515 505 423 443

6.00 AM LIVE **LPGA Tour Golf** Coverage of day three of the Honda LPGA Thailand staged at Siam Country Club in Pattaya.
8.30 **HotelPlanner Tour Golf**
9.00 **Golf's Greatest Holes**
9.30 LIVE **DP World Tour Golf** Coverage of day three of the Magical Kenya Open staged at Muthaiga Golf Club in Nairobi.
2.00 PM LIVE **PGA Tour Golf** Coverage of day three of the Mexico Open at VidantaWorld.
11.00 **Golf's Greatest Holes**
11.30 **HotelPlanner Tour Golf**
12.00 M'T **PGA Tour Champions**
1.00 AM **Playing Lessons**
2.00 **PGA Tour Champions**
3.00 **PGA Tour Golf** Mexico Open.
4.00 **DP World Tour Golf**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 537 520 425 445

6.00 AM **WTA Tennis** Recent action.
10.00 **WTA All Access**
10.30 **ATP Tour This Week**
11.00 **WTA Tennis** Recent action.
3.00 PM LIVE **WTA Tennis** Coverage of the final of the WTA Dubai Tennis Championships staged at Aviation Club Tennis Centre.
5.00 **WTA Tennis** Doha Open final.
6.00 **ATP Tennis** Recent highlights.
8.00 LIVE **ATP Tennis** Coverage of day six of the ATP Rio de Janeiro Open at Jockey Club Brasileiro.
12.00 M'T **Billie Jean King: My Story**
12.15 AM **Martina Navratilova: Unstoppable** An interview.
12.30 **ATP Sizzle Reel 2024**
12.45 **WTA Sizzle Reel 2024**
1.00 **WTA & ATP Tennis** Highlights.
5.30 **to 6.00** AM **WTA All Access**

TNT Sports 1

410 870 527 408 430

6.00 AM LIVE **Isuzu UTE A-League Central Coast Mariners v Western Sydney Wanderers.** Coverage of the Australian top-flight match. Kick-off 6.00am.
8.00 **Premier League Preview**
8.30 LIVE **Isuzu UTE A-League Melbourne Victory v Melbourne City.** K-o 8.35am.
10.45 **Kenny Allstar's Number 1's**
11.00 LIVE **Premier League Everton v Manchester United.** The top-flight match staged at Goodison Park. Kick-off 12.30pm.
3.00 PM **Xtra Time** Analysis.
3.15 **What I Wore: Best Of**
3.45 **Vendee Globe Highlights**
4.45 **MotoGP Films**
6.15 **TNT Sports Reload**
6.30 **Champions League Highlights**
7.30 LIVE **Serie A Inter Milan v Genoa.** The Italian top-flight clash at the San Siro. Kick-off 7.45pm.
9.45 **Champions League Goals**
10.00 **Superbike World Championship**
10.30 **Rise of the UFC** Documentary.
12.00 M'T LIVE **UFC** Preliminary bouts.
2.00 AM LIVE **UFC Henry Cejudo v Song Yadong.** The bantamweight bout from Climate Pledge Arena.
5.30 **to 6.00** AM **TNT Sports Reload**

TNT Sports 2

411 871 528 409 431

6.00 AM **Premier League Preview**
6.30 **Formula E Highlights**
8.30 LIVE **V8 Supercars Championship** Coverage of the Sydney 500 second race.
10.30 **Fight Night** Dubois v Parker.
10.45 LIVE **Isuzu UTE A-League Perth Glory v Sydney FC.** From HBF Park. Kick-off is at 10.45am.
12.45 PM **Fight Night** Bout preview.
1.00 LIVE **World Seniors Darts Championships** The afternoon session on day four in Purfleet.
5.00 **TNT Sports Cricket Reload**
5.30 **Rylan: Homophobia, Football and Me** Homosexuality in football.
6.30 **Superbike World Championship**
7.00 LIVE **World Seniors Darts Championships** Coverage from the evening session on day four.
11.00 **What I Wore: Best Of**
11.15 **Vendee Globe Highlights**
12.15 AM **Serie A** Inter Milan v Genoa.
1.15 **Superbike World Championship**
1.45 LIVE **Superbike World Championship** From Australia.
2.45 **What I Wore: Best Of**
3.00 **UEFA Champions League**
3.15 **to 6.00** AM LIVE **Superbike World Championship** From Phillip Island Grand Prix Circuit.

TNT Sports 3

417 874 529 410 432

6.00 AM **Fight Night** Beterbiev v Bivol.
7.00 **WRC Review** Rally Sweden.
8.00 **What I Wore: Best Of**
8.30 **Champions League Highlights**
9.30 **Europa League & Conference League Highlights Show**
10.30 **Premiership Women's Rugby**
11.30 **Formula E Highlights**
1.30 PM **Fight Night**
2.30 LIVE **Fight Night** Coverage from the undercard bouts at Kingdom Arena in Riyadh, ahead of the pay-per-view event available on TNT Sports Box Office.
4.00 **Formula E Flashback**
4.30 **Premiership Women's Rugby**
5.30 **HSBC SVNS Highlights**
6.30 LIVE **HSBC SVNS** Coverage of the first session on the second day of the fourth round of the season staged at BC Place in Vancouver.
9.15 LIVE **HSBC SVNS** Coverage of the second session on the second day of the fourth round of the season at BC Place in Vancouver.
12.00 M'T LIVE **HSBC SVNS** The third session on the second day of the fourth round of the season staged at BC Place in Vancouver.
5.00 AM **What I Wore: Best Of**
5.30 **to 6.00** AM **PL Legends**

Sky Sports Action

408 517 507 426 446

6.00 AM **Super League Highlights**
6.30 LIVE **NRL Brisbane Broncos v Canterbury-Bankstown Bulldogs.** Coverage of the pre-season match at Kayo Stadium in Redcliffe. Kick-off 6.30am.
8.30 LIVE **NRL Dolphins v Gold Coast Titans.** Coverage of the pre-season match staged at Kayo Stadium. Kick-off is at 8.30am.
10.30 **Dubois v Parker Countdown**
11.00 **Fight Night International**
1.00 PM **Dubois v Parker Countdown** A look ahead.
1.30 **Fight Night** Joshua v Dubois.
2.30 **Fight Night International**
3.30 **Dubois v Parker Countdown**
4.00 **Super Bowl LIX Highlights**
5.00 **NFL Highlights** Recent action.
7.00 **Super Bowl LIX Highlights**
8.00 **Super League** Wakefield Trinity v Hull Kingston Rovers.
10.45 **Women's Super League**
11.00 **NFL Highlights** Recent action.
12.00 M'T **Super League**
2.45 AM **Women's Super League**
3.15 **Super Bowl LIX Highlights**
4.15 **to 6.15** AM LIVE **NRL Sydney Roosters v Newcastle Knights.** Coverage of the pre-season game from Industree Group Stadium.

Sky Sports Mix

416 873 510 429 449

6.00 AM LIVE **Super Rugby Highlanders v Blues.** Coverage of the match from Forsyth Barr Stadium. Kick-off is at 6.05am.
8.00 **Super League Highlights**
8.30 LIVE **Super Rugby Brumbies v Western Force.** Coverage of the match from GIO Stadium in Canberra. Kick-off is at 8.35am.
10.30 **Dubois v Parker Countdown**
11.00 **Fight Night International**
1.00 PM **Dubois v Parker Countdown** A look ahead.
1.30 **My Icon** Sporting influences.
1.50 LIVE **WPL Delhi Capitals v UP Warriorz.** The T20 match from M. Chinnaswamy Stadium.
5.30 **Super League Highlights**
6.00 **ATP Tennis** Marseille Open final.
7.00 **Premier League Darts**
11.00 **PDC Classics** Archive highlights.
12.00 M'T **Champions Trophy Cricket**
2.00 AM **Super League Highlights**
2.45 **World Club Challenge**
3.00 **to 6.00** AM **NFL Highlights**

TNT Sports 4

421 876 530 411 434

6.00 AM **MLB Classic** Archive action.
12.00 NOON **NBA Action**
12.30 PM **NBA on Fire** The latest news.
1.00 **NBA** A chance to see Cleveland Cavaliers v New York Knicks.
2.30 **NBA Originals** Muggsy Bogues.
4.00 **NBA** A chance to see Cleveland Cavaliers v New York Knicks.
5.30 **NBA on Fire** The latest news.
6.00 **Isuzu UTE A-League**
10.00 LIVE **NBA Chicago Bulls v Phoenix Suns.** Coverage of the inter-conference match from United Centre. Tip-off 10.00pm.
12.30 AM **NBA Action** Highlights.
1.00 **NBA on Fire** The latest news.
1.30 LIVE **NBA Denver Nuggets v Los Angeles Lakers.** Coverage of the Western Conference match from Ball Arena. Tip-off 1.30am.
4.00 **Vendee Globe Highlights**
5.00 **to 7.00** AM LIVE **V8 Supercars Championship** Coverage of the Sydney 500 third race at Sydney Motorsport Park.

Eurosport 1

413 870 521 412 435

6.00 AM **Biathlon** From Switzerland.
7.00 **Discovery Golf**
7.45 **Alpine Skiing** From Sestriere.
8.45 LIVE **Alpine Skiing** The men's downhill from Crans Montana.
10.00 LIVE **Alpine Skiing** In Sestriere.
11.00 LIVE **Biathlon** In Lenzerheide.
12.45 PM LIVE **Alpine Skiing** The women's giant slalom in Sestriere.
2.00 LIVE **Biathlon** In Lenzerheide.
3.40 **Alpine Skiing** In Switzerland.
4.40 **Winter Sport** Zoe Atkin.
4.50 LIVE **Snowboarding** In Calgary.
5.50 LIVE **Freestyle Skiing** Coverage from Stoneham.
7.00 **Winter Sport** Zoe Atkin.
7.20 LIVE **Snowboarding** In Calgary.
8.45 **Alpine Skiing** In Sestriere, Italy.
9.45 **Winter Sport** Andrew Musgrave.
10.00 **Australian Open Tennis**
11.00 **Cycling** Recent highlights.
2.00 AM **Biathlon** From Switzerland.
3.00 **Alpine Skiing** In Crans Montana.
4.00 **Cyclo-Cross** From Sint-Niklaas.
4.30 **to 6.20** AM **Cycling**

Eurosport 2

414 871 522 413 436

6.00 AM **Snooker: UK Championship**
8.00 **Cycling: Tour of Andalucia**
8.55 **Cycling: Tour of Algarve**
9.50 **Cycling: Men's UAE Tour**
10.50 LIVE **Cycling: Men's UAE Tour** The sixth stage, a route of 165km from Abu Dhabi Cycling Club to Abu Dhabi Breakwater.
12.30 PM LIVE **Cycling: Tour of Andalucia** Coverage of the fourth stage, a route of 195km.
2.30 **Cycling: Tour of Flanders**
3.00 LIVE **Cycling: Tour of Algarve** Coverage of stage four.
5.00 **Snooker: Shoot-Out**
7.00 **Cycling: Tour of Andalucia**
8.00 **Cycling: Men's UAE Tour**
9.00 **Cycling: Tour of Algarve**
10.00 **Alpine Skiing** Recent action.
12.00 M'T **Speedway Grand Prix**
1.00 AM **British Speedway**
2.00 **Cycling: Men's UAE Tour**
3.00 **Cycling: Tour of Andalucia**
4.00 **to 6.00** AM **Snooker: World Open**

Sky Sports Sky Sports+

412 518 508 427 447

6.00 AM **Sky Sports News**
6.30 **Back Pages Tonight**
7.00 **Good Morning Sports Fans**
10.00 **Soccer Saturday Pre-Match**
10.30 **Fantasy Football Pre-Match**
11.00 **EFL Build-Up**
12.25 PM LIVE **EFL Derby County v Millwall.** Coverage of the Championship match staged at Pride Park, as the hosts look for three points in their aim to avoid relegation. Kick-off 12.30pm.
3.00 LIVE **ATP Tennis** The Doha Open final at Khalifa International Tennis and Squash Complex.
5.00 **Gillette Labs Soccer Saturday: Reaction** Post-match analysis.
5.20 LIVE **Bundesliga Borussia Dortmund v FC Union Berlin.** Coverage of the German top-flight match staged at Signal Iduna Park. Kick-off 5.30pm.
7.30 **Sky Sports News**
12.00 M'T **Premier League Darts**
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports F1

406 516 506 424 444

6.00 AM **Graham Hill: World Champion** A racer's profile.
6.30 **Formula 1** The US Grand Prix.
8.50 **Simon and Jenson's Vegas Hot Lap** On the Las Vegas circuit.
9.00 **Formula 1** Mexico Grand Prix.
11.25 **Lewis Looks Back on 2014**
11.30 **Formula 1** Sao Paulo Grand Prix.
2.15 PM **Formula 1** A chance to see the 2024 Las Vegas Grand Prix.
4.30 The 2024 Qatar Grand Prix.
6.45 Another chance to see the 2024 Abu Dhabi Grand Prix.
9.00 **The Rookies** Documentary.
10.00 **F1 Show 2024 Season Review**
11.30 **Remembering Ratzenberger**
12.00 M'T **to 6.00** AM **The Home of F1**

SKY HD SD VIRGIN HD EE HD

Sunday

23 February

Evening Planner

Football

Premier League
Sky Sports Main Event & Sky Sports Premier League
Coverage of Newcastle v Nottingham Forest and Manchester City v Liverpool.

Documentary

David Frost Vs
Sky Documentaries & Sky Showcase, 9pm (box set, Sky Box Sets)
Looking back at some of Sir David's interviews, starting with The Beatles.

OnDemand

Paramount+

1923
Available today
The *Yellowstone* spin-off prequel returns for a second series, and the Dutton family face the challenges of a harsh winter.

OnDemand

itvX

Snowpiercer
Available today
Season 4 of the dystopian thriller starring Jennifer Connelly is finally available for UK viewers, along with series 1–3.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.05 Antiques Roadshow	8.05 Call the Midwife		9.05 Miss Austen		10.00 News	10.30 Match of the...
	102 BBC2	7.00 Wild Scandinavia		8.00 This Farming Life		9.00 Jack the Ripper: The Case Reopened		10.00 Film: All the President's Men	
	103 ITV1	◂ 6.30 Dancing on Ice		8.00 Who Wants to Be a Millionaire?...		9.00 Unforgotten		10.00 News	10.20 Film: Knight and Day
	104 CHANNEL 4	◂ 6.45 Our Welsh Chapel Dream	7.45 The Great Pottery Throw Down			9.00 Celebrity Hunted		10.00 Big Boys	
	105 CHANNEL 5	◂ 6.30 The Great Devon & Cornwall Floods		8.00 Secrets of the Chocolate Factory		9.00 Inside the Four Seasons Park Lane		10.00 Murder Suspect No 1	
	106 SKY SHOWCASE	7.00 Film: The Beatles: Eight Days a Week – The Touring Years				9.00 David Frost Vs		10.00 Lennon's Last Weekend	
ENTERTAINMENT	115 BBC3	7.00 EastEnders		8.00 EastEnders Live	8.30 EastEnders: 40 Years on the Square		9.30 EastEnders...	10.00 Waterloo Road	
	116 BBC4	7.00 Dan Cruickshank and the Family That...		8.00 Amazon with Bruce Parry		9.00 Elgar's Enigma Variations with the BBC Philharmonic			10.35 Monitor...
	118 ITV2		7.20 Film: Godzilla: King of the Monsters					10.00 Olivia Attwood: Getting Filthy Rich	
	136 MORE4	◂ 6.50 Four in a Bed		7.55 PopMaster TV		9.00 The Emergency Ward		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Film: Jumanji: Welcome to the Jungle			
	107 SKY WITNESS	7.00 Nothing to Declare				9.00 Law & Order: Special Victims Unit		10.00 FBI: International	
	108 SKY ATLANTIC	7.00 Homicide: Life on the Street						10.00 The Wire	
	110 U&GOLD	◂ 5.50 Only Fools and Horses	7.40 Dad's Army		8.20 Only Fools and Horses		9.45 Paul Whitehouse's...		10.20 The Young Ones
	111 U&DAVE	◂ 6.40 Highland Cops		8.00 Speed with Guy Martin		9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
	119 ITV3	◂ 6.55 Rosemary & Thyme		8.00 Doc Martin				10.00 Vera	
	120 ITV4	◂ 6.30 Film: Diamonds Are Forever				9.00 Film: The Equalizer			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: American Made			
	139 SKY SCI-FI	7.00 Stargate SG-1				9.00 Film: Parallel			
	113 SKY MAX	7.00 Grimm		8.00 Freddie Fries Again		9.00 Film: One More Shot			
	109 U&ALIBI	7.00 Hudson & Rex				9.00 Death in Paradise		10.00 Father Brown	
	130 SKY ARTS	◂ 5.10 The Phantom of the Opera at the...		8.00 Film: The Pink Panther Strikes Again					10.05 The Story of British Cinema...
	132 U&W	7.00 Inside the Operating Theatre				9.00 Nurses on the Ward			
DOCUMENTARY	125 DISCOVERY	7.00 Alaska: Homestead Rescue				9.00 Marooned with Ed Stafford		10.00 Mega Shippers	
	162 ANIMAL PLANET	7.00 Life at Vet University		8.00 Coyote Peterson: Brave the Wild		9.00 Tanked		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Mutant Weather		8.00 Mysterious Islands		9.00 Endurance			
	123 SKY HISTORY	7.00 Ultimate Mysteries				9.00 Britain's Big Cat Mystery			10.15 Big Cat Britain Declassified
	155 U&YESTERDAY	7.00 Find It, Fix It, Flog It		8.00 Antiques Roadshow				10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Film: The Beatles: Eight Days a Week – The Touring Years				9.00 David Frost Vs...		10.00 Becoming Madonna	
FILMS – Sky Cinema	301 PREMIERE	◂ 5.25 Furiosa: A Mad Max Saga		8.00 Thelma			9.50 The Line		
	302 AWARDS SEASON	◂ 5.40 Spider-Man: Across the Spider-Verse		8.00 Spider-Man 2					10.10 Mission: Impossible – Dead...
	303 HITS	◂ 5.10 Dune: Part Two		8.00 Dunkirk			9.50 Oppenheimer		
	304 GREATS	◂ 6.25 Airplane!		8.00 Airplane II – The Sequel			9.35 Singin' in the Rain		
	305 ANIMATION		7.15 The Inventor			9.05 Teen Titans Go! & DC Super Hero Girls: Mayhem in the...			10.30 Straight Outta...
	306 FAMILY		7.20 Scooby-Doo 2: Monsters Unleashed			8.55 Batteries Not Included			
	307 ACTION	◂ 5.45 The Legend of Zorro		8.00 Godzilla x Kong: The New Empire				10.00 Bad Boys	
	308 COMEDY	◂ 6.20 Strays		8.00 You, Me and Dupree				9.55 Jules	
	309 ASSASSINS	◂ 5.55 Bad Boys: Ride or Die		8.00 John Wick				9.55 John Wick: Chapter 2	
	310 DRAMA	◂ 5.45 The Blind Side		8.00 8 Mile				10.00 Calvary	
	311 SCI-FI	◂ 6.05 Five Nights at Freddy's		8.00 I Am Legend			9.45 Riddick		
	313 FILM4	◂ 6.45 Independence Day: Resurgence				9.00 The Godfather Coda: The Death of Michael Corleone			
SPORT	401 MAIN EVENT	◂ 4.00 Super...	7.30 Behind the...	8.00 PGA Tour Golf – Live: The Mexico Open At Vidantaworld					
	402 PREMIER LEAGUE	◂ 4.00 Super...	7.30 The Big Interview	8.00 PL Stories	8.30 PL Highlights	9.00 SNF	9.30 Premier League Highlights		
	403 FOOTBALL	◂ 6.30 Bundesliga – Live: TSG 1899 Hoffenheim v VfB Stuttgart			8.30 EFL Highlights			9.45 EFL Highlights	
	404 CRICKET	◂ 6.00 ICC Men's...	7.30 Best of ICC...	8.00 ICC Men's T20 World Cup		9.00 ICC Champions Trophy Cricket			
	410 TNT SPORTS 1	◂ 6.30 Serie A	7.30 Serie A – Live: Cagliari v Juventus (Kick-off 7.45)					9.45 UEFA Europa...	10.15 UFC
	411 TNT SPORTS 2	◂ 6.00 NBA – Live: Boston Celtics v New York Knicks (Tip-off 6.00); Golden State Warriors v Dallas Mavericks (Tip-off 8.30)							

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Sunday

BBC1

101 | 101 | 1 | 101 | 101

6.00 AM **Breakfast** (S)
7.25 **Match of the Day** (S)(R)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Sunday Morning Live** New edition
11.00 **Homes Under the Hammer** (S)(R)
12.00 NOON **Bargain Hunt** (S)(R)
12.50 PM **Lifeline** New edition (S)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 FILM **Cars 3** Animated adventure sequel with the voice of Owen Wilson. (S) (2017, U, 95min) ★★★
3.25 **Gladiators: Epic Pranks** New edition Nitro and Phantom prank Fire at a birthday party. (S)
3.40 **Gladiators** 5/11. The daughter of a boxing icon faces Comet. (S)(R)(AD)
4.40 **Blue Planet II** Footage of animals that live on the coast. (S)(R)(AD)
5.40 **BBC News** (S)
5.55 **Local News** (S)

9.05 Miss Austen

6 PM

6.05 Countryfile New edition Adam Henson and Charlotte Smith visit the Stirling Bull Sales, one of the most prestigious events in the farming calendar, where 300 pedigree animals are sold. (S)

7 PM

7.05 Antiques Roadshow Fiona Bruce presents the show from Ebrington Square in Derry-Londonderry, where finds include a Celtic stone head, Belleek vases and a drawing by Muhammad Ali. (S)(R)

8 PM

8.05 Call the Midwife New episode 7/8. Joyce faces disciplinary action, the Turners take the final steps in May's adoption, and the midwives help a family with a history of addiction. (S14) (S)(AD)

9 PM

9.05 Miss Austen Series finale 4/4. Mr Dundas prepares to move into the Kintbury vicarage, and the question of Isabella's future occupies Cassandra. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 BBC News (S)
10.25 Local News (S)
10.30 Match of the Day 2 Mark Chapman presents action from the latest Premier League matches, including Manchester City v Liverpool. (S)
11.30 **Superman & Lois** New episodes *Break the Cycle:* 5/10. Lois makes increasingly bold moves as she tries to stop Luthor. (S)(AD)
12.10 AM *When the Lights Go Out:* 6/10. Luthor plans to move LuthorCorp to Smallville. (S)(AD)
12.55 **The Graham Norton Show** With guests Ewan McGregor, Kate Hudson and Naomie Harris. (S)(R)
1.45 **Weather for the Week Ahead** (S)
1.50 **to 6.00** AM **BBC News** (S)

BBC2

102 | 102 | 2 | 102 | 102

6.30 AM **Countryfile** (S)(R)
7.25 **Breakfast** (S)
9.00 **Weatherman Walking** (S)(R)
9.30 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.00 **Andi Oliver's Fabulous Feasts** A cricket match in Burnley. (S)(R)
12.00 NOON **Raymond Blanc's Kitchen Secrets** (S)(R)(AD)
12.30 PM **Nadiya Bakes** (S)(R)(AD)
12.45 **This Farming Life** (S)(R)
1.45 **A Countryside Winter** (S)(R)(AD)
2.15 LIVE **Rugby League: Super League** Leigh Leopards v Huddersfield Giants: Coverage of the match in the second round of fixtures, held at Leigh Sports Village. Kick-off is at 2.30. (S)
4.30 **The World's Busiest Railway** 1/4. Documentary. (S)(R)(AD)
5.30 **Flog It!** From Tatton Park. (S)(R)

8.00 This Farming Life

6 PM

6.00 Rugby Union: Six Nations Ugo Monye looks back at highlights from the third round of fixtures, featuring Wales v Ireland, England v Scotland and Italy v France. (S)

7 PM

7.00 Wild Scandinavia 2/3. A look at the beauty of the region's forests and waterways through the seasons, with ravens working to outsmart golden eagles to get a meal, and osprey catching fish. (S)(R)(AD)

8 PM

8.00 This Farming Life New edition 5/12. With no hospital on Papa Westray, Mel must have her baby on the mainland, and a group of nursery children get a lambing surprise at the Imrie farm. (S)

9 PM

9.00 Jack the Ripper: The Case Reopened Emilia Fox and Professor David Wilson re-examine the murders that took place in the Whitechapel district of London in the late-19th century. (S)(R)(AD)

10 PM

10.00 FILM **All the President's Men** Fact-based political thriller starring Robert Redford and Dustin Hoffman as the two *Washington Post* reporters who uncovered the political scandal which brought down US president Richard Nixon. (S)(AD) (1976, 15, 135min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.15 AM FILM **After Love** Drama starring Joanna Scanlan. A widow from Dover discovers her late husband had a secret in Calais. (S) (2020, 12, 85min) ★★★★
1.40 **Sign Zone: Amanda & Alan's Spanish Job** (S)(R)(AD)
2.10 **Sign Zone: Question Time** (S)(R)
3.10 **Sign Zone: Virdee** (S)(R)(AD)
4.10 **to 6.15** AM **Previews** (S)

ITV1

103 | 103 | 803 | 103 | 3 | 103 | 103 | 103

6.00 AM **Britain's Got Talent** (S)(R)
7.25 **James Martin's Saturday Morning** The host is joined by Ben and Georgie Ainslie. (S)(R)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition With Nigel Havers and Felicity Kendal. (S)
11.25 **Love Your Garden** (S)(R)(AD)
12.25 PM **Nisha Katona's Home Kitchen** Featuring a recipe for a mushroom monsoon curry. (S)(R)
1.25 **ITV News** (S)
1.40 **Pictionary** (S)(R)(AD)
2.15 LIVE **Rugby Union: Six Nations** Italy v France: The concluding match in the third round of fixtures, held at Stadio Olimpico in Rome. Kick-off is at 3.00. (S)
5.30 **Tipping Point: Best Ever Finals** Dramatic endgames. (S)(R)

8.00 Who Wants to Be a Millionaire?

6 PM

6.00 ITV News (S)
6.15 Local News (S)
6.30 Dancing on Ice New edition Holly Willoughby and Stephen Mulhern host as the five remaining couples perform routines inspired by well-known musicals in the hope of securing a place in the semi-final. Plus, Michael Ball and Alfie Boe open the show and the cast of *Moulin Rouge! The Musical* bring the West End to the ice. (S)

8 PM

8.00 Who Wants to Be a Millionaire? Celebrity Special New edition Jeremy Clarkson hosts as Laura Kenny and Krishnan Guru-Murthy answer questions in a bid to win cash for their chosen charities. (S)

9 PM

9.00 Unforgotten New episode 5/6. Lies are uncovered as Mel and Asif are taken into custody, and Juliet tries to protect Taylor against the investigation. (S6) (S)(AD)
■ Concludes tomorrow

10 PM

10.00 ITV News (S)
10.20 FILM **Knight and Day** Comedy thriller starring Tom Cruise and Cameron Diaz. A rogue secret agent kidnaps a hapless bystander and takes her on a perilous globe-trotting adventure. With Viola Davis and Peter Sarsgaard. (S)(AD) (2010, 12, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.25 AM **Teleshopping**
3.00 **Nisha Katona's Home Kitchen** Recipes for a mushroom monsoon curry and a côte de boeuf. (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Fletchers' Family Farm** (S)(SL)(R)(AD)

+1 hour | 203 | 303 | 35 | 112

CHANNEL 4

104 | 104/108 | 804 | 108 | 4 | 104 | 104/106

6.10 AM **Cheers** 12&13/22. (S2) (S)(R)
7.05 **Frasier** 10-13/24. (S8) (S)(R)(AD)
9.00 **The Simpsons** (S)(R)(AD)
10.00 **Sunday Brunch** New edition Tim Lovejoy and Simon Rimmer host the food and chat show. (S)
1.00 PM **The Simpsons** *Bart's Comet:* Bart discovers a previously unknown comet – and it's heading for Springfield. (S)(R)(AD)
1.30 **Four in a Bed** Five editions of the B&B challenge. (S)(R)
4.05 FILM **The Devil Wears Prada** Satirical comedy starring Meryl Streep and Anne Hathaway. A frumpy college graduate is seduced by the glamorous world of high fashion after being hired by a tyrannical magazine editor. With Stanley Tucci and Simon Baker. (S)(AD) (2006, PG, 130min) ★★★★

7.45 The Great Pottery Throw Down

6 PM

6.15 News (S)
6.45 Our Welsh Chapel Dream 3/4. Keith and Marj start work in the main chapel hall. Keith also visits a fellow potter, and Marj makes a discovery in the once-pigeon-infested Sunday school ceiling vents. (S)(R)(AD)

7 PM

7.45 The Great Pottery Throw Down New edition 8/10. It's the quarter-final and the remaining five potters make double gourd vases to be fired in brick kilns that the potters have to build themselves. Judges Keith Brymer Jones and Rich Miller set a surprise second challenge to throw and alter an old-fashioned posset pot. Hosted by Siobhán McSweeney. (S)(AD)

9 PM

9.00 Celebrity Hunted Series finale 8/8. It's 48 hours until extraction and two of the remaining fugitives are in deep disguise, while another battles with anxiety on the finishing straight. (S)(AD)

10 PM

10.00 Big Boys New episode 5/6. Jack reconnects with a surprising figure from his past. (S)(AD)
10.30 Last-ever episode 6/6. Graduation arrives and there's a surprise in store. (S3) (S)(AD)
11.05 **8 Out of 10 Cats Does Countdown: Best Bits** (S)(R)
12.05 AM NEW **Walter Presents: Evilside** 1/6. Finnish crime thriller starring Olivia Ainali. Subtitled. (S1)
■ Entire series on C4 online
1.00 **20 Days in Mariupol** (S)(R)(SL)
2.45 **Location, Location, Location** (R)
3.40 **The Simpsons** (S)(R)(AD)
4.55 **Frasier** 7&8/24. (S4) (S)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour | 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 | 105 | 105 | 105

5.35 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (R)
9.10 **A Country Life for Half the Price with Kate Humble** (S)(R)
11.00 **Dan & Helen's Pennine Adventure** Triple bill. (S)(R)
2.00 PM **Secret Life of the Forest** Secret cameras capture the spectacular beauty of Dalby and Cropton Forests. (S)(R) **2.55** The beaver family continue to transform their habitat by building dams. (S)(R)
3.55 **Eric Sykes: 50 Years of Laughs** The life and career of the writer and actor. (S)(R)
5.25 FILM **The Plank** Wordless comedy starring Tommy Cooper and Eric Sykes as two inept workmen creating chaos. (S) (1967, U, 60min) ★★★

9.00 Inside the Four Seasons...

6.25 **News** (S)
6.30 **The Great Devon & Cornwall Floods** Documentary looking at two of the worst flash floods in British history, which were separated by exactly 52 years, featuring interviews with survivors, rescuers, politicians and experts. (S)(R)
8.00 **Secrets of the Chocolate Factory** A behind-the-scenes look at Cadbury, which has been crafting Easter eggs since 1875, producing around 500 million each year. (S)(R)
9.00 NEW SERIES **Inside the Four Seasons Park Lane** 1/4. Behind the scenes of the five-star hotel in Mayfair, as the staff welcome guests, arrange flowers and deal with squeaking wardrobes. (S)
10.00 **Murder: Suspect No 1** 3/5. When a man is beaten in his own home and later dies in hospital, the police suspect the woman who called the ambulance, and must prove if it was her. (S)(R)
11.30 **Murder: Suspect No 1** 4/5. The detectives continue their attempts to find the killer. (S)(R)
1.00 AM **Live Casino Show** (S)
3.00 **Sean Connery: The Man & the Movies** A profile. (S)(R)
4.25 **Friends** 2/24. (S1) (S)(R)
4.50 **Wildlife SOS** (S)(SL)(R)
5.10 **House Busters** (S)(SL)(R)
5.30 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128

SKY SHOWCASE

106 106 806 | 109 | 340 | 355

6.00 AM **The Very Small Creatures**
6.05 **My Little Pony: Friendship is Magic** Double bill. (S)(R)
6.55 **Where's Wally** (S)(R)
7.45 **Dig Detectives** (S)
8.00 **Monkey Life** (S)(R)(AD)
8.30 **Sunday Morning with Trevor Phillips** Topical discussion.
10.00 **The Office (US)** (S8) (S)(R)
12.00 NOON **S.W.A.T.** (S7) (S)(R)(AD)
2.00 PM **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 1&2/2. (S)(R)
4.00 **The Simpsons** Four episodes of the comedy, including at: **5.00** *Hostile Kirk Place:* Kirk goes on a crusade to censor the school curriculum. (S)(R) **5.30** *Pin Gal:* A figure from Marge's past returns to coach her in 10-pin bowling. (S)(R)

9.00 David Frost Vs

6.00 **The Simpsons** *Fan-lly Feud:* Homer faces the wrath of a pop star's vengeful fans. (S)(R) **6.30** *Write Off This Episode:* Marge and Lisa launch a charity together. (S)(R)
7.00 FILM **The Beatles: Eight Days a Week – The Touring Years** Director Ron Howard's documentary charting the brief but successful period pop band The Beatles spent on the road. Contributors include Paul McCartney, Ringo Starr, Elvis Costello, Richard Curtis, Whoopi Goldberg, Eddie Izzard and Howard Goodall. (S)(AD) (2016, 12, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
9.00 NEW SERIES **David Frost Vs** 1/3. Revisiting the journalist's most famous interviews, starting with The Beatles. *See feature, page 20.* (S) ■ Entire series on Box Sets
10.00 **Lennon's Last Weekend** A look at the musician's final interview, given to Radio 1 DJ Andy Peebles two days before the former Beatle was murdered. (S)(R)
11.30 **Brassic** 1/6. Tommo and Erin try to lure Vinnie out of hiding to assist them in their plan to fleece a travelling circus with the assistance of a disgruntled clown. (S2) (S)(R)(AD)
12.30 AM **The Force: Manchester** (R)
1.30 **Brit Cops: Law & Disorder** (R)
2.30 **Road Wars** (R)
4.00 **to 6.00** AM **Nothing to Declare** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.00am The Sunday Show **11.30** Homes Under the Hammer **12.30-12.50pm** Beechgrove Repotted **11.30** Sportscene: Premiership Highlights **12.15am** Superman & Lois New episodes **1.40** The Graham Norton Show **2.30** Weather for the Week Ahead **2.35-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
11.00am Sunday Politics Northern Ireland **11.30** Barra on the Foyle **11.50am-12.50pm** Homes Under the Hammer

WALES
Sky 965, Virgin 864, Freesat 965
1.50pm Nigel Slater's Dish of the Day **1.55** Blue Planet II **2.55** Gladiators: Epic Pranks **3.10** Gladiators **4.10** Extraordinary Portraits with Bill Bailey New edition **4.40** Winterwatch in Wales **5.10-5.40pm** Wynne & Joanna: All at Sea

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00pm Camán na mBan **11.00** Sunday Politics Northern Ireland **11.30** Detectorists **12.00m't-12.15am** The Chronicles of Belfast

WALES
Sky 968, Freesat 968
7.00pm Scrum V Top 5s **7.30-8.00pm** Villages by the Sea

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.50** Penblwyddi Cyw **9.00** Yn y Fram **10.00** Yr Afon **11.00** Adre **11.30** Dechrau Canu Dechrau Canmol **12.00noon** Gwesty Aduniad **1.00pm** Bois y Pizza: Chwe' Gwlad **1.30** Cymry ar Gynfas **2.00** Y Fets **2.25** Ralïo+ **2.55** Pêl-Droed Rhyngwladol **3.55** Ffermio **4.25** Clwb Rygbi Rhyngwladol **6.10** Pobol y Cwm Omnibws **7.15** Dechrau Canu Dechrau Canmol New edition **7.45** Newyddion a Chwaraeon **8.00** Y Llais New edition **9.30** Ty Ffit **10.30** Y Ci Perffaith **11.00-11.50pm** Stryd i'r Sgrym

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 | 107/113 | 23 | 107 | 107

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** A tragic disaster leaves lives in peril.
8.00 **EastEnders Live** The people of Walford fight to save their friends' lives.
8.30 **EastEnders: 40 Years on the Square** Ross Kemp returns to the *EastEnders* set.
9.30 **EastEnders: Secrets from the Square** Stacey Dooley is joined by Letitia Dean and Kellie Bright to look back at the Queen Vic landladies, from Angie Watts to Peggy Mitchell.
10.00 **Waterloo Road** 2/8. Coral stands up for Aleena as secrets from her past resurface. (S15)
11.00 **In My Skin** 5/5. (S2)
11.40 **Boarders** 1/6. (S2)
12.30 AM **Sky High Club: Scotland and Beyond**
1.30 **Hire Me: Competing for a Dream Job**
2.00 **EastEnders: Secrets from the Square**
2.30 **Matched with a Predator**
3.00 **to 4.00** AM **Sky High Club: Scotland and Beyond**

BBC4

116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Dan Cruickshank and the Family That Built Gothic Britain** The changing fortunes of the Scott family of architects.
8.00 **Amazon with Bruce Parry** The former Royal Marine revisits old friends when he meets the Matis tribe.
9.00 NEW **Elgar's Enigma Variations with the BBC Philharmonic** A performance of Edward Elgar's *Enigma Variations*.
10.35 **Monitor: 100 Elgar** Ken Russell's classic 1962 biography of English composer Edward Elgar, which uses actors to reconstruct events in his life.
11.30 **André Previn at the BBC** The musician recalls his favourite TV moments.
12.30 AM **Storyville: Gaucho Gaucho: Argentina's Last Ranchers** Documentary.
1.50 **Dan Cruickshank and the Family That Built Gothic Britain** As 7.00pm.
2.50 **to 3.50** AM **Amazon with Bruce Parry**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **A Place in the Sun**
2.35 PM **Come Dine with Me** Five editions of the culinary contest from Belfast.
5.10 **Four in a Bed** The competition begins at the Brighton Surf hotel. **5.40** The second visit is to Number 16 in Greenwich, owned by actor Robert Gray. **6.15** The third visit is to the Fleur De Lis in Sandwich. **6.50** The final visit is to Dale End House near Matlock in the Peak District.
7.20 **Four in a Bed** The owners meet for the last time.
7.55 **PopMaster TV** Ken Bruce hosts the sixth heat of the music quiz, as five more players prove just how much they know about music.
9.00 NEW SERIES **The Emergency Ward** An unresponsive patient rapidly deteriorates with a suspected brain bleed, and a young man's dislocated ankle needs straightening.
10.00 **24 Hours in A&E** An on-call stroke doctor recalls his experiences during the first week of the pandemic.
11.05 **Emergency Helicopter Medics** Documentary.
12.10 AM **999: Front Line**
1.15 **Emergency Helicopter Medics** Documentary.
2.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Hollyoaks Omnibus**
7.10 **Rude(ish) Tube**
7.40 **Don't Tell the Bride**
8.40 **Ramsay's Kitchen Nightmares USA**
12.35 PM **The Big Bang Theory**
3.35 FILM **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel featuring the voices of Adam Sandler and Andy Samberg. Count Dracula and company go on a cruise for monsters. (2018, U, 97min) ★★
5.30 **The Simpsons** Triple bill.
7.00 **The Simpsons** *No Loan Again, Naturally:* Homer is unable to pay his mortgage. **7.30** *Gone Maggie Gone:* Maggie goes missing. **8.00** *Wad Goals:* Bart becomes a golf caddy. **8.30** *Yokel Hero:* Cletus becomes a country music sensation.
9.00 FILM **Jumanji: Welcome to the Jungle** Fantasy action comedy sequel with Dwayne Johnson. Four teenagers get transported into a video game and transformed into a party of jungle explorers. (2017, 12, 119min) ★★★★
11.15 **Open House: The Great Sex Experiment**
12.20 AM **Gogglebox**
1.20 **Naked Attraction**
2.25 **Modern Family**
2.50 **The Goldbergs**
3.15 **Gogglebox**
4.10 **to 6.00** AM **Hollyoaks**

+1 hour 235/236 306 30 123

SUNDAY Entertainment

Sunday

Sky Witness

107 807 110 341 356

6.00 AM **Border Security: Canada's Front Line**
7.00 **Border Security USA**
8.00 **Border Security: America's Front Line** Double bill.
9.00 **Stop, Search, Seize**
10.00 **Caught on Dashcam**
11.00 **Paramedics Australia**
12.00 NOON **The Real A&E** A champion jockey is airlifted to hospital following a fall. **12.30** PM A gymnast's Olympic dream is threatened.
1.00 PM **Air Ambulance ER**
2.00 **Nothing to Declare**

9.00 Law & Order: SVU

7 PM
7.00 **Nothing to Declare** A patrol boat is deployed to rescue a sinking vessel. **7.30** A French backpacker attracts attention.

8 PM
8.00 **Nothing to Declare** Two lovers are separated by immigration officers. **8.30** An aggressive passenger turns nasty.

9 PM
9.00 **Law & Order: Special Victims Unit** *Blood Out:* 12/22. Benson and Carisi put a vengeful crime boss on trial. (S24)

10 PM
10.00 **FBI: International** *Copper Pots and Daggers:* 4/22. The team race to organise the release of a former US Marine in Istanbul. (S2)
11.00 **The Rookie** 14/14. Nolan mildly injures himself while chasing a shoplifter. (S3)
12.00 M'T **The Cleaning Lady** (S1)
1.00 AM **Elsbeth** 7/10. (S1)
2.00 **FBI: Most Wanted** (S3)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 808 342 357

6.00 AM **Urban Secrets**
8.45 **Big Love** 11 & 12/12. (S2)
10.45 **True Blood** 10–12/12. (S1)
1.45 PM **True Blood** 1/12. Sookie's relationship with Bill is tested. **2.50** 2/12. Maryann casts her spell on Merlotte's patrons. **3.55** 3/12. Bill and Eric team up to save Sookie from a mysterious creature. (S2)
5.00 **Homicide: Life on the Street** 2/9. Bayliss takes charge of a harrowing first case. **6.00** 3/9. Giardello sets out to improve efficiency. (S1)

7.00 Homicide: Life on the...

7.00 **Homicide: Life on the Street** *A Shot in the Dark:* 4/9. Bolander and Munch investigate the murder of a man linked to a cartel.
8.00 **Homicide: Life on the Street** *Three Men and Adena:* 5/9. The cops race against the clock to get a confession.
9.00 **Homicide: Life on the Street** *A Dog and Pony Show:* 6/9. Bayliss and Pembleton check out the death of a police dog. (S1)
10.00 **The Wire** *Boys of Summer:* 1/13. The mayoral race heats up as Royce and Carcetti hit the campaign trail. (S4)
11.10 **Succession** 3/10. Logan tells the team about his decision. **12.35** AM 4/10. Connor and Willa attend a funeral. (S2)
2.00 **The White Lotus** New episode 2/8. Comedy drama. (S3)
3.15 **The Nevers** 1/6. (S1)
4.25 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 813 111 346 361

6.00 AM **Magnum P.I.** 2–6/20. (S5)
11.00 **S.W.A.T.** Five episodes of the crime drama, including at: **2.00** PM 4/13. The team look for a Chilean arms dealer. **3.00** 5/13. The team hunt for a violent biker gang. (S7)
4.00 **Grimm** 3/22. Hank helps a friend find his missing daughter. **5.00** 4/22. Nick investigates an accident, only to find a disease is spreading among the Wesen. **6.00** 5/22. A preacher asks for Nick's help when his church is robbed. (S2)

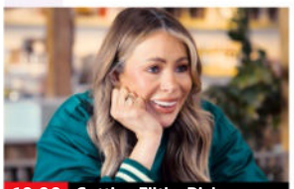
9.00 One More Shot

7.00 **Grimm** *Over My Dead Body:* 6/22. A Wesen puts a contract out on Monroe's life. (S2)
8.00 **Freddie Fries Again** 5/6. Andrew Flintoff and Rob Penn visit south Wales, where they join in with a local choir in Blaengarw.
9.00 **FILM One More Shot** Thriller starring Scott Adkins. A Navy SEAL squad leader escorts a suspected terrorist from a black site when they come under fire from a group of mercenaries. (2023, 15, 102min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **A League of Their Own** Sean Dyche, Tony Bellew and Alan Carr join the regulars.
12.00 M'T **Brassic** 1/6. Tommo and Erin plan to fleece a travelling circus. (S2)
1.00 AM **Poker Face** 1/10. (S1)
2.10 **The Force: Manchester**
3.00 **Road Wars**
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 816 115 6 113

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records**
9.30 **Secret Crush** Double bill.
11.30 **Deal or No Deal**
1.40 PM **Wheel of Fortune**
2.45 **Celebrity Catchphrase**
3.45 **Britain's Got Talent**
5.10 **FILM Sing** Animated comedy with the voice of Matthew McConaughey. A koala's attempt to save his theatre with a competition becomes grander than he anticipates. (2016, U, 108min) ★★★


10.00 Getting Filthy Rich

7.20 **FILM Godzilla: King of the Monsters** Fantasy adventure starring Vera Farmiga and Kyle Chandler. The Monarch agency face off against an army of creatures, including Godzilla, Mothra, Rodan and King Ghidorah. (2019, 12, 132min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
10.00 **Olivia Attwood: Getting Filthy Rich** New edition 4/6. The ex-*Love Island* star dives into the world of financial domination.
11.00 **Family Guy** 5/30. Loretta embarks on an affair. (S4)
11.30 **American Dad!** (S1)
12.35 AM **G'wed** 3/5. (S2)
1.10 **The Emily Atack Show**
1.50 **The Stand Up Sketch Show**
2.20 **Deep Fake Neighbour Wars**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 117 10 115

6.00 AM **Never the Twain**
6.35 **Inspector Morse**
10.55 **FILM George and Mildred** Comedy starring Yootha Joyce. (1980, 15, 93min) ★★
12.50 PM **Doc Martin** 7&8/9. (S2)
2.50 **Lewis**
4.50 **Agatha Christie's Poirot** *Triangle at Rhodes:* A flirtatious wife is murdered at the hotel where Poirot is staying.
5.55 **Rosemary & Thyme** *Orpheus in the Undergrowth:* A recovering alcoholic is discovered dead on site.

6.55 Rosemary & Thyme

6.55 **Rosemary & Thyme** *They Understand Me in Paris:* The duo visit the French Riviera, where an event leads to murder.
8.00 **Doc Martin** *The Apple Doesn't Fall:* 1/7. Pauline starts to interfere with Martin's work, much to the GP's annoyance.
9.00 **Doc Martin** *Movement:* 2/7. Bert decides to open a restaurant, but a spate of food-poisoning cases occur on day one. (S3)
10.00 **Vera** *The Deer Hunters:* A suspected poacher is found dead from a single gunshot wound, and Vera must unearth the truth behind his return after a 15-year absence.
11.55 **A Touch of Frost** *Stranger in the House:* A rapist arouses Frost's righteous indignation, prompting him to take his most professional gamble to date.
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 180 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** Extended action from St Johnstone v Hearts.
8.00 **Icons of Football** The career of commentator Archie Macpherson.
8.30 **Paramedics on Scene** A Glasgow ambulance crew have a busy shift as they attend a fall, a stabbing and a severe mental health crisis.
9.30 **Still Game** 2/6. A new undertaker moves into town. (S8)
10.00 **The Entertainment Mix** Culture and arts news.
10.30 **Storyville: Last Breath** The story of a diver trapped on the bottom of the North Sea.
11.50 PM **to 12.00** M'T **Loop** New edition With *Great Pottery Throwdown* winner AJ Simpson.

Sky Comedy

114/115 814 112 347 362

8.00 AM **The Conners** (S4)
10.00 **Hung** 2–6/10. (S2)
1.05 PM **Bored to Death**
3.50 **Curb Your Enthusiasm**
6.30 **The Office (US)** 6/24. Dwight threatens to have the entire staff fired. **7.00** 7/24. Robert has a musical proposition for Andy, Darryl and Kevin. **7.30** 8/24. Andy tries to inspire the team. **8.00** 9/24. Robert puts Andy in a tricky situation. **8.30** 10/24. Andy hopes to make each employee's Christmas wishes come true. (S8)
9.00 **Sex and the City** 13/18. Carrie, Samantha and Miranda flee to LA. **9.40** 14/18. Guest stars Carrie Fisher. (S3)
10.20 **Divorce** 1 & 2/10. (S1)
11.45 **Stewart Lee, Basic Lee: Live at the Lowry**
1.45 AM **Flight of the Conchords** (S2)
3.05 **to 5.00** AM **The Comeback**

Sky Arts

130/131 826 123 36 143 365

6.00 AM **The South Bank Show Originals**
6.30 **Janine and the 12 Stradivari**
7.40 **Fragile: A Concert for Uncertain Times**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Landscape Artist of the Year**
2.00 **FILM The Ladykillers** (1955, U) ★★★★★
3.45 **Lennon's Last Weekend**
5.10 **The Phantom of the Opera at the Royal Albert Hall**
8.00 **FILM The Pink Panther Strikes Again** Comedy sequel. (1976, PG) ★★
10.05 **The Story of British Cinema: Pioneer Years**
11.35 **A Brush with Comedy**
1.35 AM **Dr Jack and Mr Nicholson**
2.35 **United Kingdom of Pop**
3.45 **Berlin Live: Fun Lovin Criminals**
5.05 **Discovering**
5.30 **to 6.00** AM **Video Killed the Radio Star**

Sky Mix

151 135 11 141

6.00 AM **Border Patrol**
8.00 **Madagascar: A Little Wild** Animation.
8.25 **Alvinnn!!! and the Chipmunks** Double bill.
8.50 **Pooch Mooch**
9.00 **Monkey Life**
11.30 **Highway Cops**
12.00 NOON **Stop, Search, Seize** Documentary.
1.00 PM **Road Wars**
3.00 **Nothing to Declare**
5.00 **Highway Cops**
6.00 **Road Wars**
8.00 **Nothing to Declare**
9.00 **Britain's Most Evil Killers** The story of Stuart Campbell, who was convicted of the murder of his 15-year-old niece. **10.00** The case of Trimaan Harry Dhillon.
11.00 **Snapped**
12.00 M'T **Caught on Dashcam**
1.00 AM **Brit Cops: Rapid Response**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Be

131/132 119 28 119

7.30 AM **Unwind**
7.40 **Backyard Builds** New edition Creating a giant chessboard.
8.10 **The Real Housewives of Jersey** Reality series.
9.10 **Fletchers' Family Farm**
10.15 **Scott's Vacation House Rules** Double bill.
12.10 PM **Real Housewives of New Jersey**
1.00 **The Real Housewives of Atlanta** Four editions.
4.50 **Abbey Clancy: Celebrity Homes**
6.50 **FILM While You Were Sleeping** Comedy. (1995, PG, 103min) ★★★★
9.00 **NEW SERIES The Only Way Is Essex** A bombshell sends shockwaves through the crew on a night out.
10.05 **Botched by Nature**
11.00 **Vanderpump Rules**
11.55 **Dr. 90210**
12.50 AM **Backyard Builds**
1.20 **to 1.30** AM **Unwind**

+1 hour 319

GREAT! tv

157 170 50

8.00 AM **Highway to Heaven**
11.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the drama, including at: **7.00** *Northern Explosion:* Conflict erupts between miners and Native Americans. **8.00** *Proof Is in the Pudding:* A gangster puts pressure on a chef.
9.00 **Garage Sale Mysteries: The Art of Murder** Crime drama starring Lori Loughlin, Steve Bacic and Eva Bourne.
10.55 **Garage Sale Mysteries: The Wedding Dress** Crime drama starring Lori Loughlin, Cheryl Ladd and Steve Bacic.
12.50 AM **The Avengers**
3.00 **Randall and Hopkirk (Deceased)** 18/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 118 26 117

6.00 AM **Motorsport Mundial**
6.30 **Auto Mundial**
7.00 **The Best of Saint & Greavsie**
8.00 **World Rally Championship Highlights** The Rally Sweden.
9.00 **English Football League Highlights** Recent action.
10.30 **Hot Shots** Snooker highlights.
10.40 **Cadfael**
12.15 PM **Junk and Disorderly**
1.15 **The Motorbike Show**
3.20 **The Big Match Revisited**
4.15 **Sharpe** *Sharpe's Gold:* 1/3. A Spanish rebel captures British deserters. (S3)

6.30 Diamonds Are Forever

6.30 FILM **Diamonds Are Forever** James Bond adventure starring Sean Connery. Agent 007 goes on the trail of smuggled diamonds and discovers a world-threatening conspiracy. (1971, PG, 119min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **The Equalizer** Thriller starring Denzel Washington. An ex-secret agent fights to bring down a crime syndicate after coming to the aid of an abused prostitute. With Chloë Grace Moretz. (2014, 15, 132min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 FILM **Monty Python's The Meaning of Life** Sketches from the Monty Python team, representing eight stages of life from birth to death. (1983, 15, 103min) ★★★
1.45 AM **Minder**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Deep Space Nine** Five episodes, including at: **3.00** PM 15/26. An undercover mission becomes personal for O'Brien. (S6)
4.00 **Stargate SG-1** 4/20. Daniel and Vala continue their mission to unlock the Jaffa device. **5.00** 5/20. Vala unwittingly puts her own life at risk. **6.00** 6/20. A Goa'uld contacts the command base to warn them of Ori activity. (S9)

8.00 Stargate SG-1

7.00 **Stargate SG-1** *Ex Deus Machina:* 7/20. The crew members hear reports of a System Lord living a secret life on Earth.

8.00 **Stargate SG-1** *Babylon:* 8/20. The crew have an unexpected run-in with the legendary Jaffa of the Sodan. (S9)

9.00 FILM **Parallel** Sci-fi mystery starring Aml Ameen and Martin Wallstrom. A group of friends find a mirror that serves as a portal, but discover that importing knowledge from the other side brings consequences. (2018, 15, 104min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Grimm** 9/22. A ghostly figure is linked to several cases of missing children. **12.00** M'T 10/22. After experiencing disturbing visions, Nick discovers a fellow Grimm is murdering monsters that have harmed humans. (S2)
1.00 AM **Grimm** 11-13/22. (S2)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 809 114 343 358

7.10 AM **Murdoch Mysteries** (S9)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown**
4.00 PM **Shakespeare & Hathaway: Private Investigators** 1/10. Frank and Lu help to expose a mole within tech company Forosa. **5.00** 2/10. Frank and Lu enter the competitive world of ballroom dancing. (S4)
6.00 **Death in Paradise** 1/9. A TV news presenter is found dead in her pool and suspicion falls on her co-host. (S10)

7.00 Hudson & Rex

7.00 **Hudson & Rex** *Run Donovan Run:* 3/20. Superintendent Donovan transports an inmate who was his former partner.

8.00 **Hudson & Rex** *Hand of Cod:* 4/20. A severed hand is found in a box of frozen cod. (S5)

9.00 **Death in Paradise** *Steamy Confessions:* 2/9. The team are baffled when an archaeologist is poisoned during a dig. (S10)

10.00 **Father Brown** *The Grim Reaper:* A death on a local farm is blamed on a doctor through a series of poison pen letters.
11.00 **Annika** 5/6. Morgan starts working at a remote Scottish eco-resort. (S2)
12.00 M'T **My Life Is Murder** (S1)
1.00 AM **Miss Scarlet and the Duke** 5/6. Drama. (S4)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 810 124 344 359

7.20 AM **Only Fools and Horses**
8.20 **Only Fools and Horses**
12.40 PM **Only Fools and Horses** Five episodes, including at: **2.00** The Trotter brothers' finances hit an all-time low. **3.20** Raquel's father finds an old watch among the Trotters' junk, which he claims could net them a fortune at auction. **4.40** Part one of two. Del and Rodney leave Peckham behind for a holiday in Florida. **5.50** Part two of two. The Trotters arrive in America.

9.45 Sketch Show Years

7.40 **Dad's Army** Captain Mainwaring gets his men to pose as traitors to see how the locals react.

8.20 **Only Fools and Horses** First part of the Christmas 1996 trilogy. The Trotters become caped crusaders.

9.45 **Paul Whitehouse's Sketch Show Years** A look at the biggest names in sketch comedy to emerge in the 1980s.

10.20 **The Young Ones** The hard-up housemates strike oil in their basement.
11.10 **The Fast Show** Bob Fleming visits a gypsy fair, and Competitive Dad plays cricket. **11.45** Guest stars Steve Davis.
12.25 AM **Inside No 9** Double bill.
1.45 **Ghosts**
2.25 **Only Fools and Horses**
3.30 **to 4.00** AM **Inside No 9**

+1 hour 210/211 324

U&Dave

111/112 811 127 19 157

7.20 AM **Anthony Bourdain: Parts Unknown** Copenhagen.
8.05 **Guy Martin's Spitfire**
9.40 **Guy Martin: Proper Jobs**
10.40 **Top Gear** Double bill.
12.40 PM **American Pickers**
2.40 **Gino's Italian Escape**
4.10 **James May at the Edge of Space** Documentary.
4.40 **Motorhoming with Merton & Webster** The Cotswolds.
5.40 **The Americas with Simon Reeve** The presenter travels the length of California.
6.40 **Highland Cops** Documentary.

6.40 Highland Cops

7 PM **Highland Cops** (started at 6.40pm)

8 PM **8.00** **Speed with Guy Martin** Guy attempts to break the British record for outright speed on a bicycle – 110mph.

9 PM **9.00** **Have I Got a Bit More News for You** Phil Wang hosts the satirical quiz, with Richard Osman and Ruth Davidson.

10 PM **10.00** **QI** With guests Liza Tarbuck, Jeremy Clarkson and Neil Mullarkey.
10.40 **Mock the Week** With Angela Barnes, Catherine Bohart, Ed Gamble and Michael Odewale.
11.20 **Mock the Week** With Angela Barnes, Ed Gamble, Rhys James and Maisie Adam.
12.00 M'T **Red Dwarf** Triple bill.
1.55 **to 4.00** AM **Mel Giedroyc: Unforgivable**

+1 hour 211/212 327 74

4seven

137/138 143 49 127

9.00 AM **Four in a Bed**
2.00 PM **Location, Location, Location** From Surrey.
3.00 **A Place in the Sun** Five editions, including at: **7.00** A couple seeking a holiday home on the Spanish island Mallorca.
8.00 **The Dog House** A family of three dogs are split up to increase their chances of finding a new home.
9.00 **Gogglebox** Opinions on recent TV programmes.
10.00 FILM **The Spy Who Dumped Me** Comedy starring Mila Kunis and Kate McKinnon. A woman discovers her ex is a secret agent. (2018, 15, 117min) ★★★
12.15 AM **8 Out of 10 Cats Does Countdown**
1.20 **Gogglebox**
2.20 **Super Surgeons: A Chance at Life**
3.25 **The Great Pottery Throw Down**
4.35 **to 5.00** AM **Four in a Bed**

5USA

141/169 120/162 21 129

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S2)
1.00 PM **NCIS** Nine episodes of the series, including at: **6.00** *Capitol Offence:* 3/25. An old friend of Gibbs' claims he is being framed for a murder. **7.00** *Heartland:* 4/25. A Marine is murdered in Gibbs' home town. **8.00** *Nine Lives:* 5/25. A Marine is tortured to death in his garage. (S6) **9.00** *The Plan:* 5/10. The team investigate the mystery of a recently used weapon. (S21)
10.00 **Law & Order: Special Victims Unit** *October Surprise:* 6/24. Barba's loyalties are tested. (S15)
11.00 **Law & Order: Special Victims Unit** (S15&14)
1.55 AM **Criminal Minds**
2.50 **The Good Wife** (S1)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

8.00 AM **Rogue Claimers**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions, including at: **7.00** A white van is being driven at four times the speed limit. **8.00** Officers pursue a vehicle with obscured number plates.
9.00 **999: Critical Condition** A motorcyclist is rushed in following a high-speed road accident in Wales.
10.00 **Criminals: Caught on Camera** Car crime.
11.00 **Making a Serial Killer** New edition How Cody Legebokoff became one of Canada's youngest ever serial killers.
12.00 M'T **Dexter** (S2)
2.15 AM **GPs: Behind Closed Doors** Medical series.
3.05 **Casualty 24/7: Every Second Counts**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 130 33 132

9.00 AM **Trucking Hell**
1.00 PM **Trucking Hell**
3.00 FILM **The Greatest Story Ever Told** Drama starring Max von Sydow. (1965, U, 225min) ★★★
6.55 FILM **The War Wagon** Western starring John Wayne, Kirk Douglas and Howard Keel. (1967, U, 96min) ★★★
9.00 FILM **Transporter 3** Action thriller sequel starring Jason Statham and Natalya Rudakova. The Transporter takes the kidnapped daughter of a Ukranian official from Marseilles to Odessa. (2008, 15, 103min) ★★★
11.10 FILM **The Commuter** Thriller starring Liam Neeson, Vera Farmiga and Patrick Wilson. (2018, 15, 105min) ★★★
1.15 AM **Police Interceptors**
2.15 **Trucking Hell**
3.20 **Car Pound Cops**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 827 125 25 156

6.10 AM **Tipping Point**
10.00 **My Family** Six episodes.
2.05 PM **Outnumbered** Six episodes, including at: **5.20** First episode of the sitcom. The children cause chaos when Sue loses her car keys.
6.00 **Pete Wicks: For Dogs' Sake** Pete travels to Northern Ireland to pick up three stray dogs.
7.00 **Inside the Operating Theatre** A man needs an ultrasound to confirm whether he has cancer. **8.00** A woman needs an operation to stop her persistent nose bleeds.
9.00 **Nurses on the Ward** Caitlin cares for a good Samaritan in lots of pain. **10.00** Matron Steph meets an abusive patient in police custody.
11.00 **DNA Family Secrets**
1.45 AM **Wedding Valley**
2.30 **to 3.00** AM **Date Night**

+1 hour 232/233 325

U&Drama

143 116 20 158

7.10 AM **The Bill**
12.00 NOON **Lark Rise to Candleford** Double bill.
2.40 PM **Catherine Cookson's The Tide of Life** Period drama.
6.00 **Home Fires** 5/6. Steph faces losing the farm. **7.00** 6/6. The village prepares for Nick and Teresa's wedding. (S2)
8.00 **Sister Boniface Mysteries** *The Shadow of Baron Battenburg:* 2/12. Sam and Ruth go undercover at a spiritual retreat for couples. (S2)
9.00 **Silent Witness** *Betrayal:* Nikki is humiliated in court when a barrister accuses her of making a serious error, while the team investigate the death of a medical researcher.
11.15 **Whitstable Pearl** (S1)
1.25 AM **Annika** 1/6. (S1)
2.25 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60

Really
142 128 17 145

6.00 AM **Fantasy Homes by the Sea** From Crete.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **Who Do You Think You Are?**
2.00 PM **Long Lost Family**
3.00 **A Place in the Sun**
7.00 **Yorkshire Air 999** The crew help a walker who is having a stroke.
8.00 **Helicopter ER** A man urgently needs CPR.
9.00 **Dr Pimple Popper** Brittney has hundreds of tiny bumps on her chest. **10.00** Mike is worried about a large growth. **11.00** Tyler is considering having his hands amputated.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Fantasy Homes by the Sea**

Challenge
145 139 48 142

7.00 AM **Scrapheap Challenge** Triple bill.
10.00 **The Crystal Maze**
11.00 **Play Your Cards Right**
12.00 NOON **Dickinson's Real Deal** From Manchester.
1.00 PM **Lily Savage's Blankety Blank**
3.00 **Through the Keyhole**
4.00 **Cash Trapped**
5.00 **The Celebrity Chase** Ken Bruce, Paul Ince, Laila Morse and David Haye take part. **6.00** With Kara Tointon, Tony Audenshaw, Beth Tweddle and Louis Walsh.
7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
9.00 **The Family Chase** The Clementsons from Newcastle take part.
10.00 **The Chase** Six editions.
4.00 AM **The Celebrity Chase** With Sally Bercow, Jack P Shepherd, Jimmy Carr and Matt Dawson.
5.00 **to 6.00** AM **The Chase**

GREAT! action
323 426 42

8.10 AM **Wild West Chronicles** Western.
8.50 FILM **Wild Wind** World War Two adventure. (1985, PG, 100min) ★★
10.40 FILM **Two Rode Together** Western with James Stewart. (1961, PG, 109min) ★★★
1.00 PM **Wanted: Dead or Alive** Double bill.
2.10 FILM **War of the Wildcats** Western. (1943, b/w, U, 102min) ★★
4.30 FILM **The Westerner** Western. (1940, b/w, U, 100min) ★★★★
6.45 FILM **Garden of Evil** Western. (1954, PG) ★★
9.00 FILM **The Warrant** Western drama. (2020, 12, 84min) ★★
10.55 FILM **Badland** Western. (2019, 12, 107min) ★★
1.25 AM FILM **Solar Attack** Thriller. (2005, PG) ★★
3.40 **to 5.00** AM **Wild West Chronicles**
+1 hour 324

GREAT! movies
321 425 34

9.00 AM **Perception**
10.00 FILM **Gone Daughter Gone** Crime thriller. (2020, PG, 87min) ★★
12.00 NOON FILM **Deadliest Switch** (2020, PG) ★★
2.00 PM FILM **It Could Happen to You** Romantic comedy. (1994, PG, 101min) ★★★
4.15 FILM **Volcano** Thriller. (1997, 12, 103min) ★★
6.25 FILM **Star Trek: Nemesis** Adventure starring Patrick Stewart. (2002, 12, 116min) ★★★
9.00 FILM **Parker** Thriller starring Jason Statham. (2013, 15, 114min) ★★★
11.30 FILM **Reprisal** Thriller. (2018, 15, 91min) ★★
1.40 AM FILM **How I Spent My Summer Vacation** Crime thriller. (2012, 15, 92min) ★★★★
4.00 **to 6.00** AM FILM **Secrets in the Snow** Thriller. (2020, PG) ★
+1 hour 322

GREAT! romance
319 424 52

8.10 AM FILM **Love, of Course** (2018, PG) ★★
10.05 FILM **In the Key of Love** Drama. (2019, PG) ★★
12.00 NOON FILM **The Wedding Wish** Comedy. (2007, PG, 90min) ★★
2.00 PM FILM **Christmas with a Prince: Becoming Royal** Drama. (2019, PG, 92min) ★★
4.00 FILM **A Whirlwind Wedding** Comedy. (2020, PG, 90min) ★★
6.10 FILM **Ms. Matched** Comedy. (2016, PG) ★★
8.00 FILM **Her Pen Pal** Romantic drama. (2021, PG, 84min) ★★
9.55 FILM **Lying To Be Perfect** Comedy. (2010, PG, 89min) ★★
11.50 FILM **Love in Store** Comedy. (2020, PG) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **The Birthday Wish** Drama. (2017, PG, 84min) ★★
+1 hour 320 63

Rewind TV
182 95

6.00 AM **Flash Gordon Conquers the Universe**
7.40 **Roobarb**
7.45 **Auto Rewind**
8.00 **I Dream of Jeannie**
9.30 **Watching** 2-6/7. (S7)
12.00 NOON **Jason King**
3.00 PM **Hancock** 3/13. (S1)
3.30 **Tracing the Rails**
4.00 **Walking Westward**
4.30 **Bust** 1/6. (S2)
5.30 **I Dream of Jeannie** (S1)
7.00 FILM **Brief Encounter** Romantic drama remake starring Richard Burton and Sophia Loren. (1974, PG, 75min) ★★
9.00 **Police Woman** *Warning: All Wives:* 3/22. Pepper goes undercover in a hospital. (S1)
10.00 **Jason King** (S1)
1.00 AM **Stereo Underground**
2.00 **Bubblegum & Cheese**
3.00 **Police Woman** (S1)
4.00 **Monkey** 8/26. (S1)
5.00 **Tracing the Rails**
5.30 **to 6.00** AM **Walking Westward**

DMAX
159 169 39 147

6.00 AM **Alaskan Bush People** Four editions.
10.00 **Junkyard Empire**
2.00 PM **Wheeler Dealers**
7.00 **Expedition Bigfoot** Russell tracks an unknown creature to a mysterious lake. **8.00** The team discover evidence that could prove Bigfoot exists.
9.00 **Alien Endgame** Ex-members of the US military break their silence about the massive UFO cover-up.
11.00 **Expedition X** Locals in Iowa report sightings of a giant winged creature. **12.00** M'T Phil and Jess investigate ghostly voices in Fort Morgan. **1.00** AM Jess and Phil dive into the tragic history of Fort Morgan.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**
+1 hour 259 369 153

Food Network
140/141 190 43 148

6.00 AM **Man v Food with Casey Webb**
8.00 **Man v Food**
8.30 **Man v Food with Casey Webb** Four editions.
10.30 **Man v Food**
11.00 **James Martin's French Adventure**
3.00 PM **The Great British Bake Off** Four editions.
9.00 **Gok Wan's Easy Asian** Gok shows how to enjoy home cooking with three one-pot wonders. **9.30** Gok prepares home-made versions of takeaway dishes. **10.00** Gok prepares a spicy king prawn dish. **10.30** Recipes perfect for being home alone. **11.00** Gok cooks three street food classics. **11.30** Gok serves up his favourite desserts.
12.00 M'T **Gok Wan's Easy Asian** Double bill.
1.00 **to 3.00** AM **Cake Boss**
+1 hour 240/241 154

Legend
148 149 41 137

7.00 AM **The Twilight Zone**
8.00 FILM **Asteroid-a-geddon** Adventure starring Eric Roberts. (2020, PG, 90min) ★★
10.00 **Six Million Dollar Man**
3.00 PM **Delete** Sci-fi thriller.
6.35 FILM **Zulu Dawn** Action drama sequel starring Burt Lancaster. (1979, PG, 121min) ★
9.00 FILM **Silverado** Western with Kevin Kline, Kevin Costner, Scott Glenn and Jeff Goldblum. (1985, PG, 132min) ★★★
11.35 FILM **Braven** Action thriller starring Jason Momoa, Garret Dillahunt and Jill Wagner. (2018, 15, 94min) ★★★
1.25 AM FILM **Unchained** Thriller with Adrien Brody and John Malkovich. (2017, 15, 110min) ★★
3.15 **to 5.00** AM FILM **Mercy Black** Horror starring Austin Amelio. (2019, 15, 88min) ★★

Legend Xtra
317 171 69 138

6.00 AM FILM **Sherlock Holmes** Murder mystery. (2010, 12, 89min) ★★
8.00 FILM **The Philadelphia Experiment** Sci-fi mystery thriller remake. (2012, 15, 89min) ★★
10.00 FILM **Asteroid v Earth** Sci-fi disaster movie. (2014, 15, 91min) ★★
12.00 NOON FILM **The 7 Adventures of Sinbad** Fantasy adventure. (2010, PG, 90min) ★★
2.00 PM FILM **The Curse of the Werewolf** Horror. (1961, 12, 92min) ★★★
4.00 **Star Trek** 3-7/26. (S2)
9.00 FILM **The Uncanny** Horror starring Peter Cushing and Ray Milland. (1977, 18, 85min) ★
10.50 FILM **To the Devil a Daughter** Horror. (1976, 18, 95min) ★
1.00 **to 3.00** AM FILM **Boiling Point** Thriller. (1992, 15, 89min) ★★★
+1 hour 318 371 139

Blaze
164 174 64 161

6.00 AM **Hardcore Pawn**
8.00 **Auction Hunters**
10.00 **Alien Files: Unsealed**
11.00 **In Search of Aliens**
12.00 NOON **Close Encounters**
1.00 PM **Strange Evidence**
7.00 **Digging for Britain** The best archaeological discoveries of 2018 from the west of the UK.
8.00 **The Curse of Oak Island** Links are revealed between the Knights Templar and the Oak Island mystery.
9.00 **U-Boat Wargamers** The role the Wrens played in preventing British merchant ships.
10.05 **Viking Dead** A Viking ship discovered in 1904.
11.05 **Lost Relic Hunters**
12.05 AM **History's Greatest Mysteries** A 1945 case.
1.00 **Conspiracy Files: Unsealed** Double bill.
2.00 **National Park Mysteries**
3.00 **to 6.00** AM **Flipping Bangers**

5SELECT
153 138 46 133

9.00 AM **The Wonderful World of Chocolate**
9.25 **Air Fryers vs Microwaves: Which Is Better?** Documentary.
10.25 **Wetherspoons vs Toby Carvery: Which Is Better?** Documentary.
11.25 **Columbo** Five episodes.
7.00 PM **Tomb Hunters** Archaeologists discover a vast burial chamber filled with over 100 coffins. **8.00** Focusing on Ancient Egyptian mummy portraits.
9.00 **The Nile with Bettany Hughes** 1/2. The historian sets sail on an epic journey through Egypt to chart the country's ancient past.
11.00 **Cleopatra's Lost City: Ancient Mysteries**
12.00 M'T **World War II in Colour** Double bill.
2.00 AM **Nazi Megastructures**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 191 44 149

7.00 AM **My Lottery Dream Home** Six editions.
10.00 **A Place in the Sun**
12.00 NOON **My Dream Derelict Home** A couple attempt to renovate an 18th-century farmhouse. **1.00** PM Transforming a sorry-looking Derbyshire wreck into a farmstead. **2.00** Transforming a tired Georgian mansion. **3.00** A couple convert a run-down mansion. **4.00** Turning a cottage into a dream home. **5.00** Creating a retirement property out of a pigsty and hen coop. **6.00** Transforming an Edwardian property into a family home.
7.00 **My Dream Derelict Home** Renovating a chapel in Derbyshire.
8.00 **A Place in the Sun**
1.00 **to 4.00** AM **Bargain Mansions**
+1 hour 258/262 391

TLC
133/134 828 165

7.00 AM **Curvy Brides Boutique** Reality series.
8.00 **Say Yes to the Dress: Atlanta** Four editions.
10.00 **Outdaughtered: Busby Quints** Double bill.
12.00 NOON **Extreme Cheapskates**
12.30 PM **Extreme Couponing**
1.00 **My 600lb Life**
5.00 **Too Large**
6.00 **Sister Wives**
7.00 **Good Bones**
8.00 **I am Shauna Rae**
9.00 **Baylen Out Loud**
10.00 **Love Off the Grid** The couples' relationships are tested by their first true obstacles in the wild.
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Cheapskates**
2.00 **Dr Pimple Popper**
4.00 **The Bad Skin Clinic**
5.00 **to 6.00** AM **Curvy Brides Boutique**
+1 hour 233/234 365

Comedy Central
112/113 812 132 345 360

8.00 AM **Whose Line Is It Anyway? USA**
9.00 **Friends** 7-14/25. (S6)
1.00 PM FILM **Bring It On** Teen comedy starring Kirsten Dunst. (2000, 12, 99min) ★★★★
2.50 **Friends** 15-24/25. (S6)
8.00 **Friends** 25/25. Monica is in demand. (S6) **8.30** 1/24. Monica celebrates her engagement. (S7)
9.00 FILM **American Made** Fact-based comedy drama with Tom Cruise. (2017, 15, 115min) ★★★
11.10 **Utopia** 1&2/8. (S1)
12.20 AM **Michael McIntyre: Happy & Glorious**
1.20 **Al Murray: Giving It Both Barrels** Stand-up.
2.20 **Beavis and Butt-Head**
3.20 **The Comedy Central Chart Show**
3.25 **Whose Line Is It Anyway? USA**
4.15 **to 5.00** AM **Guessable?**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 154

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Criminally Funny**
1.00 PM **Friends** (S6)
3.00 **Criminally Funny**
7.00 **Whose Line Is It Anyway? USA**
9.00 **Friends** 18/24. Rachel's date is ruined by Joshua's parents. **9.30** 19/24. Monica and Rachel plot to take back their old apartment. **10.00** 20/24. Chandler reaches the end of his tether with Joey. **10.30** 21/24. As the invitations go out for his wedding, Ross and Rachel reminisce. (S4)
11.00 **Friends** (S4&5)
2.00 AM **Last Man Standing**
3.00 **The Roast of David Hasselhoff** A comedy tribute to the actor.
4.00 **Kristen Schaal Live at the Fillmore** Stand-up.
4.45 **Beavis and Butt-Head**
5.15 **to 6.00** AM **Digman!**

Sky Replay
152 156

7.00 AM **Customs UK**
10.00 **Four Weddings**
12.00 NOON **Nothing to Declare** Four editions.
2.00 PM **MacGyver** (S3&4)
7.00 **Air Ambulance ER** An 11-year-old boy is knocked down by a car. **8.00** The team rescue a lumberjack who has fallen from a great height. **9.00** An elderly couple are involved in serious crash on the A66. **10.00** The crew battle against poor weather. **11.00** The crew assist a cardiac arrest victim.
12.00 M'T **A League of Their Own** With Maisie Adam.
1.00 AM **A League of Their Own: Unseen**
2.00 **A League of Their Own: Best Of**
3.00 **Four Weddings**
4.00 **Celebrity Four Weddings** Reality series.
5.00 **to 6.00** AM **Four Weddings**

MTV
126/127 824 134

6.00 AM **The Hills**
6.20 **16 and Pregnant**
7.10 **Teen Mom: The Next Chapter** Reality series.
8.00 **Fresh Out Live**
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Eight editions of the series, including at: **8.00** Reign needs answers from Piers on why he disappeared.
9.00 **Teen Mom: The Next Chapter** Mackenzie's father suffers a life-threatening injury.
10.00 **Help! I'm in a Secret Relationship!** Kaitlin needs to know why Cam is hiding her.
11.00 **Geordie Shore** Kyle arranges a couples retreat to Ko Pha-Nang.
12.00 M'T **The Challenge: All Stars** Reality series.
1.00 AM **True Life Crime UK**
2.00 **Catfish: The TV Show**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **Wheeler Dealers**
8.00 **Wheeler Dealers: Dream Car**
9.00 **Wheeler Dealers** Triple bill.
12.00 NOON **Alaska: Homestead Rescue** Triple bill of the documentary, including at: **4.00** PM Marty responds to a desperate plea from the a family in eastern Vermont.
6.00 **Border Control: Europe** Customs officers in Barcelona make a shocking discovery. **6.30** In Melilla, Spain, the Civil Guard need help in their search for stowaways.

7.00 Alaska: Homestead Rescue

7.00 **Alaska: Homestead Rescue** New edition In Aloha State, a family struggle to homestead between two active volcanoes, so the Raneys build a fortified garden and a hunting blind.
9.00 **Marooned with Ed Stafford** The adventurer faces extreme temperatures in the Andes in Argentine Patagonia.
10.00 **Mega Shippers** Kieran struggles to get a train rolling, while Colin has 48 hours to load ten valuable racing yachts.
11.00 **Texas Metal** A 2022 Ford Lightning becomes Ekstensive's first all-electric custom air ride. The team drop a 1952 wrecker to the floor.
12.00 M'T **Naked and Afraid: Last One Standing** Double bill.
4.00 **to 5.00** AM **How Do They Do It?**

+1 hour 225/226 377

Animal Planet

162/175 178

8.00 AM **Insane Pools: Off the Deep End** A luxurious space.
9.00 **How Do Animals Do That?**
10.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Insane Pools: Off the Deep End** A tranquil space.
1.00 PM **Life at Vet University**
2.00 **Pet Nation Renovation**
4.00 **Pit Bulls & Parolees**
5.00 **Alaska: Homestead Rescue** A wildfire prompts Marty to create an evacuation ark.
6.00 **Insane Pools: Off the Deep End** Two eco-friendly pools.

9.00 Tanked

7.00 **Life at Vet University** Fourth-year student Clint assists in an emergency caesarean on a cocker spaniel.
8.00 **Coyote Peterson: Brave the Wild** Coyote looks for two fascinating lizards. **8.30** The history behind the Tasmanian devil.
9.00 **Tanked** Actor Wilmer Valderrama asks Brett and Wayde to build an aquarium with multiple angles and slanted sides.
10.00 **Alaskan Bush People** Barn construction means its all hands on deck – but someone isn't pulling their weight.
11.00 **Guardians of Rescue** Brian and Face help a woman whose neighbour is provoking her dog.
12.00 M'T **Animal Cops Houston**
1.00 AM **Alaskan Bush People**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Insane Pools: Off the Deep End**

+1 hour 262/275 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory**
9.00 **Ice Road Rescue**
11.00 **Air Crash Investigation**
2.00 PM **Drain the Oceans**
3.00 **Hitler's Teen Killers** The teenage soldiers of Hitler's 12th SS Panzer Division.
4.00 **Apocalypse: Hitler Takes on the West** Nazi offensives on Western nations. **5.00** A look back at France under German occupation.
6.00 **Seconds from Disaster** The sinking of the *HMS Coventry* during the Falklands War.

9.00 Endurance

7.00 **Mutant Weather** A look at how global warming is causing tornados to become more deadly.
8.00 **Mysterious Islands** New edition A headless skeleton is found on Beacon Island, raising questions about its past.
9.00 **Endurance** In an epic feat of leadership and perseverance, Antarctic explorer Ernest Shackleton kept his crew alive against all the odds. A century later, explorers search for his lost ship.
11.15 **Titanic: The Final Secret**
12.10 AM **UFOs: Investigating the Unknown** Documentary.
1.05 **Air Crash Investigation**
2.00 **Money Meltdown**
2.55 **Food Factory USA**
3.45 **Lords of War** Double bill.
4.35 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **Greatest Heists with Pierce Brosnan**
7.00 **Pawn Stars** Triple bill.
10.00 **Storage Wars** Eight editions.
2.00 PM **History's Greatest Mysteries** The theories behind the location of the Garden of Eden, regarded by many as the biblical birthplace of man. **3.00** Laurence Fishburne explores the Shroud of Turin. **4.00** Captain Kidd's treasure. **5.00** The missing mummy of Alexander the Great. **6.00** The lost fortune of the Knights Templar.

2.00 History's Greatest...

7.00 **Ultimate Mysteries** The US government's teleportation experiments and strange happenings at Skinwalker Ranch.
8.00 **Ultimate Mysteries** Experts examine strange sightings at Bennington, Bermuda and Bridgewater triangles.
9.00 **Britain's Big Cat Mystery** Documentary exploring the phenomenon of mysterious large cats prowling the wilderness and countryside of Britain.
10.15 **Big Cat Britain Declassified** Mysterious large cats said to be roaming Britain.
12.05 AM **The Lost Women Spies** How the capture of a key Nazi uncovered shocking realities, forcing spymistress Vera Atkins and her team to confront uncomfortable truths.
1.10 **Storage Wars**
5.05 **to 6.00** AM **History's Greatest Mysteries**

+1 hour 223/224 331

U&Yesterday

155 846 129 27 159

6.10 AM **Antiques Roadshow**
11.00 **Guy Martin's Wall of Death**
12.10 PM **Guy Martin's Spitfire**
1.40 **Guy Martin's WWI Tank**
3.00 **Extreme Fishing with Robson Green** Angling for sailfish in Costa Rica. **4.00** The actor grapples with catfish on the Tennessee River. **5.00** The actor travels to South Africa, where he tries his hand at reef fishing.
6.00 **Find It, Fix It, Flog It** A woman who lives in a collection of farm buildings.

9.00 Antiques Roadshow

7.00 **Find It, Fix It, Flog It** Simon repurposes an old umbrella stand, and Henry tackles an antique chaff cutter.
8.00 **Antiques Roadshow** Fiona Bruce hosts from Morden Hall Park, where items include a plate designed by Pablo Picasso.
9.00 **Antiques Roadshow** Dover Castle stages a special edition aired to mark 80 years since the start of World War Two.
10.00 **Bangers & Cash** Derek heads to Doncaster to collect four vintage BSAs motorbikes including one said to be the rarest BSA.
11.00 **Dream Car Fixers** Steve loved his magical Anglia complete with a specially upgraded engine. Sheldon Nichols and Peter Harriott attempt to recreate the exact combination 50 years later.
12.00 M'T **to 3.00** AM **Extreme Fishing with Robson Green**

+1 hour 255 329

Sunday

7 PM

8 PM

9 PM

10 PM

Quest

144 834 137 12 150 144

6.00 AM **Combat Dealers**
8.00 **Find It, Fix It, Flog It**
12.00 NOON **Salvage Hunters: The Restorers**
2.00 PM **The Repair Shop**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Celebrity Yorkshire Auction House** With Craig Revel Horwood and John Sergeant.
8.00 **The Repair Shop** Items include a porcelain dog damaged by a real dog. **9.00** Restoring a shamrock brooch and a replica brass kitchen. **10.00** The team restore a pendulum clock and an Eames chair. **11.00** Restoring a 19th-century clock.
12.00 M'T **Salvage Hunters: The Restorers**
2.00 AM **NASA's Unexplained Files**
4.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 151

Quest Red

149 168 40 146

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Say Yes to the Dress: Lancashire**
8.00 **Curvy Brides Boutique**
9.00 **Say Yes to the Dress**
12.00 NOON **FBI Files**
3.00 PM **Who the (Bleep) Did I Marry?**
7.00 **Who the (Bleep) Did I Marry?** Exploring the crimes of Adam Lynch. **7.30** The crimes of gambler Ernie Scherer III. **8.00** The crimes of Halinton Williams. **8.30** Kevin Cobb, who was convicted of molesting his daughter.
9.00 **Broken Harts** A car accident kills Sarah and Jennifer Hart and their six adopted children.
11.00 **Faking It: Tears of a Crime** Triple bill.
2.00 AM **Murder Comes to Town** True-crime.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Facing Evil**
7.00 **Bloodline Detectives** The disappearance of Marise Chiverella.
8.00 **Murder She Solved** An officer tries to track down a missing woman.
9.00 **Murder UK** Suzanne Van Hagen meets a violent man online in 2012, and one year later, she's found dead. **10.00** Hollie Gazzard was tragically killed by her ex, leaving her family devastated.
11.00 **Real Detective** A Texas Ranger goes after murder suspects with friends in high places. **12.00** M'T A detective's life is changed by a murder victim's mother.
1.00 AM **Murder UK**
3.00 **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 172 68 134

9.00 AM **48 Hours**
2.00 PM **Medical Detectives** The shooting of 15-year-old Trey Cooley. **2.30** An innocent man's DNA is found at the scene of a home invasion. **3.00** The capture of a rapist and murderer. **3.30** The discovery of Legionnaire's Disease. **4.00** A couple vanish, and the discovery of their bodies links the crime with their son. **4.30** After a woman vanishes, her husband is the prime suspect.
5.00 **Donal MacIntyre: Unsolved** Revisiting the case of Caroline Glachan.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **The Day I Should Have Died** Double bill.
4.00 **Citizen Detective**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 820 121 349 364

6.00 AM **Motorway Patrol**
9.00 **Brit Cops: Law & Disorder** Documentary.
10.00 **Stop, Search, Seize**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** Emma Baum.
1.00 PM **Killer Siblings**
2.00 **Love You to Death**
3.00 **Forensics: Catching...**
4.00 **The Killer Within**
5.00 **Murdered at First Sight**
6.00 **Killer in My Village**
7.00 **Britain's Most Evil Killers**
8.00 **Forensics: Catching the Killer** True-crime.
9.00 **Method of a Serial Killer** Israel Keyes.
10.45 **World's Most Evil Killers**
11.50 **The Real Manhunter**
12.55 AM **An Unexpected Killer** Documentary.
2.00 **Killer in My Village**
3.00 **The Force: North East**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Brit Cops: Frontline Crime UK**

+1 hour 222/223 321

PBS America

173 187 84 155

8.00 AM **Wrecks That Changed the World**
1.00 PM **Wrecks That Changed the World** Five editions, including at: **5.00** Two warships that sank in controversial circumstances.
6.00 **The Ghettos & the Holocaust** As 9.20pm.
7.15 **Auschwitz: the Inside Man** The untold story of Witold Pilecki.
8.25 **The Great Wall of China: The Hidden Story – Secret History** Documentary shedding light on the vast edifice.
9.20 **The Ghettos & the Holocaust** Examining the role ghettos played in the Holocaust.
10.35 **Auschwitz: the Inside Man** As 7.15pm.
12.00 M'T **The Great Wall of China: The Hidden Story – Secret History**
1.00 **to 2.00** AM **Beautiful Serengeti**

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD EE HD

Sky Documentaries

121/122 819 188 352 367

6.00 AM **Discovering: Diane Keaton**
7.00 **Discovering: Morgan Freeman**
8.00 **The Directors**
9.00 **Laurel and Hardy: Their Lives and Magic** Documentary.
11.00 **Lance** 1&2/2. Documentary.
3.00 PM **Elvis Presley: The Searcher**
7.00 FILM **The Beatles: Eight Days a Week – The Touring Years** Ron Howard's documentary charting the band's time on the road. (2016, 12, 113min) ★★★★
9.00 NEW SERIES **David Frost Vs** 1/3. Recalling some of the journalist's most famous interviews, beginning with Paul McCartney of The Beatles. *See feature, page 20.* ■ Entire series on Box Sets
10.00 **Becoming Madonna** Documentary charting Madonna's rise to stardom.
12.00 M'T **Kurt Cobain: Montage of Heck** Brett Morgen explores the Nirvana frontman's life.
2.30 AM **Who Killed the KLF?**
4.20 **to 6.00** AM **Persona: The Dark Truth Behind Personality Tests**

Sky Nature

124/125 822 189 354 369

6.00 AM **Tales from Zambia**
9.00 **Amazing Animal Friends**
12.00 NOON **Accidental Wilderness: Europe's Everglades**
1.00 PM **Baboons: Rules of the Troop** Documentary.
2.00 **Woodpeckers: The Hole Story**
3.00 **David Attenborough's Wild City** Four editions.
7.00 **Planet Weird** New edition How the cannibalistic Portia spider devours the competition.
8.00 **Alien Abyss** The weird and wonderful creatures that live in the ocean's darkest depths. **9.00** A look into the planet's strangest animals, from snapping shrimp to wolf eels. **10.00** The bizarre mating rituals of the ocean's most peculiar creatures.
11.00 **Planet Weird** As 7.00pm.
12.00 M'T **Accidental Wilderness: Europe's Everglades**
1.00 AM **Baboons: Rules of the Troop** Documentary.
2.00 **Woodpeckers: The Hole Story**
3.00 **to 6.00** AM **A Wild Year on Earth**

Sky History 2

163/168 840 186

6.00 AM **Ancient Aliens**
9.00 **Holy Marvels with Dennis Quaid** Double bill of editions.
11.00 **Hitler's British Island**
12.00 NOON **What on Earth?**
3.00 PM **Ancient Aliens**
5.00 **Combat Ships**
6.00 **Combat Trains**
7.00 **Combat Machines** The robot that defused bombs on foreign battlefields and British streets.
8.00 **Ancient Aliens** Experts investigate the 'greys', rumoured to be alien life forms.
9.00 **Haunted Hospitals** In the Midlands, a hospital advisor loves her office – until she feels a terrifying ghostly presence. **10.00** Investigating paranormal activity in a house that was built on a hospital campus.
11.00 **Ancient Aliens** Triple bill.
2.00 AM **Alien Autopsy: The Search for Answers**
3.00 **The UnXplained with William Shatner** Documentary.
4.00 **Inside the Tower of London**
5.00 **to 6.00** AM **History's Greatest Mysteries**

Crime+Investigation

156 837 133

6.00 AM **Nightmare in Suburbia**
8.00 **Murder by Medic**
1.00 PM **Green Eyed Killers**
5.00 **Witness to Murder: Digital Evidence** True-crime.
6.00 **I Met My Murderer Online**
7.00 **Green Eyed Killers**
8.00 **Prison Brides** A British bride prepares to marry in Michigan.
9.00 **Cold Case Files: Murder in the Bayou** New edition A home invasion leaves the town of Starkville, Mississippi, fearful.
10.00 **Cold Case Files** Investigating the death of Lisa Ziegert.
11.00 **The Killer Interview with Piers Morgan** Karl Karlsen.
12.00 M'T **I Met My Murderer Online**
1.00 AM **Cold Case Files: Murder in the Bayou** As 9.00pm.
2.00 **Cops Gone Bad with Will Mellor** New edition A look at the crimes of Lewis Edwards.
3.00 **Witness to Murder: Digital Evidence** Detectives use digital data to solve a double homicide.
4.00 **to 6.00** AM **Murder by Medic**

+1hour 256 333

WILD

165 841 182

8.00 AM **Birth of Europe**
11.00 **Europe from Above**
1.00 PM **Wild Mississippi**
4.00 **Secrets of the Zoo**
6.00 **Critter Fixers: Country Vets** New edition Dr Hodges comes face-to-face with an albino Chinese cobra and an African bush viper whose lethal bite has no known anti-venom.
7.00 **Malika the Lion Queen** The life story of a lioness from cub to adult predator.
8.00 **Kingdom of the Apes** 1/2. A male silverback gorilla must fight to defend its crown. **9.00** 2/2. Two chimpanzee brothers battle for supremacy in a story worthy of Shakespeare within the jungles of Tanzania.
10.00 **Africa's Hunters** A hyena goes in search of a new clan, a challenge that will require all its strength and intelligence.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 181

7.00 AM **Shed and Buried**
9.00 **The Antiques Brothers**
10.00 **The Restoration Man**
12.00 NOON **Combat Dealers**
2.00 PM **Combat Dealers: Reloaded**
3.00 **The Dino Hunters** Triple bill.
6.00 **The Alaska Triangle**
7.00 **Codes and Conspiracies** Exploring Las Vegas's secrets, including why it was a Nazi target for wartime sabotage. **8.00** How the American Nazis terrorised the USA in the 1930s.
9.00 **Aliens in Alaska** An otherworldly beast stalks a family over three generations. **10.00** Strange men knock on the door of a UFO witness. **11.00** A bush pilot witnesses unsettling UFO activity. **12.00** M'T An extra-terrestrial stalker leaves a family frozen in fear outside of Juneau.
1.00 AM **Dark Fellowships: Nazi Cult** Secret societies.
2.00 **Combat Dealers** Double bill.
4.00 **to 5.00** AM **Combat Dealers: Reloaded**

+1hour 274 381

U&Eden

166 176 57 160

9.00 AM **The Architecture the Railways Built** Four editions.
1.00 PM **The Architecture the Railways Built** Four editions.
5.00 **The Bill** *Fat'ac:* PC Smith attends a road traffic accident. **5.30** *Somewhere By Chance:* An ex-soldier attempts to blow up a shopping complex. **6.00** *A Quiet Life:* Carver attends the hospital to speak to the wife of a robbery victim. **6.30** *Tom Tiddler's Ground:* Carver tracks an elusive villain.
7.00 **Pointless** Double bill of the general knowledge quiz show.
9.00 **Lucan** 2/2. Aspinall calls together Lord Lucan's cronies from the Clermont Club to establish the facts and a national manhunt is launched for the earl. Stars Rory Kinnear.
10.30 **The Bill** Four episodes.
12.30 AM **Pointless** Double bill.
2.30 **Great British Railway Journeys**
3.00 **The Architecture the Railways Built** Triple bill of editions.
5.25 **to 6.00** AM **The Bill**

+1hour 266 376

ID

154 166

8.00 AM **Home Sweet Homicide**
10.00 **Love, Honor, Betray**
12.00 NOON **The Nanny Trial: The Crimes That Changed Us**
1.00 PM **Patty Hearst: The Crimes That Changed Us**
2.00 **Where Murder Lies**
4.00 **Forbidden: Dying for Love**
6.00 **Still a Mystery** How a retired police detective used his podcast to crowd-source the search for a murderer. **7.00** Two controversial death rulings of a rookie police officer and US Navy veteran.
8.00 **Murder Under the Friday Night Lights** In Texas, a former high-school football star is murdered in broad daylight.
9.00 **Lethally Blonde** A successful model's life begins to unravel – with tragic consequences.
10.00 **High Speed Chase**
11.00 **Fatal Affairs** True-crime.
12.00 M'T **Dead Silent**
2.00 AM **Caught in the Net**
4.00 **to 6.00** AM **Diabolical: Deadly Love**

+1hour 254 366

Discovery Turbo

161/172 180

6.00 AM **World's Greatest Motorcycle Rides**
9.00 **How Do They Do It?**
11.00 **Goblin Works Garage**
12.00 NOON **Lucky!** Five editions.
5.00 PM **Head 2 Head**
6.00 **FourWheeler** Double bill.
7.00 **Wheeler Dealers** Mike finds a rare Land Rover Series 1 that may not be all it seems. **8.00** Mike and Elvis take on a Fiat Coupe 20 Valve Turbo. **9.00** Mike and Ant welcome a zippy little 1974 Fiat X1/9 sports car to the workshop. **10.00** Mike finds a 1972 Fiat 124 Spider, but the driving experience needs a refresh. **11.00** Mike sources a Fiat Panda 4x4 with big potential. **12.00** M'T Mike searches for a rare Fiat Dino Coupe.
1.00 AM **Incredible Engineering Blunders: Fixed** Examining the science behind a skyscraper melting a car.
2.00 **to 5.00** AM **World's Greatest Motorcycle Rides**

+1hour 261/272

Films

Sky Cinema Premiere

301 401 501 515

6.15 AM **Fox and Hare Save the Forest** Animation. (2024, U)
7.45 **Rob Peace** As 1.25pm.
9.55 **Thelma** As shown at 8.00pm.
11.40 **The Garfield Movie** Animation. (2024, U, 101min) ★★★
1.25 PM **Rob Peace** Biopic. (2024, 15, 120min) ★★★
3.35 **The Watched** Horror. (2024, 15, 102min) ★★
5.25 **Furiosa: A Mad Max Saga** Fantasy with Anya Taylor-Joy. (2024, 15, 148min) ★★★★

9.50 The Line

8.00 **Thelma** Comedy starring June Squibb. After a 93-year-old woman is conned by a phone scammer, she embarks on a risky journey across LA with only one thing on her mind – revenge. (2024, 12, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **The Line** Ethan Berger's drama starring Alex Wolff and Bo Mitchell. A university student tries to live his life without a fear of consequences. (2023, 15, 100min)

11.45 **The Bikeriders** Drama starring Tom Hardy and Jodie Comer (2023, 15, 116min) ★★★★
1.50 AM **Chuck Chuck Baby** Musical drama starring Louise Brealey and Annabel Scholey. (2023, 15, 101min) ★★★★
3.40 **Turn Me On** Fantasy starring Luke Kirby and Bel Powley. (2024, 15, 99min) ★★★
5.40 **to 6.10** AM **Sky Cinema Preview**

Sky Cinema Hits

303 403 503 517

7.00 AM **Black Dog** Drama. (2023, 15, 96min) ★★★
8.50 **Shazam! Fury of the Gods** Action adventure sequel. (2023, 12, 130min) ★★★
11.00 **Polite Society** Action comedy. (2023, 12, 100min) ★★★★
12.55 PM **The Fall Guy** Comedy. (2023, 12, 126min) ★★★★
3.05 **Mad Max: Fury Road** Thriller. (2015, 15, 120min) ★★★★★
5.10 **Dune: Part Two** Sci-fi drama. (2024, 12, 166min) ★★★★★

8.00 Dunkirk

8.00 **Dunkirk** Christopher Nolan's drama starring Kenneth Branagh and Tom Hardy. Allied soldiers surrounded by the German army wait for evacuation during World War Two. (2017, 12, 106min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Oppenheimer** Biopic starring Cillian Murphy. J Robert Oppenheimer leads the Manhattan Project to develop an atomic weapon before Hitler and bring World War Two to an end. (2023, 15, 180min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Out of Darkness** Prehistoric horror. Subtitled. (2022, 15, 88min) ★★★
2.20 **The Color Purple** Musical drama with Taraji P Henson. (2023, 12, 141min) ★★★
4.45 **to 6.35** AM **American Star** Thriller starring Ian McShane. (2023, 15, 107min) ★★★★

Sky Cinema Drama

310 410 510 524

7.10 AM **West North West** (2015)
9.25 **Life Itself** Drama starring Oscar Isaac. (2018, 15, 120min) ★★
11.25 **The Theory of Everything** Biopic of Stephen Hawking. (2014, 12, 120min) ★★★★
1.30 PM **The Girl on the Train** Thriller starring Emily Blunt. (2016, 15, 107min) ★★★★
3.25 **A Star Is Born** Music drama. (2018, 15, 136min) ★★★★★
5.45 **The Blind Side** Fact-based drama starring Sandra Bullock Tim McGraw and Quinton Aaron. (2009, 12, 129min) ★★★
8.00 **8 Mile** Urban drama starring Eminem and Kim Basinger. (2002, 15, 112min) ★★★
10.00 **Calvary** Darkly comic drama starring Brendan Gleeson, Chris O'Dowd and Kelly Reilly. (2014, 15, 99min) ★★★★
11.45 **The Shamrock Spitfire** Biopic starring Shane O'Regan. (2024, 12, 108min) ★★★
1.40 AM **The Swimmer** Israeli romantic drama. Subtitled. (2021, 18, 84min) ★★★
3.10 **It Is in Us All** Drama starring Cosmo Jarvis and Rhys Mannion. (2022, 15, 92min) ★★★★
4.50 **to 7.05** AM **West North West** Drama. (2015, 15, 125min) ★★★

Sky Cinema Sci-fi/Horror

311 411 511 525

6.25 AM **Resident Evil: Extinction**
8.05 **Star Trek: First Contact** Sci-fi adventure with Patrick Stewart. (1996, 12, 110min) ★★★★
10.00 **Interstellar** Sci-fi adventure. (2014, 12, 166min) ★★★★
12.50 PM **Paranormal Activity: The Ghost Dimension** Horror sequel. (2015, 15, 88min) ★
2.25 **Resident Evil** Horror thriller. (2002, 15, 100min) ★★★
4.15 **Star Trek: Insurrection** Sci-fi adventure with Patrick Stewart. (1998, PG, 105min) ★★★
6.05 **Five Nights at Freddy's** Horror. (2023, 15, 109min) ★★
8.00 **I Am Legend** Sci-fi thriller. (2007, 15, 101min) ★★★★
9.45 **Riddick** Thriller sequel with Vin Diesel. Space fugitive Riddick combats bounty hunters and fearsome monsters on a desert planet. (2013, 15, 122min) ★★★
11.50 **Resident Evil: Extinction** Horror sequel. (2007, 15, 90min) ★★
1.30 AM **Resident Evil: The Final Chapter** Action horror sequel starring Milla Jovovich and Ali Larter. (2016, 15, 107min) ★★★
3.25 **Repo Man** Cult sci-fi thriller. (1984, 18, 92min) ★★★★
5.05 **to 7.05** AM **Dorian Gray** Horror drama. (2009, 15, 112min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family
306 406 506 520

7.15 AM **Small Soldiers** Adventure. (1998, PG, 99min) ★★★★
9.15 **Cats & Dogs** (2001) ★★★★
10.50 **IF** Fantasy. (2024, U) ★★★
12.40 PM **Bean** (1997, PG) ★★★
2.15 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★
4.00 **Twins** (1988, PG) ★★★
5.50 **Scooby-Doo** Adventure. (2002, PG, 86min) ★★★
7.20 **Scooby-Doo 2: Monsters Unleashed** Comedy sequel. (2004, PG, 93min) ★★★

5.50 Scooby-Doo

8.55 **Batteries Not Included** Sci-fi fantasy starring Hume Cronyn. The tenants of a run-down Manhattan building thwart an unscrupulous developer with the aid of two tiny alien spacecraft. (1987, PG, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **It Takes Two** Comedy with Kirstie Alley, Steve Guttenberg, Mary-Kate Olsen and Ashley Olsen (1995, U, 97min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **The Horse Dancer** Drama. (2017, PG, 114min) ★★★
2.25 **Muppets from Space** Comedy. (1999, U, 85min) ★★★
4.00 **Pups United** Adventure. (2015, U, 89min) ★★★
5.35 **to 7.10** AM **Robo-Dog** Drama. (2015, PG, 87min) ★★★

Sky Cinema Action
307 407 507 521

7.20 AM **The Cinema List: Payback**
7.40 **The Beekeeper** As 1.45am.
9.30 **Godzilla** (2014, 12) ★★★
11.35 **Justice League** Adventure. (2017, 12, 120min) ★★
1.40 PM **Aquaman and the Lost Kingdom** Fantasy adventure. (2023, 12, 124min) ★★★
3.45 **Meg 2: The Trench** Thriller sequel. (2023, 12, 115min) ★★★
5.45 **The Legend of Zorro** Action comedy adventure sequel. (2005, PG, 130min) ★★★

5.45 The Legend of Zorro

8.00 **Godzilla x Kong: The New Empire** Fantasy adventure sequel starring Rebecca Hall. Two ancient monsters clash in an epic battle against an undiscovered threat hidden within the Earth. With Brian Tyree Henry. (2023, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Bad Boys** Action comedy thriller starring Martin Lawrence and Will Smith. A bachelor cop and his married partner have to switch identities in their pursuit of heroin thieves. (1995, 15, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Bullet to the Head** Action thriller. (2012, 15, 89min) ★★★
1.45 **The Beekeeper** Thriller. (2023, 15, 105min) ★★★
3.35 **Snow White and the Huntsman** Fantasy adventure. (2012, 12, 127min) ★★★
5.45 **to 7.25** AM **Sisu** Action thriller. (2022, 15, 88min) ★★★

Sky Cinema Comedy
308 408 508 522

6.40 AM **About Last Night** Comedy. (2014, 15, 98min) ★★
8.30 **Pixels** Comedy. (2015, 12) ★★
10.25 **Dumb and Dumber To** Comedy. (2014, 15, 107min) ★★
12.20 PM **Wimbledon** Comedy. (2004, 12, 98min) ★★★
2.05 **The Five-Year Engagement** Comedy. (2012, 15) ★★★
4.15 **It's Complicated** Comedy. (2009, 15, 115min) ★★★★
6.20 **Strays** Canine comedy. (2023, 15, 93min) ★★★★

9.55 Jules

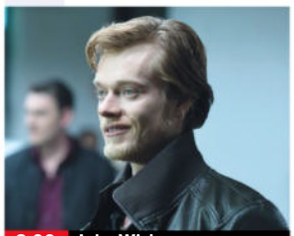
8.00 **You, Me and Dupree** Comedy starring Owen Wilson, Kate Hudson and Matt Dillon. A recently married couple invite their homeless friend to live with them for a few days. With Michael Douglas. (2006, 12, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Jules** Sci-fi comedy drama starring Ben Kingsley and Harriet Harris. Residents of a Pennsylvania town are disturbed when a UFO crashes into a garden. (2023, 12, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Book Club: The Next Chapter** Comedy sequel. (2023, 12, 107min) ★★
1.25 AM **The Boss** Comedy. (2015, 15, 89min) ★★★
3.10 **The Edge of Seventeen** Coming-of-age comedy drama. (2016, 15, 104min) ★★★★
5.00 **to 6.40** AM **Paint** Comedy. (2023, 12, 96min) ★★★

Sky Cinema Assassins
309 409 509 523

7.15 AM **The Cinema List: Payback**
7.35 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
9.45 **The Day of the Jackal** Thriller. (1973, 15, 142min) ★★★★★
12.10 PM **Head Count** Thriller. (2023, 15, 77min) ★★★
1.35 **A Sacrifice** Drama with Eric Bana. (2024, 15, 94min) ★★★
3.25 **Bad Boys II** Action comedy sequel. (2003, 15) ★★★
5.55 **Bad Boys: Ride or Die** Thriller sequel. (2024, 15, 115min) ★★★


8.00 John Wick

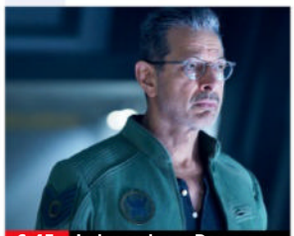
8.00 **John Wick** Action thriller starring Keanu Reeves and Alfie Allen. A former assassin who has turned his back on violence is provoked into a murderous rage when a criminal kills his dog. (2014, 15, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **John Wick: Chapter 2** Action thriller sequel starring Keanu Reeves. When an Italian crime lord holds him to a blood oath, hitman John Wick goes on another murderous rampage. (2017, 15, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Internal Affairs** Crime thriller starring Richard Gere. (1990, 18, 117min) ★★★★
2.00 AM **Oldboy** Thriller remake. (2013, 18, 104min) ★★
3.55 **Ruthless** Action thriller. (2023, 15, 92min) ★★★
5.40 **to 7.20** AM **The Mechanic** Thriller. (2011, 15, 93min) ★★

Film4
313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **One Million Years BC** Adventure. (1966, PG) ★★★
1.05 PM **The Cat in the Hat** Fantasy. (2003, PG, 82min) ★★★★
2.45 **Gulliver's Travels** Comedy. (2010, PG, 84min) ★★★
4.25 **The Pursuit of Happyness** Rags-to-riches drama with Will Smith. (2006, 12, 117min) ★★★
6.45 **Independence Day: Resurgence** Sci-fi adventure. (2016, 12, 120min) ★★★


6.45 Independence Day...

8 PM **Independence Day: Resurgence** (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **The Godfather Coda: The Death of Michael Corleone** Francis Ford Coppola's 2020 director's cut of *The Godfather: Part III*, starring Al Pacino. Michael Corleone, now an ageing businessman, tries to put his criminal days behind him. With Diane Keaton, Talia Shire, Andy Garcia, Eli Wallach and Bridget Fonda. (2020, 15, 163min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM

12.10 **to 3.35** AM **Gangs of New York** Epic period crime thriller directed by Martin Scorsese and starring Leonardo DiCaprio, Daniel Day-Lewis and Cameron Diaz. (2002, 18, 168min) ★★★

+1 hour 314 430 47 301

Sky Cinema Awards Season
302 402 502 516

6.00 AM **Spider-Man: Across the Spider-Verse** As 5.40pm.
8.20 **The Lord of the Rings: The Fellowship of the Ring** Fantasy. (2001, PG, 178min) ★★★★★
11.20 **The Lord of the Rings: The Two Towers** Fantasy adventure. (2002, 12, 179min) ★★★★★
2.20 PM **Lord of the Rings: Return of the King** Fantasy adventure. (2003, 12, 201min) ★★★★★
5.40 **Spider-Man: Across the Spider-Verse** Animated fantasy. (2023, PG, 140min) ★★★★
8.00 **Spider-Man 2** Adventure sequel starring Tobey Maguire. (2004, PG, 127min) ★★★★
10.10 **Mission: Impossible – Dead Reckoning Part One** Action thriller starring Tom Cruise. The IMF team race to acquire two halves of an interlocking key that can regain control of a lethal artificial intelligence. (2023, 12, 163min) ★★★★
12.55 AM **Chinatown** Thriller with Jack Nicholson and Faye Dunaway. (1974, 15, 131min) ★★★★★
3.10 **Being John Malkovich** Surreal comedy starring John Cusack. (1999, 15, 112min) ★★★★★
5.10 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Greats
304 404 504 518

6.30 AM **It's a Wonderful Life**
8.45 **Sixteen Candles** As 11.25pm.
10.35 **Parenthood** As 1.10am.
12.45 PM **Beverly Hills Cop** Comedy. (1984, 15, 105min) ★★★★
2.45 **Beverly Hills Cop II** Comedy sequel. (1987, 15, 99min) ★★★
4.35 **Beverly Hills Cop 3** Comedy sequel. (1994, 15, 104min) ★★
6.25 **Airplane!** Comedy spoof. (1980, 12, 86min) ★★★★★
8.00 **Airplane II: The Sequel** Comedy sequel starring Robert Hays as a pilot at the controls of a disaster-prone moon shuttle. (1982, 15, 81min) ★★★
9.35 **Singin' in the Rain** Musical starring Gene Kelly, Donald O'Connor and Debbie Reynolds. (1952, U, 102min) ★★★★★
11.25 **Sixteen Candles** John Hughes' comedy starring Molly Ringwald as a gauche teenager with dreams of a perfect romance. (1984, 12, 89min) ★★★
1.10 AM **Parenthood** Comedy drama starring Steve Martin. (1989, 15, 124min) ★★★★
3.25 **It's a Wonderful Life** Fantasy drama starring James Stewart. (1946, b/w, U, 125min) ★★★★★
5.45 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Animation
305 412 500 514

6.05 AM **Pil's Adventures** Animated adventure. (2021, U, 89min) ★★
7.40 **10 Lives** (2024, U) ★★★
9.10 **Minions** Animated comedy. (2015, U, 91min) ★★★★
10.50 **Trolls** Animation. (2016, U) ★★★
12.30 PM **Trolls Band Together** Animation. (2023, U) ★★★
2.10 **The Lego Batman Movie** Animated action comedy. (2017, U, 104min) ★★★★
4.00 **Kung Fu Panda 4** Animated sequel. (2023, PG, 94min) ★★★
5.40 **The Pirates! In an Adventure with Scientists** Comedy. (2012, U, 87min) ★★★★
7.15 **The Inventor** Animated comedy. (2023, PG, 100min) ★★★
9.05 **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** (2022, PG) ★★★
10.30 **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** Animated fantasy. (2021, PG, 78min) ★★★
12.00 M'T **Megamind vs The Doom Syndicate** Animated adventure. (2024, U, 83min) ★★★
1.35 AM **Spirit: Stallion of the Cimarron** (2002, U) ★★★
3.10 **Tom and Jerry Cowboy Up!** Animation. (2021, U) ★★★
4.35 **to 6.20** AM **The Inventor** (2023)

Movies 24
312 419

7.00 AM **A Royal Runaway Romance** Comedy. (2022, PG, 84min) ★★
9.00 **A Bridesmaid in Love** Comedy. (2022, PG, 87min) ★★
11.00 **Married by Mistake** Romantic comedy. (2023, PG, 88min) ★★
1.00 PM **An Easter Bloom** Drama. (2024, PG, 84min) ★★
3.00 **Aurora Teagarden Mysteries: Haunted by Murder** Drama. (2022, PG, 84min) ★★
5.00 **The Attraction Test** Romantic comedy. (2022, PG, 85min) ★★
7.00 **The Real West** Comedy with Kimberley Sustad. A widowed academic takes a holiday on a ranch, and becomes attracted to her sister's boyfriend. (2024, PG, 84min) ★★
9.00 **A Nashville Legacy** Comedy starring Andrea Lewis. A woman visiting Nashville to discover the story behind a forgotten pop group finds love with a fellow fan. (2023, PG, 85min) ★★
11.00 **Wedding of a Lifetime** Comedy. (2022, PG, 84min) ★★
1.00 AM **Perfect Harmony** Romantic comedy. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **His and Hers** Drama. (2024, PG, 90min) ★★

Movies 24+ 315 420

Talking Pictures
328 445 82 306

6.00 AM **Man in the Mirror** Comedy. (1936, b/w, U, 82min) ★★★
7.35 **Up River** Drama. (1979, 12) ★★
9.20 **SOS Pacific** Adventure. (1959, b/w, PG, 91min) ★★
11.05 **The Beverly Hillbillies** (S1)
11.40 **Cinebox Memories**
11.45 **The Tall T** Western adventure. (1957, PG, 78min) ★★
1.20 PM **Romance of the Odeon**
1.25 **Batman** 5/60. (S2)
2.00 **The Cat from Outer Space** Fantasy comedy starring Ken Berry. (1978, U, 103min) ★★★
4.00 **The Adventures of Robin Hood**
4.30 **Out of Town**
5.00 **The Footage Detectives**
6.00 **The Ghost of Greville Lodge** Mystery with Prunella Scales. (2000, PG, 93min) ★★
7.50 **Look at Life** Documentary.
8.00 **Gideon's Way** 8/26. (S1)
9.05 **The Wheeltappers and Shunters Social Club** 6/7. (S2)
9.55 **Budgie** 2/13. (S1)
10.55 **Where Has Poor Mickey Gone?** Fantasy. (1964, b/w, 18) ★★
12.05 AM **The Heritage Chart Show**
1.10 **Algiers** Drama. (1938, PG) ★★★
3.05 **The Second Woman** Thriller. (1951, b/w, PG, 91min) ★★
4.55 **The Texan** 16/37. (S1)
5.30 **to 6.00** AM **The Larkins**

Sunday

Sky Sports Main Event

401 511 501 419 439

6.15 AM LIVE **LPGA Tour Golf** Coverage of the fourth day's play of the Honda LPGA Thailand staged at Siam Country Club in Pattaya, where home favourite Patty Tavatanakit won last year.
8.30 LIVE **ICC Champions Trophy Cricket Pakistan v India.** The Group A match from Dubai International Cricket Stadium.
1.00 PM LIVE **Super Sunday Newcastle United v Nottingham Forest.** Coverage of the Premier League game from St James' Park. Newcastle have defeated Forest twice at the City Ground this term, winning on penalties in the EFL Cup and 3-1 in the league. Kick-off **2.00pm**.
4.00 LIVE **Super Sunday Manchester City v Liverpool.** The Premier League match at the Etihad Stadium. Kick-off **4.30pm**.
7.30 **Behind the Ropes**
8.00 LIVE **PGA Tour Golf** Coverage of day four of the Mexico Open at VidantaWorld in Vallarta, Mexico. America's Jake Knapp was the victorious player here last year.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 512 502 420 440

6.00 AM **Premier League Highlights**
10.00 **Super Sunday Matchday**
12.00 NOON **Sports Sunday**
1.00 PM LIVE **Super Sunday Newcastle United v Nottingham Forest.** Coverage of the Premier League game from St James' Park. Kick-off **2.00pm**.
4.00 LIVE **Super Sunday Manchester City v Liverpool.** Coverage of the Premier League match from the Etihad Stadium. Liverpool have not won here in the league since 2015, but they will have high hopes this time around as they look set to finish above reigning champions City this time around and won the reverse fixture 2-0 at Anfield thanks to goals by Mohamed Salah and Cody Gakpo. Kick-off **4.30pm**.
7.30 **The Big Interview**
8.00 **Premier League Stories**
8.30 **Premier League Highlights**
9.00 **SNF** Aston Villa v Chelsea.
9.30 **Premier League Highlights**
3.00 AM **PL Greatest Games**
4.00 **Best PL Goals 1997/98**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 513 503 421 441

6.00 AM **EFL Highlights**
11.00 LIVE **SPFL St Johnstone v Hearts.** Coverage of the Scottish Premiership match at McDiarmid Park. Kick-off is at **12.00noon**.
2.30 PM LIVE **Bundesliga RB Leipzig v FC Heidenheim 1846.** Coverage of the German top-flight game. Kick-off **2.30pm**.
4.30 LIVE **Bundesliga Bayern Munich v Eintracht Frankfurt.** The German top-flight match at Allianz Arena. Kick-off **4.30pm**.
6.30 LIVE **Bundesliga TSG 1899 Hoffenheim v VfB Stuttgart.** The German top-flight fixture at PreZero Arena. Kick-off **6.30pm**.
8.30 **EFL Highlights** Championship.
9.30 **SPFL Highlights**
9.45 **EFL Highlights** Recent action.
11.15 **SPFL Highlights**
11.30 **EFL Highlights**
12.00 M'T **Championship Retro**
2.00 AM **Best Goals: EFL Cup 20/21**
2.30 **EFL Trophy Football**
3.00 **EFL Greatest Games**
4.00 **EFL Cup** The 2021 final.
5.00 **Best Moments from the Championship Play-Off Final**
5.30 **to 6.00** AM **Best Moments from the L1&2 Play-Off Final**

Sky Sports Cricket

404 514 504 422 442

6.00 AM **Best of ICC WT20**
6.30 **ICC Men's T20 World Cup**
8.30 LIVE **ICC Champions Trophy Cricket Pakistan v India.** Coverage of the Group A match from Dubai International Cricket Stadium, as the bitter rivals meet in this tournament for the first time since Pakistan beat India in the 2017 final. India did win the group match in that tournament by a massive 124 runs, but Pakistan gained their revenge in the final by hammering their rivals by 180 runs to lift the trophy.
5.30 PM **Best of ICC WT20**
6.00 **ICC Men's Cricket World Cup 2023 – Made In India**
7.30 **Best of ICC WT20** Highlights from England v India in 2007. **7.45** England v India from 2009.
8.00 **ICC Men's T20 World Cup** Action from South Africa v India.
9.00 **ICC Champions Trophy Cricket** Highlights from Pakistan v India.
10.00 **ICC Champions Trophy Cricket**
12.00 M'T **ICC Men's T20 World Cup**
1.00 AM **WPL** Another chance to see Delhi Capitals v UP Warriorz.
4.40 **Ashes Greats** Player profiles.
5.00 **to 6.00** AM **IPL**

Sky Sports Golf

405 515 505 423 443

6.00 AM LIVE **LPGA Tour Golf** Coverage of day four of the Honda LPGA Thailand from Siam Country Club, where home favourite Patty Tavatanakit won last year.
8.30 **Golf's Greatest Holes**
9.00 LIVE **DP World Tour Golf** Coverage of day four of the Magical Kenya Open at Muthaiga Golf Club in Nairobi, where Darius van Driel was victorious last year.
2.00 PM LIVE **PGA Tour Golf** Coverage of the fourth day of the Mexico Open staged at VidantaWorld in Vallarta, Mexico.
11.00 **Golf's Greatest Holes**
11.30 **PGA Tour Champions Learning Centre** Golf tips and life lessons.
12.00 M'T **Ladies European Tour Golf**
1.00 AM **Golf Academy**
2.00 **Ladies European Tour Golf**
3.00 **DP World Tour Golf**
4.00 **LPGA Tour Golf** Highlights.
5.00 **to 6.00** AM **Playing Lessons**

Sky Sports Tennis

407 537 520 425 445

6.00 AM **WTA Tennis** A recent final.
8.00 **ATP Tennis** Qatar Open final.
10.00 **WTA Tennis** Highlights.
12.00 NOON **ATP Tennis** Qatar Open.
2.00 PM **WTA Tennis** Doha Open. **2.30** Dubai Championships final.
3.30 **ATP Tennis** Doha Open final. **4.30** The Rio de Janeiro Open.
8.30 LIVE **ATP Tennis** Coverage of the final of the ATP Rio de Janeiro Open staged at Jockey Club Brasileiro in Rio de Janeiro, Brazil.
10.30 **WTA Tennis** Recent highlights.
11.30 **ATP Tennis** Doha Open final.
12.30 AM **WTA Tennis** Doha Open.
1.00 **ATP 2024 Best of Jack Draper**
1.15 **Bitesize Tennis** Highlights.
2.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 870 527 408 430

6.00 AM LIVE **Isuzu UTE A-League Western United v Adelaide United.** Coverage from Ironbark Fields. Kick-off is at **6.00am**.
8.00 **Premier League**
9.30 **Champions League Goals**
9.45 **Peter Crouch Meets**
10.00 **Premier League: Big Interview**
10.30 **Premier League Stories**
11.00 **Serie A** Inter Milan v Genoa.
12.00 NOON **Vendee Globe**
1.00 PM **Isuzu UTE A-League**
6.00 **TNT Sports Reload**
6.15 **Champions League Goals**
6.30 **Serie A** Inter Milan v Genoa.
7.30 LIVE **Serie A Cagliari v Juventus.** Coverage of the Italian top-flight match. Kick-off **7.45pm**.
9.45 **Europa League Goals Reload**
10.00 **Conference League Goals**
10.15 **UFC** Cejudo v Yadong.
1.15 AM **UFC Connected**
1.45 **TNT Sports Reload**
2.00 **NBA on Fire** The latest news.
2.30 LIVE **NBA Minnesota Timberwolves v Oklahoma City Thunder.** Coverage of the Western Conference match from Target Centre. Tip-off **2.30am**.
5.00 **to 6.00** AM **Fishing: On the Bank**

TNT Sports 2

411 871 528 409 431

6.00 AM **MotoGP Highlights**
11.00 **ABB FIA Formula E World Championship Highlights**
1.00 PM **What I Wore: Best Of**
1.30 **TNT Sports Reload**
2.00 **NBA** Another chance to see Chicago Bulls v Phoenix Suns. **3.30** A chance to see Denver Nuggets v Los Angeles Lakers.
5.00 **NBA Action** Highlights.
5.30 **NBA on Fire** The latest news.
6.00 LIVE **NBA Boston Celtics v New York Knicks.** Coverage of the Eastern Conference match from TD Garden. Tip-off **6.00pm**.
8.30 LIVE **NBA Golden State Warriors v Dallas Mavericks.** Coverage of the Western Conference match staged at Chase Centre. Tip-off **8.30pm**.
11.00 **Superbike World Championship** Action from the first round of the season at Phillip Island Grand Prix Circuit, Victoria.
11.45 **Snooker World Open** Highlights from day one in Yushan, China.
1.45 AM **Serie A** Cagliari v Juventus.
2.45 **Vendee Globe Highlights**
3.45 **Superbike World Championship**
4.30 **Isuzu UTE A-League**
5.30 **to 6.00** AM **What I Wore**

TNT Sports 3

417 874 529 410 432

6.00 AM LIVE **Snooker World Open** Coverage of the second session in the first round from Yushan Sport Centre in China.
9.00 **TNT Sports Reload**
9.30 **What I Wore: Best Of**
10.00 **Ultimate Pool** Recent action.
11.30 LIVE **Snooker World Open** Coverage of the third session in the first round staged at Yushan Sport Centre in Yushan, China.
2.30 PM **Vendee Globe Highlights**
3.30 **Fishing: On the Bank**
4.30 **Ultimate Pool** Recent action.
6.00 **Superbike World Championship**
6.45 LIVE **HSBC SVNS** Coverage of the third day of the fourth round of the season staged at BC Place.
10.00 **TNT Sports Reload**
10.15 LIVE **HSBC SVNS** Continued coverage of the third day of the fourth round of the season staged at BC Place in Vancouver.
2.15 AM **Unbreakable: England 2003** A World Cup-winning team.
3.30 **UEFA Europa League Goals Reload** Recent highlights.
3.45 **UEFA Conference League Goals Reload** Play-off fixtures.
4.00 **to 6.00** AM **Snooker World Open**

Sky Sports Action

408 517 507 426 446

6.15 AM LIVE **NRL Melbourne Storm v North Queensland Cowboys.** Coverage of the pre-season match at Casey Fields.
8.15 **NFL Highlights** Recent action.
9.15 **Super League Highlights**
10.00 **Super League** Warrington Wolves v Catalans Dragons.
12.45 PM **My Icon** Martin Offiah.
1.00 **Super Bowl LIX Highlights**
2.00 **NFL Highlights** Recent action.
3.00 **Fight Night International**
4.00 **Super League Highlights**
5.00 **NFL Highlights** Cincinnati Bengals v Philadelphia Eagles.
6.00 **Super Bowl LIX Highlights**
7.00 **NFL Bitesize Highlights**
8.00 **Women's State of Origin** Queensland Maroons v New South Wales Blues game one. **9.00** New South Wales Blues v Queensland Maroons game two. **10.00** Highlights of Queensland Maroons v New South Wales Blues game three in Townsville.
11.00 **NFL Highlights** Recent action.
12.00 M'T **Super League**
2.45 AM **My Icon** Martin Offiah.
3.00 **NFL Highlights**
4.00 **NFL Bitesize Highlights**
5.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 873 510 429 449

6.00 AM **Super League**
9.00 **ICC Champions Trophy Cricket**
10.00 **WTA Tennis** A recent final.
12.00 NOON **WPL** T20 highlights.
2.00 PM **Fight Night**
4.00 **ATP Tennis** Marseille Open final.
5.00 LIVE **NCAA Basketball NC State Wolfpack v Notre Dame Fighting Irish.** Coverage of the women's college match from Reynolds Coliseum in Raleigh, North Carolina. Tip-off **5.00pm**.
7.00 LIVE **NCAA Basketball Louisville Cardinals v North Carolina Tar Heels.** Coverage of the women's college match from KFC Yum! Centre in Louisville, Kentucky. Tip-off is at **7.00pm**.
9.00 **The Gloves Are Off**
9.30 **Behind the Ropes**
10.00 **WTA Tennis** A recent final.
11.00 **The Gloves Are Off**
11.30 **Behind the Ropes**
12.00 M'T **WPL** T20 highlights.
1.00 AM **Golf Academy**
2.00 **WPL** Gujarat Giants v UP Warriorz.
3.00 **Super League Highlights**
4.00 **to 6.00** AM **WTA Tennis**

TNT Sports 4

421 876 530 411 434

7.00 AM **WRC Review** Rally Sweden.
8.00 **Vendee Globe Highlights**
9.00 **MLB Classic** Archive action.
11.00 **UEFA Champions League** Highlights from recent games, featuring AC Milan v Feyenoord, PSV Eindhoven v Juventus and Real Madrid v Manchester City.
6.00 PM **Snooker World Open** Action from the first day in China.
8.00 **Superbike World Championship** Action from the first round of the season at Phillip Island Grand Prix Circuit, Victoria.
8.45 **What I Wore: Best Of**
9.00 **UEFA Champions League Highlights Show** Play-offs.
10.00 **UEFA Conference League** Shamrock Rovers v Molde.
10.30 **UEFA Europa League**
11.30 **UEFA Champions League: Classics** Archive highlights.
1.30 AM **UFC: The Ultimate Fighter**
5.30 **to 6.00** AM **PLLegends: Teddy Sheringham**

Eurosport 1

413 870 521 412 435

6.20 AM **Alpine Skiing** Recent action.
8.15 LIVE **Alpine Skiing** The women's slalom in Sestriere, Italy.
9.30 LIVE **Alpine Skiing** Coverage from Crans Montana, Switzerland.
11.15 LIVE **Alpine Skiing** The women's slalom in Sestriere, Italy.
12.15 PM LIVE **Biathlon** Coverage from Lenzerheide, Switzerland.
1.30 LIVE **Ski Jumping** Coverage from Hinzenbach in Austria.
2.50 LIVE **Biathlon** Further coverage from Lenzerheide, Switzerland.
4.05 **Alpine Skiing** In Crans Montana.
5.00 **Discovery Golf**
5.30 **Table Tennis** Top 16 Cup.
7.00 **Snooker: World Open**
9.00 **Alpine Skiing** In Sestriere, Italy.
10.00 **Show Jumping** In Ocala, Florida.
11.00 **Cycling: Tour of Andalucia**
12.00 M'T **Cycling: Men's UAE Tour**
1.00 AM **Cycling: Tour of Algarve**
2.00 **Alpine Skiing** In Crans Montana.
4.00 **to 6.00** AM **Snooker: World Open**

Eurosport 2

414 871 522 413 436

6.00 AM LIVE **Snooker: World Open** Day one from China.
9.00 **Snooker 147s** Zhang Anda.
9.20 **Cycling: Men's UAE Tour**
10.20 LIVE **Cycling: Men's UAE Tour** The seventh and final stage.
12.15 **Cycling: Omloop Het Nieuwsblad** From Belgium
12.30 PM LIVE **Cycling: Tour of Andalucia** The fifth stage.
2.15 **Cyclo-Cross** From Sint-Niklaas.
2.45 **Cycling: Singapore Criterium**
3.00 LIVE **Cycling: Tour of Algarve** Coverage of stage five.
5.00 **Show Jumping** In Ocala, Florida.
6.00 **Alpine Skiing** In Sestriere, Italy.
7.00 **Cycling: Tour of Andalucia**
8.00 **Cycling: Men's UAE Tour**
9.00 **Cycling: Tour of Algarve**
10.00 **Alpine Skiing** In Crans Montana.
11.00 **Snooker: World Open**
1.00 AM **Alpine Skiing** From Italy.
2.00 **Snooker: World Open**
4.00 **Cycling: Men's UAE Tour**
5.00 **to 6.00** AM **Biathlon**

Sky Sports+

412 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Super Sunday Matchday**
11.30 **EFL Greatest Games**
11.50 LIVE **EFL Watford v Luton Town.** Coverage of the Championship match at Vicarage Road. Goals from Jordan Clark, Carlton Morris and Jacob Brown gave the Hatters a 3-0 win in the reverse fixture. Kick-off **12.00noon**.
2.00 PM **Sports Sunday**
2.30 **EFL Greatest Games**
2.50 LIVE **EFL Mansfield Town v Wrexham.** Coverage of the League One match at the One Call Stadium. Kick-off **3.00pm**.
5.00 **Sports Sunday**
6.00 LIVE **PGA Tour Golf** Coverage of day four of the Mexico Open at VidantaWorld in Vallarta, Mexico.
11.00 **Sky Sports News**
12.00 M'T **Super League** Wakefield Trinity v Hull Kingston Rovers.
2.45 **to 6.00** AM **Super League**

Sky Sports F1

406 516 506 424 444

6.00 AM **F1 2024 Season Review**
7.30 **Willy T. Ribbs Motorsport's Black Pioneer** A racer profile.
8.30 **Graham Hill: World Champion**
9.00 **The Rookies** Documentary.
10.00 **F1 Show 2024 Season Review**
11.30 **F1 Classic Races** Archive action.
5.30 PM **The Rookies** Documentary.
6.30 **F1 Classic Races** A look back at the 2011 Canadian Grand Prix. **9.30** A look back at the 2012 Canadian Grand Prix.
11.30 **Ted's Senna Notebook**
12.00 M'T **to 6.00** AM **The Home of F1**

SKY HD SD VIRGIN HD EE HD

Monday

24 February

Evening Planner

Monday

Comedy Drama

The White Lotus
Sky Atlantic, 9pm
The guests' holidays have barely even started, and nerves are already beginning to fray, as the comedy drama continues.

Comedy

Dave Gorman: Modern Life Is Goodish
U&Dave, 9pm (box set, U)
The quick-witted comic returns with his series casting his eye over modern life.

OnDemand

Disney+

No Taste Like Home
Available today
Queer Eye expert Antoni Porowski takes six celebrities on a foodie trip to their past, starting with Florence Pugh.

OnDemand

discovery+

The Baldwins
Available today
Actor Alec Baldwin and his wife Hilaria invite cameras to capture life at home with their seven children.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama	8.30 Wynne &...	9.00 Virdee		10.00 News; Local News	10.40 Have I...
	102 BBC2	7.00 Legends of...	7.30 Mastermind	8.00 Only Connect	8.30 University...	9.00 Israel and the Palestinians: The Road...		10.00 Detectorists	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Unforgotten		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Batch from Scratch: Cooking for Less		9.00 Go Back to Where You Came From		10.00 First Dates	
	105 CHANNEL 5	7.00 Police Interceptors		8.00 Traffic Cops		9.00 Murder Suspect No 1		10.00 Casualty 24/7: Every Second Counts	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 A League of Their Own		9.00 Film: Safe			
ENTERTAINMENT	115 BBC3	7.00 Gladiators		8.00 Ghosts US		9.05 The Apprentice		10.05 Apprentice...	10.35 Funboys
	116 BBC4	7.00 Climbing Great...	7.30 Who Do You...	8.00 The Romantics and Us with Simon...		9.00 Stonehenge: The Lost Circle Revealed		10.00 Saving Venice	
	118 ITV2	7.00 Deal or No Deal		8.00 Ant & Dec's Limitless Win		9.00 Hell's Kitchen		10.00 Family Guy	
	136 MORE4	◂ 6.55 Car S.O.S.				9.00 Two Men on a Bike		10.00 Wonders of the World I Can't See	
	135 E4	7.00 Hollyoaks	7.30 Modern Family	8.00 The Simpsons		9.00 Married at First Sight UK: Reunion Special			10.35 Gogglebox
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Blue Bloods		10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	◂ 6.45 Billions		7.55 Game of Thrones		9.00 The White Lotus			10.15 Homicide: Life on the Street
	110 U&GOLD	◂ 6.35 Dad's Army		8.00 The Good Life	8.40 The Vicar of Dibley		9.35 The Cleaner		10.15 The Good Life
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Dave Gorman: Modern Life Is Goodish		10.00 Will & Ralf Should Know Better	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Endeavour	
	120 ITV4	7.00 The Motorbike Show		8.00 Monster Carp		9.00 Film: Snowpiercer			10.15 Film: Snowpiercer
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre: Showtime		10.00 Utopia	
	139 SKY SCI-FI	7.00 Warehouse 13		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own		9.00 Hacks			10.25 Never Mind the...
	109 U&ALIBI	7.00 The Mentalist		8.00 White Collar		9.00 Death in Paradise		10.00 Father Brown	
	130 SKY ARTS	7.00 The Alfred Hitchcock Hour		8.00 André Rieu: Songs from My Heart					10.30 André Rieu...
	132 U&W	7.00 MasterChef USA		8.00 Inside the Ambulance		9.00 At Home with Katherine Ryan		10.00 Kathy Burke's All Woman	
DOCUMENTARY	125 DISCOVERY	7.00 Salvage Hunters		8.00 Kindig Customs		9.00 Mega Shippers		10.00 Texas Metal	
	162 ANIMAL PLANET	7.00 Life at Vet University		8.00 Great White Appetite		9.00 Deadliest Sharks		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 UFOs: Investigating the Unknown		9.00 Air Crash Investigation		10.00 Hitler's Last Stand: Fight to the Finish	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 History's Greatest Aircraft		9.00 Mayhem! The Secret Lives of the...		10.00 Secrets in the Ice	
	155 U&YESTERDAY	7.00 How Britain Worked		8.00 Simon Reeve's South America		9.00 Villages by the Sea		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Stax: Soulsville USA				9.00 George Carlin's American Dream			
FILMS – Sky Cinema	301 PREMIERE	◂ 6.00 Thelma		8.00 The Watched			9.50 Rob Peace		
	302 AWARDS SEASON	◂ 6.00 Shirley Valentine		8.00 Mamma Mia!				10.00 Shakespeare in Love	
	303 HITS	◂ 5.00 Oppenheimer		8.00 The King's Speech				10.00 Lee	
	304 GREATS	◂ 6.00 Gremlins		8.00 Gremlins 2: The New Batch				10.00 Howard the Duck	
	305 ANIMATION		7.10 Dr Seuss' The Lorax		8.45 Spirit: Stallion of the Cimarron				10.15 Tom and Jerry Cowboy Up!
	306 FAMILY		7.10 Wonka			9.15 The Flintstones			
	307 ACTION	◂ 6.00 Godzilla x Kong: The New Empire		8.00 American Sniper					10.20 Swordfish
	308 COMEDY	◂ 6.15 Just Like Heaven		8.00 The Nutty Professor			9.40 Nutty Professor II: The Klumps		
	309 ASSASSINS	◂ 5.55 John Wick: Chapter 2		8.00 The Equalizer 3				10.00 Internal Affairs	
	310 DRAMA	◂ 5.50 The Convert		8.00 One Life				10.00 The Danish Girl	
	311 SCI-FI	◂ 6.20 Gravity		8.00 The Nun II				9.55 Dorian Gray	
	313 FILM4	◂ 6.50 Nomadland				9.00 Angel Has Fallen			
SPORT	401 MAIN EVENT	7.00 EFL – Live: Sheffield United v Leeds United (Kick-off 8.00)							10.30 TGL – Live
	402 PREMIER LEAGUE	7.00 PL Review		8.00 Gary Neville's Soccerbox		9.00 PL Review		10.00 PL Icons	
	403 FOOTBALL	7.00 EFL – Live: Sheffield United v Leeds United (Kick-off 8.00)							10.30 Bundesliga...
	404 CRICKET	7.00 ICC Champions Trophy Cricket		8.00 WPL		9.00 ICC Champions Trophy Cricket		10.00 WPL	
	410 TNT SPORTS 1	◂ 6.00 Ultimate Pool – Live: Coverage of Group 8 of the Champions League					9.30 PL Big Interview	10.00 Superbike World Championship...	
	411 TNT SPORTS 2	7.00 O Arise, All You Sons		8.00 HSBC SVNS Highlights		9.00 Fishing: On the Bank		10.00 Serie A	

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

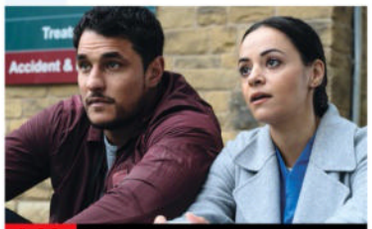
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Monday

BBC1

101 | 101 | 1 | 101 | 101

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Critical Incident** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **The Big Idea Works** New edition A movement-tracking idea. (S)(AD) ■ Entire series on BBC iPlayer
2.30 **Rick Stein's Food Stories** (S)(R)
3.00 **Escape to the Country** New edition The Wye Valley. (S)
3.45 **Garden Rescue** (S)(R)
4.30 **Antiques Road Trip** New edition James Braxton and Izzie Balmer are in Derbyshire for a rematch. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)



9.00 Virdee

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Albert Square wakes up to a new dawn following last night's devastating events. (S)(AD)

8 PM

8.00 **Panorama: Can Trump End the War in Ukraine?** New edition The possibility of a peace deal in Ukraine. (S)
8.30 **Wynne & Joanna: All at Sea** New edition 5/6. A journey from Tenby to Lawrenny. (S) ■ Entire series on BBC iPlayer

9 PM

9.00 **Virdee** New episode 3/6. The killer ups the ante with a high-profile kidnapping. The case explodes nationally, and the UK Crime Agency descends on Bradford. Stars Staz Nair. (S1) (S)(AD) ■ Entire series on BBC iPlayer

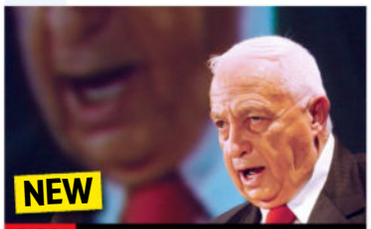
10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Have I Got News for You** Professor Hannah Fry hosts the satirical current affairs quiz, with guest panellists Stephen Mangan and Zing Tsjeng. (S)(R)
11.10 FILM **The Outfit** Crime drama starring Mark Rylance. An English tailor living in Chicago is thrust into a game of deception and murder when two killers knock on his door in need of a favour. (S)(AD) (2022, 15, 100min) ★★★★
12.50 AM **The Weakest Link** Contestants include Barry McGuigan, Karen Hauer, Joe Thomas, Elaine C Smith and Tomasz Schafernaker. (S)(R)
1.35 **Weather for the Week Ahead** (S)
1.40 **to 6.00** AM **BBC News** (S)

BBC2

102 | 102 | 2 | 102 | 102

6.15 AM **Antiques Road Trip** (S)(R)
7.00 **Sign Zone: Money for Nothing** (R)
8.00 **Match of the Day 2** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **The Tournament** Quiz. (S)(R)
3.15 **The Farmers' Country Showdown**
3.45 **Kate Humble: Into the Volcano** (R)
4.45 **Designing the Hebrides** (S)(R)
5.15 **Flog It!** From Norfolk. (S)(R)
6.00 **Richard Osman's House of Games** New edition Edith Bowman, Rhys James, Anita Rani and Simon Rimmer take part. (S)
6.30 **Robson Green's Weekend Escapes** New edition 11/15. Robson and Helen Skelton walk with wolves in the Lake District. (S)(AD) ■ Entire series on BBC iPlayer



9.00 Israel and the Palestinians

7 PM

7.00 **NEW Legends of Welsh Sport: Mark Hughes** A profile of the former Welsh international striker. (S)
7.30 **Mastermind** New edition Specialist subjects include the Isles of Scilly, Gian Lorenzo Bernini and Wham! (S)

8 PM

8.00 **Only Connect** New edition The losing semi-finalists battle it out for third place. (S)
8.30 **University Challenge** New edition Amol Rajan asks the questions as two teams compete in a quarter-final. (S)

9 PM

9.00 **NEW SERIES Israel and the Palestinians: The Road to 7th October** 1/3. Documentary by award-winning film-maker Norma Percy, chronicling the decisions that have shaped the Israeli-Palestinian conflict. (S)(AD)

10 PM

10.00 **Detectorists** 3/6. Terry believes a man has buried his missing wife in a paddock. (S1) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 **Escaping Utopia** Series finale 3/3. Two former children of Gloriavale expose one of its most shocking secrets. (S)(AD) ■ Entire series on BBC iPlayer
12.10 AM **Sign Zone: Countryfile** (S)(R)
1.05 **Sign Zone: Gaza: How to Survive a Warzone** The experiences of four young people trying to survive the Israel-Hamas war. (S)(R)(AD)
2.05 **Sign Zone: Waterloo Road** (S)(R)
3.05 **to 6.30** AM **Previews** (S)

ITV1

103 | 103 | 803 | 103 | 3 | 103 | 103 | 103

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David and his team head to Walsall Football Club in the West Midlands, where they assess 400 World War One postcards and a family's jewellery collection. (S)(R)(AD)
3.00 **Lingo** Word-based game show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Unforgotten

7 PM

7.30 **Emmerdale** There is suspicion over Noah's drugging, a crisis meeting takes place, and a vigil is held. (S)(AD)

8 PM

8.00 **Coronation Street** Daisy reveals the identity of her baby's father, Cassie is up to her old tricks, Betsy tries to keep Dylan positive about the future, and Todd encounters Julie again. (S)(AD)

9 PM

9.00 **Unforgotten** Series finale 6/6. Jess and Sunny finally get the truth from Asif, Marty, Mel and Juliet as Gerry Cooper's killer is revealed. However, the outcome leads to difficult decisions both on and off the case. (S6) (S)(AD)

10 PM

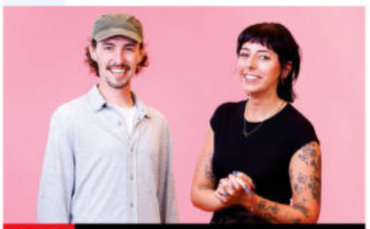
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Glitter: The Popstar Paedophile** Investigating the double life led by former glam-rock performer Gary Glitter, his global crimes and how he was brought to justice. (S)(R)(AD)
12.05 AM **Teleshopping**
3.00 **It's Showtime!** Documentary telling the story of a group of working-class men who got drunk one night and bought a racehorse – a decision that would change their lives for ever. (S)(SL)(R)(AD)
4.15 **Unwind with ITV** (S)
5.30 **to 6.00** AM **For the Love of Dogs with Alison Hammond** (S)(SL)(R)

+1 hour | 203 | 303 | 35 | 112

CHANNEL 4

104 | 104/108 | 804 | 108 | 4 | 104 | 104/106

6.25 AM **Cheers** 14-16/22. (S2) (S)(R)
7.45 **Everybody Loves Raymond** 10-12/26. (S3) (S)(R)(AD)
9.10 **Frasier** 14-17/24. (S8) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Boston. (S)(R)
12.05 PM **News** (S)
12.10 **Sun, Sea and Selling Houses** (R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Four in a Bed** New edition The first visit of the week is to 35 Main Street in Pembrokeshire. (S)
5.30 **Come Dine with Me** New edition The first host of the week in Bristol is hairdresser Becky. (S)
6.00 **A Place in the Sun** New edition Geraldine and Tim are looking for a spacious holiday home on Spain's Costa Tropical. (S)



10.00 First Dates

7 PM

7.00 **News** (S)

8 PM

8.00 **Batch from Scratch: Cooking for Less** New edition 2/6. Joe Swash and Suzanne Mulholland head to Port Talbot to help the Oatley family reclaim their love for cooking. (S)(AD)

9 PM

9.00 **Go Back to Where You Came From** Series finale 4/4. After crossing the Alpine Mountain pass, the six Brits travel to Calais to meet refugees who are determined to make illegal dinghy crossings to the UK. (S)(AD)

10 PM

10.00 **First Dates** New edition A woman who loves swimming with sharks meets a man with a phobia of butterflies, while a rock singer hopes to meet someone who can understand the ghosts of her past. (S)(AD)
11.05 **24 Hours in A&E** A staff member is admitted after being knocked off her mountain bike. (S)(R)(AD)
12.05 AM **Ramsay's Hotel Hell** From West Virginia. (S)(SL)(R)(AD)
12.55 **The Fear Clinic: Face Your Phobia** (S)(SL)(R)(AD)
1.50 **Location, Location, Location** (R)
2.45 **Hollyoaks Omnibus** (S)(SL)(R)(AD)
3.50 **Kirstie's Fill Your House for Free**
4.05 **Frasier** 10-13/24. (S4) (S)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

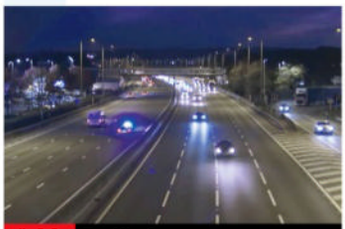
+1 hour | 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 | 105 | 105 | 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.45 PM **GPs: Behind Closed Doors** Medical documentary. (S)(R)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **The Guesthouse Murder** Thriller starring Brittany Underwood and Jacob Taylor. (S) (2021, 12, 100min) ★★
4.00 **Bargain-Loving Brits in the Sun** A Robbie Williams tribute act gets ready to conquer Benidorm. (S)(R)(AD)
5.00 **News** (S)
6.00 **Eggheads** Jay's Virtual Quiz take on the experts. (S)(R) **6.30** A team of chemists take part in the quiz show.(S)(R)
6.55 **News** (S)



8.00 Traffic Cops

7.00 Police Interceptors New edition Paul responds to a call after a delivery driver's vehicle is stolen, but after a high-speed pursuit the driver seems to disappear. (S)

7.55 News (S)

8.00 Traffic Cops New edition A tragic death on one of Derbyshire's busiest roads leads to a nationwide manhunt for a hit-and-run driver. (S)

9.00 Murder: Suspect No 1 Series finale 5/5. A 54-year-old man is violently attacked and left for dead in his burning flat, leaving detectives to determine what drove the perpetrator to commit such a crime. (S)

10.00 Casualty 24/7: Every Second Counts Dr Julian Humphrey and Sister Benita Wainwright treat a man with the rare condition aortic dissection, while Dr Humphrey tries to put a man's dislocated shoulder into place. (S)(R)

11.05 **999: Critical Condition** (S)(R)
12.05 AM **Traffic Cops** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Alan Titchmarsh's Underdog to Superdog** (S)(R)
3.45 **Secrets of the Chocolate Factory** Documentary. (S)(R)
4.35 **House Busters** (S)(SL)(R)
5.00 **Wildlife SOS** (S)(SL)(R)
5.25 **to 5.30** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S2) (S)(R)
11.00 **Wildlife ER** (S)(R)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **S.W.A.T.** (S7) (S)(R)(AD)
3.00 **NCIS: Los Angeles** (S13) (S)(R)
4.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *Clown v Board of Education:* Krusty opens a school for clowning. (S)(R) **5.30** *Write Off This Episode:* Marge and Lisa launch a charity together. (S)(R)
6.00 **The Office (US)** 11/24. Andy finds a novel way to improve sales. (S)(R) **6.30** 12/24. Robert invites the staff to his house for one last party before his home goes up for sale. (S8) (S)(R)

9.00 Safe

7.00 The Simpsons *Homer's Adventure Through the Windshield Glass:* A magical friend reveals a secret truth to Homer. (S)(R) **7.30** *500 Keys:* Lisa finds a classroom hidden beneath Springfield Elementary. (S)(R)

8.00 A League of Their Own 7/8. Former Everton manager Sean Dyche, retired boxer Tony Bellew and comedian Alan Carr join the regulars on the sports-based comedy quiz. (R)

9.00 FILM **Safe** Action thriller starring Jason Statham. Suicidal ex-cop Luke Wright seizes a chance of redemption by becoming the protector of a 10-year-old Chinese maths prodigy who is being pursued across New York by both the Russian Mafia and the Chinese Triads. With Catherine Chan. (S) (2012, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **Last Week Tonight with John Oliver** Satirical talk show. (R)
11.45 **Veep** 7/10. Selina looks to strengthen her alliances. (S)(R) **12.25** AM 8/10. Selina takes Catherine to Camp David before Christmas. (S5) (S)(R)(AD)
1.00 **Road Wars** (R)
3.00 **NCIS: Los Angeles** (S13) (S)(R)
4.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.10pm Scotcast **11.40** FILM The Outfit (2022, 15, 100min) ★★★★ **1.20am** The Weakest Link **2.05** Weather for the Week Ahead **2.10-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
8.00-9.00pm Anna Haugh's Big Irish Food Tour **10.40** Panorama: Can Trump End the War in Ukraine? **11.10** Funboys **11.35** Have I Got News for You **12.05am** FILM The Outfit: As Scotland. **1.45-6.00am** BBC News

WALES
Sky 965, Virgin 864, Freesat 965
10.40pm Feast of Football **11.10** Have I Got News for You **11.40** FILM The Outfit: As Scotland. **1.20-6.00am** BBC News

BBC1 North/Yorkshire & Lincolnshire
Sky 954/955, Freesat 954/955
8.30-9.00pm Our Lives: Our Yorkshire Stately Home

BBC1 North East
Sky 952, Freesat 952
8.30-9.00pm Our Lives: The Seal Whisperer

BBC1 North West
Sky 953, Freesat 953
8.30-9.00pm Our Lives: The Lakes: Our Life on the Edge

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Séamus Mac Murchaidh: An Dráma

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cymry ar Gynfas **12.30** Heno **1.00** Hen Dy Newydd **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Cyfrinachau'r Llyfrgell **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bois y Pizza: Chwe' Gwlad **6.30** Rownd a Rownd **6.57** Newyddion **7.00** Heno **7.30** Newyddion a'r Tywydd **8.00** Y Byd ar Bedwar **8.25** Cegin Bryn: Yn Ffrainc **8.55** Newyddion a'r Tywydd **9.00** Ffermio **9.30** Sgorio **10.00** Troseddau Cymru Gyda Sian Lloyd **11.00-11.35pm** Codi Hwyl America

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 | 107/113 | 23 | 107 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Gladiators** 5/11. The daughter of a British boxing icon faces Comet.
7.55 **The Catch Up**
8.00 **Ghosts US** 1/22. Sam enlists the ghosts to secure a good review for the B&B. **8.20** 2/22. Sam hosts a podcast exploring the mystery surrounding Alberta's death. **8.40** 3/22. The ghosts think Jay's new friends could be part of a cult. (S2)
9.05 **The Apprentice** 4/12. The candidates are challenged to turn crops to cash.
10.05 **The Apprentice: You're Fired** 4/11. Tom Allen meets the latest fired candidate.
10.35 **Funboys** 2/4. Callum moves in with Lorcan. (S1)
11.00 **Man Like Mobeen** (S4)
11.50 **Boarders** 2/6. (S2)
12.35 AM **Dubai Hustle**
1.35 **Sky High Club: Scotland and Beyond**
2.35 **Hunting the Catfish Crime Gang** Documentary.
3.35 **to 4.00** AM **In Conversation: Rina Sawayama**

+1 hour 236/237 | 347 | 125

BBC4

116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Climbing Great Buildings** Jonathan Foyle scales Britain's most renowned structures, starting with Durham Cathedral.
7.30 **Who Do You Think You Are? USA** *Breaking Bad* star Bryan Cranston explores his paternal roots.
8.00 **The Romantics and Us with Simon Schama** 1/3. How Romantic artists created the secular icons of the modern democratic age.
9.00 **Stonehenge: The Lost Circle Revealed** A hidden secret of the bluestones of Stonehenge.
10.00 **Saving Venice** Exploring the impact of climate change on the Italian city.
11.30 **Eyewitness to History: Norma Percy** The film-maker looks back on her 1998 documentary series.
11.50 **Israel and the Arabs: Elusive Peace**
12.50 AM **Enchanted April: Screen Two** Drama.
2.30 **to 3.30** AM **The Romantics and Us...**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **Kirstie's House of Craft** Slogan banners.
9.15 **A Place in the Sun**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.05 PM **Car S.O.S**
2.05 **Four in a Bed** Five editions.
4.50 **Chateau DIY** Julia may have bitten off more than she can chew in putting on a Mad Hatter's tea party.
5.50 **Car S.O.S** Tim and Fuzz take on a 1980 Jaguar XJ-S V12. **6.55** The duo secretly work to restore a Fiat X1/9.
7.55 **Car S.O.S** Tim and Fuzz are out to help Darren, who was left disabled after a tragic road accident in which he saved his grandson, by fixing up his iconic 1989 VW Golf.
9.00 **Two Men on a Bike** New edition 2/4. David and Hugh cycle along the Garonne canal and discover the only Rembrandt that's not in a museum or a private collection, only yards off the cycle route.
10.00 **Wonders of the World I Can't See** 1/4. Blind comedian Chris McCausland explores some of the world's most iconic landmarks. Chris is joined by Harry Hill for a trip to the Acropolis in Athens.
11.05 **Emergency Helicopter Medics** Documentary.
1.15 AM **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Brooklyn Nine-Nine**
9.00 **Young Sheldon**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons**
7.00 **Hollyoaks** A revealed secret sends shockwaves through the village.
7.30 **Modern Family** 9/24. The Dunphys throw Luke a birthday party. (S1)
8.00 **The Simpsons** *The Strong Arms of the Ma:* Marge is mugged at the supermarket. **8.30** *Pray Anything:* Homer discovers the power of prayer.
9.00 **Married at First Sight UK: Reunion Special** New edition Fan favourites from the class of 2023 and 2024 reunite for a dinner.
10.35 **Gogglebox** Opinions on *The Crown* and *Naked Attraction*.
11.35 **First Dates**
12.35 AM **Married at First Sight UK: Reunion Special**
2.15 **Naked Attraction**
3.10 **Gogglebox**
4.05 **Abbott Elementary**
4.30 **Brooklyn Nine-Nine**
5.20 **to 6.00** AM **The Goldbergs**

+1 hour 235/236 | 306 | 30 | 123

Monday primetime primetime

MONDAY Entertainment

Monday

Sky Witness

107 807 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Motorway Patrol**
8.00 **Border Patrol**
9.00 **Send in the Dogs**
10.00 **Border Security: America's Front Line** Double bill.
11.00 **New Amsterdam** 1/13. (S5)
12.00 NOON **The Good Doctor** (S1)
1.00 PM **The Cleaning Lady** (S1)
2.00 **Chicago Fire** 1/22. Kidd and Severide's honeymoon is interrupted by a dangerous person from their past. (S11)
3.00 **Stop, Search, Seize**
4.00 **Nothing to Declare**

9.00 Blue Bloods

7 PM

7.00 **Nothing to Declare** A busload of illegal workers are detained. **7.30** An elderly man is questioned by officials.

8 PM

8.00 **FBI: Most Wanted** *Prophet:* 6/14. A cult leader orders the murder of his own family. (S1)

9 PM

9.00 **Blue Bloods** *USA Today:* 7/20. Danny and Baez's attempts to find who assaulted a shop owner are hindered. (S12)

10 PM

10.00 **Law & Order: Special Victims Unit** *Intersection:* 13/22. Fin gives Detective Bruno a tour of Manhattan SVU. (S24)
11.00 **The Rookie** 1/22. (S4)
12.00 M'T **Law & Order: Organized Crime** 10/22. (S2)
1.00 AM **FBI: Most Wanted** (S1)
2.00 **The Good Doctor** 15/18. (S1)
3.00 **The Rookie: Feds** 11/22. (S1)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 808 342 357

6.00 AM **Fish Town** Double bill.
8.00 **True Blood** 4&5/12. (S2)
10.10 **Billions** 11&12/12. (S6)
12.25 PM **Game of Thrones** (S4)
1.30 **Big Love** 9&10/10. (S3)
3.30 **True Blood** 4/12. Sookie and Bill try to find the leader of a vampire community in Dallas. **4.35** 5/12. Jason is rewarded for his hard work. (S2)
5.40 **Billions** 11/12. Prince's plan is put in jeopardy. **6.45** 12/12. Mike Prince takes his place on the Axe Capital throne. (S6)

9.00 The White Lotus

7.55 **Game of Thrones** *The Laws of Gods and Men:* 6/10. Tyrion's trial begins in the throne room and he is stunned by the identity of one of the witnesses. (S4)

9.00 **The White Lotus** New episode *Special Treatments:* 2/8. Comedy drama with Aimee Lou Wood and Walton Goggins. *See feature, page 7.* (S3)

10.15 **Homicide: Life on the Street** *And the Rockets' Dead Glare:* 7/9. A refugee is murdered. (S1)

11.15 **Gangs of London** 1/9. First episode of the drama starring Sope Dirisu and Joe Cole. (S1)
1.00 AM **The Last of Us** 3/9. (S1)
2.30 **The Gilded Age** 8/8. (S2)
3.30 **Watchmen** 2/9. (S1)
4.30 **Game of Thrones** As 7.55pm.
5.30 **to 6.00** AM **In Treatment**

+1 hour 208/209

Sky Max

113/114 813 111 346 361

6.00 AM **S.W.A.T.** 6&7/13. (S7)
8.00 **The Flash** 13/18. (S7)
9.00 **Stargate SG-1** 9&10/22. (S2)
11.00 **Supergirl** 4/20. (S1)
12.00 NOON **The Flash** 14/18. (S7)
1.00 PM **S.W.A.T.** 8&9/13. (S7)
3.00 **NCIS: Los Angeles** 9/22. (S13)
4.00 **Magnum P.I.** 7/20. Thomas and Higgins investigate the robbery of an elderly man. (S5)
5.00 **Supergirl** 3/20. The hero's powers are put to the test. (S1)
6.00 **Stargate SG-1** 9/22. A reporter jeopardises the undercover project. (S2)

8.00 A League of Their Own

7.00 **Stargate SG-1** *Bane:* 10/22. O'Neill and the team are attacked by giant insects while exploring a new planet. (S2)

8.00 **A League of Their Own** With former Everton manager Sean Dyche, retired boxer Tony Bellew and comedian Alan Carr.

9.00 **Hacks** 5/10. Ava encounters a group of former colleagues. **9.40** 6/10. Deborah and Ava have a unique bonding experience. (S1)

10.25 **Never Mind the Buzzcocks** With Sophie Willan, Susan Wokoma, AJ Tracey and Nelly Furtado.

11.20 **The Force: Manchester** Following the work of Greater Manchester Police.
12.25 AM **Road Wars** Triple bill.
3.00 **NCIS: Los Angeles** 9/22. The team help a US ambassador search for her daughter. (S13)
4.00 **Magnum P.I.** 7/20. Thomas investigates a robbery. (S5)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 816 115 6 113

6.00 AM **CITV**
9.00 **World's Funniest Videos**
10.00 **Secret Crush** Double bill.
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Supermarket Sweep**
3.00 **Charmed** 21/22. Phoebe's dead classmate returns. (S7)
4.00 **Gilmore Girls** 20/22. Liz returns to announce she is getting married in a week. (S4)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With guests Lucrezia Millarini, Judi Love and Ben Miller.

8.00 Ant & Dec's Limitless Win

7.00 **Deal or No Deal** Stephen Mulhern hosts the game show as contestant Paisley takes on the ruthless Banker.

8.00 **Ant & Dec's Limitless Win** First edition of the quiz show. Married NHS workers Will and Kathryn take on the challenge.

9.00 NEW SERIES **Hell's Kitchen** 1/16. Eighteen talented head chefs set out to impress acerbic chef Gordon Ramsay.

10.00 **Family Guy** 3/18. Brian leads a protest against a new superstore. (S5) **10.30** 6/30. Peter tries to prove he is a genius. (S4)
11.00 **Family Guy** 7/30. Brian is selected to appear on a TV dating show. With the guest voice of Jessica Biel. (S4)
11.30 **American Dad!** (S2&1)
12.35 AM **Bob's Burgers** (S11)
1.35 **Iain Stirling's CelebAbility**
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 117 10 115

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Inspector Morse**
10.35 **The Royal** *Starting Over.*
11.40 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
3.10 **Classic Coronation Street**
3.40 **Inspector Morse** *Greeks Bearing Gifts:* The sleuth investigates a double mystery.
5.55 **Heartbeat** *Bread and Circuses:* Merton tries to track down porcelain figures stolen during a crime spree in Whitby, while Bellamy falls in love.

10.00 Endeavour

6.55 **Heartbeat** *For Whom the Bell Tolls:* Tension mounts as explosives go missing just before the Defence Minister is due to arrive.

8.00 **Midsomer Murders** *A Sacred Trust:* Barnaby investigates the world of Midsomer Priory when a nun is found strangled, and uncovers a mystery involving holy orders, teenage liaisons and missing antique silver.

10.00 **Endeavour** *Harvest:* The discovery of a 2,000-year-old body provides fresh clues in a missing persons case.
12.00 M'T **Trial & Retribution** 1/2. The team investigate the death of a prostitute, who was also the daughter of a famous TV star murdered 12 years earlier. (S8)
1.40 AM **Never the Twain**
2.05 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 180 162 110

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: This Farming Life**
3.00 **Sign Zone: The Repair Shop on the Road**
3.45 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Our Lives: Trick Pony Club** Documentary.
8.00 **This Farming Life** New edition 6/12. Storms cause a lambing nightmare for Nick.
9.00 **Meet the Clan** The inauguration of the newly confirmed chief of Clan Buchanan.
10.00 **River City** New episode Mulvaney keeps Jonathon close to figure out if his amnesia is real.
10.30 **The Agency: Unfiltered** New edition 3/6. Erica gets upset.
11.00 **Scotcast** New edition Topical discussion.
11.30 PM **to 12.00** M'T **The Chief** 1/4. Comedy. (S1)

Sky Comedy

114/115 814 112 347 362

8.00 AM **Bored to Death**
9.15 **The Conners** (S4&5)
10.05 **Hung** 7&8/10. (S2)
11.20 **Eastbound & Down**
12.40 PM **Curb Your Enthusiasm** (S1)
2.00 **Hung** 7&8/10. (S2)
3.10 **Eastbound & Down**
4.25 **Bored to Death** (S2)
5.40 **The Office (US)** (S8)
6.40 **The Conners** (S4&5)
7.40 **Curb Your Enthusiasm** 6/10. Larry and Cheryl go out of their way to woo their neighbours. **8.20** 7/10. Larry damages Jeff's car. (S1)
9.00 **Last Week Tonight with John Oliver** New edition Talk show.
9.45 **Bill Maher: Is Anyone Else Seeing This?**
11.05 **Last Week Tonight with John Oliver** As 9.00pm.
11.50 **Veep** 7&8/10. (S5)
1.10 AM **Kevin Hart: Reality Check** Stand-up show.
2.20 **Eastbound & Down**
3.40 **to 5.00** AM **The Comeback**

Sky Arts

130/131 826 123 36 143 365

6.00 AM **HMS Pinafore with ENO** Stars Les Dennis.
8.00 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Landscape Artist of the Year 2021**
1.00 PM **Tales of the...**
2.00 **Lenny Henry's Got the Blues**
3.00 **Discovering**
4.00 **Landscape Artist 2021**
5.00 **Tales of the Unexpected**
6.00 **Artist of the Year: Masterclass** New editions Double bill.
7.00 **Alfred Hitchcock Hour**
8.00 **André Rieu: Songs from My Heart**
10.30 **André Rieu: My Musical Year**
11.30 **Rising Stars with Julian Lloyd Webber 2023**
12.30 AM **National Theatre Live: Othello**
3.15 **The Eighties**
4.15 **Sky Arts Book Club**
5.10 **to 6.00** AM **Video Killed the Radio Star**

Sky Mix

151 135 11 141

7.00 AM **Nothing to Declare**
9.00 **Bondi Rescue**
10.00 **The Force: Manchester**
11.00 **Highway Patrol**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Monkey Life**
3.00 **Nothing to Declare**
4.00 **Star Trek: The Next Generation** 10/26. (S7)
5.00 **Stargate SG-1** (S1)
6.00 **Stargate Atlantis** (S2)
7.00 **Star Trek: Voyager** *Hunters:* 15/26. Tuvok and Seven are captured by aliens. (S4)
8.00 **Hawaii Five-0** 7/25. (S8)
9.00 **SEAL Team** (S4)
11.00 **Britain's Most Evil Killers** Kenneth Regan and William Hornby.
12.00 M'T **Snapped**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 119 28 119

7.40 AM **Backyard Builds** New edition DIY series.
8.10 **Olivia Meets Her Match**
9.10 **Jimmy's Taste of Florida**
10.10 **Buying and Selling**
11.10 **The Real Housewives of Beverly Hills**
12.05 PM **Olivia Marries Her...**
1.05 **The Only Way Is Essex**
2.05 **Dinner Date**
3.10 **Scott's Vacation House Rules** New edition
4.05 **The Real Housewives of Beverly Hills**
5.00 **The Real Housewives of Atlanta** Reality series.
6.00 **Buying and Selling**
7.00 **Taste of Ireland**
8.00 **Dinner Date**
9.00 **Emergency Nurses: A&E Stories**
10.00 **The Real Housewives of Orange County**
11.00 **The Real Housewives Ultimate Girls' Trip**
12.00 M'T **The Only Way Is Essex** Reality series.
1.00 **to 1.30** AM **Backyard...**

+1 hour 319

GREAT! tv

157 170 50

8.00 AM **Diagnosis Murder**
9.00 **Return of the Saint**
10.00 **Father Dowling Mysteries** 10/22. (S3)
11.00 **Sue Thomas: F.B.Eye**
12.00 NOON **Hart to Hart**
2.00 PM **Father Dowling Mysteries** 15/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 9-12/24. (S1)
9.00 **Randall and Hopkirk (Deceased)** *It's Supposed to Be Thicker Than Water:* 22/26. A family reunion turns into a grim affair. (S1)
10.00 **The Avengers** *Epic:* 11/24. Mrs Peel is kidnapped by a movie producer. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S1)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 118 26 117

6.00 AM **Minder**
7.05 **The Sweeney**
8.10 **Robin of Sherwood**
9.20 **Magnum, PI**
10.20 **Kojak**
11.25 **BattleBots**
12.30 PM **Robin of Sherwood**
1.35 **Magnum, PI**
2.40 **Kojak**
3.45 **Minder**
4.50 **BattleBots** New edition The final Sin City Slugfest blasts off as eight contenders fight it out.
6.00 **Beat the Chasers** Contestants take on the six quiz experts.

9.00 Snowpiercer

7.00 **The Motorbike Show** Henry Cole rides through Sussex and celebrates the 40th anniversary of the Suzuki Katana.
8.00 **Monster Carp** Tom and Neil go head to head on an Italian job like no other as they do battle for a carp fishing trophy.
9.00 FILM **Snowpiercer** Bong Joon-ho's fantasy thriller with Chris Evans, Song Kang-ho, Tilda Swinton and Jamie Bell. In a snow-ravaged world, travellers fight for survival on a train that perpetually circumnavigates the globe. (2013, 15, 126min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.30 **Auf Wiedersehen, Pet** 11/13. Oz falls in love with a German. **12.30** AM 12/13. Dennis's wife Vera announces she is coming across to Germany. (S1)
1.30 **Two and a Half Men**
2.15 **Auto Mundial**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 1/26. (S4)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 16/26. (S6)
2.00 **Warehouse 13** 10/13. (S3)
3.00 **Stargate SG-1** 9/20. (S9)
4.00 **Star Trek: Voyager** (S2)
5.00 **Star Trek: Deep Space Nine**
6.00 **Star Trek: The Next Generation** 1/26. Part two of two. Riker faces a life-or-death decision. (S4)

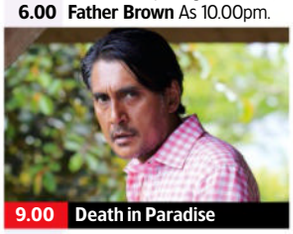
9.00 Grimm

7.00 **Warehouse 13** *Insatiable:* 10/13. Myka and Pete deal with a zombie plague spread by an unknown artefact. (S3)
8.00 **Stargate SG-1** *Prototype:* 9/20. The team stumble upon an abandoned Goa'uld-human hybrid and take it to Earth. (S9)
9.00 **Grimm** *Natural Born Wesen:* 14/22. Three Wesen commit a series of bank robberies. (S2)
10.00 **The Walking Dead** *30 Days Without an Accident:* 1/16. The survivors face new dangers as life starts to return to normal. (S4)
11.00 **SurrealEstate** 3/10. Susan tries to sell a house with a ghost that is looking for justice. **12.00** M'T 4/10. Luke spars with a homeowner during negotiations as Zooey takes on her first sales call. (S2)
1.00 AM **True Blood** 1&2/12. (S2)
3.00 **Chucky** 7/8. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 809 114 343 358

7.10 AM **Murdoch Mysteries** (S10)
9.00 **Father Brown**
10.00 **The Doctor Blake Mysteries**
11.00 **Hudson & Rex** 5/16. (S4)
12.00 NOON **The Mentalist** (S5)
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S10)
4.00 **The Doctor Blake Mysteries** 2/10. A rock 'n' roll star is found dead in an alleyway. (S2)
5.00 **Hudson & Rex** 5/16. A stock market guru's fortune is stolen, setting Charlie and Rex on the trail of a surprising thief. (S4)
6.00 **Father Brown** As 10.00pm.


9.00 Death in Paradise

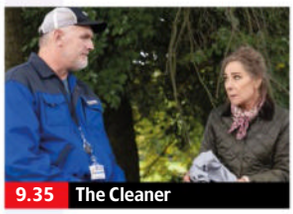
7.00 **The Mentalist** *Devil's Cherry:* 2/22. Jane meets a precocious young girl who claims to be his daughter Charlotte. (S5)
8.00 **White Collar** *Vested Interest:* 10/16. Peter and Neal stop a thief stealing defence technology from the FBI. (S4)
9.00 **Death in Paradise** *The Secret of the Flame Tree:* 2/8. A literary festival is rocked by the death of a literature student. (S6)
10.00 **Father Brown** *The Royal Visit:* The visit of Princess Margaret to Kembleford is jeopardised when a school caretaker is found dead.
11.00 **The Mentalist** As 7.00pm.
12.00 M'T **White Collar** As 8.00pm.
12.55 AM **Elementary** 1/24. The pilot episode of the Sherlock Holmes adventure. (S1)
1.55 **So Help Me Todd** 21/21. (S1)
2.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 810 124 344 359

7.00 AM **Only Fools and Horses**
9.20 **The Green Green Grass**
10.00 **Are You Being Served?**
10.40 **Porridge**
11.20 **Last of the Summer Wine**
12.40 PM **The Green Green Grass**
1.20 **The Good Life**
2.00 **Dad's Army**
2.40 **Porridge**
3.20 **Are You Being Served?**
4.00 **Last of the Summer Wine**
5.20 **The Green Green Grass**
6.00 **Are You Being Served?**
6.35 **Dad's Army**


9.35 The Cleaner

7.20 **Dad's Army** Pike borrows Mainwaring's new staff car to take his girlfriend Sylvia out to the cinema – but it breaks down.
8.00 **The Good Life** Margo persuades Jerry to buy her a spinning wheel.
8.40 **The Vicar of Dibley** A visit from David's dishy brother Simon sets Geraldine's pulse racing.
9.35 **The Cleaner** A gamekeeper is murdered in rural Wales.
10.15 **The Good Life** As 8pm.
10.55 **Ghosts** Mike and Alison prepare to welcome the very first guests to their new bijoux B&B.
11.35 **The Vicar of Dibley**
12.30 AM **Toast of London**
1.35 **Ghosts** Old friends of Mike check in to the guesthouse.
2.25 **Here We Go** Comedy focusing on the Jessop family.
2.55 **Avoidance**
3.25 **to 4.00** AM **Toast of London**

+1 hour 210/211 324

U&Dave

111/112 811 127 19 157

7.15 AM **Anthony Bourdain: Parts Unknown** From Sicily.
8.00 **Fast Justice** Double bill.
10.00 **American Pickers: Best Of**
12.00 NOON **Storage Hunters UK**
2.00 PM **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si and Dave explore the history of breakfast dishes.
6.00 **Rick Stein's Far Eastern Odyssey** Rick continues his culinary journey in Thailand, where he meets one of his food heroes David Thompson.

9.00 Modern Life is Goodish

7.00 **Would I Lie to You?** With Susan Calman, Carol Kirkwood, Richard Osman and David O'Doherty. **7 PM**
7.40 **Richard Osman's House of Games** With Sabrina Grant and Andy Hamilton. **8.20** With Michelle Collins, Reginald D Hunter, Joanne McNally and Bill Turnbull. **8 PM**
9.00 NEW SERIES **Dave Gorman: Modern Life is Goodish** 1/3. Modern life's follies. *See feature, page12.* ■ Entire series on U **9 PM**
10.00 **Will & Ralf Should Know Better** Will Mellor and Ralf Little push themselves to their limits on a mud assault course. **10 PM**
11.00 **Taskmaster** The celebrity contestants must fell rubber ducks and destroy a cake.
12.00 M'T **Mock the Week** With Maisie Adam and Ed Gamble.
12.40 AM **Would I Lie to You?**
2.00 **to 4.00** AM **Mel Giedroyc: Unforgivable**

+1 hour 211/212 327 74

4seven

137/138 143 49 127

9.00 AM **Four in a Bed**
9.30 **Sun, Sea and Selling Houses** Double bill.
11.30 **A Place in the Sun**
2.30 PM **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** Property series.
7.00 **A Place in the Sun**
7.45 **The Great Pottery Throw Down** The remaining five potters take on the quarter-final.
9.00 **24 Hours in A&E** A staff member is knocked off her mountain bike.
10.00 **Super Surgeons: A Chance at Life**
11.00 **Top Guns: Inside the RAF** Documentary.
12.05 AM **Celebrity Hunted**
1.05 **8 Out of 10 Cats Does Countdown**
2.05 **Go Back to Where You Came From**
3.10 **Our Welsh Chapel Dream** Property series.
4.05 **to 5.00** AM **Sarah Beeny's New Life in the Country**

5USA

141/169 120/162 21 129

9.00 AM **NCIS** (S10)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Homesick:* 11/24. Gibbs and the team investigate when an illness strikes children from military families. **7.00** *Kill Chain:* 12/24. A petty officer is killed by a stolen surveillance drone and the team links it to a terrorist. **8.00** *Double Back:* 13/24. In an effort to find the terrorist, the team track one of his cohorts using evidence from the drone attack. (S11) **9.00** New episode *Strange Invaders:* 6/10. A navy pilot's body is discovered with unusual wounds. (S21)
10.00 **Law & Order: Special Victims Unit** (S15&14)
1.55 AM **Criminal Minds**
2.50 **The Good Wife** (S1)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

8.00 AM **Rich Kids Go Skint**
9.00 **Bargain-Loving Brits in the Sun** Documentary.
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers** New edition Police crack a lost watch scam.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A toddler has a life-threatening condition.
9.00 **Ambulance: Code Red** A 60-year-old has been involved in a crash.
10.00 **Call the Bailiffs: Time to Pay Up**
11.00 **Skin A&E** Documentary.
12.00 M'T **A&E After Dark**
1.00 AM **Dexter** (S2)
3.00 **Home and Away**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 130 33 132

9.00 AM **Trucking Hell**
9.15 **Outback Truckers**
10.15 **Traffic Cops**
11.15 **Police Interceptors**
12.15 PM FILM **Destry** Western remake starring Audie Murphy. (1954, PG, 96min) ★★
2.15 FILM **Drums Across the River** Western starring Audie Murphy. (1954, PG, 75min) ★★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
7.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
8.00 **Police Interceptors**
9.00 FILM **End of Days** Action thriller starring Arnold Schwarzenegger. (1999, 18, 121min) ★★
11.25 **Extreme Tow Truckers**
12.25 AM **Ice Cold Catch**
1.25 **Police Interceptors**
2.25 **Trucking Hell**
3.25 **Car Pound Cops**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 827 125 25 156

6.10 AM **Inside the Ambulance**
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef USA** New edition The contestants must make a dish featuring at least two fermented foods.
8.00 **Inside the Ambulance**
9.00 **At Home with Katherine Ryan** New edition 3/4. Katherine appears on Vogue Williams' podcast. ■ Entire series on U
10.00 **Kathy Burke's All Woman** Documentary.
11.00 **Selena and Yolanda: The Secrets Between Them** 1/2. Documentary.
12.55 AM **Emma Willis: Delivering Babies**
1.55 **to 3.00** AM **Wedding Valley**

+1 hour 232/233 325

U&Drama

143 116 20 158

7.10 AM **All Creatures Great and Small**
8.00 **Doctors**
9.15 **Classic Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Eldorado**
3.15 **Bergerac**
4.20 **All Creatures Great and Small**
5.25 **The Upper Hand**
6.00 **As Time Goes By**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Brokenwood Mysteries** *The Killing Machine:* 3/4. A classic car enthusiast is found dead. (S3)
10.00 **New Tricks** *End of the Line:* The investigators reopen a 15-year-old strangling case.
11.20 **Bergerac**
12.20 AM **Annika**
2.35 **to 4.00** AM **Classic Holby City**

+1 hour 243 316 60

Really
142 128 17 145

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **The Yorkshire Auction House** New edition Angus Ashworth and his team perform house clearances and uncover hidden gems.
10.00 **Celebrity Yorkshire Auction House** Angus visits the homes of Owain Wyn Evans and Ann Widdecombe. **11.00** With Cheryl Baker and Syd Little.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 139 48 142

7.00 AM **The Chase**
10.00 **The Crystal Maze**
11.00 **Cash in the Attic**
12.00 NOON **Tenable**
1.00 PM **Family Fortunes**
3.00 **Catchphrase** Double bill of the game show.
4.00 **Blockbusters** Double bill of the quiz show.
5.00 **The Crystal Maze** Game show hosted by Richard O'Brien.
6.00 **Cash Trapped** Quiz hosted by Bradley Walsh.
7.00 **Tenable** Warwick Davis hosts as five friends from Hertfordshire join forces to tackle the quiz.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Tenable** As 7.00pm.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Weakest Link** Quiz.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Tenable** As 7.00pm.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 426 42

8.00 AM **Wild West Chronicles** Double bill.
9.00 **FILM Gung Ho!** World War Two drama. (1943, b/w, PG, 88min) ★★★
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM The Last Days of Frank and Jesse James** Western. (1985, PG, 99min) ★★★★
3.15 **FILM Silverado** Western with Kevin Kline. (1985, PG, 132min) ★★★
6.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers**
9.00 **FILM The Double** Thriller. (2011, 12, 94min) ★★
11.10 **FILM Swelter** Drama. (2013, 15, 96min) ★★
1.20 AM **FILM Shockwave: Countdown to Disaster** Thriller with Rib Hillis. (2017, 15, 99min) ★★
3.10 **to 5.00** AM **Wild West Chronicles**
+1hour 324

GREAT! movies
321 425 34

9.00 AM **FILM Lethal Beauty** Thriller with Haley Webb. (2018, 12, 90min) ★★
10.55 **FILM The Twin** Thriller. (2017, 12, 86min) ★★
1.00 PM **FILM Eve of Abduction** Thriller. (2018, 12, 90min) ★★
3.00 **FILM Dying for the Crown** Suspense thriller. (2018, PG, 89min) ★★
5.00 **Lost Letter Mysteries: Family Reunited**
7.00 **Perception** Double bill.
9.00 **FILM The Frozen Ground** Crime thriller starring Nicolas Cage. (2013, 15, 105min) ★★★
11.15 **FILM Battle: Los Angeles** Adventure. (2011, 12, 116min) ★★★
1.55 AM **FILM Witness Unprotected** Thriller. (2018, 15, 90min) ★★
4.00 **to 6.00** AM **FILM Secrets at the Lake** Mystery thriller. (2019, PG, 86min) ★★★
+1hour 322

GREAT! romance
319 424 52

8.10 AM **FILM One Winter Weekend** Drama. (2018, U, 84min) ★★
10.05 **FILM Love on Iceland** Romantic comedy. (2020, U, 84min) ★★
12.10 PM **FILM Rome in Love** Drama. (2019, PG) ★★
2.00 **FILM Royally Ever After** Romantic comedy. (2018, PG, 90min) ★★
3.55 **FILM Valentine in the Vineyard** Drama. (2019, PG, 95min) ★★
6.00 **FILM I Do, I Do, I Do** Romantic fantasy. (2015, PG, 90min) ★★
8.00 **FILM My Boss's Wedding** Drama. (2021, PG, 85min) ★★
10.00 **FILM Love, Once and Always** Romance. (2018, PG, 90min) ★★
11.55 **FILM Love's Second Chance** (2020, PG) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Love, For Real** (2021, PG) ★★
+1hour 320 63

Rewind TV
182 95

6.00 AM **Highlights**
9.00 **Stereo Underground**
10.00 **Time After Time** (S2)
10.30 **Watching** 7/7. (S7)
11.00 **Diff'rent Strokes** (S1)
11.30 **I Dream of Jeannie** (S1)
12.00 NOON **Shine on Harvey Moon** 8/8. (S4)
1.00 PM **Jason King** (S1)
2.00 **Born Free** 9/13. (S1)
3.00 **World in Action**
4.00 **Stereo Underground**
5.00 **Diff'rent Strokes** (S1)
5.30 **Watching** 7/7. (S7)
6.00 **I Dream of Jeannie** (S1)
6.30 **Married... with Children**
7.00 **Fantasy Island** (S1)
8.00 **Born Free** 9/13. (S1)
9.00 **Jason King** 7/26. (S1)
10.00 **Married... with Children**
10.30 **Drop the Dead Donkey**
11.00 **The Mrs Merton Show**
11.35 **Hammer House of Horror** 13/13. (S1)
12.35 AM **Shine on Harvey...**
1.35 **World in Action**
2.35 **Monkey** 9/26. (S1)
3.30 **to 6.00** AM **Highlights**

DMAX
159 169 39 147

6.00 AM **Alaska: The Last Frontier** Double bill.
8.00 **Outback Opal Hunters**
9.00 **Deadliest Catch**
11.00 **Alaska: Homestead Rescue** Documentary.
1.00 PM **Aussie Gold Hunters**
3.00 **Gem Hunters Down Under** Double bill.
5.00 **Alaskan Bush People**
7.00 **Deadliest Catch** The crab fishermen brave the treacherous waves of the Bering Sea.
9.00 **Naked and Afraid XL** Bulent migrates to Seth's watering hole.
10.00 **Naked and Afraid: Alone** In the Bulgarian mountains, wolves and boars stalk all-star survivalist EJ Synder.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1hour 259 369 153

Food Network
140/141 190 43 148

6.00 AM **James Martin's French Adventure**
7.00 **The Pioneer Woman**
9.00 **Be My Guest with Ina Garten** Double bill.
10.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **Rick Stein's Fruits of the Sea** Double bill.
2.00 **James Martin's Brittany**
3.00 **The Pioneer Woman**
5.00 **Be My Guest with Ina Garten** New editions Sour cream coffee cake. **5.30** Raspberry muffins.
6.00 **Barefoot Contessa: Back to Basics**
7.00 **Great British Bake Off**
9.00 **Rick Stein's Fruits of the Sea** Double bill.
10.00 **James Martin's Brittany**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**
+1hour 240/241 154

Legend
148 149 41 137

8.00 AM **Walker, Texas Ranger** 5/26. (S3)
9.00 **Six Million Dollar Man**
10.00 **T.J. Hooker** 2/23. (S4)
11.00 **FILM Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
1.00 PM **FILM Wild Horses** Contemporary Western. (1985, PG, 95min) ★★
3.00 **FILM The Gambler** Musical drama. (1980, PG, 95min) ★★★
5.00 **Star Trek** 29/30. (S1)
6.00 **T.J. Hooker** 3/23. (S4)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM The Hard Way** Action comedy. (1991, 15, 111min) ★★★
11.10 **FILM Eye of the Tiger** Thriller with Gary Busey. (1986, 18, 90min) ★★
1.00 AM **FILM Air America** Action comedy. (1990, 15, 112min) ★★★
3.10 **to 5.00** AM **FILM Howl** Horror with Ed Speleers. (2015, 18, 89min) ★★

Legend Xtra
317 171 69 138

6.00 AM **FILM Mega Shark vs Kolossus** As 5.00pm.
8.00 **FILM Against a Crooked Sky** Western. (1976, PG, 85min) ★★
10.00 **Farscape** 6/22. (S2)
11.00 **FILM The Curse of the Werewolf** Horror chiller. (1961, 12, 92min) ★★★
1.00 PM **FILM Night of the Big Heat** Sci-fi chiller. (1967, 18, 94min) ★
3.00 **Farscape** 6/22. (S2)
4.00 **Star Trek** 7/26. (S2)
5.00 **FILM Mega Shark vs Kolossus** Fantasy thriller. (2015, 12, 90min) ★
7.00 **Farscape** 7/22. (S2)
8.00 **Star Trek** 8/26. (S2)
9.00 **FILM Commandos** Wartime adventure starring Lee Van Cleef. (1968, 18, 112min) ★★
11.00 **FILM The Internecine Project** Spy thriller. (1974, 15, 89min) ★
1.00 **to 3.00** AM **FILM Commandos** (1968)
+1hour 318 371 139

Blaze
164 174 64 161

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Auction Hunters**
7.55 **Storage Wars: Texas**
8.55 **Hardcore Pawn**
10.15 **Alien Files Reopened**
11.10 **Weird or What? With William Shatner**
12.10 PM **World's Most Unexplained...**
1.05 **Mega Disasters**
2.05 **Pawn Stars**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **Alien Files Reopened**
7.00 **Pawn Stars**
8.00 **Dickinson's Real Deal**
9.00 **The Curse of Oak Island**
10.00 **Secrets in the Ice**
11.00 **Secrets in the Jungle**
12.00 M'T **Deadman's Curse**
1.00 AM **Alien Files Reopened** Documentary.
2.00 **Weird or What?...**
3.00 **Hardcore Pawn**
3.25 **Rust Valley Restorers**
4.10 **to 6.00** AM **Ancient Aliens**

5SELECT
153 138 46 133

9.00 AM **World's Most Scenic Railway Journeys**
10.00 **Jersey and Guernsey**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.35 **Walking Wartime Britain** From Liverpool.
6.00 **World's Most Scenic Railway Journeys** Cameras focus on the island of Taiwan.
7.00 **Ben Fogle: New Lives in the Wild** Double bill
9.00 **Susan Calman's Grand Day Out** Susan explores Nottinghamshire.
10.00 **Holidaying with Jane McDonald: Florida** The singer sets off on another US adventure.
11.00 **Prisoner: Cell Block H**
1.05 AM **Bargain-Loving Brits in the Sun**
3.00 **Jersey and Guernsey**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 191 44 149

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **A Place in the Sun**
3.00 **Escape to the Country**
5.00 **A Place in the Sun**
8.00 **Escape to the Country**
9.00 **Unsellable Houses** New edition Lyndsay Lamb and Leslie Davis transform a remote cabin in the woods.
10.00 **Celebrity IOU** New edition Actor Anna Faris surprises her best friend with an electic kitchen and dining space.
11.00 **Flip or Flop** A large property in Ontario. **11.30** A 1920s bungalow.
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Home Town**
3.00 **to 4.00** AM **My Lottery Dream Home**
+1hour 258/262 391

TLC
133/134 828 165

7.00 AM **Extreme Cheapskates**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress: Atlanta** Four editions.
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple...**
1.00 PM **sMothered**
2.00 **Return to Amish**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **7 Little Johnstons**
8.00 **The Family Chantel**
9.00 **Baylen Out Loud** New edition
10.00 **I am Shauna Rae**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Cheapskates**
2.00 **I am Shauna Rae**
3.00 **Sex Sent Me to the ER**
4.00 **The Family Chantel**
5.00 **to 6.00** AM **Extreme Cheapskates**
+1hour 233/234 365

Comedy Central
112/113 812 132 345 360

8.00 AM **Most Ridiculous**
9.00 **Guessable? Christmas Special** With Kemah Bob and Roisin Conaty.
10.00 **Home Improvement**
12.00 NOON **Last Man Standing** 1&2/18. (S2)
1.00 PM **Friends** (S6&7)
9.00 **Michael McIntyre: Showtime** Stand-up from The O2 in London.
10.00 **Utopia** New episodes 3/8. Tony is forced to investigate the feasibility of a very fast train. **10.35** 4/8. A developer decides he wants to double the height of his apartments. (S1)
11.10 **Comedy Central Live**
12.10 AM **Your Face or Mine**
1.10 **Whose Line Is It Anyway? USA**
2.10 **Beavis and Butt-Head**
3.05 **Jonathan Pie: Back to the Studio** Stand-up.
4.15 **to 5.00** AM **Friends**
+1hour 212/213 332

Comedy Cen. Extra
127/128 154

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Impractical Jokers**
10.00 **Becker** 8&9/24. (S2)
11.00 **Friends** 4-7/24. (S5)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.00 **Whose Line Is It Anyway? USA**
4.00 **Guessable? Christmas Special** Featuring James Acaster, Roisin Conaty, Kemah Bob and Gyles Brandreth.
5.00 **Becker** 8&9/24. (S2)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **Out of Order**
10.00 **Friends** 19-24/25. (S6)
1.00 AM **The Ren & Stimpy Show** 5&6/10. (S3)
2.00 **Key & Peele**
3.00 **Ugly Americans** (S1)
3.45 **Guessable?**
4.30 **The Alasdair Beckett-King Mysteries**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Celebrity Four Weddings** Reality series.
9.00 **Four Weddings**
10.00 **Highway Patrol**
11.00 **Border Patrol**
12.00 NOON **The Rookie** (S4)
2.00 PM **Motorway Patrol**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **Air Ambulance ER**
6.00 **Highway Cops**
7.00 **MacGyver** 5&6/13. (S4)
9.00 **The Force: North East**
11.00 **Road Wars** Simon and Conrad get a surprise while working the graveyard shift in Reading.
12.00 M'T **The Russell Howard Hour**
2.00 AM **A League of Their Own US Road Trip**
3.00 **Duck Quacks Don't Echo** With Noel Fielding.
4.00 **Celebrity Four Weddings** Reality series.
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 824 134

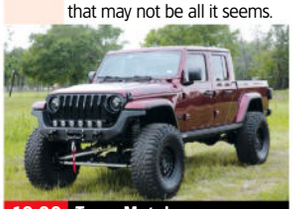
6.00 AM **The Hills**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
2.00 PM **Catfish: Scammed**
3.00 **Catfish: Catch of the Day** Reality series.
4.00 **Catfish: Repeat Offenders** Vonni has fallen for online sweet-talker Andrew.
5.00 **Catfish: Scammed**
6.00 **Catfish: The TV Show**
7.00 **Teen Mom: The Next Chapter** Double bill.
9.00 **True Life Crime UK**
10.00 **Skin A&E** Dr Emma McMullen operates on a strange pectoral lipoma.
11.00 **Ink Master**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Carly Aquilino test out some 'new moves'.
12.30 AM **Ridiculousness**
1.00 **Ink Master** Double bill.
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **How Do They Do It?**
7.00 **Building Off the Grid**
9.00 **Kindig Customs** Double bill.
11.00 **Wheeler Dealers: Dream Car**
1.00 PM **Alaska: Homestead Rescue** Double bill of editions.
3.00 **Gold Divers** Nome is hit by a catastrophic storm. **4.00** Shawn hunts for a new spot as the fleet try to pick up the pieces after the storm.
5.00 **Deadliest Catch**
6.00 **Wheeler Dealers** Mike finds a rare Land Rover Series 1 that may not be all it seems.



10.00 Texas Metal

7.00 **Salvage Hunters** Drew Pritchard hunts for items at a remote salvage yard in Bournemouth and visits an exclusive B&B.

8.00 **Kindig Customs** Dave takes his futuristic theme into the dash and interior of Kevin Hart's Challenger.

9.00 **Mega Shippers** A heavy lift vessel takes onboard an oil rig, and fog keeps one of the world's biggest aeroplanes grounded.

10.00 **Texas Metal** New edition Bill transforms a smashed 2022 Jeep Gladiator, and Ekstensive show off a Polaris Ranger XP 1000.

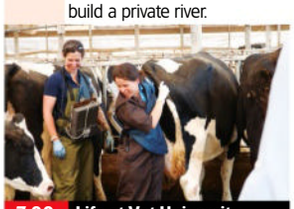
11.00 **Expedition X** Phil and Heather journey into the Everglades on the hunt for the Skunk Ape.
12.00 M'T **Street Outlaws: Memphis** JJ challenges the racers to race on asphalt in Las Vegas.
1.00 AM **Mega Shippers**
2.00 **Texas Metal** Double bill.
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 178

8.00 AM **Insane Pools: Off the Deep End** Eco-friendly pools.
9.00 **Life at Vet University**
10.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Insane Pools: Off the Deep End** A palatial pool.
1.00 PM **Life at Vet University**
2.00 **Animal Cribs**
3.00 **Life at Vet University**
4.00 **Pit Bulls & Parolees**
5.00 **Alaska: Homestead Rescue**
6.00 **Insane Pools: Off the Deep End** Lucas and his crew build a private river.



7.00 Life at Vet University

7.00 **Life at Vet University** Graduation is around the corner – but the trainees still have much to prove.

8.00 **Great White Appetite** New information that could reveal the secrets of great white sharks.

9.00 **Deadliest Sharks** A look into whether oceanic white tip sharks deserve their reputation as the world's deadliest sharks.

10.00 **Alaskan Bush People** The Wolfpack brace for a wildfire that threatens completion of the barn, while Ami and Billy return.

11.00 **Coyote Peterson: Brave the Wild** Double bill of editions.
12.00 M'T **Tanked** Wilmer Valderrama requests an angular aquarium.
1.00 AM **Alaskan Bush People**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Insane Pools: Off the Deep End**

+1 hour 262/275 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation**
10.00 **World War II: Secrets from Above** Documentary.
11.00 **Ice Road Rescue**
12.00 NOON **Car S.O.S**
1.00 PM **Mysterious Islands**
2.00 **Air Crash Investigation**
3.00 **Battle for the Black Swan: Drain the Oceans**
4.00 **Nazi Megastructures**
5.00 **Car S.O.S** Restoring a 1984 Opel Manta GTE owned by a former amateur rally driver. **6.00** A 1974 Mk 1 Ford Capri.

10.00 Hitler's Last Stand

7.00 **Air Crash Investigation** Investigators figure out a fatal assumption and a deadly decision led to an Illinois turboprop's crash.

8.00 **UFOs: Investigating the Unknown** Series finale Citizen scientists and private groups amplify the search for answers.

9.00 **Air Crash Investigation** New edition A cargo flight from Edinburgh loses both engines just moments after take-off.

10.00 **NEW SERIES Hitler's Last Stand: Fight to the Finish** Three missions in World War Two that put Allied soldiers to the test.

11.00 **Air Crash Investigation**
12.00 M'T **Mutant Weather**
1.00 AM **Plane Crash Recreated**
2.00 **Lords of War** The team evaluate a medieval lance.
2.30 **Bid & Destroy**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **American Pickers**
6.50 **River Hunters**
7.45 **Flipping Bangers**
8.45 **Forged in Fire**
9.35 **Storage Wars** Five editions.
12.00 NOON **Mountain Men**
1.00 PM **Flipping Bangers**
2.00 **Combat Machines**
4.00 **Digging for Britain**
5.00 **Pawn Stars** A prop from *Back to the Future Part II* arrives. **5.30** A seller drums up excitement for his Led Zeppelin vinyl albums.
6.00 **American Pickers**

9.00 Mayhem! The Secret...

7.00 **Forged in Fire** Two smiths head back to their home forges to recreate a unique utilitarian tool, the Russian Pioneer sword.

8.00 **History's Greatest Aircraft** New edition The Yakovlev Yak-3, a World War Two Soviet fighter regarded for its agility.

9.00 **Mayhem! The Secret Lives of the Georgian Kings** Series finale A look back at the 10-year reign of George IV.

10.00 **Secrets in the Ice** New edition The history of the woolly mammoth, revealing adaptations that helped the species evolve.

11.00 **The UnXplained with William Shatner** New edition The disappearance of aviation pioneer Amelia Earhart.
12.00 M'T **Pawn Stars** Double bill.
1.00 AM **Flipping Bangers**
2.00 **The Lost Women Spies**
3.10 **History's Greatest Aircraft**
4.10 **to 6.00** AM **Storage Wars**

+1 hour 223/224 331

U&Yesterday

155 846 129 27 159

6.10 AM **Antiques Roadshow**
8.00 **Rise of the Nazis: Dictators at War** Documentary.
9.00 **Churchill's Bid to Abolish Britain** Documentary.
10.00 **The Architecture the Railways Built** Double bill.
12.00 NOON **Caribbean with Simon Reeve** From Barbados.
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash** Double bill.
4.00 **Rise of the Nazis: Dictators at War** Documentary.
5.00 **WW2: Battles for Europe**
6.00 **Antiques Roadshow**

9.00 Villages by the Sea

7.00 **How Britain Worked** Guy Martin attempts to return the resort of Llandudno to its former Victorian glory.

8.00 **Simon Reeve's South America** The adventurer travels to the vast white salt flats of Bolivia through Brazil's Pantanal.

9.00 **Villages by the Sea** Ben Robinson heads to Arnside in Cumbria. **9.30** Ben pays a visit to Charlestown in Cornwall.

10.00 **Bangers & Cash** Dave heads to Wales to bag a Sierra Cosworth, a sought-after car in the bidding market.

11.00 **Abandoned Engineering** Exploring Air Studios on the island of Montserrat.
12.00 M'T **Caribbean with Simon Reeve** The presenter visits Barbados, St Vincent, Venezuela and Colombia.
1.00 **to 3.00** AM **Classic Car Garage**

+1 hour 255 329

Monday

7 PM 8 PM 9 PM 10 PM

Quest

144 834 137 12 150 144

6.00 AM **Chasing Classic Cars**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **The Repair Shop** Triple bill.
3.00 PM **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **The Repair Shop**
8.00 **Outback Truckers** New editions Alicia Waddingham transports a hazardous load on heavily corrugated roads. **9.00** Jim Foody transports critical medical supplies through flood-ravaged roads
10.00 **Salvage Hunters: Classic Cars** A Jensen Interceptor Mark II.
11.00 **MotoGP on Quest: The Launch**
11.30 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 151

Quest Red

149 168 40 146

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Say Yes to the Dress: Lancashire**
8.00 **Curvy Brides Boutique**
9.00 **Say Yes to the Dress**
10.00 **FBI Files** Documentary.
11.00 **Forensic Detectives**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **American Detective**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Fred Talbot.
4.00 **American Monster**
6.00 **People Magazine Investigates**
7.00 **The Killer in My Family**
8.00 **Murder on CCTV**
9.00 **On the Case with Paula Zahn** New editions
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** True-crime.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **See No Evil** Hufracio Arteaga is found stabbed to death in his Michigan City office.
8.00 **Secrets of a Murder Detective** Investigating the 2015 murders of Sian Blake and her sons.
9.00 **Forensic Factor** New edition A detailed look at the investigation into a high-profile crime.
10.00 **A Secret to Die For** New edition Sex, secrets, sports cars and money turn out to be a recipe for murder. When the truth is uncovered, a mountain of lies comes crashing down.
11.00 **Evidence of Evil**
12.00 M'T **48 Hours**
1.00 AM **Forensic Factor**
2.00 **A Secret to Die For**
3.00 **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 172 68 134

9.00 AM **48 Hours**
11.00 **Medical Detectives**
2.00 PM **48 Hours**
4.00 **Medical Detectives** A family all come down with an illness, except the vegetarian son. **4.30** Investigators believe a sinister blood trail will lead them to a missing woman. **5.00** Meteorological explanations for fog on the deadliest highway in America. **5.30** A girl's parents are charged with her murder. **6.00** The case of a boy who ate a burger containing E-coli bacteria. **6.30** Police use laser technology to detect the origin of an anonymous letter.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 820 121 349 364

6.00 AM **Highway Cops**
7.00 **The Force: Manchester**
8.00 **Road Wars**
9.00 **Nothing to Declare**
10.00 **Send in the Dogs**
11.00 **Catching the Killer**
12.00 NOON **How I Caught...**
1.00 PM **Killer in My Village**
2.00 **Murders That Shocked the Nation** John Straffen.
3.00 **Most Evil Killers**
5.00 **Catching the Killer**
6.00 **How I Caught the Killer**
7.00 **Most Evil Killers**
9.00 **I'll Be Gone in the Dark**
10.10 **Killer in My Village**
11.05 **Catching the Killer**
12.00 M'T **World's Most Evil...**
1.00 AM **How I Caught the Killer** True-crime.
2.00 **World's Most Evil Killers** New edition The crimes of Westley Allan Dodd.
3.00 **Snapped** Documentary.
4.00 **UK Border Force**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 187 84 155

8.00 AM **Ancient Secrets of Althorp with Charles Spencer**
9.15 **Heroes of the Somme**
10.35 **King Arthur's Britain: The Truth Unearthed**
11.50 **Her War, Her Story: World War II**
1.00 PM **Ancient Secrets of Althorp with Charles Spencer**
2.05 **Heroes of the Somme**
3.25 **King Arthur's Britain: The Truth Unearthed**
4.40 **Her War, Her Story: World War II**
5.55 **Ancient Secrets of Althorp with Charles Spencer**
6.55 **Heroes of the Somme**
8.15 **King Arthur's Britain: The Truth Unearthed**
9.30 **Her War, Her Story: World War II**
10.45 **Heroes of the Somme**
12.00 M'T **King Arthur's Britain: The Truth...**
1.20 **to 2.00** AM **Grand Tours of Scotland**

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD EE HD

Sky Documentaries

121/122 819 188 352 367

6.00 AM **The Movies**
7.00 **Discovering Tommy Lee Jones**
8.00 **The Directors**
9.00 **The 2000s**
10.00 **Dark Horses: Italy's World Cup Triumph** 1/4. Documentary.
11.00 **Saviour Complex**
12.00 NOON **1972: Munich's Black September** Documentary.
2.00 PM **The Man Who Stole The Scream** Documentary.
4.00 **The Directors**
5.00 **Discovering Tommy Lee Jones**
6.00 **The 2000s**
7.00 **Stax: Soulsville USA** 1/4. Documentary about the soul music record label. **8.05** 2/4. The label gains traction in the white market.
9.00 **George Carlin's American Dream** 1&2/2. A look at the life and work of the legendary stand-up comic.
1.15 AM **Albert Brooks: Defending My Life** A profile of the actor.
3.00 **Wework: How to Lose $30b in Two Weeks** Documentary.
5.00 **to 6.00** AM **Discovering Tommy Lee Jones**

Sky Nature

124/125 822 189 354 369

6.00 AM **The Wild Wild East**
7.00 **Monkey Life**
8.00 **Undiscovered Vistas**
9.00 **Amazing Animal Friends**
10.00 **A Wild Year on Earth**
11.00 **Wildlife ER**
12.00 NOON **Uptown Otters**
1.00 PM **Monkey Life**
2.00 **Undiscovered Vistas**
3.00 **Amazing Animal Friends**
4.00 **A Wild Year on Earth**
5.00 **Beasts of the Big Blue**
6.00 **Uptown Otters**
7.00 **Monkey Life** Double bill.
8.00 **Wild Battlegrounds** A look at the challenges faced by animals living in hot locations.
9.00 **Wild Survivors** The dry season arrives in the Luangwa Valley.
10.00 **Uptown Otters**
11.00 **Beasts of the Big Blue**
12.00 M'T **Wildlife ER**
1.00 AM **Arctic Secrets**
2.00 **Wild Battlegrounds**
3.00 **Wild Survivors**
4.00 **Undiscovered Vistas**
5.00 **to 6.00** AM **Amazing Animal Friends**

Sky History 2

163/168 840 186

6.00 AM **Ancient Aliens**
8.00 **History's Greatest Mysteries**
9.00 **Battle 360**
10.00 **What on Earth?**
11.00 **Ancient Aliens**
1.00 PM **River Hunters**
2.00 **Weird Britain**
3.00 **Clash of the Gods**
4.00 **Battle 360**
5.00 **The Proof Is Out There**
6.00 **What on Earth?**
7.00 **UFO Hunters** Two men who claim to have had contact with extraterrestrials.
8.00 **Greatest Prison Escapes with Billy Hayes** A look at the exploits of a group of prisoners known as the Texas 7.
9.00 **The Nostradamus Effect** A manuscript allegedly written by Nostradamus's son.
10.00 **History's Greatest Mysteries**
11.00 **Royal Autopsy**
12.00 M'T **Ancient Aliens**
2.00 AM **River Hunters**
3.00 **Weird Britain**
4.00 **UFO Hunters**
5.00 **to 6.00** AM **The Proof Is Out There**

Crime+Investigation

156 837 133

6.00 AM **Homicide: Hours to Kill**
7.00 **Homicide Hunter**
8.00 **The First 48**
9.00 **Meet, Marry, Murder**
10.00 **Murder By Medic**
11.00 **Imperfect Murder**
12.00 NOON **Buried in the Backyard**
1.00 PM **Somebody's Hiding...**
2.00 **Murder Masterminds**
3.00 **Killer Britain with Dermot Murnaghan** Harry Jarvis.
4.00 **Meet, Marry, Murder**
5.00 **On the Case with Paula Zahn**
6.00 **Homicide: Hours to Kill**
7.00 **The First 48**
8.00 **Murder By Medic** New edition
9.00 **Cops Gone Bad with Will Mellor** New edition A look at the crimes of Lewis Edwards.
10.00 **Crimes That Shook Britain**
11.00 **Homicide Hunter**
12.00 M'T **Buried in the Backyard**
1.00 AM **Cops Gone Bad with...**
2.00 **Crimes That Shook Britain**
3.00 **Somebody's Hiding Something**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 841 182

8.00 AM **Yukon Vet**
9.00 **Shark Men**
10.00 **Alaska Fish Wars**
11.00 **World's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Chimp School**
3.00 **Critter Fixers: Country Vets**
4.00 **Secrets of the Zoo: Tampa**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** A bad-tempered tiger arrives.
8.00 **Wild India** David Attenborough heads to the Marusthali area in north-west India.
9.00 **Shadow Cats** The hunting techniques of servals, caracals and black-footed cats.
10.00 **Ten Deadliest Snakes with Nigel Marven** The most poisonous snakes in Mexico.
11.00 **Ice Road Rescue**
12.00 M'T **When Sharks Attack 360**
1.00 AM **World's Deadliest**
2.00 **Yukon Vet**
3.00 **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 181

7.00 AM **Concorde: Anatomy of a Disaster** As shown at 8.00pm.
8.00 **Extreme Engineering**
9.00 **Combat Dealers: Reloaded**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Missing**
5.00 **Mysteries at the Museum**
7.00 **Expedition Bigfoot**
8.00 **Concorde: Anatomy of a Disaster** An investigation into the causes of the plane crash in France on 25 July 2000, which killed 113 people, featuring interviews with pilots and crew.
9.00 **Combat Dealers** Bruce purchases a World War Two army uniform for £40,000 when hunting for paratrooper gear.
10.00 **Shed and Buried**
11.00 **Blowing Up History**
1.00 AM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 176 57 160

9.00 AM **999 Rescue Squad**
1.00 PM **999 Rescue Squad**
5.00 **The Bill** *Make My Day:* Burnside's informant provides him with interesting information. **5.30** *Provocation:* Dashwood investigates a number of robberies made on building sites. **6.00** *Overspend:* Brownlow's new way of saving money leaves CID without transport. **6.30** *Between Friends:* Brownlow is invited to join a golf club but is furious as his clubs have gone missing.
7.00 **Pointless** Double bill.
9.00 **Dancing on the Edge** 3/5. Louis tells the police he saw Julian on the night of Jessie's attack and Stanley engineers a fitting revenge after the band are unsettled by a group of racist Germans. (S1)
10.25 **The Bill** Four episodes.
12.25 AM **Pointless** Double bill.
2.25 **Great British Railway Journeys**
2.55 **999 Rescue Squad**
5.25 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 166

8.00 AM **Home Sweet Homicide**
9.00 **Married with Secrets**
11.00 **Forbidden: Dying for Love**
1.00 PM **I Am Homicide**
3.00 **A Crime to Remember**
5.00 **Evil Stepmothers**
7.00 **Southern Fried Homicide** The case of Marie Hilley, who killed her husband Frank with arsenic so she could collect on an insurance policy. **8.00** The case of millionaire Nashville attorney Jim Cannon, who was strangled by wife and mother-of-three Kelley, with whom he was in the throes of a bitter divorce.
9.00 **Steven Avery: Innocent or Guilty?** An investigation into the controversial case featured in *Making a Murderer*.
10.00 **Hell House**
11.00 **Dead on Arrival**
12.00 M'T **People Magazine Investigates** Double bill.
2.00 AM **Evil Stepmothers**
4.00 **to 6.00** AM **Southern Fried Homicide**

+1 hour 254 366

Discovery Turbo

161/172 180

6.00 AM **World's Greatest Motorcycle Rides**
7.00 **Kindig Customs**
8.00 **Iron Resurrection**
9.00 **Roadworthy Rescues**
10.00 **Motor Pickers**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **Richard Hammond's Workshop** Richard helps a friend fulfil a childhood dream.
1.00 PM **Extreme RVs**
2.00 **Wheeler Dealers**
3.00 **Motor Pickers**
4.00 **Lucky!**
5.00 **Roadworthy Rescues**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Richard Hammond's Workshop**
8.00 **Lucky!** Bernie Ecclestone finally bows out in style.
9.00 **Shed and Buried: Classic Cars**
10.00 **Motor Pickers**
11.00 **Shed and Buried**
12.00 M'T **Lucky!**
1.00 AM **Iron Resurrection**
2.00 **Fast N' Loud**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

+1 hour 261/272

Films

Sky Cinema Premiere

301 401 501 515

6.10 AM **The Watched** As 8.00pm.
8.10 **The Garfield Movie** Animation. (2024, U, 101 min) ★★★
9.55 **Thelma** As 6.00pm.
11.40 **Rob Peace** As 9.50pm.
1.50 PM **The Bikeriders** Crime drama starring Tom Hardy. (2023, 15, 116min) ★★★★
4.00 **The Line** Drama starring Alex Wolff. (2023, 15, 100min)
6.00 **Thelma** Comedy starring June Squibb and Fred Hechinger. (2024, 12, 98min) ★★★★

8.00 The Watched

8.00 The Watched Horror starring Dakota Fanning, Georgina Campbell and Olwen Fouere. A young woman is stranded and stalked on an island. (2024, 15, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Rob Peace Drama directed by and starring Chiwetel Ejiofor, with Jay Will, Camila Cabello and Mary J Blige. A young man puts his bright future at risk to help his father. (2024, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **A Place Called Silence** Thriller. (2024, 15, 119min)
2.10 AM **I Saw the TV Glow** Horror. (2024, 15, 100min) ★★★
4.00 **Fox and Hare Save the Forest** Animated family adventure. (2024, U, 71 min)
5.20 **to 7.20** AM **Turn Me On** Fantasy starring Bel Powley. (2024, 15, 99min) ★★★

Sky Cinema Hits

303 403 503 517

6.35 AM **Out of Darkness** Horror. (2022, 15, 88min) ★★★
8.15 **The Color Purple** Musical drama starring Taraji P Henson. (2023, 12, 141 min) ★★★
10.40 **Bad Boys II** As 12.00m't.
1.10 PM **Lee** As 10.00pm.
3.10 **Dunkirk** Christopher Nolan's drama with Kenneth Branagh. (2017, 12, 106min) ★★★★★
5.00 **Oppenheimer** Epic biopic starring Cillian Murphy. (2023, 15, 180min) ★★★★★

10.00 Lee

8.00 The King's Speech Oscar-winning royal drama starring Colin Firth and Geoffrey Rush. An unconventional speech therapist is the future George VI's last hope to cure his crippling stammer. (2010, 12, 118min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Lee Biopic of World War Two photographer Lee Miller, who was determined to document the truth of the Nazi regime. Stars Kate Winslet and Andy Samberg. (2023, 15, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Bad Boys II** Action comedy sequel starring Martin Lawrence and Will Smith. (2003, 15, 147min) ★★★
2.35 AM **American Star** Thriller. (2023, 15, 107min) ★★★★
4.25 **to 6.10** AM **Arthur's Whisky** Comedy with Diane Keaton. (2023, PG, 91 min) ★★★

Sky Cinema Drama

310 410 510 524

7.05 AM **Miranda's Victim** (2023)
9.15 **The Danish Girl** As 10.00pm.
11.20 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★
1.35 PM **8 Mile** Urban drama. (2002, 15, 112min) ★★★
3.35 **Ferrari** Biopic starring Adam Driver. (2023, 15, 130min) ★★★
5.50 **The Convert** Historical action drama starring Guy Pearce. (2024, 15, 119min) ★★★★

8.00 **One Life** Fact-based drama starring Anthony Hopkins. Months before World War Two, a London stockbroker tries to rescue hundreds of children from Nazi-occupied Czechoslovakia. (2023, 12, 105min) ★★★★
10.00 **The Danish Girl** Period drama starring Eddie Redmayne and Alicia Vikander. An artist in 1920s Copenhagen becomes one of the first people to undergo sex reassignment surgery. (2015, 15, 117min) ★★★

12.05 AM **Whiplash** Music drama. (2014, 15, 106min) ★★★★★
1.55 **It Is in Us All** Drama with Cosmo Jarvis. (2022, 15, 92min) ★★★★
3.35 **Miranda's Victim** Drama. (2023, 15, 127min) ★★★
5.45 **to 7.30** AM **Drift** Drama. (2023, 15, 93min) ★★★★

Sky Cinema Sci-fi/Horror

311 411 511 525

7.05 AM **Star Trek: Insurrection** Sci-fi. (1998, PG, 105min) ★★★
8.55 **The Woman in Black: Angel of Death** As 3.20am.
10.40 **Resident Evil: The Final Chapter** Action horror sequel. (2016, 15, 107min) ★★★
12.35 PM **Five Nights at Freddy's** Horror. (2023, 15, 109min) ★★
2.30 **I Am Legend** Sci-fi thriller. (2007, 15, 101 min) ★★★★

4.20 **Star Trek: Nemesis** Adventure. (2002, 12, 116min) ★★★
6.20 **Gravity** Thriller starring Sandra Bullock and George Clooney. (2013, 12, 91 min) ★★★★★
8.00 **The Nun II** Horror sequel with Taissa Farmiga and Storm Reid. (2023, 15, 110min) ★★
9.55 **Dorian Gray** Gothic horror based on Oscar Wilde's novel, starring Ben Barnes and Colin Firth. (2009, 15, 112min) ★★★
11.55 **Repo Man** Cult sci-fi thriller. (1984, 18, 92min) ★★★★

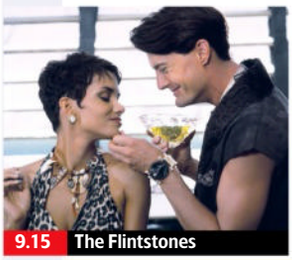
1.35 AM **Piggy** Spanish horror. (2022, 18, 99min) ★★★★
3.20 **The Woman in Black: Angel of Death** Horror sequel with Helen McCrory. (2014, 15, 95min) ★★★
5.05 **to 6.45** AM **Resident Evil: Vendetta** Animated sci-fi horror. (2017, 15, 97min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 406 506 520

7.10 AM **The Horse Dancer**
9.05 **Muppets from Space** Sci-fi comedy. (1999, U) ★★★
10.40 **Pups United** (2015, U) ★★★
12.15 PM **The Horse Dancer** Drama. (2017, PG, 114min) ★★★
2.10 **Twins** Action comedy. (1988, PG, 107min) ★★★
4.00 **Scooby-Doo** Comedy. (2002, PG, 86min) ★★★
5.30 **Scooby-Doo 2: Monsters Unleashed** Comedy sequel. (2004, PG, 93min) ★★★


9.15 The Flintstones

7.10 **Wonka** Fantasy adventure with Timothée Chalamet, Olivia Colman, Paterson Joseph and Hugh Grant. (2023, PG, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **The Flintstones** Comedy based on the cartoon series set in the Stone Age town of Bedrock, starring John Goodman, Rick Moranis, Halle Berry and Kyle MacLachlan. (1994, U, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **The Flintstones in Viva Rock Vegas** Comedy prequel with Mark Addy. (2000, PG, 91min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Robo-Dog** Adventure. (2015, PG, 87min) ★★★
2.15 **The Muppets Take Manhattan** Musical comedy. (1984, U, 94min) ★★★★
3.55 **Beethoven** Family comedy. (1992, U, 87min) ★★★
5.30 **to 7.00** AM **The Little Rascals** Comedy. (1994, U, 83min) ★★

Sky Cinema Action

307 407 507 521

7.25 AM **Aquaman and the Lost Kingdom** (2023, 12) ★★★
9.35 **Snow White and the Huntsman** (2012, 12) ★★★
11.45 **Ghost Rider: Spirit of Vengeance** (2012, 12) ★★
1.25 PM **Hulk** Sci-fi fantasy. (2003, 12, 138min) ★★★
3.45 **The Legend of Zorro** Adventure. (2005, PG) ★★★
6.00 **Godzilla x Kong: The New Empire** Fantasy adventure. (2023, 12, 115min) ★★★

10.20 Swordfish

8.00 **American Sniper** Biopic based on the experiences of real-life Iraq conflict veteran Chris Kyle, directed by Clint Eastwood and starring Bradley Cooper, Sienna Miller and Kyle Gallner. (2014, 15, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Swordfish** Action thriller starring John Travolta and Hugh Jackman. The leader of a covert counter-terrorism unit recruits a computer hacker to crack a $10billion code. (2001, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Sisu** Action thriller. (2022, 15, 88min) ★★★
1.40 **King of Killers** Action thriller. (2023, 15, 92min) ★
3.15 **R.I.P.D** Action comedy. (2013, 12, 96min) ★★★
5.05 **to 7.05** AM **Mob Land** Thriller. (2023, 15, 111min) ★★★

Sky Cinema Comedy

308 408 508 522

6.40 AM **Seriously Red** As 1.25am.
8.25 **The Five-Year Engagement** Comedy. (2012, 15) ★★★
10.35 **It's Complicated** Comedy. (2009, 15, 115min) ★★★★
12.40 PM **Strays** Canine comedy. (2023, 15, 93min) ★★★★
2.20 **You, Me and Dupree** Comedy. (2006, 12, 109min) ★★★
4.15 **Friends with Benefits** Comedy. (2011, 15, 105min) ★★★
6.15 **Just Like Heaven** Fantasy. (2005, PG, 95min) ★★★★

8.00 The Nutty Professor

8.00 **The Nutty Professor** Comedy remake starring Eddie Murphy as a shy, obese college professor who is transformed into a slim, sharp-tongued ladykiller. With Jada Pinkett. (1996, 12, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Nutty Professor II: The Klumps** Comedy sequel starring Eddie Murphy. Overweight college professor Sherman Klump decides to rid himself of his troublesome alter ego, Buddy Love. (2000, 12, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Edge of Seventeen** Coming-of-age comedy drama. (2016, 15, 104min) ★★★★
1.25 AM **Seriously Red** Comedy. (2022, 15, 104min) ★★★
3.10 **Sweethearts** Comedy. (2024, 15, 105min) ★★★
4.55 **to 7.15** AM **Downsizing** Sci-fi comedy starring Matt Damon. (2017, 15, 135min) ★★★★

Sky Cinema Assassins

309 409 509 523

7.20 AM **Absolution** As 4.05am.
9.15 **Head Count** (2023, 15) ★★★
10.50 **The Locksmith** Mystery. (2022, 15, 88min) ★★★
12.25 PM **Shooter** Action thriller. (2007, 15, 125min) ★★★★
2.35 **The Mechanic** Action thriller. (2011, 15, 93min) ★★
4.10 **John Wick** Action thriller. (2014, 15, 101min) ★★★★
5.55 **John Wick: Chapter 2** Action sequel starring Keanu Reeves. (2017, 15, 122min) ★★★★

8.00 The Equalizer 3

8.00 **The Equalizer 3** Action thriller sequel starring Denzel Washington and Dakota Fanning. Former government assassin Robert McCall takes on the mafia in southern Italy. (2023, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Internal Affairs** Crime thriller about corruption in the LA police force, starring Andy Garcia as a detective investigating a street cop. With Richard Gere and Nancy Travis. (1990, 18, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Battle Royale** Japanese satirical thriller. Subtitled. (2000, 18, 113min) ★★★★
1.55 AM **Oldboy** South Korean revenge thriller. Subtitled. (2003, 18, 120min) ★★★★
4.05 **to 6.05** AM **Absolution** Thriller starring Liam Neeson. (2024, 15, 112min) ★★★

Film4

313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **The Guns of Fort Petticoat** Western. (1958, PG) ★★
12.45 PM **The War Lover** World War Two melodrama. (1962, b/w, PG, 105min) ★★★
3.05 **Barnacle Bill** Vintage comedy. (1957, b/w, U, 87min) ★★★
4.50 **Hell is a City** British thriller. (1959, b/w, PG, 100min) ★★★
6.50 **Nomadland** Drama starring Frances McDormand. (2020, 12, 107min) ★★★★★

6.50 Nomadland

Nomadland (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Angel Has Fallen** Action thriller starring Gerard Butler and Morgan Freeman. Secret Service agent Mike Banning is framed for an assassination attempt on the US President, and races to clear his name. (2019, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **10 PM**

11.20 PREMIERE **Corsage** Drama starring Vicky Krieps. As Empress Elisabeth of Austria turns 40, she attempts to maintain her public image. (2022, 15, 116min) ★★★★
1.35 **to 4.00** AM **Bad Boys for Life** Action comedy sequel starring Will Smith, Martin Lawrence and Paola Nunez. (2020, 15, 124min) ★★★

11 PM

+1hour 314 430 47 301

Sky Cinema Awards Season

302 402 502 516

6.00 AM **Out of Africa** As 12.10am.
8.50 **Being John Malkovich** Comedy. (1999, 15, 112min) ★★★★★
10.50 **Mission: Impossible – Dead Reckoning Part One** Action thriller starring Tom Cruise. (2023, 12, 163min) ★★★★
1.35 PM **Spider-Man 2** Fantasy sequel starring Tobey Maguire. (2004, PG, 127min) ★★★★
3.50 **Shakespeare in Love** As 10pm.

6.00 **Shirley Valentine** Romantic comedy starring Pauline Collins. (1989, 15, 108min) ★★★★
8.00 **Mamma Mia!** Musical based on the hit stage show inspired by ABBA songs, starring Meryl Streep, Pierce Brosnan, Colin Firth and Stellan Skarsgård. (2008, PG, 108min) ★★★★
10.00 **Shakespeare in Love** Oscar-winning romantic comedy starring Gwyneth Paltrow, Joseph Fiennes and Geoffrey Rush. (1998, 15, 122min) ★★★★

12.10 AM **Out of Africa** Romantic epic starring Meryl Streep. (1985, PG, 162min) ★★★★
2.55 **Frost/Nixon** Ron Howard's drama starring Michael Sheen. (2008, 15, 122min) ★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Greats

304 404 504 518

6.30 AM **Tommy** As 3.40am.
8.30 **All That Jazz** As 1.30am.
10.35 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
12.35 PM **Airplane!** Spoof of disaster movies, starring Robert Hays. (1980, 12, 86min) ★★★★★
2.20 **Airplane II: The Sequel** Comedy sequel starring Robert Hays. (1982, 15, 81min) ★★★
4.00 **Howard the Duck** As 10.00pm.

6.00 **Gremlins** Horror comedy fantasy starring Zach Galligan. (1984, 12, 106min) ★★★★
8.00 **Gremlins 2: The New Batch** Horror comedy sequel starring Zach Galligan and Phoebe Cates. (1990, 12, 107min) ★★★
10.00 **Howard the Duck** Sci-fi comedy starring Lea Thompson, Tim Robbins and Jeffrey Jones. (1986, PG, 104min) ★★★
11.55 **The Naked Gun** Spoof police thriller starring Leslie Nielsen. (1988, 15, 85min) ★★★★

1.30 AM **All That Jazz** Musical fantasy from director Bob Fosse. (1979, 15, 123min) ★★★
3.40 **Tommy** Ken Russell's screen version of The Who's rock opera. (1975, 15, 111min) ★★★★
5.40 **to 6.40** AM **Sky Cinema Preview**

Sky Cinema Animation

305 412 500 514

6.20 AM **Batman: Return of the...**
7.50 **Curious George** As 4.30am.
9.25 **Trolls** Animated musical. (2016, U, 92min) ★★★
11.05 **Trolls Band Together** Animated musical. (2023, U, 91min) ★★★
12.45 PM **Kung Fu Panda 4** Animated sequel. (2023, PG, 94min) ★★★
2.25 **The Pirates! In an Adventure with Scientists** Comedy. (2012, U, 87min) ★★★★

4.00 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
5.35 **Madagascar: Escape 2 Africa** Animated comedy sequel. (2008, PG, 89min) ★★★
7.10 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
8.45 **Spirit: Stallion of the Cimarron** Animation. (2002, U) ★★★
10.15 **Tom and Jerry Cowboy Up!** Animation. (2021, U) ★★★
11.40 **Batman Unlimited: Monster Mayhem** Animated adventure. (2015, PG, 76min) ★★★

1.10 AM **Deep Sea** Animation. (2023, PG, 112min) ★★★
3.05 **Batman: Return of the Caped Crusaders** Animated adventure. (2016, PG, 78min) ★★★★
4.30 **to 6.00** AM **Curious George** Animated children's adventure. (2006, U, 87min) ★★★★

Movies 24

312 419

7.00 AM **Be Mine, Valentine** Comedy. (2022, PG, 90min) ★★
9.00 **Scented with Love** Romantic drama. (2022, PG, 83min) ★★
11.00 **Flowers and Honey** Romantic drama. (2021, PG, 90min) ★★
1.00 PM **My Dreams of You** Drama. (2024, PG, 90min) ★★
3.00 **The Presence of Love** Drama starring Eloise Mumford. (2022, PG, 84min) ★★

5.00 **Love Marks the Spot** Romantic adventure starring Annika Foster. (2023, PG, 86min) ★★
7.00 **Romantic Friction** Romantic comedy. (2023, PG, 90min) ★★
9.00 **Learning to Love** Comedy drama starring Ina Barron and Philip Boyd. A private tutor to two girls who have lost their mother helps the grieving family to process their loss and move forward. (2023, PG, 89min) ★★
11.00 **Planning for Joy** Romantic comedy. (2022, PG, 86min) ★★

1.00 AM **A Royal Runaway Romance** Romantic comedy. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **A Bridesmaid in Love** Romantic comedy drama. (2022, PG, 87min) ★★

Movies 24+ 315 420

Talking Pictures

328 445 82 306

6.00 AM **Bulldog Drummond's Peril** Adventure. (1938, b/w, U) ★★
7.20 **Tiger by the Tail** Thriller. (1955, b/w, PG, 83min) ★★
9.00 **Four Star Theatre** 36/41. (S4)
9.30 **The Girl in the Picture** Mystery. (1956, b/w, U, 63min) ★★
10.45 **They Made Me a Fugitive** Thriller. (1947, b/w, PG) ★★
12.40 PM **The Card** Comedy drama. (1952, b/w, U, 91min) ★★★

2.30 **The Story of Robin Hood and His Merrie Men** Adventure. (1952, U, 83min) ★★★
4.15 **Look at Life**
4.25 **The Beverly Hillbillies** (S2)
4.55 **Scotland Yard** 2/39. (S1)
5.30 **Dixon of Dock Green** (S20)
6.30 **Out of Town**
7.00 **The Footage Detectives**
8.00 **Public Eye** 9/13. (S5)
9.05 **Wuthering Heights** Adaptation of Emily Brontë's novel.
11.30 **The Upturned Glass** Thriller. (1947, b/w, PG, 87min) ★★

1.15 AM **Avalanche** Adventure. (1969, PG, 98min) ★★
2.50 **The Groundstar Conspiracy** Thriller. (1972, 15, 96min) ★★★
4.45 **A Lifetime Ago with The Baim Collection**
5.30 **to 6.00** AM **Dangerous Assignment**

Monday

Sky Sports Main Event

401 511 501 419 439

6.00 AM **Sky Sports News**
6.30 **Back Pages Tonight**
7.00 **Good Morning Sports Fans**
8.30 LIVE **ICC Champions Trophy Cricket Bangladesh v New Zealand.** Coverage of the Group A match from Rawalpindi Cricket Stadium, as the two sides meet for the first time at this tournament since a group match in 2017.
5.30 PM **Sports Centre**
7.00 LIVE **EFL Sheffield United v Leeds United.** Coverage of the Championship match at Bramall Lane, as the title challengers go head to head in a key game at the top of the table. Leeds claimed a 2-0 victory over their Yorkshire rivals in October's reverse fixture, but the Blades will be hopeful of revenge on home territory. Kick-off **8.00pm**.
10.30 LIVE **TGL Los Angeles Golf Club v New York Golf Club.** Coverage of the 10th match in the team competition staged at Palm Beach Gardens in Florida.
12.00 M'T **to 6.00** AM LIVE **WTA & ATP Tennis** Coverage from the Tours, featuring the ATP Acapulco Open and WTA Merida Open.

Sky Sports Premier League

402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
8.00 **SNF** Aston Villa v Chelsea.
8.30 **Premier League Highlights**
9.30 **SNF** Aston Villa v Chelsea.
10.00 **The Football Show**
11.00 **Ref Watch** Refereeing decisions.
12.00 NOON **The Football Show**
1.00 PM **Premier League Highlights**
2.30 **SNF** Aston Villa v Chelsea.
3.00 **Premier League Highlights** Ipswich Town v Tottenham Hotspur. **3.30** Action from Southampton v Brighton & Hove Albion. **4.00** Bournemouth v Wolverhampton Wanderers. **4.30** Fulham v Crystal Palace.
5.00 **Best PL Goals 2000/01**
6.00 **Ref Watch** Refereeing decisions.
6.30 **Premier League 100: Michael Owen** The striker's career.
7.00 **Premier League Review**
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League Review**
10.00 **Premier League Icons**
11.00 **Premier League Years**
1.00 AM **PL Retro** Portsmouth v Southampton from 2005.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 513 503 421 441

6.00 AM **EFL Cup** The 2013 final.
8.00 **SPFL Best Goals** Archive action.
9.00 **Scottish Premiership Round-Up**
9.15 **SPFL Highlights**
9.30 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Goals: EFL Cup 23/24**
11.30 **EFL Trophy** The 2024 final.
12.00 NOON **Scottish Premiership Round-Up** Top-flight action.
12.15 PM **SPFL Highlights**
12.30 **EFL Highlights**
3.00 **Scottish Premiership Round-Up**
3.15 **SPFL Highlights**
3.30 **EFL Highlights**
5.30 **Scottish Premiership Round-Up**
5.45 **SPFL Highlights**
6.00 **Bundesliga Highlights Show**
7.00 LIVE **EFL Sheffield United v Leeds United.** Coverage from Bramall Lane. Kick-off **8.00pm**.
10.30 **Bundesliga Highlights Show**
11.30 **EFL Greatest Games**
12.00 M'T **EFL** Leeds United v Watford.
1.00 AM **Best Moments from the EFL Play-Off Finals**
2.00 **Best Goals: EFL Cup 2022/23**
2.30 **EFL Trophy Football**
3.00 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **to 6.00** AM **EFL Rivalries**

Sky Sports Cricket

404 514 504 422 442

6.00 AM **Best of ICC WT20**
6.30 **WPL** Delhi Capitals v UP Warriorz.
7.30 **ICC Champions Trophy Cricket**
8.30 LIVE **ICC Champions Trophy Cricket Bangladesh v New Zealand.** Coverage of the Group A match from Rawalpindi Cricket Stadium, as the two sides meet for the first time at this tournament since a match in 2017. Bangladesh shocked New Zealand in that game as they chased down 266 to win the match by five wickets, with Shakib Al Hasan leading the way with 114 from 115 balls.
5.30 PM **Best of ICC WT20**
6.00 **ICC Champions Trophy Cricket**
8.00 **WPL** Action from the T20 match between Royal Challengers and Bengaluru v UP Warriorz at M. Chinnaswamy Stadium, Bengaluru.
9.00 **ICC Champions Trophy Cricket** The Group A match between Bangladesh and New Zealand from Rawalpindi Cricket Stadium.
10.00 **WPL** Royal Challengers Bengaluru v UP Warriorz.
11.00 **ICC Champions Trophy Cricket**
1.00 AM **WPL** Action from India.
4.40 **Ashes Greats** Player profiles.
5.00 **to 6.00** AM **IPL**

Sky Sports Golf

405 515 505 423 443

6.00 AM **LPGA Tour Golf**
8.30 **DP World Tour Golf**
1.30 PM **PGA Tour Golf**
6.30 **DP World Tour Golf**
7.00 **PGA Tour Golf** Mexico Open.
8.00 **Legends Tour Golf**
9.00 **Golf's Greatest Holes**
9.30 **DP World Tour Golf**
10.00 LIVE **TGL Los Angeles Golf Club v New York Golf Club.** Coverage of the 10th match in the team competition staged at Palm Beach Gardens in Florida.
12.00 M'T **PGA Tour Golf**
1.00 AM **DP World Tour Golf**
1.30 **Golf's Greatest Holes**
2.00 LIVE **TGL Boston Common Golf v Atlanta Drive Golf Club.** Coverage of the 11th match in the team competition staged at Palm Beach Gardens in Florida.
4.00 **PGA Tour Golf** Mexico Open.
5.00 **to 6.00** AM **DP World Tour Golf**

Sky Sports Tennis

407 537 520 425 445

6.00 AM **ATP Tennis** Doha Open final. **7.00** Rio de Janeiro Open final.
9.00 **WTA Tennis** Recent highlights.
10.00 LIVE **ATP Tennis** Coverage of the opening day of the ATP Dubai Tennis Championships, a hard-court tournament staged at Aviation Club Tennis Centre.
2.00 PM **ATP Tour This Week**
2.30 LIVE **ATP Tennis** Further coverage of the first day of the ATP Dubai Tennis Championships at Aviation Club Tennis Centre.
5.00 LIVE **WTA & ATP Tennis** Coverage from the Tours featuring the ATP Acapulco Open, WTA Merida Open, ATP Santiago Open and WTA Texas Open.
12.00 M'T **to 6.00** AM LIVE **WTA & ATP Tennis** Further coverage from the WTA and/or ATP Tours, featuring the ATP Acapulco Open, WTA Merida Open, ATP Santiago Open and WTA Texas Open.

TNT Sports 1

410 870 527 408 430

6.00 AM **Premier League Review**
7.00 **Serie A** Action from Italy.
9.00 **Premier League**
10.30 **Vendee Globe Highlights**
11.30 **UEFA Champions League Highlights Show**
12.30 PM **UEFA Europa League & Conference League Highlights**
1.30 **Premier League Review**
2.30 **What I Wore** Double bill.
3.30 **Under the Lights**
3.45 **UEFA Champions League Goals**
4.00 **UEFA Europa League Goals**
4.15 **UEFA Conference League Goals Reload** Recent action.
4.30 **Premier League Stories**
5.00 **Premier League Review**
6.00 LIVE **Ultimate Pool** Coverage of Group Eight of the Champions League, as some of the country's leading eightball players battle it out for places in the next stage.
9.30 **Premier League: Big Interview**
10.00 **Superbike World Championship Highlights**
11.00 **Snooker World Open**
1.00 AM **HSBC SVNS Highlights**
2.00 **What Went Down** Exeter Chiefs.
3.00 **Fishing: On the Bank**
4.00 **to 6.00** AM **UEFA Champions League: Classics**

TNT Sports 2

411 871 528 409 431

6.00 AM **MotoGP Highlights**
11.00 **Isuzu UTE A-League** Auckland FC v Wellington Phoenix. **12.00** NOON Highlights from Central Coast Mariners v Western Sydney Wanderers. **1.00** PM Action from Melbourne Victory v Melbourne City. **2.00** Perth Glory v Sydney FC. **3.00** Highlights from Western United v Adelaide United.
4.00 **Vendee Globe Highlights**
5.00 **Superbike World Championship Highlights** Action from the first round of the season staged at Phillip Island Grand Prix Circuit in Victoria.
6.00 **UEFA Europa League & Conference League Highlights Show** The latest round of fixtures.
7.00 **O Arise, All You Sons**
8.00 **HSBC SVNS Highlights** Action from the fourth round of the season in Vancouver.
9.00 **Fishing: On the Bank** Angling magazine show presented by Rob Hughes and Andy Ford.
10.00 **Serie A** Inter Milan v Genoa. **11.00** Cagliari v Juventus.
12.00 M'T **Isuzu UTE A-League**
5.00 **to 6.00** AM **Allianz Premiership Women's Rugby**

TNT Sports 3

417 874 529 410 432

6.00 AM LIVE **Snooker: World Open** Coverage of the fifth session in the first round of the tournament staged at Yushan Sport Centre in Yushan, China.
9.00 **UEFA Champions League Magazine** News and updates.
9.30 **UEFA Europa League Goals Reload** Recent action.
9.45 **UEFA Conference League Goals Reload** Play-off fixtures.
10.00 **Sport in Focus**
10.30 **Allianz Premiership Women's Rugby** Recent highlights.
11.30 LIVE **Snooker: World Open** Coverage of the sixth session in the first round of the tournament at Yushan Sport Centre in China.
2.30 PM **Serie A** Highlights from Italy.
4.30 **Allianz Premiership Women's Rugby** Action from Gloucester-Hartpury RFC v Harlequins.
5.30 **UEFA Champions League**
6.00 **Snooker World Open** Action from day two in Yushan, China.
8.00 **Vendee Globe Highlights**
9.00 **UFC** Henry Cejudo v Song Yadong.
12.00 M'T **UFC Main Event**
1.00 AM **UFC: The Ultimate Fighter**
4.00 **to 6.00** AM **Snooker: World Open**

Sky Sports Action

408 517 507 426 446

6.00 AM **Fight Night** Jonas v Habazin.
7.00 **The Gloves Are Off**
7.30 **Behind the Ropes**
8.00 LIVE **Fight Night International Junto Nakatani v David Cuellar Contreras.** The WBC world bantamweight title bout at Ariake Arena in Tokyo.
12.30 PM **Behind the Ropes**
1.00 **Good Morning Football**
3.00 **Fight Night** Jonas v Habazin.
4.00 **Super League Highlights**
5.00 **Super Bowl LIX Highlights** Kansas City Chiefs v Philadelphia Eagles at Caesars Superdome.
6.00 **NBC's Pro-Football Talk**
8.00 **NRLW** Sydney Roosters v Cronulla-Sutherland Sharks.
9.00 **Top Rank Boxing Archive** A replay of Juan Manuel Marquez v Manny Pacquiao from 2004. **10.15** Floyd Mayweather v Phillip Ndou from 2003.
11.00 **NFL Highlights** Action from Houston Texans v Detroit Lions. **12.00** M'T Action from Baltimore Ravens v Philadelphia Eagles.
1.00 AM **Fight Night International**
2.00 **NFL Highlights**
4.00 **NFL Bitesize Highlights**
5.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 873 510 429 449

6.00 AM **Super League Highlights**
7.00 **Premier League Darts**
11.00 **The Gloves Are Off**
11.30 **Behind the Ropes**
12.00 NOON **WTA Tennis**
12.55 PM **WPL** Action from India.
1.50 LIVE **WPL Royal Challengers Bengaluru v UP Warriorz.** Coverage of the T20 match from M. Chinnaswamy Stadium.
5.30 **Super League Highlights**
6.00 **ATP Tennis** Doha Open final.
7.00 **ICC Champions Trophy Cricket**
8.00 **Fight Night International**
10.00 **The Gloves Are Off**
10.30 **Behind the Ropes**
11.00 **Golf's Greatest Holes**
11.30 **DP World Tour Golf**
12.00 M'T **PGA Tour Golf** Mexico Open.
1.00 AM **ICC Champions Trophy Cricket** Action from India.
2.00 **WPL** Recent T20 action.
3.00 **Super League Highlights**
4.00 **NFL Bitesize Highlights**
5.00 **to 6.00** AM **NFL Highlights**

TNT Sports 4

421 876 530 411 434

6.00 AM **MLB Classic** Archive action.
11.00 **NBA Originals** Allen Iverson.
12.00 NOON **NBA Action** A round-up of the latest action from the NBA.
12.30 PM **NBA on Fire** The latest news.
1.00 **NBA** Another chance to see Boston Celtics v New York Knicks. **2.30** A chance to see Golden State Warriors v Dallas Mavericks. **4.00** Minnesota Timberwolves v Oklahoma City Thunder.
5.30 **NBA Action** A round-up of the latest action from the NBA.
6.00 **NBA on Fire** The latest news from the world of the NBA.
6.30 **NBA** Another chance to see Boston Celtics v New York Knicks. **8.00** A chance to see Golden State Warriors v Dallas Mavericks. **9.30** Minnesota Timberwolves v Oklahoma City Thunder.
11.00 **NBA Action** Highlights.
11.30 **NBA on Fire** The latest news.
12.00 M'T **UEFA Documentaries**
3.00 **to 6.00** AM **MLB Classic**

Eurosport 1

413 870 521 412 435

6.00 AM LIVE **Snooker: World Open** Coverage of day two from Yushan Sports Centre in China, featuring first-round matches.
9.00 **Cyclo-Cross** From Belgium.
9.30 **Cycling: Tour of Algarve**
10.30 **Snooker: World Open**
11.30 LIVE **Snooker: World Open** Further coverage of day two from Yushan Sports Centre in China, featuring first-round matches.
2.30 PM **Alpine Skiing** In Switzerland.
3.30 **Table Tennis** From Montreux.
5.00 **Vendee Globe Highlights**
6.00 **Alpine Skiing** From Italy.
7.00 **Snooker: World Open**
9.00 **Cycling: Figueira Champions Classic** Action from the men's one-day race in Portugal.
10.00 **Cycling: Tour of Andalucia**
11.00 **Biathlon** From Switzerland.
1.00 AM **Cyclo-Cross** From Belgium.
2.00 **Alpine Skiing** From Sestriere.
4.00 **to 6.00** AM **Snooker: World Open**

Eurosport 2

414 871 522 413 436

6.00 AM **Biathlon** In Lenzerheide.
8.00 **Australian Open Tennis**
11.00 **FIA World Endurance Championship** Highlights.
2.00 PM **Cycling: Tour of Andalucia**
3.00 **Cycling: Tour of Algarve**
4.00 **Cycling: Men's UAE Tour** Stage seven from Al Ain Hazza Bin Zayed Stadium to Jebel Hafeet.
5.00 **FIA World Endurance Championship** Highlights.
8.00 **Cycling: Jaen Classic** The men's one-day race in Spain.
9.00 **Alpine Skiing** Highlights from the World Cup meeting in Crans Montana, Switzerland, featuring the men's super-G.
10.00 **Snooker: World Open** Action from day two in Yushan, China.
12.00 M'T **Cycling: Figueira Champions Classic** In Portugal.
1.00 AM **Biathlon** From Switzerland.
2.00 **Snooker: World Open**
4.00 **Cycling: Tour of Andalucia**
5.00 **to 6.00** AM **Alpine Skiing**

Sky Sports+

412 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **The Football Show**
11.00 **Ref Watch** Analysing refereeing decisions from the weekend.
12.00 NOON **The Football Show** A look at all the major stories making the football headlines.
1.00 PM **Lunchtime Live** A look at all the sports stories making the headlines this lunchtime.
2.00 **Sports Desk** Sports news with live analysis and comments.
5.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the WTA and/or ATP Tours, featuring the ATP Acapulco Open, WTA Merida Open, ATP Santiago Open and WTA Texas Open.
12.00 M'T **to 6.00** AM LIVE **WTA & ATP Tennis** Further coverage from the WTA and/or ATP Tours, featuring the ATP Acapulco Open, WTA Merida Open, ATP Santiago Open and WTA Texas Open.

Sky Sports F1

406 516 506 424 444

6.00 AM **Lewis's Secret Cinema**
6.30 **Formula 1** Mexico City Grand Prix.
11.30 **Graham Hill: World Champion**
12.00 NOON **Formula 1** A replay of the 2024 Sao Paulo Grand Prix.
4.45 PM **Ted's Notebook**
5.15 **Nicolas Hamilton**
6.00 **The Rookies** Documentary.
7.00 **Formula 1** A chance to see the 2024 Las Vegas Grand Prix.
11.30 **Ted's Notebook**
12.00 M'T **to 6.00** AM **The Home of F1**

SKY HD SD VIRGIN HD EE HD

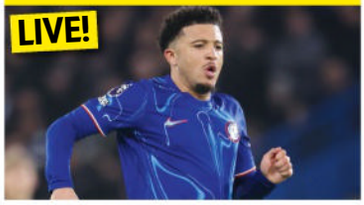
Tuesday

25 February

Evening Planner

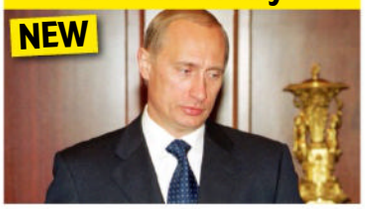
Tuesday

Football



Premier League
TNT Sports
Tonight's coverage includes Crystal Palace v Aston Villa (k-o 7.30pm) and Chelsea v Southampton (k-o 8.15pm).

Documentary



Kursk: The 10 Days That Shaped Putin
Sky History & Sky Showcase, 9pm (box set, Sky Box Sets)
A look at Putin's handling of a tragic event.

Documentary

The Battle for Laikipia
BBC4, 10pm
The tensions that still exist between indigenous pastoralists and third and fourth-generation European settlers.

OnDemand

NETFLIX

Full Swing
Available today
Cameras capture the highs and lows of golfers including Rory McIroy and Bryson DeChambeau as the series returns.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Sort Your Life Out with Stacey Solomon		9.00 Waterloo Road		10.00 News; Local News	10.40 Hunting...
	102 BBC2	7.00 Villages by the...	7.30 Mary Berry's...	8.00 Great British Menu		9.00 QI XL	9.45 David Mitchell's Outsiders		10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 The Martin Lewis Money Show: Live		9.00 The Real Unforgotten		10.10 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Fear Clinic: Face Your Phobia		9.00 Top Guns: Inside the RAF		10.00 Gogglebox	
	105 CHANNEL 5	7.00 Alan Titchmarsh's Underdog to...		8.00 Dogs Behaving (Very) Badly		9.00 Ben Fogle: New Lives in the Wild		10.00 A Killer Makes a Call	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Global...		9.00 Kursk: 10 Days That Shaped Putin		10.00 Film: Riddick	
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Ghosts US		9.05 The Insider: Reggie Yates in a Texan Jail		10.05 Film: Blue Story	
	116 BBC4	7.00 Climbing Great...	7.30 Who Do You...	8.00 Going Straight	8.30 Steptoe and Son	9.00 Harry H. Corbett: Acting in the Sixties		10.00 Storyville: The Battle For Laikipia	
	118 ITV2	7.00 Deal or No Deal		8.00 Ant & Dec's Limitless Win		9.00 Hell's Kitchen		10.00 The Sex Lives of College Girls	
	136 MORE4	◂ 6.55 Car S.O.S.		7.55 Grand Designs		9.00 PopMaster TV		10.00 Perfect Pub Walks with Bill Bailey	
	135 E4	7.00 Hollyoaks	7.30 Modern Family	8.00 The Simpsons		9.00 Celebrity Gogglebox		10.00 First Dates	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 The Cleaning Lady		10.00 The Rookie	
	108 SKY ATLANTIC	◂ 6.45 Billions		7.55 Game of Thrones		9.00 Mussolini: Son of the Century		10.05 Homicide: Life on the Street	
	110 U&GOLD	◂ 6.40 Dad's Army		8.00 The Good Life	8.40 The Vicar of Dibley		9.40 Paul Whitehouse's...		10.20 The Good Life
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Vera				10.00 Endeavour	
	120 ITV4	7.00 The Motorbike Show		8.00 World Superbike Highlights		9.00 Giant Lobster Hunters		10.00 Film: Nighthawks	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: This Is the End			
	139 SKY SCI-FI	7.00 Warehouse 13		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 An Idiot Abroad		9.00 Sport's Funniest Moments		10.00 A League of Their Own	
	109 U&ALIBI	7.00 The Mentalist		8.00 White Collar		9.00 Death in Paradise		10.00 Father Brown	
	130 SKY ARTS	7.00 The Alfred Hitchcock Hour		8.00 Thomas Hardy: Fate, Exclusion and...		9.00 National Theatre Live: The Crucible			
	132 U&W	7.00 MasterChef USA		8.00 Inside the Ambulance		9.00 Multiple Birth Wards		10.00 At Home with Katherine Ryan	
DOCUMENTARY	125 DISCOVERY	7.00 Salvage Hunters		8.00 Kindig Customs		9.00 Gold Rush		10.00 Harpoon Hunters	
	162 ANIMAL PLANET	7.00 Life at Vet University		8.00 Flying Wild Alaska		9.00 Pit Bulls & Parolees		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Hitler's Last Stand: Fight to the Finish		9.00 Apocalypse: The Rise of Hitler			
	123 SKY HISTORY	7.00 Forged in Fire		8.00 History's Greatest Aircraft		9.00 Kursk: 10 Days That Shaped Putin		10.00 The Proof Is Out There	
	155 U&YESTERDAY	7.00 How Britain Worked		8.00 Robson's Extreme Fishing Challenge		9.00 Bangers & Cash			
	121 SKY DOCS	7.00 Stax: Soulsville USA		8.00 David Frost Vs		9.00 How the Beatles Changed the World			
FILMS - Sky Cinema	301 PREMIERE	◂ 5.50 Rob Peace		8.00 The Watched				10.00 Furiosa: A Mad Max Saga	
	302 AWARDS SEASON	◂ 5.50 The Theory of Everything		8.00 Love Actually					10.20 Alfie
	303 HITS	◂ 6.05 Two Weeks Notice		8.00 Miss Congeniality				10.00 Miss Congeniality 2: Armed and...	
	304 GREATS	◂ 6.05 Death Becomes Her		8.00 See No Evil, Hear No Evil				10.00 The Sting	
	305 ANIMATION	◂ 5.40 Sing	7.35 The Amazing Maurice				9.25 Tom and Jerry: A Nutcracker Tale		10.25 Batman Unlimited...
	306 FAMILY	7.10 Hook					9.35 The Spiderwick Chronicles		
	307 ACTION	◂ 5.35 Man of Steel		8.00 Superman Returns					10.40 R.I.P.D
	308 COMEDY	◂ 6.05 Anger Management		8.00 Girls Trip				10.05 Downsizing	
	309 ASSASSINS	◂ 6.10 The Beekeeper		8.00 The Bourne Identity				10.00 Battle Royale	
	310 DRAMA	◂ 5.35 Catch Me If You Can		8.00 Chicago				10.00 Whiplash	
	311 SCI-FI	◂ 6.00 War of the Worlds		8.00 Star Trek Beyond				10.05 Dark Skies	
	313 FILM4	◂ 6.45 School of Rock				9.00 Everything Everywhere All at Once			
SPORT	401 MAIN EVENT		7.15 SPFL – Live: Celtic v Aberdeen (Kick-off 8.00)						10.30 Tennis – Live
	402 PREMIER LEAGUE	7.00 Gillette Labs Soccer Special							10.30 Chasing the...
	403 FOOTBALL		7.15 SPFL – Live: Celtic v Aberdeen (Kick-off 8.00)						10.30 1983: When...
	404 CRICKET	7.00 ICC Champions Trophy Cricket		8.00 WPL		9.00 ICC Champions Trophy Cricket		10.00 WPL	
	410 TNT SPORTS 1	◂ 6.30 Premier League – Live: Chelsea v Southampton (Kick-off 8.15)							
	411 TNT SPORTS 2	◂ 6.30 Premier League – Live: Crystal Palace v Aston Villa (Kick-off 7.30)						10.00 The Football's On	

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Tuesday

BBC1

101 | 101 | 1 | 101 | 101

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Critical Incident** (S)(R)
11.15 **Homes Under the Hammer** New edition From Bilston. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **The Big Idea Works** New edition An idea to help parents preparing a baby's bottle while on the go. (S)
2.30 **Rick Stein's Food Stories** (S)(R)
3.00 **Escape to the Country** New edition From Surrey. (S)
3.45 **Garden Rescue** (S)(R)
4.30 **Antiques Road Trip** New edition In Cheshire and Staffordshire. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Waterloo Road

7 PM

7.00 **The One Show** Alex Jones and Clara Amfo present the topical show. (S)
7.30 **EastEnders** Emotions continue to run high in Walford, Grant learns a truth, and Denise introduces her family to her new partner. (S)(AD)

8 PM

8.00 **Sort Your Life Out with Stacey Solomon** New edition 3/7. The team help the Aphabhai-Heer family from Coventry reduce their record-breaking clothes collection of 6,568 items, including 437 pairs of shoes. (S)(AD)

9 PM

9.00 **Waterloo Road** New episode 3/8. As her home life falls apart, Stace lashes out at school and falls victim to the drastic new school rules. Donte makes a breakthrough with Ashton. (S15) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **NEW Hunting the Online Sex Predators** James Blake joins Cheshire Police's consent campaign against online risk as they look into whether social media is promoting harmful content. (S)
11.30 **The Traitors US** 7/12. Traitor trust crumbles and a sacrifice must be made as the Faithful circle the truth. The Traitors must commit their murder face to face. (S)(R)
12.35 AM 8/12. The Faithful try to close the lid on the coffin theory, while an alliance of gamers sparks suspicion and distrust. (S)(R)
1.35 **Weather for the Week Ahead** Seven-day forecast. (S)
1.40 **to 6.00** AM **BBC News** (S)

BBC2

102 | 102 | 2 | 102 | 102

6.30 AM **Antiques Road Trip** (S)(R)
7.15 **Bargain Hunt** (S)(R)
8.00 **Sign Zone: Winterwatch** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **The Tournament** Quiz show. (S)(R)
3.15 **The Farmers' Country Showdown** The Scottish Game Fair. (S)(R)
3.45 **Kate Humble: Into the Volcano** (R)
4.45 **Designing the Hebrides** (S)(R)
5.15 **Flog It!** Historic venues. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Edith Bowman, Rhys James, Anita Rani and Simon Rimmer. (S)
6.30 **Robson Green's Weekend Escapes** New edition 12/15. Robson and Janette Manrara relax and recharge in County Durham. (S)(AD)

9.45 David Mitchell's Outsiders

7 PM

7.00 **Villages by the Sea** Ben Robinson visits Porthgain in Pembrokeshire. (S)(R)
7.30 **Mary Berry's Simple Comforts** 2/6. Mary takes a journey along the Thames in London to find culinary hidden gems. (S)(R)

8 PM

8.00 **Great British Menu** New edition Four chefs from Wales cook canapes, starters and fish dishes that celebrate great Britons of the past. With jduge Spencer Metzgar. (S)
■ Continues tomorrow

9 PM

9.00 **QI XL** New edition 14/16. Host Sandi Toksvig is in search of victory with panellists Rob Beckett, Daliso Chaponda, Lara Ricote and Alan Davies. (S)
9.45 **David Mitchell's Outsiders** 4/6. David challenges the six comedians to put their knot skills to the test. (S)(R)(AD)

10 PM

10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 **FILM Clemency** Drama starring Alfre Woodard and Richard Schiff. A prison warden grapples with her emotions as she strikes up a bond with a death-row inmate who maintains his innocence. (S) (2019, 15, 105min) ★★★★
12.50 AM **Sign Zone: Dragons' Den** (R)
1.50 **Sign Zone: This Farming Life** (R)
2.50 **Sign Zone: Sort Your Life Out with Stacey Solomon** (S)(R)(AD)
3.50 **to 6.30** AM **Previews** (S)

ITV1

103 | 103 | 803 | 103 | 3 | 103 | 103 | 103

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson hosts from the Newark Showground in Nottinghamshire, where Henry Nicholls pays more than he intends for a portrait, and Simon Schneider misses out on a diamond and sapphire ring. (S)(R)
3.00 **Lingo** Word-based game show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 The Real Unforgotten

7 PM

7.30 **Emmerdale** Noah can't remember anything, a seed of doubt is planted in Kim's mind, and in-fighting might bring down the house of cards. (S)(AD)

8 PM

8.00 **The Martin Lewis Money Show: Live** New edition The cash expert answers the financial questions that matter most, and offers tips and tricks for making finances go further. (S)

9 PM

9.00 **The Real Unforgotten** Series finale 2/2. The detectives unravel long-forgotten secrets and put together a case against two suspects using testimony from new witnesses. (S)(AD)
■ Entire series on ITVX

10 PM

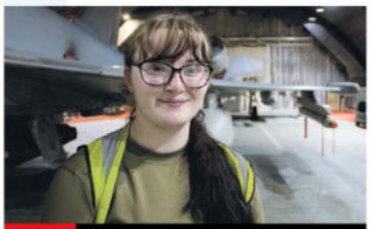
10.10 **ITV News** (S)
10.40 **Local News** (S)
10.55 **Who Wants to Be a Millionaire? Celebrity Special** Jeremy Clarkson hosts a celebrity version of the quiz as Laura Kenny and Krishnan Guru-Murthy answer questions in a bid to win cash for their chosen charities. (S)(R)
11.50 **The Jonathan Ross Show** The host is joined by Gordon Ramsay, Danny Dyer, Vanessa Williams and Keely Hodgkinson. Plus, music from Joan Armatrading. (S)(R)
12.50 AM **Teleshopping**
3.00 **The Real Unforgotten** (S)(SL)(R)
4.00 **Unwind with ITV** (S)
5.10 **to 6.00** AM **Ainsley's National Trust Cook Off** (S)(SL)(R)(AD)

+1 hour | 203 | 303 | 35 | 112

CHANNEL 4

104 | 104/108 | 804 | 108 | 4 | 104 | 104/106

6.25 AM **Cheers** 17-19/22. (S2) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 18-21/24. (S8) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Massachusetts. (S)(R)
12.05 PM **News** (S)
12.10 **Sun, Sea and Selling Houses** (R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Four in a Bed** New edition The second visit of the week is to Chillderness in Powys. (S)
5.30 **Come Dine with Me** New edition Care co-ordinator Alexis hosts a Caribbean-themed dinner party on the second night in Bristol. (S)
6.00 **A Place in the Sun** New edition Ben Hillman helps Barbara and Butch from Leicester find a holiday home in Lucca, Italy. (S)



9.00 Top Guns: Inside the RAF

7 PM

7.00 **News** (S)

8 PM

8.00 **The Fear Clinic: Face Your Phobia** Series finale 6/6. Ex-prison officer Paula hopes the clinic can cure her fear of spiders, while Chloe is worried about passing her emetophobia on to her children. (S)(AD)

9 PM

9.00 **Top Guns: Inside the RAF** New edition 4/6. A junior pilot has a close encounter over Syria with two Russian jets, and engineers work around the clock to keep the Typhoons battle-ready in Cyprus. (S)(AD)
■ Entire series on C4 online

10 PM

10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(R)(AD)
11.05 **Gogglebox** (S)(R)(AD)
12.05 AM **Alone USA** New edition 4/11. The contestants shift their focus toward finding food that will serve them for the long haul. (S)
■ Entire series on C4 online
1.20 **Ramsay's Hotel Hell** (S)(SL)(R)(AD)
2.10 **The Last Leg** (S)(SL)(R)
3.00 **The Great Pottery Throw Down** 8/10. Quarter-final. (S)(SL)(R)(AD)
4.05 **Frasier** 14-17/24. (S4) (S)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour | 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 | 105 | 105 | 105

5.30 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.45 PM **GPs: Behind Closed Doors** Medical documentary. (S)(R)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **A View to Kill For** Thriller starring Tiffany Montgomery. (S) (2023, PG, 100min) ★★
4.00 **Bargain-Loving Brits in the Sun** Singer Gemma spices up the Costa Del Sol, and the kitchen heats up in Benidorm for a pair of chefs. (S)(R)(AD)
5.00 **News** (S)
6.00 **Eggheads** Challengers Anything Will Do take part. (S)(R) **6.30** Midlife Crisis take on the quiz experts. (S)(R)
6.55 **News** (S)

8.00 Dogs Behaving (Very) Badly

7.00 **Alan Titchmarsh's Underdog to Superdog** Series finale 4/4. Following the progress of two-year-old labrador Duke, who is training to become a stunt dog. (S)
7.55 **News** (S)

8.00 **Dogs Behaving (Very) Badly** New edition Graeme meets an 11-year-old beagle with an insatiable appetite, and two cockapoos who won't stop barking, making their owner the talk of the town. (S)

9.00 **Ben Fogle: New Lives in the Wild** New edition Ben heads over to the Isle of Wight to meet Gav, Lucy and their son Bo, who have carved out their own slice of wilderness on a cliffside. (S)

10.00 **A Killer Makes a Call** New edition 2/6. A look at the murder committed and reported by Foster Christian, who claimed he was being attacked in his own home. But later, survivor statements told a very different story. (S)

11.05 **Cause of Death** (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Britain's Great Cathedrals with Tony Robinson** (S)(R)
3.45 **Susan Calman's Grand Day Out** From Oxford. (S)(R)
4.30 **House Busters** (S)(SL)(R)
4.55 **Wildlife SOS** (S)(SL)(R)
5.20 **to 5.30** AM **Entertainment News** (S)

+1 hour | 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S2) (S)(R)
11.00 **Wildlife ER** (S)(R)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **S.W.A.T.** (S7) (S)(R)(AD)
3.00 **NCIS: Los Angeles** (S13) (S)(R)
4.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *Loan-a-Lisa:* Grampa gives each member of the family $50. (S)(R) **5.30** *The Very Hungry Caterpillars:* A plague of insects shuts down Springfield. (S)(R)
6.00 **The Office (US)** 13/24. Jim comes under fire when his colleagues realise he skipped work by faking jury duty. (S)(R) **6.30** 14/24. Dwight leads a team on a mission to create a chain of Sabre stores. (S8) (S)(R)

6.30 The Office (US)

7.00 **The Simpsons** *MoneyBart:* Lisa coaches Bart's baseball team to help her college application. (S)(R) **7.30** *Lisa Simpson, This Isn't Your Life:* Lisa is shocked to discover her mother was an A-grade student. (S)(R)

8.00 **David Attenborough's Global Adventure: The Rise of Nature** Exploring the rise of life on Earth, from the emergence of the first creatures on seabeds millions of years ago to the wildlife of today. (S)(R)(AD)

9.00 NEW SERIES **Kursk: 10 Days That Shaped Putin** 1/2. How an explosion onboard the *Kursk* submarine trapped a group of survivors at the bottom of the Barents Sea. *See feature, page 21.* (S)
■ Entire series on Box Sets

10.00 FILM **Riddick** Sci-fi thriller sequel starring Vin Diesel. Space fugitive Riddick combats bounty hunters and fearsome monsters on a desert planet. (2013, 15, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.15 AM **Brassic** 2/6. Vinnie strikes a deal with McCann and has to collect a guy called Tony Tillerton, but what seems like a simple task is hit by a catastrophe. (S2) (S)(R)(AD)
1.10 **The Force: Manchester** (S)(R)
2.05 **Road Wars** (R)
3.00 **NCIS: Los Angeles** (S13) (S)(R)
4.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour | 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm River City (S)(R)(AD) **10.40** Sportscene: Premiership Highlights (S) **11.10** NEW Hunting the Online Sex Predators (S)(AD) **12.00m't** Scotcast (S)(R) **12.30am** The Traitors US (S)(R) **2.35** Weather (S) **2.40-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
11.30pm Wynne & Joanna: All at Sea New edition (S) **12.00m't** The Traitors US (S)(R) **1.10am** The Weakest Link (S)(R) **1.55-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
7.00pm LIVE Match of the Day Wales (S) **9.10-10.00** NEW SERIES The One That Got Away: Murder mystery starring Elen Rhys. (S) **10.40** Scrum V Top 5s (S) **11.10** NEW Hunting the Online Sex Predators (S)(AD) **12.00m't** The Traitors US (S)(R) **1.05-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
7.00pm The One Show (S) **7.30-8.00** EastEnders New episode (S)(AD) **9.00** Waterloo Road New episode (S)(AD) **10.00-10.30** Villages by the Sea (S)(R) **11.05** David Mitchell's Outsiders New edition (S)(AD) **11.50pm-12.50am** The Balkans: Europe's Forgotten Frontier (S)(R)(AD)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Codi Pac **12.30** Heno **1.00** Sain Ffagan **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Yn y Fram **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cegin Bryn: Yn Ffrainc **6.30** Sgorio **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode **8.25** Rownd a Rownd New episode **8.55** Newyddion a'r Tywydd **9.00** Ty Ffit Series finale **10.00** Pêl-Droed Rhyngwladol **11.00-11.30pm** Y Byd ar Bedwar

TV&Satellite week
New issue on sale today

BBC3

115/117/121 | 107/113 | 23 | 107 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** Jeremy Clarkson tests the BMW X6.
7.55 **The Catch Up**
8.00 **Ghosts US** 4/22. Sas convinces Sam and Jay to help save an old tree. **8.20** 5/22. Jay hosts a séance to outdo Liam Neeson's Halloween party. **8.40** 6/22. Sam meets a Viking ghost with a connection to Thor. (S2)
9.05 **The Insider: Reggie Yates in a Texan Jail** 1/2. Life behind bars for inmates with mental health issues.
10.05 FILM **Blue Story** Drama starring Micheal Ward and Stephen Odubola. A tragic chain of events unfolds as two best friends from different areas of London find themselves on rival sides of a postcode war. (2019, 15, 91min) ★★★
11.30 **Man Like Mobeen** (S4)
12.20 AM **Boarders** 3/6. (S2)
1.10 **Dubai Hustle**
2.10 **Top Gear** As 7.00pm.
3.10 **to 4.00** AM **Man Like Mobeen**

BBC4

116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Climbing Great Buildings** Jonathan Foyle and Lucy Creamer scale Lincoln Cathedral.
7.30 **Who Do You Think You Are? USA** With actor and writer Rashida Jones.
8.00 **Going Straight** Fletch thinks a conman is at work.
8.30 **Steptoe and Son** Harold divides the house up.
9.00 **Harry H. Corbett: Acting in the Sixties** The actor talks to Clive Goodwin about his life and career.
9.45 **African Penguin: Cool Bird in a Hot Spot** Cape Town's urban penguins.
10.00 NEW **Storyville: The Battle for Laikipia** A look at the relationship between the Samburu people and European settlers.
11.30 **Israel and the Arabs: Elusive Peace**
1.30 AM **Climbing Great Buildings** As 7.00pm.
2.00 **Who Do You Think You Are? USA** As 7.30pm.
2.30 **to 3.30** AM **Stonehenge: The Lost Circle Revealed**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **Kirstie's House of Craft** Braided coasters.
9.15 **A Place in the Sun**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.05 PM **Car S.O.S**
2.05 **Four in a Bed**
4.50 **Chateau DIY** In the Dordogne, Tim and Krys turn an old restaurant building into a cookery school.
5.50 **Car S.O.S** Tim and Fuzz secretly restore a VW Wizard. **6.55** Tim and Fuzz take on a 1969 Jensen Interceptor.
7.55 **Grand Designs** Kevin McCloud meets a master craftsman who plans to build a castle in rural Devon made entirely of mud, forming the huge property out of two curved roundhouses connected by glazing.
9.00 **PopMaster TV** New edition Ken Bruce hosts the seventh heat, as five more contestants face the toughest music quiz on TV.
10.00 **Perfect Pub Walks with Bill Bailey** 2/4. Bill is joined by Trevor McDonald for walks in Essex and Suffolk, taking in Dedham Vale, the Essex-Suffolk border and the Stour Estuary.
11.05 **The Emergency Ward**
12.10 AM **24 Hours in A&E**
2.20 **Emergency Helicopter Medics** Documentary.
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour | 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Brooklyn Nine-Nine**
9.00 **Young Sheldon**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons**
7.00 **Hollyoaks** Darren thinks he has been set up, but he only makes matters worse.
7.30 **Modern Family** 10/24. Claire and Phil threaten to cancel the Christmas celebrations. (S1)
8.00 **The Simpsons** *Barting Over:* Bart decides to legally separate from his parents. **8.30** *I'm Spelling as Fast as I Can:* Lisa is offered a college scholarship.
9.00 **Celebrity Gogglebox** Famous faces appraise *The 1% Club* and *Fake Profile.*
10.00 **First Dates** DJ Terry seeks to tame his wild love life.
11.05 **Naked Attraction**
12.10 AM **Gogglebox**
1.15 **Celebrity Gogglebox**
2.15 **First Dates**
3.10 **Naked Attraction**
4.05 **Abbott Elementary**
4.30 **Brooklyn Nine-Nine**
5.20 **to 6.00** AM **The Goldbergs**

+1 hour | 235/236 | 306 | 30 | 123

Tuesday primetime

Tuesday primetime

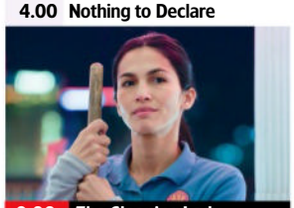
TUESDAY Entertainment

Tuesday

Sky Witness

107 807 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Motorway Patrol**
8.00 **Border Patrol**
9.00 **Send in the Dogs**
10.00 **Border Security: America's Front Line** Double bill.
11.00 **New Amsterdam** 2/13. (S5)
12.00 NOON **The Good Doctor** (S1)
1.00 PM **The Cleaning Lady** 2/10. Thony's son falls ill. (S1)
2.00 **Chicago Fire** 2/22. Carver works with Kidd to help his former boss. (S11)
3.00 **Stop, Search, Seize**
4.00 **Nothing to Declare**


9.00 The Cleaning Lady

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **FBI: Most Wanted** *Ghosts:* 7/14. A Native American man decides to handle the matter himself when his daughter disappears. (S1)

9 PM
9.00 **The Cleaning Lady** *Mother's Mission:* 6/10. As Lucas' health declines, Thony must make a troublesome choice. (S1)

10 PM
10.00 **The Rookie** *Five Minutes:* 2/22. Nolan and Chen's run-in with a thief tips them off to a potentially large heist. (S4)
11.00 **The Rookie** 3/22. (S4)
12.00 M'T **Law & Order: Organized Crime** 11/22. (S2)
1.00 AM **FBI: Most Wanted** (S1)
2.00 **The Equalizer** New episode
3.00 **FBI: Most Wanted** 9/14. (S1)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 808 342 357

6.00 AM **Fish Town** Double bill.
8.00 **True Blood** 6&7/12. (S2)
10.00 **Billions** 1&2/12. (S7)
12.25 PM **Game of Thrones** (S4)
1.25 **Big Love** 1&2/9. (S4)
3.30 **True Blood** 6/12. Sookie embarks on a dangerous mission to locate Godric. **4.35** 7/12. Sookie uses her gift to reach out to Bill. (S2)
5.40 **Billions** 1/12. Prince's political ambitions come with a surprising twist. **6.45** 2/12. Chuck negotiates with a face from his past. (S7)

9.00 Mussolini: Son of the...

7.55 **Game of Thrones** *Mockingbird:* 7/10. Tyrion enlists an unlikely ally, Jon's warnings about the Wall's vulnerability fall on deaf ears, while Brienne follows a new lead. (S4)

9.00 **Mussolini: Son of the Century** New episode 4/8. Mussolini threatens a fascist insurrection. (S1) ■ Entire series on Box Sets.

10.05 **Homicide: Life on the Street** *Smoke Gets in Your Eyes:* 8/9. Bolander investigates the death of a gang member. (S1)
11.05 **Gangs of London** 2/9. Elliot makes a connection with the Dumani family. (S1)
12.15 AM **The Wire** 1/13. (S4)
1.20 **Band of Brothers** 5/10. (S1)
2.25 **Mare of Easttown** 1/7. (S1)
3.40 **Game of Thrones** As 7.55pm.
4.50 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 813 111 346 361

6.00 AM **S.W.A.T.** 8&9/13. (S7)
8.00 **The Flash** 14/18. (S7)
9.00 **Stargate SG-1** 11&12/22. (S2)
11.00 **Supergirl** 5/20. (S1)
12.00 NOON **The Flash** 15/18. (S7)
1.00 PM **S.W.A.T.** 10&11/13. (S7)
3.00 **NCIS: Los Angeles** (S13)
4.00 **Magnum P.I.** 8/20. Rick and Thomas make a discovery. (S5)
5.00 **Supergirl** 4/20. Kara and her boss come under threat from a volatile CatCo employee. (S1)
6.00 **Stargate SG-1** 11/22. Part one of two. Samantha meets a group of Goa'uld rebels. (S2)

3.00 NCIS: Los Angeles

7.00 **Stargate SG-1** *The Tok'ra – Part Two:* 12/22. Samantha's terminally ill father agrees to become a host for a Tok'ra. (S2)

8.00 **An Idiot Abroad** 4/8. Karl Pilkington travels to Mexico and immerses himself in the culture.

9.00 **Sport's Funniest Moments** A look back at comical moments from the sporting world.

10.00 **A League of Their Own** With former Everton manager Sean Dyche, retired boxer Tony Bellew and comedian Alan Carr.
11.00 **The Force: Manchester** Following the work of Greater Manchester Police.
12.00 M'T **Brassic** 2/6. Vinnie strikes a deal with McCann. (S2)
1.00 AM **The Force: Manchester**
2.00 **Road Wars**
3.00 **NCIS: Los Angeles** (S13)
4.00 **Magnum P.I.** 8/20. (S5)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 816 115 6 113

6.00 AM **CITV**
9.00 **World's Funniest Videos**
10.00 **Secret Crush** Double bill.
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Supermarket Sweep**
3.00 **Charmed** 22/22. Zankou tries to open the Nexus. (S7)
4.00 **Gilmore Girls** 21/22. Kirk is disappointed when Miss Patty chooses someone else. (S4)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Sarah Millican, Vernon Kay and Joel Dommett.

10.00 The Sex Lives of College...

7.00 **Deal or No Deal** Stephen Mulhern hosts the game show as contestant Sandra takes on the infamous Banker.

8.00 **Ant & Dec's Limitless Win** The duo host as Zee and his dad Tony return for a chance to win a massive cash prize.

9.00 **Hell's Kitchen** New edition 2/16. The contestants compete in a challenge before Gordon unleashes his wrath.

10.00 **The Sex Lives of College Girls** New episodes 7/10. Bela tries to break a dry spell. **10.40** 8/10. The girls put the people they're dating through a test. (S3)
11.15 **Family Guy** (S5&4)
12.15 AM **American Dad!** (S2&1)
1.10 **Bob's Burgers** 10&11/22. (S11)
2.10 **The Stand Up Sketch Show**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 117 10 115

6.00 AM **Classic Emmerdale**
7.35 **Classic Coronation Street**
8.10 **Inspector Morse**
10.35 **The Royal** *Coming to the Boil.*
11.40 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Inspector Morse** *Happy Families:* An investigation into the murder of a prominent businessman leads Morse to become the victim of a hate campaign in the Press.
5.55 **Heartbeat** *Out of the Blue:* A road accident causes chaos.

6.55 Heartbeat

6.55 **Heartbeat** *The High Life:* Jenny's younger brother pays a visit, and soon begins to threaten her relationship with Merton.

8.00 **Vera** *Death of a Family Man:* The detective investigates the death of a businessman who was working as an informant for HM Revenue and Customs offering information on his own company.

10.00 **Endeavour** *Muse:* The detective investigates when a famous international thief tries to steal a Fabergé egg.
12.00 M'T **Trial & Retribution** 2/2. Walker races to reach Connor, who is working undercover at a private club where Colin Thorpe is putting her professionalism to the ultimate test. (S8)
1.40 AM **Never the Twain**
2.05 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 180 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 LIVE **Women's International Football** Scotland v Netherlands: The UEFA Women's Nations League Group A1 clash from Hampden Park. Kick-off is at 7.30.
10.00 **Dougray Scott: Bringing Football Home** The actor reveals Scotland's pivotal role in shaping modern football and charts the footballing rivalry with England since the first official match between the two in 1872.
11.00 **Scotcast** New edition Martin Geissler hosts discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **Dinosaur** 5/6. Nina promises to keep the events of the hen party a secret. (S1)

Sky Comedy

114/115 814 112 347 362

8.00 AM **Bored to Death**
9.10 **The Conners** (S5)
10.00 **Hung** 9&10/10. (S2)
11.20 **Eastbound & Down**
12.40 PM **Curb Your Enthusiasm** (S1)
2.00 **Hung** 9&10/10. (S2)
3.15 **Eastbound & Down**
4.35 **Bored to Death** (S2)
5.40 **The Office (US)** (S8)
6.40 **The Conners** (S5)
7.40 **Curb Your Enthusiasm** 8/10. Larry's in-laws ask him to write a newspaper obituary for Cheryl's aunt. **8.20** 9/10. Larry offends one of Richard Lewis's friends. (S1)
9.00 **Divorce** 1&2/10. (S1)
10.20 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.20 **The Righteous Gemstones** 7&8/9. (S1)
12.55 AM **In the Long Run**
1.55 **Eastbound & Down**
3.05 **to 5.00** AM **The Comeback**

Sky Arts

130/131 826 123 36 143 365

6.00 AM **Handel: La Resurrezione**
7.40 **Watercolour Challenge**
8.50 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Landscape Artist of the Year 2021**
1.00 PM **Tales of the...**
2.00 **Landscape Artist of the Year** From Llanberis.
3.00 **Discovering**
4.00 **Landscape Artist 2021**
5.00 **Tales of the Unexpected**
6.00 **Artist of the Year: Masterclass** New editions Double bill.
7.00 **Alfred Hitchcock Hour**
8.00 **Thomas Hardy: Fate, Exclusion and Tragedy**
9.00 NEW **National Theatre Live: The Crucible**
11.50 **Michelangelo: Saint or Sinner?**
1.40 AM **Rose** A production of Martin Sherman's play.
4.00 **The South Bank Show**
5.00 **to 6.00** AM **Video Killed the Radio Star**

Sky Mix

151 135 11 141

7.00 AM **Nothing to Declare**
9.00 **Bondi Rescue**
10.00 **The Force: Manchester**
11.00 **Highway Patrol**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Monkey Life**
3.00 **Nothing to Declare**
4.00 **Star Trek: The Next Generation** 11/26. (S7)
5.00 **Stargate SG-1** (S1)
6.00 **Stargate Atlantis** (S2)
7.00 **Star Trek: Voyager**
8.00 **Hawaii Five-0** (S8)
9.00 **FBI: Most Wanted** *Overlooked:* 13/22. (S3)
10.00 **FBI: International** *Crestfallen:* 21/21. (S1)
11.00 **Britain's Most Evil Killers** A look at the crimes of Russell Bishop.
12.00 M'T **Snapped**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 119 28 119

7.40 AM **Backyard Builds** New edition DIY series.
8.10 **Olivia Marries Her...**
9.10 **Taste of Ireland**
10.10 **Buying and Selling**
11.10 **The Real Housewives of Beverly Hills**
12.05 PM **Olivia Marries Her Match** Reality series.
1.05 **The Only Way Is Essex**
2.05 **Dinner Date**
3.10 **Scott's Vacation House Rules** Series finale
4.05 **The Real Housewives of Beverly Hills**
5.00 **The Real Housewives of Atlanta** Reality series.
6.00 **Buying and Selling**
7.00 **Taste of Ireland**
8.00 **Dinner Date**
9.00 **The Real Housewives of Orange County** New edition Reality show.
10.00 NEW SERIES **Patti Stanger: Matchmaker**
10.55 **Botched** Medical series.
11.50 **The Only Way Is Essex**
12.50 **to 1.15** AM **Backyard...**

+1 hour 319

GREAT! tv

157 170 50

8.00 AM **Diagnosis Murder**
10.00 **Father Dowling Mysteries** 11/22. (S3)
11.00 **Sue Thomas: F.B.Eye**
12.00 NOON **Hart to Hart**
2.00 PM **Father Dowling Mysteries** 16/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 13-16/24. (S1)
9.00 **Randall and Hopkirk (Deceased)** *The Trouble with Women:* 23/26. Jeff and Marty investigate a gambling club. (S1)
10.00 **The Avengers** *The Superlative Seven:* 12/24. Steed is invited to a fancy-dress party on a remote island. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S1)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 118 26 117

6.00 AM **Minder**
7.00 **The Sweeney**
8.10 **Robin of Sherwood**
9.20 **Magnum, PI**
10.20 **Kojak**
11.25 **BattleBots**
12.30 PM **Robin of Sherwood**
1.35 **Magnum, PI**
2.40 **Kojak**
3.45 **Minder** Arthur must find a way of paying a £20,000 tax bill.
4.50 **Beat the Chasers** Double bill of the quiz hosted by Bradley Walsh in which contestants take on a team of Chasers.

10.00 Nighthawks

7.00 **The Motorbike Show** Henry Cole rides through Snowdonia to meet round-the-world biker Steph Jeavons.
8.00 **World Superbike Highlights** Action from the opening round of the season at Phillip Island Grand Prix Circuit.
9.00 **Giant Lobster Hunters** New edition Following three under-30 lobster boat captains and a legendary veteran.
10.00 FILM **Nighthawks** Action thriller starring Sylvester Stallone and Billy Dee Williams as New York cops on the trail of an international terrorist. (1981, 18, 99min) ★★★
SEX●●● VIOLENCE●●● LANG●●●
12.05 AM **Ligue 1 Highlights**
12.35 **The Sweeney**
1.30 **Minder**
2.30 **to 3.00** AM **Motorsport Mundial**

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 2/26. (S4)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 17/26. (S6)
2.00 **Warehouse 13** 11/13. (S3)
3.00 **Stargate SG-1** 10/20. (S9)
4.00 **Star Trek: Voyager** (S2)
5.00 **Star Trek: Deep Space Nine**
6.00 **Star Trek: The Next Generation** 2/26. Picard returns to his roots in France to recuperate. (S4)

7.00 Warehouse 13

7.00 **Warehouse 13** *Emily Lake:* 11/13. Tiny, self-replicating robotic spies called nanites are discovered in the warehouse. (S3)
8.00 **Stargate SG-1** *The Fourth Horseman – Part One:* 10/20. An SGC officer unwittingly spreads a virus on Earth. (S9)
9.00 **Grimm** *Mr Sandman:* 15/22. Nick and Hank encounter an insect-like Wesen that seems to feed on human misery. (S2)
10.00 **The Walking Dead** *Infected:* 2/16. Rick and his clan are forced to fight to protect their hard-won livelihood. (S4)
11.00 **SurrealEstate** 5&6/10. (S2)
1.00 AM FILM **LA Apocalypse** Sci-fi disaster movie starring Gina Holden. A man searches for his kidnapped girlfriend in a city that is about to be destroyed by volcanic activity. (2014, 15, 80min) ★
3.00 **Chucky** 8/8. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 809 114 343 358

7.10 AM **Murdoch Mysteries** (S10)
9.00 **Father Brown**
10.00 **The Doctor Blake Mysteries**
11.00 **Hudson & Rex** 6/16. (S4)
12.00 NOON **The Mentalist** (S5)
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S10&11)
4.00 **The Doctor Blake Mysteries** 3/10. The body of a man is found in a park. (S2)
5.00 **Hudson & Rex** 6/16. Charlie and Rex must race against time when a truck transporting liquid explosive is hijacked. (S4)
6.00 **Father Brown** As 10.00pm.

8.00 White Collar

7.00 **The Mentalist** *Not One Red Cent:* 3/22. Jane investigates when a bank employee is murdered during a heist. (S5)
8.00 **White Collar** *Family Business:* 11/16. Neal faces some home truths when he and Peter look into his father's past. (S4)
9.00 **Death in Paradise** *The Impossible Murder:* 3/8. A hotel owner on a remote island is found stabbed to death. (S6)
10.00 **Father Brown** *The Show Must Go On:* A production by the Kembleford Players proves dramatic in more than one way.
11.00 **The Mentalist** As 7.00pm.
12.00 M'T **White Collar** As 8.00pm.
12.55 AM **Elementary** 2/24. A man is shot dead while entering his flat. (S1)
1.55 **So Help Me Todd** 1/10. (S2)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 810 124 344 359

7.15 AM **Highlights**
9.20 **The Green Green Grass**
10.00 **Are You Being Served?**
10.40 **Porridge**
11.20 **Last of the Summer Wine**
12.40 PM **The Green Green Grass**
1.20 **The Good Life**
2.00 **Dad's Army**
2.40 **Porridge**
3.20 **Are You Being Served?**
4.00 **Last of the Summer Wine**
5.20 **The Green Green Grass**
6.00 **Are You Being Served?**
6.40 **Dad's Army**

8.40 The Vicar of Dibley

7.20 **Dad's Army** The platoon re-enact the battle between St George and the dragon as part of a fundraising effort.
8.00 **The Good Life** Tom and Barbara make clothes out of nettles and wool.
8.40 **The Vicar of Dibley** Festive episode from 1999. Alice suggests an unconventional nativity play starring herself and Hugo as Mary and Joseph.
9.40 **Paul Whitehouse's Sketch Show Years** A look at the biggest names in sketch comedy to emerge in the 1980s.
10.20 **The Good Life** As 8pm.
11.00 **Ghosts** Old friends of Mike check in to the guesthouse.
11.40 **The Vicar of Dibley**
12.35 AM **Toast of London**
1.40 **Ghosts**
2.15 **Here We Go**
2.45 **Avoidance**
3.25 **to 4.00** AM **Inside No 9**

+1 hour 210/211 324

U&Dave

111/112 811 127 19 157

7.15 AM **Anthony Bourdain: Parts Unknown** From South Africa.
8.00 **Fast Justice** Double bill.
10.00 **American Pickers** Double bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **Guy Martin: Proper Jobs**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si and Dave explore Britain's knack for gardening and growing vegetables at home.
6.00 **Rick Stein's Far Eastern Odyssey** The chef samples the multicultural cuisine of Penang in Malaysia.

11.00 Taskmaster

7.00 **Would I Lie to You?** With Jon Richardson, Bob Mortimer, Sarah Millican and David Harewood. **7 PM**
7.40 **Richard Osman's House of Games** With Andy Hamilton and Kirsty Wark. **8.20** With Michelle Collins, Reginald D Hunter, Joanne McNally and Bill Turnbull. **8 PM**
9.00 **Have I Got a Bit More News for You** Alexander Armstrong hosts the satirical quiz, with Joe Lycett and Kirsty Wark. **9 PM**
10.00 **QI XL** Guests Phill Jupitus, Teri Hatcher and Danny Baker join regular panellist Alan Davies and host Sandi Toksvig. **10 PM**
11.00 **Taskmaster** Lolly Adefope tries long distance painting, and an egg befuddles Hugh Dennis.
12.00 M'T **Mock the Week** Unseen material and outtakes.
12.40 AM **Would I Lie to You?**
2.00 **to 4.00** AM **Mel Giedroyc: Unforgivable**

+1 hour 211/212 327 74

4seven

137/138 143 49 127

9.00 AM **Four in a Bed**
9.30 **Sun, Sea and Selling Houses** Double bill.
11.30 **A Place in the Sun**
2.30 PM **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** Double bill.
8.00 **George Clarke's Building Home** Kazal and Eleena take on the challenge of restoring and extending a house in Solihull.
9.00 FILM **The Banshees of Inisherin** Black comedy starring Colin Farrell and Brendan Gleeson. (2022, 15, 114min) ★★★★
11.20 **Top Guns: Inside the RAF** A junior pilot has a close encounter.
12.20 AM **First Dates**
1.25 FILM **Secret Headquarters** Comedy with Owen Wilson. (2022, PG, 104min) ★★★
3.25 **999: On the Front Line**
4.25 **to 4.55** AM **Four in a Bed**

5USA

141/169 120/162 21 129

9.00 AM **NCIS** (S10)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Bulletproof:* 15/24. The team uncover faulty bulletproof vests in a truck filled with stolen USMC merchandise. **7.00** *Dressed to Kill:* 16/24. DiNozzo confronts a man impersonating a US Navy officer. **8.00** *Rock and a Hard Place:* 17/24. A bomb detonates at a military charity concert, and the team try to determine whether the target was a 1980s rocker. (S11)
9.00 **Law & Order** New episode *On the Ledge:* 6/13. The NYPD respond to the scene of an active shooter. (S23)
10.00 **Law & Order: Special Victims Unit** (S15&14)
1.55 AM **NCIS** 10/24. (S11)
2.50 **The Good Wife** (S1)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

8.00 AM **Rich Kids Go Skint**
9.00 **Bargain-Loving Brits in the Sun** Documentary.
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers** New edition Police track down stolen vehicles.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Killer at the Crime Scene** New edition
10.00 **999: Critical Condition**
11.00 **Skin A&E**
12.00 M'T **Accused: Guilty or Innocent?**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 130 33 132

9.00 AM **Car Pound Cops**
9.30 **Outback Truckers**
10.30 **Traffic Cops**
11.30 **Police Interceptors**
12.30 PM FILM **Six Black Horses** Western drama starring Audie Murphy. (1961, PG, 80min) ★★
2.15 FILM **Walk the Proud Land** Western adventure starring Audie Murphy and Anne Bancroft.. (1956, U, 88min) ★★★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
10.00 **HMP Belmarsh: Maximum Security**
12.05 AM **999: Caught on Camera** Crime series.
1.05 **Coastguard: Search & Rescue SOS**
2.05 **Police Interceptors**
3.05 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 827 125 25 156

6.10 AM **Inside the Ambulance**
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef USA** New edition The teams create restaurant-worthy meals for players, families and VIPs of the Los Angeles Football Club.
8.00 **Inside the Ambulance**
9.00 **Multiple Birth Wards**
10.00 **At Home with Katherine Ryan**
11.00 **Selena and Yolanda: The Secrets Between Them** 2/2. Documentary.
12.00 M'T **Louis Theroux: Twilight of the Porn Stars** Documentary.
1.00 AM **Emma Willis: Delivering Babies**
2.00 **to 3.00** AM **Wedding Valley**

+1 hour 232/233 325

U&Drama

143 116 20 158

7.10 AM **All Creatures Great and Small**
8.00 **Doctors**
9.15 **Classic Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Eldorado**
3.15 **Bergerac**
4.20 **All Creatures Great and Small**
5.25 **The Upper Hand**
6.00 **As Time Goes By**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Jonathan Creek** *Gorgon's Wood:* The disappearance of a priceless figurine from a museum triggers a series of tragic events.
9.20 **New Tricks** Double bill of the crime drama.
12.00 M'T **Bergerac**
1.00 AM **Annika**
2.15 **Classic Holby City**
3.15 **to 4.00** AM **The Upper Hand**

+1 hour 243 316 60

Really

142 128 17 145

6.00 AM **Fantasy Homes by the Sea** From Spain.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Edinburgh Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Long Lost Family** A woman is on a quest to solve a family mystery and find her sisters.
10.00 **Alex Polizzi: The Fixer** Alex offers advice to a woman and her three daughters who run a shopping centre portrait studio.
11.30 **The Hotel Inspector**
12.30 AM **Ghost Bait**
1.00 **Help! My House Is Haunted** A picturesque mansion in Essex.
2.00 **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 139 48 142

7.00 AM **The Chase** Triple bill.
10.00 **The Crystal Maze**
11.00 **Cash in the Attic**
12.00 NOON **Tenable**
1.00 PM **Family Fortunes**
3.00 **Catchphrase** Double bill of the game show.
4.00 **Blockbusters** Double bill of the quiz show.
5.00 **The Crystal Maze** Game show hosted by Richard O'Brien.
6.00 **Cash Trapped** Quiz hosted by Bradley Walsh.
7.00 **Tenable** Warwick Davis. hosts as five friends with a shared love of music and dance take part.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Tenable** As 7.00pm.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Weakest Link** Quiz.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Tenable** As 7.00pm.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 426 42

8.00 AM **Wild West Chronicles** Double bill.
9.00 FILM **The Big Lift** Wartime drama. (1950, b/w, PG, 119min) ★★★
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM FILM **Gunfighters** Western adventure. (1947, PG, 87min) ★★
3.00 FILM **Bite the Bullet** Adventure. (1975, PG, 131min) ★★★★
6.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers**
9.00 FILM **Sniper Elite** Sci-fi action adventure. (2014, 15, 91min) ★★
11.05 FILM **Trigger Point** Crime action thriller. (2015, 12, 87min) ★★
1.00 AM FILM **Earthtastrophe** Sci-fi action thriller. (2016, PG, 82min) ★★
2.50 **to 5.00** AM **Wild West Chronicles**

+1hour 324

GREAT! movies

321 425 34

9.00 AM FILM **Murder In-Law** Crime thriller. (2019, 12, 90min) ★★
10.55 FILM **Dangerous Company** Crime thriller. (2015, PG, 87min) ★
1.00 PM FILM **Eyewitness** Thriller with Lindy Booth. (2017, PG, 90min) ★★
3.00 FILM **Lost and Found** Thriller. (2019, 12) ★★
5.00 FILM **Lost Letter Mysteries for Christmas** Drama. (2014, PG, 84min) ★★
7.00 **Perception** Double bill.
9.00 FILM **The 5th Wave** Sci-fi action adventure. (2015, 15, 112min) ★★
11.25 FILM **The Shanghai Job** Action thriller. (2017, 15, 95min) ★★
1.25 AM FILM **Reflections** Thriller. (2008, 15) ★★
3.30 **Air Rescue**
4.00 **to 6.00** AM FILM **The Wedding Stalker** Thriller. (2017, PG, 89min) ★★

+1hour 322

GREAT! romance

319 424 52

8.10 AM FILM **Just the Way You Are** Comedy. (2015, PG, 90min) ★★
10.05 FILM **Make Me a Match** Drama. (2023, U) ★★
12.00 NOON FILM **Date with Love** Romantic comedy. (2016, U, 90min) ★★
2.00 PM FILM **How to Find Forever** Drama. (2021, PG, 90min) ★★
4.00 FILM **Love, Take Two** Drama. (2019, PG) ★★
6.05 FILM **The Last Bridesmaid** Drama. (2019, PG, 90min) ★★
8.00 FILM **Wedding of Dreams** Romance. (2018, PG, 85min) ★★
9.55 FILM **Love in Full Swing** Romantic drama. (2020, PG, 85min) ★★
11.55 FILM **Love Upstream** Comedy. (2021, PG) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Unleashing Mr Darcy** Drama. (2016, PG) ★★

+1hour 320 63

Rewind TV

182 95

6.00 AM **Highlights**
7.30 **The Beverly Hillbillies**
8.30 **Huckleberry Finn** (S1)
9.00 **Bubblegum & Cheese**
10.00 **Time After Time** (S2)
10.30 **Watching** 1/8. (S1)
11.00 **Diff'rent Strokes** (S1)
11.30 **Bewitched** 1/36. (S1)
12.00 NOON **Dick Turpin** (S1)
1.00 PM **Fantasy Island** (S1)
2.00 **The Prisoner** 7/17. (S1)
3.00 **World in Action**
4.00 **Bubblegum & Cheese**
5.00 **Diff'rent Strokes** (S1)
5.30 **Watching** 1/8. (S1)
6.00 **Bewitched** 1/36. (S1)
6.30 **Thriller** 6/8. (S2)
7.50 **Mysterious Tales**
8.00 **The Prisoner** 7/17. (S1)
9.00 **Police Woman** (S1)
10.00 **Game On** 1/6. (S2)
10.35 **Drop the Dead Donkey**
11.05 **The Mrs Merton Show**
11.40 **Thriller** 6/8. (S2)
1.00 AM **Dick Turpin** (S1)
2.00 **World in Action**
3.00 **Monkey** 10/26. (S1)
3.55 **to 6.00** AM **Highlights**

DMAX

159 169 39 147

6.00 AM **Alaska: The Last Frontier** Double bill.
8.00 **Outback Opal Hunters**
9.00 **Deadliest Catch**
11.00 **Alaska: Homestead Rescue** Documentary.
12.00 NOON **Homestead Rescue: Raney Ranch**
1.00 PM **Aussie Gold Hunters**
3.00 **Gem Hunters Down Under** Double bill.
5.00 **Alaskan Bush People**
7.00 **Deadliest Catch** Captain Rip races to save an injured deckhand. **8.00** Captain Rip heads into an Arctic storm. **9.00** The Hansens have to make a big decision. **10.00** Sig buries his mother and the last of a pioneering generation.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1hour 259 369 153

Food Network

140/141 190 43 148

6.00 AM **James Martin's Brittany** Double bill.
7.00 **The Pioneer Woman**
9.00 **Be My Guest with Ina Garten** Double bill.
10.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **Rick Stein's Seafood Lovers' Guide**
2.00 **James Martin's Brittany**
3.00 **The Pioneer Woman**
5.00 **Barefoot Contessa: Back to Basics**
7.00 **Great British Bake Off**
9.00 **Rick Stein's Seafood Lovers' Guide** A journey along the south coast. **9.30** A trip off the north coast of Scotland brings in a haul of herring.
10.00 **James Martin's Brittany**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1hour 240/241 154

Legend

148 149 41 137

8.00 AM **Walker, Texas Ranger** 6/26. (S3)
9.00 **Six Million Dollar Man**
10.00 **T.J. Hooker** 3/23. (S4)
11.00 FILM **Flight World War II** Sci-fi thriller. (2015, 12, 85min) ★★
12.45 PM FILM **Raise the Titanic** Action drama. (1980, PG, 112min) ★★
3.00 FILM **Rear Window** Psychological thriller. (1998, PG, 86min) ★★
5.00 **Star Trek** 30/30. (S1)
6.00 **T.J. Hooker** 4/23. (S4)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 FILM **Deepwater Horizon** Fact-based drama starring Mark Wahlberg. (2016, 12, 105min) ★★★★
11.10 FILM **Freight** Thriller. (2010, 18, 90min) ★★
1.00 AM FILM **Mother's Day** Horror. (2011, 18) ★★★
3.10 **to 5.00** AM FILM **Circus of Horrors** Horror. (1960, 15, 91min) ★★

Legend Xtra

317 171 69 138

6.00 AM FILM **George and the Dragon** As 5.00pm.
8.00 FILM **Night of the Big Heat** Sci-fi chiller. (1967, 18, 94min) ★
10.00 **Farscape** 7/22. (S2)
11.00 FILM **Mega Shark vs Kolossus** Fantasy thriller. (2015, 12, 90min) ★
1.00 PM FILM **Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
3.00 **Farscape** 7/22. (S2)
4.00 **Star Trek** 8/26. (S2)
5.00 FILM **George and the Dragon** Fantasy. (2004, PG, 93min) ★★★
7.00 **Farscape** 8/22. (S2)
8.00 **Star Trek** 9/26. (S2)
9.00 FILM **Aftermath** Action drama starring Arnold Schwarzenegger. (2016, 15, 94min) ★★
10.55 FILM **Drive Hard** Thriller starring John Cusack. (2014, 15, 92min) ★
1.00 **to 3.00** AM FILM **Aftermath** As 9.00pm.

+1hour 318 371 139

Blaze

164 174 64 161

6.00 AM **Dickinson's Real Deal** From Lancaster.
6.40 **Pawn Stars**
7.30 **Auction Hunters**
7.55 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **Alien Files Reopened**
11.10 **Weird or What?**
12.10 PM **World's Most Unexplained...**
1.05 **Mega Disasters**
2.05 **Pawn Stars**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **Alien Files Reopened**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **A Cut Above**
10.00 **Blown Away**
11.00 **Court Cam** Double bill.
12.00 M'T **Encounter: UFO**
1.00 AM **Alien Files Reopened** Documentary.
2.00 **Weird or What?**
3.00 **Hardcore Pawn**
3.25 **Rust Valley Restorers**
4.10 **to 6.00** AM **Ancient Aliens**

5SELECT

153 138 46 133

9.00 AM **World's Most Scenic Railway Journeys**
10.00 **Jersey and Guernsey**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **Walking Wartime Britain** South Devon.
6.00 **World's Most Scenic Railway Journeys** Cameras follow a route from Bergen to Oslo.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Countdown to War** The days leading up to World War Two.
10.00 **Buried Secrets of WWII** Pete Kelsey and Marty Morgan examine the German siege of Malta.
11.00 **Prisoner: Cell Block H**
1.05 AM **Bargain-Loving Brits in the Sun**
3.00 **Jersey and Guernsey**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 191 44 149

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **A Place in the Sun**
3.00 **Escape to the Country**
5.00 **A Place in the Sun**
8.00 **Escape to the Country** People search for their ideal rural retreats.
9.00 **Windy City Rehab** New edition Alison Victoria plays designer and therapist to a couple who want to double the size of their home.
10.00 **100 Day Dream Home** A couple want a custom house to host their large family dinners.
11.00 **Flip or Flop** Double bill.
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Home Town**
3.00 **to 4.00** AM **My Lottery Dream Home**

+1hour 258/262 391

TLC

133/134 828 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress: Atlanta** Four editions.
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **sMothered**
2.00 **Return to Amish**
3.00 **Outdaughtered: Busby Quints**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **Dr Pimple Popper**
9.00 **The Bad Skin Clinic**
10.00 **My Feet Are Killing Me**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Cheapskates**
2.00 **My Feet Are Killing Me**
3.00 **Sex Sent Me to the ER**
4.00 **Dr Pimple Popper**
5.00 **Extreme Cheapskates**
5.30 **to 6.00** AM **Extreme Couponing**

+1hour 233/234 365

Comedy Central

112/113 812 132 345 360

8.00 AM **Most Ridiculous**
9.00 **Guessable?**
10.00 **Home Improvement**
12.00 NOON **Last Man Standing** 3&4/18. (S2)
1.00 PM **Friends** (S7)
9.00 FILM **This Is the End** Action comedy. (2013, 15, 106min) ★★★★
11.05 **Utopia** 3/8. Tony is forced to investigate the feasibility of a fast train. **11.40** 4/8. A developer decides he wants to double the height of his apartments. (S1)
12.15 AM **Kevin Bridges Live in Glasgow** Stand-up.
1.15 **Whose Line Is It Anyway? USA**
2.15 **Beavis and Butt-Head**
3.10 **The Comedy Central Chart Show**
3.15 **Teachers** (S3)
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1hour 212/213 332

Comedy Cen. Extra

127/128 154

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Impractical Jokers**
10.00 **Becker** 10&11/24. (S2)
11.00 **Friends** (S5)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.00 **Whose Line Is It Anyway? USA**
4.00 **Guessable?**
5.00 **Becker** 10&11/24. (S2)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **Out of Order: Best Bits**
10.00 **Friends** 25/25. Monica is in demand. (S6) **10.30** 1/24. Monica celebrates her engagement. (S7)
11.00 **Friends** 2-5/24. (S7)
1.00 AM **Ren & Stimpy Show**
2.00 **Key & Peele**
3.00 **Ugly Americans** (S2)
3.45 **Guessable?**
4.30 **Al Murray: The Only Way Is Epic** Stand-up.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Patrol**
11.00 **Border Patrol**
12.00 NOON **The Rookie** (S4)
2.00 PM **Motorway Patrol**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **Sun, Sea and A&E**
6.00 **Highway Cops**
7.00 **MacGyver** *Mac + Desi + Riley + Aubrey:* 7/13. Riley tries to keep a secret. **8.00** *Father + Son + Father + Matriarch:* 8/13. Oversight almost dies in a bomb attack. (S4)
9.00 **The Force: North East**
11.00 **Road Wars**
12.00 M'T **The Russell Howard Hour**
2.00 AM **A League of Their Own US Road Trip**
3.00 **Duck Quacks Don't Echo** With Harry Enfield.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 824 134

6.00 AM **16 and Pregnant**
6.45 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: Models**
12.00 NOON **Catfish: The TV Show** Reality series.
1.00 PM **Catfish: Wannabees**
2.00 **Catfish: Scammed**
3.00 **Catfish: Catch of the Day** Reality series.
4.00 **Catfish: Teams**
5.00 **Catfish: The TV Show**
6.00 **Catfish: Scammed**
7.00 **Teen Mom: The Next Chapter** Reality series.
8.00 **Help! I'm in a Secret Relationship!**
9.00 **Badass Brides**
10.00 **Geordie Shore** New edition Jordan and Casey come face to face.
11.00 **Ink Master**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Ink Master** Double bill.
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **How Do They Do It?**
7.00 **Building Off the Grid**
9.00 **Kindig Customs** Double bill.
11.00 **Wheeler Dealers: Dream Car**
1.00 PM **Alaska: Homestead Rescue** Double bill.
3.00 **Gold Divers** Chris faces bad visibility issues underwater. **4.00** In the critical final days, Kris stays laser-focused.
5.00 **Deadliest Catch** Mandy returns to Sig's wheelhouse.
6.00 **Wheeler Dealers** Mike nabs a Porsche 997 at a bargain price of just £15,000.

10.00 Harpoon Hunters

7.00 **Salvage Hunters** Drew Pritchard meets a Reading-based department store owner who drives a hard bargain.
8.00 **Kindig Customs** The team fix up Dave's wife Charity's 1967 Chevelle with a chassis swap and a new engine.
9.00 **Gold Rush** New edition Kevin Beets tries to run 24/7 with a green crew, and Rick's equipment suffers a meltdown.
10.00 **Harpoon Hunters** New edition At the mid-season peak, three centuries-old fishing strategies compete.
11.00 **Expedition X** The team explore Chillingham Castle.
12.00 M'T **Street Outlaws: Memphis** Precious, Ax Man and Dennis Bailey face tough match-ups.
1.00 AM **Gold Rush** As 9.00pm.
2.00 **Harpoon Hunters**
3.00 **Texas Metal** Documentary.
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 178

8.00 AM **Insane Pools: Off the Deep End** A private river.
9.00 **Life at Vet University**
10.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Insane Pools: Off the Deep End** A luxurious space.
1.00 PM **How Do Animals Do That?** Double bill of editions.
2.00 **Guardians of Rescue**
3.00 **Animal Cops Houston**
4.00 **Pit Bulls & Parolees**
5.00 **Alaska: Homestead Rescue**
6.00 **Animal Cribs** Antonio transforms a hazardous yard.

8.00 Flying Wild Alaska

7.00 **Life at Vet University** With just days to go before graduation, the students finish their final rotations.
8.00 **Flying Wild Alaska** Construction crews in Bethel race to complete Era's newest hangar before the snow arrives.
9.00 **Pit Bulls & Parolees** The family reminisce about a selection of the dogs that hold a special place in their hearts.
10.00 **Alaskan Bush People** The Wolfpack race to complete the first major build of their new ranch. Plus, Noah marries Rhain.
11.00 **Great White Appetite** A look into new information that could reveal the secrets of great white sharks.
12.00 M'T **Deadliest Sharks**
1.00 AM **Alaskan Bush People**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Animal Cribs**

+1 hour 262/275 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation: Special Report**
10.00 **World War II: Secrets from Above** Documentary.
11.00 **Ice Road Rescue**
12.00 NOON **Car S.O.S**
1.00 PM **Colossal Machines**
2.00 **Air Crash Investigation**
3.00 **The Wild West: Drain the Oceans** Documentary.
4.00 **Nazi Megastructures**
5.00 **Car S.O.S** The boys take on a 1963 Citroën HY Van. **6.00** A 1997 Lotus Elise.

5.00 Car S.O.S

7.00 **Air Crash Investigation** The 2020 death of basketball legend Kobe Bryant in a helicopter crash in Los Angeles.
8.00 **Hitler's Last Stand: Fight to the Finish** Three missions in World War Two that put Allied soldiers to the test.
9.00 **Apocalypse: The Rise of Hitler** 1/2. Documentary charting the dictator's rise to power.
10.00 **Apocalypse: The Rise of Hitler** 2/2. Hitler becomes chancellor in 1933 after the German economy collapses.
11.00 **Air Crash Investigation**
1.00 AM **Plane Crash Recreated** A Pakistan airbus that crashed trying to land in Lahore.
2.00 **Lords of War**
2.30 **Bid & Destroy**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **American Pickers**
6.50 **History's Greatest Aircraft**
7.45 **Flipping Bangers**
8.45 **Forged in Fire**
9.35 **Storage Wars** Five editions.
12.00 NOON **Mountain Men**
1.00 PM **Flipping Bangers**
2.00 **How the Nazis Lost the War**
4.00 **Digging for Britain**
5.00 **Pawn Stars** A seller comes in with an overcoat once owned by Lee Harvey Oswald.
6.00 **American Pickers** Mike and Jersey inspect some dazzling high-end antique toys.

9.00 Kursk: 10 Days That...

7.00 **Forged in Fire** Four bladesmiths are tasked with forging a signature blade from a bicycle.
8.00 **History's Greatest Aircraft** New edition The Hawker Hurricane, the first RAF aircraft to fly over 300mph.
9.00 **NEW SERIES Kursk: 10 Days That Shaped Putin** 1/2. Documentary. *See feature, page 21.*
■ Entire series on Box Sets
10.00 **The Proof Is Out There** New edition The remains of a skeleton found 825 metres below the surface of the Mediterranean.
11.00 **The UnXplained with William Shatner** How age-old mysterious ruins and ancient structures were built.
12.00 M'T **Pawn Stars**
1.00 AM **Flipping Bangers**
2.00 **The Curse of Oak Island**
3.00 **History's Greatest Aircraft**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 223/224 331

U&Yesterday

155 846 129 27 159

6.10 AM **Antiques Roadshow**
8.00 **Rise of the Nazis: Dictators at War** Documentary.
9.00 **WW2: Battles for Europe**
10.00 **The Architecture the Railways Built** Double bill.
12.00 NOON **Caribbean with Simon Reeve** In Nicaragua.
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash** Double bill.
4.00 **Rise of the Nazis: Dictators at War** Hitler faces defeat.
5.00 **WW2: Battles for Europe**
6.00 **Antiques Roadshow** From Minehead Railway Station.

8.00 Robson's Extreme Fishing...

7.00 **How Britain Worked** Guy Martin and a team from the Black Country Living Museum restore a Newcomen engine.
8.00 **Robson's Extreme Fishing Challenge** Actor Robson Green travels to Mexico for a sea-fishing challenge.
9.00 **Bangers & Cash** Derek heads to Doncaster to collect four vintage BSA motorbikes including one said to be the rarest BSA.
10.00 **Bangers & Cash** Derek visits Suffolk to collect two Bentleys with majestic pedigree, a 1963 S3 and a 1965 Continental.
11.00 **Abandoned Engineering** Exploring Haludovo Palace Hotel in Croatia and a German military complex.
12.00 M'T **Caribbean with Simon Reeve** Simon visits Nicaragua, Honduras and Jamaica.
1.00 **to 3.00** AM **Classic Car Garage**

+1 hour 255 329

Quest

144 834 137 12 150 144

6.00 AM **Chasing Classic Cars**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **The Repair Shop** Triple bill.
3.00 PM **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **The Repair Shop**
8.00 **Wheeler Dealers** Mike finds an Alfa Romeo GTV that needs some work.
9.00 **Richard Hammond's Workshop** Series finale Richard proves his worth by winning business from Europe's largest private car collector.
10.00 **The Repair Shop** The experts restore a shamrock brooch, a replica brass kitchen and a desk lamp.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 151

Quest Red

149 168 40 146

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress: Big Bliss** Double bill.
9.00 **Say Yes to the Dress**
10.00 **FBI Files**
11.00 **Forensic Detectives**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **American Detective**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Harold Shipman.
4.00 **American Monster**
6.00 **People Magazine Investigates**
7.00 **The Killer in My Family**
8.00 **Murder on CCTV**
9.00 **Body Cam** New edition
10.00 **Web of Lies**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears...**
2.00 AM **Murder Comes to Town** Erica Vassell.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **See No Evil** Torrance Cheeves is found stabbed to death in his San Antonio home.
8.00 **Secrets of a Murder Detective** The 2013 murder of 17-year-old Champion Ganda.
9.00 **Forensic Factor** New edition A murder shakes millionaire row in a Texas resort town.
10.00 **A Secret to Die For** New edition A salon's mysterious new stylist is hiding a terrible truth from her co-workers.
11.00 **Evidence of Evil** The 38-year investigation into the murder of Jeannie Moore.
12.00 M'T **48 Hours**
1.00 AM **Forensic Factor**
2.00 **A Secret to Die For**
3.00 **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 172 68 134

9.00 AM **48 Hours**
11.00 **Medical Detectives**
2.00 PM **48 Hours**
4.00 **Medical Detectives** How DNA analysis of blood spots linked the death of an Arizonan woman to her husband. **4.30** A girl's performance in a school play reveals that she is keeping a dark secret. **5.00** The flu-like symptoms of a mother and her children proved to be something much more serious. **5.30** A boy is killed in a mysterious fire. **6.00** Explosive experts investigate a bomb that injured a farmer's wife. **6.30** A man is found dead in a doctor's office.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 820 121 349 364

6.00 AM **Highway Cops**
7.00 **The Force: Manchester**
8.00 **Road Wars**
9.00 **Nothing to Declare**
10.00 **Send in the Dogs**
11.00 **Forensics: Catching...**
12.00 NOON **How I Caught...**
1.00 PM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **Most Evil Killers**
5.00 **Forensics: Catching the Killer** Zara Aleena.
6.00 **How I Caught the Killer**
7.00 **Most Evil Killers**
9.00 **World's Most Evil Killers** New edition The crimes of Westley Allan Dodd.
10.00 **Made for Murder**
11.00 **Forensics: Catching the Killer** True-crime.
12.00 M'T **World's Most Evil...**
1.00 AM **How I Caught the...**
2.00 **Snapped** Double bill.
4.00 **UK Border Force**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 187 84 155

8.00 AM **Battle of Little Bighorn** Documentary.
9.10 **The Somme 1916: From Both Sides of the Wire**
10.30 **Two American Families: 1991-2024**
1.00 PM **Battle of Little Bighorn** Documentary.
2.10 **The Somme 1916: From Both Sides of the Wire**
3.25 **Two American Families: 1991-2024**
5.55 **Battle of Little Bighorn**
7.00 **The Somme 1916: From Both Sides of the Wire** The events of the World War One battle.
8.15 **Two American Families: 1991-2024** Following two families in America as they struggle to survive in a changing economy.
10.40 **The Somme 1916: From Both Sides of the Wire**
12.00 M'T **Battle of Little Bighorn** Documentary.
1.10 **to 2.00** AM **Grand Tours of Scotland**

Sky Documentaries

121/122 819 188 352 367

6.00 AM **The Movies**
7.00 **Discovering: Michael Douglas**
8.00 **The Directors**
9.00 **The 2000s**
10.00 **Dark Horses: Italy's World Cup Triumph** 2/4. Documentary.
11.00 **Saviour Complex**
12.00 NOON **Stax: Soulsville USA**
2.10 PM **Faye**
4.00 **The Directors**
5.00 **Discovering: Michael Douglas**
6.00 **The 2000s**
7.00 **Stax: Soulsville USA**
8.00 **David Frost Vs...** 1/3. Recalling some of the journalist's most famous interviews, beginning with Paul McCartney.
9.00 **How the Beatles Changed the World** The story of how four young men from Liverpool transformed the world for ever.
11.00 **Jealous Guy: The Assassination of John Lennon**
12.50 AM **Lennox: The Untold Story**
2.50 **Kareem: Minority of One**
4.40 **My Icon: Kate and Helen Richardson-Walsh**
5.00 **to 6.00** AM **Discovering: Michael Douglas**

Sky Nature

124/125 822 189 354 369

6.00 AM **The Wild Wild East**
7.00 **Monkey Life**
8.00 **Undiscovered Vistas**
9.00 **Shark Squad**
10.00 **Guardians of the Wild**
11.00 **Wildlife ER**
12.00 NOON **Airborne**
1.00 PM **Monkey Life**
2.00 **Undiscovered Vistas**
3.00 **Shark Squad**
4.00 **Guardians of the Wild**
5.00 **Beasts of the Big Blue**
6.00 **Airborne**
7.00 **Monkey Life** Double bill.
8.00 **David Attenborough's Global Adventure: The Rise of Nature** The broadcaster explores the rise of life on Earth.
9.00 **Planet Weird**
10.00 **Airborne** Documentary.
11.00 **Beasts of the Big Blue**
12.00 M'T **Wildlife ER**
1.00 AM **Arctic Secrets**
2.00 **David Attenborough's Global Adventure: The Rise of Nature**
3.00 **Planet Weird**
4.00 **Undiscovered Vistas**
5.00 **to 6.00** AM **Shark Squad**

Sky History 2

163/168 840 186

6.00 AM **Ancient Aliens**
8.00 **History's Greatest Mysteries**
9.00 **Battle 360**
10.00 **What on Earth?**
11.00 **Ancient Aliens**
1.00 PM **River Hunters**
2.00 **Weird Britain**
3.00 **Clash of the Gods**
4.00 **Battle 360**
5.00 **The Proof Is Out There**
6.00 **What on Earth?**
7.00 **UFO Hunters** The 1961 Betty and Barney Hill alien abduction case in Lincoln, New Hampshire.
8.00 **Ancient Superstructures** The secrets of the construction of the Holy Sepulchre of Jerusalem. **9.00** Examining the beauty of Notre-Dame in Paris.
10.00 **History's Greatest Mysteries** Laurence Fishburne investigates the Zodiac Killer.
11.00 **Secrets in the Sand**
12.00 M'T **Ancient Aliens**
2.00 AM **River Hunters**
3.00 **Weird Britain**
4.00 **UFO Hunters**
5.00 **to 6.00** AM **The Proof Is Out There**

Crime+Investigation

156 837 133

6.00 AM **Homicide: Hours to Kill**
7.00 **Homicide Hunter**
8.00 **The First 48**
9.00 **Meet, Marry, Murder**
10.00 **Murder By Medic**
11.00 **Imperfect Murder**
12.00 NOON **Buried in the Backyard**
1.00 PM **Somebody's Hiding...**
2.00 **Murder Masterminds**
3.00 **Killer Britain with Dermot Murnaghan** Shafilea Ahmed.
4.00 **Meet, Marry, Murder**
5.00 **On the Case with Paula Zahn**
6.00 **Homicide: Hours to Kill**
7.00 **The First 48**
8.00 **Murder By Medic** New edition A doctor is suspected of two double murders in Nebraska.
9.00 **A Perfect Scam**
10.00 **Tell Me How I Died**
11.00 **Homicide Hunter**
12.00 M'T **Buried in the Backyard**
1.00 AM **A Perfect Scam**
2.00 **Tell Me How I Died**
3.00 **Somebody's Hiding Something**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 841 182

8.00 AM **Yukon Vet**
9.00 **Shark Men**
10.00 **Jaguar vs Crocs**
11.00 **World's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Wild India**
3.00 **Shadow Cats**
4.00 **Secrets of the Zoo: Tampa**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** New deer fawn babies are born.
8.00 **Europe's Wild Places** 1/2. How lynx, arctic foxes and wolves survive harsh winters. **9.00** 2/2. Spring sees baby wildlife born across Europe.
10.00 **Canary Islands: Born Of Fire** The massive volcanic eruption of Cumbre Vieja Volcano in the Canary Islands.
11.00 **Ice Road Rescue**
12.00 M'T **Monster Fish**
1.00 AM **World's Deadliest**
2.00 **Yukon Vet**
3.00 **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 181

7.00 AM **Shark Attack Rescuers**
8.00 **Extreme Engineering**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Missing**
5.00 **Mysteries at the Museum**
7.00 **Expedition Bigfoot** After coming closer than ever to proving the existence of Bigfoot in Oregon, the team continue their search in the mountains of Kentucky.
8.00 **Shark Attack Rescuers** A journey to the most dangerous beaches of the world to witness the toughest rescues from shark attacks.
9.00 **Combat Dealers**
10.00 **Shed and Buried**
11.00 **Blowing Up History**
1.00 AM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 176 57 160

9.00 AM **Inside the Ambulance**
1.00 PM **Inside the Ambulance**
5.00 **The Bill** *Traffic:* A young girl is hit by a drunk driver. **5.30** *The Sacred Seal:* Carver struggles to get the truth when a feud between a priest and a convict turns nasty. **6.00** *Subsequent Visits:* When CID ignores a car theft, Tony takes matters into his own hands. **6.30** *User Friendly:* An aircraft from Belgium has come down in a park, and the pilot and passengers have fled.
7.00 **Pointless** Double bill of the quiz show hosted by Alexander Armstrong and Richard Osman.
9.00 **The Brokenwood Mysteries** *Blood and Water:* 1/4. Detective Inspector Mike Shepherd is sent to the New Zealand town of Brokenwood to investigate the death of a farmer. (S1)
11.00 **The Bill** Four episodes.
1.00 AM **Pointless** Double bill.
3.00 **Inside the Ambulance**
5.30 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 166

8.00 AM **Evil Stepmothers**
9.00 **I Am Homicide**
11.00 **A Crime to Remember**
1.00 PM **I Almost Got Away with It**
3.00 **Still a Mystery**
5.00 **To Catch a Killer**
7.00 **Unravelled: Countdown to a Kill** Focusing on the case of Bernie Grucza, who plan to steal from his employers drove him to murder a colleague. **8.00** A forbidden romance between 14-year-old Malika Willoughby and high-school basketball champion Roz Ross leads to an unforeseen outcome, changing their lives for ever.
9.00 **Evil Lives Here** Joy comes to realise her mother Anna Young is not an angel, but a killer. **10.00** The one-time wife of Scottish serial killer Peter Tobin shares her story.
11.00 **Married to Evil**
12.00 M'T **Evil Kin**
2.00 AM **To Catch a Killer**
4.00 **to 6.00** AM **Unravelled: Countdown to a Kill**

+1 hour 254 366

Discovery Turbo

161/172 180

6.00 AM **World's Greatest Motorcycle Rides**
7.00 **Kindig Customs**
8.00 **Iron Resurrection**
9.00 **Roadworthy Rescues**
10.00 **Motor Pickers**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **Richard Hammond's Workshop** Motoring series.
1.00 PM **Extreme RVs**
2.00 **Wheeler Dealers**
3.00 **Motor Pickers**
4.00 **Lucky!**
5.00 **Roadworthy Rescues**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Richard Hammond's Big**
8.00 **Lucky!** Bernie Ecclestone recalls a golden age of driving legends and high-speed racing.
9.00 **Shed and Buried: Classic Cars**
10.00 **Motor Pickers**
11.00 **Shed and Buried**
12.00 M'T **Lucky!**
1.00 AM **Iron Resurrection**
2.00 **Fast N' Loud**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

+1 hour 261/272

Films

Sky Cinema Premiere

301 401 501 515

7.20 AM **Thelma** As 4.00pm.
9.15 **Rob Peace** As 5.50pm.
11.25 **The Watched** As 8.00pm.
1.20 PM **Furiosa: A Mad Max Saga**
4.00 **Thelma** Comedy, starring June Squibb and Fred Hechinger. (2024, 12, 98min) ★★★★
5.50 **Rob Peace** Drama directed by and starring Chiwetel Ejiofor, with Jay Will and Mary J Blige. A young man puts his bright future at risk to help his father. (2024, 15, 120min) ★★★

10.00 Furiosa: A Mad Max Saga

8.00 **The Watched** Horror starring Dakota Fanning, Georgina Campbell and Olwen Fouere. A young woman is stranded and stalked on an island. (2024, 15, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Furiosa: A Mad Max Saga** Fantasy adventure prequel starring Anya Taylor-Joy and Chris Hemsworth. A warrior seeks vengeance against a biker horde led by the crazed Dementus. (2024, 15, 148min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Line** Drama starring Alex Wolff. (2023, 15, 100min)
2.25 **I Saw the TV Glow** Horror thriller starring Justice Smith. (2024, 15, 100min) ★★★
4.15 **to 6.20** AM **A Place Called Silence** Chinese thriller. Subtitled. (2024, 15, 119min)

Sky Cinema Hits

303 403 503 517

6.10 AM **Zombie Town** As 3.45am.
8.00 **Knights of the Zodiac**
10.00 **Ride On** Action drama. (2023, PG, 126min) ★★★
12.20 PM **Arthur's Whisky** Comedy. (2023, PG, 91min) ★★★
2.10 **Breaking** Crime drama. (2022, 15, 103min) ★★★
3.55 **The King's Speech** Drama. (2010, 12, 118min) ★★★★★
6.05 **Two Weeks Notice** Romantic comedy with Sandra Bullock. (2002, 12, 101min) ★★★

6.05 Two Weeks Notice

8.00 **Miss Congeniality** Comedy starring Sandra Bullock as a tomboyish FBI agent who receives a radical make-over in order to go undercover at a beauty contest. With Michael Caine and Benjamin Bratt. (2000, 12, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel starring Sandra Bullock, Enrique Murciano and Regina King. (2005, 12, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Ruthless** Action thriller starring Dermot Mulroney. (2023, 15, 92min) ★★★
1.45 AM **Knights of the Zodiac** Fantasy drama starring Sean Bean. (2023, 12, 112min) ★★
3.45 **Zombie Town** Horror comedy with Dan Aykroyd and Chevy Chase. (2023, 12, 92min) ★★
5.30 **to 6.05** AM **Sky Cinema Preview**

Sky Cinema Drama

310 410 510 524

7.30 AM **Ferrari** Biopic with Adam Driver. (2023, 15, 130min) ★★★
9.45 **Boyz N the Hood** Urban drama. (1991, 15, 111min) ★★★★★
11.45 **Lee** As shown at 12.00m't.
1.50 PM **One Life** Fact-based drama. (2023, 12, 105min) ★★★★
3.45 **Save the Cinema** Drama. (2021, 12, 109min) ★★★
5.35 **Catch Me If You Can** Adventure. (2002, 12, 141min) ★★★★★

8.00 **Chicago** Oscar-winning screen version of the hit Broadway musical, starring Renée Zellweger, Catherine Zeta-Jones and Richard Gere. (2002, 12, 112min) ★★★★
10.00 **Whiplash** Drama starring Miles Teller and JK Simmons. A jazz drummer's dream of enrolling at a prestigious music academy turns into a nightmare thanks to his uncompromising tutor. With Paul Reiser and Melissa Benoist. (2014, 15, 106min) ★★★★★

12.00 M'T **Lee** Biopic of photographer Lee Miller, starring Kate Winslet. (2023, 15, 117min) ★★★
2.10 AM **I Used to Be Funny** Comedy drama starring Rachel Sennott. (2023, 15, 105min) ★★★
4.10 **to 6.00** AM **Drift** Drama. (2023, 15, 93min) ★★★★

Sky Cinema Sci-fi/Horror

311 411 511 525

6.45 AM **Dark Skies** As 10.05pm.
8.30 **Star Trek: Nemesis** Adventure. (2002, 12, 116min) ★★★
10.30 **Gravity** Space thriller. (2013, 12, 91min) ★★★★★
12.05 PM **The Nun II** Horror sequel. (2023, 15, 110min) ★★
2.00 **Resident Evil: Vendetta** Animation. (2017, 15, 97min) ★★
3.45 **Star Trek Into Darkness** Sci-fi. (2013, 12, 132min) ★★★★

6.00 **War of the Worlds** Steven Spielberg's sci-fi adventure thriller based on HG Wells' novel, starring Tom Cruise. (2005, 12, 116min) ★★★★
8.00 **Star Trek Beyond** Sci-fi adventure, starring Chris Pine, Zachary Quinto and Idris Elba. (2016, 12, 122min) ★★★★
10.05 **Dark Skies** Thriller starring Keri Russell and Josh Hamilton. (2013, 15, 97min) ★★★
11.50 **Thanksgiving** Horror thriller. (2023, 18, 106min) ★★★

1.40 AM **Doom** Sci-fi horror thriller starring Karl Urban and The Rock. (2005, 15, 105min) ★★★
3.30 **The Harbinger** Horror. (2022, 15, 87min) ★★★★
5.00 **to 6.40** AM **Resident Evil: Apocalypse** Sci-fi horror thriller sequel. (2004, 15, 94min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 406 506 520

7.00 AM **Paulie** As 2.15am.
8.45 **Beethoven's 2nd** As 3.50am.
10.30 **Robo-Dog: Airborne** (2017)
12.15 PM **The Muppets Take Manhattan** Musical comedy. (1984, U, 94min) ★★★★
1.55 **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★
4.00 **The Flintstones** Comedy. (1994, U, 93min) ★★★
5.35 **The Flintstones in Viva Rock Vegas** Comedy prequel. (2000, PG, 91min) ★★

7.10 Hook

7.10 **Hook** Steven Spielberg's fantasy adventure based on *Peter Pan*, starring Robin Williams, Dustin Hoffman and Bob Hoskins. (1991, U, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

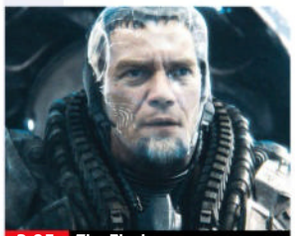
9.35 **The Spiderwick Chronicles** Fantasy adventure with Freddie Highmore. Three teenage siblings find their great-great uncle's guide to the fantastical world. (2008, PG, 91min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Beethoven** Family comedy starring Charles Grodin. (1992, U, 87min) ★★★
12.45 AM **The Little Rascals** Family comedy starring Travis Tedford. (1994, U, 83min) ★★
2.15 **Paulie** Family comedy. (1998, U, 92min) ★★★
3.50 **Beethoven's 2nd** Comedy sequel. (1993, U, 89min) ★★
5.25 **to 7.00** AM **Robo-Dog: Airborne** Adventure sequel. (2017, U, 88min) ★★★

Sky Cinema Action

307 407 507 521

7.05 AM **Hulk** Sci-fi fantasy. (2003, 12, 138min) ★★★
9.25 **Ghost Rider: Spirit of Vengeance** Adventure sequel. (2012, 12, 91min) ★★
11.05 **Swordfish** Action thriller. (2001, 15, 99min) ★★★
12.50 PM **American Sniper** Biopic. (2014, 15, 127min) ★★★★
3.05 **The Flash** Fantasy adventure. (2023, 12, 144min) ★★★
5.35 **Man of Steel** Fantasy. (2013, 12, 143min) ★★★



3.05 The Flash

8.00 **Superman Returns** Superhero adventure starring Brandon Routh, Kate Bosworth and Kevin Spacey. After a mysterious five-year absence, Superman returns to discover that arch enemy Lex Luther is threatening humanity yet again. With Parker Posey and James Marsden. (2006, 12, 154min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **R.I.P.D** Action comedy fantasy with Jeff Bridges and Ryan Reynolds. (2013, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Mob Land** Crime thriller starring Shiloh Fernandez. (2023, 15, 111min) ★★★
2.30 **Pompeii** Roman-era disaster movie. (2014, 12, 104min) ★★
4.25 **to 6.15** AM **Once Upon a Time in China and America** Hong Kong adventure. Subtitled. (1997, 15, 102min) ★★★

Sky Cinema Comedy

308 408 508 522

7.15 AM **Snow Day** As 12.25am.
8.55 **Friends with Benefits** Comedy. (2011, 15, 105min) ★★★
10.50 **The Nutty Professor** Comedy. (1996, 12, 95min) ★★★
12.40 PM **Nutty Professor II: The Klumps** (2000, 12) ★★★
2.35 **Just Like Heaven** Fantasy. (2005, PG, 95min) ★★★★
4.20 **Bowfinger** Comedy. (1999, 12, 97min) ★★★★
6.05 **Anger Management** Comedy. (2003, 15, 105min) ★★★★

6.05 Anger Management

8.00 **Girls Trip** Comedy starring Regina Hall, Queen Latifah, Tiffany Haddish and Jada Pinkett Smith. Four old friends who have drifted apart reconnect for a wild weekend in New Orleans. (2017, 15, 122min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

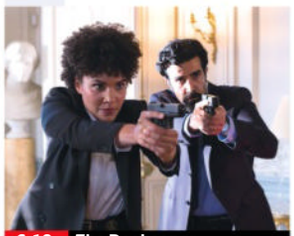
10.05 **Downsizing** Sci-fi comedy starring Matt Damon and Christoph Waltz. A man realises he would have a better life if he were to shrink himself to five inches tall. (2017, 15, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Snow Day** Family comedy. (2000, PG, 89min) ★★
2.00 **Coup!** Comedy thriller. (2023, 12, 98min) ★★★★
3.40 **Sumotherhood** Comedy drama starring Adam Deacon. (2023, 15, 97min) ★★★
5.25 **to 7.05** AM **Army of One** Comedy. (2016, 15, 92min) ★★

Sky Cinema Assassins

309 409 509 523

6.05 AM **The Best Man** As 4.05am.
7.40 **Twilight of the Warriors...**
9.50 **Shooter** Action thriller. (2007, 15, 125min) ★★★★
12.00 NOON **Three Days of the Condor** Conspiracy thriller. (1975, 15, 118min) ★★★★
2.00 PM **The Accountant** Thriller. (2016, 15, 123min) ★★★
4.10 **The Equalizer 3** Thriller. (2023, 15, 109min) ★★★
6.10 **The Beekeeper** Action thriller. (2023, 15, 105min) ★★★



6.10 The Beekeeper

8.00 **The Bourne Identity** Spy thriller based on the novel by Robert Ludlum, starring Matt Damon as an amnesiac man who learns that he is a highly trained assassin with deadly enemies. With Franka Potente. (2002, 12, 119min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Battle Royale** Japanese satirical thriller starring Takeshi Kitano and Taro Yamamoto. Subtitled. (2000, 18, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Battle Royale II: Requiem** Japanese sci-fi thriller sequel with Tatsuya Fujiwara. Subtitled. (2003, 18, 133min) ★★
2.15 AM **Nighthawks** Action thriller starring Sylvester Stallone. (1981, 18, 99min) ★★★
4.05 **The Best Man** Thriller. (2023, 15, 93min) ★★
5.50 **to 8.00** AM **Twilight of the Warriors: Walled In** Thriller. (2024, 15, 126min) ★★★

Film4

313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **Saraband for Dead Lovers** Romantic drama. (1948, U, 92min) ★★★
12.55 PM **Gideon of Scotland Yard** Drama. (1958, PG, 91min) ★★
2.45 **Anastasia** Historical drama. (1956, U, 105min) ★★★
4.55 **3.10 to Yuma** Western. (1957, b/w, PG, 80min) ★★★★
6.45 **School of Rock** Comedy with Jack Black and Joan Cusack. (2003, PG, 109min) ★★★★

9.00 Everything Everywhere...

School of Rock (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Everything Everywhere All at Once** Fantasy comedy starring Michelle Yeoh. A middle-aged Chinese immigrant is swept up into an adventure in which she alone can save existence by exploring other universes. (2022, 15, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.45 **The Eyes of Tammy Faye** Fact-based drama with Jessica Chastain and Andrew Garfield. A woman raised in a blended Minnesota family goes on to become a famous televangelist. (2021, 12, 128min) ★★★
2.15 **to 4.00** AM **Me and You and Everyone We Know** Offbeat comedy drama. (2005, 15, 91min) ★★★★

11 PM

+1hour 314 430 47 301

Sky Cinema Awards Season

302 402 502 516

6.00 AM **Sunset Boulevard** (1950)
8.00 **To Catch a Thief** As 1.55am.
9.50 **Frost/Nixon** Ron Howard's drama starring Michael Sheen. (2008, 15, 122min) ★★★★
12.00 NOON **Shirley Valentine** Romantic comedy starring Pauline Collins and Tom Conti. (1989, 15, 108min) ★★★★
2.00 PM **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
4.00 **Love Story** Romantic drama. (1970, PG, 100min) ★★★★
5.50 **The Theory of Everything** Biopic. (2014, 12, 120min) ★★★★
8.00 **Love Actually** Romantic comedy written and directed by Richard Curtis, starring Hugh Grant, Bill Nighy, Liam Neeson, Colin Firth and Alan Rickman. (2003, 15, 135min) ★★★
10.20 **Alfie** Comedy drama remake starring Jude Law, Marisa Tomei, Susan Sarandon and Sienna Miller. (2004, 15, 106min) ★★★
12.10 AM **Love Story** As 4.00pm.
1.55 **To Catch a Thief** Thriller. (1955, PG, 102min) ★★★★
3.45 **Sunset Boulevard** Melodrama. (1950, b/w, PG, 110min) ★★★★★
5.40 **Sky Cinema Preview**
5.55 **to 8.00** AM **Steve Jobs** Biopic. (2015, 15, 119min) ★★★★

Sky Cinema Greats

304 404 504 518

6.40 AM **The Ladykillers** As 2.40pm.
8.30 **The Adventures of Baron Munchausen** As 4.25am.
10.40 **Gremlins** Horror comedy. (1984, 12, 106min) ★★★★
12.40 PM **Gremlins 2: The New Batch** Horror comedy sequel. (1990, 12, 107min) ★★★
2.40 **The Ladykillers** Classic Ealing comedy starring Alec Guinness. (1955, U, 97min) ★★★★★
4.25 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
6.05 **Death Becomes Her** Black comedy fantasy starring Meryl Streep, Goldie Hawn and Bruce Willis. (1992, PG, 103min) ★★★
8.00 **See No Evil, Hear No Evil** Comedy thriller starring Gene Wilder and Richard Pryor. (1989, 15, 107min) ★★★
10.00 **The Sting** Oscar-winning comedy drama starring Paul Newman and Robert Redford. (1973, PG, 129min) ★★★★★
12.15 AM **Goodfellas** Gangster drama. (1990, 18, 143min) ★★★★★
2.50 **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel. (1991, 15, 81min) ★★★
4.25 **to 6.40** AM **The Adventures of Baron Munchausen** Fantasy. (1988, PG, 126min) ★★★★

Sky Cinema Animation

305 412 500 514

6.00 AM **Tom and Jerry: A...**
6.55 **10 Lives** As shown at 1.00pm.
8.25 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
9.55 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
11.25 **Madagascar: Escape 2 Africa** Animated comedy sequel. (2008, PG, 89min) ★★★
1.00 PM **10 Lives** Animated comedy. (2024, U, 98min) ★★★
2.30 **Batman Unlimited: Monster Mayhem** (2015, PG) ★★★
4.00 **Mr Peabody & Sherman** Animation. (2014, U) ★★★★
5.40 **Sing** Animated comedy. (2016, U, 108min) ★★★
7.35 **The Amazing Maurice** Animation. (2022, PG) ★★★★
9.25 **Tom and Jerry: A Nutcracker Tale** Animation. (2007, U) ★★★
10.25 **Batman Unlimited: Mechs vs Mutants** (2016, PG) ★★★
11.45 **Sinbad: Legend of the Seven Seas** (2003, U) ★★★★
1.15 AM **Mavka: The Forest Song** Animation. (2023, PG) ★★
3.00 **The Canterville Ghost** Animation. (2023, PG) ★★
4.35 **to 6.00** AM **Scooby-Doo! The Sword and the Scoob** Animated comedy adventure. (2021, PG, 76min) ★★★

Movies 24

312 419

7.00 AM **The Professional Bridesmaid** Romantic drama. (2023, PG, 90min) ★★
9.00 **An Easter Bloom** Drama. (2024, PG, 84min) ★★
11.00 **A Playful Love** Romantic comedy. (2022, PG, 84min) ★★
1.00 PM **Love in the Limelight** Comedy. (2022, PG, 84min) ★★
3.00 **Sweeter Than Chocolate** Comedy. (2023, PG, 84min) ★★
5.00 **Wedding of a Lifetime** Romantic comedy drama. (2022, PG, 84min) ★★
7.00 **Caribbean Summer** Romantic comedy starring Heather Hemmens and Ser'Darius Blain. (2022, PG, 84min) ★★
9.00 **Made for Each Other** Romantic fantasy starring Alexandra Turshen and Matt Cohen. A sculptor creates her ideal man out of clay, and uses a magic spell to bring him to life. (2023, PG, 84min) ★★
11.00 **A Scottish Love Scheme** Drama. (2024, PG, 84min) ★★
1.00 AM **Fashionably in Love** Comedy. (2023, PG, 87min) ★★
3.00 **to 5.00** AM **Sweet as Pie** Comedy. (2022, PG, 93min) ★★

Movies 24+ 315 420

Talking Pictures

328 445 82 306

6.00 AM **Shadow of a Man** Drama. (1956, b/w, PG, 69min) ★★
7.20 **I'll Walk Beside You** Drama. (1943, b/w, U, 88min) ★★★
9.00 **The Girl on the Pier** Drama. (1953, b/w, PG, 65min) ★★★
10.15 **Stock Car** Racing drama. (1955, b/w, PG, 68min) ★★
11.35 **The Lost Moment** Period drama with Robert Cummings. (1948, b/w, PG, 89min) ★★
1.20 PM **Make Me an Offer** Comedy. (1954, U, 88min) ★★★★
3.05 **Crime of Passion** Melodrama. (1956, b/w, PG, 86min) ★★
4.45 **Churchill's Secret Army**
5.20 **Edgar Wallace Mystery Theatre**
6.30 **Colonel March of Scotland Yard**
7.05 **Batman** 31/34. (S1)
7.35 **Beau Geste** 8/8. (S1)
8.05 **Rumpole of the Bailey** (S6)
9.15 **Love for Lydia** 3/13. (S10)
10.25 **Stepfather II** Horror sequel starring Terry O'Quinn and Meg Foster. (1989, 18, 86min) ★
12.15 AM **13 Ghosts** Horror comedy. (1960, b/w, PG, 79min) ★★★
2.00 **The Ebb-Tide** Adventure. (1998, PG, 97min) ★★★
3.55 **The Gorbals Story** Melodrama. (1949, b/w, PG, 75min) ★★★
5.30 **to 6.00** AM **The Beverly Hillbillies**

Sky Sports Main Event

401 511 501 419 439

6.00 AM **Sky Sports News**
6.30 **Back Pages Tonight**
7.00 **Good Morning Sports Fans**
8.30 LIVE **ICC Champions Trophy Cricket Australia v South Africa.** Coverage of the Group B match from Rawalpindi Cricket Stadium. Australia have won this tournament twice, coming out on top in 2006 and 2009, while South Africa have succeeded once, when they beat the West Indies by four wickets in the inaugual competition in 1998.
5.30 PM LIVE **WTA & ATP Tennis** Coverage from the Tours, featuring the ATP Acapulco Open, WTA Merida Open, ATP Santiago Open and WTA Texas Open.
7.15 LIVE **SPFL Celtic v Aberdeen.** Coverage of the Scottish Premiership match at Celtic Park. The hosts beat Aberdeen 6-0 the last time these two sides met at this ground. Kick-off **8.00pm**.
10.30 PM **to 6.00** AM LIVE **WTA & ATP Tennis** Continued coverage from the WTA and/or ATP Tours, featuring the ATP Acapulco Open, WTA Merida Open, ATP Santiago Open and WTA Texas Open.

Sky Sports Premier League

402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Highlights** Highlights from Newcastle United v Nottingham Forest. **1.30** Manchester City v Liverpool. **2.00** Aston Villa v Chelsea.
2.30 **Premier League Highlights**
3.30 **SNF** Aston Villa v Chelsea.
4.00 **Premier League Highlights** Action from Arsenal v West Ham United at the Emirates Stadium. **4.30** Ipswich Town v Tottenham Hotspur at Portman Road.
5.00 **Premier League Best Goals**
6.00 **Netbusters** Recent action.
6.30 **Unpacked** With Pep Guardiola. **6.45** Arne Slot answers questions from football fans.
7.00 **Gillette Labs Soccer Special**
10.15 **Soccer Special Post-Match**
10.30 **Chasing the Dream**
11.00 **Premier League Years**
1.00 AM **PL Retro** A replay of Wigan Athletic v Arsenal from 2010.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 513 503 421 441

6.00 AM **EFL Cup** The 2014 final.
8.00 **Best SPFL Goals 2014/15**
8.30 **Best SPFL Goals 2021/22**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Moments from the Championship Play-Off Final**
11.30 **Best Moments from the League 1 & 2 Play-Off Final**
12.00 NOON **EFL** Sheffield Utd v Leeds.
2.00 PM **EFL Highlights**
2.30 **Scottish Premiership Round-Up**
2.45 **SPFL Highlights**
3.00 **EFL Highlights**
4.30 **Bundesliga Highlights Show**
5.30 **EFL Highlights**
6.30 **Scottish Premiership Round-Up**
6.45 **SPFL Highlights**
7.00 **EFL Highlights**
7.15 LIVE **SPFL Celtic v Aberdeen.** From Celtic Park. Kick-off **8.00pm**.
10.30 **When Aberdeen Ruled Europe**
11.30 **EFL Greatest Games**
12.00 M'T **EFL** Championship play-offs.
2.00 AM **Best Goals: EFL Cup 23/24**
2.30 **EFL Trophy** The 2024 final.
3.00 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **Old Firm Derby Best Goals**
5.30 **to 6.00** AM **Edinburgh Derby Best Goals**

Sky Sports Cricket

404 514 504 422 442

6.00 AM **Best of ICC WT20**
6.30 **WPL** Recent T20 highlights.
7.30 **ICC Champions Trophy Cricket**
8.30 LIVE **ICC Champions Trophy Cricket Australia v South Africa.** Coverage of the Group B match staged at Rawalpindi Cricket Stadium. Australia have won this tournament twice, coming out on top in 2006 and 2009, while South Africa have succeeded once, when they beat the West Indies by four wickets in the inaugual competition in 1998. Both of these sides failed to make it through to the semi-finals in 2017, as they finished third in their respective groups.
5.30 PM **Best of ICC WT20**
6.00 **ICC Champions Trophy Cricket**
8.00 **WPL** Action from Delhi Capitals v Gujarat Giants in Bengaluru.
9.00 **ICC Champions Trophy Cricket** Australia v South Africa.
10.00 **WPL** Highlights of Delhi Capitals v Gujarat Giants in Bengaluru.
11.00 **ICC Champions Trophy Cricket**
1.00 AM **WPL** Another chance to see Delhi Capitals v Gujarat Giants.
4.40 **Ashes Greats** Player profiles.
5.00 **to 6.00** AM **IPL**

Sky Sports Golf

405 515 505 423 443

6.00 AM **Golf Academy**
7.00 **Nick Dougherty's Tee Time Tips**
7.30 **Legends Tour Golf**
8.30 **DP World Tour Golf**
9.00 **PGA Tour Golf** Mexico Open.
10.00 **Legends Tour Golf**
11.00 **DP World Tour Golf**
11.30 **PGA Tour Golf** Mexico Open.
12.30 PM **TGL** Two match replays.
4.30 **Nick Dougherty's Tee Time Tips**
5.00 **Legends Tour Golf**
6.00 **Golf's Greatest Holes**
6.30 **HotelPlanner Tour Golf Highlights** NTT DATA Pro Am.
7.00 **TGL** Two match replays.
11.00 **Golf's Greatest Holes**
11.30 **DP World Tour Golf**
12.00 M'T **PGA Tour Golf**
1.00 AM **Nick Dougherty's Tee Time Tips** Expert golfing advice.
2.00 LIVE **TGL The Bay Golf Club v Jupiter Links Golf Club.** Coverage of the 12th match in the team competition staged at Palm Beach Gardens in Florida.
4.00 **Nick Dougherty's Tee Time Tips**
5.00 **to 6.00** AM **Playing Lessons**

Sky Sports Tennis

407 537 520 425 445

6.00 AM **ATP Tennis** In Rio de Janeiro.
7.00 **WTA & ATP Tennis**
10.00 LIVE **ATP Tennis** Coverage of the second day of the ATP Dubai Tennis Championships staged at Aviation Club Tennis Centre.
4.00 PM LIVE **WTA & ATP Tennis** Coverage from the Tours, featuring the ATP Acapulco Open, WTA Merida Open, ATP Santiago Open and WTA Texas Open.
12.00 M'T **to 6.00** AM LIVE **WTA & ATP Tennis** Further coverage from the Tours, featuring the ATP Acapulco Open, WTA Merida Open and ATP Santiago Open.

TNT Sports 1

410 870 527 408 430

6.00 AM **Premier League Review**
7.00 **Premier League Netbusters**
7.30 **HSBC SVNS Highlights**
8.30 **Fishing: On the Bank**
9.30 **Premier League Netbusters**
10.00 **Champions League Magazine**
10.30 **Premier League Review**
11.30 **Serie A** Action from Italy.
1.30 PM **Kenny Allstar's Number 1's**
1.45 **Champions League Goals**
2.00 **Europa League Goals Reload**
2.15 **Conference League Goals**
2.30 **Premier League Netbusters**
3.00 **Premier League**
4.30 **Premier League Netbusters**
5.00 **Champions League Magazine**
5.30 **Isuzu A-League Highlights**
6.00 **What I Wore** Glenn Hoddle.
6.30 LIVE **Premier League Chelsea v Southampton.** Coverage from Stamford Bridge. Kick-off **8.15pm**.
11.00 **In My Blood** With Steve Stamp.
11.30 **Premier League Stories**
12.00 M'T **NBA Tip-Off**
12.30 AM LIVE **NBA Orlando Magic v Cleveland Cavaliers.** From Kia Centre. Tip-off is at **12.30am**.
3.00 LIVE **NBA Los Angeles Lakers v Dallas Mavericks.** From Crypto.com Arena. Tip-off **3.00am**.
5.30 **to 6.30** AM **Inside the NBA**

TNT Sports 2

411 871 528 409 431

6.00 AM **MotoGP Highlights**
11.00 **Isuzu UTE A-League**
2.00 PM **HSBC SVNS Highlights** Action from the fourth round of the season in Vancouver.
3.00 **Fishing: On the Bank** Angling magazine show presented by Rob Hughes and Andy Ford.
4.00 **World Seniors Darts Championships** A look back at this year's tournament.
6.00 **The TNT Sports Cycling Show** A look into the world of cycling.
6.30 LIVE **Premier League Crystal Palace v Aston Villa.** Coverage of the top-flight match from Selhurst Park. Kick-off **7.30pm**.
10.00 **The Football's On** A humorous look at the week's football stories with Ian Stone and guests.
11.00 **UFC** A chance to see the bantamweight bout between Henry Cejudo v Song Yadong at Climate Pledge Arena in Seattle, Washington, plus the undercard.
2.00 AM **UFC Main Event** A look back at Sean O'Malley v Merab Dvalishvili from UFC 306.
3.00 **UFC: The Ultimate Fighter**
5.00 **to 6.00** AM **UEFA Champions League – Classics**

TNT Sports 3

417 874 529 410 432

6.00 AM LIVE **Snooker: World Open** Coverage of the first session in the second round at Yushan Sport Centre in China.
9.00 **West Indies v England – Cricket Classics** Back-to-back editions, including at: **10.30** A look back at the fourth ODI in Kingstown from 1998. **11.00** The fifth ODI in 1998.
11.30 LIVE **Snooker: World Open** Coverage of the second session in the second round at Yushan Sport Centre in Yushan, China.
2.30 PM **Vendee Globe Highlights**
3.30 **Serie A** Inter Milan v Genoa. **4.30** Cagliari v Juventus.
5.30 **Premier League Netbusters**
6.00 **Training Day** Steve Sidwell and Joe Marler spend the day training at Brighton & Hove Albion.
6.30 LIVE **Premier League Brighton & Hove Albion v Bournemouth.** Coverage of the top-flight match staged at the AMEX Stadium. Kick-off **7.30pm**.
10.00 **Snooker: World Open** Action from day three in Yushan, China.
12.00 M'T **Premier League** A chance to see Chelsea v Southampton.
1.30 **to 6.00** AM **Premier League**

Sky Sports Action

408 517 507 426 446

6.00 AM **Super League Highlights**
7.00 **Fight Night International**
8.00 **NFL Highlights** Recent action.
9.00 **Super League Highlights**
10.00 **Fight Night International**
11.00 **Fight Night** A chance to see Adam Azim v Sergey Lipinets.
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **Fight Night International**
4.00 **Super League Highlights**
5.00 **NFL Highlights** Dallas Cowboys v Philadelphia Eagles.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show.
8.00 **NRL** Melbourne Storm v Penrith Panthers in the 2024 Grand Final.
9.00 **Top Rank Boxing Archive** A chance to see Marvin Hagler v Sugar Ray Leonard from 1987. **10.15** A replay of Davey Moore v Roberto Duran from 1983.
11.00 **NFL Highlights** Action from Detroit Lions v Green Bay Packers. **12.00** M'T Highlights of Dallas Cowboys v Philadelphia Eagles.
1.00 AM **Fight Night** A chance to see Adam Azim v Sergey Lipinets.
2.00 **NFL Highlights** Recent action.
4.00 **NFL Bitesize Highlights**
5.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 873 510 429 449

6.00 AM **Super League Highlights**
7.00 **Fight Night International**
8.00 **Fight Night** Azim v Lipinets.
9.00 **WTA & ATP Tennis**
11.00 **ICC Champions Trophy Cricket**
12.00 NOON **PGA Tour Golf**
12.55 PM **WPL** Royal Challengers Bengaluru v UP Warriorz.
1.50 LIVE **WPL Delhi Capitals v Gujarat Giants.** Coverage of the T20 match staged at M. Chinnaswamy Stadium, Bengaluru.
5.30 **Super League Highlights**
6.00 **Fight Night International**
7.00 **Fight Night** Azim v Lipinets.
8.00 **WTA & ATP Tennis**
9.00 **WTA Tennis** Doha Open review.
9.30 **DP World Tour Golf**
10.00 **PGA Tour Golf** Mexico Open.
11.00 **ICC Champions Trophy Cricket**
12.00 M'T **WPL** Recent action.
1.00 AM **Fight Night International**
2.00 **WTA & ATP Tennis**
3.00 **Super League Highlights**
4.00 **to 6.00** AM **NFL Highlights**

TNT Sports 4

421 876 530 411 434

6.00 AM **NBA** Three match replays.
10.30 **NBA Classic** Archive action.
12.30 PM **NBA** A chance to see Boston Celtics v New York Knicks. **2.00** A replay of Golden State Warriors v Dallas Mavericks.
3.30 **Superbike World Championship Highlights** Action from the first round of the season staged at Phillip Island Grand Prix Circuit in Victoria.
4.30 **Ultimate Pool** Recent highlights.
6.00 **1967: When LA Wolves Conquered the USA**
6.30 LIVE **Premier League Wolverhampton Wanderers v Fulham.** The top-flight match from Molineux. Kick-off **7.30pm**.
10.00 **Isuzu UTE A-League** Auckland FC v Wellington Phoenix.
11.00 **Isuzu UTE A-League**
3.00 AM **Allianz Premiership Women's Rugby** Recent action.
4.00 **to 6.00** AM **Snooker: World Open**

Eurosport 1

413 870 521 412 435

6.00 AM LIVE **Snooker: World Open** Coverage of day three from Yushan Sports Centre in China, featuring second-round matches.
9.00 **Cyclo-Cross** From Sint-Niklaas.
9.30 **Cycling: Men's UAE Tour**
10.30 **Snooker: World Open**
11.30 LIVE **Snooker: World Open** Coverage of the third day from Yushan Sports Centre in China.
2.30 PM **Alpine Skiing**
3.30 **Biathlon** From Lenzerheide.
4.30 **Australian Open Tennis**
5.30 **The Cycling Show**
6.00 **Alpine Skiing** In Sestriere, Italy.
7.00 **Snooker: World Open**
9.00 **Cycling: Men's UAE Tour**
10.00 **Cycling: Tour of Algarve**
11.00 **Biathlon** From Lenzerheide.
12.00 M'T **Alpine Skiing** In Sestriere.
1.00 AM **Cycling: Figueira Champions Classic**
2.00 **Biathlon** From Switzerland.
4.00 **to 6.00** AM **Snooker: World Open**

Eurosport 2

414 871 522 413 436

6.00 AM **Alpine Skiing**
8.00 **Australian Open Tennis**
11.00 **FIA World Endurance Championship** Highlights.
2.00 PM **Cyclo-Cross**
3.00 **Cycling: Figueira Champions Classic** Action from the men's one-day race in Portugal.
4.00 **Cycling: Jaen Classic** Action from the men's one-day race in Spain.
5.00 **FIA World Endurance Championship** Highlights.
8.00 **Cycling: Tour of Algarve** The fifth stage from Salir to Malhao.
9.00 **Alpine Skiing** Action from Crans Montana in Switzerland.
10.00 **Snooker: World Open** Action from day three in Yushan, China.
12.00 M'T **Cape to Cape 2024** Highlights of the four-day mountain biking race in Australia.
1.00 AM **Biathlon** In Lenzerheide.
2.00 **Snooker: World Open**
4.00 **Cycling: Tour of Algarve**
5.00 **to 6.00** AM **Ski Jumping**

Sky Sports+

412 518 508 427 447

6.00 AM **Sky Sports News**
6.30 **Back Pages Tonight**
7.00 **Good Morning Sports Fans**
10.00 **The Football Show**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
4.00 LIVE **WTA & ATP Tennis** Coverage from the Tours, featuring the ATP Acapulco Open, WTA San Diego Open, ATP Santiago Open and WTA Texas Open.
7.35 LIVE **EFL Stoke City v Middlesbrough.** Coverage of the Championship clash at the bet365 Stadium. The hosts are looking to push themselves away from the relegation zone in the last few months of the season, while the visitors are battling to reach the play-offs. Kick-off is at **7.45pm**.
9.45 PM **to 6.00** AM LIVE **WTA & ATP Tennis** Further coverage from the Tours, featuring the ATP Acapulco Open, WTA Merida Open and ATP Santiago Open.

Sky Sports F1

406 516 506 424 444

6.00 AM **Ted's Notebook**
6.30 **Formula 1** Las Vegas Grand Prix.
11.20 **Ted's Notebook**
11.50 **Simon and Jenson's Vegas Hot Lap** On the Las Vegas circuit.
12.00 NOON **Formula 1** From Qatar.
4.50 PM **Ted's Notebook**
5.20 **Formula 1** Season highlights.
5.30 **Lewis Hamilton: Why Heritage Matters**
6.00 **Formula 1** Abu Dhabi Grand Prix.
10.40 **Ted's Notebook**
11.10 **Ted Drives: F4 Cars**
11.15 **The F1 Wheelchair**
11.30 **Remembering Ratzenberger**
12.00 M'T **to 6.00** AM **The Home of F1**

Wednesday

26 February

Evening Planner

Football

Premier League
TNT Sports
Coverage of tonight's midweek games, including Spurs v Man City, Nottingham Forest v Arsenal and Brentford v Everton.

Football

Women's Nations League
ITV4, kick-off 8pm
The Lionesses take on Spain at Wembley, facing them for the first time since losing to them at the World Cup final in 2023.

Documentary

Surgeons: At the Edge of Life
BBC2, 9pm
The medical documentary following the life-saving work of surgeons returns.

OnDemand

tv+

Berlin ER
Available today
Medical drama set in a hectic emergency department in the German capital. Haley Louise Jones stars.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop		9.00 Amandaland	9.30 Am I Being...	10.00 News; Local News	10.40 Match... †
	102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Great British Menu		9.00 Surgeons: At the Edge of Life		10.00 The Cockfields	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Grantchester		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Kirstie and Phil's Love It or List It		9.00 George Clarke's Building Home		10.00 Britain's Most Expensive Houses	
	105 CHANNEL 5	7.00 Shop Smart, Save Money		8.00 Doorstep Scammers: Don't Get...		9.00 Prime Suspect: Hunting The Predators			10.30 999...
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Landscape Artist of the Year		9.00 Rob & Romesh vs Magic in Vegas		10.00 Hacks	
ENTERTAINMENT	115 BBC3		7.10 Top Gear		8.15 Ghosts US	9.00 Hunting the Online Sex Predators		10.00 Normal People	
	116 BBC4	7.00 Climbing Great...	7.30 Who Do You...	8.00 Himalaya with Michael Palin		9.00 Toxic Town: The Corby Poisonings			10.15 Grey Granite
	118 ITV2	7.00 Deal or No Deal		8.00 Ant & Dec's Limitless Win		9.00 Hell's Kitchen			10.05 Olivia Attwood: Getting Filthy Rich
	136 MORE4	◂ 6.55 Car S.O.S.		7.55 Grand Designs		9.00 Griff's Great Australian Rail Trip		10.00 Car S.O.S.	
	135 E4	7.00 Hollyoaks	7.30 Modern Family	8.00 The Simpsons		9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 The Equalizer		10.00 Elsbeth	
	108 SKY ATLANTIC	◂ 6.50 Billions		7.55 Game of Thrones		9.00 The White Lotus			10.15 Homicide: Life on the Street
	110 U&GOLD	◂ 6.40 Dad's Army		8.00 The Good Life	8.40 The Vicar of Dibley		9.35 Harry Enfield and...		10.15 The Good Life
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Grace				10.00 Endeavour	
	120 ITV4		7.15 UEFA Women's Nations League – Live: England v Spain (Kick-off 8.00)						10.25 Film: Olympus Has...
	112 COMEDY CENTRAL	7.00 Friends				9.00 Lee Evans – Monsters		10.00 8 Out of 10 Cats	
	139 SKY SCI-FI	7.00 Warehouse 13		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Freddie Fries Again		9.00 Rob & Romesh vs Magic in Vegas		10.00 Hacks	
	109 U&ALIBI	7.00 The Mentalist		8.00 White Collar		9.00 Death in Paradise		10.00 Father Brown	
	130 SKY ARTS	7.00 The Alfred Hitchcock Hour		8.00 Landscape Artist of the Year		9.00 Artist of the Year: Masterclass		10.00 Bill Bailey's Master Crafters: The Next...	
	132 U&W	7.00 MasterChef USA		8.00 Inside the Ambulance		9.00 Hungry for It			10.20 At Home with...
DOCUMENTARY	125 DISCOVERY	7.00 Salvage Hunters		8.00 Kindig Customs		9.00 Gold Divers		10.00 America's Backyard Gold	
	162 ANIMAL PLANET	7.00 Dodo Heroes		8.00 Isle of Jaws: Blood Brothers		9.00 Deadliest Sharks		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.				10.00 No Taste Like Home with Antoni...	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 History's Greatest Aircraft		9.00 The Curse of Oak Island		10.00 The UnXplained with William Shatner	
	155 U&YESTERDAY	7.00 How Britain Worked		8.00 Great Coastal Railway Journeys		9.00 Great Canal Journeys		10.00 Bangers & Cash	
	121 SKY DOCS	◂ 6.55 Stax: Soulsville USA		8.00 Elvis Presley: The Searcher					
FILMS - Sky Cinema	301 PREMIERE	◂ 5.55 The Bikeriders		8.00 Thelma				10.00 Furiosa: A Mad Max Saga	
	302 AWARDS SEASON	◂ 6.10 Eternal Sunshine of the Spotless Mind		8.00 Lost in Translation			9.50 Asteroid City		
	303 HITS	◂ 5.30 Bad Boys II		8.00 Mamma Mia! Here We Go Again				10.00 My Big Fat Greek Wedding 3	
	304 GREATS	◂ 6.10 Dumb and Dumber		8.00 Twins				10.00 Goodfellas	
	305 ANIMATION	◂ 5.50 The Lego Batman Movie	7.50 Mavka: The Forest Song				9.35 The Adventures of Tom Thumb and Thumbelina		
	306 FAMILY	◂ 5.50 Spiderwick...	7.30 Cats & Dogs			9.15 Cats & Dogs: The Revenge of Kitty Galore			
	307 ACTION	◂ 6.00 Bad Boys: Ride or Die		8.00 Aquaman					10.25 Pain & Gain
	308 COMEDY	◂ 6.25 Along Came Polly		8.00 Crazy Rich Asians				10.05 Coup!	
	309 ASSASSINS	◂ 6.00 The Bourne Identity		8.00 The Bourne Supremacy				10.00 Battle Royale II: Requiem	
	310 DRAMA	◂ 4.55 Oppenheimer		8.00 Bob Marley: One Love				10.00 Frost/Nixon	
	311 SCI-FI	◂ 6.20 The Woman in Black		8.00 Ready Player One					10.25 The Harbinger
	313 FILM4	◂ 6.40 Lion				9.00 Morbius			
SPORT	401 MAIN EVENT		7.15 SPFL – Live: Kilmarnock v Rangers (Kick-off 8.00)						10.30 Tennis – Live
	402 PREMIER LEAGUE	7.00 Gillette Labs Soccer Special							10.30 PL Stories
	403 FOOTBALL		7.15 SPFL – Live: Kilmarnock v Rangers (Kick-off 8.00)						10.30 EFL Highlights
	404 CRICKET	7.00 ICC Champions Trophy Cricket		8.00 WPL		9.00 ICC Champions Trophy Cricket		10.00 WPL	
	410 TNT SPORTS 1	◂ 6.30 Premier League – Live: Liverpool v Newcastle United (Kick-off 8.15)							
	411 TNT SPORTS 2	◂ 6.30 Premier League – Live: Nottingham Forest v Arsenal (Kick-off 7.30)						10.00 The Football's On	

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

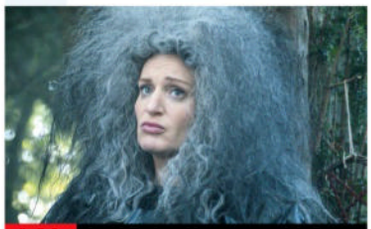
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Wednesday

BBC1

101 | 101 | 1 | 101 | 101

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Critical Incident** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **The Big Idea Works** New edition Ideas include a coat to keep dogs and their owners dry. (S)(AD)
2.30 **Rick Stein's Food Stories** (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** (S)(R)
4.30 **Antiques Road Trip** New edition James Braxton and Izzie Balmer hit Shropshire in the Morris Minor for the third leg of their journey. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)



9.30 Am I Being Unreasonable?

7.00 **The One Show** Vernon Kay and Clara Amfo present the topical show. (S)
7.30 **EastEnders** One Walford family are in desperate need of help, and Grant visits the one person he believes can help him. (S)(AD)
8.00 **The Repair Shop** New edition Experts restore an elephant puppet that survived a fire, a watch that belonged to a pilot in World War Two, a sign from a race track in Scarborough and a hurling stick from the 1980s. (S)(AD)
9.00 **Amandaland** New episode 4/6. Amanda goes on a date. (S1) (S)(AD) ■ Entire series on BBC iPlayer
9.30 **Am I Being Unreasonable?** New episode 4/6. Nic and Dan are brought together. (S2) (S) ■ Entire series on BBC iPlayer
10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Match of the Day** Action from the midweek Premier League matches, including Tottenham Hotspur v Manchester City at the Tottenham Hotspur Stadium and Liverpool v Newcastle United at Anfield. (S)
12.10 AM **The Six Nations Greatest Moments** New edition Gabby Logan look backs at a famous 'Super Saturday', which brought the 2015 championship to a close. Plus, England v Scotland from 2019 and Wales v England from 2005. With Sam Warburton, Ardal O'Hanlon and Tommy Bowe. (S)
12.40 **Weather for the Week Ahead** (S)
12.45 **to 6.00** AM **BBC News** (S)

BBC2

102 | 102 | 2 | 102 | 102

6.30 AM **Antiques Road Trip** (S)(R)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: Celebrity Antiques Road Trip** With Chris Hughes and Jake Quickenden. (S)(R)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **The Tournament** Quiz show. (S)(R)
3.15 **The Farmers' Country Showdown**
3.45 **Alaska: Earth's Frozen Kingdom** 1/3. Spring in the US state. (S)(R)
4.45 **Designing the Hebrides** (S)(R)
5.15 **Flog It!** From north Wales. (S)(R)
6.00 **Richard Osman's House of Games** New edition (S)
6.30 **Robson Green's Weekend Escapes** New edition 13/15. Chef Chris Baber joins Robson on an outdoor adventure in Hexham. (S)(AD)

10.00 The Cockfields

7.00 **Celebrity Antiques Road Trip** New edition Dancer Louie Spence and presenter Charlotte Crosby are on a trip in the West Midlands in a Pontiac Trans AM, guided by experts Irita Marriott and Serhat Ahme. (S)
8.00 **Great British Menu** New edition The three remaining chefs from Wales cook mains and desserts inspired by great Welsh figures from the past. Spencer Metzgar judges their creations. (S) ■ Continues tomorrow
9.00 **NEW SERIES Surgeons: At the Edge of Life** 1/6. Cameras follow the work of leading surgeons in Scotland. Consultant hepato-biliary surgeon Rajan Ravindran takes on procedures involving the liver, pancreas and gallbladder. (S)
10.00 **The Cockfields** *Sunday:* 5/6. Ray teaches David and Simon how to bowl, while Sue tries to make plans for Christmas. (S2) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 **Unspun World with John Simpson** Global news stories. (S)
11.35 **Israel and the Palestinians: The Road to 7th October** 1/3. The decisions that have shaped the Israeli-Palestinian conflict. (S)(R)
12.35 AM **Sign Zone: Great British Menu** Four chefs from the north-east of England and Yorkshire prepare canapes, starters and fish dishes. (S)(R)
1.35 **Sign Zone: Death in Paradise** (R)
2.35 **Sign Zone: Lifeline** (S)(R)
2.45 **to 6.30** AM **Previews** (S)

ITV1

103 | 103 | 803 | 103 | 3 | 103 | 103 | 103

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his team visit the RAF Museum in north London, where they come across some charity shop bargains including a bronze bust of George IV and a collection of silver. (S)(R)(AD)
3.00 **Lingo** Word-based game show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Grantchester

7.30 **Emmerdale** A meeting takes place, Lydia is given a new role, and April feels grateful for Rhona's support. (S)(AD)
8.00 **Coronation Street** Cassie has an effect on Steve and Ken's hearts, Todd and George urge Julie to be honest with Eileen, Dylan makes things worse for himself in court, while Daisy struggles with the emotion of her scan. (S)(AD)
9.00 **Grantchester** Series finale 8/8. Geordie and Larry are called out to investigate the mysterious death of a reclusive man on the streets of Cambridge. (S9) (S)(AD) ■ Entire series on ITVX
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.40 **Made in Britain** An insight into the process of testing a luxury watch built to withstand the harshest environments. (S)(R)(AD)
12.05 AM **Teleshopping**
3.00 **Tonight: Forced Adoption – Britain's Silent Scandal** (S)(SL)(R)
3.25 **For the Love of Dogs with Alison Hammond** (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Wheel of Fortune** Game show. (S)(SL)(R)(AD)

+1 hour | 203 | 303 | 35 | 112

CHANNEL 4

104 | 104/108 | 804 | 108 | 4 | 104 | 104/106

6.25 AM **Cheers** 20-22/22. (S2) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S8&9) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From New York. (S)(R)
12.05 PM **News** (S)
12.10 **Sun, Sea and Selling Houses** (R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** Two restaurateurs encounter technical troubles in Spain. (S)(R)
5.00 **Four in a Bed** New edition The third visit of the week is to Redberth Gardens in Tenby. (S)
5.30 **Come Dine with Me** New edition Marketing graduate Reni hosts the third night from Bristol. (S)
6.00 **A Place in the Sun** New edition A couple hope to find their first property together in Spain. (S)

8.00 Kirstie & Phil's Love It or List It

7.00 **News** (S)
8.00 **Kirstie and Phil's Love It or List It** New edition Kirstie Allsopp and Phil Spencer visit Milton Keynes to help a couple decide whether to sell their three-bedroom home or renovate it to suit their needs. (S)(AD)
9.00 **George Clarke's Building Home** Series finale 4/4. Daniel, Laura and son Archie take on the task of transforming an old beach house on the Essex island of Mersea into their dream home. (S)(AD)
10.00 **Britain's Most Expensive Houses** 4/4. Company owner Guy is in Barbados to view a $40million beachside property, and Amber is keen to list the £75million former home of prima ballerina Margot Fonteyn. (S)(R)(AD)
11.05 **Gogglebox** (S)(SL)(R)
12.05 AM **Ramsay's Hotel Hell** From Pennsylvania. (S)(SL)(R)(AD)
1.00 **FILM Ema** Chilean drama starring Gael García Bernal. Subtitled. (S) (2019, 15, 105min) ★★★★
2.45 **FILM Black and Blue** Crime drama starring Naomie Harris, Tyrese Gibson and Frank Grillo. (S)(SL) (2019, 15, 105min) ★★★
4.30 **Frasier** 18-20/24. (S4) (S)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour | 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 | 105 | 105 | 105

5.30 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.45 PM **GPs: Behind Closed Doors** Medical documentary. (S)(R)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **A Baby at Any Cost** Thriller starring Christy Tate. (S)(AD) (2022, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** Mini-mart owners James and Peter are promoting mindfulness alongside biscuits and baked beans. (S)(R)(AD)
5.00 **News** (S)
6.00 **Eggheads** The Crabapples try to defeat the Eggheads. (S)(R) **6.30** The Upper Eden Chancers try their luck. (S)(R)
6.55 **News** (S)

7.00 Shop Smart, Save Money

7.00 NEW SERIES **Shop Smart, Save Money** Gaby Roslin and Ortis Deley are joined by three cleaners to test a household essential – the kitchen towel. (S)

7.55 **News** (S)

8.00 NEW **Doorstep Scammers: Don't Get Caught Out** Alexis Conran explores the growing world of con artists. This edition takes a look at how victims are targeted in their own homes. (S)

9.00 NEW SERIES **Prime Suspect: Hunting the Predators** 1/3. Exploring the dark world of the biggest online predators investigated by the National Crime Agency. In this edition, unseen bodycam footage witnesses the moment the investigators arrest a respected university lecturer who is suspected of a string of offences. (S)

10.30 **999: Emergency Call Out** Response unit members deal with an illegal party on the Isle of Grain. (S)(R)

11.30 **Murder: Suspect No 1** (S)(R)
12.30 AM **Friends** (S1) (S)(R)(AD)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Britain's Great Cathedrals with Tony Robinson** (S)(R)
3.45 **Susan Calman's Grand Day Out** A visit to Cumbria. (S)(R)
4.30 **Divine Designs** (S)(SL)(R)
4.55 **Wildlife SOS** (S)(SL)(R)
5.20 **to 5.30** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S2) (S)(R)
11.00 **Wildlife ER** (S)(R)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **S.W.A.T.** (S7) (S)(R)(AD)
3.00 **NCIS: Los Angeles** (S13) (S)(R)
4.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *The Fool Monty:* Mr Burns suffers from a bout of amnesia. (S)(R) **5.30** *Clown v Board of Education:* Krusty opens a school for clowning. (S)(R)
6.00 **The Office (US)** 15/24. Dwight takes his team to Tallahassee, Florida, to open up a new chain of Sabre retail stores. (S)(R) **6.30** 16/24. Nellie pits Packer against Dwight for the vice-president job. (S8) (S)(R)

8.00 Landscape Artist of the Year

7.00 **The Simpsons** *How Munched Is That Birdie in the Window?* A psychiatrist recommends the family rehome Santa's Little Helper. **7.30** *Donnie Fatso:* Homer takes part in an FBI operation against Fat Tony. (S)(R)

8.00 **Landscape Artist of the Year** New edition Stephen Mangan hosts the sixth heat from Bristol Harbourside, featuring judges Tai Shan Schierenberg, Kate Bryan and Kathleen Soriano. (S)

9.00 **Rob & Romesh vs Magic in Vegas** Rob Beckett and Romesh Ranganathan are invited to join Penn & Teller's show in Las Vegas and have just three days to pull their act together. (S)(R)(AD)

10.00 **Hacks** *Falling:* 5/10. Ava reels from a surprise encounter with a group of ex-colleagues. (S)(R) **10.40** *New Eyes:* 6/10. While Deborah recovers from surgery, she and Ava have a unique bonding experience. (S1) (S)(R)(AD)

11.20 **Never Mind the Buzzcocks** Greg Davies hosts a 1990s special, with Alex James, Julian Clary, Sister Bliss and stand-in captain Mel B. (S)(R)(AD)
12.20 AM **The Force: Manchester** (R)
1.15 **Brit Cops: War on Crime** (R)
2.10 **Road Wars** (R)
3.00 **NCIS: Los Angeles** (S13) (S)(R)
4.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
2.30pm Politics Scotland **3.15-3.45** Rick Stein's Food Stories **10.40** Sportscene **11.55** Match of the Day **1.25am** Debate Night **2.25** Scotcast **2.55** Weather for the Week Ahead **3.00-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Nolan Live New edition **11.40** Match of the Day **1.10am** The Six Nations Greatest Moments New edition **1.40-6.00am** BBC News

WALES
Sky 965, Virgin 864, Freesat 965
9.00pm The One That Got Away New edition **9.50-10.00** Blue Planet II: Into the Blue **10.40** Amandaland New episode **11.10** Am I Being Unreasonable? New episode **11.40** Match of the Day **1.10am** The Six Nations Greatest Moments New edition **1.40-6.00am** BBC News

BBC2

N. IRELAND
Sky 969, Freesat 969
11.05pm Hunting the Online Sex Predators **11.55** Unspun World with John Simpson **12.25-12.35am** Suzie Lee: Home Cook Hero

WALES
Sky 968, Freesat 968
7.00pm Winterwatch in Wales New edition **7.30-8.00pm** Chris Cooks Cymru

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Sain Ffagan **12.30** Heno **1.00** Codi Hwyl America **1.30** Cegin Bryn: Yn Ffrainc **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Noson Lawen **4.00** Awr Fawr **5.00** Stwnsh **6.00** Pêl-Droed Rhyngwladol **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode **8.25** Cartrefi Cymru New edition **8.55** Newyddion a'r Tywydd **9.00** Troseddau Cymru Gyda Sian Lloyd Series finale **10.00** Gwesty Aduniad **11.00-11.35pm** Welsh Whisperer – Ni'n Teithio Nawr!

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 | 107/113 | 23 | 107 | 107

BBC3 programmes start at 7.00pm

7.00 PM **The Fast and the Farmer-ish** England heat.
7.10 **Top Gear** Jeremy, Richard and James take lightweight supercars across Europe.
8.10 **The Catch Up**
8.15 **Ghosts US** 7/22. A TV show wants to make an episode about Flower. **8.35** 8/22. A whiskey-tasting event turns sour. (S2)
9.00 **Hunting the Online Sex Predators** James Blake investigates harmful content on social media.
9.50 **What's Your Thing? – Anime** Meeting anime superfans at a convention.
10.00 **Normal People** 5/12. Connell starts socialising with Marianne in Dublin. **10.30** 6/12. Marianne argues with her brother Alan. (S1)
11.05 **Starstruck** 4-6/6. (S1)
12.15 AM **Boarders** 4/6. (S2)
1.00 **Hunting the Online Sex Predators** Documentary.
1.50 **Zen Motoring**
2.05 **Top Gear** As 7.10pm.
3.10 **to 4.00** AM **Hunting the Online Sex Predators**

BBC4

116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Climbing Great Buildings** From Caernarfon Castle in north Wales.
7.30 **Who Do You Think You Are? USA** Stage, film and TV actor Allison Janney traces her family tree.
8.00 **Himalaya with Michael Palin** Michael travels along the Yangtze river, where he meets Mosuo singer Namu.
9.00 **Toxic Town: The Corby Poisonings** Birth defects in the Northamptonshire town caused by toxic waste from the steelworks.
10.00 NEW **Vivien Heilbron Remembers... Grey Granite** The actor recalls the 1983 drama series.
10.15 **Grey Granite** 1-3/3. The third part of Lewis Grassic Gibbon's classic Scots Quair trilogy. Stars Vivien Heilbron. (S1)
1.15 AM **Climbing Great Buildings** As 7.00pm.
1.45 **Who Do You Think You Are? USA** As 7.30pm.
2.15 **to 3.15** AM **Himalaya with Michael Palin**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **Kirstie's House of Craft** Making napkin rings.
9.15 **A Place in the Sun**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.05 PM **Car S.O.S**
2.05 **Four in a Bed**
4.50 **Chateau DIY** Jon and Carmen battle the vines that threaten their tower.
5.50 **Car S.O.S** Tim and Fuzz secretly work on a 1929 Rolls-Royce Doctors Coupe. **6.55** Tim and Fuzz restore a 1997 Peugeot 106 Rallye.
7.55 **Grand Designs Revisited** Kevin McCloud catches up with Denise Daniel and Doug Ibbs, who relocated to the Creuse region of central France in 2003 to restore a crumbling manor house.
9.00 **Griff's Great Australian Rail Trip** New edition 3/6. Griff Rhys Jones takes the *Spirit of Queensland* from Brisbane to Cairns. He rides an old steam train, cycles converted rail corridors and white water rafts in Tully.
10.00 **Car S.O.S** Fuzz and Tim fix up an iconic 1989 Golf.
11.05 **24 Hours in A&E** A 13-year-old aspiring Olympian fractures his pelvis. **12.10** AM A high-speed motorcycle crash on the M4.
1.15 **Emergency Helicopter Medics** Documentary.
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Brooklyn Nine-Nine**
9.00 **Young Sheldon**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons**
7.00 **Hollyoaks** Lucas fears that his boyfriend has fallen in with the wrong crowd.
7.30 **Modern Family** 11/24. Claire relies on a fireman to get Phil to the hospital. (S1)
8.00 **The Simpsons** *A Star Is Born Again:* A famous movie star arrives in Springfield. **8.30** *Mr Spritz Goes to Washington:* Krusty agrees to run for Congress.
9.00 **Celebrity Gogglebox** Famous faces appraise *Our Planet* and *Countdown*.
10.00 **Gogglebox** Opinions on *Michael McIntyre's The Wheel* and *Tiny World*.
11.05 **First Dates**
12.05 AM **Naked Attraction**
1.15 **Celebrity Gogglebox**
2.10 **First Dates**
3.10 **Naked Attraction**
4.05 **Abbott Elementary**
4.30 **Brooklyn Nine-Nine**
5.25 **to 6.00** AM **The Goldbergs**

+1 hour 235/236 | 306 | 30 | 123

Wednesday primetime

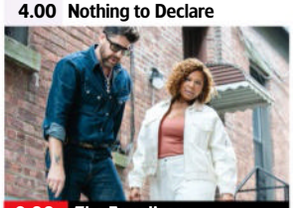
WEDNESDAY Entertainment

Wednesday

Sky Witness

107 807 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Motorway Patrol**
8.00 **Border Patrol**
9.00 **Send in the Dogs**
10.00 **Border Security: America's Front Line** Double bill.
11.00 **New Amsterdam** 3/13. (S5)
12.00 NOON **The Good Doctor** (S1)
1.00 PM **The Cleaning Lady** 3/10. Thony faces an ultimatum. (S1)
2.00 **Chicago Fire** 3/22. Severide and Pryma pair up to work on a police investigation. (S11)
3.00 **Stop, Search, Seize**
4.00 **Nothing to Declare**


9.00 The Equalizer

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **FBI: Most Wanted** *Silkworm:* 10/14. A former counterintelligence officer is thought to be leaking classified information. (S1)

9 PM
9.00 **The Equalizer** New episode *Just Fans:* Harry and McCall search for a woman with a secret online persona. (S5)

10 PM
10.00 **Elsbeth** *Artificial Genius:* 8/10. The CEO of a crime alert app kills someone and uses her tech to cover her tracks. (S1)
11.00 **The Rookie** 4/22. (S4)
12.00 M'T **Law & Order: Organized Crime** 12/22. (S2)
1.00 AM **FBI: Most Wanted** (S1)
2.00 **The Good Doctor** 16/18. (S1)
3.00 **Coroner** 10/12. (S4)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 808 342 357

6.00 AM **Fish Town** Double bill.
8.05 **True Blood** 8&9/12. (S2)
10.15 **Billions** 3&4/12. (S7)
12.25 PM **Game of Thrones** (S4)
1.30 **Big Love** 3&4/9. (S4)
3.35 **True Blood** 8/12. Sam finds himself in trouble after making a gruesome discovery. **4.40** 9/12. Hoyt defends his relationship with Jessica. (S2)
5.45 **Billions** 3/12. Chuck rallies the troops and a betrayal hits Wendy hard. **6.50** 4/12. Chuck embarks on a case with ties to Prince. (S7)

5.45 Billions

7.55 **Game of Thrones** *The Mountain and the Viper:* 8/10. Tyrion's fate is decided, while Mole's Town is on the receiving end of a raid by the wildlings. (S4)

9.00 **The White Lotus** *Special Treatments:* 2/8. Comedy drama following the dark secrets of the guests and staff at a resort in Thailand. (S3)

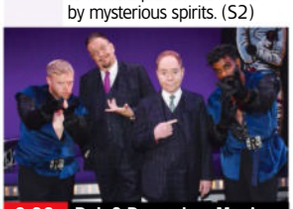
10.15 **Homicide: Life on the Street** *Night of the Dead Living:* 9/9. Bayliss brings in a new suspect. (S1)
11.15 **In Treatment** 2/43. (S1)
11.45 **Succession** 5&6/10. (S2)
2.05 AM NEW SERIES **Small Town, Big Story** 1/6. Comedy drama starring Christina Hendricks and Paddy Considine. (S1)
3.10 **Game of Thrones**
4.10 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 813 111 346 361

6.00 AM **S.W.A.T.** 10&11/13. (S7)
8.00 **The Flash** 15/18. (S7)
9.00 **Stargate SG-1** 13&14/22. (S2)
11.00 **Supergirl** 6/20. (S1)
12.00 NOON **The Flash** 16/18. (S7)
1.00 PM **S.W.A.T.** 12&13/13. (S7)
3.00 **NCIS: Los Angeles** (S13)
4.00 **Magnum P.I.** 9/20. Higgins is sent inside a psychiatric hospital while on a case. (S5)
5.00 **Supergirl** 5/20. Kara struggles to juggle her two lives. (S1)
6.00 **Stargate SG-1** 13/22. Plans to mine a planet are foiled by mysterious spirits. (S2)


9.00 Rob & Romesh vs Magic...

7.00 **Stargate SG-1** *Touchstone:* 14/22. The team uncover a sinister government plot. (S2)

8.00 **Freddie Fries Again** 6/6. Andrew Flintoff and Rob Penn's second tour concludes in Ireland.

9.00 **Rob & Romesh vs Magic in Vegas** Rob Beckett and Romesh Ranganathan join Penn & Teller's show in Las Vegas.

10.00 **Hacks** 5/10. Ava takes a chance on George. **10.40** 6/10. Deborah and Ava have a unique bonding experience. (S1)
11.20 **Never Mind the Buzzcocks**
12.20 AM **Strike Back: Vengeance**
1.20 **Road Wars**
2.00 NEW SERIES **Small Town, Big Story** 1/6. Comedy drama starring Christina Hendricks and Paddy Considine. (S1)
3.00 **NCIS: Los Angeles** (S13)
4.00 **Magnum P.I.** 9/20. (S5)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 816 115 6 113

6.00 AM **CITV**
9.00 **World's Funniest Videos**
10.00 **Secret Crush** Double bill.
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Supermarket Sweep**
3.00 **Charmed** 1/22. Phoebe is overwhelmed by visions of her future husband. (S8)
4.00 **Gilmore Girls** 22/22. Lorelai worries about Luke. (S4)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Dianne Buswell, Ria Hebden and Neil Morrissey.

7.00 Deal or No Deal

7.00 **Deal or No Deal** Stephen Mulhern hosts as contestant Nikki tries to open the 22 red boxes in the right order.

8.00 **Ant & Dec's Limitless Win** 3/5. The duo host the quiz as sisters Sarah and Amy return for a chance to win big.

9.00 **Hell's Kitchen** New edition 3/16. The chefs go head to head in a seafood showdown.

10.05 **Olivia Attwood: Getting Filthy Rich** 4/6. The former *Love Island* star dives into the world of financial domination.
11.00 **Family Guy** 9/30. Lois is sent to prison for shoplifting. **11.30** 10/30. Lois fulfils a lifelong ambition. (S4)
12.00 M'T **American Dad!** (S2&1)
1.05 AM **Bob's Burgers** (S11)
2.05 **The Emily Atack Show**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 117 10 115

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Inspector Morse**
10.35 **The Royal** *Scabs.*
11.40 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Inspector Morse** *The Death of the Self:* The detective investigates an English woman's bizarre death in Italy.
5.55 **Heartbeat** *The Third Man:* Shiner investigates a gold raid and sets up an ambush to catch the would-be thieves.

8.00 Grace

6.55 **Heartbeat** *Missing in Action:* A clairvoyant at a funfair gives a bride-to-be cold feet about her imminent nuptials.

8.00 **Grace** *Not Dead Yet:* A shocking attack on the Brighton music scene and a gruesome discovery on a pig farm force Grace to split his team to investigate both.

10.00 **Endeavour** *Cartouche:* A death casts a sinister pall over a film star's visit to a local cinema, and a family visit puts DCI hospitality to the test.
12.00 M'T **Trial & Retribution** 1/2. A man vanishes on his honeymoon in London, but there is little evidence to suggest foul play. (S9)
1.30 AM **Never the Twain**
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 180 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Our Lives: The Journey to Scotland's Remotest Pub** Two friends take on a treacherous journey.
8.00 **Paramedics on Scene** An Oban woman suffers a severe allergic reaction.
9.00 **Debate Night** New edition Debate on the big issues affecting Scotland and beyond.
10.00 **River City** New episode Drew is pressured to acquire more painkillers for his football trial.
10.30 **The Agency: Unfiltered** New edition 4/6. The next challenge for the contestants is to fulfil a brief given to them by a brand.
11.00 **Scotcast** New edition Topical discussion.
11.30 PM **to 12.00** M'T **The Disasters That Shocked Scotland**

Sky Comedy

114/115 814 112 347 362

8.00 AM **Bored to Death**
9.05 **The Conners** (S5)
10.00 **Hung** 1&2/10. (S3)
11.20 **Eastbound & Down**
12.40 PM **Curb Your Enthusiasm** (S1&2)
2.00 **Hung** 1&2/10. (S3)
3.20 **Eastbound & Down**
4.40 **Bored to Death** (S2)
5.40 **The Office (US)** (S8)
6.40 **The Conners** (S5)
7.40 **Curb Your Enthusiasm** 10/10. Larry runs into an ex-girlfriend. (S1) **8.20** 1/10. Larry take a job as a salesman. (S2)
9.00 **Entourage** 3/12. Turtle turns to Ari for advice. **9.35** 4/12. E thinks about the future. (S6)
10.10 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.10 **Bill Maher: Is Anyone Else Seeing This?**
12.30 AM **Sex and the City**
1.50 **Mr Mayor** (S2)
2.50 **Eastbound & Down**
4.15 **to 5.00** AM **The Comeback**

Sky Arts

130/131 826 123 36 143 365

6.00 AM **Arts Uncovered**
6.10 **LSO: Rattle Conducts Sibelius & Bruckner**
8.00 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
2.00 **Julie Andrews Forever**
3.00 **Discovering**
4.00 **Landscape Artist 2021**
5.00 **Tales of the Unexpected**
6.00 **Artist of the Year: Masterclass** New editions
7.00 **Alfred Hitchcock Hour**
8.00 **Landscape Artist of the Year** New edition
9.00 **Artist of the Year: Masterclass** Double bill.
10.00 **Master Crafters**
11.00 **From the Vaults**
12.00 M'T **Peter O'Toole**
2.00 AM **Wuthering Heights**
3.15 **Skinner & Mina's Literary Road Trip**
4.15 **Life & Rhymes**
5.00 **to 6.00** AM **Video Killed the Radio Star**

Sky Mix

151 135 11 141

7.00 AM **Nothing to Declare**
9.00 **Bondi Rescue**
10.00 **The Force: Manchester**
11.00 **Highway Patrol**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Monkey Life**
3.00 **Nothing to Declare**
4.00 **Star Trek: The Next Generation** 12/26. (S7)
5.00 **Stargate SG-1** (S1)
6.00 **Stargate Atlantis** (S2)
7.00 **Star Trek: Voyager** *Retrospect:* 17/26. (S4)
8.00 **Landscape Artist of the Year** New edition The contest moves to Bristol Harbourside.
9.00 **The Rookie** (S2)
11.00 **Britain's Most Evil Killers** Philip Austin.
12.00 M'T **Snapped**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 119 28 119

7.30 AM **Unwind**
7.40 **Backyard Builds** New edition DIY series.
8.10 **Olivia Marries Her...**
9.10 **Taste of Ireland**
10.10 **Buying and Selling**
11.10 **The Real Housewives of Beverly Hills**
12.05 PM **Olivia Marries Her Match** Reality series.
1.05 **The Only Way Is Essex**
2.05 **Dinner Date**
3.10 NEW SERIES **Scott's Vacation House Rules**
4.05 **The Real Housewives of Beverly Hills**
5.00 **The Real Housewives of Atlanta** Reality series.
6.00 **Buying and Selling**
7.00 **Taste of Ireland**
8.00 **Dinner Date**
9.00 **The Real Housewives Ultimate Girls' Trip**
10.00 **The Only Way Is Essex**
11.05 **Botched** Medical series.
12.00 **The Only Way Is Essex**
1.00 **to 1.30** AM **Backyard Builds**

+1 hour 319

GREAT! tv

157 170 50

8.00 AM **Diagnosis Murder**
10.00 **Father Dowling Mysteries** 12/22. (S3)
11.00 **Sue Thomas: F.B.Eye**
12.00 NOON **Hart to Hart**
2.00 PM **Father Dowling Mysteries** 17/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 17–20/24. (S1)
9.00 **Randall and Hopkirk (Deceased)** *Vendetta for a Dead Man:* 24/26. Jeannie's life is in serious danger. (S1)
10.00 **The Avengers** *A Funny Thing Happened on the Way to the Station:* 13/24. A plot is afoot to kill the prime minister. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S1)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 118 26 117

6.00 AM **The Best of the 80s**
6.15 **Minder**
7.15 **The Sweeney**
8.20 **Robin of Sherwood**
9.35 **Magnum, PI**
10.35 **Kojak**
11.40 **Beat the Chasers**
12.45 PM **Robin of Sherwood**
1.50 **Magnum, PI**
2.50 **Kojak**
3.55 **Minder**
5.00 **BattleBots** New edition The Golden Bolt is at stake.
6.00 **Beat the Chasers** Quiz show.

7.15 Women's Nations League

7.05 **Nijinsky's Triple Crown** Short film about the legendary racehorse.
7.15 **LIVE Football: Women's Nations League** England v Spain: Seema Jaswal presents all the action from both teams' second Group A3 match at Wembley Stadium. With analysis from Ian Wright, and commentary by Seb Hutchison and Siobhan Chamberlain. Kick-off is at 8.00.

10.25 **FILM Olympus Has Fallen** Thriller with Gerard Butler and Morgan Freeman. A disgraced secret service agent tries to foil North Korean guerrillas who have seized control of the White House. (2011, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Wrestling: AEW Collision**
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 3/26. (S4)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 18/26. (S6)
2.00 **Warehouse 13** 12/13. (S3)
3.00 **Stargate SG-1** 11/20. (S9)
4.00 **Star Trek: Voyager** 1/26. (S3)
5.00 **Star Trek: Deep Space Nine**
6.00 **Star Trek: The Next Generation** 3/26. Data's reunion with his creator is disrupted by his brother. (S4)

5.00 Star Trek: Deep Space Nine

7.00 **Warehouse 13** *Stand:* 12/13. Pete and Myka get caught up in a dangerous chess-like game that puts lives at stake. (S3)

8.00 **Stargate SG-1** *The Fourth Horseman – Part Two:* 11/20. Carter and Orlin search for a vaccine for the plague. (S9)

9.00 **Grimm** *Nameless:* 16/22. Nick and Hank try to track a Wesen killer who marks his victims using an online game. (S2)

10.00 **The Walking Dead** *Isolation:* 3/16. A group leave the prison to search for supplies. (S4)

11.00 **FILM Parallel** Sci-fi mystery starring Aml Ameen, Martin Wallstrom and Georgia King. (2018, 15, 104min) ★★
1.00 AM **FILM Drone Wars** Action adventure starring Corin Nemec and Whitney Moore. (2016, PG, 79min) ★★
3.00 **Chucky** 1/8. (S2)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 809 114 343 358

7.10 AM **Murdoch Mysteries** (S11)
9.00 **Father Brown**
10.00 **The Doctor Blake Mysteries**
11.00 **Hudson & Rex** 7/16. (S4)
12.00 NOON **The Mentalist** (S5)
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S11)
4.00 **The Doctor Blake Mysteries** 4/10. A body crashes onto the roof of a car. (S2)
5.00 **Hudson & Rex** 7/16. As Major Crimes investigates a dark web marketplace, Charlie and Rex protect a witness. (S4)
6.00 **Father Brown** As 10.00pm.

10.00 Father Brown

7.00 **The Mentalist** *Blood Feud:* 4/22. Rigsby finds his father shot near a murder scene. Guest stars William Forsythe. (S5)

8.00 **White Collar** *Brass Tacks:* 12/16. Neal and Peter investigate Senator Pratt's connection to a corrupt police force. (S4)

9.00 **Death in Paradise** *Stumped in Murder:* 4/8. The president of the local cricket club is found dead on the pitch. (S6)

10.00 **Father Brown** *The Sands of Time:* Brenda finds love with a clock collector, but it may just be that she has fallen for a killer.

11.00 **The Mentalist** As 7.00pm.
12.00 M'T **White Collar** As 8.00pm.
12.55 AM **Elementary** 3/24. Sherlock tries to track down a serial child-killer. (S1)
1.55 **So Help Me Todd** 2/10. (S2)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 810 124 344 359

7.35 AM **Highlights**
9.40 **The Green Green Grass**
10.20 **Are You Being Served?**
11.00 **The Vicar of Dibley**
11.35 **Last of the Summer Wine**
12.55 PM **The Green Green Grass**
1.30 **The Good Life**
2.10 **Dad's Army**
2.50 **The Vicar of Dibley**
3.30 **Are You Being Served?**
4.05 **Last of the Summer Wine**
5.20 **The Green Green Grass**
6.00 **Are You Being Served?**
6.40 **Dad's Army**

9.35 Harry Enfield and Chums

7.20 **Dad's Army** Mainwaring tries to talk Frazer into depositing his hoard of gold sovereigns in a safe place – his own bank.

8.00 **The Good Life** Tom discovers oil in his garden.
8.40 **The Vicar of Dibley** Alice and Hugo's baby is christened amid chaos, and David asks Geraldine to marry him.
9.35 **Harry Enfield and Chums** First-ever edition of the sketch show. Tim Nice-But-Dim takes over an antiques shop.
10.15 **The Good Life** As 8pm.
10.55 **Ghosts** The spooks' poor behaviour sends Alison into meltdown.
11.30 **The Vicar of Dibley**
12.25 AM **Toast of London** Steven and Ed are asked to judge a beauty contest.
1.00 **The Black Adder**
1.40 **Ghosts**
2.30 **Harry Enfield and Chums**
3.00 **to 4.00** AM **Avoidance**

+1 hour 210/211 324

U&Dave

111/112 811 127 19 157

7.15 AM **Anthony Bourdain: Parts Unknown** From Detroit.
8.00 **Fast Justice** Double bill.
10.00 **American Pickers** Double bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **Guy Martin: Proper Jobs**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si King and Dave Myers explore food-related customs associated with weddings.
6.00 **Rick Stein's Far Eastern Odyssey** Rick discovers hot and spicy vegetable curries in Sri Lanka before visiting Bali.

6.00 Far Eastern Odyssey

7.00 **Would I Lie to You?** With Greg Rutherford, Joanna Scanlan, Henning Wehn and Kirsty Young.
7.40 **Richard Osman's House of Games** With Sabrina Grant and Kirsty Wark. **8.20** With Michelle Collins, Reginald D Hunter, Joanne McNally and Bill Turnbull.

9.00 **QI XL** Guests Lee Mack, Aisling Bea and Jason Manford join regular panellist Alan Davies and host Sandi Toksvig.

10.00 **Have I Got a Bit More News for You** Steph McGovern hosts the satirical quiz, with Zoe Lyons and John Pienaar.
11.00 **Taskmaster** The show's comedians don camouflage to hide from Greg Davies.
12.00 M'T **Mock the Week** With Maisie Adam and Rhys James.
12.40 AM **Would I Lie to You?**
2.00 **to 4.00** AM **Mel Giedroyc: Unforgivable**

+1 hour 211/212 327 74

Wednesday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 143 49 127

9.00 AM **Four in a Bed**
9.30 **Sun, Sea and Selling Houses** Double bill.
11.30 **A Place in the Sun**
2.30 PM **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** From Essex.
7.00 **Our Farm Next Door: Amanda, Clive and Kids** The family face re-roofing Anty John's.
8.00 **All Aboard! Scotland's Poshest Train** Alan pays a visit to Culloden.
9.00 **Top Guns: Inside the RAF** A junior pilot has a close encounter with two Russian jets.
10.00 **FILM The Ritual** Horror starring Rafe Spall. Reunited college friends encounter a menacing presence in the woods. (2017, 15, 94min) ★★★
11.50 **Super Surgeons: A Chance at Life**
12.55 AM **First Dates**
1.55 **One Question**
3.00 **to 5.00** AM **Gogglebox**

5USA

141/169 120/162 21 129

9.00 AM **NCIS** 1-3/24. (S11)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Crescent City – Part One:* 18/24. The body of a congressman and former agent washes ashore in New Orleans. **7.00** *Crescent City – Part Two:* 19/24. The team track political connections to a case. **8.00** *Page Not Found:* 20/24. McGee's girlfriend Delilah makes a breakthrough in a controversial case. (S11)
9.00 **Criminal Minds** *The Job:* 1/22. The profilers pull in an outside expert to help track down a killer. **10.00** *The Witness:* 2/22. An LA bus is attacked with deadly gas. (S11)
11.00 **Law & Order: Special Victims Unit** (S15&14)
2.50 AM **The Good Wife** (S1)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

8.00 AM **Rich Kids Go Skint**
9.00 **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers** New edition
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Emergency Call Out** A suspected bomb.
10.00 **Sleeping with My Murderer** Lakhvir Singh.
11.00 **Skin A&E** Documentary.
12.00 M'T **Criminals: Caught on Camera** Car crime.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 130 33 132

9.00 AM **Entertainment News**
9.15 **Car Pound Cops**
9.45 **Traffic Cops**
10.50 **Police Interceptors**
11.50 **FILM Hellfighters** Adventure. (1969, PG, 120min) ★★
2.25 PM **FILM Bullet for a Badman** Western. (1964, PG, 80min) ★★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** PC Ian Cosgrove heads to the scene of a hit-and-run.
9.00 **Police Interceptors**
10.00 **Police Code Zero: Officer Under Attack**
11.00 **FILM Rise of the Footsoldier 3** Crime prequel starring Craig Fairbrass and Terry Stone. (2017, 18, 99min) ★
1.05 AM **Police Interceptors**
2.05 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 827 125 25 156

6.10 AM **Inside the Ambulance**
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
12.00 NOON **DIY SOS: The Big Build Ireland**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build Ireland** From Limerick.
7.00 **MasterChef USA** New edition The cooks must bake an elevated birthday cake based on a childhood favourite.
8.00 **Inside the Ambulance**
9.00 **Hungry for It**
10.20 **At Home with Katherine Ryan**
11.20 **Louis Theroux: America's Most Dangerous Pets**
12.20 AM **Emma Willis: Delivering Babies**
1.25 **Wedding Valley**
2.15 **to 3.00** AM **Date Night**

+1 hour 232/233 325

U&Drama

143 116 20 158

7.10 AM **All Creatures Great and Small**
8.00 **Doctors**
9.15 **Classic Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Eldorado**
3.15 **Bergerac**
4.20 **All Creatures Great and Small**
5.25 **The Upper Hand**
6.00 **As Time Goes By**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Shakespeare & Hathaway: Private Investigators** 9/10. Frank becomes the prime suspect in a murder case. **9.00** 10/10. Frank and Lu must unmask a 'Voice in the Dark'. (S4)
10.00 **New Tricks**
11.20 **Bergerac**
12.20 AM **Annika**
2.35 **to 4.00** AM **Classic Holby City**

+1 hour 243 316 60

WEDNESDAY Entertainment

Really
142 128 17 145

6.00 AM **Fantasy Homes by the Sea** From Cyprus.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Edinburgh Auction House** Double bill.
7.00 **Antiques Road Trip** James Braxton and Izzie Balmer head to Wales. **8.00** Experts Catherine Southon and Tim Medhurst compete.
9.00 **Body Bizarre** New edition Ashley's condition turns her muscles into bone. **10.00** Tony became a recluse when huge lumps grew around his face.
11.00 **Dr Pimple Popper**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 139 48 142

7.00 AM **The Chase**
10.00 **The Crystal Maze**
11.00 **Cash in the Attic**
12.00 NOON **Tenable**
1.00 PM **Family Fortunes**
3.00 **Catchphrase**
4.00 **Blockbusters**
5.00 **The Crystal Maze** Game show hosted by Richard O'Brien.
6.00 **Cash Trapped** Quiz hosted by Bradley Walsh.
7.00 **Tenable** Warwick Davis hosts as five students from Coventry attempt to answer questions about top 10 lists.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Tenable** As 7.00pm.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Weakest Link** Quiz with Anne Robinson.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Tenable** As 7.00pm
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 426 42

8.00 AM **Wild West Chronicles** Double bill.
9.00 FILM **The Quick and the Dead** War drama. (1963, 15, 92min) ★★
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM FILM **Badland** Western adventure. (2019, 12, 107min) ★★
3.25 FILM **Rage at Dawn** Classic Western. (1955, U, 87min) ★★
5.30 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers**
9.00 FILM **A Dangerous Man** Crime action thriller. (2009, 18, 94min) ★★★
11.00 FILM **Shadow Man** Espionage thriller. (2006, 15, 92min) ★
1.00 AM FILM **Global Meltdown** Thriller. (2017, PG, 105min) ★
2.50 **to 5.00** AM **Wild West Chronicles**
+1hour 324

GREAT! movies
321 425 34

9.00 AM FILM **A Sister's Obsession** Thriller. (2019, 15, 89min) ★★
10.55 FILM **A Daughter's Deception** Thriller. (2019, 12, 85min) ★★
1.00 PM FILM **Wish You Were Dead** Thriller. (2017, PG, 89min) ★★
3.00 FILM **Killer Reputation** Thriller. (2019, 12) ★
5.00 FILM **Lost Letter Mysteries: From Paris with Love** Drama. (2015, PG, 90min) ★★
7.00 **Perception** Double bill.
9.00 FILM **Star Trek: Nemesis** Sci-fi adventure. (2002, 12, 116min) ★★★
11.35 FILM **The Wrong Patient** Thriller. (2018, PG) ★★
1.30 AM FILM **Secrets in the Snow** Thriller. (2020, PG, 90min) ★
3.20 **Air Rescue**
4.00 **to 6.00** AM FILM **Stalked by My Mother** Thriller. (2016, 12) ★★
+1hour 322

GREAT! romance
319 424 52

8.10 AM FILM **A Picture Perfect Wedding** Drama. (2021, PG, 90min) ★★
10.10 FILM **Snapshot of Love** Drama. (2022, PG) ★★
12.05 PM FILM **The Perfect Catch** (2017, PG) ★★
2.00 FILM **The Perfect Wedding Match** Drama. (2021, PG, 86min) ★★
4.00 FILM **Wedding Wonderland** Drama. (2017, PG, 92min) ★★
6.05 FILM **Eat, Drink and Be Married** Drama. (2019, U, 90min) ★★
8.00 FILM **Her Pen Pal** Drama. (2021, PG) ★★
9.55 FILM **Love's Sweet Recipe** Romantic drama. (2021, PG, 85min) ★★
11.50 FILM **Diagnosis Delicious** Drama. (2016, PG, 90min) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Dater's Handbook** Comedy. (2016, U, 83min) ★★
+1hour 320 63

Rewind TV
182 95

6.00 AM **Highlights**
9.00 **Stereo Underground**
10.00 **Time After Time** (S2)
10.30 **Watching** 2/8. (S1)
11.00 **Diff'rent Strokes** (S1)
11.30 **Bewitched** 2/36. (S1)
12.00 NOON **Dick Turpin** (S1)
1.00 PM **Jason King** (S1)
2.00 **Born Free** 10/13. (S1)
3.00 **World in Action**
4.00 **Stereo Underground**
5.00 **Diff'rent Strokes** (S1)
5.30 **Watching** 2/8. (S1)
6.00 **Bewitched** 2/36. (S1)
6.30 **Married... With Children**
7.00 **Fantasy Island** (S1)
8.00 **Born Free** 10/13. (S1)
9.00 **Jason King** 8/26. (S1)
10.00 **Married... With Children**
10.30 **Drop the Dead Donkey**
11.00 **The Mrs Merton Show**
11.35 **Hammer House of Horror** 1/13. (S1)
12.35 AM **Dick Turpin**
1.35 **World in Action**
2.35 **Monkey** 11/26. (S1)
3.30 **Stereo Underground**
4.30 **to 6.00** AM **Highlights**

DMAX
159 169 39 147

6.00 AM **Alaska: The Last Frontier** Double bill.
8.00 **Outback Opal Hunters**
9.00 **Deadliest Catch**
11.00 **Homestead Rescue: Raney Ranch**
1.00 PM **Aussie Gold Hunters** Documentary.
3.00 **Gem Hunters Down Under** Double bill.
5.00 **Alaskan Bush People**
7.00 **Deadliest Catch**
9.00 **Restoring Galveston** New editions Michael and Ashley combine two rooms to create a spacious kitchen in a pre-1900s Victorian. **10.00** Michael and Ashley work on a bizarre spaceship-shaped landmark in Galveston.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1hour 259 369 153

Food Network
140/141 190 43 148

6.00 AM **James Martin's Brittany** Double bill.
7.00 **The Pioneer Woman**
9.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **Rick Stein's Seafood Lovers' Guide**
2.00 **James Martin's Brittany**
3.00 **The Pioneer Woman**
5.00 **Barefoot Contessa: Back to Basics**
7.00 **The Great British Bake Off** Contestants face three tricky challenges during Spice Week. **8.00** The remaining bakers are tested to the limit in Pastry Week.
9.00 **Rick Stein's Seafood Lovers' Guide**
10.00 **James Martin's Brittany**
11.00 **Diners, Drive-Ins and Dives** Double bill.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**
+1hour 240/241 154

Legend
148 149 41 137

8.00 AM **Walker, Texas Ranger** 7/26. (S3)
9.00 **Six Million Dollar Man**
10.00 **T.J. Hooker** 4/23. (S4)
11.00 FILM **Avalon: Beyond the Abyss** Adventure with Parker Stevenson. (1999, PG, 86min) ★★
1.00 PM **King Solomon's Mines** Adventure.
5.00 **Star Trek** 1/26. (S2)
6.00 **T.J. Hooker** 5/23. (S4)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 FILM **Officer Down** Crime drama starring Stephen Dorff and Dominic Purcell. (2013, 15, 93min) ★★
11.00 FILM **Rogue** Horror starring Megan Fox. (2020, 15, 105min) ★★
1.10 AM FILM **The Factory** Thriller with John Cusack. (2012, 15, 104min) ★★
3.15 **to 5.00** AM FILM **Lonesome Dove Church** Western. (2014, 15, 89min) ★★

Legend Xtra
317 171 69 138

6.00 AM FILM **Meteor Moon**
8.00 FILM **Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
10.00 **Farscape** 8/22. (S2)
11.00 FILM **George and the Dragon** Fantasy. (2004, PG, 93min) ★★★
1.00 PM FILM **The Fabulous Journey to the Centre of the Earth** Fantasy. (1978, PG, 87min) ★★
3.00 **Farscape** 8/22. (S2)
4.00 **Star Trek** 9/26. (S2)
5.00 FILM **Meteor Moon** Sci-fi action adventure. (2020, PG, 80min) ★★
7.00 **Farscape** 9/22. (S2)
8.00 **Star Trek** 10/26. (S2)
9.00 FILM **Maximum Conviction** Thriller starring Steven Seagal. (2012, 15, 93min) ★★
11.00 FILM **The Butterfly Room** Crime thriller. (2012, 15, 87min) ★★
1.00 **to 3.00** AM FILM **Maximum Conviction**
+1hour 318 371 139

Blaze
164 174 64 161

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Auction Hunters**
7.55 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **Alien Files Reopened**
11.10 **Weird or What?**
12.10 PM **World's Most Unexplained...**
1.05 **Mega Disasters**
2.05 **Pawn Stars**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **Alien Files Reopened**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **What on Earth?**
10.00 **Mysteries from Above**
11.00 **Secrets in the Ice**
12.00 M'T **National Park Mysteries** Double bill.
1.00 AM **Alien Files...**
2.00 **Weird or What? With William Shatner**
3.00 **Hardcore Pawn**
3.25 **Rust Valley Restorers**
4.10 **to 6.00** AM **Ancient Aliens**

5SELECT
153 138 46 133

9.00 AM **World's Most Scenic Railway Journeys**
10.00 **Jersey and Guernsey**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **Walking Wartime Britain** From London.
6.00 **World's Most Scenic Railway Journeys** Austria's stunning Transalpine railway.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Madrid with Michael Portillo** Michael enjoys some traditional chocolate and churros.
10.00 **Majorca: Jewel of the Med** Cameras explore Majorca's culture.
11.00 **Prisoner: Cell Block H**
1.05 AM **Bargain-Loving Brits in the Sun**
3.00 **Jersey and Guernsey**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 191 44 149

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **A Place in the Sun**
3.00 **Escape to the Country**
5.00 **A Place in the Sun**
8.00 **Escape to the Country**
9.00 **Good Bones: Risky Business** Mina feels the pressure with the first wedding looming.
10.00 **Home Town** Ben and Erin help a woman find a home in Mississippi.
11.00 **Flip or Flop** Tarek and Christina El Moussa try to flip a hilltop home. **11.30** Tarek and Christina try to flip a home in Bellflower for profit.
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Home Town**
3.00 **to 4.00** AM **My Lottery Dream Home**
+1hour 258/262 391

TLC
133/134 828 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress: Atlanta** Four editions.
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **sMothered**
2.00 **Return to Amish**
3.00 **Outdaughtered**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Sister Wives**
8.00 **Seeking Sister Wife**
9.00 **Love Off the Grid** New edition
10.00 **Temptation Island**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Living Without Arms: Body Bizarre**
1.00 AM **Extreme Cheapskates**
2.00 **Temptation Island**
3.00 **Sex Sent Me to the ER**
4.00 **Seeking Sister Wife**
5.00 **to 6.00** AM **Extreme Cheapskates**
+1hour 233/234 365

Comedy Central
112/113 812 132 345 360

8.00 AM **Most Ridiculous**
9.00 **Guessable?**
10.00 **Home Improvement**
12.00 NOON **Last Man Standing** 5&6/18. (S2)
1.00 PM **Friends** (S7)
8.00 **Friends** 24/24. Guest stars Gary Oldman. (S7) **8.30** 1/24. Phoebe takes the heat off Rachel. (S8)
9.00 **Lee Evans – Monsters**
10.00 **8 Out of 10 Cats**
11.00 **Teachers** New episode 3/20. The staff deal with a lice outbreak. (S3)
11.30 **Al Murray: Giving It Both Barrels**
1.00 AM **Whose Line Is It Anyway? USA**
2.00 **Beavis and Butt-Head**
3.00 **Kiri Pritchard-McLean: Home Truths**
3.45 **The Comedy Central Chart Show**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1hour 212/213 332

Comedy Cen. Extra
127/128 154

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Impractical Jokers**
10.00 **Becker** 12&13/24. (S2)
11.00 **Friends** (S5)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.00 **Whose Line Is It Anyway? USA**
4.00 **Guessable?**
5.00 **Becker** 12&13/24. (S2)
6.00 **Home Improvement**
8.00 **Last Man Standing** 5/18. Eve takes a stand after learning about her mother's job, while Kristin and Mandy clash. **8.30** 6/18. Mike and Ryan disagree about teaching Boyd the harsh realities of life. (S2)
9.00 **South Park** (S11,16&17)
2.00 AM **Key & Peele**
3.00 **Ugly Americans**
3.45 **Guessable?**
4.30 **The Alasdair Beckett-King Mysteries**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Patrol**
11.00 **Border Patrol**
12.00 NOON **FBI** 1&2/15. (S3)
2.00 PM **Motorway Patrol**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **Sun, Sea and A&E**
6.00 **Highway Cops**
7.00 **MacGyver** (S4)
9.00 **The Force: North East** Police deal with a samurai sword attack and the abduction of a dog. **10.00** Officers pursue two car thieves who are in a stolen vehicle.
11.00 **Road Wars**
12.00 M'T **The Russell Howard Hour**
2.00 AM **A League of Their Own US Road Trip**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 824 134

6.00 AM **The Hills**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
2.00 PM **Catfish: Catch of the Day** Reality series.
3.00 **Catfish: Meltdowns**
4.00 **Catfish: The TV Show**
7.00 **Teen Mom: The Next Chapter** Jade visits her mum in rehab. **8.00** New edition Mackenzie gets upset after reading Gannon's text messages.
9.00 **Help! I'm in a Secret Relationship!** New edition Lee wants to know why Princess is hiding her.
10.00 **Catfish: The TV Show**
11.00 **The Challenge: All Stars** New edition
12.00 M'T **Ridiculousness** New editions Double bill.
1.00 AM **Ink Master**
3.10 **to 4.00** AM **Ex on the Beach**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **How Do They Do It?**
7.00 **Building Off the Grid**
9.00 **Kindig Customs** Double bill.
11.00 **Wheeler Dealers: Dream Car**
1.00 PM **Alaska: Homestead Rescue** Double bill.
3.00 **Gold Divers** Double bill.
5.00 **Deadliest Catch** One wrong move in the narrow False Pass causes Jake and the *Saga* to hit bottom.
6.00 **Wheeler Dealers** Mike and Elvis attempt to resuscitate a 1974 Jaguar XJ6 that hasn't been on the road since 1990.

9.00 Gold Divers

7.00 Salvage Hunters Drew Pritchard is impressed by a library in Manchester, before he is frustrated by a fellow dealer in Chorley.

8.00 Kindig Customs The Chevelle makes it through paint and into assembly, where it comes to life with new upholstery.

9.00 Gold Divers New edition Abandoned by his crew, Chris McCully risks an unprecedented winter solo dive without a tender.

10.00 America's Backyard Gold Dave Turin uses dry washing techniques and an ancient Spanish method to find gold.

11.00 **America's Backyard Gold** Dave Turin visits the Carolinas, where he finds America's rarest, most valuable gold.
12.00 M'T **Street Outlaws: Memphis**
1.00 AM **Gold Divers** As 9.00pm.
2.00 **America's Backyard Gold**
3.00 **Texas Metal**
4.00 **to 5.00** AM **Moonshiners**

+1hour 225/226 377

Animal Planet

162/175 178

8.00 AM **Animal Cribs**
9.00 **Dodo Heroes**
10.00 **Dogs 101** Active companions.
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Animal Cribs**
1.00 PM **Dodo Heroes**
2.00 **Coyote Peterson: Brave the Wild** Double bill of editions.
3.00 **Tanked** With Ryan Newman.
4.00 **Bad Dog!** A monkey has free reign of his owner's house.
5.00 **Alaska: Homestead Rescue**
6.00 **Animal Cribs** Antonio helps a working dog by transforming a laundry room into a spa.

7.00 Dodo Heroes

7.00 Dodo Heroes Following the work of Animal Defenders International, who try to ban animal circuses across the world.

8.00 Isle of Jaws: Blood Brothers Exploring the mystery of where great white sharks mate, and where their pups are born.

9.00 Deadliest Sharks Dr Michael Domeier and Dr Barry Bruce profile the deadly oceanic white tip sharks.

10.00 Alaskan Bush People Matt, Bam, Bear and Gabe head out on their first-ever hauling job without their father.

11.00 **Flying Wild Alaska** A special canine delivery for Iditarod champion Lance Mackey.
12.00 M'T **Pit Bulls & Parolees** The team begin Operation Rhino.
1.00 AM **Alaskan Bush People**
2.00 **Bad Dog!** As 4.00pm.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Animal Cribs**

+1hour 262/275 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation: Special Report**
10.00 **World War II: Secrets from Above** Operation Avalanche.
11.00 **Ice Road Rescue**
12.00 NOON **Car S.O.S**
1.00 PM **Colossal Machines**
2.00 **Air Crash Investigation**
3.00 **Venice's Lost Empire: Drain the Oceans** Documentary.
4.00 **Nazi Megastructures**
5.00 **Car S.O.S** A 1994 Vauxhall Cavalier Turbo in Stockport.
6.00 A rare French classic car.

10.00 No Taste Like Home

7.00 Air Crash Investigation A Loganair cargo flight from Edinburgh loses both engines just moments after takeoff.

8.00 Car S.O.S Tim Shaw and Fuzz Townshend head to Dorset to take on carpenter Mike's 1980 Ford Escort RS2000.

9.00 Car S.O.S Fuzz Townshend and Tim Shaw secretly restore a 1967 Aston Martin DB6.

10.00 NEW SERIES **No Taste Like Home with Antoni Porowski** Florence Pugh explores ancestral stories behind English dishes.

11.00 **Air Crash Investigation**
12.00 M'T **Mysterious Islands** Australia's Beacon Island.
1.00 AM **Plane Crash Recreated**
2.00 **Lords of War**
2.30 **Bid & Destroy**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **When Sharks Attack**

+1hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **American Pickers**
6.50 **History's Greatest Aircraft**
7.45 **Flipping Bangers**
8.45 **Forged in Fire**
9.35 **Storage Wars** Five editions.
12.00 NOON **Mountain Men**
1.00 PM **Flipping Bangers**
2.00 **How the Nazis Lost the War**
4.00 **Digging for Britain** Alice Roberts visits archaeological digs in the east of Britain.
5.00 **Pawn Stars** Rick admires a blade said to once belong to a Japanese admiral.
6.00 **American Pickers**

8.00 History's Greatest Aircraft

7.00 Forged in Fire After forging friction folders from a steel coil, the finalists must create a French smallsword.

8.00 History's Greatest Aircraft New edition The McDonnell Douglas F-4 Phantom II, a crucial Cold War aircraft.

9.00 The Curse of Oak Island New edition The team members are intrigued by the mysterious structure found in the swamp.

10.00 The UnXplained with William Shatner Exploring whether curses are the product of over-active imaginations.

11.00 **The UnBelievable with Dan Aykroyd** Tales of sea beasts, hidden cities and impossible creatures that lurk beneath.
12.00 M'T **Pawn Stars**
1.00 AM **Flipping Bangers**
2.00 **Forged in Fire**
3.00 **History's Greatest Aircraft**
4.00 **to 6.00** AM **Storage Wars**

+1hour 223/224 331

U&Yesterday

155 846 129 27 159

6.10 AM **Antiques Roadshow**
8.00 **Rise of the Nazis: The Downfall** Documentary.
9.00 **WW2 – Battles for Europe**
10.00 **The Architecture the Railways Built** Double bill.
12.00 NOON **Cornwall with Simon Reeve** Travel documentary.
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash**
4.00 **Rise of the Nazis: The Downfall** Germany is losing, but Hitler refuses surrender.
5.00 **WW2: Battles for Europe**
6.00 **Antiques Roadshow**

8.30 Great Coastal Railway...

7.00 How Britain Worked Guy Martin helps with the £500,000 restoration of the oldest surviving Brixham sailing trawler.

8.00 Great Coastal Railway Journeys Michael Portillo visits Morecambe Bay. **8.30** Michael travels though Cumbria.

9.00 Great Canal Journeys Timothy West and Prunella Scales explore the Monmouthshire and Brecon canal.

10.00 Bangers & Cash Dave collects a rare 1926 Dodge bus, and Derek gets his hands on a rare Vauxhall Victor VX 90.

11.00 **Abandoned Engineering** A theme park in Buenos Aires built in a time of terror, and a collection of castles in Turkey.
12.00 M'T **Cornwall with Simon Reeve** The explorer goes on a trip through the county.
1.00 **to 3.00** AM **Classic Car Garage**

+1hour 255 329

Wednesday

7 PM 8 PM 9 PM 10 PM

Quest

144 834 137 12 150 144

6.00 AM **Chasing Classic Cars**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **The Repair Shop** Triple bill.
3.00 PM **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **The Repair Shop**
8.00 **Salvage Hunters** Drew Pritchard heads to rural Somerset to rummage through a salvage yard. **9.00** New edition Drew and Viki meet a collector of 20th-century lighting.
10.00 **Salvage Hunters: Georgian House Restoration** New edition Drew makes a discovery that threatens to bring his house tumbling down.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151

Quest Red

149 168 40 146

6.00 AM **Say Yes...UK**
7.00 **Say Yes... Lancashire**
8.00 **Say Yes... Big Bliss**
9.00 **Say Yes to the Dress**
10.00 **FBI Files** Documentary.
11.00 **Forensic Detectives**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **American Detective with Lt Joe Kenda**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Jamie Lavis.
4.00 **American Monster**
6.00 **People Magazine Investigates**
7.00 **The Killer in My Family**
8.00 **Murder on CCTV**
9.00 **Signs of a Psychopath** New editions Double bill.
10.00 **Deadly Women**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **See No Evil** The case of Alajawan Brown who was gunned down in Skyway, Washington.
8.00 **Secrets of a Murder Detective** Detectives Keogh and Dickie investigate the murder of Tom Cressman.
9.00 **Forensic Factor** New edition A woman is stabbed and strangled in her home within a gated community.
10.00 **Murder by the Sea** New edition Petty Officer Allan Grimson was labelled the 'Royal Navy's Dennis Nilsen.'
11.00 **Evidence of Evil**
12.00 M'T **48 Hours**
1.00 AM **Forensic Factor**
2.00 **Murder by the Sea**
3.00 **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 172 68 134

9.00 AM **48 Hours**
11.00 **Medical Detectives**
2.00 PM **48 Hours**
4.00 **Medical Detectives** The discovery of a killer fungus causing bleeding lungs in babies. **4.30** An investigator makes an impression of a shoe print discovered in the snow. **5.00** The discovery of a woman's remains which led police to uncover a tale of drugs and greed. **5.30** Investigators use technology to lift a print from a pillowcase. **6.00** How a poisoner almost got away with the murder of her husband. **6.30** Investigators look into the disappearance of a six-year-old girl.
7.00 **Judge Judy** Real-life small claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 820 121 349 364

6.00 AM **Highway Cops**
7.00 **The Force: Manchester**
8.00 **Road Wars**
9.00 **Nothing to Declare**
10.00 **Send in the Dogs**
11.00 **Forensics: Catching...**
12.00 NOON **How I Caught the Killer** Susan Eyre.
1.00 PM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **Most Evil Killers**
5.00 **Forensics: Catching...**
6.00 **How I Caught the Killer**
7.00 **Most Evil Killers**
9.00 **Murder in Slow Motion: The Shana Grice Story**
10.00 **How I Caught the Killer**
11.00 **Forensics: Catching the Killer** True-crime.
12.00 M'T **Most Evil Killers**
1.00 AM **How I Caught the Killer** Camden Ripper.
2.00 **Snapped** Double bill.
4.00 **UK Border Force**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 222/223 321

PBS America

173 187 84 155

8.00 AM **Grand Tours of Scotland** Ben Nevis.
8.35 **The Lafayette Squadron**
9.45 **The Somme 1916: From Both Sides of the Wire**
10.55 **Ukraine 1933, Seeds...**
12.00 NOON **A Nation...**
1.00 PM **Grand Tours of Scotland** Ben Nevis.
1.35 **The Lafayette Squadron**
2.50 **The Somme 1916: From Both Sides of the Wire**
4.00 **Ukraine 1933, Seeds...**
5.05 **A Nation Denied: Ukraine's Battle for History** Documentary.
6.10 **The Lafayette Squadron**
7.15 **The Somme 1916: From Both Sides of the Wire**
8.35 **Ukraine 1933, Seeds of Hunger** Documentary.
9.40 **A Nation Denied: Ukraine's Battle for History** Documentary.
10.45 **The Somme 1916: From Both Sides of the Wire**
12.00 M'T **Ukraine 1933...**
1.10 **to 2.00** AM **Grand Tours of Scotland**

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD EE HD

WEDNESDAY

Sky Documentaries

121/122 819 188 352 367

6.00 AM **Navajo Police: Class 57**
7.00 **Discovering: Roy Scheider**
8.00 **The Directors**
9.00 **The 2000s**
10.00 **Dark Horses: Italy's World Cup Triumph** 3/4. Documentary.
11.00 **Saviour Complex**
12.00 NOON **Stax: Soulsville USA**
2.10 PM **Yacht Rock: A Dockumentary** Chronicling the rise of soft rock.
4.00 **The Directors**
5.00 **Discovering: Roy Scheider**
6.00 **The 2000s**
6.55 **Stax: Soulsville USA** 4/4. The label prepares to shut its doors.
8.00 **Elvis Presley: The Searcher** 1&2/2. Documentary about the life and career of the much-loved singer.
12.00 M'T **I Am Burt Reynolds** Family and friends pay tribute to the iconic Hollywood actor.
1.50 AM **FILM Busby** A profile of former football manager Matt Busby. (2019, PG, 102min) ★★★
3.50 **Surveilled** Documentary.
5.00 **to 6.00** AM **Discovering: Roy Scheider**

Sky Nature

124/125 822 189 354 369

6.00 AM **The Wild Wild East**
7.00 **Monkey Life**
8.00 **Undiscovered Vistas**
9.00 **Shark Squad**
10.00 **Guardians of the Wild**
11.00 **Wildlife ER**
12.00 NOON **Airborne**
1.00 PM **Monkey Life**
2.00 **Undiscovered Vistas**
3.00 **Shark Squad**
4.00 **Guardians of the Wild**
5.00 **Beasts of the Big Blue**
6.00 **Airborne**
7.00 **Monkey Life** Double bill.
8.00 **Volcanic Odysseys**
9.00 **Super Shark Highway** A team study how young blacktips learn social and survival skills.
10.00 **Airborne** How animals defy gravity to gather food on the ground and high in the air.
11.00 **Beasts of the Big Blue**
12.00 M'T **Wildlife ER**
1.00 AM **Arctic Secrets**
2.00 **Volcanic Odysseys**
3.00 **Super Shark Highway**
4.00 **Undiscovered Vistas**
5.00 **to 6.00** AM **Shark Squad**

Sky History 2

163/168 840 186

6.00 AM **Ancient Aliens**
7.00 **Ancient Aliens: The Ultimate Evidence**
8.00 **History's Greatest Mysteries**
9.00 **Battle 360**
10.00 **What on Earth?**
11.00 **Ancient Aliens**
12.00 NOON **Ancient Aliens: The Ultimate Evidence**
1.00 PM **River Hunters**
2.00 **Weird Britain**
3.00 **Celts: The Untold Story**
4.00 **Battle 360**
5.00 **The Proof Is Out There**
5.55 **What on Earth?**
6.50 **UFO Hunters**
7.50 **Revolutions That Changed History** Documentary.
9.00 **Gunpowder Siege**
10.00 **History's Greatest Mysteries**
11.00 **WWII Battles in Colour**
12.00 M'T **Ancient Aliens**
1.00 AM **Ancient Aliens: The Ultimate Evidence**
2.00 **River Hunters**
3.00 **Weird Britain**
4.00 **UFO Hunters**
5.00 **to 6.00** AM **The Proof Is Out There**

Crime+Investigation

156 837 133

6.00 AM **Homicide: Hours to Kill**
7.00 **Homicide Hunter**
8.00 **The First 48**
9.00 **Meet, Marry, Murder**
10.00 **Murder By Medic**
11.00 **Imperfect Murder**
12.00 NOON **Buried in the Backyard**
1.00 PM **Somebody's Hiding Something** Documentary.
2.00 **Murder Masterminds**
3.00 **Killer Britain with Dermot Murnaghan** Phillip Nicholson.
4.00 **Meet, Marry, Murder**
5.00 **On the Case with Paula Zahn**
6.00 **Homicide: Hours to Kill**
7.00 **The First 48**
8.00 **Murder By Medic** New edition A mother dies after a facelift.
9.00 **Green Eyed Killers** New edition
10.00 **Family Massacre**
11.00 **Homicide Hunter**
12.00 M'T **Buried in the Backyard**
1.00 AM **Green Eyed Killers**
2.00 **Family Massacre**
3.00 **Somebody's Hiding Something**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 841 182

8.00 AM **Yukon Vet**
9.00 **Shark Men**
10.00 **Alaska Fish Wars**
11.00 **World's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Rare Cat Skills**
3.00 **An Elephant's World**
4.00 **Secrets of the Zoo: Tampa**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** An older male Mandrill shows his true colours during a dental exam.
8.00 **Untamed Philippines** 1/3. The wildlife of the islands. **9.00** 2/3. Featuring an island where people come to swim with whale sharks.
10.00 **Africa's Deadliest** A look at animals that have evolved deadly natural weaponry.
11.00 **Ice Road Rescue**
12.00 M'T **Monster Fish**
1.00 AM **World's Deadliest**
2.00 **Yukon Vet**
3.00 **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 181

7.00 AM **Shark Attack Survivors**
8.00 **Extreme Engineering**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Cooper's Treasure**
5.00 **Mysteries at the Museum**
7.00 **Expedition Bigfoot** After receiving a recording of an alleged Bigfoot call, Bryce blasts it over a speaker system to elicit a response and an encounter with the mysterious creature.
8.00 **Shark Attack Survivors** A look at why the predators attack humans, and advice on the best way to survive in the event of an encounter with a shark.
9.00 **Combat Dealers**
10.00 **Shed and Buried**
11.00 **Blowing Up History**
1.00 AM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 176 57 160

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
5.00 **The Bill** *Don't Like Mondays:* Edwards and Ramsey find themselves held at gunpoint with DC Lines' wife and children. **5.30** *Pick Up:* PC Haynes struggles to cope after the shooting of Ramsey. **6.00** *Kidding:* Tony and Richard investigate allegations of young purse snatchers. **6.30** *Black Spot:* Tosh is out to nick local villain Davy Box.
7.00 **Pointless** Double bill of the quiz show hosted by Alexander Armstrong and Richard Osman.
9.00 **The Brokenwood Mysteries** *Sour Grapes:* 2/4. A guest judge and wine critic attending the town's annual wine show are found dead, drowned inside a fermenting vat, prompting DI Mike to investigate. (S1)
11.05 **The Bill** Four episodes.
1.10 AM **Pointless** Double bill.
3.10 **Abandoned Engineering**
5.35 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 166

8.00 AM **To Catch a Killer**
9.00 **I Almost Got Away with It**
11.00 **Still a Mystery**
1.00 PM **Evil Lives Here: Shadows of Death** Double bill.
3.00 **Evil Lives Here**
5.00 **Real Time Crime**
7.00 **People Magazine Investigates** The murders of millionaires Brad and Andra Sachs. **8.00** The case of a criminal law professor killed in his garage.
9.00 **I Went Undercover** A man confronts the predator who molested him as a child. As he agonises over the possibility of other victims, he wonders if he could have made a terrible mistake.
10.00 **High Speed Chase** In Illinois, a high-speed chase ends in a $250,000 drug bust.
11.00 **Faking It: Tears of a Crime**
12.00 M'T **Murder Files with Martin Kemp** Double bill of editions.
2.00 AM **Real Time Crime**
4.00 **to 6.00** AM **People Magazine Investigates**

+1 hour 254 366

Discovery Turbo

161/172 180

6.00 AM **World's Greatest Motorcycle Rides**
7.00 **Kindig Customs**
8.00 **Iron Resurrection**
9.00 **Roadworthy Rescues**
10.00 **Motor Pickers**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **Richard Hammond's Big** Motoring series.
1.00 PM **Extreme RVs**
2.00 **Wheeler Dealers**
3.00 **Motor Pickers**
4.00 **Lucky!**
5.00 **Roadworthy Rescues**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Richard Hammond's Big**
8.00 **Lucky!** The most glamorous era of Formula 1, with jet-set drivers and iconic teams.
9.00 **Shed and Buried: Classic Cars**
10.00 **Motor Pickers**
11.00 **Shed and Buried**
12.00 M'T **Lucky!**
1.00 AM **Iron Resurrection**
2.00 **Fast N' Loud**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

+1 hour 261/272

Films

Sky Cinema Premiere

301 401 501 515

6.20 AM **Chuck Chuck Baby** Drama. (2023, 15, 101min) ★★★★
8.10 **Turn Me On** As 4.45am.
10.00 **A Place Called Silence**
12.10 PM **Rob Peace** Drama. (2024, 15, 120min) ★★★
2.20 **The Watched** As 12.40am.
4.10 **The Garfield Movie** Animation featuring the voice of Chris Pratt. (2024, U, 101min) ★★★
5.55 **The Bikeriders** Drama with Tom Hardy and Jodie Comer. (2023, 15, 116min) ★★★★

5.55 The Bikeriders

8.00 **Thelma** Comedy starring June Squibb. After a 93-year-old woman is conned by a phone scammer, she embarks on a risky journey across LA with only one thing on her mind – revenge. With Fred Hechinger. (2024, 12, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Furiosa: A Mad Max Saga** Fantasy adventure prequel starring Anya Taylor-Joy and Chris Hemsworth. A warrior seeks vengeance against a biker horde led by the crazed Dementus. (2024, 15, 148min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **The Watched** Horror starring Dakota Fanning. (2024, 15, 102min) ★★
2.30 **A Place Called Silence** Thriller. (2024, 15, 119min)
4.45 **to 6.45** AM **Turn Me On** Fantasy starring Bel Powley. (2024, 15, 99min) ★★★

Sky Cinema Hits

303 403 503 517

6.05 AM **Jericho Ridge** As 4.00am.
7.50 **Ride On** (2023, PG) ★★★
10.00 **Ruthless** (2023, 15) ★★★
11.50 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
1.35 PM **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
3.30 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★
5.30 **Bad Boys II** Action comedy sequel starring Will Smith. (2003, 15, 147min) ★★★

8.00 Mamma Mia! Here We Go...

8.00 **Mamma Mia! Here We Go Again** ABBA-themed musical sequel starring Amanda Seyfried, Lily James, Pierce Brosnan, Cher and Meryl Streep. The reopening of the Hotel Bella Donna leads to a reunion for Sophie's family. (2018, PG, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **My Big Fat Greek Wedding 3** Romantic comedy sequel with Nia Vardalos and John Corbett. (2023, 12, 92min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Book Club: The Next Chapter** Comedy sequel with Jane Fonda and Diane Keaton. (2023, 12, 107min) ★★
1.40 AM **The Book of Clarence** Biblical comedy starring LaKeith Stanfield and Omar Sy. (2023, 15, 129min) ★★★
4.00 **Jericho Ridge** Thriller. (2023, 15, 87min) ★★★
5.40 **to 6.00** AM **The Cinema List: British Sky Originals**

Sky Cinema Drama

310 410 510 524

6.00 AM **The Cinema List: Rom Com**
6.20 **Rurangi** As shown at 3.55am.
8.00 **Girl You Know It's True** (2023)
10.15 **Save the Cinema** Fact-based drama. (2021, 12, 109min) ★★★
12.20 PM **Catch Me If You Can** Steven Spielberg's adventure. (2002, 12, 141min) ★★★★★
2.50 **Chicago** Oscar-winning screen version of the Broadway musical. (2002, 12, 112min) ★★★★
4.55 **Oppenheimer** Epic biopic. (2023, 15, 180min) ★★★★★
8.00 **Bob Marley: One Love** Biopic starring Kingsley Ben-Adir. The story of how reggae icon Bob Marley overcame adversity, and the journey behind his revolutionary music. (2023, 12, 104min) ★★★
10.00 **Frost/Nixon** Director Ron Howard's drama based on Peter Morgan's hit play, starring Michael Sheen and Frank Langella. (2008, 15, 122min) ★★★★
12.05 AM **Daddio** Christy Hall's drama. (2023, 15, 101min) ★★★★
1.50 **Girl You Know It's True** Music biopic. (2023, 15, 124min) ★★★
3.55 **Rurangi** Drama with Elz Carrad. (2020, 15, 87min) ★★★★
5.30 **to 7.10** AM **Widow Clicquot** Drama. (2023, 15) ★★★★

Sky Cinema Sci-fi/Horror

311 411 511 525

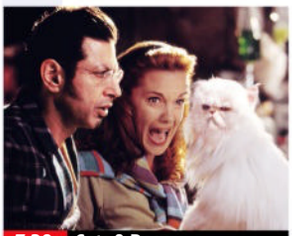
6.40 AM **If You Were the Last**
8.20 **Star Trek Into Darkness** Sci-fi. (2013, 12, 132min) ★★★★
10.40 **War of the Worlds** Steven Spielberg's sci-fi adventure. (2005, 12, 116min) ★★★★
12.40 PM **Star Trek Beyond** Sci-fi adventure starring Chris Pine. (2016, 12, 122min) ★★★★
2.50 **Doom** Sci-fi horror thriller. (2005, 15, 105min) ★★★
4.40 **Resident Evil: Apocalypse** Sci-fi horror thriller sequel. (2004, 15, 94min) ★★★
6.20 **The Woman in Black** Chiller. (2012, 12, 91min) ★★★★
8.00 **Ready Player One** Steven Spielberg's fantasy starring Tye Sheridan and Olivia Cooke. (2018, 12, 140min) ★★★★
10.25 **The Harbinger** Horror thriller. (2022, 15, 87min) ★★★★
12.00 M'T **If You Were the Last** Sci-fi romantic comedy. (2023, 15, 92min) ★★★★
1.40 AM **Resident Evil: Retribution** Sci-fi action thriller sequel. (2012, 15, 92min) ★★★
3.20 **Resident Evil: Degeneration** Animated zombie horror thriller. (2008, 15, 97min) ★★
5.05 **to 6.40** AM **Out of Darkness** Horror. (2022, 15, 88min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 406 506 520

7.00 AM **Patch Adams** As 10.45pm.
9.00 **Problem Child** As 12.55am.
10.30 **Ghost Squad** As 2.20am.
12.00 NOON **Hook** Fantasy. (1991, U, 140min) ★★★
2.25 PM **Journey to the Center of the Earth** Family adventure. (2008, PG, 92min) ★★
4.00 **Journey 2: The Mysterious Island** Fantasy sequel. (2012, PG, 94min) ★★★
5.50 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★



7.30 Cats & Dogs

7.30 **Cats & Dogs** Fantasy comedy with the voices of Tobey Maguire, Alec Baldwin and Sean Hayes. (2001, PG, 87min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **Cats & Dogs: The Revenge of Kitty Galore** Fantasy comedy sequel featuring the voices of James Marsden and Christina Applegate. (2010, U, 82min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

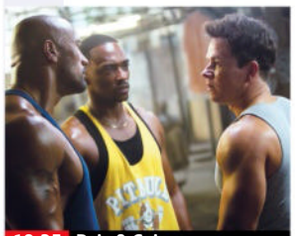
10.45 **Patch Adams** Fact-based comedy drama starring Robin Williams and Philip Seymour Hoffman. (1998, 12, 115min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Problem Child** Comedy. (1990, PG, 81min) ★
2.20 **Ghost Squad** Adventure. (2015, PG, 86min) ★★★
4.00 **Little Vampire** Animation. (2020, PG, 85min) ★★★
5.30 **to 7.45** AM **Bicentennial Man** Romantic sci-fi drama. (1999, PG, 131min) ★★★

Sky Cinema Action

307 407 507 521

6.15 AM **The Flash** Adventure. (2023, 12, 144min) ★★★
8.45 **Man of Steel** Fantasy. (2013, 12, 143min) ★★★
11.10 **Superman Returns** Adventure. (2006, 12, 154min) ★★★
1.50 PM **Pompeii** Disaster movie. (2014, 12, 104min) ★★
3.40 **Gran Turismo** Action drama. (2023, 12, 123min) ★★★
6.00 **Bad Boys: Ride or Die** Action comedy adventure sequel. (2024, 15, 115min) ★★★



10.25 Pain & Gain

8.00 **Aquaman** Superhero adventure starring Jason Momoa. The human-born heir to the kingdom of Atlantis embarks on a quest to prevent a war between the worlds of ocean and land. With Amber Heard, Nicole Kidman and Willem Dafoe. (2018, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Pain & Gain** Dark crime comedy based on a true story, starring Mark Wahlberg, Dwayne Johnson, Anthony Mackie and Tony Shalhoub. (2013, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Once Upon a Time in China and America** Hong Kong adventure. Subtitled. (1997, 15, 102min) ★★★
2.25 **Seeking Justice** Thriller. (2011, 15, 104min) ★★
4.20 **to 6.05** AM **Salt** Thriller. (2010, 12, 99min) ★★★

Sky Cinema Comedy

308 408 508 522

7.05 AM **Snack Shack** As 11.50pm.
9.05 **Bowfinger** Comedy. (1999, 12, 97min) ★★★★
10.55 **I Love My Dad** As 3.30am.
12.35 PM **Anger Management** Comedy with Adam Sandler. (2003, 15, 105min) ★★★★
2.30 **Sumotherhood** Comedy drama. (2023, 15, 97min) ★★★
4.20 **Girls Trip** Comedy with Regina Hall. (2017, 15, 122min) ★★
6.25 **Along Came Polly** Comedy. (2003, 12, 90min) ★★★

10.05 Coup!

8.00 **Crazy Rich Asians** Romantic comedy starring Constance Wu and Henry Golding. A professor heads to Singapore with her boyfriend, and is surprised to learn he is from an extremely wealthy family. (2018, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

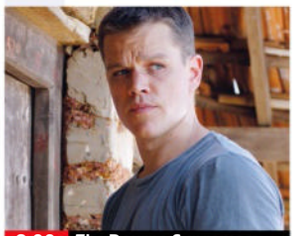
10.05 **Coup!** Comedy thriller starring Peter Sarsgaard. A mischievous cook leads a revolt against his rich boss during the Spanish Flu pandemic of 1918. With Sarah Gadon. (2023, 12, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Snack Shack** Comedy. (2023, 15, 107min) ★★★
1.50 AM **Army of One** Comedy. (2016, 15, 92min) ★★
3.30 **I Love My Dad** Comedy. (2022, 15, 96min) ★★★
5.15 **to 7.05** AM **Problemista** Comedy with Tilda Swinton. (2024, 15, 104min) ★★★

Sky Cinema Assassins

309 409 509 523

8.00 AM **Three Days of the Condor** Conspiracy thriller. (1975, 15, 118min) ★★★★
10.00 **The Accountant** Thriller. (2016, 15, 123min) ★★★
12.10 PM **The Killer** Action thriller. (2024, 15, 126min) ★★★★
2.25 **The Beekeeper** Action thriller. (2023, 15, 105min) ★★★
4.15 **John Wick** Action thriller. (2014, 15, 101min) ★★★★
6.00 **The Bourne Identity** Thriller. (2002, 12, 119min) ★★★★★



8.00 The Bourne Supremacy

8.00 **The Bourne Supremacy** Spy thriller sequel based on the novel by Robert Ludlum, starring Matt Damon. A former CIA assassin tries to discover why his enemies want to kill him. With Franka Potente. (2004, 12, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Battle Royale II: Requiem** Japanese sci-fi thriller sequel starring Tatsuya Fujiwara, Shugo Oshinari, Riki Takeuchi and Ai Maeda. Subtitled. (2003, 18, 133min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Nighthawks** Action thriller with Sylvester Stallone. (1981, 18, 99min) ★★★
2.00 **Wanted** Fantasy action thriller starring James McAvoy. (2008, 18, 105min) ★★★
3.55 **Bullet to the Head** Action thriller with Sylvester Stallone. (2012, 15, 89min) ★★★
5.30 **to 7.30** AM **The Killer** (2024)

Film4

313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **The Siege at Red River** Western. (1954, PG) ★★★
12.45 PM **Dad's Army** Comedy. (1971, U, 95min) ★★★★
2.35 **The Colditz Story** Classic World War Two escape drama. (1954, b/w, U, 97min) ★★★
4.35 **The Bedford Incident** Thriller. (1965, b/w, PG, 105min) ★★★
6.40 **Lion** Biographical drama with Dev Patel and Nicole Kidman. (2016, PG, 113min) ★★★★

6.40 Lion

Lion (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Morbius** Comic-book adventure starring Jared Leto. A biochemist tries to cure himself of a rare blood disease, but he inadvertently infects himself with a form of vampirism. With Matt Smith and Adria Arjona. (2022, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **10 PM**

11.05 PM **to 2.45** AM **The Godfather** Director Francis Ford Coppola's classic gangster saga of a Mafia family engaged in bloody war with rival crime families. Stars Marlon Brando, Al Pacino, James Caan, Robert Duvall, Diane Keaton, Talia Shire and John Cazale. (1971, 15, 167min) ★★★★★

11 PM

+1hour 314 430 47 301

Sky Cinema Awards Season

302 402 502 516

8.00 AM **Whiplash** As 4.00am.
9.50 **The Theory of Everything** Biopic of Stephen Hawking, starring Eddie Redmayne. (2014, 12, 120min) ★★★★
11.55 **Love Actually** Romantic comedy. (2003, 15, 135min) ★★★
2.10 PM **Alfie** Comedy drama remake starring Jude Law. (2004, 15, 106min) ★★★
4.00 **Philadelphia** As 11.40pm.
6.10 **Eternal Sunshine of the Spotless Mind** Offbeat romantic comedy starring Jim Carrey and Kate Winslet. (2004, 15, 108min) ★★★★★
8.00 **Lost in Translation** Bittersweet romantic comedy drama with Bill Murray and Scarlett Johansson. (2003, 15, 102min) ★★★★★
9.50 **Asteroid City** Writer-director Wes Anderson's sci-fi comedy starring Jason Schwartzman, Tom Hanks and Scarlett Johansson. (2023, 12, 105min) ★★★★
11.40 **Philadelphia** Legal melodrama. (1993, 12, 122min) ★★★★
1.50 AM **Steve Jobs** Biopic. (2015, 15, 119min) ★★★★
4.00 **Whiplash** Music drama. (2014, 15, 106min) ★★★★★
5.50 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Greats

304 404 504 518

6.40 AM **We're No Angels** (1954)
8.40 **Weird Science** As 2.05am.
10.25 **Death Becomes Her** Fantasy. (1992, PG, 103min) ★★★
12.25 PM **The Sting** Comedy drama. (1973, PG, 129min) ★★★★★
2.40 **See No Evil, Hear No Evil** Comedy thriller. (1989, 15) ★★★
4.35 **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel. (1991, 15, 81min) ★★★
6.10 **Dumb and Dumber** Comedy with Jim Carrey and Jeff Daniels. (1994, 12, 107min) ★★★
8.00 **Twins** Action comedy starring Arnold Schwarzenegger and Danny DeVito as unlikely twins. (1988, PG, 107min) ★★★
10.00 **Goodfellas** Martin Scorsese's gangster drama with Robert De Niro, Ray Liotta and Joe Pesci. (1990, 18, 143min) ★★★★★
12.30 AM **The Naked Gun 33⅓: The Final Insult** Spoof thriller sequel. (1994, 12, 83min) ★★★
2.05 **Weird Science** Teen fantasy comedy starring Kelly LeBrock. (1985, 12, 94min) ★★★
3.50 **We're No Angels** Comedy starring Humphrey Bogart. (1954, U, 106min) ★★★★
5.50 **to 6.50** AM **Sky Cinema Preview**

Sky Cinema Animation

305 412 500 514

6.00 AM **The Cinema List: Family**
6.15 **The Adventures of Tom Thumb and Thumbelina**
7.45 **Mr Peabody & Sherman** Animation. (2014, U) ★★★★
9.35 **Sinbad: Legend of the Seven Seas** (2003, U) ★★★★
11.15 **Batman Unlimited: Mechs vs Mutants** (2016, PG) ★★★
12.40 PM **Scooby-Doo! The Sword and the Scoob** (2021, PG) ★★★
2.05 **Sing** Animation. (2016, U) ★★★
4.00 **Madagascar 3: Europe's Most Wanted** (2012, PG) ★★★★
5.50 **The Lego Batman Movie** Animation. (2017, U) ★★★★
7.50 **Mavka: The Forest Song** Animation. (2023, PG) ★★
9.35 **The Adventures of Tom Thumb and Thumbelina** Animation. (2002, U, 72min) ★★
11.00 **The Canterville Ghost** Animation. (2023, PG) ★★
12.35 AM **Under the Boardwalk** Animation (2023, PG) ★★★
2.10 **Rock Dog** Animated adventure. (2016, PG, 90min) ★★★
3.45 **The Road to El Dorado** Animation. (2000, U) ★★★
5.20 **to 6.50** AM **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** Animation. (2021, PG) ★★★

Movies 24

312 419

7.00 AM **My Dreams of You** Drama. (2024, PG, 90min) ★★
9.00 **The Presence of Love** Drama. (2022, PG, 84min) ★★
11.00 **Love's Playlist** Romantic comedy. (2023, PG, 85min) ★★
1.00 PM **Rip in Time** Time-travel romance starring Torrey DeVitto. (2022, PG, 84min) ★★
3.00 **Luckless in Love** Romantic comedy. (2023, PG, 86min) ★★
5.00 **The Magic of Lemon Drops** Romantic fantasy starring Lyndsy Fonseca and Ian Harding. (2024, PG, 84min) ★★
7.00 **Aloha Heart** Romantic drama starring Kanoa Goo and Taylor Cole. (2023, PG, 90min) ★★
9.00 **Flowers and Honey** Romance starring Ashley Newbrough. A florist's life changes when her aunt dies and leaves her ranch to her. With the help of her neighbour, she tackles the land. (2021, PG, 90min) ★★
11.00 **North to Home** Drama. (2022, PG, 84min) ★★
1.00 AM **A Harvest Homecoming** Drama. (2023, PG, 85min) ★★
3.00 **to 5.00** AM **An Easter Bloom** Drama. (2024, PG, 84min) ★★

Movies 24+ 315 420

Talking Pictures

328 445 82 306

6.00 AM **Amos Burke, Secret Agent**
7.00 **Strictly for the Birds** Comedy. (1964, b/w, PG, 63min) ★★
8.15 **Look at Life**
8.30 **One Step Beyond** 33/39. (S2)
9.05 **Miss Robin Hood** Comedy starring Margaret Rutherford. (1952, b/w, U, 78min) ★★
10.40 **The End of the Road** Drama starring Finlay Currie. (1954, b/w, U, 78min) ★★★
12.15 PM **The Ghost Goes West** Comedy starring Robert Donat. (1935, b/w, PG, 85min) ★★
1.55 **The Brothers** 12/13. (S3)
3.00 **The Big Trees** Action drama. (1952, U, 89min) ★★★
4.50 **The Life and Legend of Wyatt Earp** 30/33. (S1)
5.25 **The Adventures of Jim Bowie**
5.55 **The Texan** 30/37. (S1)
6.30 **The Road to D-Day**
7.00 **Z Cars** 24/31. (S10)
8.00 **Manhunt** 13/26. (S1)
9.05 **Maigret** 1/3. (S6)
10.55 **In Suspicious Circumstances**
12.00 M'T **Maigret** 5/13. (S4)
1.05 AM **The Aviator** Aerial adventure. (1985, PG, 93min) ★
3.05 **Play Dirty** World War Two drama. (1968, 15, 115min) ★★★
5.25 **Cinebox Memories**
5.30 **to 6.00** AM **Richard Diamond**

Sky Sports Main Event

401 511 501 419 439

6.00 AM **Sky Sports News**
6.30 **Back Pages Tonight**
6.45 **Ferrari x Mescal**
6.50 **LIVE Formula 1** Coverage of the opening session on the first day of testing at Bahrain International Circuit, as the teams fine-tune their new cars ahead of the new season.
8.30 **LIVE ICC Champions Trophy Cricket Afghanistan v England.** Coverage of the Group B match staged at Gaddafi Stadium in Lahore. This is the first time that these sides have met in this competition as Afghanistan are making their tournament debut this year, replacing Sri Lanka as the eighth team.
5.30 PM **Sports Centre**
7.00 **Gillette Labs Soccer Special**
7.15 **LIVE SPFL Kilmarnock v Rangers.** Coverage of the Scottish Premiership match staged at BBSP Stadium Rugby Park. Kick-off is at **8.00pm**.
10.30 PM **to 6.00** AM **LIVE WTA & ATP Tennis** Coverage from the WTA and/or ATP Tours, featuring the ATP Acapulco Open, WTA Merida Open, ATP Santiago Open and WTA Texas Open.

Sky Sports Premier League

402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years** A look into the 2010/11 season.
3.00 **PL Retro** Leicester City v West Ham United from 2016.
5.00 **Premier League Best Goals** A selection of great strikes from the 2012/13 season.
6.00 **PL 100: Jimmy Floyd Hasselbaink** Top-flight goals.
6.30 **Premier League Stories**
7.00 **Gillette Labs Soccer Special** All the latest updates and goal alerts from the matches.
10.15 **Soccer Special Post-Match** Post-match reaction following the evening's football.
10.30 **Premier League Stories**
11.00 **Premier League Years** Clips from the 2011/12 season.
1.00 AM **PL Retro** Arsenal v Manchester United from 2005.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 513 503 421 441

6.00 AM **EFL Cup** The 2015 final.
8.00 **Best Scottish Premiership Goals 2022/23** Archive action.
8.30 **Best Scottish Premiership Goals 2023/24**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **EFL Rivalries**
11.30 **Jimmy Glass: The Great Escape**
12.00 NOON **SPFL** Celtic v Aberdeen.
2.00 PM **Bundesliga Highlights Show**
3.00 **EFL Highlights**
4.30 **SPFL** Celtic v Aberdeen.
4.45 **EFL Highlights**
7.00 **SPFL** Celtic v Aberdeen.
7.15 **LIVE SPFL Kilmarnock v Rangers.** Coverage of the Scottish Premiership match at BBSP Stadium Rugby Park. This meeting back in October saw the hosts claim a 1-0 victory thanks to an 87th-minute winner from Marley Watkins. Kick-off **8.00pm**.
10.30 **EFL Highlights**
11.30 **EFL Trophy** Action from Birmingham City v Bradford City. **12.00** M'T Highlights from Wrexham v Peterborough United.
12.30 AM **EFL** Championship play-offs.
2.30 **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 514 504 422 442

6.00 AM **Best of ICC WT20**
6.30 **WPL** T20 action from Bengaluru.
7.30 **ICC Champions Trophy Cricket** Australia v South Africa.
8.30 **LIVE ICC Champions Trophy Cricket Afghanistan v England.** Coverage of the Group B match staged at Gaddafi Stadium in Lahore. This is the first time that these sides have met in this competition as Afghanistan are making their tournament debut this year, replacing Sri Lanka as the eighth team. The last time these two sides met in an ODI was at the World Cup in 2023, as Afghanistan shocked England with a brilliant display in the group stage to win by 69 runs.
5.30 PM **Best of ICC WT20**
6.00 **ICC Champions Trophy Cricket**
8.00 **WPL** Action from Mumbai Indians v UP Warriorz in Bengaluru.
9.00 **ICC Champions Trophy Cricket** Afghanistan v England.
10.00 **WPL** Action from Mumbai Indians v UP Warriorz in Bengaluru.
11.00 **ICC Champions Trophy Cricket**
1.00 AM **WPL** A match replay.
4.40 **Ashes Greats** Player profiles.
5.00 **to 6.00** AM **IPL**

Sky Sports Golf

405 515 505 423 443

6.00 AM **LPGA Tour Golf**
9.00 **LPGA Tour Golf**
11.30 **Ladies European Tour Golf**
12.30 PM **Golf Academy** Putting tips.
1.00 **TGL** The Bay v Jupiter Links.
3.00 **Ladies European Tour Golf**
4.00 **Legends Tour Golf**
5.00 **UnFiltered at The Rolex Series**
5.30 **Golf's Greatest Holes**
6.00 **Ladies European Tour Golf**
7.00 **TGL** The Bay v Jupiter Links.
9.00 **PGA Tour: The Cut**
9.30 **Golf's Greatest Holes**
10.00 **UnFiltered at The Rolex Series**
10.30 **Legends Tour Golf**
11.30 **Golf's Greatest Holes**
12.00 M'T **PGA Tour: The Cut**
12.30 AM **DP World Tour Golf**
1.00 **PGA Tour Golf** Mexico Open.
2.00 **PGA Tour: The Cut**
2.30 **to 6.00** AM **LIVE LPGA Tour Golf** The first day of the HSBC Women's World Championship at Sentosa Golf Club in Singapore.

Sky Sports Tennis

407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **LIVE ATP Tennis** Day three of the Dubai Tennis Championships from Aviation Club Tennis Centre.
5.00 PM **LIVE WTA & ATP Tennis** Coverage from the Tours, featuring the ATP Acapulco Open, WTA Merida Open, ATP Santiago Open and WTA Texas Open.
12.00 M'T **to 6.00** AM **LIVE WTA & ATP Tennis** Continued coverage from the Tours, featuring the WTA Merida Open and WTA Texas Open.

TNT Sports 1

410 870 527 408 430

6.30 AM **MotoGP Highlights**
11.30 **Superbike World Championship Highlights**
12.30 PM **NBA** A replay of Orlando Magic v Cleveland Cavaliers.
2.00 **The TNT Sports Cycling Show**
2.30 **LIVE Men's Cycling Pro Series** Coverage of the opening stage of the O Gran Camino, staged in Galicia, Spain.
4.30 **What I Wore** John Barnes.
5.00 **Serie A – Full Impact**
5.30 **TNT Sports Reload**
6.00 **Training Day** From Brighton.
6.30 **LIVE Premier League Liverpool v Newcastle United.** Coverage of the top-flight match from Anfield. The teams drew 3-3 at St James' Park earlier on in the season. Kick-off is at **8.15pm**.
11.00 **Under the Lights**
11.15 **TNT Sports Reload**
11.30 **UEFA Champions League Magazine** News and updates.
12.00 M'T **LIVE NBA New York Knicks v Philadelphia 76ers.** Coverage of the Eastern Conference match from Madison Square Garden. Tip-off **12.00m't**.
2.30 AM **NBA Originals**
5.30 **to 6.00** AM **TNT Sports Reload**

TNT Sports 2

411 871 528 409 431

6.00 AM **Premier League** A chance to see Chelsea v Southampton. **7.30** Crystal Palace v Aston Villa. **9.00** A chance to see Brighton & Hove Albion v Bournemouth. **10.30** Wolverhampton Wanderers v Fulham at Molineux.
12.00 NOON **Training Day** Joe Marler and Steve Sidwell spend the day training at Brighton & Hove Albion.
12.30 PM **What I Wore** Tottenham and England legend Glenn Hoddle describes his passion for football.
1.00 **Premier League** A chance to see Chelsea v Southampton staged at Stamford Bridge. **2.30** Another chance to see Crystal Palace v Aston Villa. **4.00** A chance to see Brighton & Hove Albion v Bournemouth.
5.30 **The Football's On**
6.30 **LIVE Premier League Nottingham Forest v Arsenal.** Coverage of the top-flight game at the City Ground. Kick-off **7.30pm**.
10.00 **The Football's On** A humorous look at the week's football stories with Ian Stone and guests.
11.00 **Men's Cycling Pro Series** The first stage of the O Gran Camino.
12.00 M'T **to 6.00** AM **Premier League**

TNT Sports 3

417 874 529 410 432

6.00 AM **LIVE Snooker: World Open** Coverage of the first session in the third round of the tournament staged at Yushan Sport Centre in Yushan, China.
9.00 **Isuzu A-League Highlights**
9.30 **UEFA Champions League Magazine** News and updates.
10.00 **Fishing: On the Bank**
11.00 **The TNT Sports Cycling Show**
11.30 **LIVE Snooker: World Open** Coverage of the second session in the third round of the tournament at Yushan Sport Centre in China.
2.30 PM **HSBC SVNS Highlights**
3.30 **Fishing: On the Bank**
4.30 **Fight Night** Another chance to see Derek Chisora v Otto Wallin.
6.30 **LIVE Premier League Tottenham Hotspur v Manchester City.** The top-flight match from the Tottenham Hotspur Stadium. Kick-off **7.30pm**.
10.00 **Snooker: World Open**
12.00 M'T **World Seniors Darts Championships**
2.00 AM **Serie A – Full Impact**
2.30 **TNT Sports Reload**
3.00 **Men's Cycling Pro Series**
4.00 **to 6.00** AM **Snooker: World Open**

Sky Sports Action

408 517 507 426 446

6.00 AM **Super League Highlights**
7.00 **Fight Night** Chelli v Simpson.
8.00 **NFL Highlights** Recent action.
9.00 **Super League Highlights**
10.00 **Fight Night International**
12.00 NOON **Super League Highlights**
1.00 PM **Good Morning Football**
3.00 **Fight Night International** Denys Berinchyk v Keyshawn Davis.
4.00 **Super League Highlights**
5.00 **Super Bowl LIX Highlights** Kansas City Chiefs v Philadelphia Eagles at Caesars Superdome.
6.00 **NBC's Pro-Football Talk**
8.00 **World Club Challenge** Wigan Warriors v Penrith Panthers from 2024 staged at DW Stadium.
9.00 **Top Rank Boxing Archive** A replay of Oscar De La Hoya v Fernando Vargas from 2002. **10.15** George Foreman v Gerry Cooney from 1990. **10.45** A replay of Thomas Hearns v Iran Barkley from 1988.
11.00 **Super Bowl LIX Highlights**
12.00 M'T **NFL Highlights** Los Angeles Rams v Philadelphia Eagles.
1.00 AM **Fight Night** Zak Chelli v Callum Simpson in August 2024.
2.00 **NFL Highlights** Recent action.
4.00 **NFL Bitesize Highlights**
5.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 873 510 429 449

6.00 AM **Super League Highlights**
6.45 **Ferrari x Mescal**
6.50 **LIVE Formula 1** The opening session on the first day of testing at Bahrain International Circuit.
11.05 **How to Keep Cool in F1?**
11.15 **The F1 Wheelchair**
11.30 **Bernie's Back in Belfast**
11.55 **LIVE Formula 1** The second session on the first day of testing.
4.05 PM **Ted Drives: F4 Cars**
4.15 **Formula 1** Action from 2024.
6.15 **Super League Highlights**
7.00 **Behind the Ropes**
7.30 **Premier League Darts**
11.30 **Behind the Ropes**
12.00 M'T **LIVE NCAA Basketball Auburn Tigers v Ole Miss Rebels.** The women's college match from Neville Arena in Alabama. Tip-off is at **12.00m't**.
2.00 AM **ICC Champions Trophy Cricket** Recent highlights.
4.00 **NFL Highlights**
5.00 **to 6.00** AM **Super Bowl LIX**

TNT Sports 4

421 876 530 411 434

6.00 AM **Fishing: On the Bank**
7.00 **World Seniors Darts Championships** Highlights.
9.00 **HSBC SVNS Highlights**
10.00 **Premiership Women's Rugby**
11.00 **NBA Classic** From 2016/17.
12.30 PM **LIVE Cross Country Skiing World Championship** Coverage from Trondheim, Norway.
1.45 **Sport in Focus**
2.15 **UEFA Champions League**
2.30 **LIVE Cross Country Skiing World Championship** The men's 7.5km race in Norway.
3.45 **MotoGP Films**
4.30 **NBA** Magic v Cavaliers.
6.00 **Between the Lines**
6.30 **LIVE Premier League Manchester United v Ipswich Town.** The top-flight match from Old Trafford. Kick-off **7.30pm**.
10.00 **Between the Lines**
10.30 **The TNT Sports Cycling Show**
11.00 **UFC: The Ultimate Fighter**
5.00 **to 6.00** AM **Cricket Classics**

Eurosport 1

413 870 521 412 435

6.00 AM **LIVE Snooker: World Open** Coverage of day four from Yushan Sports Centre in China, featuring third-round matches.
9.00 **Cycling: Tour of Andalucia**
10.00 **The Cycling Show**
10.30 **Snooker: World Open**
11.30 **LIVE Snooker: World Open** Further coverage of day four from Yushan Sports Centre in China, featuring third-round matches.
2.30 PM **Alpine Skiing** In Sestriere.
3.30 **Biathlon** From Switzerland.
4.30 **Alpine Skiing** In Sestriere, Italy.
5.00 **Cycling: Tour of Algarve**
6.00 **Show Jumping** In Gothenburg.
7.00 **Snooker: World Open** Action from day four in Yushan, China.
9.00 **Vendee Globe Highlights**
10.00 **Cycling: Tour of Galicia**
11.00 **Alpine Skiing** In Crans Montana.
1.00 AM **Cycling: Tour of Galicia**
2.00 **Biathlon** From Lenzerheide.
4.00 **to 6.00** AM **Snooker: World Open**

Eurosport 2

414 871 522 413 436

6.00 AM **Ski Jumping**
7.00 **Alpine Skiing** In Sestriere, Italy.
8.00 **Australian Open Tennis** Action from Aryna Sabalenka v Madison Keys in the women's singles final. **9.30** Jannik Sinner v Alexander Zverev in the men's singles final.
11.00 **FIA World Endurance Championship** Highlights.
1.00 PM **Cycling: Men's UAE Tour**
2.00 **The Cycling Show**
2.30 **LIVE Cycling: Tour of Galicia** Coverage of stage one, a 190.6km route from Maia to Matosinhos.
4.30 **Discovery Golf**
5.00 **FIA World Endurance Championship** Highlights.
8.00 **Cycling: Tour of Galicia**
9.00 **Alpine Skiing** In Sestriere, Italy.
10.00 **Snooker: World Open**
12.00 M'T **Cycling: Tour of Galicia**
1.00 AM **Biathlon** From Lenzerheide.
2.00 **Snooker: World Open**
4.00 **Cycling: Tour of Galicia**
5.00 **to 6.00** AM **Alpine Skiing**

Sky Sports Sky Sports+

412 518 508 427 447

6.00 AM **Sky Sports News**
6.30 **Back Pages Tonight**
7.00 **Good Morning Sports Fans**
10.00 **The Football Show**
12.00 NOON **Lunchtime Live**
1.50 PM **LIVE WPL Mumbai Indians v UP Warriorz.** Coverage of the T20 match staged at M. Chinnaswamy Stadium, Bengaluru.
5.30 **LIVE WTA & ATP Tennis** Coverage from the Tours, featuring the ATP Acapulco Open, WTA Merida Open, ATP Santiago Open and WTA Texas Open.
7.00 **LIVE EFL Trophy Football Wrexham v Peterborough United.** The semi-final from StoK Racecourse, as the League One teams compete for a place in the final. Kick-off **7.30pm**.
10.00 PM **to 6.00** AM **LIVE WTA & ATP Tennis** Continued coverage from the Tours, featuring the ATP Acapulco Open, WTA San Diego Open and ATP Santiago Open.

Sky Sports F1

406 516 506 424 444

6.00 AM **F1 Features**
6.50 **LIVE Formula 1** The opening session on the first day of testing.
11.05 **F1 Features**
11.55 **LIVE Formula 1** The second session of the first day of testing.
4.05 PM **Ted Drives: F4 Cars**
4.15 **The Rookies** Documentary.
5.15 **F1 & the Silver Bullet**
5.30 **Ted Drives: F1 Car**
5.45 **Nicolas Hamilton**
6.30 **F1 Show 2024 Season Review**
8.00 **Testing Wrap** The first day.
8.30 **Ted's Notebook**
9.00 **Lewis's Secret Cinema**
9.30 **Testing Wrap** From Bahrain.
10.00 **Ted's Notebook**
10.30 **Memories of Senna**
11.00 **Testing Wrap** The first day.
11.30 **Ted's Notebook**
12.00 M'T **to 6.00** AM **The Home of F1**

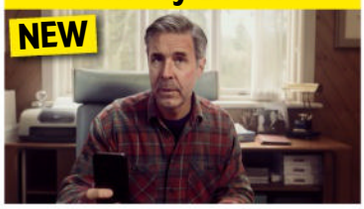
SKY HD SD VIRGIN HD EE HD

Thursday

27 February

Evening Planner

Comedy Drama



Small Town, Big Story
Sky Atlantic & Sky Max, 9pm (box set, Sky Box Sets)
Paddy Considine and Christina Hendricks star as old flames in this comedy drama.

Crime Drama

Bergerac
U&Drama, 9pm (box set, U)
Reboot of the Jersey-set drama, starring Damien Molony as Jim Bergerac, and Zoë Wanamaker as his mother-in-law.

OnDemand

NETFLIX

Toxic Town
Available today
Fact-based drama about mothers fighting for justice in the wake of the Corby toxic waste scandal. Jodie Whittaker stars.

OnDemand

NETFLIX

Running Point
Available today
An executive (Kate Hudson) is appointed the president of a basketball team in this sports comedy.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Dragons' Den		9.00 The Apprentice		10.00 News; Local News	
	102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Great British Menu		9.00 Miriam Margolyes: A New Australian...		10.00 The Apprentice...	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale		8.30 Tonight †	9.00 Coronation Street		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Dog House		9.00 24 Hours in A&E		10.00 Super Surgeons: A Chance at Life	
	105 CHANNEL 5	7.00 Supermarket Prices: Are We Being...		8.00 Tales from the Riverbank		9.00 James May's Great Explorers			10.30 Discovering...
	106 SKY SHOWCASE	7.00 The Simpsons				9.00 Micky Flanagan – An' Another Fing Live			
ENTERTAINMENT	115 BBC3		7.10 Top Gear		8.15 Ghosts US	9.00 Film: Absolutely Fabulous: The Movie			10.25 Suits
	116 BBC4	7.00 Climbing Great...	7.30 Who Do You...	8.00 Film: The Man Who Never Was			9.40 Robert Redford...	10.10 Film: All the President's Men	
	118 ITV2	7.00 Deal or No Deal		8.00 Ant & Dec's Limitless Win		9.00 The BRITs: The Warm-Up		10.00 G'wed	10.35 Family Guy
	136 MORE4	◂ 6.55 Car S.O.S.		7.55 Grand Designs				10.00 Britain's Most Expensive Houses	
	135 E4	7.00 The Simpsons	7.30 Modern Family	8.00 The Simpsons		9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 FBI: International		10.00 The Good Doctor	
	108 SKY ATLANTIC	◂ 6.50 Billions		7.55 Game of Thrones		9.00 Small Town, Big Story		10.00 Homicide: Life on the Street	
	110 U&GOLD	◂ 6.40 Dad's Army		8.00 The Good Life	8.40 The Vicar of Dibley		9.35 Harry Enfield and...		10.15 The Good Life
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Vera				10.00 Endeavour	
	120 ITV4	7.00 The Motorbike Show		8.00 Junk and Disorderly		9.00 Film: The Equalizer			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: American Made			
	139 SKY SCI-FI	7.00 Warehouse 13		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob & Romesh vs Darts		9.00 Small Town, Big Story		10.00 Poker Face	
	109 U&ALIBI	7.00 The Mentalist		8.00 White Collar		9.00 Murdoch Mysteries		10.00 Death in Paradise	
	130 SKY ARTS	7.00 Landscape Artist of the Year		8.00 Classic Movies: The Story of I'm All...		9.00 Film: I'm All Right, Jack			
	132 U&W	7.00 MasterChef USA		8.00 Inside the Ambulance		9.00 At Home with Katherine Ryan		10.00 The Baby Daddy	
DOCUMENTARY	125 DISCOVERY	7.00 Salvage Hunters		8.00 Kindig Customs		9.00 Marooned with Ed Stafford		10.00 Caught!	
	162 ANIMAL PLANET	7.00 Dodo Heroes		8.00 Pet Nation Renovation		9.00 Pit Bulls & Parolees		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Drain the Oceans		9.00 Mysterious Islands		10.00 Lawless Island	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Claw Hunters		9.00 Forged in Fire		10.00 Gangland Chronicles	
	155 U&YESTERDAY	7.00 How Britain Worked		8.00 Bangers & Cash		9.00 Dream Car Fixers		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Film: The Beatles: Eight Days a Week – The Touring Years				9.00 Paul Simon: In Restless Dreams			
FILMS – Sky Cinema	301 PREMIERE	◂ 6.10 Thelma		8.00 Rob Peace				10.10 The Watched	
	302 AWARDS SEASON	◂ 6.00 Chicago		8.00 A Star Is Born					10.20 The Danish Girl
	303 HITS	◂ 6.05 The Fast and the Furious		8.00 2 Fast 2 Furious				10.00 The Fast and the Furious: Tokyo Drift	
	304 GREATS	◂ 6.10 Brewster's Millions		8.00 HouseSitter			9.55 'About Last Night...'		
	305 ANIMATION		7.05 Wallace & Gromit: The Curse of the Were-Rabbit		8.35 Rock Dog				10.15 Straight Outta Nowhere...
	306 FAMILY		7.15 The Smurfs 2			9.05 Cats & Dogs: The Revenge of Kitty Galore			10.30 A Dog's Purpose
	307 ACTION	◂ 6.20 Hancock		8.00 Pain & Gain					10.15 Shooter
	308 COMEDY	◂ 6.10 O Brother, Where Art Thou?		8.00 How to Be Single			9.55 Miss Congeniality 2: Armed and Fabulous		
	309 ASSASSINS	◂ 6.10 The Bourne Supremacy		8.00 The Bourne Ultimatum				10.00 Wanted	
	310 DRAMA	◂ 5.50 P.S. I Love You		8.00 Steve Jobs				10.05 Widow Clicquot	
	311 SCI-FI	◂ 6.10 Insidious		8.00 Minority Report					10.30 Paycheck
	313 FILM4	◂ 6.20 The Hunt for Red October				9.00 The Mission			
SPORT	401 MAIN EVENT	7.00 Premier League Darts – Live: Coverage of night four of the tournament at Westpoint Arena in Exeter							
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 Gary Neville's Soccerbox		9.00 Big Interview	9.30 PL Stories	10.00 PL Icons	
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Barrow v Carlisle United (Kick-off 8.00)						10.30 Scottish...
	404 CRICKET	7.00 ICC Champions Trophy Cricket		8.00 WPL		9.00 ICC Champions Trophy Cricket		10.00 WPL	
	410 TNT SPORTS 1	7.00 Premier League – Live: West Ham United v Leicester City (Kick-off 8.00)							10.30 The Football's...
	411 TNT SPORTS 2	◂ 6.30 Ultimate Pool		8.00 Fight Night				10.00 UFC	

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Thursday

BBC1

101 | 101 | 1 | 101 | 101

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Critical Incident** (S)(R)
11.15 **Homes Under the Hammer** New edition From Suffolk. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **The Big Idea Works** Series finale Sara Davies reviews the series. (S)
2.30 **Make It at Market** (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** (S)(R)
4.30 **Antiques Road Trip** New edition James Braxton and Izzie Balmer are in Somerset and Dorset. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Political Broadcast** (S)

8.00 Dragons' Den

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Grant makes a big assumption only to find himself disappointed, so he decides it's time to get out of Walford. (S)(AD)

8.00 **Dragons' Den** New edition 8/14. The would-be investors appraise pitches concerning hair towels, an eco-conscious soap dispenser innovation, an inclusive make-up range and anaphylaxis kits. (S)(AD)

9.00 **The Apprentice** New edition 5/12. Lord Sugar tasks the candidates to create a new chocolate Easter egg to sell to industry buyers. (S)(AD)
■ *The Apprentice: You're Fired* follows on BBC2

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce presents the topical debate, inviting a panel of politicians and other guests in Derby to answer questions from an invited audience on subjects that have made the headlines in the past week. (S)
11.40 **Newscast** A panel of journalists host a weekly round-up of news from Westminster. (S)
12.10 AM **Michael McIntyre's Big Show** 6/6. Holly Willoughby plays Remember Me, and Perrie Edwards is woken up for a Midnight Gameshow. Plus, music from Busted vs McFly. (S)(R)
1.10 **Weather for the Week Ahead** (S)
1.15 **to 6.00** AM **BBC News** (S)

BBC2

102 | 102 | 2 | 102 | 102

6.30 AM **Antiques Road Trip** (S)(R)
7.15 **Bargain Hunt** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **The Tournament** Quiz show. (S)(R)
3.15 **The Farmers' Country Showdown**
3.45 **Alaska: Earth's Frozen Kingdom** 2/3. Summer in the US state. (S)(R)
4.45 **Designing the Hebrides** (S)(R)
5.15 **Flog It!** From Cornwall. (S)(R)
6.00 **Richard Osman's House of Games** New edition Edith Bowman, Rhys James, Anita Rani and Simon Rimmer take part. (S)
6.30 **Robson Green's Weekend Escapes** New edition 14/15. Robson is joined by Steve Cram for a boat trip to the Farne Islands. (S)(AD)

6.30 Robson Green's Weekend...

7.00 **Celebrity Antiques Road Trip** *Loose Women* stars Brenda Edwards and Linda Robson go on the hunt for antiques, searching Hertfordshire with the help of experts James Braxton and Serhat Ahmet. (S)(R)

8.00 **Great British Menu** New edition The two highest-scoring chefs from Wales cook their entire six-course menus again, with guest judge Cerys Matthews joining the regulars. Hosted by Andi Oliver. (S)

9.00 **Miriam Margolyes: A New Australian Adventure** 2/3. The actor scouts the freedom hotspot of Byron Bay on the easternmost point of Australia, a place where creativity, individualism and influencers thrive. (S)(R)(AD)

10.00 **The Apprentice: You're Fired** New edition 5/11. Tom Allen interviews the show's freshly rejected candidate. (S)
10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 **Uncanny** 4/4. The story of a young family with an unwanted house guest. (S)(R)(AD)
12.05 AM **Uncanny: Post Mortem** 4/4. Charlie Cooper offers his thoughts on the latest case. (S)(R)(AD)
12.35 **Sign Zone: Great British Menu** (R)
1.35 **Sign Zone: Robson Green's Weekend Escapes** (S)(R)(AD
2.05 **Sign Zone: EastEnders: 40 Years on the Square** (S)(R)(AD)
3.05 **to 6.30** AM **Previews** (S)

ITV1

103 | 103 | 803 | 103 | 3 | 103 | 103 | 103

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson heads to Burton upon Trent with experts Henry Nicholls, Stewart Hofgartner, Tim Hogarth and Mark Stevens. (S)(R)(AD)
3.00 **Lingo** Two couples and a mother and daughter compete in the quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.20 **Party Political Broadcast** (S)
6.30 **ITV News** (S)

9.00 Coronation Street

7.30 **Emmerdale** Steph witnesses an interaction, Noah has a flashback to the night of the limo crash, and Ross takes action. (S)(AD)

8.30 **Tonight: War – Would Britain Be Ready?** New edition Former British soldier Adnan Sarwar reports on the UK's defence strategy. (S)

9.00 **Coronation Street** Kevin rejects Tim's support after receiving bad news, Cassie visits Ken in hospital, Brody helps Dylan to settle into his home, and David signs up for more work with Andy. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Long Lost Family** Davina McCall and Nicky Campbell help a woman who has been searching for her elder brother to find out why she was put in a children's home at two weeks old. (S)(R)
11.40 **Heathrow: Britain's Busiest Airport** Heathrow readies itself for a flurry of passengers. (S)(R)(AD)
12.05 AM **Teleshopping**
3.00 **Emergency Nurses: A&E Stories** Emergency nurses Kat and Becca help student nurse Meredith through her first trauma call. (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Ant & Dec's Limitless Win** (S)(SL)(R)

+1 hour | 203 | 303 | 35 | 112

CHANNEL 4

104 | 104/108 | 804 | 108 | 4 | 104 | 104/106

6.25 AM **Cheers** 1-3/25. (S3) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 2-5/24. (S9) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Pennsylvania. (S)(R)
12.05 PM **News** (S)
12.10 **Sun, Sea and Selling Houses** (R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** In Italy, two holiday hosts are forced to ride out an unseasonal storm. (S)(R)
5.00 **Four in a Bed** New edition The final visit is to Bae Abermaw B&B in Barmouth, Gwynedd. (S)
5.30 **Come Dine with Me** New edition Student Stance hosts the fourth dinner party in Bristol. (S)
6.00 **A Place in the Sun** New edition A couple hope to find their perfect holiday home in Corfu. (S)

9.00 24 Hours in A&E

7.00 **News** (S)

8.00 **The Dog House** New edition Seventeen-year-old farmer Sam is looking for a tractor cab companion – preferably one that likes to dance – and it's possible that cocker spaniel Araf will hit all his right notes. (S)(AD)

9.00 **24 Hours in A&E** New edition Focusing on the stories of patients who are an inspiration to their loved ones and how they have jointly faced some of the biggest challenges of their lives. (S)(AD)

10.00 **Super Surgeons: A Chance at Life** 3/4. Professor Asif Chaudry attempts to remove a tumour between 74-year-old Matthew's oesophagus and stomach. (S)(R)(AD)
11.05 **999: On the Front Line** Paramedics are called out to a young woman who has suffered a seizure on a bus. (S)(R)
12.05 AM **Celebrity Hunted** (S)(R)(AD)
1.00 **Ramsay's Hotel Hell** (S)(R)(AD)
1.50 **Big Boys** (S3) (S)(SL)(R)(AD)
2.50 **Location, Location, Location** (R)
3.45 **Kirstie's Fill Your House for Free** A home transformation. (S)(R)
4.05 **Frasier** 21-24/24. (S4) (S)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour | 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 | 105 | 105 | 105

5.30 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.45 PM **GPs: Behind Closed Doors** Medical documentary. (S)(R)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **My Dark Family Secret** Thriller starring Maia Alvina. (S) (2022, PG, 100min) ★★
4.00 **Bargain-Loving Brits in the Sun** Drag queen and animal sanctuary owner Colin deals with extreme weather. (S)(R)
5.00 **News** (S)
6.00 **Eggheads** Jeremy Vine hosts as Towel Compoulder hope to walk away with the cash prize. (S)(R) **6.30** The Shuttle Watchers take on the quiz experts. S)(R)
6.55 **News** (S)

9.00 James May's Great Explorers

7.00 **Supermarket Prices: Are We Being Ripped Off?** Harry Wallop shines a light onto some of the practices supermarkets use to increase their bottom line. (S)(R)
7.55 **News** (S)
8.00 **Tales from the Riverbank** New edition Clare Balding explores the waterways of the River Thames, which stretches over 200 miles from Gloucestershire to Essex. Clare also takes in Oxford's 'dreaming spires'. (S)
9.00 **James May's Great Explorers** Series finale 3/3. The presenter examines how James Cook, a studious and serious son of a farmer, broke through the class ceiling to become the greatest naval captain of his age. (S)
10.30 **Discovering Atlantis with Dan Snow** The historian travels to Greece to explore the mysteries of the legendary island in the Atlantic Ocean that supposedly disappeared beneath the waves. (S)(R)
12.00 M'T **Traffic Cops** (S)(R)
1.00 AM **PlayOJO Live Casino Show**
3.00 FILM **Star Trek: First Contact** Sci-fi adventure starring Patrick Stewart. The *Enterprise* crew go back in time to 21st-century Earth to thwart the Borg. (S) (1996, 12, 105min) ★★★★
4.45 **Divine Designs** (S)(SL)(R)
5.05 **to 5.20** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S2) (S)(R)
11.00 **Nature's Fast Attacks** (S)(R)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
3.00 **NCIS: Los Angeles** (S13) (S)(R)
4.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *Moms I'd Like to Forget:* Marge is reunited with three old friends. (S)(R) **5.30** *Homer's Adventure Through the Windshield Glass:* A magical friend reveals a secret truth to Homer. (S)(R)
6.00 **The Office (US)** 17/24. Dwight plans an impressive presentation for the Sabre store. (S)(R) **6.30** 18/24. Andy learns that Erin will not be returning to Scranton. (S8) (S)(R)

9.00 An' Another Fing Live

7.00 **The Simpsons** *Flaming Moe:* Moe achieves success when he turns his tavern into a gay bar. (S)(R) **7.30** *Homer the Father:* Homer becomes obsessed with a father-son bond in a 1980s sitcom. (S)(R)
8.00 **The Simpsons** *The Real Housewives of Fat Tony:* Fat Tony and Selma marry after a whirlwind romance. (S)(R) **8.30** *Homer Scissorhands:* Homer discovers a talent for styling hair. (S)(R)
9.00 **Micky Flanagan: An' Another Fing Live** A stand-up show recorded at London's O2 Arena with the Cockney comedian covering topics from the French and marriage, to Saga holidays with his dad and his love of Mary Berry. (S)(R)
10.45 **An Idiot Abroad** 4/8. Karl Pilkington travels to Mexico and immerses himself in the country's culture, before heading for Chichen Itza, home to temples built between the ninth and 12th centuries. (S)(R)(AD)
11.45 **Veep** 9/10. Catherine and Marjorie have a fight, Mike prepares for his babies, and Selina is interviewed. (S)(R)(AD) **12.25** AM 10/10. Selina and her staff get ready for inauguration day. (S5) (S)(R)(AD)
1.05 **Road Wars** Double bill. (R)
3.00 **NCIS: Los Angeles** (S13) (S)(R)
4.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.15am Bargain Hunt (S)(R)(AD) **12.00noon-1.00pm** First Minister's Questions (S) **7.00-7.30pm** River City (S)(R)(AD) **12.10am** Scotcast (S)(R) **12.40** Michael McIntyre's Big Show (S)(R) **1.40** Weather for the Week Ahead (S) **1.45-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The View (S) **11.20** Question Time (S) **12.20am** Newscast (S) **12.50** The Traitors US (S)(R) **1.50-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
12.10-1.10am The Traitors US (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
7.00pm Scrum V: The Warm Up (S) **7.30-8.00** Mary Berry's Simple Comforts (S)(R)(AD) **9.00-10.00pm** Sort Your Life Out with Stacey Solomon New edition (S)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cymru, Dad a Fi (AD) **12.30** Heno **1.00** Dim Byd i'w Wisgo **1.30** Y Byd ar Bedwar **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Yr Afon **4.00** Awr Fawr **5.00** Stwnsh **6.00** Y Fets (AD) **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Jonathan New edition **10.00-11.35pm** Y Llais

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 | 107/113 | 23 | 107 | 107

BBC3 programmes start at 7.00pm

7.00 PM **The Fast and the Farmer-ish** Wales heat.
7.10 **Top Gear** The presenters attempt a Channel crossing in their amphibious cars.
8.10 **The Catch Up**
8.15 **Ghosts US** 9/22. Part one of two. Jay's sister returns to Woodstone Mansion. **8.35** 10/22. Part two of two. Sam and Thorfinn get caught up in Bela's scheme. (S2)
9.00 FILM **Absolutely Fabulous: The Movie** Comedy spin-off starring Jennifer Saunders and Joanna Lumley. Patsy and Edina find themselves vilified by the entire nation and have to flee the country. (2016, 15, 91 min) ★★★
10.25 **Suits** 11/16. Louis sets out to bring down Mike. **11.05** 12/16. Harvey receives an unexpected visit. (S4)
11.50 **Boarders** 5/6. (S2)
12.35 AM **Top Gear** As 7.10pm.
1.40 **Zen Motoring**
1.55 **Hunting the Online Sex Predators** Documentary.
2.45 **to 3.55** AM **Normal People**

BBC4

116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Climbing Great Buildings** The spires of New College, Oxford.
7.30 **Who Do You Think You Are? USA** Chris O'Donnell traces his father's ancestry.
8.00 FILM **The Man Who Never Was** World War Two thriller starring Clifton Webb as the mastermind behind a British Secret Service plot. (1956, U, 103min) ★★★
9.40 **Robert Redford Talks to Melvyn Bragg** A 1976 discussion about America, politics, ecology and movies.
10.10 FILM **All the President's Men** Thriller starring Robert Redford and Dustin Hoffman as the two reporters who uncovered the political scandal which brought down US president Richard Nixon. (1976, 15, 138min) ★★★★★
12.25 AM **Robert Redford: Film '93 with Barry Norman**
12.55 **Sex Symbols: Talking Pictures** Documentary.
1.35 **Saving Venice**
3.05 **to 3.35** AM **Who Do You Think You Are? USA**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **Kirstie's House of Craft** Holiday snow globes.
9.15 **A Place in the Sun**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.05 PM **Car S.O.S**
2.05 **Four in a Bed**
4.50 **Chateau DIY** Tim and Sasha overhaul a guest room.
5.50 **Car S.O.S** Tim Shaw and Fuzz Townshend fix up a Renault Alpine A110. **6.55** Tim and Fuzz secretly work on a 1978 Bedford HA ice-cream van.
7.55 **Grand Designs Revisited** Kevin McCloud visits a British woman who moved to southern Spain in 2003 with her now late husband, planning to build a modern home in the Andalusian hills.
9.00 **Grand Designs** Kevin McCloud follows the progress of a couple from Leeds as they transform an obsolete coastguard station in East Yorkshire into a three-storey home.
10.00 **Britain's Most Expensive Houses** Sotheby's managing director Guy hopes to secure the listing of a £6.5million property.
11.05 **Two Men on a Bike** David Baddiel and Hugh Dennis cycle along the Garonne.
12.10 AM **24 Hours in A&E**
1.15 **Rescue: Extreme Medics**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Brooklyn Nine-Nine**
9.00 **Young Sheldon**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Double bill.
7.30 **Modern Family** 13/24. Mitchell convinces Jay that one of his old friends might be gay. (S1)
8.00 **The Simpsons** *CE D'oh:* Homer becomes the owner of the power plant. **8.30** *'Scuse Me While I Miss the Sky:* Lisa plans to pursue a career in astronomy.
9.00 **Celebrity Gogglebox** Famous faces appraise *Hijack* and *Cocaine Bear.*
10.00 **Gogglebox** Opinions on *Swamp People: Serpent Invasion* and *Tiny World.*
11.05 **First Dates**
12.10 AM **Rick and Morty**
12.40 **Common Side Effects** New episode Animation.
1.15 **Naked Attraction**
2.15 **Celebrity Gogglebox**
3.10 **Gogglebox**
4.00 **Abbott Elementary**
4.25 **Brooklyn Nine-Nine**
5.15 **to 6.00** AM **The Goldbergs**

+1 hour 235/236 | 306 | 30 | 123

Thursday primetime

Thursday primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 807 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Motorway Patrol**
8.00 **Border Patrol**
9.00 **Send in the Dogs**
10.00 **Border Security: America's Front Line** Double bill.
11.00 **New Amsterdam** 4/13. (S5)
12.00 NOON **The Good Doctor** (S1)
1.00 PM **The Cleaning Lady** (S1)
2.00 **Chicago Fire** 4/22. Kidd gets a glimpse into Carver's chaotic personal life, while Mouch and Herrmann receive a gift. (S11)
3.00 **Stop, Search, Seize**
4.00 **Nothing to Declare**

10.00 The Good Doctor

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **FBI: Most Wanted** *Ironbound:* 11/14. A small town police officer claims he is the victim of a deep-rooted conspiracy. (S1)

9 PM
9.00 **FBI: International** *Yesterday's Miracle:* 5/22. The Fly Team search for a missing Romanian surrogate. (S2)

10 PM
10.00 **The Good Doctor** *Debts:* 2/20. Shaun looks for advice after a disastrous date, and Dr Browne has a surprise visitor. (S3)
11.00 **The Rookie** 5/22. (S4)
12.00 M'T **Law & Order: Organized Crime** 13/22. (S2)
1.00 AM **FBI: Most Wanted** (S1)
2.00 **The Good Doctor** 17/18. (S1)
3.00 **Coroner** 11/12. (S4)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 808 342 357

6.00 AM **Fish Town** Double bill.
8.05 **True Blood** 10&11/12. (S2)
10.15 **Billions** 5&6/12. (S7)
12.25 PM **Game of Thrones** (S4)
1.30 **Big Love** 5&6/9. (S4)
3.35 **True Blood** 10/12. Bill, Sookie and Jason return to a devastated Bon Temps. **4.40** 11/12. Bill tries to get advice from the vampire queen of Louisiana. (S2)
5.45 **Billions** 5/12. Prince clashes with his employees. (S7) **5.45** 6/12. Prince manoeuvres to raise his public profile. (S7)

9.00 Small Town, Big Story

7.55 **Game of Thrones** *The Watchers on the Wall:* 9/10. Jon and the Night's Watch face their biggest challenge, and Sam gets some advice from Maester Aemon. (S4)

9.00 **NEW SERIES Small Town, Big Story** *The White Ridge:* 1/6. Comedy drama. *See feature, page 8.* (S1) ■ Entire series on Box Sets

10.00 **Homicide: Life on the Street** *Bop Gun:* 1/4. A youth admits to murdering a woman during a hold-up. (S2)
11.00 **Gangs of London** 3/9. Sean enacts a dangerous plan. (S1)
12.10 AM **Watchmen** 2/9. (S1)
1.10 **The Nevers** 2/6. (S1)
2.20 AM **Mare of Easttown** (S1)
3.25 **Game of Thrones** As 7.55pm.
4.25 **In Treatment** (S2)
5.00 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 813 111 346 361

6.00 AM **S.W.A.T.** 12&13/13. (S7)
8.00 **The Flash** 16/18. (S7)
9.00 **Stargate SG-1** 15&16/22. (S2)
11.00 **Supergirl** 7/20. (S1)
12.00 NOON **The Flash** 17/18. (S7)
1.00 PM **Hawaii Five-0** (S1)
3.00 **NCIS: Los Angeles** (S13)
4.00 **Magnum P.I.** 10/20. An armed hit squad lay siege to Robin's Nest. (S5)
5.00 **Supergirl** 6/20. Kara's anger flares during a training exercise with Red Tornado. (S1)
6.00 **Stargate SG-1** 15/22. A black hole threatens the team. (S2)

10.00 Poker Face

7.00 **Stargate SG-1** *The Fifth Race:* 16/22. An ancient device downloads the contents of an alien library into O'Neill's brain. (S2)

8.00 **Rob & Romesh vs Darts** The boys play a match at Alexandra Palace during the PDC World Darts Championship.

9.00 **NEW SERIES Small Town, Big Story** *The White Ridge:* 1/6. Comedy drama. *See feature, page 8.* (S1) ■ Entire series on Box Sets

10.00 **Poker Face** *The Night Shift:* 2/10. Wounded and on the run, Charlie is forced to make a pitstop in New Mexico. (S1)
11.15 **The Force: Manchester** Double bill following the work of Greater Manchester Police.
1.00 AM **Road Wars** Double bill.
3.00 **NCIS: Los Angeles** 12/22. The NCIS team investigate when an unidentified aircraft enters US airspace. (S13)
4.00 **Magnum P.I.** 10/20. (S5)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 816 115 6 113

6.00 AM **CITV**
9.00 **World's Funniest Videos**
10.00 **Secret Crush** Double bill.
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Supermarket Sweep**
3.00 **Charmed** 2/22. A young demon plans to draw the witches out of hiding. (S8)
4.00 **Gilmore Girls** 1/22. Dean and Lindsay argue. (S5)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Richard Arnold, Danny Miller and Rachel Stevens.

10.00 G'wed

7.00 **Deal or No Deal** Stephen Mulhern hosts the game show as Jane gets her chance to take on the ruthless Banker.

8.00 **Ant & Dec's Limitless Win** The duo host the quiz as Sarah and her mother Fiona try to win a massive cash prize.

9.00 **NEW The Brits: The Warm-Up** With Harriet Rose, Munya Chawawa, Jade Thirlwall, Danny Jones and Jack Whitehall.

10.00 **G'wed** New episode 4/5. Mia-Louise finally meets her online friend. (S2)
10.35 **Family Guy** 5/18. Peter injures his hand. (S5)
11.05 **Family Guy** 1/18. Stewie's favourite teddy bear is ruined by a dog. (S5)
11.30 **American Dad!** (S2&1)
12.30 AM **Bob's Burgers** (S11)
1.35 **Don't Hate the Playaz**
2.20 **Deep Fake Neighbour Wars**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114

ITV3

119 117 10 115

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Inspector Morse**
10.35 **The Royal** *Laura.*
11.40 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Inspector Morse** *Absolute Conviction:* The death of a convict gives the detective a taste of prison life.
5.55 **Heartbeat** *Caped Crusaders:* Liz's past catches up with her, and Vernon's dreams of wealth go up in smoke.

8.00 Vera

6.55 **Heartbeat** *Moving Target:* A mysterious marksman sharpens up his sniper skills on a flock of unsuspecting sheep.

8.00 **Vera** *Changing Tides:* The detective investigates a suspicious fire that rips through a holiday park on the coast, destroying three cabins and claiming the life of the resort owner's young sister.

10.00 **Endeavour** *Passenger:* 3/6. Morse suspects a connection between a disappearance and an unsolved murder. (S5)
12.00 M'T **Trial & Retribution** 2/2. Susan receives a call from the mysterious man, who claims he can take her to her husband – and the police race to prevent a tragedy. (S9)
1.30 AM **Never the Twain**
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 180 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **The Entertainment Mix** New edition Culture and arts news, presented by Michelle McManus.
8.00 **Highland Cops** Stornoway detectives race to South Uist after a man is violently assaulted in his home.
9.00 **Mrs Brown's Boys** 2/6. Agnes throws Trevor a leaving party. (S2)
9.30 **Two Doors Down** 2/6. The Bairds host an impromptu party. (S2)
10.00 **The Chief** New episode 2/4. Miekelson signs up for a personal revamp after his colleagues point out a long list of his privileges. (S1)
10.30 **Chewin' the Fat** Comedy sketches.
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **Burnistoun** 1/6. (S1)

Sky Comedy

114/115 814 112 347 362

8.00 AM **Bored to Death**
9.10 **The Conners** (S5)
10.00 **Hung** 3&4/10. (S3)
11.20 **Eastbound & Down**
12.40 PM **Curb Your Enthusiasm** (S2)
2.00 **Hung** 3&4/10. (S3)
3.20 **Eastbound & Down**
4.40 **Bored to Death** (S3)
5.40 **The Office (US)** (S8)
6.40 **The Conners** (S5)
7.40 **Curb Your Enthusiasm** 2/10. Guest stars Deron Michael McBee and Jason Alexander. **8.20** 3/10. Larry attends a film premiere. (S2)
9.00 **Micky Flanagan: An' Another Fing Live**
10.45 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.45 **Veep** 9&10/10. (S5)
1.00 AM **In the Long Run**
2.00 **Flight of the Conchords** (S2)
3.05 **Eastbound & Down**
3.40 **to 5.00** AM **The Comeback**

Sky Arts

130/131 826 123 36 143 365

6.00 AM **Opera North's Resonance**
6.15 **Cirque du Soleil: Luzia**
8.00 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
2.00 **Camille Pissarro: The Father of Impressionism**
3.00 **Discovering**
4.00 **Landscape Artist 2021**
5.00 **Tales of the Unexpected**
6.00 **Artist of the Year: Masterclass** New editions
7.00 **Landscape Artist of the Year** From Bristol.
8.00 **Classic Movies: The Story of I'm All Right Jack**
9.00 **FILM I'm All Right, Jack** Satirical comedy. (1959, b/w, U, 105min) ★★★
11.00 **The Directors**
12.00 M'T **I Am Steve McQueen**
1.40 AM **Wuthering Heights**
4.30 **Boys** Short film.
5.00 **to 6.00** AM **Video Killed the Radio Star**

Sky Mix

151 135 11 141

7.00 AM **Nothing to Declare**
9.00 **Bondi Rescue**
10.00 **The Force: Manchester**
11.00 **Highway Patrol**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Monkey Life**
3.00 **Nothing to Declare**
4.00 **Star Trek: The Next Generation** 13/26. (S7)
5.00 **Stargate SG-1** (S1)
6.00 **Stargate Atlantis** (S2)
7.00 **Star Trek: Voyager** (S4)
8.00 **Hawaii Five-0** 9/25. (S8)
9.00 **Ireland's Most Evil Killers** Eric Locke.
10.00 **How I Caught the Killer** A drive-by shooting in San Francisco in 1994. **11.00** A 1981 missing persons case that led to a grim discovery.
12.00 M'T **Snapped**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 119 28 119

7.40 AM **Backyard Builds** New edition DIY series.
8.10 **Olivia Marries Her...**
9.10 **Taste of Ireland**
10.10 **Buying and Selling**
11.10 **The Real Housewives of Beverly Hills**
12.05 PM **Olivia Marries Her Match** Reality series.
1.05 **The Only Way Is Essex**
2.05 **Dinner Date**
3.10 **Scott's Vacation House Rules** New edition
4.05 **The Real Housewives of Beverly Hills**
5.00 **The Real Housewives of Atlanta** Reality series.
6.00 **Buying and Selling**
7.00 **Taste of Ireland**
8.00 **Dinner Date**
9.00 **Emergency Nurses: A&E Stories**
10.00 **Botched** Medical series.
10.55 **The Real Housewives of Miami** Reality series.
11.50 **The Only Way Is Essexmas 2020**
1.10 **to 1.30** AM **Unwind**

+1 hour 319

GREAT! tv

157 170 50

8.00 AM **Diagnosis Murder**
10.00 **Father Dowling Mysteries** 13/22. (S3)
11.00 **Sue Thomas: F.B.Eye**
12.00 NOON **Hart to Hart**
2.00 PM **Father Dowling Mysteries** 18/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 21–24/24. (S1)
9.00 **Randall and Hopkirk (Deceased)** *You Can Always Find a Fall Guy:* 25/26. Jeff finds himself framed for breaking and entering. (S1)
10.00 **The Avengers** *Something Nasty in the Nursery:* 14/24. Important secrets are leaked. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S1)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 118 26 117

6.00 AM **Minder**
7.00 **The Sweeney**
8.10 **Robin of Sherwood**
9.20 **Magnum, PI**
10.20 **Kojak**
11.25 **BattleBots**
12.30 PM **Robin of Sherwood**
1.35 **Magnum, PI**
2.40 **Kojak**
3.45 **Minder**
4.50 **BattleBots** New edition The four remaining Champions fight for the first-ever Golden Bolt trophy in Las Vegas.
5.55 **Beat the Chasers**

5.55 Beat the Chasers

7.00 **The Motorbike Show** Henry Cole celebrates the Vincent motorbike, the most expensive vintage brand in the world.
8.00 **Junk and Disorderly** Henry Cole, Allen Millyard and Guy Willison try to secure vintage finds to sell at Kempton racecourse.
9.00 FILM **The Equalizer** Thriller starring Denzel Washington and Chloë Grace Moretz. An ex-secret agent fights to bring down a crime syndicate after coming to the aid of an abused prostitute. (2014, 15, 132min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.40 **Auf Wiedersehen, Pet** 11/13. Oz falls in love with a German girl and plans to marry her. **12.40** AM 12/13. Dennis's wife Vera announces she is coming across to Germany. (S1)
1.40 **Two and a Half Men**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 4/26. (S4)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 19/26. (S6)
2.00 **Warehouse 13** 13/13. (S3)
3.00 **Stargate SG-1** 12/20. (S9)
4.00 **Star Trek: Voyager** (S3)
5.00 **Star Trek: Deep Space Nine**
6.00 **Star Trek: The Next Generation** 4/26. Picard encounters a child who has been adopted by aliens. (S4)

11.00 Drone Wars

7.00 **Warehouse 13** *The Greatest Gift:* 13/13. Pete is knocked out and wakes up in a world where he never existed. (S3)
8.00 **Stargate SG-1** *Collateral Damage:* 12/20. Trade talks are put in jeopardy when Colonel Mitchell is accused of murder. (S9)
9.00 **Grimm** *One Angry Fuschsbau:* 17/22. Rosalee stands on the jury in the trial of a Wesen accused of killing his wife. (S2)
10.00 **The Walking Dead** *Indifference:* 4/16. The group face problems trying to find supplies at a local college. (S4)
11.00 FILM **Drone Wars** Action adventure with Corin Nemec. (2016, PG, 79min) ★★
1.00 AM **True Blood** 1/12. Sookie's relationship with Bill is tested. **2.00** 2/12. Jason makes a good impression at the Light of Day conference. (S2)
3.00 **Chucky** 2/8. (S2)
4.00 **to 6.00** AM **Most Haunted US**

U&Alibi

109/110 809 114 343 358

7.15 AM **Murdoch Mysteries** (S11)
9.00 **Father Brown**
10.00 **The Doctor Blake Mysteries**
11.00 **Hudson & Rex** 8/16. (S4)
12.00 NOON **The Mentalist** (S5)
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S11)
4.00 **The Doctor Blake Mysteries**
5.00 **Hudson & Rex** 8/16. Charlie and Jesse disagree over the prime suspect in a case. (S4)
6.00 **Father Brown** *The Wheels of Wrath*: A group of bikers cause outrage and excitement in equal measure in Kembleford.

9.00 Murdoch Mysteries

7.00 **The Mentalist** *Red Dawn:* 5/22. The 100th episode of the crime drama tells the story of Jane's first case with the CBI. (S5)
8.00 **White Collar** *Empire City:* 13/16. Neal and Peter investigate Mozzie's claims of taxi cab forgery and money laundering. (S4)
9.00 **Murdoch Mysteries** New episode *Gimme Shelter:* 4/22. A young woman is found dead from an overdose. (S18)
10.00 **Death in Paradise** *Man Overboard – Part One:* 5/8. The police's latest murder inquiry takes them to London. (S6)
11.00 **The Mentalist** As 7.00pm.
12.00 M'T **White Collar** As 8.00pm.
12.55 AM **Elementary** 4/24. Holmes investigates a Wall Street banker's heroin overdose. (S1)
1.55 **So Help Me Todd** 3/10. (S2)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 810 124 344 359

7.30 AM **Highlights**
9.35 **The Green Green Grass**
10.10 **Are You Being Served?**
10.50 **Still Open All Hours**
11.30 **Last of the Summer Wine**
12.45 PM **The Green Green Grass**
1.25 **The Good Life**
2.05 **Dad's Army**
2.45 **Still Open All Hours**
3.25 **Are You Being Served?**
4.00 **Last of the Summer Wine**
5.20 **The Green Green Grass**
6.00 **Are You Being Served?**
6.40 **Dad's Army**

5.20 The Green Green Grass

7.20 **Dad's Army** Captain Mainwaring and his platoon are assigned to guard a vital telephone line through the night.
8.00 **The Good Life** Margo decides to have a burglar alarm installed.
8.40 **The Vicar of Dibley** A summer water shortage presents problems for the locals – especially Alice.
9.35 **Harry Enfield and Chums** With guests Desmond Lynam, Jimmy Hill and Martin Clunes.
10.15 **The Good Life** As 8pm.
10.55 **Ghosts** Alison and Mike host a last-minute children's birthday party.
11.30 **The Vicar of Dibley**
12.25 AM **Toast of London** Steven takes part in a Royal Variety Performance.
1.30 **Harry Enfield and Chums**
2.20 **Here We Go**
2.50 **Avoidance**
3.20 **to 4.00** AM **Inside No 9**

+1 hour 210/211 324

U&Dave

111/112 811 127 19 157

7.15 AM **Anthony Bourdain: Parts Unknown** Punjab.
8.00 **Fast Justice** Double bill.
10.00 **American Pickers** Double bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **Guy Martin: Proper Jobs**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** How certain British ingredients make traditional combinations.
6.00 **Rick Stein's Far Eastern Odyssey** Rick concludes his exploration of the Far East's most diverse food cultures by visiting Bangladesh.

7.40 House of Games

7.00 **Would I Lie to You?** With Jimmy Carr, Griff Rhys Jones, Dave Myers and Susanna Reid. **7 PM**
7.40 **Richard Osman's House of Games** With Sabrina Grant and Andy Hamilton. **8.20** With Michelle Collins, Reginald D Hunter, Joanne McNally and Bill Turnbull. **8 PM**
9.00 **QI XL** Guests Jimmy Carr, Sally Phillips and Gyles Brandreth join regular panellist Alan Davies and host Sandi Toksvig. **9 PM**
10.00 **Have I Got a Bit More News for You** Romesh Ranganathan hosts the satirical quiz, with Jo Brand and Lemn Sissay. **10 PM**
11.00 **Dave Gorman: Modern Life is Goodish** The comedian probes modern life's follies.
12.00 M'T **Mock the Week** With Rhys James and Felicity Ward.
12.40 AM **Would I Lie to You?**
2.00 **to 4.00** AM **Mel Giedroyc: Unforgivable**

+1 hour 211/212 327 74

4seven

137/138 143 49 127

9.00 AM **Four in a Bed**
9.30 **Sun, Sea and Selling Houses** Double bill.
11.30 **A Place in the Sun**
2.30 PM **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** From Surrey.
7.00 **Kirstie and Phil's Love It or List It**
8.00 **Our Welsh Chapel Dream** Keith and Marj work in the main hall.
9.00 **George Clarke's Building Home** Daniel, Laura and their son Archie renovate an old beach house on the Essex island of Mersea.
10.00 FILM **The Devil Wears Prada** Satirical comedy starring Meryl Streep and Anne Hathaway. (2006, PG, 109min) ★★★★
12.15 AM **First Dates**
1.20 **Gogglebox**
2.25 **24 Hours in A&E**
3.25 **999: On the Front Line**
4.25 **to 4.45** AM **Four in a Bed**

5USA

141/169 120/162 21 129

9.00 AM **NCIS** 4-6/24. (S11)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Alleged:* 21/24. The team investigate the murder of a navy officer. **7.00** *Shooter:* 22/24. The team investigate the killing of a photographer due to testify at a first lieutenant's court-martial. **8.00** *The Admiral's Daughter:* 23/24. Vance charges DiNozzo with a special assignment. (S11)
9.00 **Blue Bloods** *Fresh Start:* 15/22. Danny and Baez investigate the case of an AWOL cop. (S6)
10.00 **Law & Order: Special Victims Unit** *Wednesday's Child:* 14/24. The team search for a diabetic child. (S15)
11.00 **Law & Order: Special Victims Unit** (S15)
1.55 AM **Criminal Minds**
2.50 **The Good Wife** (S1)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

8.00 AM **Rich Kids Go Skint**
9.00 **Bargain-Loving Brits in the Sun** Documentary.
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers** New edition An employee's claim for injury at work falls flat.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark**
10.00 **Ambulance: Code Red**
11.00 **Skin A&E**
12.00 M'T **999: Emergency Call Out** Documentary.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 130 33 132

9.00 AM **Car Pound Cops**
9.30 **Outback Truckers**
10.30 **Traffic Cops**
11.30 **Police Interceptors**
12.30 PM FILM **Ride a Crooked Trail** Western starring Audie Murphy and Walter Matthau. (1959, U, 87min) ★★
2.20 FILM **Tumbleweed** Western starring Audie Murphy and Lori Nelson. (1953, U, 79min) ★★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Trucking Hell** Dealing with a car transporter that goes up in smoke during rush hour.
10.00 **Outback Truckers**
11.00 **Coastguard: Search & Rescue SOS**
12.05 AM **Deadliest Weather: Caught on Camera**
1.00 **Police Interceptors**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 827 125 25 156

6.10 AM **Inside the Ambulance**
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build Ireland** Double bill.
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build Ireland** From Co Kildare.
7.00 **MasterChef USA** New edition The chefs are presented with four Mystery Boxes containing iconic ingredients.
8.00 **Inside the Ambulance** Paramedics help a woman who has suffered a violent seizure.
9.00 **At Home with Katherine Ryan**
10.00 **The Baby Daddy**
11.50 **Louis Theroux: Talking to Anorexia**
12.50 AM **Emma Willis: Delivering Babies**
1.50 **to 3.00** AM **Alex Jones: Making Babies**

+1 hour 232/233 325

U&Drama

143 116 20 158

7.10 AM **All Creatures Great and Small**
8.00 **Doctors**
9.15 **Classic Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Eldorado**
3.15 **Bergerac**
4.20 **All Creatures Great and Small**
5.25 **The Upper Hand**
6.00 **As Time Goes By**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Chelsea Detective**
9.00 NEW SERIES **Bergerac** 1/6. Modern re-imagining of the iconic Jersey-set crime drama. Stars Damien Molony. *See feature, page11.* (S1) ■ Entire series on U
10.05 **New Tricks**
11.25 **Bergerac**
12.25 AM **Lovejoy**
2.50 **to 4.00** AM **Classic Holby City**

+1 hour 243 316 60

Really

142 128 17 145

6.00 AM **Fantasy Homes by the Sea** From France.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Edinburgh Auction House** Double bill.
7.00 **Antiques Road Trip** Catherine and Tim visit Southampton Water. **8.00** Catherine and Tim head to Hertfordshire.
9.00 NEW SERIES **My Haunted Hometown** The charming farming community of Strathroy isn't all what it seems.
10.00 **The Osbournes Want to Believe** Jack tries to convince his parents that supernatural forces exist.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 139 48 142

7.00 AM **The Chase**
10.00 **The Crystal Maze**
11.00 **Cash in the Attic**
12.00 NOON **Tenable**
1.00 PM **Family Fortunes**
3.00 **Catchphrase** Double bill of the game show.
4.00 **Blockbusters** Double bill of the quiz show.
5.00 **The Crystal Maze** Game show hosted by Richard O'Brien.
6.00 **Cash Trapped** Quiz hosted by Bradley Walsh.
7.00 **Tenable** Warwick Davis hosts as a team of five pub quizzers from Basingstoke compete.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Tenable** As 7.00pm.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Weakest Link** Quiz.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Tenable** As 7.00pm.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 426 42

8.10 AM **Wild West Chronicles** Western.
8.50 **Jack Hunter**
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM FILM **Gun Fury** Western. (1953, U) ★★★
2.50 FILM **Fury at Gunsight Pass** Western. (1955, b/w, 15, 67min) ★
4.20 FILM **Four Fast Guns** Western drama. (1960, b/w, U, 72min) ★★
6.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers**
9.00 FILM **Out of Reach** Crime action thriller. (2004, 15, 82min) ★
10.55 FILM **Disturbing the Peace** Crime thriller. (2019, 15, 91min) ★
12.50 AM FILM **Sub-Zero** Action adventure. (2004, 15, 90min) ★★
2.50 **to 5.00** AM **Wild West Chronicles**

+1 hour 324

GREAT! movies

321 425 34

9.00 AM FILM **A Stolen Past** Drama. (2018, 12) ★★
10.55 FILM **Deviant Love** Thriller with Emma Bell. (2019, 12, 87min) ★
1.00 PM FILM **Lies Gone Viral** Crime thriller. (2018, PG, 85min) ★★
2.55 FILM **Hidden in Plain Sight** Suspense thriller. (2019, 12, 87min) ★
5.00 FILM **Lost Letter Mysteries: Truth Be Told** Crime drama. (2015, PG, 90min) ★★
7.00 **Perception** Double bill.
9.00 FILM **Red Eye** Thriller. (2005, 12) ★★★★
11.05 FILM **The Whistleblower** Conspiracy thriller. (2010, 15, 107min) ★★★
1.30 AM FILM **Wish You Were Dead** Thriller. (2017, PG, 89min) ★★
3.30 **Air Rescue**
4.00 **to 6.00** AM FILM **The Good Sister** Thriller. (2014, PG, 84min) ★★

+1 hour 322

GREAT! romance

319 424 52

8.10 AM FILM **Under the Autumn Moon** Comedy. (2018, PG, 86min) ★★
10.00 FILM **Autumn in the City** Drama. (2022, U) ★★
12.05 PM FILM **Love, Fall & Order** Romantic drama. (2019, U, 84min) ★★
2.00 FILM **It Was Always You** Drama. (2021, PG) ★★
4.05 FILM **Sincerely, Yours, Truly** Romantic drama. (2020, PG, 90min) ★★
6.05 FILM **One Winter Proposal** Comedy sequel. (2019, PG, 84min) ★★
8.00 FILM **One Perfect Wedding** Drama. (2021, PG, 84min) ★★
9.55 FILM **Blueprint to the Heart** Romantic drama. (2020, PG, 90min) ★★
11.50 FILM **Love Hacks** Drama. (2022, PG, 90min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **I Me Wed** Romantic comedy. (2007, PG, 90min) ★★

+1 hour 320 63

Rewind TV

182 95

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Time After Time** (S2)
10.30 **Watching** 3/8. (S1)
11.00 **Diff'rent Strokes** (S1)
11.30 **Bewitched** 3/36. (S1)
12.00 NOON **Dick Turpin** (S1)
1.00 PM **Fantasy Island** (S1)
2.00 **The Prisoner** 8/17. (S1)
3.00 **World in Action**
4.00 **Bubblegum & Cheese**
5.00 **Diff'rent Strokes** (S1)
5.30 **Watching** 3/8. (S1)
6.00 **Bewitched** 3/36. (S1)
6.30 FILM **Where There's a Will** Comedy. (1936, b/w, U, 81min) ★★★
7.35 **Auto Rewind**
7.50 **Mysterious Tales** (S1)
8.00 **The Prisoner** 8/17. (S1)
9.00 **Police Woman** (S1)
10.00 **Game On** 2/6. (S2)
10.35 **Drop the Dead Donkey**
11.05 **The Mrs Merton Show**
11.40 **Thriller** 7/8. (S2)
1.00 AM **Dick Turpin**
2.00 **World in Action**
3.00 **to 6.00** AM **Highlights**

DMAX

159 169 39 147

6.00 AM **Alaska: The Last Frontier** Double bill.
8.00 **Outback Opal Hunters**
9.00 **Deadliest Catch**
11.00 **Homestead Rescue: Raney Ranch**
1.00 PM **Aussie Gold Hunters** Documentary.
3.00 **Gem Hunters Down Under** Double bill.
5.00 **Alaskan Bush People**
7.00 **Deadliest Catch** Josh's brother Shane gets caught in the bight as a typhoon slams the *Cornelia Marie*. **8.00** Following the work of Alaskan crab fishermen as they brave the waves of the Bering Sea in search of king crabs.
9.00 **Monsters Inside Me**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 190 43 148

6.00 AM **James Martin's Brittany** Double bill.
7.00 **The Pioneer Woman**
9.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **Rick Stein's Seafood Lovers' Guide**
2.00 **James Martin's Brittany**
3.00 **The Pioneer Woman**
5.00 **Barefoot Contessa: Back to Basics**
7.00 **The Great British Bake Off** Vegan Week takes place for the first time. **8.00** Bakers try to impress the judges during Danish Week.
9.00 **Rick Stein's Seafood Lovers' Guide**
10.00 **James Martin's Brittany** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1 hour 240/241 154

Legend

148 149 41 137

8.00 AM **Walker, Texas Ranger** 8/26. (S3)
9.00 **Six Million Dollar Man**
10.00 **T.J. Hooker** 5/23. (S4)
11.00 FILM **Shark Season** Disaster thriller. (2020, PG, 87min) ★★
1.00 PM FILM **Time Without Pity** Mystery. (1957, b/w, PG, 88min) ★★
3.00 FILM **The 39 Steps** Adventure remake. (1959, U, 93min) ★★★
5.00 **Star Trek** 2/26. (S2)
6.00 **T.J. Hooker** 6/23. (S4)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 FILM **Unlocked** Thriller starring Noomi Rapace. (2017, 15, 98min) ★★★
11.00 FILM **Assault on Station 33** Thriller. (2021, 15, 110min) ★★
12.50 AM FILM **A Violent Man** Prison drama. (2022, 18, 105min) ★★
2.55 **to 5.00** AM FILM **The Medusa Touch** Horror. (1978, PG, 109min) ★★

Legend Xtra

317 171 69 138

6.00 AM FILM **Wyvern** (2009)
8.00 FILM **The Fabulous Journey to the Centre of the Earth** Fantasy. (1978, PG, 87min) ★★
10.00 **Farscape** 9/22. (S2)
11.00 FILM **Meteor Moon** Sci-fi action adventure. (2020, PG, 80min) ★★
1.00 PM FILM **Alien Convergence** Thriller. (2017, 15, 90min) ★★
3.00 **Farscape** 9/22. (S2)
4.00 **Star Trek** 10/26. (S2)
5.00 FILM **Wyvern** Fantasy starring Nick Chinlund. (2009, 15, 84min) ★★
7.00 **Farscape** 10/22. (S2)
8.00 **Star Trek** 11/26. (S2)
9.00 FILM **Vehicle 19** Chase thriller with Paul Walker and Naima McLean. (2013, 12, 83min) ★★
10.45 FILM **Cold Skin** Fantasy starring Ray Stevenson. (2017, 15, 108min) ★★★
1.00 **to 3.00** AM FILM **Vehicle 19** As 9.00pm.

+1 hour 318 371 139

Blaze

164 174 64 161

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Container Wars**
7.55 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **Alien Files Reopened**
11.10 **Weird or What?...**
12.10 PM **World's Most Unexplained...**
1.05 **Mega Disasters**
2.05 **Pawn Stars**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **UFO Hunters**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **In Search of Aliens**
10.00 **The Proof Is Out There**
11.00 **Close Encounters**
12.00 M'T **Alien Files: Unsealed**
1.00 AM **Alien Files Reopened** Documentary.
2.00 **Weird or What? With William Shatner**
3.00 **Hardcore Pawn**
3.25 **Rust Valley Restorers**
4.10 **to 6.00** AM **Ancient Aliens**

5SELECT

153 138 46 133

9.00 AM **World's Most Scenic Railway Journeys**
10.00 **Jersey and Guernsey**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **Walking Wartime Britain** Hampshire.
6.00 **World's Most Scenic Railway Journeys**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Sophie: The King's Secret Weapon?** The Duchess of Edinburgh's role in the Royal Family.
10.00 **Andrew & Fergie's Unconventional Relationship** Documentary about Prince Andrew and his ex-wife Sarah Ferguson.
11.00 **Prisoner: Cell Block H**
1.05 AM **The Madame Blanc Mysteries** 1-3/6. (S1)
3.55 **to 4.00** AM **Entertainment News**

HGTV

158 191 44 149

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **A Place in the Sun**
3.00 **Escape to the Country**
5.00 **A Place in the Sun**
8.00 **Escape to the Country** People search for their ideal rural retreats.
9.00 **Christina in the Country** New edition Christina Haack takes on a rock-star couple and looks to deliver a sexy bedroom.
10.00 **The Flip Off** New edition Tarek El Moussa and Heather Rae compete against Christina Hall in a main suite battle.
11.00 **Flip or Flop** Double bill.
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Home Town**
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 828 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress: Atlanta** Four editions.
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **sMothered**
2.00 **Return to Amish**
3.00 **Outdaughtered: Busby Quints** The Busbys go on holiday to Florida.
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **I Didn't Know I Was Pregnant** Double bill.
9.00 **My 600lb Life**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Cheapskates**
2.00 **My 600lb Life**
4.00 **I Didn't Know I Was Pregnant** Double bill.
5.00 **to 6.00** AM **Extreme Cheapskates**

+1 hour 233/234 365

Comedy Central

112/113 812 132 345 360

8.00 AM **Most Ridiculous**
9.00 **Guessable?**
10.00 **Home Improvement**
12.00 NOON **Last Man Standing** 7&8/18. (S2)
1.00 PM **Friends** (S7&8)
8.00 **Friends** 8/24. Monica gets Chandler a stripper. **8.30** 9/24. Guest stars Brad Pitt. (S8)
9.00 FILM **American Made** Fact-based comedy drama with Tom Cruise and Domhnall Gleeson. (2017, 15, 115min) ★★★
11.10 **Al Murray: And a Glass of White Wine for the Lady** Comedy.
12.10 AM **8 Out of 10 Cats**
1.10 **Whose Line Is It Anyway? USA**
2.10 **Beavis and Butt-Head**
3.05 **Jonathan Pie: Back to the Studio** Stand-up.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 154

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Impractical Jokers**
10.00 **Becker** 14&15/24. (S2)
11.00 **Friends** (S5&6)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.00 **Whose Line Is It Anyway? USA**
4.00 **Guessable?**
5.00 **Becker** 14&15/24. (S2)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **Out of Order** Game show with guests Roisin Conaty and Josh Jones.
10.00 **Friends** 6-11/24. (S7)
1.00 AM **The Ren & Stimpy Show** 9&10/10. (S3)
2.00 **The Roast of David Hasselhoff** Comedy.
3.20 **Al Murray: The Only Way Is Epic** Stand-up.
4.20 **Michael McIntyre: Showtime** Stand-up.
5.05 **Dragony Aunts**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Celebrity Four Weddings** Reality series.
9.00 **Four Weddings**
10.00 **Highway Patrol**
11.00 **Border Patrol**
12.00 NOON **FBI** 3&4/15. (S3)
2.00 PM **Motorway Patrol**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **Sun, Sea and A&E**
6.00 **Highway Cops**
7.00 **MacGyver** (S4)
9.00 **The Force: North East** The hunt is on for a boy. **10.00** Drunks turn violent at a nightclub.
11.00 **Road Wars**
12.00 M'T **The Russell Howard Hour**
2.00 AM **A League of Their Own US Road Trip**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Celebrity Four Weddings** Reality series.
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 824 134

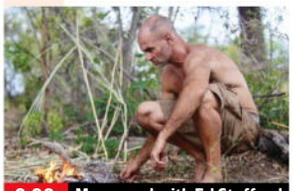
6.00 AM **The Hills**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
2.00 PM **Catfish: Teams**
3.00 **Catfish: The TV Show**
6.00 **Catfish: Repeat Offenders** Reality show.
7.00 **Teen Mom: The Next Chapter** Maci follows through on her promise.
8.00 **Rich Kids Go Skint** A 16-year-old goes to live with a teenage mum.
9.00 **Teen Mom: The Next Chapter** Ashley's mum suddenly leaves for a job on a cruise ship.
10.00 **Geordie Shore**
11.00 **Jersey Shore Family Vacation** Reality series.
12.00 M'T **Love & Hip Hop: Atlanta** New edition Mendeecees worries about his son's future.
1.00 AM **Ink Master**
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **How Do They Do It?**
7.00 **Building Off the Grid**
9.00 **Kindig Customs** Double bill.
11.00 **Wheeler Dealers: Dream Car**
1.00 PM **Alaska: Homestead Rescue** Double bill.
3.00 **Gold Divers** Documentary.
4.00 **Gold, Lies & Videotape** Following one treasure hunting family in New Mexico.
5.00 **Deadliest Catch** Keith recruits Johnathan to intercept a Russian trawler fishing illegally.
6.00 **Wheeler Dealers** Mike's found the ultimate '80s hot hatch.



9.00 Marooned with Ed Stafford

7.00 Salvage Hunters Drew Pritchard enjoys a day at an amusement park in Berkshire, before getting a lesson in dentistry.

8.00 Kindig Customs When a truck show comes through town, KevDogg shows Dave what is what with all the great builds.

9.00 Marooned with Ed Stafford New edition Ed attempts to survive for 10 days in the heart of Africa, the Caprivi.

10.00 NEW SERIES **Caught!** From chainsaw mishaps to beehive blunders. **10.30** New edition Featuring shocking stunts.
11.00 **Expedition Bigfoot**
12.00 M'T **Street Outlaws: Memphis** JJ, Lee Roberts and Jackie look to keep the MSO alive.
1.00 AM **Marooned with Ed Stafford** As 9.00pm.
2.00 **Caught!** Double bill.
3.00 **Texas Metal** A broken F-350.
4.00 **to 5.00** AM **Moonshiners**

+1hour 225/226 377

Animal Planet

162/175 178

8.00 AM **Animal Cribs**
9.00 **Dodo Heroes**
10.00 **Bad Dog!** Documentary.
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Animal Cribs**
1.00 PM **Dodo Heroes**
2.00 **Blue Serengeti**
3.00 **Sharks vs Dolphins: Face Off**
4.00 **Dogs 101** The dogs that make the best family pets.
5.00 **Alaska: Homestead Rescue** Helping a Colorado family whose crops are failing.
6.00 **Animal Cribs** Renovating a family's dog-friendly garden.

6.00 Animal Cribs

7.00 Dodo Heroes Following the work of Donna Stepan, who runs Sleepy Burrow Wombat Sanctuary near Canberra.

8.00 Pet Nation Renovation 2/2. Dave Salmoni follows Michigan Animal Rescue League's effort to improve the animals' quality of life.

9.00 Pit Bulls & Parolees A Houston couple are torn between two dogs and cannot decide which one to take home with them.

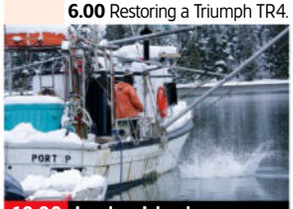
10.00 Alaskan Bush People Billy's dream of achieving a self-sustaining lifestyle is tested as the Browns start their biggest project.
11.00 **Killer Whales** Documentary in which scientists examine killer whales' feeding behaviour.
12.00 M'T **Pit Bulls & Parolees: Tia's Tales** Documentary.
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101** As 4.00pm.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Animal Cribs**

+1hour 262/275 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation: Special Report**
10.00 **World War II: Secrets from Above** Documentary.
11.00 **Ice Road Rescue**
12.00 NOON **Car S.O.S**
1.00 PM **Colossal Machines**
2.00 **Air Crash Investigation**
3.00 **Drain the Oceans**
4.00 **Nazi Megastructures**
5.00 **Car S.O.S** Tim and Fuzz are taking on their 100th car and their first electric conversion. **6.00** Restoring a Triumph TR4.



10.00 Lawless Island

7.00 Air Crash Investigation Slamming into a mountain, Japan Airlines 123 becomes the deadliest aircraft accident in history.

8.00 Drain the Oceans Scientists examine wreckage on the sea bed to reveal the truth about mysterious disasters.

9.00 Mysterious Islands A headless skeleton is found on Australia's Beacon Island, raising questions about the past.

10.00 Lawless Island New edition Sam gets stuck on a rotten boat roof trying to salvage a heavy and awkward mast.
11.00 **Air Crash Investigation** The TAM Airlines Flight 3054 crash.
12.00 M'T **Construction Fails**
1.00 AM **Plane Crash Recreated**
2.00 **Lords of War**
2.30 **Bid & Destroy**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **When Sharks Attack**

+1hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **American Pickers**
6.50 **History's Greatest Aircraft**
7.45 **Flipping Bangers**
8.45 **Forged in Fire**
9.35 **Storage Wars** Five editions.
12.00 NOON **Mountain Men**
1.00 PM **Flipping Bangers**
2.00 **How the Nazis Lost the War**
4.00 **Digging for Britain**
5.00 **Pawn Stars** Chum gets his hands on a one-of-a-kind chair with a strange feature.
6.00 **American Pickers** The Wolfe brothers visit a one-of-a-kind custom-built home.

10.00 Gangland Chronicles

7.00 Forged in Fire Two baldesmiths recreate an iconic ancient iron weapon – the Celtic Anthropomorphic Sword.

8.00 Claw Hunters Captain Gail deals with more gear sabotage, while other captains try to maximise their time on the water.

9.00 Forged in Fire New edition After facing off against a champion, one smith has to make a M1917 Naval Cutlass.

10.00 Gangland Chronicles New editions The LA-originated gang MS-13. **10.30** The Bloods street gang and their conflict with rival outfit the Crips.
11.00 **Alien Files: Unsealed** Alien influence in famous mysteries.
11.30 **Alien Files: Unsealed**
12.00 M'T **Pawn Stars** As 5.00pm.
1.00 AM **Flipping Bangers**
2.00 **Combat Ships**
3.00 **Claw Hunters** As 8.00pm.
4.00 **to 6.00** AM **Storage Wars**

+1hour 223/224 331

U&Yesterday

155 846 129 27 159

6.10 AM **Antiques Roadshow**
8.00 **Rise of the Nazis: The Downfall** Documentary.
9.00 **WW2 – Battles for Europe**
10.00 **The Architecture the Railways Built** Double bill.
12.00 NOON **Cornwall with Simon Reeve** Documentary.
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash** Double bill.
4.00 **Rise of the Nazis: The Downfall** Documentary.
5.00 **WW2 – Battles for Europe**
6.00 **Antiques Roadshow** The first of two editions from Stormont.

9.00 Dream Car Fixers

7.00 How Britain Worked Guy Martin helps with the restoration of Birmingham Botanical Gardens and learns how to blow glass.

8.00 Bangers & Cash New edition Derek makes the short trip to a Yorkshire beauty spot to pick up a 1920s style bus.

9.00 Dream Car Fixers New edition Sheldon and Peter try to complete their client's Triumph collection with a Dolomite Sprint.

10.00 Bangers & Cash Dave goes on a trip to Bolton to pick up a classic Italian sports car – a Lancia Fulvia 1.3 Sport.
11.00 **Abandoned Engineering** Exploring traces of a top-secret raid that are still visible at Dover Commando Fortress.
12.00 M'T **Cornwall with Simon Reeve** 2/2. The environmental challenges facing Cornwall.
1.00 **to 3.00** AM **Classic Car Garage**

+1hour 255 329

Thursday

7 PM

8 PM

9 PM

10 PM

Quest

144 834 137 12 150 144

6.00 AM **Chasing Classic Cars**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **The Repair Shop** Triple bill.
3.00 PM **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **The Repair Shop**
8.00 **Shed and Buried: Classic Cars**
9.00 **Wheeler Dealers**
10.00 NEW SERIES **The Ultimate Cycling Show** Orla Chennaoui and Adam Blythe are joined by cyclists for a guide to bike racing on the track, road and in mountains.
11.00 **Richard Hammond's Workshop** The Cogs head to France to deliver a Rolls Royce.
12.00 M'T **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151

Quest Red

149 168 40 146

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress: Big Bliss** Double bill.
9.00 **Say Yes to the Dress**
10.00 **FBI Files** Documentary.
11.00 **Forensic Detectives**
12.00 NOON **Deadly Love**
1.00 PM **American Detective**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Shana Grice.
4.00 **American Monster**
6.00 **People Magazine Investigates**
7.00 **A Killer's Mistake**
8.00 **Murder on CCTV**
9.00 **Evil Lives Here** New edition True-crime.
10.00 **Evil Lives Here**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of...**
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Crimes That Shook Australia** The shooting of Peter Falconio by Bradley Murdoch in 2001.
8.00 **Secrets of a Murder Detective** DI Keogh and the team investigate Eulin Hastings' murder.
9.00 **Forensic Factor** New edition Days after Christmas 2005, Phoenix is shocked by a drive-by shooting spree.
10.00 **Bloodline Detectives** New edition Human remains found in 1994 start a long search to identify Suzanne Kjellenberg and a killer.
11.00 **Evidence of Evil**
12.00 M'T **48 Hours**
1.00 AM **Forensic Factor**
2.00 **Bloodline Detectives**
3.00 **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 172 68 134

9.00 AM **48 Hours**
11.00 **Medical Detectives**
2.00 PM **48 Hours**
4.00 **Medical Detectives** Evidence contained in saliva on the stamps used to send hate mail. **4.30** Investigators track down a professional photographer when a model goes missing. **5.00** Scientists help to prove the surprising identity of a bomb victim. **5.30** Detectives investigate a real death at a murder mystery event. **6.00** How police investigating the murder of a 13-year-old boy were aided by diatoms. **6.30** A look into the death of a woman in an apparent riding accident.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 820 121 349 364

6.00 AM **Highway Cops**
7.00 **The Force: Manchester**
8.00 **Road Wars**
9.00 **Nothing to Declare**
10.00 **Send in the Dogs**
11.00 **Forensics: Catching...**
12.00 NOON **How I Caught...**
1.00 PM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Forensics: Catching...**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **What the Killer Did Next** Michael Ryan.
10.00 **Murdered at First Sight**
11.00 **Forensics: Catching the Killer** Karen Price.
12.00 M'T **World's Most Evil...**
1.00 AM **How I Caught...**
2.00 **Snapped** Double bill.
4.00 **UK Border Force**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 222/223 321

PBS America

173 187 84 155

8.00 AM **The Lafayette...**
9.35 **The Somme 1916: From Both Sides of the Wire**
10.50 **Pompeii: Buried Secrets of the Villa Giuliana**
12.00 NOON **A Nation Denied: Ukraine's Battle for History**
1.00 PM **Beautiful Serengeti**
1.30 **The Lafayette Squadron**
2.40 **The Somme 1916: From Both Sides of the Wire**
3.55 **Pompeii: Buried Secrets of the Villa Giuliana**
5.00 **A Nation Denied: Ukraine's Battle for...**
6.05 **The Lafayette Squadron**
7.15 **The Somme 1916: From Both Sides of the Wire**
8.35 **Pompeii: Buried Secrets of the Villa Giuliana**
9.40 **A Nation Denied: Ukraine's Battle for History** Documentary.
10.45 **The Somme 1916: From Both Sides of the Wire**
12.00 M'T **Pompeii: Buried...**
1.10 **to 2.00** AM **Beautiful Serengeti**

THURSDAY

Sky Documentaries

121/122 819 188 352 367

6.00 AM **Navajo Police: Class 57**
7.00 **Discovering: Joseph Cotten**
8.00 **The Directors**
9.00 **The 2000s**
10.00 **Dark Horses: Italy's World Cup Triumph** 4/4. Documentary.
11.00 **Urban Secrets**
12.00 NOON **Laurel and Hardy: Their Lives and Magic**
2.00 PM **Missile from the East**
4.00 **The Directors**
5.00 **Discovering: Joseph Cotten**
6.00 **The 2000s**
7.00 FILM **The Beatles: Eight Days a Week – The Touring Years** Director Ron Howard's documentary charting the band's time on the road. (2016, 12, 113min) ★★★★
9.00 **Paul Simon: In Restless Dreams** 1&2/2. Documentary exploring the 60-year career of the singer-songwriter.
1.20 AM **Klitschko: More Than a Fight** Profile of Vitali Klitschko.
3.20 **Persona: The Dark Truth Behind Personality Tests**
5.00 **to 6.00** AM **Discovering: Joseph Cotten**

Sky Nature

124/125 822 189 354 369

6.00 AM **The Wild Wild East**
7.00 **Monkey Life**
8.00 **Undiscovered Vistas**
9.00 **Shark Squad**
10.00 **Guardians of the Wild**
11.00 **Nature's Fast Attacks**
12.00 NOON **Airborne**
1.00 PM **Monkey Life**
2.00 **Undiscovered Vistas**
3.00 **Shark Squad**
4.00 **Guardians of the Wild**
5.00 **Beasts of the Big Blue**
6.00 **Airborne**
7.00 **Monkey Life** Double bill.
8.00 **Waterworld Africa**
9.00 **Australia's Hidden Islands** Focusing on Lady Elliot Island.
10.00 **Airborne** How animals use air to their advantage when finding and keeping a mate.
11.00 **Beasts of the Big Blue**
12.00 M'T **Nature's Fast Attacks**
1.00 AM **Accidental Wilderness: Europe's Everglades**
2.00 **Waterworld Africa**
3.00 **Australia's Hidden Islands**
4.00 **Undiscovered Vistas**
5.00 **to 6.00** AM **Shark Squad**

Sky History 2

163/168 840 186

6.00 AM **Ancient Aliens**
8.00 **History's Greatest Mysteries**
9.00 **Battle 360**
10.00 **What on Earth?**
11.00 **Ancient Aliens**
1.00 PM **River Hunters**
2.00 **Weird Britain**
3.00 **Celts: The Untold Story**
4.00 **Battle 360**
5.00 **The Proof Is Out There**
6.00 **What on Earth?**
7.00 **UFO Hunters** The 2008 mass UFO sightings between Fort Worth and Houston.
8.00 **Egypt's Unexplained Files** Ancient Egyptian obsession with death and the afterlife.
9.00 **Dark Marvels: Killing Machines** The origins of history's deadliest games.
10.00 **History's Greatest Mysteries** A lost English settlement.
11.00 **Lost Cities of the Trojans**
12.00 M'T **Ancient Aliens**
2.00 AM **River Hunters**
3.00 **Weird Britain**
4.00 **UFO Hunters**
5.00 **to 6.00** AM **The Proof Is Out There**

Crime+Investigation

156 837 133

6.00 AM **Homicide: Hours to Kill**
7.00 **Homicide Hunter**
8.00 **The First 48**
9.00 **Meet, Marry, Murder**
10.00 **Murder By Medic**
11.00 **Imperfect Murder**
12.00 NOON **Buried in the Backyard**
1.00 PM **Somebody's Hiding...**
2.00 **Murder Masterminds**
3.00 **Killer Britain with Dermot Murnaghan** Levi Bellfield.
4.00 **Meet, Marry, Murder**
5.00 **On the Case with Paula Zahn**
6.00 **Homicide: Hours to Kill**
7.00 **First 48: The Detective Speaks**
8.00 **Murder By Medic** New edition
9.00 **After the First 48**
10.00 NEW SERIES **Ozark Law** Following law enforcement at Missouri's Lake of the Ozark.
11.00 **Homicide Hunter**
12.00 M'T **Buried in the Backyard**
1.00 AM **After the First 48**
2.00 **Ozark Law** As 10.00pm.
3.00 **Somebody's Hiding Something**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 841 182

8.00 AM **Yukon Vet**
9.00 **Shark Men**
10.00 **Alaska Fish Wars**
11.00 **World's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Wild Argentina**
4.00 **Secrets of the Zoo: Tampa**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** Baby otters learn how to swim.
8.00 **Bite, Sting, Kill** 1/2. The deadliest animals that live in rainforests, from poisonous insects to large predators.
9.00 **Last of the Giants: Wild Fish** A search for Central America's most explosive predatory fish.
10.00 **Ice Road Rescue** A salmon truck crashes into a ditch. **11.00** Bjorn heads out to a job during a heavy storm.
12.00 M'T **Monster Fish**
1.00 AM **World's Deadliest**
2.00 **Yukon Vet**
3.00 **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 181

7.00 AM **Extinct or Alive: The Lost Shark** As shown at 8.00pm.
8.00 **Extreme Engineering**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Cooper's Treasure**
5.00 **Mysteries at the Museum**
7.00 **Expedition Bigfoot** Deep in Kentucky, Mireya and Ronny encounter unidentified creatures responding to the recording of a Bigfoot howl.
8.00 **Extinct or Alive: The Lost Shark** Wildlife biologist Forrest Galante is in the Maldives in search of the supposedly extinct Pondicherry shark.
9.00 **Combat Dealers: Reloaded**
10.00 **Shed and Buried**
11.00 **Blowing Up History**
1.00 AM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 176 57 160

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
5.00 **The Bill** *Taken For a Ride:* Roach becomes eligible for a promotion. **5.30** *Time Out:* Burnside's feud with a detective from the robbery squad spirals out of control. **6.00** *Leaving:* Yorkie's last day at Sun Hill leads him to a gang of shoplifters. **6.35** *Street Games and Board Games:* Brownlow attends a role play for senior officers about riots on the streets of London.
7.05 **Pointless** Double bill of the quiz in which contestants try to score the fewest points possible by giving the least obvious correct answers to questions.
9.00 **The Brokenwood Mysteries** *Playing the Lie:* 3/4. Alison Stone, the wealthy owner of the Brokenwood Golf Club, is apparently poisoned. (S1)
11.00 **The Bill** Four episodes.
1.10 AM **Pointless** Double bill.
3.10 **Abandoned Engineering**
5.35 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 166

8.00 AM **Real Time Crime**
9.00 **Evil Lives Here: Shadows of Death** Double bill.
11.00 **Evil Lives Here**
1.00 PM **Crime Scene Confidential**
3.00 **Where Murder Lies**
5.00 **Love, Honor, Betray**
7.00 **Caught in the Net** When two young men are shot dead, detectives turn to digital forensics to track down the killer. **8.00** Family man Ricky Saxton is found murdered.
9.00 **Murder in the Heartland** College freshman Tynesha Stewart is reported missing during spring break. As details of her private life emerge, police uncover jealous boyfriends and turmoil at home.
10.00 **Born Evil: The Serial Killer & the Saviour** A man confesses when he believes his new cellmate is Jesus Christ.
11.00 **Horror at the Cecil Hotel**
12.00 M'T **The Lake Erie Murders**
2.00 AM **Love, Honor, Betray**
4.00 **to 6.00** AM **Caught in the Net**

+1 hour 254 366

Discovery Turbo

161/172 180

6.00 AM **World's Greatest Motorcycle Rides**
7.00 **Kindig Customs**
8.00 **Iron Resurrection**
9.00 **Roadworthy Rescues**
10.00 **Motor Pickers**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **Richard Hammond's Big** Motoring series.
1.00 PM **Extreme RVs**
2.00 **Wheeler Dealers**
3.00 **Motor Pickers**
4.00 **Lucky!**
5.00 **Roadworthy Rescues**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Richard Hammond's Big**
8.00 **Lucky!** Bernie Ecclestone fights against the odds to control F1, with a little help from Mr Ferrari.
9.00 **Shed and Buried: Classic Cars**
10.00 **Motor Pickers**
11.00 **Shed and Buried**
12.00 M'T **Lucky!**
1.00 AM **Iron Resurrection**
2.00 **Fast N' Loud**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

+1 hour 261/272

Films

Sky Cinema Premiere

301 401 501 515

6.45 AM **Fox and Hare Save the Forest** As shown at 3.40am.
8.15 **Thelma** As shown at 6.10pm.
10.00 **The Garfield Movie** Animation. (2023, U, 101 min) ★★★
11.45 **The Bikeriders** Drama. (2023, 15, 116min) ★★★★
1.45 PM **The Watched** As 10.10pm.
3.35 **Furiosa: A Mad Max Saga** Fantasy. (2024, 15) ★★★★
6.10 **Thelma** Comedy starring June Squibb and Fred Hechinger. (2024, 12, 98min) ★★★★

8.00 Rob Peace

8.00 Rob Peace Drama directed by and starring Chiwetel Ejiofor, with Jay Will, Camila Cabello and Mary J Blige. A young man puts his bright future at risk to help his father. (2024, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 The Watched Horror starring Dakota Fanning, Georgina Campbell and Olwen Fouere. A young woman is stranded and stalked on an island. (2024, 15, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Line** Drama starring Alex Wolff. (2023, 15, 100min)
1.50 AM **I Saw the TV Glow** Horror. (2024, 15, 100min) ★★★
3.40 **Fox and Hare Save the Forest** Animated family adventure. (2024, U, 71 min)
5.05 **to 6.05** AM **Sky Cinema Preview**

Sky Cinema Hits

303 403 503 517

6.00 AM **Please Don't Destroy: The Treasure of Foggy Mountain**
7.45 **The Book of Clarence** Comedy. (2023, 15) ★★★
10.00 **Book Club: The Next Chapter** Comedy sequel. (2023, 12) ★★
11.50 **Bad Boys II** (2003, 15) ★★★
2.30 PM **My Big Fat Greek Wedding 3** (2023, 12) ★★
4.05 **Mamma Mia! Here We Go Again** (2018, PG) ★★★★
6.05 **The Fast and the Furious** Action thriller. (2001, 15) ★★★

6.05 The Fast and Furious

8.00 2 Fast 2 Furious Action thriller sequel starring Paul Walker and Tyrese. A former cop and his ex-con friend set out to clear their names by going undercover to infiltrate the world of a drugs baron. With Cole Hauser. (2003, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 The Fast and the Furious: Tokyo Drift Motor racing thriller starring Lucas Black, Bow Wow and Nathalie Kelley. (2006, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Beekeeper** Action thriller starring Jason Statham. (2023, 15, 105min) ★★★
1.50 AM **Bad Boys** Action comedy. (1995, 15, 118min) ★★★
4.00 **Please Don't Destroy: The Treasure of Foggy Mountain** Comedy with Ben Marshall. (2023, 15, 93min) ★★★
5.45 **to 6.00** AM **The Cinema List: Biopic**

Sky Cinema Drama

310 410 510 524

7.10 AM **The Colour Room** Drama. (2021, PG, 109min) ★★★★
9.15 **The Integrity of Joseph Chambers** As 4.10am.
11.00 **Bob Marley: One Love** Biopic. (2023, 12, 104min) ★★★
12.55 PM **The Last Rifleman** Drama. (2022, 15, 115min) ★★★
2.45 **Oppenheimer** Epic biopic starring Cillian Murphy. (2023, 15, 180min) ★★★★★
5.50 **P.S. I Love You** Romantic comedy drama starring Hilary Swank and Gerard Butler. (2007, 12, 121min) ★★★
8.00 **Steve Jobs** Danny Boyle's biopic of the technology entrepreneur, exploring the impact his creative drives had on his personal life. Stars Michael Fassbender, Kate Winslet and Seth Rogen. (2015, 15, 119min) ★★★★
10.05 **Widow Clicquot** Drama starring Haley Bennett and Tom Sturridge. (2023, 15, 90min) ★★★★
11.50 **Goodbye Bafana** Fact-based drama. (2007, 15, 118min) ★★★
1.50 AM **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★
4.10 **to 6.00** AM **The Integrity of Joseph Chambers** Survival drama. (2022, 15, 96min) ★★★

Sky Cinema Sci-fi/Horror

311 411 511 525

6.40 AM **Paycheck** As 10.30pm.
8.45 **Insidious** As shown at 6.10pm.
10.35 **Resident Evil: Retribution** Sci-fi action thriller sequel. (2012, 15, 92min) ★★★
12.15 PM **Ready Player One** Steven Spielberg's fantasy adventure. (2018, 12, 140min) ★★★★
2.40 **The Woman in Black** Chiller starring Daniel Radcliffe. (2012, 12, 91 min) ★★★★
4.25 **Resident Evil: Degeneration** Animated zombie horror thriller. (2008, 15, 97min) ★★
6.10 **Insidious** Thriller starring Rose Byrne and Patrick Wilson. (2010, 15, 103min) ★★★★
8.00 **Minority Report** Director Steven Spielberg's sci-fi thriller starring Tom Cruise, Colin Farrell and Max von Sydow. (2002, 12, 145min) ★★★★
10.30 **Paycheck** Sci-fi thriller starring Ben Affleck and Uma Thurman. (2003, 12, 119min) ★★★★
12.35 AM **Out of Darkness** Prehistoric horror. (2022, 15, 88min) ★★★
2.10 **Dashcam** Horror starring Annie Hardy. (2021, 18, 80min) ★★★
3.40 **Sick** Horror. (2022, 18, 83min)
5.10 **to 7.05** AM **The Frighteners** Horror comedy starring Michael J Fox. (1996, 15, 110min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 406 506 520

7.45 AM **Little Vampire** As 2.35am.
9.15 **Daddy Day Camp** As 4.05am.
11.00 **Journey to the Center of the Earth** (2008, PG) ★★
12.45 PM **Journey 2: The Mysterious Island** Fantasy sequel. (2012, PG) ★★★
2.25 **Cats & Dogs** Fantasy comedy. (2001, PG, 87min) ★★★★
4.00 **Big Fat Liar** Teen comedy. (2002, PG, 88min) ★★★
5.30 **The Smurfs** Family adventure. (2011, U, 103min) ★★

5.30 The Smurfs

7.15 **The Smurfs 2** Adventure sequel with Hank Azaria and Neil Patrick Harris. (2013, U, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.05 **Cats & Dogs: The Revenge of Kitty Galore** Fantasy comedy sequel featuring the voices of James Marsden and Christina Applegate. (2010, U, 82min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **A Dog's Purpose** Family comedy drama starring Dennis Quaid. (2017, PG, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Bicentennial Man** Romantic sci-fi drama. (1999, PG, 131min) ★★★
2.35 **Little Vampire** Animation. (2020, PG, 85min) ★★★
4.05 **Daddy Day Camp** Comedy sequel. (2007, PG, 88min) ★★
5.50 **to 7.30** AM **A Tiger's Journey** Drama starring Sunny Pawar. (2023, PG, 94min) ★★★

Sky Cinema Action

307 407 507 521

6.05 AM **Gran Turismo** Drama. (2023, 12, 123min) ★★★
8.25 **Salt** Thriller. (2010, 12) ★★★
10.10 **Seeking Justice** (2011, 15) ★★
12.00 NOON **Bad Boys: Ride or Die** Action comedy sequel. (2024, 15, 115min) ★★★
2.05 PM **Aquaman** Adventure. (2018, 12, 143min) ★★★
4.30 **Kick-Ass 2** Thriller sequel. (2013, 15, 99min) ★★★
6.20 **Hancock** Action comedy. (2008, 12, 92min) ★★★

6.20 Hancock

8.00 **Pain & Gain** Dark crime comedy based on the true story of a trio of bodybuilders who went on a kidnapping and extortion spree in 1990s Miami. Stars Mark Wahlberg, Dwayne Johnson, Anthony Mackie and Tony Shalhoub. (2013, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Shooter** Action thriller starring Mark Wahlberg. A former Marine sniper is framed for a political assassination and forced to go on the run. (2007, 15, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Hero** Chinese adventure starring Jet Li. Subtitled. (2002, 12, 99min) ★★★★
2.10 **The Old Way** Western. (2023, 15, 95min) ★★
3.50 **Bloodshot** Sci-fi thriller. (2020, 12, 109min) ★★
5.45 **to 6.00** AM **The Cinema List: Fast Cars**

Sky Cinema Comedy

308 408 508 522

7.05 AM **She's Out of My League**
8.55 **Along Came Polly** Comedy. (2003, 12, 90min) ★★★
10.30 **Miss Congeniality 2: Armed...**
12.30 PM **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
2.35 **Problemista** Offbeat comedy. (2024, 15, 104min) ★★★
4.25 **Game Night** Black comedy. (2018, 15, 100min) ★★★★
6.10 **O Brother, Where Art Thou?** Offbeat period comedy. (2000, 12, 106min) ★★★★

9.55 Miss Congeniality 2

8.00 **How to Be Single** Comedy starring Dakota Johnson and Rebel Wilson. A woman moves to New York after a break-up and makes a new friend who teaches her to enjoy the single life. (2016, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel starring Sandra Bullock, Enrique Murciano and Regina King. (2005, 12, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **She's Out of My League** Romantic comedy starring Jay Baruchel and Alice Eve. (2010, 15, 100min) ★★★
1.45 AM **Adult Life Skills** Comedy starring Jodie Whittaker. (2016, 15, 114min) ★★★
3.25 **The Persian Version** Comedy drama with Layla Mohammadi. (2023, 15, 107min) ★★★
5.20 **to 6.55** AM **Am I OK?** Romantic comedy drama. (2022, 15, 86min) ★★★

Sky Cinema Assassins

309 409 509 523

7.30 AM **The Best Man** Thriller. (2023, 15, 93min) ★★
9.05 **Green Zone** (2010, 15) ★★★★
11.00 **Bullet to the Head** Thriller. (2012, 15, 89min) ★★★
12.35 PM **The Mechanic** Action thriller. (2011, 15, 93min) ★★
2.20 **John Wick** Action thriller. (2014, 15, 101min) ★★★★
4.05 **John Wick: Chapter 2** Action sequel. (2017, 15) ★★★★
6.10 **The Bourne Supremacy** Spy thriller. (2004, 12) ★★★★

10.00 Wanted

8.00 **The Bourne Ultimatum** Spy thriller sequel starring Matt Damon. An ex-CIA assassin strives to outsmart cops, killers and his former bosses in his quest to discover his true identity. With Julia Stiles and David Strathairn. (2007, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Wanted** Fantasy thriller starring James McAvoy and Angelina Jolie. A timid office worker discovers that his destiny is linked to a secret fraternity of super-assassins. (2008, 18, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Sin City** Gory film noir thriller starring Bruce Willis. (2005, 18, 124min) ★★★★
2.10 AM **Oldboy** Revenge thriller. (2013, 18, 104min) ★★
4.05 **Assassin** Action thriller. (2023, 15, 88min) ★★★
5.45 **to 6.05** AM **The Cinema List: Bourne**

Film4

313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **Comanche Station** Western starring Randolph Scott. (1960, PG, 74min) ★★
12.40 PM **Patton** Biographical drama. (1969, PG, 163min) ★★★★
4.00 **Roman Holiday** Romantic comedy starring Gregory Peck and Audrey Hepburn. (1953, b/w, U, 118min) ★★★★★
6.20 **The Hunt for Red October** Thriller starring Sean Connery. (1990, PG, 135min) ★★★★

6.20 The Hunt for Red October

8 PM **The Hunt for Red October** (film started at 6.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **The Mission** Epic period drama starring Robert De Niro and Jeremy Irons. A Jesuit priest and a reformed slave trader try to protect a tribe of South American Indians. With Ray McAnally and Aidan Quinn, (1986, PG, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM **11.35** PM **to 3.45** AM **The Godfather Part II** Francis Ford Coppola's epic gangster sequel starring Al Pacino and Robert De Niro. Having escaped to America following his mother's murder by a Mafia don, Sicilian Vito Corleone rises to prominence as a feared gangster. With Robert Duvall. (1974, 18, 200min) ★★★★★

+1 hour 314 430 47 301

Sky Cinema Awards Season

302 402 502 516

6.30 AM **When Tomorrow Comes**
8.20 **She Came to Me** As 2.25am.
10.10 **Asteroid City** Sci-fi comedy. (2023, 12, 105min) ★★★★
12.10 PM **Lost in Translation** Romantic comedy drama. (2003, 15, 102min) ★★★★★
2.00 **Eternal Sunshine of the Spotless Mind** Offbeat comedy. (2004, 15, 108min) ★★★★★
4.00 **The Danish Girl** As 10.20pm.

6.00 **Chicago** Musical starring Renée Zellweger, Catherine Zeta-Jones and Richard Gere. (2002, 12, 112min) ★★★★
8.00 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper, who also directed. A fading music star falls in love with a nightclub singer-songwriter. (2018, 15, 136min) ★★★★★
10.20 **The Danish Girl** Period drama starring Eddie Redmayne, Alicia Vikander and Ben Whishaw. (2015, 15, 117min) ★★★

12.25 AM **Chicago** As 6.00pm.
2.25 **She Came to Me** Comedy drama starring Peter Dinklage. (2023, 15, 102min) ★★★★
4.10 **to 6.00** AM **When Tomorrow Comes** Romantic drama with Charles Boyer and Irene Dunne. (1939, PG, 92min) ★★★★

Sky Cinema Greats

304 404 504 518

6.50 AM **The Big Chill** As 1.50am.
8.50 **The Money Pit** As 3.50am.
10.35 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★
12.35 PM **HouseSitter** As 8.00pm.
2.30 **Twins** Action comedy. (1988, PG, 107min) ★★★
4.30 **The Naked Gun 33⅓: The Final Insult** Spoof thriller sequel starring Leslie Nielsen. (1994, 12, 83min) ★★★

6.10 **Brewster's Millions** Comedy starring Richard Pryor and John Candy. (1985, PG, 97min) ★★★
8.00 **HouseSitter** Romantic comedy starring Steve Martin and Goldie Hawn. A kooky waitress moves into an architect's dream house and pretends to be his wife. (1992, PG, 102min) ★★★
9.55 **'About Last Night...'** Comedy drama about the love affair of two Chicago yuppies. Stars Rob Lowe, Demi Moore and Elizabeth Perkins. (1986, 18, 113min) ★

11.55 **Brewster's Millions** As 6.10pm.
1.50 AM **The Big Chill** Comedy drama starring Tom Berenger. (1983, 15, 115min) ★★★★
3.50 **The Money Pit** Romantic comedy. (1985, 15, 91min) ★★★
5.35 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Animation

305 412 500 514

6.50 AM **Batman Unlimited: Animal...**
8.20 **Gnomeo & Juliet** As 5.35pm.
9.50 **Madagascar 3: Europe's Most Wanted** (2012, PG) ★★★★
11.30 **The Lego Batman Movie** Animation. (2017, U) ★★★★
1.20 PM **The Road to El Dorado** Animation. (2000, U) ★★★
3.00 **Lego DC Comics Super Heroes: Justice League vs Bizarro League** (2015, U) ★★★

4.00 **Minions** Animated comedy. (2015, U, 91min) ★★★★
5.35 **Gnomeo & Juliet** Animated comedy. (2011, U, 83min) ★★★
7.05 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
8.35 **Rock Dog** Animated adventure. (2016, PG, 90min) ★★★
10.15 **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** (2021) ★★★
11.40 **Batman Unlimited: Animal Instincts** (2015, PG) ★★

1.05 AM **Rock Dog 2: Rock Around the Park** (2021, U) ★★
2.45 **Lego DC Comics Super Heroes: Justice League vs Bizarro...**
3.45 **Tom and Jerry Cowboy Up!** Animation. (2021, U) ★★★
5.10 **to 6.50** AM **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★

Movies 24

312 419

7.00 AM **Love in the Limelight** Romantic comedy drama. (2022, PG, 84min) ★★
9.00 **Sweeter Than Chocolate** Comedy. (2023, PG, 84min) ★★
11.00 **Wedding of a Lifetime** Comedy. (2022, PG, 84min) ★★
1.00 PM **Caribbean Summer** Comedy. (2022, PG, 84min) ★★
3.00 **Made for Each Other** Romantic fantasy. (2023, PG, 84min) ★★

5.00 **A Scottish Love Scheme** Romance starring Erica Durance. (2024, PG, 84min) ★★
7.00 **Fashionably in Love** Romantic comedy starring Celeste Desjardins and Andrew Bushell. (2023, PG, 87min) ★★
9.00 **Sweet as Pie** Romantic comedy starring Rhiannon Fish and Kurt Szarka. An entrepreneur in crisis resumes a relationship with an old friend while trying to keep her family's orchard going. (2022, PG, 93min) ★★

11.00 **Write Place, Write Time** Comedy. (2023, PG, 85min) ★★
1.00 AM **My Dreams of You** Drama. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **The Presence of Love** Drama. (2022, PG) ★★

Movies 24+ 315 420

Talking Pictures

328 445 82 306

6.00 AM **Juggernaut** Thriller. (1936, b/w, PG, 71min) ★★★
7.15 **Assignment Redhead** Thriller. (1956, b/w, PG, 79min) ★★
8.50 **Man from Tangier** Thriller. (1957, b/w, U, 67min) ★★
10.10 **The Butler's Dilemma** Comedy. (1943, b/w, U, 85min) ★★★
11.40 **Hammer the Toff** Detective drama starring John Bentley. (1952, b/w, U, 71min) ★★★

1.10 PM **The Kidnappers** Adventure drama starring Duncan Macrae. (1953, b/w, U, 89min) ★★★
3.00 **Crown Court** Triple bill.
4.35 **Doublecross** Adventure thriller starring Donald Houston. (1955, b/w, U, 71min) ★★
6.05 **Night Boat to Dublin** Spy thriller starring Robert Newton. (1945, b/w, PG, 91min) ★★
8.00 **The Brothers** 11/13. (S5)
9.05 **Reckless** 3/6. (S1)
10.10 **The Gold Robbers** 1/13. Crime drama with Peter Vaughan. (S1)

11.15 **Planespotting** Drama.
1.10 AM **Trapped** Crime melodrama. (1949, b/w, PG, 80min) ★★★
2.45 **Firewalker** Action adventure. (1986, 15, 104min) ★
4.50 **Four Star Theatre** 23/38. (S3)
5.20 **Look at Life**
5.30 **to 6.00** AM **26 Men**

Thursday

Sky Sports Main Event

401 511 501 419 439

6.00 AM **Sky Sports News**
6.30 **Back Pages Tonight**
6.45 **F1 Explained: Formation Lap**
6.50 LIVE **Formula 1** Coverage of the opening session on day two of pre-season testing staged at Bahrain International Circuit.
8.30 LIVE **ICC Champions Trophy Cricket Pakistan v Bangladesh.** Coverage of both teams' final match in Group A from Rawalpindi Cricket Stadium.
5.30 PM LIVE **WTA & ATP Tennis** Coverage from the Tours, featuring the ATP Acapulco Open, WTA Merida Open, ATP Santiago Open and WTA Texas Open.
7.00 LIVE **Premier League Darts** Coverage of night four of the tournament staged at Westpoint Arena in Exeter, with a format featuring quarter-finals, semi-finals and final all in one night.
11.00 **Sky Sports News**
11.30 **Back Pages Tonight**
12.00 M'T **to 6.00** AM LIVE **WTA & ATP Tennis** Continued coverage from the Tours, featuring the ATP Acapulco Open, WTA Merida Open, ATP Santiago Open and WTA Texas Open.

Sky Sports Premier League

402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **Premier League Years**
3.00 **PL Retro** A chance to see Arsenal v Leeds United in 2003.
5.00 **Premier League Best Goals**
6.00 **PL 100: David Seaman** A look at the career of the goalkeeper.
6.30 **Premier League 100 Club** Goals scored by Matt Le Tissier.
7.00 **The Big Interview**
7.30 **Premier League Stories**
8.00 **Gary Neville's Soccerbox** The presenter talks to Gianfranco Zola. **8.30** With guest Ian Wright.
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Premier League Icons** A profile of Paolo Di Canio. **10.30** Cristiano Ronaldo.
11.00 **Premier League Years** A look back at the 2013/14 season.
1.00 AM **PL Retro** A replay of Arsenal v Manchester United from 1997.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.45 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **EFL Rivalries**
12.00 NOON **SPFL** Kilmarnock v Rangers staged at Rugby Park.
2.00 PM **EFL Highlights**
3.00 **Bundesliga Highlights Show**
4.00 **EFL Highlights** Championship.
4.30 **SPFL Highlights**
5.00 **EFL Highlights**
6.00 **Bundesliga** February highlights.
6.30 **Bundesliga Weekly**
7.00 **EFL Highlights** Cardiff City v Hull City in the Championship.
7.15 **Scottish Premiership Round-Up**
7.30 LIVE **EFL Barrow v Carlisle United.** Coverage of the League Two match staged at Holker Street. Kick-off is at **8.00pm**.
10.30 **Scottish Premiership Round-Up**
10.45 **SPFL Highlights** Kilmarnock v Rangers in the Premiership.
11.00 **Bundesliga Weekly**
11.30 **Bundesliga** February highlights.
12.00 M'T **Celtic's Invincibles**
1.00 AM **Old Firm Derby Best Goals**
1.30 **Edinburgh Derby Best Goals**
2.00 **SPFL Greatest Games**
5.15 **Craig Brown: My Scotland**
5.45 **to 6.00** AM **SPFL Highlights**

Sky Sports Cricket

404 514 504 422 442

6.00 AM **Best of ICC WT20**
6.30 **WPL** Action from Mumbai Indians v UP Warriorz in Bengaluru.
7.30 **ICC Champions Trophy Cricket** Action from Afghanistan v England.
8.30 LIVE **ICC Champions Trophy Cricket Pakistan v Bangladesh.** Coverage of both teams' final match in Group A at Rawalpindi Cricket Stadium.
5.30 PM **Best of ICC WT20** Action from England v India in 2007. **5.45** India v Pakistan from 2007.
6.00 **ICC Champions Trophy Cricket** Australia v South Africa. **7.00** Afghanistan v England.
8.00 **WPL** Royal Challengers Bengaluru v Gujarat Giants.
9.00 **ICC Champions Trophy Cricket** Action from Pakistan v Bangladesh.
10.00 **WPL** Royal Challengers Bengaluru v Gujarat Giants.
11.00 **ICC Champions Trophy Cricket** Action from Pakistan v Bangladesh. **12.00** M'T Afghanistan v England.
1.00 AM **WPL** Another chance to see Royal Challengers Bengaluru v Gujarat Giants at M Chinnaswamy Stadium in Bangalore.
4.40 **Ashes Greats** Archive action.
5.00 **to 6.00** AM **IPL**

Sky Sports Golf

405 515 505 423 443

6.00 AM LIVE **LPGA Tour Golf** The opening day of the Women's World Championship in Singapore.
7.30 **TGL** Los Angeles v New York.
9.30 **Golf's Greatest Holes**
10.00 **PGA Tour: The Cut**
10.30 **DP World Tour Golf**
11.00 LIVE **DP World Tour Golf** The opening day of the South African Open Championship in Durban.
4.00 PM LIVE **PGA Tour Golf** Coverage of the opening day of the Cognizant Classic in Florida.
11.00 **Golf's Greatest Holes**
11.30 **TGL** Los Angeles v New York.
1.30 AM **Golf Academy**
2.30 **to 6.00** AM LIVE **LPGA Tour Golf** Coverage of day two of the Women's World Championship.

Sky Sports Tennis

407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **ATP Tennis** Day four of the Dubai Tennis Championships.
2.00 PM **WTA Tennis** Event highlights.
3.00 LIVE **ATP Tennis** Day four of the Dubai Tennis Championships.
5.00 LIVE **WTA & ATP Tennis** Featuring the ATP Acapulco Open and WTA Merida Open.
12.00 M'T **to 6.00** AM LIVE **WTA & ATP Tennis** More Tour coverage, featuring the WTA Texas Open.

TNT Sports 1

410 870 527 408 430

6.00 AM **Fight Night** Chisora v Wallin.
8.00 **Ultimate Pool** Recent action.
9.30 **Premiership Women's Rugby**
10.30 **Unbreakable: England 2003**
12.00 NOON **Rugby Sevens Highlights**
1.00 PM **TNT Sports Cycling Show**
1.30 **Men's Cycling Pro Series**
2.30 LIVE **Men's Cycling Pro Series** The second stage of the O Gran Camino in Galicia, Spain.
4.30 **Fishing: On the Bank**
5.30 **A-League Highlights**
6.00 **Serie A – Full Impact**
6.30 **Premier League: Big Interview**
7.00 LIVE **Premier League West Ham United v Leicester City.** The top-flight match from the London Stadium, as the hosts look to avenge a 3-1 defeat in the reverse fixture. Kick-off **8.00pm**.
10.30 **The Football's On**
11.30 **In My Blood** With Steve Stamp.
12.00 M'T **NBA Tip-Off**
12.30 AM LIVE **NBA Milwaukee Bucks v Denver Nuggets.** Coverage of the match from Fiserv Forum. Tip-off **12.30am**.
3.00 LIVE **NBA Phoenix Suns v New Orleans Pelicans.** From Footprint Centre. Tip-off **3.00am**.
5.30 **to 6.30** AM **Inside the NBA**

TNT Sports 2

411 871 528 409 431

6.00 AM **Premier League** Another chance to see Brentford v Everton.
7.30 **In My Blood** With Steve Stamp.
8.00 **Training Day** From Brighton.
8.30 **Between the Lines**
9.00 **What I Wore: Best Of**
9.30 **The Football's On**
10.30 **Premier League Stories**
11.00 **Premier League** A replay of Liverpool v Newcastle United. **12.30** PM Another chance to see Nottingham Forest v Arsenal. **2.00** A chance to see Tottenham Hotspur v Manchester City.
3.30 **Premier League** A replay of Manchester United v Ipswich Town. **5.00** Another chance to see Brentford v Everton.
6.30 **Ultimate Pool** Group Eight of the Champions League.
8.00 **Fight Night** Chisora v Wallin.
10.00 **UFC** Henry Cejudo v Song Yadong.
1.00 AM **UFC Main Event**
2.00 LIVE **MotoGP** The Grand Prix of Thailand free practice session ahead of the first round of the season staged at Chang International Circuit in Buriram.
4.45 **What I Wore: Best Of**
5.00 **Serie A – Full Impact**
5.30 **to 6.00** AM **Crouchy and Cole**

TNT Sports 3

413 874 529 410 432

6.00 AM LIVE **Snooker: World Open** Coverage of the first session in the quarter-finals at Yushan Sport Centre in China.
9.00 **Serie A – Full Impact**
9.30 **World Seniors Darts Championships** Event review.
11.30 LIVE **Snooker: World Open** The second session in the quarter-finals of the tournament, at Yushan Sport Centre in China.
2.30 PM **TNT Sports Reload**
3.00 **NBA** Another chance to see New York Knicks v Philadelphia 76ers.
4.30 **Rugby Sevens Highlights** The fourth round in Vancouver.
5.30 **TNT Sports Reload**
6.00 **Snooker World Open** Action from day five in Yushan, China.
8.00 **Men's Cycling Pro Series** Stage two of the O Gran Camino.
9.00 **World Seniors Darts Championships** Highlights.
9.30 **The Club That George Built**
11.00 **Men's Cycling Pro Series**
12.00 M'T **PL Big Interview**
12.30 AM **Premier League**
2.00 **The Football's On**
3.00 **Men's Cycling Pro Series**
4.00 **to 6.00** AM **Snooker: World Open**

Sky Sports Action

408 517 507 426 446

6.00 AM **Super League Highlights**
7.00 **Fight Night International**
8.00 **Premier League Darts**
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football**
3.00 **Fight Night International** Denys Berinchyk v Keyshawn Davis.
4.00 **Super League Highlights**
5.00 **NBC's Pro-Football Talk**
7.00 LIVE **Premier League Darts** Night four at Westpoint Arena in Exeter with a format featuring the quarter-finals, semi-finals and final over the course of one night. The quarter-finals are Michael van Gerwen v Rob Cross, Gerwyn Price v Luke Humphries, Chris Dobey v Nathan Aspinall, and Stephen Bunting v Luke Littler.
11.00 **NFL Bitesize Highlights** Action from New York Jets v Buffalo Bills in the 2023/24 season.
11.15 **Super Bowl LVIII Bitesize**
11.30 **NFL Bitesize Highlights**
12.00 M'T **NFL Highlights**
1.00 AM **Fight Night International**
2.00 **Super Bowl LVIII Bitesize**
2.15 **NFL Bitesize Highlights**
3.00 **NFL Highlights** Recent action.
4.00 **NFL Bitesize Highlights**
5.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 873 510 429 449

6.00 AM **Super League Highlights**
6.45 **F1 Explained: Formation Lap**
6.50 LIVE **Formula 1** Session one on day two of pre-season testing at Bahrain International Circuit.
11.05 **Lewis' Mercedes Farewell**
11.15 **72 Hours with Jack Doohan**
11.30 **Ted Drives: Training**
11.55 LIVE **Formula 1** Session two on day two of pre-season testing.
4.05 PM **Lewis Looks Back on 2014**
4.15 **Formula 1** Highlights from 2024.
6.15 **Super League Highlights**
7.00 **PGA Tour Golf** Mexico Open.
8.00 **Super League Highlights**
8.15 **Women's Super League**
8.30 **Super League Highlights**
9.00 **NFL Highlights** Recent action.
10.00 **Fight Night International**
11.00 **ICC Champions Trophy Cricket**
12.00 M'T LIVE **NCAA Basketball Duke Blue Devils v North Carolina Tar Heels.** The women's match. Tip-off **12.00m't**.
2.00 AM **Super League Highlights**
2.15 **Fight Night International**
3.15 **Super League Highlights**
4.00 **to 6.00** AM **NFL Highlights**

TNT Sports 4

414 876 530 411 434

6.00 AM **Cricket Classics**
9.00 LIVE **Cross Country Skiing** Coverage from Trondheim, Norway.
10.30 **The TNT Sports Cycling Show**
11.00 **Champions League – Classics**
11.30 LIVE **Cross Country Skiing** Coverage from Trondheim, Norway.
1.15 PM **Europa League Reload**
1.30 **A-League Highlights**
2.00 LIVE **Nordic Combined Skiing** From Trondheim, Norway.
2.30 **Champions League – Classics**
4.00 LIVE **Nordic Combined Skiing** From Trondheim, Norway.
4.30 **NBA** Highlights and features.
7.30 LIVE **Ski Jumping** The women's HS102 in Trondheim, Norway.
8.30 **NBA Action** Highlights.
9.00 **NBA** Another chance to see New York Knicks v Philadelphia 76ers.
10.30 **TNT Sports Reload**
10.45 **Serie A – Full Impact**
11.15 **Ultimate Pool** Recent action.
12.45 **to 5.45** AM **A-League**

Eurosport 1

417 870 521 412 435

6.00 AM LIVE **Snooker: World Open** The fifth day from Yushan Sports Centre in China, featuring the opening quarter-finals.
9.00 LIVE **Cross-Country Skiing** The men's and women's freestyle sprint qualifying in Trondheim.
10.45 **Snooker: World Open**
11.30 LIVE **Snooker: World Open** Further coverage of day five from Yushan Sports Centre, featuring the concluding quarter-finals.
2.30 PM LIVE **Cycling: Tour of Galicia** Stage two, a route of 144.8km from Marin to A Estrada.
4.30 **Cyclo-Cross** From Belgium.
5.00 **Cycling: Jaen Classic**
6.00 **Australian Open Tennis**
7.00 **Snooker: World Open**
9.00 **Show Jumping** From Sweden.
10.00 **Cycling: Tour of Galicia**
11.00 **Cross-Country Skiing**
12.00 M'T **Nordic Combined Skiing**
1.00 **to 2.00** AM **Cycling: Tour of Galicia**

Eurosport 2

421 871 522 413 436

6.00 AM **Alpine Skiing**
7.00 **Cycling: Tour of Galicia**
8.00 **Ski Jumping** In Sapporo, Japan.
10.00 **Alpine Skiing** In Sestriere, Italy.
11.00 **Winter Sport** Archive action.
11.15 LIVE **Cross-Country Skiing** Coverage from Trondheim, Norway.
1.30 PM **Winter Sport** Archive action.
1.45 LIVE **Nordic Combined Skiing** Coverage from Trondheim, Norway.
2.45 **Nordic Combined Skiing**
2.55 **Charlotte Bankes Sierra Nevada**
3.15 **Discovery Golf**
3.45 LIVE **Nordic Combined Skiing** Coverage from Trondheim, Norway.
4.45 **Cross-Country Skiing**
6.15 **Nordic Combined Skiing**
7.15 LIVE **Ski Jumping** The women's HS102 qualifying in Trondheim.
8.45 **Cycling: Tour of Galicia**
9.45 **Snooker 147s** Shaun Murphy.
10.00 **Snooker: World Open**
12.00 M'T **Cycling: Tour of Galicia**
1.00 **to 2.00** AM **Cross-Country Skiing**

Sky Sports Sky Sports+

412 518 508 427 447

6.00 AM **Sky Sports News**
6.30 **Back Pages Tonight**
7.00 **Good Morning Sports Fans**
10.00 **The Football Show**
12.00 NOON **Lunchtime Live**
1.50 PM LIVE **WPL Royal Challengers Bengaluru v with Gujarat Giants.** Coverage of the Women's Premier League match from M Chinnaswamy Stadium.
5.30 LIVE **WTA & ATP Tennis** Coverage from the Tours, featuring the ATP Acapulco Open, WTA Merida Open, ATP Santiago Open and WTA Texas Open.
12.00 M'T LIVE **WTA & ATP Tennis** Further coverage from the Tours, featuring the ATP Acapulco Open, WTA Merida Open, ATP Santiago Open and WTA Texas Open.
4.00 AM **Sky Sports News**
4.30 **Back Pages Tonight**
5.00 **Sky Sports News**
5.30 **to 6.00** AM **Back Pages Tonight**

Sky Sports F1

406 516 506 424 444

6.00 AM **Karun Meets Kimi Antonelli**
6.15 **Ted's Notebook**
6.45 **F1 Explained: Formation Lap**
6.50 LIVE **Formula 1** Session one on day two of pre-season testing at Bahrain International Circuit.
11.05 **Lewis' Mercedes Farewell**
11.15 **72 Hours with Jack Doohan**
11.30 **Ted Drives: Training**
11.55 LIVE **Formula 1** Session two on day two of pre-season testing.
4.05 PM **Lewis Looks Back on 2014**
4.15 **F1 Show 2024 Season Review**
5.45 **Prost on Senna**
6.15 **Ted Drives: F1 Car**
6.30 **F1 Show 2024 Season Review**
8.00 **Testing Wrap** Day two review.
8.30 **Ted's Notebook**
9.00 **The Rookies** Documentary.
10.00 **Testing Wrap** From Bahrain.
10.30 **Ted's Notebook**
11.00 **Testing Wrap** Day two review.
11.30 **Ted's Notebook**
12.00 M'T **to 6.00** AM **The Home of F1**

EUROSPORT 1 AND EUROSPORT 2 WILL CEASE BROADCASTING TONIGHT

SKY HD SD VIRGIN HD EE HD

Friday

28 February

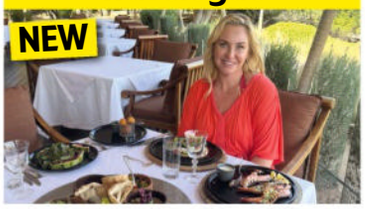
Evening Planner

Friday

Action

Fight or Flight
Sky Premiere, 10.15am & 8pm
Josh Hartnett stars in this thriller as a mercenary who is tasked with tracking a high-value target – but he's not alone...

Travelogue



Around the World in First Class
Channel 5, 8pm
Josie Gibson experiences the luxury world of first-class travel, starting in Dubai.

Chat Show

The Graham Norton Show
BBC1, 10.40pm
The Traitors' Claudia Winkleman sits in for Graham, with guests including comedian Rob Beckett and actor Chris Pratt.

OnDemand

prime

Doubters to Believers: Liverpool FC - Klopp's Era
Available today
Looking at the impact Jurgen Klopp had at the top-flight club.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Extraordinary...	8.00 Would I Lie to...	8.30 Amanda &...	9.00 Death in Paradise		10.00 News; Local News	
	102 BBC2	7.00 Pompeii: The New Dig		8.00 Gardeners' World		9.00 Loch Ness: They Created a Monster			10.30 Newsnight
	103 ITV1	7.00 Emmerdale	7.30 FA Cup Football – Live: Coverage of a fifth-round tie						10.25 News; Local News
	104 CHANNEL 4	7.00 News	7.30 Food...	8.00 One Question		9.00 Gogglebox		10.00 The Last Leg	
	105 CHANNEL 5	7.00 Gibraltar: Escape to the Sun		8.00 Around the World in First Class		9.00 Bradley Walsh's Greatest Comedy Moments			
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 An Idiot Abroad		9.00 Hacks			10.20 Sex and the City
ENTERTAINMENT	115 BBC3		7.10 Top Gear Botswana Special		8.15 Ghosts US	9.00 The Traitors US		10.00 Funboys	10.25 Asian Network...
	116 BBC4	7.00 TOTP: 1997		8.00 TOTP: 1983	8.35 TOTP: 1989	9.05 Disco at the BBC: Volume 1		10.05 Nile Rodgers...	10.35 Disco at...
	118 ITV2	7.00 Deal or No Deal		8.00 Ant & Dec's Limitless Win		9.00 Film: The Hitman's Bodyguard			
	136 MORE4	◂ 6.55 Car S.O.S.		7.55 Grand Designs		9.00 Astrid: Murder in Paris		10.15 24 Hours in A&E	
	135 E4	7.00 The Simpsons	7.30 Modern Family	8.00 The Simpsons		9.00 Film: Jumanji: Welcome to the Jungle			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Matlock		10.00 The Equalizer	
	108 SKY ATLANTIC	◂ 6.35 Billions	7.40 Game of Thrones			9.00 The Last of Us		10.00 Homicide: Life on the Street	
	110 U&GOLD	◂ 6.40 Dad's Army		8.00 The Vicar of Dibley				10.05 Harry Enfield and Chums	
	111 U&DAVE	7.00 Would I Lie to You?...	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Endeavour	
	120 ITV4	7.00 Darts: UK Open – Live: Coverage of the evening session on day one							
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Michael McIntyre: Showtime	
	139 SKY SCI-FI	7.00 Warehouse 13		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 An Idiot Abroad		9.00 Hacks			10.20 Strike Back: Vengeance
	109 U&ALIBI	7.00 The Mentalist		8.00 White Collar		9.00 Father Brown		10.00 Death in Paradise	
	130 SKY ARTS	7.00 The Alfred Hitchcock Hour		8.00 Classic Albums		9.00 Elton John: Million Dollar Piano			
	132 U&W	7.00 MasterChef USA		8.00 Inside the Ambulance		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Salvage Hunters		8.00 Gold Rush		9.00 Expedition Files		10.00 Moonshiners	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Legends of the Wild				10.00 Alaska: Surviving the Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Murder in the Skies: Who Downed MH17?					
	123 SKY HISTORY	7.00 Forged in Fire		8.00 River Hunters		9.00 Combat Ships		10.00 Ancient Aliens: Origins	
	155 U&YESTERDAY	7.00 Guy Martin: The World's Fastest Van?			8.30 Guy Martin: The World's Fastest Electric Car?			10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Dart Kings		8.00 David Frost Vs		9.00 I Am Johnny Cash			
FILMS - Sky Cinema	301 PREMIERE	◂ 5.55 The Bikeriders		8.00 Fight or Flight			9.45 The Line		
	302 ULTIMATE ACTION	◂ 6.05 Top Gun		8.00 Bad Boys: Ride or Die				10.00 Fight or Flight	
	303 HITS	◂ 6.15 Cats & Dogs		8.00 Transformers: Rise of the Beasts				10.10 300	
	304 AWARD WINNERS	◂ 5.40 Jerry Maguire		8.00 The Theory of Everything				10.10 The King's Speech	
	305 ANIMATION	◂ 5.50 Happy Feet Two	7.35 PAW Patrol: The Mighty Movie			9.05 The Nut Job			10.35 Rock Dog...
	306 FAMILY	◂ 5.50 The Smurfs 2	7.40 Goosebumps 2: Haunted Halloween		9.15 Ride On				
	307 FAST	◂ 5.40 Fast & Furious 7		8.00 Fast & Furious 8					10.20 Fast X
	308 COMEDY	◂ 6.05 Dumb and Dumber To		8.00 Scott Pilgrim vs. the World				10.00 My Big Fat Greek Wedding 3	
	309 ASSASSINS	◂ 6.00 The Bourne Ultimatum		8.00 The Bourne Legacy				10.15 Sin City	
	310 DRAMA	◂ 6.00 Mass		8.00 The Illusionist				10.00 A League of Their Own	
	311 SCI-FI	◂ 6.10 Resident Evil: Afterlife		8.00 The Nun			9.40 Sinister		
	313 FILM4	◂ 6.45 Independence Day: Resurgence				9.00 Nightmare Alley			
SPORT	401 MAIN EVENT	7.00 PGA Tour Golf...	7.30 EFL – Live: Sheffield Wednesday v Sunderland (Kick-off 8.00)						10.30 Tennis – Live
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 Gary Neville's Soccerbox		9.00 Big Interview	9.30 PL Stories	10.00 PL Icons	
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Sheffield Wednesday v Sunderland (Kick-off 8.00)						10.30 Bundesliga
	404 CRICKET	7.00 ICC Champions Trophy Cricket		8.00 WPL		9.00 ICC Champions Trophy Cricket		10.00 WPL	
	410 TNT SPORTS 1	7.00 MotoGP	7.30 Premiership Rugby Cup – Live: Coverage from the latest match					10.00 UEFA...	10.30 Alpine Skiing
	411 TNT SPORTS 2	◂ 10.30 FIA World Endurance Championship – Live: The Qatar 1812km					9.30 Men's Cycling Pro Series		10.30 V8 Supercars...

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Friday

BBC1

101 | 101 | 1 | 101 | 101

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Critical Incident** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition From Shepton Mallet, Somerset. (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Father Brown** New episode *The Sisters of Aeschylus:* 8/10. Murder ensues when a group of writers are invited to Montague. (S12) (S)
2.45 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** (S)(R)
4.30 **Antiques Road Trip** New edition James Braxton and Izzie Balmer are in the West Country. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 Extraordinary Portraits

7 PM

7.00 **The One Show** Clara Amfo and Roman Kemp present the topical show. (S)
7.30 **Extraordinary Portraits with Bill Bailey** New edition 4/6. A soldier-turned-fundraiser is matched with a sculptor. (S)(AD)

8 PM

8.00 **Would I Lie to You?** New edition Featuring Josh Jones, Shazia Mirza, Matt Morsia and Rosie Ramsey. (S)
8.30 **Amanda & Alan's Spanish Job** New edition 6/8. The courtyard. (S)(AD)
■ Entire series on BBC iPlayer

9 PM

9.00 **Death in Paradise** New episode 5/8. Mervin begrudgingly agrees to attend a local women's football match. However, the event is cut short when the star player is discovered with a fatal bullet wound. (S14) (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **The Graham Norton Show** New edition 20/21. Claudia Winkleman steps in as guest host, chatting to comedian Rob Beckett and actor Chris Pratt. Plus, Shaboozey performs his single *Good News*. (S)
11.30 FILM **The Last Letter from Your Lover** Romantic drama starring Shailene Woodley, Callum Turner, Felicity Jones and Joe Alwyn. An ambitious journalist discovers secret letters from 1965, and becomes determined to solve the mystery of the affair at their centre. (S) (2021, 12, 105min) ★★★
1.15 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.20 **to 6.00** AM **BBC News** (S)

BBC2

102 | 102 | 2 | 102 | 102

6.30 AM **Antiques Road Trip** (S)(R)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: Alison Hammond's Florida Unpacked** (S)(R)(AD)
8.30 **Sign Zone: Joanna Page's Wild Life** An owl is brought in. (S)(R)
9.00 **BBC News** (S)
12.50 PM **Lifeline** (S)(R)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **The Tournament** Quiz show. (S)(R)
3.15 **The Farmers' Country Showdown**
3.45 **Alaska: Earth's Frozen Kingdom**
4.45 **Designing the Hebrides** (S)(R)
5.15 **Flog It!** (S)(R)
6.00 **Richard Osman's House of Games** New edition Quiz show. (S)
6.30 **Robson Green's Weekend Escapes** Series finale 15/15. Robson and his uncle Matheson head to the Scottish Borders. (S)(AD)

8.00 Gardeners' World

7 PM

7.00 **Pompeii: The New Dig** 2/3. Professor Steven Tuck joins the team to trace anyone who might have escaped the eruption, while the decorations in the residential part of the building build a picture of the owner. (S)(R)(AD)

8 PM

8.00 **Gardeners' World** New edition 3/4. Compilation edition. Monty Don plants his cut flower beds, while Joe Swift meets a couple in London who have seamlessly blended their British and Brazilian roots to create a lush urban garden. (S)

9 PM

9.00 NEW **Loch Ness: They Created a Monster** The story behind the legend, revealing how the search for the Loch Ness monster has attracted people from across the world for decades. (S)(AD)

10 PM

10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 FILM PREMIERE **Pretty Red Dress** Drama starring Natey Jones and Alexandra Burke. An ex-con buys his girlfriend a dress for her West End audition, and the garment has a profound effect on him. (S) (2022, 15, 110min) ★★★★ *See review, page 27.*
12.55 AM **Sign Zone: Panorama – Can Trump End the War in Ukraine?**
1.25 **Sign Zone: Great British Menu** Two chefs from the north-east of England and Yorkshire cook their six-course menus again. (S)(R)
2.25 **to 6.00** AM **Previews** (S)

ITV1

103 | 103 | 803 | 103 | 3 | 103 | 103 | 103

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and dealers Tracy Thackray-Howitt, Alison Chapman, Fay Rutter and Simon Schneider assess antiques in Swindon. (S)(R)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.00 Emmerdale

7 PM

7.00 **Emmerdale** April goes back to school, Jacob struggles, and Lydia sees what is going on. (S)(AD)
7.30 LIVE **Football: The FA Cup** Coverage of a fifth-round tie as two teams continue their bid to lift the trophy won by Manchester United last season. Among the matches taking place in this round are Manchester City v Plymouth Argyle at the Etihad Stadium, Manchester United v Fulham at Old Trafford, Newcastle United v Brighton & Hove Albion at St James' Park and Aston Villa v Cardiff City at Villa Park. (S)

10 PM

10.25 **ITV News** (S)
10.55 **Local News** (S)
11.10 **The 1% Club** Quiz show. (S)(R)
12.05 AM **Olivia Attwood's Bad Boyfriends** Sam and Bayley are left sweating when Olivia asks them to hand over their phones. (S)(R)
12.55 **Teleshopping**
3.00 **Grantchester** 1/6. A man's body is discovered in the grounds of Fitzgerald Estate. (S7) (S)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **M&S: Dress the Nation** (S)(SL)(R)(AD)

+1 hour | 203 | 303 | 35 | 112

CHANNEL 4

104 | 104/108 | 804 | 108 | 4 | 104 | 104/106

6.25 AM **Cheers** 4-6/25. (S3) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 6-9/24. (S9) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Massachusetts. (S)(R)
12.05 PM **News** (S)
12.10 **Sun, Sea and Selling Houses** Double bill of editions. (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Four in a Bed** New edition The week's scores are revealed and the winner is announced. (S)
5.30 **Come Dine with Me** New edition The final host of the week in Bristol is floor layer George. (S)
6.00 **A Place in the Sun** New edition Lee Juggurnauth helps a Hertfordshire couple find a property in southern Valencia. (S)

8.00 One Question

7 PM

7.00 **News** (S)
7.30 **Food Unwrapped's South Korean Adventure** Kate Quilton and John Whaite sample the cuisine of South Korea, including fried chicken, soju and kimchi. (S)(R)(AD)

8 PM

8.00 **One Question** New edition 3/6. Claudia Winkleman hosts as Wigan-based champion tag-team wrestlers Joel and Dave compete against Worcestershire couple Jonathan and Charlotte to win a £100,000 prize. (S)

9 PM

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10 PM

10.00 **The Last Leg** New edition Adam Hills, Josh Widdicombe and Alex Brooker are joined by guests including Gyles Brandreth and Judi Love for a comic review of the significant moments from the past seven days. (S)
11.05 NEW **Jordan Gray: Is It a Bird?** Musical stand-up show. (S)
12.10 AM **First Dates** (S)(R)(AD)
1.05 FILM **The Forever Purge** Horror sequel starring Ana de la Reguera. (S) (2021, 15, 100min) ★★★
2.45 **Go Back to Where You Came From** 4/4. (S)(R)(AD)
3.40 **Kirstie and Phil's Love It or List It**
4.35 **Jamie's One-Pan Wonders** (S)(R)
5.05 **to 6.05** AM **Location, Location, Location** (S)(R)

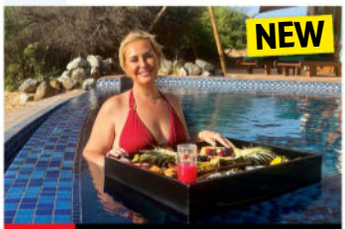
+1 hour | 204/208 | 304 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 | 5 | 105 | 105 | 105

5.20 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.45 PM **GPs: Behind Closed Doors** Medical documentary. (S)(R)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 **FILM Charming But Deadly** Drama starring Vivica A Fox. (S) (2021, PG, 100min) ★★
4.00 **Bargain-Loving Brits in the Sun** Holiday makers and engaged couple Lolly and Merv research their retirement dream in Benidorm. (S)(R)(AD)
5.00 **News** (S)
6.00 **Eggheads** Jeremy Vine hosts as The Afflicted take part. (S)(R) **6.30** Brahms & Liszt Challenge take on the quiz experts. (S)(R)
6.55 **News** (S)



8.00 Around the World in First...

7.00 **NEW Gibraltar: Escape to the Sun** Cameras focus on the British overseas territory on Spain's southern coast, featuring experienced wedding planners Olga and Jenna. (S)
7.55 **News** (S)
8.00 **NEW SERIES Around the World in First Class** Josie Gibson goes on an immersive journey into the world of first-class travel, beginning with a trip to Dubai, where she stays in an overwater villa. (S)
9.00 **Bradley Walsh's Greatest Comedy Moments** The TV star gives a personal and honest account of his life, joined by his celebrity friends to tell the story of his career, stretching from his time as a struggling comic to host of some of the nation's favourite game shows. (S)(R)
10.30 **The Cancellation of Jim Davidson** The comedian offers an in-depth exploration of his life and career, and the controversies that have surrounded him. (S)(R)
12.00 M'T **Million Pound Motorhomes** Following a couple on a trip to Hastings. (S)(R)
1.00 AM **PlayOJO Live Casino Show**
3.00 **FILM Xanadu** Musical fantasy starring Olivia Newton-John as a mythological woman who descends to Earth and gets involved in showbusiness. (S) (1980, PG, 95min) ★
4.35 **to 5.05** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 305 | 38 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S2) (S)(R)
11.00 **Nature's Fast Attacks** (S)(R)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
3.00 **NCIS: Los Angeles** (S13) (S)(R)
4.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *The Blue and the Grey:* Marge allows her hair to turn grey. (S)(R) **5.30** *Loan-a-Lisa:* Grampa decides to give each member of the family $50. (S)(R)
6.00 **The Office (US)** 19/24. Nellie makes herself at home in Andy's office in Scranton. (S)(R) **6.30** 20/24. Erin and Andy role-play his break-up from Jessica. (S8) (S)(R)

9.00 Hacks

7.00 **The Simpsons** *The Scorpion's Tale:* Lisa discovers the calming properties of a patch of wild flowers. (S)(R) **7.30** *The Great Simpsina:* Marge becomes obsessed with peach desserts. (S)(R)
8.00 **An Idiot Abroad** 5/8. Karl Pilkington's journey continues in Egypt, where he tastes local delicacies including rabbit meat, and takes a boat ride down the Nile before visiting the pyramids. (S)(R)(AD)
9.00 **Hacks** New episodes *Tunnel of Love:* 7/10. Deborah and Marty attempt to put their differences aside. (S)(AD) **9.40** *1.69 Million:* 8/10. With a little encouragement from Ava, Deborah's unpolished set sparks a career-defining moment. (S1) (S)(AD)
10.20 **Sex and the City** *Hot Child in the City:* 15/18. Miranda is forced to wear braces, and Samantha helps a 13-year-old plan the ultimate bat mitzvah. Guest stars Kat Dennings. (S3) (S)(R)
11.00 **Sex and the City** 16/18. Carrie holds a seminar on how to meet men, while Miranda is shocked when a prospective date passes away. (S3) (S)(R)
11.40 **The Force: Manchester** (S)(R)
12.40 AM **Brit Cops: War on Crime**
1.40 **Road Wars** Double bill. (R)
3.05 **NCIS: Los Angeles** (S13) (S)(R)
4.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.30pm The Chief (S)(R) (AD) **12.00m't** A View from the Terrace (S)(R) **1.00am FILM** The Last Letter from Your Lover (S) (2021, 12, 105min) ★★★ **2.45** Weather for the Week Ahead (S) **2.50-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
6.55-7.00pm Party Political Broadcast (S)(R) **11.30** Hunting the Online Sex Predators (S)(R) **12.20am FILM** The Last Letter from Your Lover: As Scotland. **2.05-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
7.00-7.30pm The Six Nations Greatest Moments New edition (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
7.00pm The One Show (S) **7.30 LIVE** Scrum V (S) **9.40** QI XL New edition (S) **10.25-10.30pm** Meet the Bears (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Bois y Pizza: Chwe' Gwlad (AD) **12.30** Heno **1.00** Yn y Fan a'r Lle (AD) **1.30** Y Fets (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Ty Ffit **4.00** Awr Fawr **5.00** Stwnsh **6.00** Dim Byd i'w Wisgo **6.30** Sgwrs Dan y Lloer **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00 NEW** Cân I Gymru **10.15** Cartrefi Cymru **10.50-11.55pm** Jonathan

TV&Satellite week
New issue on sale now

BBC3

115/117/121 | 107/113 | 23 | 107 | 107

BBC3 programmes start at 7.00pm

7.00 PM **The Fast and the Farmer-ish** Scotland heat.
7.10 **Top Gear Botswana Special** The presenters face a challenge in Botswana.
8.10 **The Catch Up**
8.15 **Ghosts US** 11/22. The ghosts have doubts about Sam and Jay's new assistant. **8.35** 12/22. Sam gives Freddie some advice. (S2)
9.00 **The Traitors US** New edition 10/12. The mission offers the chance to win a great power.
10.00 **Funboys** New episode 3/4. Callum moves in with Jordan and his two dads. (S1) ■ Entire series on BBC iPlayer
10.25 **NEW Asian Network Comedy** Stand-up from the BBC Radio Theatre, London.
11.35 **Hunting the Online Sex Predators** Documentary.
12.25 AM **Boarders** 6/6. (S2)
1.15 **Top Gear Botswana...**
2.15 **Hunting the Catfish Crime Gang** Documentary.
3.15 **What's Your Thing? – Anime** Documentary.
3.25 **to 3.50** AM **Funboys**

BBC4

116 | 107/108 | 9/24 | 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1997** Featuring Wet Wet Wet, Monaco, Faith No More and Rosie Gaines. **7.30** Music by Eternal, Gina G, Radiohead and Hanson.
8.00 **TOTP: 1983** Featuring OMD and Michael Jackson.
8.35 **TOTP: 1989** With Living in a Box, Sam Brown, Depeche Mode and Jason Donovan.
9.05 **Disco at the BBC: Volume 1** Performances from Chic, Rose Royce, Labelle and Gladys Knight.
10.05 **Nile Rodgers: This Cultural Life** New edition Composer, producer, guitarist and founding member of Chic, Nile Rodgers talks to John Wilson about his cultural influences.
10.35 **Disco at the BBC: Volume 2** A selection of classics from the archive.
11.35 **Disco at the BBC: Volume 3** Archive clips.
12.35 AM **TOTP: 1997**
1.35 **TOTP: 1983** As 8.00pm.
2.10 **TOTP: 1989** As 8.35pm.
2.40 **to 3.40** AM **Disco at the BBC: Volume 1**

MORE4

136/137 831 | 147 | 18 | 124

8.55 AM **Kirstie's House of Craft** Leather earrings.
9.15 **A Place in the Sun**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.05 PM **Car S.O.S**
2.05 **Four in a Bed**
4.50 **Chateau DIY** Poor weather means Tim and Sasha must find a back-up plan to salvage a couple's big day.
5.50 **Car S.O.S** Tim and Fuzz pick up a Mk 3 Ford Cortina. **6.55** Fuzz and Tim restore a Bond Bug three-wheeler.
7.55 **Grand Designs Revisited** Kevin McCloud visits an amphibious house built on a small island on the Thames to discover how well the floating house performs.
9.00 **Astrid: Murder in Paris** New episode *Time Traveller:* 6/8. An environmental activist is murdered in public by a young woman who claims to come from the future to avenge a crime that has not yet been committed. Subtitled. (S4)
10.15 **24 Hours in A&E** A 24-year-old is rushed to St George's after being injured in a football match. **11.15** A student is treated for a condition that causes his ribs to grow inwardly.
12.15 AM **999: On the Front Line** Medical documentary.
1.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 830 | 106 | 13 | 122

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Brooklyn Nine-Nine**
9.00 **Young Sheldon**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons**
7.30 **Modern Family** 14/24. Claire feels inadequate when an old friend visits. (S1)
8.00 **The Simpsons** *Three Gays of the Condo:* Homer is selected by NASA to be sent into space. **8.30** *Dude, Where's My Ranch?* The family spend Christmas on a ranch.
9.00 **FILM Jumanji: Welcome to the Jungle** Fantasy comedy starring Dwayne Johnson and Karen Gillan. Four teenagers get transported into a video game and transformed into a party of jungle explorers. (2017, 12, 119min) ★★★★
11.15 **Naked Attraction**
1.25 AM **Gogglebox**
2.25 **First Dates**
3.20 **The Simpsons**
4.10 **Abbott Elementary**
4.30 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hour 235/236 | 306 | 30 | 123

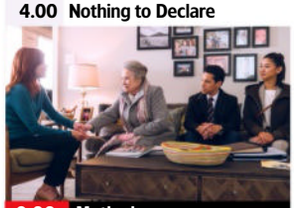
FRIDAY Entertainment

Friday

Sky Witness

107 807 110 341 356

6.00 AM **Stop, Search, Seize**
7.00 **Motorway Patrol**
8.00 **Border Patrol**
9.00 **Send in the Dogs**
10.00 **Border Security: America's Front Line** Double bill.
11.00 **New Amsterdam** 5/13. (S5)
12.00 NOON **The Good Doctor** (S1)
1.00 PM **The Cleaning Lady** (S1)
2.00 **Chicago Fire** 5/22. Kidd and Severide help a young girl after she gets kicked out of her home. (S11)
3.00 **Stop, Search, Seize**
4.00 **Nothing to Declare**



9.00 Matlock

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **FBI: Most Wanted** *Ride or Die:* 12/14. A manipulative student commits murder in a fit of jealousy. (S1)

9 PM
9.00 **Matlock** *Pilot:* 1/10. Revival of the crime drama. Madeline Matlock rejoins the workforce at a prestigious law firm. (S1)

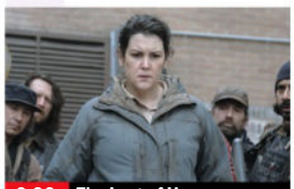
10 PM
10.00 **The Equalizer** *Just Fans:* Harry goes undercover to help McCall search for a woman with a secret online persona. (S5)
11.00 **The Rookie** 6&7/22. (S4)
1.00 AM **Law & Order: Organized Crime** 14/22. A rolling blackout cripples the city. (S2)
2.00 **The Good Doctor** 18/18. (S1)
3.00 **Coroner** 12/12. (S4)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 808 342 357

6.00 AM **Fish Town** Double bill.
8.00 **True Blood** (S2&3)
10.00 **Billions** 7&8/12. (S7)
12.10 PM **Game of Thrones** (S4)
1.30 **Big Love** 7&8/9. (S4)
3.30 **True Blood** 12/12. Sookie is forced to be Maryann's maid of honour. (S2) **4.30** 1/12. Sookie reluctantly asks Eric for help. (S3)
5.30 **Billions** 7/12. Chuck and Wendy face a family crisis. **6.35** 8/12. Chuck and Prince venture upstate to rub elbows with a new political force. (S7)



9.00 The Last of Us

7.40 **Game of Thrones** *The Children:* 10/10. Jon tries to negotiate a peace with Mance Rayder, and Daenerys is forced to make a decision about the dragons in Meereen. (S4)

9.00 **The Last of Us** *Please Hold to My Hand:* 4/9. Joel and Ellie draw the attention of a vindictive rebel leader. (S1)

10.00 **Homicide: Life on the Street** *See No Evil:* 2/4. Pembleton finds himself looking into allegations of police brutality. (S2)
11.00 **Gangs of London** 4/9. (S1)
12.10 AM **The Wire** 1/13. The mayoral race heats up. (S4)
1.15 **Mussolini: Son of the Century** 4/8. (S1)
2.20 **Band of Brothers** 6/10. (S1)
3.40 **Game of Thrones** As 7.40pm.
5.00 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 813 111 346 361

6.00 AM **Hawaii Five-0** (S1)
8.00 **The Flash** 17/18. (S7)
9.00 **Stargate SG-1** (S2)
11.00 **Supergirl** 8/20. (S1)
12.00 NOON **The Flash** 18/18. (S7)
1.00 PM **Hawaii Five-0** (S1)
3.00 **NCIS: Los Angeles** 13/22. (S13)
4.00 **Magnum P.I.** 11/20. Thomas and Higgins work for a controversial client. (S5)
5.00 **Supergirl** 7/20. An earthquake hits the city. (S1)
6.00 **Stargate SG-1** 17/22. Former Goa'uld conqueror Apophis is granted sanctuary. (S2)

10.20 Strike Back: Vengeance

7.00 **Stargate SG-1** *Holiday:* 18/22. Daniel is trapped in the body of a dying man by former Goa'uld enemy Ma'chello. (S2)

8.00 **An Idiot Abroad** 5/8. Karl Pilkington's journey continues in Egypt, where he tastes local delicacies including rabbit meat.

9.00 **Hacks** New episodes *Tunnel of Love:* 7/10. DJ shows off her new man. **9.40** *1.69 Million:* 8/10. Deborah's unpolished set sparks a career-defining moment. (S1)
10.20 **Strike Back: Vengeance** 8/10. Stonebridge takes refuge with Walter's would-be assassin. (S3)
11.20 **The Force: Manchester** A search is launched when a man is assaulted by two attackers, who also steal his car.
12.20 AM **Brit Cops: War on Crime**
1.20 **Road Wars** Double bill.
3.00 **NCIS: Los Angeles** 13/22. (S13)
4.00 **Magnum P.I.** 11/20. (S5)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 816 115 6 113

6.00 AM **CITV**
9.00 **World's Funniest Videos**
10.00 **Secret Crush**
11.00 **Love Bites**
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Supermarket Sweep**
3.00 **Charmed** 3/22. Phoebe has a premonition an earthquake will strike. (S8)
4.00 **Gilmore Girls** 2/22. (S5)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Bonnie Langford, Aston Merrygold and Liza Tarbuck.

9.00 The Hitman's Bodyguard

7.00 **Deal or No Deal** Stephen Mulhern hosts the game show as John gets his opportunity to open the iconic red boxes.

8.00 **Ant & Dec's Limitless Win** The duo host as two brothers return for a chance to win the biggest cash prize in British TV.

9.00 **FILM The Hitman's Bodyguard** Comedy thriller starring Ryan Reynolds and Samuel L Jackson. A man is hired to protect a hitman about to testify at the International Criminal Court. With Gary Oldman. (2017, 15, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **Family Guy** 6/18. Lois becomes a sex education teacher. **11.55** 2/18. Peter's mother and father get a divorce. (S5)
12.25 AM **American Dad!** (S2&1)
1.25 **Bob's Burgers** 16&17/22. (S11)
2.20 **to 3.00** AM **Don't Hate the Playaz**

+1 hour 218 315 29 114

ITV3

119 117 10 115

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Inspector Morse**
10.35 **The Royal** *Can't Buy Me Love.*
11.40 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Inspector Morse** *Cherubim and Seraphim:* The detective is led into the world of teenage rave parties and drug-taking.
5.55 **Heartbeat** *Lily of the Valley:* The Aidensfield residents are up in arms over noisy lorries rumbling through the village.

8.00 Midsomer Murders

6.55 **Heartbeat** *House Rules:* Steve Crane's wayward mother Babs arrives in Aidensfield, having fallen out with her boyfriend.

8.00 **Midsomer Murders** *A Rare Bird:* The president of an ornithological society is found dead after an argument about a rare bird sighting. Guest stars Paul Nicholls and James Dreyfus.

10.00 **Endeavour** *Colours:* A protest at a hair salon exposes escalating racial unrest in Oxford, and a murder at an Army base threatens to unveil long-held secrets within the regiment.
12.00 M'T **Trial & Retribution** 1/10. The daughter of a seemingly happy family is killed. (S10)
1.35 AM **Never the Twain**
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 180 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 LIVE **Sportscene: Championship Football** Partick Thistle v Livingston: Coverage of the second-tier match from Wyre Stadium at Firhill. The sides drew 0-0 when they met here in October, and Livingston claimed a 2-0 win when they faced each other at Energy Assets Arena two months later. Kick-off is at 7.45.
10.00 **Still Game** 3/6. Jack and Victor take up walking football. (S8)
10.30 **A View from the Terrace** New edition An irreverent look at the world of Scottish football.
11.30 PM **to 12.00** M'T **Dinosaur** 6/6. The wedding is left in jeopardy when the truth finally comes out. (S1)

Sky Comedy

114/115 814 112 347 362

8.00 AM **Bored to Death**
9.10 **The Conners** (S5)
10.00 **Hung** 5&6/10. (S3)
11.20 **Eastbound & Down**
12.40 PM **Curb Your Enthusiasm** (S2)
2.00 **Hung** 5&6/10. (S3)
3.20 **Eastbound & Down**
4.40 **Bored to Death** (S3)
5.40 **The Office (US)** (S8)
6.40 **The Conners** (S5)
7.40 **Curb Your Enthusiasm** 4/10. Larry accuses a TV boss of theft. **8.20** 5/10. Larry is aghast to spot his psychotherapist wearing a thong at the beach. (S2)
9.00 **Bill Maher: Is Anyone Else Seeing This?**
10.20 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.20 **Sex and the City** (S3)
12.40 AM **Divorce** 1&2/10. (S1)
2.00 **Veep** 9&10/10. (S5)
3.10 **Eastbound & Down**
4.20 **to 5.00** AM **The Comeback**

Sky Arts

130/131 826 123 36 143 365

6.00 AM **The South Bank Show Originals**
6.30 **Rumpelstilzchen**
7.50 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Landscape Artist of the Year 2021**
1.00 PM **Tales of the...**
2.00 **Classic FM Rising Stars**
3.00 **Discovering**
4.00 **Landscape Artist 2021**
5.00 **Tales of the Unexpected**
6.00 **Artist of the Year: Masterclass** New editions Double bill.
7.00 **Alfred Hitchcock Hour**
8.00 **Classic Albums**
9.00 **Elton John: Million Dollar Piano**
11.25 **The Specials: Live from Coventry Cathedral**
1.00 AM **Isle of Wight Festival Greatest Hits**
1.50 **The Ronnie Wood Show**
3.00 **Live at the Waterfront**
5.00 **to 6.00** AM **Video Killed the Radio Star**

Sky Mix

151 135 11 141

7.00 AM **Nothing to Declare**
9.00 **Bondi Rescue**
10.00 **The Force: Manchester**
11.00 **Highway Patrol**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Monkey Life**
3.00 **Nothing to Declare**
4.00 **Star Trek: The Next Generation** 14/26. (S7)
5.00 **Stargate SG-1** (S1)
6.00 **Stargate Atlantis** (S2)
7.00 **Star Trek: Voyager** (S4)
8.00 **Hawaii Five-0** (S8)
10.00 **S.W.A.T.** *Patrol:* 18/22. Hondo is forced to confront his resentment towards his father. (S1)
11.00 **Twisted Killers**
12.00 M'T **Britain's Most Evil Killers** Twisted killer Jason Marshall.
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 119 28 119

7.30 **Backyard Builds** Series finale DIY series.
8.00 **Olivia Marries Her Match** Reality series.
9.00 **Dermot O'Leary's...**
10.00 **Buying and Selling**
11.00 **The Real Housewives of Beverly Hills**
11.55 **Chloe Madeley: A Family Affair**
12.55 PM **The Only Way Is Essexmas 2020**
2.05 **Dinner Date**
3.10 **Scott's Vacation House Rules** New edition
4.05 **The Real Housewives of Beverly Hills**
5.00 **The Real Housewives of Atlanta** Reality series.
6.00 **Buying and Selling**
7.00 **Dermot O'Leary's Taste of Ireland**
8.00 **Dinner Date**
9.00 **Botched** Double bill.
10.55 **The TOWIE Years**
12.00 M'T **Only Way Is Essex**
1.00 **to 1.30** AM **Backyard Builds**

+1 hour 319

GREAT! tv

157 170 50

8.00 AM **Diagnosis Murder**
10.00 **Father Dowling Mysteries** 14/22. (S3)
11.00 **Sue Thomas: F.B.Eye**
12.00 NOON **Hart to Hart**
2.00 PM **Father Dowling Mysteries** 19/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 1-4/24. (S2)
9.00 **Randall and Hopkirk (Deceased)** *The Smile Behind the Veil:* 26/26. Marty attends a funeral, where a fellow mourner's furtive smile arouses his suspicions. (S1)
10.00 **The Avengers** *The Joker:* 15/24. Emma is enticed to a mansion. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S2)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 118 26 117

6.00 AM **World of Sport**
6.20 **The Sweeney**
7.25 **Robin of Sherwood**
8.35 **Magnum, PI**
9.40 **Kojak**
10.40 **BattleBots** New edition The remaining Champions fight.
11.45 LIVE **Darts: UK Open** Coverage of the first session on day one from Butlin's Minehead, featuring matches in the first and second rounds.
5.00 PM **Great Racehorses**
5.25 **River Monsters**
5.55 **Beat the Chasers**

11.45 Darts: UK Open

7.00 LIVE **Darts: UK Open** Jacqui Oatley presents coverage of the evening session on the opening day, featuring matches in the third round of the tournament, played over the best of 17 legs. With analysis from Alan Warriner-Little, Chris Mason, Mark Webster and Ned Boulting, and commentary by Stuart Pyke and John Rawling.

11.00 **Wrestling: AEW Dynamite**
1.00 AM **Dark Side of the Ring** New edition How Atsushi Onita created FMW and some spectacular matches.
1.50 **Auto Mundial**
2.20 **Motorsport Mundial**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted US**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 5/26. (S4)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 20/26. (S6)
2.00 **Warehouse 13** 1/20. (S4)
3.00 **Stargate SG-1** 13/20. (S9)
4.00 **Star Trek: Voyager** (S3)
5.00 **Star Trek: Deep Space Nine**
6.00 **Star Trek: The Next Generation** 5/26. Beverly Crusher witnesses the crew disappear around her. (S4)

11.00 True Blood

7.00 **Warehouse 13** *A New Hope:* 1/20. The team try to turn back time and save the Warehouse. (S4)

8.00 **Stargate SG-1** *Ripple Effect:* 13/20. The merging of alternative realities causes confusion at Stargate Command. (S9)

9.00 **Grimm** *Volcanalis:* 18/22. Juliette struggles to cope with her lost memories of Nick, repeatedly seeing visions of him. (S2)

10.00 **The Walking Dead** *Internment:* 5/16. Hershel struggles to care for the sick as the issues in the cell block escalate. (S4)

11.00 **True Blood** 3/12. Bill and Eric team up to save Sookie from a mysterious creature. **12.00** M'T 4/12. Sookie and Bill travel to Dallas to find the missing leader of the local vampire community. (S2)
1.00 AM **SurrealEstate** (S2)
3.00 **Chucky** 3/8. (S2)
4.00 **to 6.00** AM **Most Haunted US**

U&Alibi

109/110 809 114 343 358

7.10 AM **Murdoch Mysteries** (S11)
9.00 **Father Brown**
10.00 **The Doctor Blake Mysteries**
11.00 **Hudson & Rex** 9/16. (S4)
12.00 NOON **The Mentalist** (S5)
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S11)
4.00 **The Doctor Blake Mysteries**
5.00 **Hudson & Rex** 9/16. The team turn against Jesse. (S4)
6.00 **Father Brown** *The Serpent Within:* Sullivan's dream of leaving Kembleford is scuppered when he is arrested for receiving stolen goods.

7.00 The Mentalist

7.00 **The Mentalist** *Cherry Picked:* 6/22. A security guard is found murdered in an upmarket neighbourhood. (S5)

8.00 **White Collar** *Shoot the Moon:* 14/16. Peter and Elizabeth are kidnapped by a young couple on a crime spree. (S4)

9.00 **Father Brown** *The Skylark Scandal:* The Kembleford Ramblers' annual outing takes a turn when the local lord is found dead.

10.00 **Death in Paradise** *Man Overboard – Part Two:* 6/8. Humphrey receives personal advice from an unexpected source. (S6)

11.00 **The Mentalist** As 7.00pm.
12.00 M'T **White Collar** As 8.00pm.
12.55 AM **Elementary** 5/24. Holmes searches for a killer working in a hospital. (S1)
1.55 **So Help Me Todd** 4/10. (S2)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 810 124 344 359

7.30 AM **Last of the Summer Wine**
8.40 **The Vicar of Dibley**
9.35 **The Green Green Grass**
10.10 **Are You Being Served?**
10.50 **Still Open All Hours**
11.30 **Last of the Summer Wine**
12.45 PM **The Green Green Grass**
1.25 **Dad's Army** Double bill.
2.45 **Still Open All Hours**
3.25 **Are You Being Served?**
4.00 **Last of the Summer Wine**
5.20 **The Green Green Grass**
6.00 **Are You Being Served?**
6.40 **Dad's Army**

10.45 Mrs Brown's Boys

7.20 **Dad's Army** Last-ever episode of the comedy. Lance Corporal Jones decides to make an honest woman of Mrs Fox.

8.00 **The Vicar of Dibley** Festive episode from 1999. Alice has an unusal idea for the nativity play. **8.55** 1/2. Festive special from 2006. The vicar is swept off her feet by a handsome new arrival to the village. Guest stars Keeley Hawes.

10.05 **Harry Enfield and Chums** The Terminator invades a period drama.
10.45 **Mrs Brown's Boys** Newlyweds Dermot and Maria argue.
11.25 **Paul Whitehouse's Sketch Show Years** Emerging sketch comedians in the 1980s.
12.00 M'T **The Vicar of Dibley**
1.15 AM **Toast of London**
2.25 **Harry Enfield and Chums**
2.55 **to 4.00** AM **Here We Go**

+1 hour 210/211 324

U&Dave

111/112 811 127 19 157

7.15 AM **Anthony Bourdain: Parts Unknown** Las Vegas.
8.00 **Fast Justice** Double bill.
10.00 **American Pickers** Double bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **Guy Martin: Proper Jobs**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si King and Dave Myers explore how Britain's love of cheese has evolved over centuries.
6.00 **Rick Stein's Taste of Shanghai** Rick sets out to discover if Shanghai has hung on to its culinary roots.

11.00 Sons of Anarchy

7.00 **Would I Lie to You? The Unseen Bits** Extra material from the show.
7.40 **Richard Osman's House of Games** Contestants include Sabrina Grant and Matt Edmondson. **8.20** With Michelle Collins, Reginald D Hunter, Joanne McNally and Bill Turnbull.

9.00 **QI XL** Guests Sara Pascoe, Johnny Vegas and Ed Balls join regular panellist Alan Davies and host Sandi Toksvig.

10.00 **Have I Got a Bit More News for You** Richard Ayoade hosts the satirical quiz, with Sayeeda Warsi and Richard Osman.
11.00 **Sons of Anarchy** 1/13. A white supremacist and his associate try to bring down the gang. **12.00** M'T 2/13. Samcro are given a new opportunity. (S2)
1.00 AM **Would I Lie to You?**
1.40 **to 4.00** AM **Mel Giedroyc: Unforgivable**

+1 hour 211/212 327 74

Friday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 143 49 127

9.00 AM **Four in a Bed**
9.30 **Sun, Sea and Selling Houses** Double bill.
11.30 **A Place in the Sun**
2.30 PM **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** Phil catches up with two couples.
7.00 **The Dog House** A young farmer seeks a tractor cab companion.
8.00 **George Clarke's Building Home** A family renovate an old beach house in Essex.
9.00 **24 Hours in A&E** Patients' relatives explain how they have faced challenges together.
10.00 **Super Surgeons: A Chance at Life**
11.05 **Gogglebox** Double bill.
1.10 AM **One Question**
2.15 **Britain's Most Expensive Houses**
3.20 **George Clarke's Building Home**
4.15 **to 4.45** AM **Four in a Bed**

5USA

141/169 120/162 21 129

9.00 AM **NCIS** 7-9/24. (S11)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Honour Thy Father:* 24/24. Gibbs travels to his home town after hearing news of his father's death. (S11) **7.00** *Twenty Klicks:* 1/24. Gibbs and McGee travel to Russia. **8.00** *Kill the Messenger:* 2/24. The team investigate the death of a Navy Lieutenant. **9.00** *So It Goes:* 3/24. Ducky works on a case involving his childhood best friend. (S12)
10.00 **Law & Order: Special Victims Unit** *Gridiron Soldier:* 16/24. A high-school football star disappears. (S15)
11.00 **Law & Order: Special Victims Unit** (S15)
1.55 AM **Criminal Minds**
2.50 **The Good Wife** (S1)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

8.00 AM **Rich Kids Go Skint**
9.00 **Shop Smart, Save Money** Documentary.
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers** New edition A woman's claim for loss of earnings falters at the start line.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 FILM **Fifty Shades Darker** Drama sequel. (2017, 18, 118min) ★
11.20 **Adults Only: Hurts So Good** The BDSM world.
12.20 AM **Swingers: Couples Wanted!**
1.20 **Call the Bailiffs: Time to Pay Up**
2.20 **Police Interceptors**
3.10 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 130 33 132

9.00 AM **Entertainment News**
9.15 **Outback Truckers**
10.15 **Traffic Cops**
11.15 **Police Interceptors**
12.15 PM FILM **Last Train from Gun Hill** Western. (1959, 15, 98min) ★★★
2.20 FILM **The Duel at Silver Creek** Western starring Audie Murphy. (1952, U, 77min) ★★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Police Code Zero: Officer Under Attack** Two officers are threatened by a man armed with a knife.
10.00 **Police Interceptors**
11.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
12.00 M'T **HMP Belmarsh: Maximum Security**
2.00 AM **999: Caught on Camera** True-crime.
3.05 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 827 125 25 156

6.10 AM **Inside the Ambulance**
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: Children in Need Special**
12.00 NOON **DIY SOS**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS** In a Children in Need Special, the *DIY SOS* team join forces with Radio 2.
7.00 **MasterChef USA** New edition The amateur home cooks are tasked with making dishes featuring beer.
8.00 **Inside the Ambulance** Emergency workers rush to the aid of a man who is struggling to breathe.
9.00 **999 Rescue Squad**
11.00 **Gavin & Stacey**
12.55 AM **Emma Willis: Delivering Babies**
1.55 **to 3.00** AM **Alex Jones: Making Babies**

+1 hour 232/233 325

U&Drama

143 116 20 158

7.10 AM **All Creatures Great and Small**
8.00 **Doctors**
9.15 **Classic Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Eldorado**
3.15 **Bergerac**
4.20 **All Creatures Great and Small**
5.25 **The Upper Hand**
6.00 **As Time Goes By**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown** *The Whistle in the Dark:* The priest intervenes when it appears that a dark spirit has murderous intent. **9.00** *The Demise of the Debutante:* A killer strikes at a finishing school.
10.00 **New Tricks**
11.20 **Bergerac**
12.20 AM **Lovejoy**
2.45 **to 4.00** AM **Classic Holby City**

+1 hour 243 316 60

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD EE HD

Really

142 128 17 145

6.00 AM **Fantasy Homes by the Sea** From Suffolk.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Catherine Southon and Tim Medhurst head to Gloucestershire. **8.00** Catherine and Tim explore the rolling Cotswold hills in their 1970s off-roader.
9.00 **Yorkshire Air 999** New edition The crew race to help a GP who has been kicked in the head by her horse.
10.00 **Helicopter ER**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 139 48 142

7.00 AM **The Chase**
10.00 **The Crystal Maze**
11.00 **Cash in the Attic**
12.00 NOON **Tenable**
1.00 PM **Family Fortunes**
3.00 **Catchphrase** Double bill of the game show.
4.00 **Blockbusters** Double bill of the quiz show.
5.00 **The Crystal Maze** Game show hosted by Richard O'Brien.
6.00 **Cash Trapped** Quiz hosted by Bradley Walsh.
7.00 **Tenable** Warwick Davis hosts as five friends from London compete.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Tenable** As 7.00pm.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Weakest Link** Quiz with Anne Robinson.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Tenable** As 7.00pm.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 426 42

8.00 AM **War Machines**
9.10 FILM **Operation Cross Eagles** Wartime drama. (1969, 12, 90min) ★
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM FILM **Apache Ambush** Western. (1955, U, 68min) ★★
2.30 FILM **Two Rode Together** Western. (1961, PG, 109min) ★★★
5.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 FILM **Garden of Evil** Western starring Gary Cooper, Susan Hayward and Richard Widmark. (1954, PG, 100min) ★★
10.10 FILM **The Duel** Western with Liam Hemsworth. (2016, 15, 110min) ★★
12.30 AM FILM **Fire Twister** Disaster movie. (2015, 12, 90min) ★
2.20 **to 5.00** AM **Wild West Chronicles**

+1hour 324

GREAT! movies

321 425 34

9.00 AM FILM **Stranger in the House** Thriller. (2016, PG, 88min) ★★
10.55 FILM **Gone Missing** Thriller. (2013, 12) ★★
1.00 PM FILM **Her Boyfriend's Secret** Thriller. (2018, 12) ★★
2.55 FILM **Cradle Swapping** Drama. (2017, 12) ★★
5.00 FILM **Lost Letter Mysteries: The Impossible Dream** Drama. (2015, PG) ★★
7.00 FILM **The Forger** Thriller. (2012, 12, 90min) ★★
9.00 FILM **Max Payne** Crime action thriller. (2008, 15, 99min) ★★★
11.20 FILM **Drive** Stylish film-noir thriller. (2011, 18, 100min) ★★★★★
1.30 AM FILM **Bandidas** Western. (2006, 12) ★★
3.30 **Air Rescue**
4.00 **to 6.00** AM FILM **The Wrong Patient** Thriller. (2018, PG, 90min) ★★

+1hour 322

GREAT! romance

319 424 52

8.00 AM FILM **Cooking Up Love** Romantic drama. (2020, PG, 85min) ★★
9.55 FILM **Truly, Madly, Sweetly** Drama. (2018, PG, 82min) ★★
12.00 NOON FILM **Fashionably in Love** Comedy. (2023, PG, 87min) ★★
2.00 PM FILM **Bridal Wave** Drama. (2015, PG) ★★
3.55 FILM **A Wedding to Remember** Drama. (2020, PG, 85min) ★★
6.05 FILM **The Birthday Wish** Drama. (2017, PG) ★★
8.00 FILM **Wedding at Graceland** Drama sequel. (2019, PG, 90min) ★★
10.00 FILM **Love at Sea** Drama. (2018, PG, 90min) ★★
11.55 FILM **Love at Mariposa Beach** Romantic drama. (2022, PG, 90min) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **A Wish Come True** Drama. (2015, PG, 85min) ★★

+1hour 320 63

Rewind TV

182 95

6.00 AM **Highlights**
9.00 **Stereo Underground**
10.00 **Time After Time** (S2)
10.30 **Watching** 4/8. (S1)
11.00 **Diff'rent Strokes** (S1)
11.30 **Bewitched** 4/36. (S1)
12.00 NOON **Dick Turpin** (S1)
1.00 PM **Jason King** (S1)
2.00 **Born Free** 11/13. (S1)
3.00 **World in Action**
3.30 **Plymouth Rock**
4.00 **Stereo Underground**
5.00 **Diff'rent Strokes** (S1)
5.30 **Watching** 4/8. (S1)
6.00 **Bewitched** 4/36. (S1)
6.30 **Married... with Children**
7.00 **Fantasy Island** (S1)
8.00 **Born Free** 11/13. (S1)
9.00 **Jason King** 9/26. (S1)
10.00 **Married... with Children**
10.30 **Drop the Dead Donkey**
11.00 **The Mrs Merton Show**
11.35 **Stereo Underground**
12.35 AM **Bubblegum & Cheese** Pop music.
1.35 **Dick Turpin** (S1)
2.35 **World in Action**
3.05 **to 6.00** AM **Highlights**

DMAX

159 169 39 147

6.00 AM **Alaska: The Last Frontier** Documentary.
8.00 **Outback Opal Hunters**
9.00 **Deadliest Catch**
11.00 **Homestead Rescue: Raney Ranch**
1.00 PM **Aussie Gold Hunters**
3.00 **Gem Hunters Down Under** Double bill.
5.00 **Alaskan Bush People**
7.00 **Deadliest Catch** Johnathan sets mile-deep pots and pulls up a mystery species. **8.00** Mandy's news forces Sig and Clark to reconsider their decision.
9.00 **Kindig Customs** A 1971 Chevy Nova arrives at the shop to get classic styling cues.
10.00 **Kindig Customs**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1hour 259 369 153

Food Network

140/141 190 43 148

6.00 AM **James Martin's Brittany** Double bill.
7.00 **The Pioneer Woman**
9.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
1.00 PM **Rick Stein's Seafood Lovers' Guide**
2.00 **James Martin's Brittany**
3.00 **The Pioneer Woman**
5.00 **Barefoot Contessa**
7.00 **The Great British Bake Off** The semi-final arrives as the bakers tackle Patisserie Week. **8.00** The last three bakers compete to be the 2018 winner.
9.00 **Rick Stein's Seafood Lovers' Guide**
10.00 **James Martin's Brittany** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food with Casey Webb** Double bill.
2.00 **to 3.00** AM **Guy's Grocery Games**

+1hour 240/241 154

Legend

148 149 41 137

8.00 AM **Walker, Texas Ranger** 9/26. (S3)
9.00 **Six Million Dollar Man**
10.00 **T.J. Hooker** 6/23. (S4)
11.00 FILM **The Spoilers** Western. (1942, b/w, PG, 87min) ★★
1.00 PM FILM **House on Haunted Hill** Chiller. (1958, b/w, 12) ★★★
2.30 FILM **Earthquake** Epic disaster movie. (1974, PG, 129min) ★★★
5.00 **Star Trek** 3/26. (S2)
6.00 **T.J. Hooker** 7/23. (S4)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 FILM **Welcome to the Punch** Crime thriller. (2013, 15, 98min) ★★★
11.00 FILM **Daylight Robbery** Thriller with Geoff Bell. (2008, 15, 98min) ★★★
1.00 AM FILM **Prince of Darkness** Grisly horror. (1987, 18, 101min) ★★★
3.00 **to 4.50** AM FILM **The Plague of the Zombies** Horror. (1966, 15) ★★★

Legend Xtra

317 171 69 138

6.00 AM FILM **Dr Terror's House of Horrors** (1964)
8.00 FILM **Alien Convergence** Thriller. (2017, 15, 90min) ★★
10.00 **Farscape** 10/22. (S2)
11.00 FILM **Wyvern** Fantasy. (2009, 15, 84min) ★★
1.00 PM FILM **Jurassic Hunters** Sci-fi thriller. (2015, PG, 89min) ★★
3.00 **Farscape** 10/22. (S2)
4.00 **Star Trek** 11/26. (S2)
5.00 FILM **Dr Terror's House of Horrors** Horror with Peter Cushing. (1964, PG, 98min) ★★★
7.00 **Farscape** 11/22. (S2)
8.00 **Star Trek** 12/26. (S2)
9.00 FILM **Last Knights** Medieval adventure starring Clive Owen. (2015, 15, 112min) ★★
11.15 FILM **Deadsight** Horror. (2018, 15, 81min) ★★
1.00 **to 3.00** AM FILM **Anti-Life** Action thriller. (2020, 15, 93min) ★★

+1hour 318 371 139

Blaze

164 174 64 161

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Container Wars**
7.55 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **UFO Hunters**
11.10 **Weird or What? With William Shatner**
12.10 PM **Weird Britain**
1.05 **Mega Disasters**
2.05 **Pawn Stars**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **UFO Hunters**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **Mission Unexplained**
10.00 **What on Earth?**
11.00 **Mysteries from Above**
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **UFO Hunters**
2.00 **Weird or What? With William Shatner**
3.00 **Hardcore Pawn**
3.25 **Rust Valley Restorers**
4.10 **to 6.00** AM **Ancient Aliens**

5SELECT

153 138 46 133

9.00 AM **World's Most Scenic Railway Journeys**
10.00 **Jersey and Guernsey**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo** *Playback.*
5.30 **Walking Wartime Britain** From London.
6.00 **World's Most Scenic Railway Journeys** A journey through central Sweden.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Britain's Great Cathedrals: To the Glory of God** Reverend Pat Allerton visits three cathedrals in England.
10.00 **The River Thames: Then & Now** Exploring the history of the river.
11.00 **Prisoner: Cell Block H**
1.05 AM **The Madame Blanc Mysteries** 4-6/6. (S1)
3.55 **to 4.00** AM **Entertainment News**

HGTV

158 191 44 149

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
1.00 PM **My Lottery Dream Home Fab Faves**
2.00 **A Place in the Sun**
3.00 **Escape to the Country**
5.00 **A Place in the Sun**
8.00 **Escape to the Country**
9.00 **The Great Pottery Throw Down** The potters make a fully functioning garden water feature.
10.00 **My Lottery Dream Home** Double bill.
11.00 **Flip or Flop** Tarek and Christina El Moussa buy an investor's flip project. **11.30** Buying a home in North Tustin, California.
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Home Town**
3.00 **to 4.00** AM **My Lottery Dream Home**

+1hour 258/262 391

TLC

133/134 828 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress: Atlanta** Four editions.
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **sMothered**
2.00 **Return to Amish**
4.00 **Outdaughtered: Busby Quints**
5.00 **My 600lb Life** 2/2. Overweight siblings whose bulk stops them from seeing each other.
6.00 **Dr Pimple Popper** Justice has small lesions all over her body.
7.00 **1000-lb Sisters** After a tense family vacation, Amy reveals a big secret.
8.00 **My 600lb Life**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Cheapskates**
2.00 **to 6.00** AM **My 600lb Life**

+1hour 233/234 365

Comedy Central

112/113 812 132 345 360

8.00 AM **Most Ridiculous**
9.00 **Guessable?**
10.00 **Home Improvement**
12.00 NOON **Last Man Standing** 9&12/18. (S2)
1.00 PM **Friends** (S8)
8.00 **Friends** 16/24. Joey confesses his feelings. **8.30** 17/24. Joey avoids Rachel. (S8)
9.00 **Michael McIntyre's Big Show** Featuring Jack Whitehall, Sting, Ricky Gervais and Jamie Oliver.
10.00 **Michael McIntyre: Showtime** Stand-up.
11.00 **Utopia** 3&4/8. (S1)
12.10 AM **Whose Line Is It Anyway? USA**
1.10 **8 Out of 10 Cats**
2.10 **Ed Gamble at the Comedy Store**
2.40 **Key & Peele**
3.30 **Teachers** (S3)
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1hour 212/213 332

Comedy Cen. Extra

127/128 154

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Impractical Jokers**
10.00 **Becker** 16&17/24. (S2)
11.00 **Friends** (S6)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.00 **Whose Line Is It Anyway? USA**
4.00 **Guessable?**
5.00 **Becker** 16&17/24. (S2)
6.00 **Home Improvement**
8.00 **Last Man Standing** 9/18. Vanessa questions a recent job promotion. **8.30** 12/18. Mike is so impressed with Mandy's new boyfriend that he offers him a job. (S2)
9.00 **Out of Order**
10.00 **Friends** 12-15/24. (S7)
12.00 M'T **Lee Evans: Monsters**
1.00 AM **Al Murray: The Only Way Is Epic**
2.20 **The Alasdair Beckett-King Mysteries**
3.15 **Key & Peele**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Patrol**
11.00 **Border Patrol**
12.00 NOON **FBI** (S3)
2.00 PM **Motorway Patrol**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **Sun, Sea and A&E**
6.00 **Highway Cops**
7.00 **MacGyver** (S4&5)
9.00 **The Force: North East** New homeowners find a cannabis farm. **10.00** A house raid leads officers to a drugs den.
11.00 **Road Wars**
12.00 M'T **The Russell Howard Hour**
1.00 AM **The Russell Howard Xmas Hour**
2.00 **A League of Their Own: European Road Trip**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 824 134

6.00 AM **16 and Pregnant**
6.45 **Teen Mom OG**
8.30 **Teen Mom 2**
11.00 **Catfish: Models**
12.00 NOON **Catfish: The TV Show** Reality series.
1.00 PM **Catfish: Catch of the Day** Flavour starts asking Kimberly for gifts.
2.00 **Catfish: The TV Show**
3.00 **Catfish: Scammed**
4.00 **Catfish: The TV Show**
5.00 **Catfish: Meltdowns**
6.00 **Catfish: The TV Show**
7.00 **Teen Mom: The Next Chapter** Reality series.
8.00 **Help! I'm in a Secret Relationship!** Lee wants to know why Princess is hiding her.
9.00 **Skin A&E** Dr Emma McMullen operates on a strange pectoral lipoma.
10.00 **True Life Crime**
11.00 **Geordie Shore**
12.00 M'T **Behind the Music**
1.00 AM **Ink Master**
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 823 177 320 325

6.00 AM **How Do They Do It?**
7.00 **Building Off the Grid**
9.00 **Kindig Customs** Double bill.
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Double bill.
3.00 **Gold, Lies & Videotape**
5.00 **Deadliest Catch** Jake's niece and engineer climb the 30ft crane to make a critical repair.
6.00 **Wheeler Dealers** Mike and Elvis wrestle an iconic Japanese rally car – a Mitsubishi Lancer Evo7 in need of a total engine rebuild.

9.00 Expedition Files

7.00 **Salvage Hunters** Drew Pritchard is captivated by Hesleyside Hall, a Northumbrian country house full of potential.

8.00 **Gold Rush** Parker chases a red pay layer to keep his hot streak alive, and Kevin Beets tries to run 24/7 with a green crew.

9.00 **Expedition Files** Josh Gates explores mysteries, including alien abduction and invisible attacks made on CIA operatives in Cuba.

10.00 **Moonshiners** New edition Amanda and Kelly try to find a poisonous berry that they can turn into safe-to-drink shine.

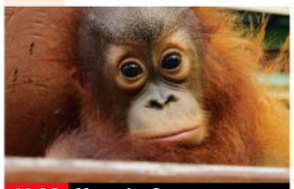
11.00 **Expedition Bigfoot**
12.00 M'T **Street Outlaws: Memphis** From Las Vegas.
1.00 AM **Expedition Files**
2.00 **Moonshiners** As 10.00pm.
3.00 **Gold Rush** New edition Brennan confronts Kevin about a lack of equipment.
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 178

8.00 AM **Tanked** A wrestling tank.
9.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Animal Cribs**
1.00 PM **Life at Vet University**
2.00 **Flying Wild Alaska**
3.00 **Pit Bulls & Parolees** A couple have trouble choosing a dog.
4.00 **Bad Dog!** A cat that rides a skateboard to the beach.
5.00 **Animal Cops Philadelphia** Vets try to save a dog's leg.
6.00 **Tanked** Alyssa Milano seeks an elegant aquarium complete with a built-in wine rack.



11.00 Meet the Orangutans

7.00 **Pit Bulls & Parolees** A woman travels all the way from San Diego to offer one of Villalobos's senior dogs a home.

8.00 **Legends of the Wild** Brazilian ranchers are being attacked by an unknown creature.

9.00 **Legends of the Wild** Investigating endangered ridley sea turtles turning up dead along the beach in Costa Rica.

10.00 **Alaska: Surviving the Last Frontier** Carolyn Wise heads out on a moose hunt, and the Flower Lake group stalk squirrels.

11.00 **Meet the Orangutans** Toddlers get lessons in life. **11.30** The babies are at high risk from parasites.
12.00 M'T **Meet the Penguins**
1.00 AM **Alaskan Bush People**
2.00 **Bad Dog!** As 4.00pm.
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 825 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation: Special Report**
10.00 **Extreme China**
11.00 **Ice Road Rescue**
12.00 NOON **Car S.O.S**
1.00 PM **Mutant Weather**
2.00 **Air Crash Investigation**
3.00 **Hollywood: Drain the Oceans**
4.00 **Nazi Megastructures**
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a year 2000 Ford Mondeo. **6.00** Tim and Fuzz restore a classic Japanese sports coupe.

8.00 Murder in the Skies

7.00 **Air Crash Investigation** The stoy of Corporate Airlines 5966, which crashed mysteriously in Missouri in 2004.

8.00 **Murder in the Skies: Who Downed MH17?** The amateur online investigation into the 2014 plane crash in Ukraine.

9.00 **Murder in the Skies: Who Downed MH17?** The online battle to find out who shot down MH17 intensifies.

10.00 **Murder in the Skies: Who Downed MH17?** The investigation closes in on those responsible for shooting down MH17.

11.00 **Air Crash Investigation**
12.00 M'T **UFOs: Investigating the Unknown** Documentary.
1.00 AM **Plane Crash Recreated**
2.00 **Lords of War**
2.30 **Bid & Destroy**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

6.00 AM **American Pickers**
6.50 **Claw Hunters**
7.45 **Flipping Bangers**
8.45 **Forged in Fire**
9.35 **Storage Wars** Five editions.
12.00 NOON **Mountain Men**
1.00 PM **Flipping Bangers**
2.00 **The Proof Is Out There: Military Mysteries**
4.00 **Digging for Britain**
5.00 **Pawn Stars** A Mick Foley T-shirt and autographed mask arrive into the shop.
6.00 **American Pickers** Rare and profit-bringing treasures.

10.00 Ancient Aliens: Origins

7.00 **Forged in Fire** After a preliminary, two finalists recreate one of the Ottoman Empire's most lethal sabers - the Kilij.

8.00 **River Hunters** Exploring the River Trent near Newark Castle, site of one of the greatest strongholds of the English Civil War.

9.00 **Combat Ships** The vessels that have operated in secret, unseen by their enemies from World War Two to the modern day.

10.00 **Ancient Aliens: Origins** New edition A look into what evidence suggests about the megalithic site of Stonehenge.

12.00 M'T **Pawn Stars** As 5.00pm.
1.00 AM **Flipping Bangers** Everyone wants a classic Ford, so Will, Gus and the team target the Orion.
2.00 **Mayhem! The Secret Lives of the Georgian Kings**
3.00 **River Hunters** As 8.00pm.
4.00 **to 6.00** AM **Storage Wars**

+1 hour 223/224 331

U&Yesterday

155 846 129 27 159

6.10 AM **Antiques Roadshow**
8.00 **Rise of the Nazis: The Downfall** Documentary.
9.00 **WW2 – Battles for Europe**
10.00 **The Architecture the Railways Built** Double bill.
12.00 NOON **Simon Reeve's Return to Cornwall** Documentary.
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash** Double bill.
4.00 **Rise of the Nazis: The Downfall** Documentary.
5.00 **WW2 – Battles for Europe**
6.00 **Antiques Roadshow** From Trelissick House in Cornwall.

8.30 The World's Fastest...

7.00 **Guy Martin: The World's Fastest Van?** Guy takes up the challenge of transforming his transit van into a vehicle capable of racing at Germany's Nurburgring circuit.

8.30 **Guy Martin: The World's Fastest Electric Car?** Guy gets behind the wheel of a battery-powered Volkswagen beetle to set a new world record for the fastest road-legal electric vehicle, driving on a quarter-mile drag strip.

10.00 **Bangers & Cash** Derek rubs shoulders with pop music royalty when he picks up a Morgan sports car.

11.00 **Abandoned Engineering** Old Byron Hot Springs – a once glittering Hollywood hotspot, converted into a top-secret interrogation centre.
12.00 M'T **Simon Reeve's Return to Cornwall**
1.00 **to 3.00** AM **Classic Car Garage**

+1 hour 255 329

Friday

7 PM 8 PM 9 PM 10 PM

Quest

144 834 137 12 150 144

6.00 AM **Chasing Classic Cars**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **The Repair Shop** Triple bill.
3.00 PM **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **The Repair Shop**
8.00 **Shed and Buried** A father and daughter who own a shed full of vintage Americana. **8.30** An Americana collection in Cornwall.
9.00 **The Repair Shop Jubilee Special** Experts restore four treasured heirlooms with a royal connection.
10.00 **The Repair Shop** A German-made toy steam roller is restored.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 151

Quest Red

149 168 40 146

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress: Big Bliss** Double bill.
9.00 **Say Yes to the Dress**
10.00 **FBI Files** Documentary.
11.00 **Forensic Detectives**
12.00 NOON **Deadly Love**
1.00 PM **American Detective**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Ben Butler.
4.00 **American Monster**
6.00 **People Magazine Investigates**
7.00 **A Killer's Mistake**
8.00 **Murder on CCTV**
9.00 **Death by Fame** New edition True-crime.
10.00 **Death by Fame**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears...**
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Crimes That Shook Australia** The stories behind the biggest crimes to hit the country.
8.00 **Secrets of a Murder Detective** DI Steve Keogh uncovers secrets surrounding Terry Daddow's 1991 murder.
9.00 **Forensic Factor** New edition A Special Task Force hunt down a stalker on the loose in British Columbia.
10.00 **Killer Kids** A six-year-old girl is molested and murdered, leading detectives to believe her killer is a member of the Courtenay community.
11.00 **Evidence of Evil**
12.00 M'T **48 Hours**
1.00 AM **Forensic Factor**
2.00 **Killer Kids** As 10.00pm.
3.00 **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 172 68 134

9.00 AM **48 Hours**
11.00 **Medical Detectives**
2.00 PM **48 Hours** A woman's father helps to kill her ex. **3.00** A wealthy Florida businessman engages in a violent confrontation.
4.00 **Medical Detectives** Discovering an American water-borne epidemic. **4.30** Treads and threads enable police to track down a killer. **5.00** A serial killer brought to justice by samples of carpet fibres. **5.30** A tale in which cattle auctions were tainted by false cheques. **6.00** Following an FBI investigation into a letter bomb campaign. **6.30** Police must find the identity of a woman's skull found in a lake.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 820 121 349 364

6.00 AM **Highway Cops**
7.00 **The Force: Manchester**
8.00 **Road Wars**
9.00 **Nothing to Declare**
10.00 **Send in the Dogs**
11.00 **Catching the Killer**
12.00 NOON **How I Caught the Killer** Documentary.
1.00 PM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Catching the Killer**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers** Ben Field.
9.00 **Method of a Serial Killer** Israel Keyes.
10.45 **World's Most Evil Killers**
12.55 AM **How I Caught the Killer** True-crime.
2.00 **Snapped** Double bill.
4.00 **UK Border Force**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 187 84 155

8.00 AM **Beautiful Serengeti**
8.55 **WW1: Aces Falling**
10.10 **Fight to the Finish**
11.50 **The Seabees on Iwo Jima** As 8.20pm.
1.00 PM **Beautiful Serengeti**
1.30 **WW1: Aces Falling**
2.50 **Fight to the Finish**
4.15 **The Seabees on Iwo Jima** As 8.20pm.
5.30 **WW1: Aces Falling**
6.50 NEW **Fight to the Finish** Fifty Canadian survivors recount their stories of World War Two.
8.20 **The Seabees on Iwo Jima** The US Naval Construction Battalions of World War Two, known as the Seabees.
9.30 **Mariupol: Unlost Hope** Charting the first month of the invasion of the Ukrainian city.
10.40 **WW1: Aces Falling**
12.00 M'T **Mariupol: Unlost Hope** As 9.30pm.
1.10 **to 2.00** AM **Beautiful Serengeti**

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD EE HD

Sky Documentaries

121/122 819 188 352 367

6.00 AM **Navajo Police: Class 57**
7.00 **Discovering: Daniel Day-Lewis**
8.00 **The Directors**
9.00 **The 2000s**
10.00 **Mama's Boy: A Story from Our Americas** Documentary.
12.00 NOON **Faye**
1.50 PM **My Icon: Kadeen Corbin**
2.00 **Albert Brooks: Defending My Life** A profile of the actor.
3.45 **My Icon: John Amaechi**
4.00 **The Directors**
5.00 **Discovering: Daniel Day-Lewis**
6.00 **The 2000s**
7.00 **Dart Kings** 1/3. Documentary looking at the sport during the 1970s, 1980s and 1990s.
8.00 **David Frost Vs** 1/3. Recalling some of the journalist's most famous interviews, beginning with Paul McCartney.
9.00 **I Am Johnny Cash** The life of the country singer-songwriter.
10.45 **George Carlin's American Dream** 1&2/2. The life and work of the stand-up comedian.
3.00 AM **GoldenEra** Documentary.
5.00 **to 6.00** AM **Discovering: Daniel Day-Lewis**

Sky Nature

124/125 822 189 354 369

6.00 AM **The Wild Wild East**
7.00 **Monkey Life**
8.00 **Undiscovered Vistas**
9.00 **Shark Squad**
10.00 **Guardians of the Wild**
11.00 **Nature's Fast Attacks**
12.00 NOON **Airborne**
1.00 PM **Monkey Life**
2.00 **Undiscovered Vistas**
3.00 **Shark Squad**
4.00 **Guardians of the Wild**
5.00 **Beasts of the Big Blue**
6.00 **Airborne**
7.00 **Monkey Life** Double bill.
8.00 **Planet Weird** Footage of the cannibalistic Portia spider as it devours the competition.
9.00 **Malawi Wildlife Rescue** The team release two servals.
10.00 **Airborne**
11.00 **Beasts of the Big Blue**
12.00 M'T **Nature's Fast Attacks**
1.00 AM **Woodpeckers: The Hole Story** Documentary.
2.00 **Planet Weird**
3.00 **Malawi Wildlife Rescue**
4.00 **Undiscovered Vistas**
5.00 **to 6.00** AM **Shark Squad**

Sky History 2

163/168 840 186

6.00 AM **Ancient Aliens**
8.00 **History's Greatest Mysteries**
9.00 **Battle 360**
10.00 **What on Earth?**
11.00 **Ancient Aliens**
1.00 PM **River Hunters**
2.00 **Weird Britain**
3.00 **Celts: The Untold Story**
4.00 **Battle 360**
5.00 **The Proof Is Out There**
6.00 **What on Earth?**
7.00 **UFO Hunters** The team examine pilots' claims of combat engagements with UFOs.
8.00 **Weird or What? With William Shatner** A farmer discovers a cow mysteriously mutilated. **9.00** The actor examines the notion of life after death.
10.00 **History's Greatest Mysteries** A series of widely sighted UFOs in Phoenix and Arizona in 1997.
11.00 **Haunted Hospitals**
12.00 M'T **Ancient Aliens**
2.00 AM **River Hunters**
3.00 **Weird Britain**
4.00 **UFO Hunters**
5.00 **to 6.00** AM **The Proof Is Out There**

Crime+Investigation

156 837 133

6.00 AM **Homicide: Hours to Kill**
7.00 **Homicide Hunter**
8.00 **First 48: The Detective Speaks**
9.00 **Meet, Marry, Murder**
10.00 **Murder By Medic**
11.00 **Imperfect Murder**
12.00 NOON **Buried in the Backyard**
1.00 PM **Somebody's Hiding Something** Documentary.
2.00 **Murder Masterminds**
3.00 **Killer Britain with Dermot Murnaghan** Mitesh Patel.
4.00 **Meet, Marry, Murder**
5.00 **On the Case with Paula Zahn**
6.00 **Homicide: Hours to Kill**
7.00 **The First 48**
8.00 **Murder By Medic** New edition
9.00 **My Strange Arrest** New editions Double bill.
10.00 **Phrogging: Hider in My House**
11.00 **Homicide Hunter**
12.00 M'T **Buried in the Backyard**
1.00 AM **My Strange Arrest**
2.00 **Phrogging: Hider in My House**
3.00 **Somebody's Hiding Something**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 841 182

8.00 AM **Yukon Vet**
9.00 **Shark Men**
10.00 **Alaska Fish Wars**
11.00 **World's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **The Last Orangutan Eden**
3.00 **Big Sur: Wild California**
4.00 **Secrets of the Zoo: Tampa**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** A sloth bear is ready to find a mate.
8.00 **Savage Kingdom** Hyenas take over a lion pride's territory on the African Savannah. **9.00** The cheetah cubs get a harsh lesson in survival.
10.00 **Predator In Paradise** Predators battle over food, territory and offspring in tropical paradises around the globe.
11.00 **Ice Road Rescue**
12.00 M'T **Monster Fish**
1.00 AM **World's Deadliest**
2.00 **Yukon Vet**
3.00 **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 181

7.00 AM **Shark Attack Files**
8.00 **Extreme Engineering**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Cooper's Treasure**
5.00 **Mysteries at the Museum**
7.00 **Expedition Bigfoot** The expedition takes a turn when Bryce comes across a photo of a human-like hand with claws.
8.00 **Shark Attack Files** Victims and witnesses recount shark attacks, as scientists study attack patterns and research prevention methods.
9.00 **Combat Dealers** Bruce Crompton heads to a Martello Tower on the Channel Islands.
10.00 **Shed and Buried**
11.00 **Blowing Up History**
1.00 AM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 176 57 160

9.00 AM **Wild and Wonderful Denmark** Double bill.
11.00 **Costa Rica: The Rise of Nature**
2.00 PM **Wild Colombia with Nigel Marven** Triple bill of editions.
5.00 **The Bill** *Pressure:* A car accident results in accusations and revenge at Sun Hill. **5.30** *A Little Knowledge:* Lines goes undercover as a taxi driver. **6.00** *Pathways:* Peters and Brind deal with some issues at an allotment garden. **6.35** *Seen to be Done:* An unfortunate discovery brings some officers under scrutiny.
7.05 **Pointless** Double bill.
9.00 **The Brokenwood Mysteries** *Hunting the Stag:* 4/4. A groom-to-be is shot dead while on a hunting excursion during his stag trip. (S1)
11.00 **The Bill** Four episodes.
1.05 AM **Pointless** Double bill.
3.05 **Costa Rica: The Rise of Nature**
4.45 **Wild Colombia with Nigel Marven** Documentary.
5.30 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 166

8.00 AM **Love, Honor, Betray**
9.00 **Crime Scene Confidential**
11.00 **Where Murder Lies**
1.00 PM **Married with Secrets**
3.00 **Forbidden: Dying for Love**
5.00 **Murder Comes to Town**
7.00 **Diabolical: Deadly Love** A 1994 murder at Lake Orion, Michigan. At first, the crime was a mystery, but police exposed a strange and twisted plot that no one saw coming. **8.00** How after three women died of the same mysterious illness, the hunt began to prove their deaths were no accident.
9.00 **Fatal Affairs** A married mother takes to Tinder under a pseudonym and embarks on a steamy affair. But when her lies are exposed, the fallout results in bloodshed.
10.00 **Married to Evil**
11.00 **Love Kills**
12.00 M'T **Deadly Affairs**
2.00 AM **Murder Comes to Town**
4.00 **to 6.00** AM **Diabolical: Deadly Love**

+1 hour 254 366

Discovery Turbo

161/172 180

6.00 AM **World's Greatest Motorcycle Rides**
7.00 **Kindig Customs**
8.00 **Iron Resurrection**
9.00 **Roadworthy Rescues**
10.00 **Motor Pickers**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **Richard Hammond's Big** The *Marie Maersk* ship.
1.00 PM **Extreme RVs**
2.00 **Wheeler Dealers**
3.00 **Motor Pickers**
4.00 **Lucky!**
5.00 **Roadworthy Rescues**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Richard Hammond's Big**
8.00 **Lucky!** Bernie quietly increases his influence on the growing Formula 1 juggernaut.
9.00 **Shed and Buried: Classic Cars**
10.00 **Motor Pickers**
11.00 **Shed and Buried**
12.00 M'T **Lucky!**
1.00 AM **Iron Resurrection**
2.00 **Fast N' Loud**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

+1 hour 261/272

Sky Cinema Premiere

301 401 501 515

6.05 AM **Chuck Chuck Baby** Drama. (2023, 15, 101 min) ★★★★
8.00 **A Place Called Silence**
10.15 **PREMIERE Fight or Flight**
12.05 PM **Thelma** As 11.35pm.
2.00 **The Garfield Movie** Animation. (2024, U, 101 min) ★★★
3.45 **Rob Peace** Drama directed by and starring Chiwetel Ejiofor. (2024, 15, 120min) ★★★
5.55 **The Bikeriders** Drama with Tom Hardy and Jodie Comer. (2023, 15, 116min) ★★★★

8.00 Fight or Flight

8.00 PREMIERE Fight or Flight Thriller with Josh Hartnett. A mercenary is assigned a target on a flight, but when rival assassins board the plane, the hunter and the hunted team up. (2024, 15, 98min) ★★★ *See review, page 27.*
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 The Line Drama starring Alex Wolff, Bo Mitchell and Lewis Pullman. A university student tries to live his life without a fear of consequences. (2023, 15, 100min)

11.35 **Thelma** Comedy starring June Squibb, Fred Hechinger and Richard Roundtree. (2024, 12, 98min) ★★★★
1.20 AM **I Saw the TV Glow** Horror starring Justice Smith. (2024, 15, 100min) ★★★
3.10 **A Place Called Silence** Chinese thriller with Eric Wang. Subtitled. (2024, 15, 119min)
5.20 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Hits

303 403 503 517

6.00 AM **Sky Cinema Preview**
6.40 **Moving On** As 4.25am.
8.20 **Jules** As shown at 2.10am.
10.05 **The Beekeeper** Action thriller. (2023, 15, 105min) ★★★
12.05 PM **Cats & Dogs** As 6.15pm.
1.50 **Transformers: Rise of the Beasts** As shown at 8.00pm.
4.05 **300** As shown at 10.10pm.
6.15 **Cats & Dogs** Fantasy comedy featuring the voices of Tobey Maguire and Alec Baldwin. (2001, PG, 87min) ★★★★

10.10 300

8.00 Transformers: Rise of the Beasts Fantasy prequel starring Anthony Ramos and Dominique Fishback. Robot creatures the Maximals fight alongside the Autobots to thwart a deadly faction of the Decepticons. (2022, 12, 127min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 300 Epic adventure based on the graphic novel by Frank Miller, starring Gerard Butler and Lena Headey. (2006, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Bad Boys** Action comedy thriller starring Martin Lawrence and Will Smith. (1995, 15, 118min) ★★★
2.10 **Jules** Comedy drama. (2023, 12, 87min) ★★★
3.45 **Sky Cinema Preview**
4.25 **to 6.00** AM **Moving On** Comedy starring Jane Fonda. (2022, 15, 85min) ★★★

Sky Cinema Drama

310 410 510 524

6.00 AM **Der Kaiser** As 2.15am.
8.00 **Manodrome** As 4.15am.
9.50 **The Last Rifleman** Drama. (2022, 15, 115min) ★★★
11.35 **Goodbye Bafana** Fact-based drama. (2007, 15, 118min) ★★★
1.35 PM **P.S. I Love You** Comedy drama. (2007, 12, 121 min) ★★★
3.50 **Steve Jobs** Biopic with Michael Fassbender and Kate Winslet. (2015, 15, 119min) ★★★★

6.00 **Mass** Drama starring Jason Isaacs and Martha Plimpton. (2021, 12, 111 min) ★★★★★
8.00 **The Illusionist** Period mystery starring Edward Norton, Paul Giamatti and Jessica Biel. (2006, PG, 110min) ★★★★
10.00 **A League of Their Own** Comedy drama, set during World War Two, about America's first all-female professional baseball league, starring Tom Hanks, Geena Davis and Madonna. (1992, PG, 124min) ★★★★

12.10 AM **May December** Drama with Natalie Portman and Julianne Moore. (2023, 15, 117min) ★★★★
2.15 **Der Kaiser** German biopic with Klaus Steinbacher. Subtitled. (2022, PG, 105min) ★★★
4.15 **to 6.00** AM **Manodrome** Thriller. (2023, 15, 96min) ★★★

Sky Cinema Sci-fi/Horror

311 411 511 525

7.05 AM **Silent Running** As 4.30pm.
8.40 **Resident Evil: Afterlife** (2010)
10.30 **Minority Report** Steven Spielberg's sci-fi thriller. (2002, 12, 145min) ★★★★
1.00 PM **Sick** As 11.35pm.
2.30 **The Frighteners** Quirky horror comedy. (1996, 15, 110min) ★★★
4.30 **Silent Running** Cult sci-fi drama starring Bruce Dern. (1972, U, 90min) ★★★★

6.10 **Resident Evil: Afterlife** Sci-fi thriller sequel starring Milla Jovovich. (2010, 15, 96min) ★★★
8.00 **The Nun** Horror starring Taissa Farmiga and Demián Bichir. A troubled priest and a novice nun discover a terrible secret. (2018, 15, 96min) ★★★
9.40 **Sinister** Horror thriller starring Ethan Hawke. A struggling true-crime author moves into a haunted house with his wife and children hoping for inspiration. (2012, 15, 105min) ★★★

11.35 **Sick** Horror starring Gideon Adlon. (2022, 18, 83min) ★★★
1.05 AM **Lisa Frankenstein** Comedy horror. (2024, 15, 101 min) ★★★
2.50 **Something in the Dirt** Comedy drama. (2022, 15) ★★★★
4.50 **to 6.35** AM **Upgrade** Thriller. (2018, 15, 100min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 406 506 520

7.30 AM **Mee-Shee: The Water Giant** As shown at 11.25pm.
9.15 **Step Dogs** As 1.05am.
10.50 **A Tiger's Journey** As 2.35am.
12.35 PM **Big Fat Liar** Teen comedy. (2002, PG, 88min) ★★★
2.10 **A Dog's Purpose** Comedy drama starring Dennis Quaid. (2017, PG, 100min) ★★★
4.00 **The Smurfs** Family adventure. (2011, U, 103min) ★★
5.50 **The Smurfs 2** Adventure sequel. (2013, U, 104min) ★★

9.15 Ride On

7.40 **Goosebumps 2: Haunted Halloween** Family comedy sequel starring Madison Iseman. (2018, PG, 86min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **Ride On** Chinese action drama starring Jackie Chan. A washed-up stuntman becomes an overnight sensation when his fight with debt collectors goes viral. With Liu Haocun. Subtitled. (2023, PG, 126min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Mee-Shee: The Water Giant** Family fantasy adventure starring Bruce Greenwood. (2005, PG, 94min) ★★★
1.05 AM **Step Dogs** Family comedy starring Joris Jarsky and Ryan Belleville. (2013, U, 82min) ★
2.35 **A Tiger's Journey** Family drama starring Sunny Pawar. (2023, PG, 94min) ★★★
4.15 **to 6.00** AM **The Secret Kingdom** Fantasy adventure. (2023, PG, 98min) ★

Sky Cinema Fast

307 407 507 521

6.00 AM **The Fast and the Furious**
7.50 **2 Fast 2 Furious** As 2.35am.
9.40 **The Fast and the Furious: Tokyo Drift** As 4.25am.
11.30 **Fast & Furious** Action thriller. (2009, 12, 107min) ★★★
1.20 PM **Fast & Furious 5** Thriller. (2011, 12, 130min) ★★★
3.30 **Fast & Furious 6** Action thriller. (2013, 12, 125min) ★★★
5.40 **Fast & Furious 7** Action thriller starring Vin Diesel. (2015, 12, 132min) ★★★★

11.30 Fast & Furious

8.00 **Fast & Furious 8** Action thriller starring Vin Diesel and Charlize Theron. Street racing criminal Dominic Toretto is recruited by a terrorist, setting him at odds with his old gang. With Jason Statham, Dwayne Johnson and Kurt Russell. (2017, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Fast X** Action thriller starring Vin Diesel. Dominic Toretto and his family are targeted by the vengeful son of drug kingpin Hernan Reyes. (2023, 12, 141min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **The Fast and the Furious** Thriller starring Vin Diesel. (2001, 15, 107min) ★★★
2.35 **2 Fast 2 Furious** Action thriller. (2003, 12, 108min) ★★★
4.25 **to 6.15** AM **The Fast and the Furious: Tokyo Drift** Thriller. (2006, 12, 104min) ★★

Sky Cinema Comedy

308 408 508 522

6.55 AM **My Big Fat Greek...**
8.35 **Game Night** Black comedy. (2018, 15, 100min) ★★★★
10.25 **O Brother, Where Art Thou?** Comedy. (2000, 12) ★★★★
12.20 PM **How to Be Single** Comedy. (2016, 15, 107min) ★★★
2.20 **Adult Life Skills** Comedy. (2016, 15, 114min) ★★★
4.05 **Being John Malkovich** Comedy. (1999, 15, 112min) ★★★★★
6.05 **Dumb and Dumber To** Comedy sequel. (2014, 15) ★★

6.05 Dumb and Dumber To

8.00 **Scott Pilgrim vs. the World** Comic-book comedy starring Michael Cera and Mary Elizabeth Winstead. A geeky young musician must defeat his cool new girlfriend's seven evil exes before he can win her heart. (2010, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **My Big Fat Greek Wedding 3** Romantic comedy sequel with Nia Vardalos and John Corbett. (2023, 12, 92min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Am I OK?** Comedy drama starring Dakota Johnson. (2022, 15, 86min) ★★★
1.10 AM **The Persian Version** Comedy drama starring Layla Mohammadi and Niousha Noor. (2023, 15, 107min) ★★★
3.05 **The Big Lebowski** Offbeat comedy thriller starring Jeff Bridges and John Goodman. (1998, 18, 117min) ★★★★★
5.05 **to 7.05** AM **Being John Malkovich** As 4.05pm.

Sky Cinema Assassins

309 409 509 523

6.05 AM **The Cinema List: Payback**
6.25 **Green Zone** Action thriller. (2010, 15, 110min) ★★★★
8.25 **Sisu** As shown at 4.05am.
10.00 **The Mechanic** Action thriller. (2011, 15, 93min) ★★
11.40 **Assassin** (2023, 15) ★★★
1.25 PM **John Wick: Chapter 2** Action thriller. (2017, 15) ★★★★
3.30 **Bad Boys II** Action comedy sequel. (2003, 15) ★★★
6.00 **The Bourne Ultimatum** Spy thriller. (2007, 12) ★★★★

10.15 Sin City

8.00 **The Bourne Legacy** Spy thriller sequel starring Jeremy Renner, Rachel Weisz and Edward Norton. A genetically enhanced secret agent goes on the run with his supervisor when his life is threatened from within his organisation. (2012, 12, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Sin City** Gory film noir thriller starring Bruce Willis, Mickey Rourke and Jessica Alba. (2005, 18, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **PREMIERE Fight or Flight** Action thriller starring Josh Hartnett and Katee Sackhoff. (2024, 15, 98min) ★★★
2.05 **Oldboy** South Korean revenge thriller. Subtitled. (2003, 18, 120min) ★★★★
4.05 **Sisu** Wartime action thriller. (2022, 15, 88min) ★★★
5.40 **to 7.35** AM **Mob Land** Thriller. (2023, 15, 111min) ★★★

Film4

313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **40 Guns to Apache Pass** Western. (1966, PG) ★★
12.55 PM **23 Paces to Baker Street** Thriller. (1956, PG) ★★★
3.00 **It Came from Beneath the Sea** Thriller. (1954, b/w, U) ★★
4.40 **One Million Years BC** Adventure. (1966, PG) ★★★
6.45 **Independence Day: Resurgence** Sci-fi adventure starring Jeff Goldblum. (2016, 12, 120min) ★★★

9.00 Nightmare Alley

Independence Day: Resurgence (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Nightmare Alley** Director Guillermo del Toro's thriller starring Bradley Cooper and Cate Blanchett. A manipulative carnival worker joins forces with a female psychiatrist who is even more dangerous than he is. (2021, 15, 150min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.55 **Angel Has Fallen** Thriller sequel starring Gerard Butler and Morgan Freeman. Secret Service agent Mike Banning is framed for an assassination attempt on the US President. (2019, 15, 121min) ★★★
2.15 **to 4.00** AM **Cold War** Pawel Pawlikowski's drama starring Joanna Kulig. Partly subtitled. (2018, 15, 90min) ★★★★★

11 PM

+1hour 314 430 47 301

Sky Cinema Ultimate Action

302 402 502 516

6.00 AM **The Bricklayer** As 3.10am.
7.55 **Enter the Dragon** As 2.40pm.
9.40 **Safe** As shown at 4.25pm.
11.20 **Hancock** As shown at 1.30am.
12.55 PM **PREMIERE Fight or Flight**
2.40 **Enter the Dragon** Thriller. (1973, 18, 97min) ★★★★
4.25 **Safe** Thriller starring Jason Statham. (2012, 15, 90min) ★★★
6.05 **Top Gun** Aerial action drama. (1986, 12, 110min) ★★★

8.00 **Bad Boys: Ride or Die** Action comedy adventure starring Will Smith and Martin Lawrence. (2024, 15, 115min) ★★★
10.00 **PREMIERE Fight or Flight** Action thriller starring Josh Hartnett. A mercenary is assigned a target on a flight, but when rival assassins board the plane, the hunter and the hunted team up. (2024, 15, 98min) ★★★
11.50 **Crank** Action thriller starring Jason Statham and Amy Smart. (2006, 18, 88min) ★★★★

1.30 AM **Hancock** Action comedy fantasy starring Will Smith. (2008, 12, 92min) ★★★
3.10 **The Bricklayer** Action thriller. (2023, 15, 110min) ★★
5.10 **to 7.00** AM **Hero** Chinese period adventure. Subtitled. (2002, 12, 99min) ★★★★

Sky Cinema Award Winners

304 404 504 518

6.00 AM **Out of Africa** As 5.10am.
8.55 **Love Story** As shown at 3.15am.
10.50 **Jerry Maguire** As 5.40pm.
1.15 PM **The Theory of Everything**
3.25 **The Blind Side** Fact-based drama starring Sandra Bullock. (2009, 12, 129min) ★★★
5.40 **Jerry Maguire** Comedy drama starring Tom Cruise, Renée Zellweger and Cuba Gooding Jr. (1996, 15, 139min) ★★★★

8.00 **The Theory of Everything** Biopic of Stephen Hawking, exploring his relationship with wife Jane and groundbreaking work in the face of deteriorating health. Stars Eddie Redmayne, Felicity Jones and David Thewlis. (2014, 12, 120min) ★★★★
10.10 **The King's Speech** Oscar-winning royal drama starring Colin Firth, Geoffrey Rush, Helena Bonham Carter, Guy Pearce and Derek Jacobi. (2010, 12, 118min) ★★★★★

12.15 AM **Saving Private Ryan** Steven Spielberg's war drama. (1998, 15, 169min) ★★★★★
3.15 **Love Story** Romantic drama. (1970, PG, 100min) ★★★★
5.10 **to 7.50** AM **Out of Africa** Oscar-winning romantic epic. (1985, PG, 162min) ★★★★

Sky Cinema Animation

305 412 500 514

6.50 AM **Teen Titans Go! & DC Super Hero Girls: Mayhem...**
8.15 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
9.50 **Minions** Animated comedy. (2015, U, 91min) ★★★★
11.25 **Rock Dog 2: Rock Around the Park** As shown at 10.35pm.
1.00 PM **PAW Patrol: The Mighty Movie** As shown at 7.35pm.

2.35 **Tom and Jerry Cowboy Up!** Animated family adventure. (2021, U, 71min) ★★★
4.00 **Happy Feet** Animated comedy. (2006, U, 108min) ★★★★
5.50 **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
7.35 **PAW Patrol: The Mighty Movie** Animation. (2023, U) ★★★
9.05 **The Nut Job** Animated family comedy. (2014, U, 85min) ★★★
10.35 **Rock Dog 2: Rock Around the Park** Animated family comedy sequel. (2021, U, 90min) ★★

12.10 AM **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** (2022, PG) ★★★
1.35 **Scarygirl** (2023, PG) ★★★
3.10 **Rock Dog 3: Battle the Beat** Animation. (2022, U) ★★
4.40 **to 6.25** AM **The Inventor** Animation. (2023, PG) ★★★

Movies 24

312 419

7.00 AM **Rip in Time** Time travel fantasy. (2022, PG, 84min) ★★
9.00 **Luckless in Love** Romantic comedy. (2023, PG, 86min) ★★
11.00 **The Magic of Lemon Drops** Fantasy. (2024, PG, 84min) ★★
1.00 PM **The Story of Love** Romantic comedy drama. (2022, PG, 91min) ★★
3.00 **Game, Set, Love** Romantic comedy. (2022, PG, 84min) ★★

5.00 **North to Home** Drama. (2022, PG, 84min) ★★
7.00 **The Boxer and the Butterfly** Romantic drama starring Katrina Norman. (2023, PG, 90min) ★★
9.00 **Cut, Color, Murder** Mystery starring Julie Gonzalo and Ryan McPartlin. A hairdresser assists a detective in solving a murder committed in broad daylight at a beauty pageant. With Eva Tamargo. (2022, PG, 84min) ★★
11.00 **What We Do For Love** Comedy. (2023, PG, 89min) ★★

1.00 AM **Love in the Limelight** Romantic comedy drama. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **Flowers and Honey** Romantic drama. (2021, PG, 90min) ★★

Movies 24+ 315 420

Talking Pictures

328 445 82 306

6.00 AM **The Marked One** Thriller. (1963, U, 65min) ★★★
7.15 **Impulse** (1954, b/w, PG) ★★
8.55 **The Cariboo Trail** Western. (1950, U, 80min) ★★
10.35 **Storm in a Teacup** Comedy. (1937, b/w, U, 85min) ★★★
12.20 PM **Battle Taxi** War drama. (1955, b/w, PG, 82min) ★★
2.00 **The Golden Hawk** Adventure. (1952, U, 84min) ★★★

3.40 **Steam Beyond the Solent**
4.00 **Adam Had Four Sons** Drama. (1941, b/w, U, 81min) ★★
5.40 **The Halfway House** Chiller with Mervyn and Glynis Johns. (1944, b/w, PG, 99min) ★★★
7.40 **The Ice House** Ghost story.
8.25 **Strange But True**
9.00 **Cellar Club with Caroline Munro**
9.05 **Doomwatch** 10/13. (S1)
10.05 **Cellar Club with Caroline Munro**
10.10 **Scream Bloody Murder** Horror with Fred Holbert and Leigh Mitchell. (1973, 15, 90min) ★★★

11.55 **Cellar Club with Caroline Munro**
12.00 M'T **The Believers** Occult thriller. (1987, 18, 113min) ★★
2.15 AM **The Falcon and the Snowman** Fact-based spy drama. (1984, 15, 131min) ★★★
4.55 **One Step Beyond** 3/22. (S1)
5.30 **to 6.00** AM **Time to Remember**

Friday

Sky Sports Main Event

401 511 501 419 439

6.00 AM **Sky Sports News**
6.30 **Back Pages Tonight**
6.45 **F1 Explained: Starting a GP**
6.50 LIVE **Formula 1** The opening session on the third and final day of pre-season testing staged at Bahrain International Circuit.
8.30 LIVE **ICC Champions Trophy Cricket Afghanistan v Australia.** Coverage of both teams' concluding Group B match from Gaddafi Stadium in Lahore.
5.30 PM LIVE **PGA Tour Golf** Day two of the Cognizant Classic in the Palm Beaches staged at PGA National Resort in Florida.
7.30 LIVE **EFL Sheffield Wednesday v Sunderland.** Coverage of the Championship clash at Hillsborough. Sunderland claimed an emphatic 4-0 win in August's reverse fixture at Stadium of Light. Kick-off **8.00pm**.
10.30 LIVE **WTA & ATP Tennis** Coverage from the Tours, featuring the ATP Acapulco Open, WTA Merida Open, ATP Santiago Open and WTA Texas Open.
12.00 M'T **to 6.00** AM LIVE **WTA & ATP Tennis** Further coverage from the WTA and ATP Tours.

Sky Sports Premier League

402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **Premier League Years**
3.00 **PL Retro** A replay of Fulham v Manchester United from 2007.
5.00 **Premier League Best Goals**
6.00 **PL 100: Thierry Henry** An interview with the Arsenal legend.
6.30 **Premier League 100 Club** The best of Andy Cole's 187 goals.
7.00 **The Big Interview**
7.30 **Premier League Stories**
8.00 **Gary Neville's Soccerbox** The presenter talks to Robert Pires. **8.30** With guest Michael Owen.
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Premier League Icons** A profile of Dennis Bergkamp. **10.30** Ole Gunnar Solskjaer.
11.00 **Premier League Years** A look back at the 2015/16 season.
1.00 AM **PL Retro** A replay of Arsenal v Wigan Athletic from 2006.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 513 503 421 441

6.00 AM **EFL Cup** The 2017 final.
8.00 **Henrik Larsson: 20 Years On**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Old Firm Derby Best Goals**
11.30 **Edinburgh Derby Best Goals**
12.00 NOON **Bundesliga** Highlights.
12.30 PM **Bundesliga Weekly**
1.00 **EFL Highlights** Championship.
2.00 **Scottish Premiership Round-Up**
2.15 **EFL Highlights**
2.30 **Bundesliga Weekly**
3.00 **Bundesliga** February's highlights.
3.30 **Scottish Premiership Round-Up**
3.45 **SPFL Highlights**
4.15 **EFL Highlights** Championship.
5.15 **Scottish Premiership Round-Up**
5.30 **SPFL Highlights**
6.00 **Bundesliga Weekly**
6.30 **Bundesliga** February's highlights.
7.00 **EFL Highlights**
7.30 LIVE **EFL Sheffield Wednesday v Sunderland.** Coverage from Hillsborough. Kick-off **8.00pm**.
10.30 **Bundesliga** Recent action.
11.00 **1983: When Aberdeen Ruled Europe** Sports documentary.
12.00 M'T **EFL** Archive highlights.
2.00 AM **EFL Rivalries**
2.30 **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 514 504 422 442

6.00 AM **Best of ICC WT20**
6.30 **WPL** Royal Challengers Bengaluru v Gujarat Giants.
7.30 **ICC Champions Trophy Cricket** Pakistan v Bangladesh.
8.30 LIVE **ICC Champions Trophy Cricket Afghanistan v Australia.** Coverage of both teams' concluding Group B match from Gaddafi Stadium in Lahore.
5.30 PM **Best of ICC WT20** Action from the 2009 tournament.
6.00 **ICC Champions Trophy Cricket** Australia v South Africa. **7.00** Afghanistan v England.
8.00 **WPL** Highlights from Delhi Capitals v Mumbai Indians.
9.00 **ICC Champions Trophy Cricket** Afghanistan v Australia in the Group B match from Lahore.
10.00 **WPL** Highlights from Delhi Capitals v Mumbai Indians.
11.00 **ICC Champions Trophy Cricket** Afghanistan v Australia. **12.00** M'T Highlights from Pakistan v Bangladesh.
1.00 AM **WPL** Another chance to see Delhi Capitals v Mumbai Indians at M Chinnaswamy Stadium.
4.40 **Ashes Greats** Archive action.
5.00 **to 6.00** AM **IPL**

Sky Sports Golf

405 515 505 423 443

6.00 AM LIVE **LPGA Tour Golf** The second day of the Women's World Championship in Singapore.
7.30 **TGL** A match replay.
9.30 **Legends Tour Golf**
10.30 **Golf's Greatest Holes**
11.00 LIVE **DP World Tour Golf** The second day of the South African Open Championship in Durban .
4.00 PM LIVE **PGA Tour Golf** Day two of the Cognizant Classic at PGA National Resort in Florida.
11.00 **Golf's Greatest Holes**
11.30 **TGL** A recent match replay.
1.30 AM **Tee Time Tips**
2.30 **to 6.00** AM LIVE **LPGA Tour Golf** Day three of the Women's World Championship in Singapore.

Sky Sports Tennis

407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **ATP Tour This Week**
10.30 **WTA Tennis** Recent action.
11.00 **WTA & ATP Tennis** Highlights.
1.00 PM LIVE **ATP Tennis** Day five of the Dubai Tennis Championships from Aviation Club Tennis Centre.
5.00 LIVE **WTA & ATP Tennis** Coverage of the latest Tour events.
12.00 M'T **to 6.00** AM LIVE **WTA & ATP Tennis** More Tour coverage.

TNT Sports 1

410 870 527 408 430

6.30 AM LIVE **A-League Wellington Phoenix v Melbourne City.** Coverage from Sky Stadium in Wellington. Kick-off **6.30am**.
8.30 **Premier League Review**
9.30 LIVE **Women's Alpine Skiing World Cup** The first race of the women's downhill from Kvitfjell.
11.30 **Premier League**
1.00 PM **MotoGP** Recent action.
1.30 **Men's Cycling Pro Series**
2.30 LIVE **Men's Cycling Pro Series** Coverage of stage three of the O Gran Camin in Galicia, Spain.
4.30 **MotoGP** Recent highlights.
5.00 **A-League** Action from Australia.
7.00 **MotoGP** Recent action.
7.30 LIVE **Premiership Rugby Cup** Coverage of the latest match.
10.00 **Champions League Magazine**
10.30 **Women's Alpine Skiing**
11.00 **MotoGP** Recent highlights.
11.30 **NBA on Fire** The latest news.
12.00 M'T **NBA Action**
12.30 AM LIVE **NBA Boston Celtics v Cleveland Cavaliers.** Coverage from TD Garden. Tip-off **12.30am**.
3.00 LIVE **NBA LA Lakers v LA Clippers.** From Crypto.com Arena. Tip-off is at **3.00am**.
5.30 **to 6.00** AM **NBA on Fire**

TNT Sports 2

411 871 528 409 431

6.00 AM LIVE **MotoGP** Coverage of the Grand Prix of Thailand MotoGP, Moto2 and Moto3 first practice sessions staged at Chang International Circuit in Buriram.
9.15 **MotoGP Films**
10.30 LIVE **FIA World Endurance Championship** Coverage of the Qatar 1812km staged at Lusail International Circuit in Qatar.
9.30 PM **Men's Cycling Pro Series** Action from the third stage of the Tour of Galicia in Spain.
10.30 **V8 Supercars Highlights**
12.30 AM **What I Wore: Best Of**
12.45 **The Pioneers** Eden Hazard.
1.00 **MotoGP** Race previews.
1.30 LIVE **MotoGP** The Grand Prix of Thailand Moto3 and Moto2 second practice sessions at Chang International Circuit in Buriram.
3.00 LIVE **MotoGP** Coverage of the Grand Prix of Thailand MotoGP qualifying session staged at Chang International Circuit in Buriram. Start-time is at **3.50am**.
5.45 **to 8.00** AM LIVE **MotoGP** The Grand Prix of Thailand Moto3 and Moto2 qualifying sessions from Chang International Circuit in Buriram. Start-time **5.50am**.

TNT Sports 3

413 874 529 410 432

6.00 AM LIVE **Snooker World Open** Coverage of the first session in the semi-finals of the tournament staged at Yushan Sport Centre in Yushan, China.
9.30 **HSBC SVNS Highlights**
10.30 **Premier League Review**
11.30 LIVE **Snooker World Open** Coverage of the second session in the semi-finals of the tournament at Yushan Sport Centre in China.
3.00 PM **MotoGP** Highlights.
3.30 **Premier League Netbusters**
4.00 **NBA** A chance to see Milwaukee Bucks v Denver Nuggets.
5.30 **NBA on Fire** The latest news.
6.00 **Snooker World Open**
8.00 **NBA** A chance to see Phoenix Suns v New Orleans Pelicans.
9.30 **Fight Night** Chisora v Wallin.
11.30 **Snooker World Open**
1.30 AM **Premiership Rugby Cup**
2.30 **Men's Cycling Pro Series**
3.30 **Women's Alpine Skiing World Cup** From Kvitfjell, Norway.
4.00 **to 6.00** AM LIVE **Isuzu UTE A-League Auckland FC v Adelaide United.** Coverage of the Australian top-flight match staged at Go Media Stadium in Auckland. Kick-off is at **4.00am**.

Sky Sports Action

408 517 507 426 446

6.00 AM LIVE **Super Rugby Moana Pasifika v Highlanders.** From North Harbour Stadium in New Zealand. Kick-off is at **6.05am**.
8.00 **Super League Highlights**
8.30 LIVE **Super Rugby NSW Waratahs v Fijian Drua.** Coverage from Allianz Stadium in Sydney. Kick-off **8.35am**.
10.30 **Super League Highlights**
11.00 **Fight Night International**
12.00 NOON **Super Bowl LIX**
1.00 PM **Good Morning Football**
3.00 **Fight Night International**
4.00 **Super League Highlights**
5.00 **NFL Bitesize Highlights**
5.30 **NBC's Pro-Football Talk**
7.30 LIVE **Super League Leigh Leopards v Catalans Dragons.** Coverage from Leigh Sports Village. Kick-off is at **8.00pm**.
10.15 **NFL Bitesize Highlights**
11.00 **Super Bowl LIX Highlights**
12.00 M'T **Super League Highlights**
1.00 AM **Fight Night International**
2.00 **Super League Highlights**
3.30 LIVE **Super Rugby Chiefs v ACT Brumbies.** Coverage from FMG Stadium Waikato in Hamilton, New Zealand. Kick-off **3.35am**.
5.30 **to 6.00** AM **NFL Bitesize Hlts**

Sky Sports Mix

416 873 510 429 449

6.00 AM **Super League Highlights**
6.45 **F1 Explained: Starting a GP**
6.50 LIVE **Formula 1** Session one on day three of pre-season testing from Bahrain International Circuit.
11.05 **Vettel's Litter Challenge**
11.15 **Lewis' Mercedes Farewell**
11.30 **Seaplanes & Helicopters**
11.55 LIVE **Formula 1** Session two on day three of pre-season testing.
4.05 PM **Lando, Art and Perspective**
4.15 **Behind the Ropes**
4.45 **The Gloves Are Off**
5.15 **Fight Night** Jonas v Habazin.
6.15 **Super League Highlights**
6.30 **Tennis** Dubai Championships.
7.00 **My Icon** Sporting influences.
7.20 LIVE **Bundesliga VfL Stuttgart v Bayern Munich.** Coverage from MHP Arena. Kick-off is at **7.30pm**.
9.30 **Super League Highlights**
10.00 **Behind the Ropes**
10.30 **The Gloves Are Off**
11.00 **One Championship Weekly**
11.30 **Top Rank Boxing Archive**
12.00 M'T LIVE **NCAA Basketball VCU Rams v Davidson Wildcats.** The men's game at Siegel Centre in Virginia. Tip-off **12.00m't**.
2.00 AM **Super League Highlights**
5.00 **to 6.00** AM **NFL Highlights**

TNT Sports 4

414 876 530 411 434

5.45 **to 7.45** AM LIVE **A-League Women Central Coast Mariners v Western Sydney Wanderers.**
7.45 **Wembley: A Stage for Icons**
8.30 LIVE **A-League Central Coast Mariners v Western United.**
10.30 **The TNT Sports Cycling Show**
11.00 LIVE **Nordic Combined Skiing** From Trondheim, Norway.
12.00 NOON **T20 Super Smash**
1.00 PM LIVE **Ski Jumping** Coverage from Trondheim, Norway.
2.45 **TNT Sports Reload**
3.00 LIVE **Nordic Combined Skiing** From Trondheim, Norway.
4.00 **Premier League** Match replays.
1.00 AM **Premier League Review**
2.00 **Isuzu UTE A-League**
4.00 **Champions League Magazine**
4.30 **Between the Lines**
5.00 **to 7.00** AM LIVE **A-League Women Canberra United v Melbourne City.** Coverage of the match from McKellar Park in Canberra. Kick-off is at **5.00am**.

Premier Sports 1

419 551

6.00 AM **NASCAR Highlights**
7.00 **European Le Mans MotorSport**
8.00 **LaLiga Highlights**
9.00 **Top 14 Rugby Union Highlights**
9.30 **Motorsport** Action from 2024.
10.30 **Jordan Half Marathon**
11.00 **NASCAR Highlights**
12.00 NOON **LaLiga Highlights**
1.00 PM **NHL on the Fly**
2.00 **LaLiga** The latest news in Spain.
2.30 **Jordan Half Marathon**
3.00 **DTM Highlights** Season review.
4.00 **Transworld Sport** Magazine.
5.00 **LaLiga Specials**
6.00 **Viva LaLiga** The latest news.
7.30 LIVE **United Rugby Championship Munster v Edinburgh.** Kick-off **7.35pm**.
10.00 **Top 14 Rugby Union Highlights**
10.30 **Sporting Greats**
11.00 **LaLiga** A Spanish top-flight game.
1.00 AM **NHL Tonight**
2.00 **to 6.00** AM LIVE **NHL Ice Hockey Colorado Avalanche v Minnesota Wild.** F-o 2.00am.

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union**
8.00 **NHL Ice Hockey**
10.00 **Temples of Sport**
11.00 **German Cup** Leipzig v Wolfsburg.
1.00 PM **Football's Greatest**
2.00 **Top 14 Rugby Union**
4.00 **Bike World** Recent action.
4.30 **Temples of Sport**
5.00 **United Rugby Championship**
7.00 **LaLiga Specials** Goalkeepers.
7.15 LIVE **United Rugby Championship Zebre v Dragons.** From Stadio Sergio Lanfranchi. Kick-off **7.35pm**.
9.30 **Temples of Sport** Iconic sporting venues from around the globe.
10.00 **NHL Ice Hockey** Tampa Bay Lightning v Calgary Flames.
12.00 M'T LIVE **NHL Ice Hockey New York Rangers v Toronto Maple Leafs.** From Madison Square Garden. Face-off **12.00m't**.
3.00 AM **NHL: This is Hockey**
3.30 **Temples of Sport**
4.00 **to 6.00** AM **Top 14 Rugby**

Sky Sports Sky Sports+

412 518 508 427 447

6.00 AM **Sky Sports News**
6.30 **Back Pages Tonight**
7.00 **Good Morning Sports Fans**
10.00 **The Football Show**
12.00 NOON **Lunchtime Live**
1.50 PM LIVE **WPL Delhi Capitals v Mumbai Indians.** The Women's Premier League match from M Chinnaswamy Stadium, Bengaluru.
5.30 LIVE **WTA & ATP Tennis** Coverage from the Tours, featuring the ATP Acapulco Open, WTA Merida Open, ATP Santiago Open and WTA Texas Open.
7.30 LIVE **Super League Leigh Leopards v Catalans Dragons.** Coverage of the match from the third round of fixtures at Leigh Sports Village. Kick-off **8.00pm**.
10.15 LIVE **WTA & ATP Tennis** Featuring the ATP Acapulco Open and WTA San Diego Open.
4.00 AM **Sky Sports News**
4.30 **Back Pages Tonight**
5.00 **to 6.00** AM **Sky Sports News**

Sky Sports F1

406 516 506 424 444

6.00 AM **Sainz Says Farewell**
6.15 **Ted's Notebook**
6.45 **F1 Explained: Starting a GP**
6.50 LIVE **Formula 1** Session one on day three of pre-season testing from Bahrain International Circuit.
11.05 **Vettel's Litter Challenge**
11.15 **Lewis' Mercedes Farewell**
11.30 **Seaplanes & Helicopters**
11.55 LIVE **Formula 1** Session two on the final day of pre-season testing.
4.05 PM **Lando, Art and Perspective**
4.15 **F1 Show 2024 Season Review**
5.45 **Memories of Senna**
6.15 **Nicolas Hamilton**
7.00 **The Rookies** Documentary.
8.00 **Testing Wrap** From Bahrain.
8.30 **Ted's Notebook**
9.30 LIVE **Indycar** Grand Prix of St. Petersburg first practice session.
11.00 **Ted's Notebook**
11.30 **Testing Wrap** Day three review.
12.00 M'T **to 6.00** AM **The Home of F1**

EUROSPORT 1 AND EUROSPORT 2 HAVE NOW CEASED TO BROADCAST

SKY HD SD VIRGIN HD EE HD

KIDS WATCHLIST

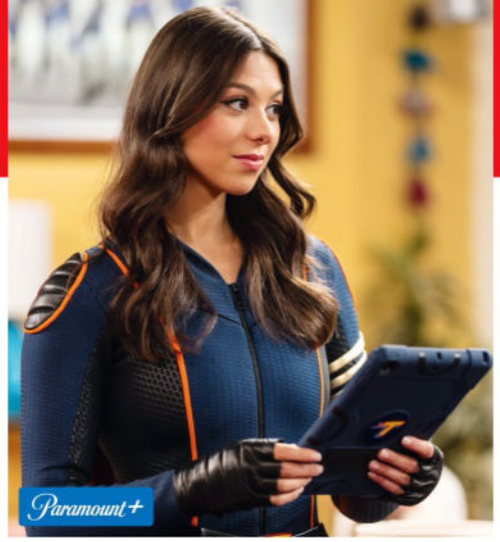
Great shows for young viewers (from tots to teens) on linear TV and streaming

Cooking with the Gills

Saturday & Sunday, 8.30am, Milkshake! on Five

It's time to get back into the kitchen, under the guidance of farmer JB Gill and his family, Chloe, Ace and Chiara. If you're an enthusiastic young cook, grab your apron and, with the help of a responsible grown-up, why not take your turn to get tea on the table?

In the opening episodes of the new series, we're shown how to rustle up a tasty cheesy leek and potato pie by junior chef Olly. And how about rounding off dinner with a delicious apple crumble, as demostrated by Jaina? Yummy!



The Thundermans: Undercover

Available now, Paramount+

In this new spin-off sequel to *The Thundermans*, Thunder Twins Phoebe (above) and Max are sent undercover to work on a new threat in Secret Shore – and they bring younger sister Chloe with them so she can work on her superhero talent, naturally!

Can the siblings keep their identities secret, and help thwart the evil plans of mysterious villain Mastermind?

More great shows to watch this week...

Operation Ouch!

Mon-Thu, 5.30pm, CBBC & BBC iPlayer NEW

Dr Chris, Dr Xand and the gang return for a brand new series, which is set to include their insight on topics including space medicine and AI.

DC League of Super-Pets

Available now, Netflix

Superman's dog, Krypto (voiced by Dwayne Johnson), sets out to save the Justice League from a vengeful guinea pig in this animated adventure.

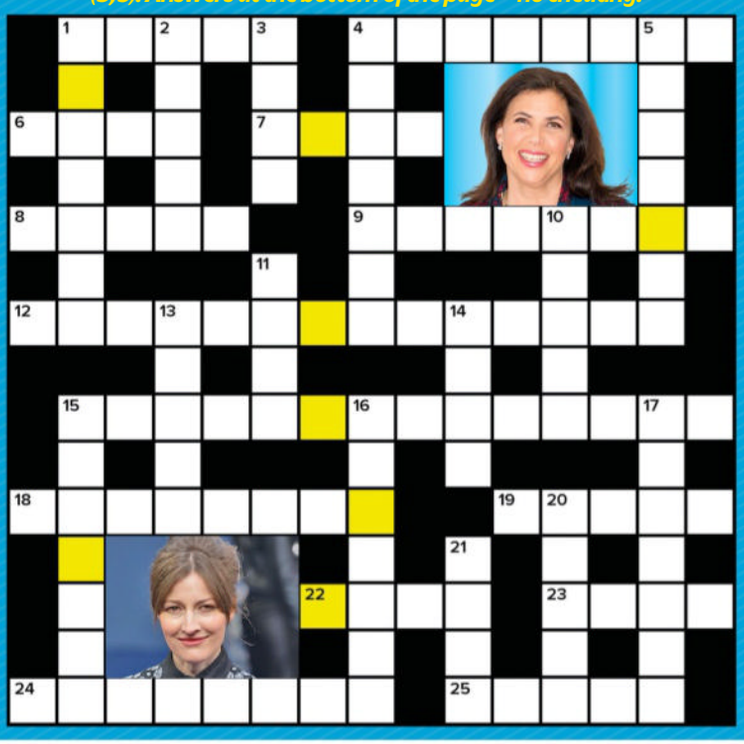
Andy's Global Adventures

Weekdays, 3.55pm, CBeebies & BBC iPlayer NEW

Andy is back to take us on more adventures as he sets out to learn about animal families and their babies.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the letters in the shaded squares to spell out the name of an English singer (3,5). Answers at the bottom of the page – no cheating!



ACROSS

1 Classic Disney animation from 1956, *Lady and the* ----- (5)
4 Sitcom with Joanna Van Gyseghem, Keith Barron and Gwen Taylor (4,4)
6 Barrister who married Hollywood star George Clooney in 2014 (4)
7 Lead singer of US rock band Maroon 5, ---- Levine (4)
8 Osmond sibling who had a hit variety show with his sister Marie (5)
9 *The Curious Case of* -------- *Button*, 2009 film starring Brad Pitt and Cate Blanchett (8)
12 Romesh Ranganathan-hosted celebrity quiz show (3,7,4)
15 See picture clue: Actor in 1996 movie *Trainspotting* (5,9)
18 Played Miranda in BBC1 soap *Doctors*, Ruthie -------- (8)
19 Ricky Gervais' role in classic comedy *The Office*, David ----- (5)
22 ---- *Up This Morning*, Alabama 3 song from 1997 used as *The Sopranos*' theme (4)
23 Hit single from 1979 for Queen, *Don't* ---- *Me Now* (4)
24 -------- *Troopers*, 1998 sci-fi action movie with Casper Van Dien (8)
25 *The* ----- *Birds*, 1983 TV miniseries starring Richard Chamberlain (5)

DOWN

1 British actor in 1994's *Pulp Fiction* and 1993's *Reservoir Dogs* (3,4)
2 Star of Sky Atlantic's comedy drama *Dreamland*, Lily ----- (5)
3 2010 self-discovery film starring Julia Roberts, *Eat* ---- *Love* (4)
4 Dame Margaret -------, English author of 1960s books *The Waterfall* and *The Millstone* (7)
5 *Boon* and *EastEnders* star, Michael ------- (7)
10 Horror sci-fi movie from 1979 with Sigourney Weaver (5)
11 First name of Messrs Oldman and Numan (4)
13 Clint Eastwood western from 1976, *The Outlaw Josey* ----- (5)
14 Former *Grange Hill* and *EastEnders* actor, ---- Carty (4)
15 *EastEnders* role played by Jaz Deol's, ------- Panesar (7)
16 See picture clue: Phil Spencer's TV co-host, Kirstie ------- (7)
17 Andrew -------, star of TV thriller *The Walking Dead* (7)
20 Sheriff in US series *The Dukes of Hazzard*, ----- P. Coltrane (5)
21 American singer of 1978 hit *Bat Out of Hell*, ---- Loaf (4)

CROSSWORD SOLUTION
ANSWER: Kim Wilde **ACROSS:** 1 Tramp 4 Duty Free 6 Amal 7 Adam 8 Donny 9 Benjamin 12 The Weakest Link 15 Kelly Macdonald 18 Henshall 19 Brent 22 Woke 23 Stop 24 Starship 25 Thorn
DOWN: 1 Tim Roth 2 Allen 3 Pray 4 Drabble 5 Elphick 10 Allen 11 Gary 13 Wales 14 Todd 15 Kheerat 16 Allsopp 17 Lincoln 20 Rosco 21 Meat

WORDS: LYNETTE BRIGHTON. PHOTOS: SHUTTERSTOCK, MILSHAKE! ON FIVE, NICKELODEON/PARAMOUNT PLUS UK, BBC.

Coming soon

Owen Cooper (left) and Stephen Graham as Jamie and Eddie

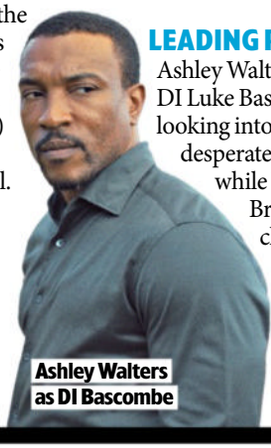
FIRST LOOK

Adolescence

Stephen Graham stars in a tense drama about a murder accusation

The devastating fallout when a teenage boy is arrested following a shocking death is brought into the spotlight in Netflix's four-part drama *Adolescence*.

Airing from 13 March, the psychological thriller stars Stephen Graham as Eddie Miller, whose 13-year-old son Jamie (Owen Cooper) is accused of murdering a girl who attends his school. As the Millers' lives are thrown into turmoil and they and the police have to establish what really happened, the innovative series, directed by *Boiling Point*'s Philip Barantini, sees events play out in real time and each episode, which is shown from different perspectives, is filmed in one continuous shot.



Ashley Walters as DI Bascombe

LEADING ROLES

Ashley Walters co-stars as DI Luke Bascombe, who is looking into the case and is desperate to get to the truth, while Erin Doherty is Briony Ariston, the clinical psychologist assessing Jamie. Faye Marsay, Christine Tremarco, Mark Stanley and Jo Hartley also star.

Mark Stanley (left) also stars

'Eddie's just a normal father but, suddenly, his whole world is rocked by something that his son is accused of,' says Graham, who co-created and co-wrote the series with award-winning writer Jack Thorne.

'The idea came as we've seen an epidemic of knife crime among young lads up and down the country. And for me, there were certain instances that really stuck out where young boys were killing young girls. What's going on?'

WHAT'S NEXT FOR...

Ellie Simmonds

In ITV1's documentary **Ellie Simmonds: Should I Have Children?**, the Paralympic swimmer will share her dilemma over whether to start a family, as she speaks to medical experts and parents.

Tahar Rahim

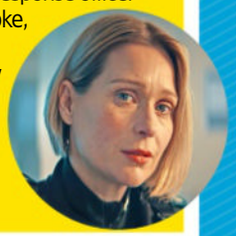
The actor will portray a killer who is set to testify against his fellow criminals in Sky Atlantic's thriller **Prisoner**, but he and his prison-officer escort (Izuka Hoyle) must go on the run after their transport convoy is ambushed.

Kiefer Sutherland

Sky Cinema's comedy film **Tinsel Town**, airing this Christmas, sees the actor star as an egotistical Hollywood idol who comes to the UK to resurrect his career but ends up appearing in a village panto.

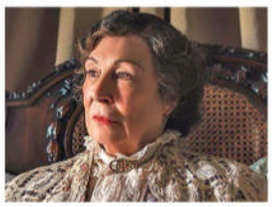
Coming Back

Filming is under way on the third run of BBC1's Belfast-set crime drama **Blue Lights**, as response officer Grace (Siân Brooke, right) and co investigate shady figures behind organised crime. Cathy Tyson and Michael Smiley join the cast.



Next week

On sale Tuesday 25 February



Towards Zero

Anjelica Huston leads a starry cast in BBC1's adaptation of Agatha Christie's whodunit.

A Cruel Love: The Ruth Ellis Story

The ITV1 factual drama sees Lucy Boynton in the title role.

The Americas

BBC1's nature series, narrated by Tom Hanks, showcases the supercontinent's diverse wildlife.

Daredevil: Born Again

Charlie Cox returns as the blind justice-fighter on Disney+.

TV&Satellite week

121-141 Westbourne Terrace, London W2 6JR
Email tv&satweek@futurenet.com
For subscriptions inquiries, call 0330 333 1113
email help@magazinesdirect.com

Printed by Walstead UK Ltd

International Licensing and Syndication
TV&Satellite Week is available for licensing and syndication. Contact us at **licensing@futurenet.com** or view our available content at **futurecontenthub.com**

Head of Print Licensing
Rachel Shaw **licensing@futurenet.com**

FUTURE Connectors. Creators. Experience Makers.

Future plc is a public company quoted on the London Stock Exchange (symbol: FUTR) www.futureplc.com

Chief Executive Officer **Jon Steinberg**
Non-Executive Chairman **Richard Huntingford**
Chief Financial Officer **Sharjeel Suleman**

Tel +44 (0)1225 442 244

Standard Subscription rates (1 year): UK $174.99, Europe 539 Euros, USA $630, Rest of World £469. For inquiries, contact TV&Satellite Week Subscriptions, Freepost Future Plc, or email help@magazinesdirect.com. If you require any other issues of Future Plc magazines, these are available online at magazinesdirect.com

WORDS: CAREN CLARK. PHOTOS: BBC, GETTY, ITV, NETFLIX

ipso. Regulated **Editorial Complaints** *TV&Satellite Week* is a member of IPSO (Independent Press Standards Organisation), which regulates the UK print and digital news industry. We abide by the Editors' Code of Practice and are committed to upholding the highest standards of journalism. If you think that we have not met those standards and want to make a complaint, please email us at tv&satweek@futurenet.com or write to The Editor, *TV&Satellite Week*, 121-141 Westbourne Terrace, London W2 6JR. If we are unable to resolve your complaint, or if you would like more information about IPSO or the Editors' Code, contact IPSO on 0300 123 2220 or visit ipso.co.uk

Recycle We are committed to only using magazine paper that is derived from responsibly managed, certified forestry and chlorine-free manufacture. The paper in this magazine was sourced and produced from sustainable managed forests, conforming to strict environmental and socioeconomic standards.

90TH ANNIVERSARY

THE LEGEND LIVES ON

Elvis Presley™

90TH ANNIVERSARY DIAMOND LOCKET

Glittering 1pt Diamond

Genuine Svenka™ Crystals

24-Carat Gold & Rhodium-Plating

CELEBRATE THE LEGEND OF ELVIS PRESLEY™ WITH A TIMELESS TRIBUTE

Captivating audiences with his sultry gaze and countless hits, Elvis Presley™ stole hearts worldwide. To mark the 90th anniversary of his birth, The Bradford Exchange proudly presents the officially licensed *Elvis™ 'The Legend Lives On' 90th Anniversary Diamond Locket Pendant* - a stunning keepsake honouring the King of Rock 'n' Roll.

HANDCRAFTED WITH 24-CARAT GOLD PLATING, SVENKA CRYSTALS AND A GENUINE DIAMOND

Handcrafted and plated in luxurious 24-carat gold, this elegant locket combines artistry with meaning. The front showcases a rhodium-plated silhouette of Elvis in an iconic pose, surrounded by musical notes, treble clefs, and stars studded with Svenka crystals. A genuine diamond graces the bale, symbolising Elvis' enduring brilliance. Inside, the locket reveals a black-and-white portrait of Elvis paired with the engraved phrase, "The Legend Lives On." The back features the engraving "The King of Rock 'n' Roll" alongside Elvis' signature. Suspended on an 18-inch gold-plated chain with a 2-inch extender, it's as versatile as it is meaningful.

Locket opens to reveal Elvis' portrait with inscription

Shown larger than actual size: Pendant 2cm W (0.78 in) x 2.6 cm H (1 in) excluding bale; Chain – 45.7 cm L (18 in) with 5 cm (2 in) extender.

Locket back features sentiment and signature

OFFICIALLY LICENSED – ORDER YOUR 90TH ANNIVERSARY EDITION TODAY!

Each officially licensed pendant arrives in a custom gift box with a Certificate of Authenticity and is backed by our 120-day money-back guarantee - subject to production commencing. It's a great value at just 4 instalments of £24.99 – that's a total of £99.96 (plus £6.99 S&S)*. To reserve your tribute, you need pay nothing now, simply complete and return the Priority Order Form today. Production dependent on total reservations received. We will notify you should production not proceed within 60 days.

ELVIS PRESLEY™ are trademarks of ABG EPE IP LLC Rights of Publicity and Persona Rights: Elvis Presley Enterprises, LLC © 2025 ABG EPE IP LLC Elvis.com | © The Bradford Exchange. * S&S - Shipping & Service. Offer applies to UK only. Production dependent on total reservations received. We will notify you should production not proceed within 60 days. YU24-037.01

FASTEST WAY TO ORDER

www.bradford.co.uk/elvis90locket

Or call on **0333 003 0019**

Lines are open: Mon-Thurs 10-6 Fri 9-5 Sat 9-4

and quote reference code 458467

PAY NOTHING NOW

PRIORITY ORDER FORM

Please Respond Promptly

To: The Bradford Exchange, PO Box 653, Stoke-on-Trent ST4 4RA

YES! Please order __ (Qty) of the **ELVIS™ 'THE LEGEND LIVES ON' DIAMOND LOCKET PENDANT** for me as described in this advertisement.

Complete today or Call 0333 003 0019

Name (Mr/Mrs/Miss/Ms)..... (PLEASE PRINT)

Address.....

.....

Postcode..... Phone.....

Email Address.....

The Bradford Exchange - Since 1973 -

Applicants must be aged 18 or over. Please note, we may contact you via mail, email and mobile with information about your reservation. For details of our privacy policy, please go to www.bradford.co.uk/privacypolicy or contact us at the above address or phone number.

YU24-037.01

Order Ref:458467

THE MOBILITY FURNITURE COMPANY

SALE!

Truly made-to-measure rise & recline chairs and adjustable beds

Choose from our extensive range of chairs and selection of 400 fabrics & upholsteries

BOTH SEATS RISE & RECLINE

Kent two-seater rise and recline settee. Bespoke sizes and motor options

- CHOICE OF **WIDTH**
- CHOICE OF **DEPTH**
- CHOICE OF **HEIGHT**

DRAWERS FOR EXTRA STORAGE

£300 OFF
PART EXCHANGE FOR YOUR OLD FURNITURE

50% OFF
A SECOND ITEM OF FURNITURE*

FLEXIBLE FINANCE
PACKAGES AVAILABLE

5 YEAR
WARRANTY FREE WITH EVERY MECHANISED ITEM

- **FREE** home demonstration
- **FREE** home delivery and set up
- **FREE** nation-wide service
- **NO** cold calling
- **FREE** removal of old furniture

"Key benefits of elevating the legs include less swelling, enhanced healing, improved mobility... better quality of life"
Dr Rob Hicks

BHTA

tsi APPROVED CODE TRADINGSTANDARDS.UK

CALL FREE TODAY FOR A FREE BROCHURE & HOME DEMONSTRATION

0800 810 8758

www.mobilityfurniturecompany.co.uk/sale

*The 50% offer is taken from the least expensive item and must be ordered at the same time

HANDCRAFTED IN GREAT BRITAIN

9001

9000